

St Andrew's Church

ISSUE 40, September 2021

GORLESTON Community Magazine



Inside this issue: Panto News, Gorleston FC,
Musings and Ramblings... *And much more!*

**FREE
MONTHLY**

NEW CLASSES & MORE SPACES AT SPLIT LEAPS GYMNASTICS CLUB

Due to demand we have added an extra beginner class & spaces to existing beginner classes to help with demand.

New beginner class will run on a Monday 5:30-6:45pm, cost of the class will be our usual £18.00 per month.

With the creation of more first competitive and development level groups, we are able to free up some of our existing places on our beginner sessions which are now available to be booked for trials, so come and join us.

To book a trial at the club please contact us on :-

Facebook by going to split leaps gymnastics club

Instagram by going to splitleapsgc

Contact us directly on 07551904649 or email:- tinaamis@hotmail.co.uk

Monday

Beginners - 4:00pm-5:15pm

Beginners - 5:30-6.45pm (NEW)

Junior / senior elite - 5.30-8:30pm

Advanced - 5.30-8:30pm

Tuesday

Parent & Me play sessions -

10:00-10:45am / 11:20am-12:05pm

Beginners - 4:00pm-5:15pm

Tumble Class - 4:00-5:15pm

Beginners - 5:30-6.45pm

Junior elites - 5:30-8:30pm

Wednesday

Private Hire - 4:00-9:00pm

Broadway Bella's musical theatre

Thursday

Beginners - 4:00pm-5:15pm

Advanced Beginners - 5.30-

7:00pm

Mini squad - 5.30-7:30pm (NEW)

Advanced - 5.30-8:30pm

Senior elite - 5.30-8:30pm

Friday

Beginners - 4:00-5:15pm

Intermediates - 5:30-7:00pm

Junior elites - 5:30-8:30pm

Advanced - 5:30-8:30pm

Saturday

Beginners - 9:00am-10:15am

Beginners - 10:30-11:35am

Boys/girls development - 11:45am-1:45pm

Senior elite & all level gym - 3:00-6:00pm



Hello Gorleston!



Welcome to Issue 40 of YOUR free community magazine.

Wow, after the visit of the movie industry in June 2018, yet more fame as, along with other east coast towns, Gorleston has had a visit from the world famous graffiti artist Banksy. It has been fascinating reading online discussions about people's views on Banksy's art as art of any form can be a very divisive subject - for instance "is all graffiti art or vandalism?" and "is a picture's quality dependent upon how much people are willing to pay for it?". I will leave you to ponder...!

Another divisive subject is whether Gorleston should remain as it is or welcome more development and facilities, particularly in relation to our lovely seafront. GYBC has just launched a public survey to plan the future for Gorleston seafront, with anyone who lives, works, visits or studies in Gorleston being given the chance to have their say. From their press release: "Great Yarmouth Borough Council is taking the first steps in the development of a masterplan which will be finalised next Spring and will help guide future decisions about the seafront to ensure its unique offer is preserved whilst opportunities to enhance the area are explored. The council has launched an online survey asking for feedback on what local people would like to see and wants to hear views on what they love about the seafront, what they would like changed or what improvements they would like made. People can take part in the online survey until midnight on Tuesday, September 14, 2021, at <https://www.great-yarmouth.gov.uk/have-your-say> or a paper survey form can be posted upon request." So, now is your opportunity to have a say and make your opinion heard!

God bless you all and keep you safe,
and we'll meet again in October!



Ed.....

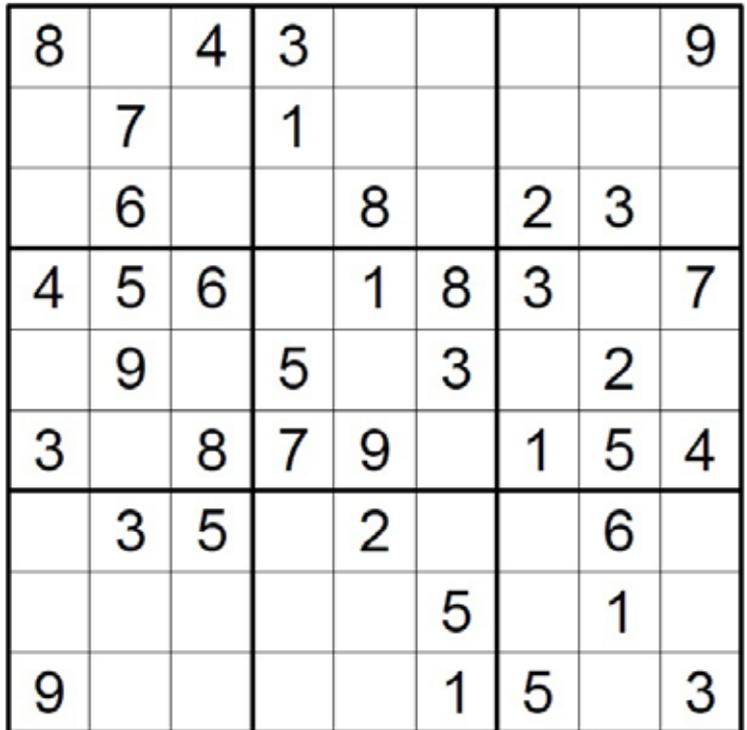
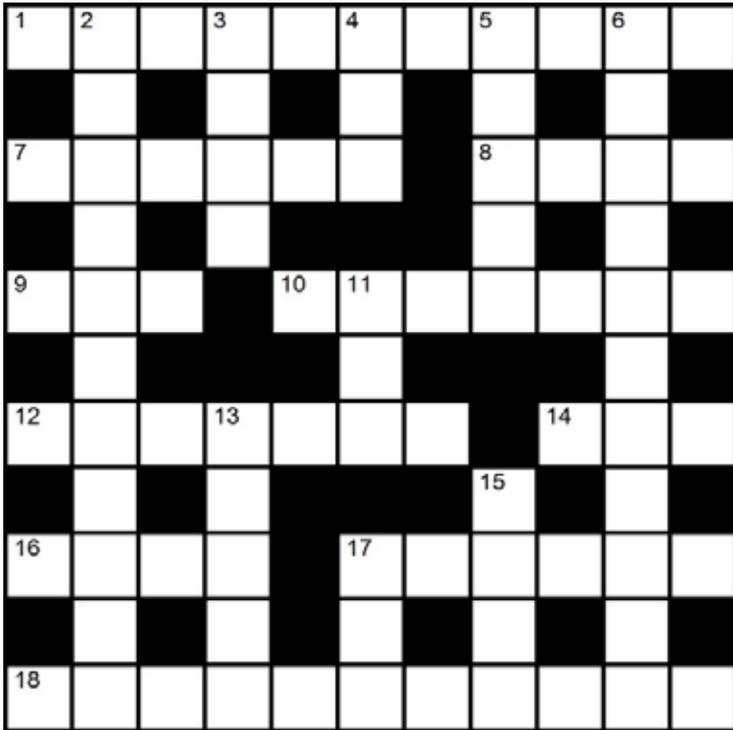
CONTENTS

4	Coffee Time 1	20	Gorleston Then & Now
5	The Rockin' Rev	21	Opening <u>THE</u> Book
7	Hair We Are	21	News from The Mag
8	Letter to the Editor / Vets and Pets	22/23	JPH Inside Story
9	Ramblings of a Displaced Cockney	24/25	More Coffee Time!
11	Gorleston Funeral Home	27	Pavilion Theatre
12	Gorleston Library	28	Poems to Ponder
13	Richard Routledge	29	Monthly Recipe
15	Gorleston FC	31	Lockdown Musings
16	Coffee Time 2	32	Coffee Time Answers
17	Panto News	33	GoSH
18/19	Kids' Corner	34	Ormiston Venture Academy

Deadline for the October Issue is
Friday 10th September

Thanks to for **Philip Wells** this
month's front page picture

Coffee Time 1



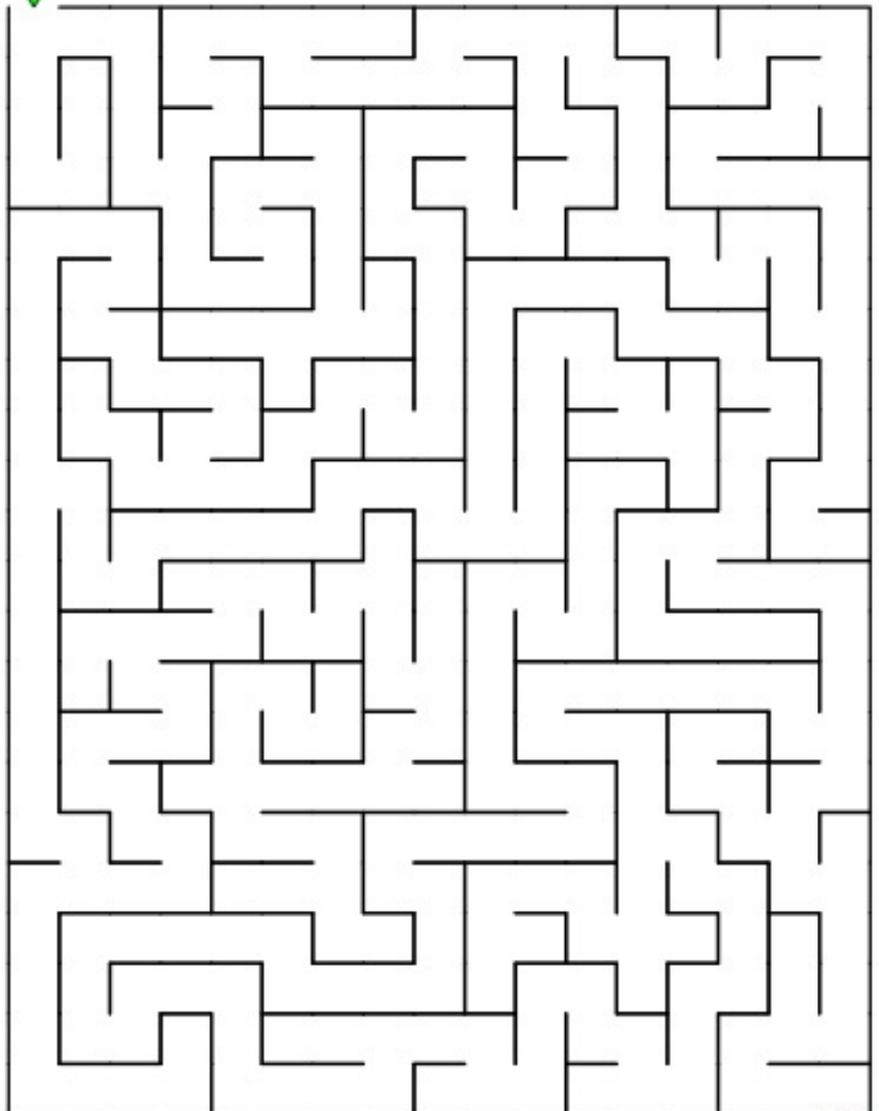
© 2013 KrazyDad.com

Across

- 1 Agreeable but tinged with sadness (11)
- 7 Seek ambitiously (6)
- 8 Central chinese desert (4)
- 9 Pinch (3)
- 10 Canine saint? (7)
- 12 Bookman (7)
- 14 Did possess (3)
- 16 Central part of an idea (4)
- 17 Bidding (6)
- 18 Amplifiers for the deaf (7,4)

Down

- 2 Not learned (11)
- 3 Flimsy (4)
- 4 Fish eggs (3)
- 5 Wain (5)
- 6 Abashed (11)
- 11 Period of history (3)
- 13 Opposite one of two (5)
- 15 Command to stop a horse (4)
- 17 Round bread roll (3)



Do you have a story to tell?
 Or would you like to advertise in, or
 send an article, poem or picture to
Gorleston Community Magazine?
 If so, email:
[gorleston.community.magazine@
 gmail.com](mailto:gorleston.community.magazine@gmail.com)
 or call Derek: 07874 713 815

The Rockin' Rev

The Challenge of Climate Change

The front-page headline reads,

GLOBAL CLIMATE CRISIS:
INEVITABLE, UNPRECEDENTED
AND IRREVERSIBLE.

(The Guardian, Tuesday 10th August 2021)

The headline was accompanied by a photograph of a woman in distress as an inferno nears her home in Gouves, on the Greek island of Evia.

The Greek Island of Evia is just one of the many areas around the world, along with Siberia, Turkey, Algeria, and parts of the USA, devastated by recent wildfires.

In response to an initiative of the Churches Together in Britain and Ireland's Environmental Issues Network, Sunday 5th September is being designated as Climate Sunday, ahead of the UN's climate change conference, COP26, in Glasgow during November.

The Bible makes it clear that God delights in His creation: *'God saw all that He had made, and it was very good.'* (Genesis 1:31). However, we have damaged the world created by God and impacted people created in His image.

The burning of oil or gas and cutting down forests is increasing the concentration of greenhouse gases like carbon dioxide that trap heat in the Earth's atmosphere. The global average temperature could increase by 1.5°C by 2030, resulting in significant damage to our planet. Already, increasing temperatures are melting ice caps, raising sea-levels, changing rainfall patterns, and creating extreme climate events. It's the 70% of the world's poorest population who are being impacted most!

Christians believe that hope is found in Jesus: He has an intimate knowledge of the workings of creation. The Bible says, *'For in Him all things were created: things in heaven and on earth, visible and invisible, whether thrones*



or powers or rulers or authorities; all things have been created through Him and for Him. He is before all things, and in Him all things hold together.' (Colossians 1:16,17).

Our hope for the future lies in what Jesus has done and continues to do in the world. He is the one who sustains creation and will bring everything to completion.

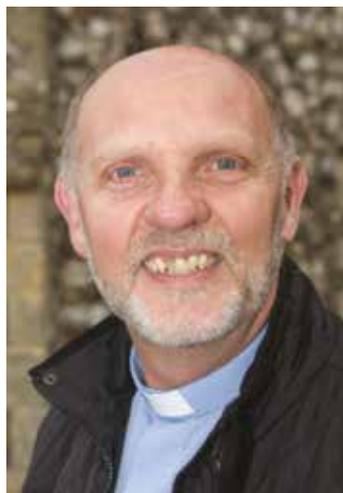
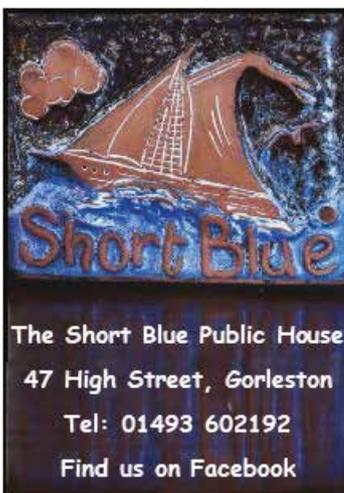
In the face of such an overwhelming global crisis we might wonder how we can respond as individuals, churches, and local communities. But simple everyday actions do make a difference. Recycling our waste, making energy saving cuts, and introducing changes to our lifestyle and diet can all go some way to helping the planet.

We can also fix our eyes on Jesus, as we pray for our world for our world leaders, gathering in Glasgow, asking that they may reach a good agreement for the future of our world.



Yet another of the vicar's money-raising wheezes, I see

Rev Brian Hall
Vicar of St Andrew's Church



NU 71 REG

PERTWEE & BACK

Ford Puma **ST**

[Find Out More](#)

[Request a call](#)

[Request Video](#)



Following all Government guidelines in keeping you and our staff safe, we have implemented stringent cleaning processes and sterilize all vehicles before customer collection.



Pertwee & Back Ltd

Gapton Hall Road
Great Yarmouth
NR310NJ
01493 664151
pertwee-and-back.co.uk

Models shown is New Puma ST 1.5L Ford EcoBoost 200PS Petrol Manual with optional 19" Magnetite Dark Finish alloy wheels. Fuel economy mpg (l/100km) (Combined): 41.5 (6.8 l/100km) CO2 emissions: 155g/km. Figures shown are for comparability purposes; only compare fuel consumption and CO2 figures with other cars tested to the same technical procedures. These figures may not reflect real life driving results, which will depend upon a number of factors including the accessories fitted, variations in weather, driving styles and vehicle load.

Hair We Are



It has been a very strange month for us in business, there we are one minute thinking we are very much starting to get back to some sort of normality, when all of a sudden “Ping”. We were getting phone calls from clients telling us that they needed to cancel their appointment as they had to go into isolation for 10 days

as they had been pinged and been in contact with someone who had tested positive for the corona virus. Obviously, that is what they had to do, and it was for the safety of others that they did. This problem was quite easily resolved as it just meant rescheduling the appointments to a later date. The biggest problem for us was that our staff were also being pinged and told to isolate, unfortunately it then becomes a bigger challenge to have to phone a client and let them know that their appointment is no longer available as their stylist is in isolation.

We decided that although life was gradually returning to normal, and most certainly the vaccinations were having an effect, we could not allow for our restrictions and PPE equipment to cease as people were still nervous about the disease. So we have carried on until further notice working in the salon with restrictions and wearing PPE. We now also do a lateral flow test on all staff every morning just to make sure that we are as completely safe as we can be whilst the clients are in the salon having their service. This was obvious and never more needed than when we had our client, the Paralympian Gold medal Olympic swimmer Jessica Jane Applegate in the salon. We actually put Jessica in a private room that was only attended by her stylist whilst she had the service. Jess will be flying soon to a holding camp to be kept in isolation before going on to Tokyo. Jessica has been coming to the salon for a number of years now and what a tremendously hard working young lady she is. Getting to Jess’s standard just does not come easily and with the help of her mum, Dawn, has continued to keep to the high standard she has achieved over the years. I will never ever forget her return from the Olympics in Rio holding her medals high and so proud of what she had achieved. If she does as well in Tokyo it will be a real proud moment for us all, although I am not quite sure what will get painted gold this time to celebrate her success, we shall see. I am making no excuses to advertise in this blog the dates and times of her events.

Jess starts her events on Wed 25th August with the 100m Butterfly, Fri 27th August - 200m Freestyle, Saturday 28th August - 4 x 100m relay, Tues 31st August - 200m IM, Thursday 2nd September - 100m Backstroke... Good Luck Jess we will all be rooting and cheering for you!

Best wishes to the businesses in Gorleston who are gradually seeing business return to some sort of normality. Good luck to Mixsmiths Coffee/Cocktail bar that has opened up in

Email: gorleston.community.magazine@gmail.com

the High Street and also opposite the library the Dejabrew restaurant. Can only be good for the High Street when we see new businesses taking the opportunity to open up.

I can’t let this month’s blog go by without telling you about the Leigh Reeder memorial bike ride that is now organised. 10 of us are travelling to London on the morning of Friday 10th September to meet up at Chelsea FC’s Stamford Bridge where a memorial plaque will be put up at the ground to remember Leigh. Hopefully we will be joined by some officials from the club and some Chelsea Pensioners to attend the ceremony for Leigh, obviously this will be Covid dependent. We will then meet up on Saturday morning 11th September at Leigh’s favourite player’s statue of Peter Osgood. We will then start the pushbike ride home back to Gt Yarmouth, with an overnight stop in Bury St Edmunds. Needless to say I will not be riding, however I have the important role of driving the support vehicle for the lads, a position I am so proud to do for Leigh. As well as having a well-earned rest we hopefully will also be joined by some more riders from Gt Yarmouth to accompany us on the final leg home. Leigh was a great charity money raiser and, in his honour, we are also raising some funds for a couple of good causes. Firstly, for 9-year-old Bryson Taylor from Newmarket who suffers with Cerebral Palsy. Bryson is also a Chelsea fanatic and in Leigh’s memory we would like to raise some funds for him. The second cause is the charity “Walking with the wounded” another great cause that we know Leigh would just be honoured to help. There is a go fund me page if as you are reading this you would like to contribute <https://uk.gofundme.com/f/leigh-reeder-memorial-ride>. Depending on deadlines hopefully I can tell you all about it next month whilst also celebrating Jess’s success in Tokyo.



WARNESAERIALS
www.warnesaerials.co.uk

No call out charge
Free signal test or system check

Reliable, friendly service and honest advice.
Freeview, freesat, dab, fm, sky

- Are you getting the best from your system?
- Want Sky on all your TVs?
- Need extra TV points?
- Want your TV wall mounted?

Call Matt on 01493 661438 or 07855 323887

We will do everything we can to exceed your expectations

Letter to the Editor

Pat Holland, we grieve with our local community

Mrs Holland was 83 when she was sadly taken from us as a Community. I have placed flowers outside her home and shared a moment of silent prayer with two police officers still standing by.

I like others did not personally know Mrs Holland but I do know she was active in the local community and known to very many. I am still thinking of her relatives, friends and loved ones.

I know Mrs Holland has been remembered in a special open to all prayer time at St Mary Magdalene Church where tributes, cards and messages have been left. This too was covered in our local paper the Great Yarmouth Mercury.

I was reading Psalm 34:18-19 this morning and I read these words which I would like to share with readers via this community magazine.

“If your heart is broken, you’ll find God right there; if you are kicked in the gut he’ll help you catch your breath.

Disciples so often get in trouble;
still God is there every time.”

(From ‘The Message’ modern translation)

I know all comforts must seem hollow when dealing with a loss so tragic and the manner in which this loss happened. Yet I am happy to see a community reaching out to help those who are suffering. These words remind me that from my own personal experience God can be near us even when we suffer. He does not take that suffering away but in God we find a friend and a comforter.

May Pat Holland rest in peace and may true justice be done in the time still to come.

Anthony Linford

Vets and Pets



Chips with everything!



Having your pets microchipped is absolutely vital! Even the most loyal of dogs and the most indoor of cats can go missing. Rabbits can hop off, tortoises can make a slow getaway, and ferrets will find the smallest of holes!

As you are hopefully aware, it is now compulsory to microchip dogs. Plus, when we are able to travel abroad again (Covid permitting), don’t forget that all travelling pets will require a microchip to effectively identify them as part of their travel documents.

So how are microchips implanted? A microchip is hardly bigger than a grain of rice and just takes a few seconds to implant. Like a normal injection, it is inserted under the skin at the back of the neck, and once there, lasts a lifetime.

Should your pet go missing and is found, veterinary practices, the police and welfare organisations all have special microchip scanners and will routinely scan stray pets looking for a microchip.

So – don’t take any chances – get your pets microchipped today, and give your pets the best chance of being reunited with you.

Disclaimer: As far as possible we have taken all due care to ensure that the information and advice given here is correct. It must, however, be realised that advice can differ in different circumstances. We can therefore accept no responsibility for errors and suggest seeking direct professional advice whenever there is any doubt.

Haven Veterinary Surgeons is part of CVS (UK) Limited, a company which owns over 460 veterinary practices within the UK. Company Registration Number 03777473 – Registered Office: CVS House, Owen Road, Diss, Norfolk IP22 4ER.



WHAT IS HIP

RETRO & VINTAGE

72 High Street
Gorleston-on-Sea
Norfolk
NR31 6RQ

Tel: 01493 652774
Mob: 07557 303 114

Richard Routledge

Ian Linnett Electrical Ltd

All types of electrical work including

- **Extra sockets & switches**
- **Interior & exterior lighting**
- **Electric underfloor heating**
- **Fault finding & repairs**
- **New builds & extensions**
- **Landlord’s maintenance & safety inspections**

Part p registered & fully insured

Please call Ian for a free no obligation quote
07779 264630 - ianlinnettelelectrical@outlook.com



Ramblings of a Displaced Cockney

“Swallows and Amazons for Ever!”

It was lovely at Christmas time to see my younger granddaughter stuck into a book (David Walliam’s “Grandpa’s Great Escape”) which was one

and I know that he is looking forward to reading them all again with his children when they are a little bit older. Hopefully, it will become a family tradition!

“Swallows and Amazons for Ever!”



of her presents. It was also lovely to see that my friend Jane had bought one of her young grandchildren a copy of Philippa Pearce’s “Tom’s Midnight Garden”. This brought back some happy memories of when the boys were small and we had a week in a caravan at Abersoch on the Llyn Peninsular in North Wales. That magical story was our shared bed-time reading book for the three boys we had at that point and it lasted precisely the week!

It got me thinking about other shared bed-time books over the years. These included all of Arthur Ransome’s books from “Swallows and Amazons” right through to “Coots in the North”, set in the Lake District and the Norfolk Broads.

The books are a charming depiction of a time, which never really existed, when children had more opportunities for adventure away from constant supervision by their parents and could go sailing and wild camping on their own.

Apparently Arthur Ransome still has a useful role in encouraging tourism in the Lake District and our own Norfolk Broads.

We played our part when the three older boys were still of Primary school age. This included rowing the length of Coniston Water to land in “the secret harbour” on Peel Island, the Swallows and Amazons’ own “Wildcat Island”. Yes, we did find their campsite and the embers of the camp fire were still warm. Spooky!

We also spent a wonderful day finding “Swallowdale”, a small valley, high on the moors, looking down across the Lake. It is the title of the second book in the series. We found it, open book in hand, starting at the lake and following the original description of its discovery by the Swallows. Magical!

When we got to what we immediately decided fitted very closely to the book’s “Swallowdale”, we were surprised to see a man and a child down below us by the “cave”. We decided that they must also be aware of the significance of this place. So we crawled down the slope through the bracken, moving quietly and out of sight, until we were close enough to leap from cover and rush down upon them, waving our arms wildly and shouting “Swallows and Amazons for ever!”

The enchanting element of this was that the man was the author Roger Wardale, whose books included “Arthur Ransome’s Lakeland” and at that very moment he was spinning yarns about the Swallows and Amazons to his young nephew. Our onrush really brought his stories to instant life! Happy days . . .

Eldest son Dave has the full set of books on his book-shelf

Email: gorleston.community.magazine@gmail.com

JOHN H SIMPSON 
ACCOUNTANTS LTD

**For All Your
Accountancy Needs**

**47 England's Lane Gorleston-on-Sea Great
Yarmouth Norfolk NR31 6BE United Kingdom**
Tel 01493 604319
www.jhsimpson.co.uk

foster for  **Norfolk fostering**

the hugs you give

Squeeeeee 



The smiles you share, the hugs you give, the giggles you get and the difference you make. These are the reasons you open your heart and your home and choose to foster.

Help a child fulfil their true potential

Text  **fostering**
to  **87222**

 **Norfolk**
County Council

Call 01603 306649
norfolk.gov.uk/fostering

Texts cost one standard network rate message

RED ROCKET



★ ACCIDENT REPAIR CENTRE ★

01493 652 588

NON FAULT ACCIDENT REPAIR SPECIALISTS

Call: 01493 652 588 Email: info@redrocketrepairs.co.uk

This voucher entitles you to at least

50% OFF*

your insurance excess



To redeem this voucher, simply present it when booking your vehicle in for an estimate.

*This voucher entitles you to at least 50% off your insurance excess up to the maximum value of £300.00. Voucher has no cash value and cannot be used in conjunction with any other offer. The management reserve the right to refuse vouchers or withdraw this promotion at their sole discretion.

www.redrocketrepairs.co.uk Red Rocket Accident Repair Centre Ltd, Morton Peto Road, Great Yarmouth, NR31 0LT

Gorleston Funeral Home

Central England Funeralcare

We hope everyone is managing to enjoy the sunshine as and when it chooses to make an appearance! With Summer now in full swing, we started thinking about our next community activity which we could incorporate with our window display. We wanted to create something bright and uplifting in what has been difficult times for people, but hopefully we are now moving into a more positive phase going forward.

With an idea in mind, we called upon the talents of students from Peterhouse Church of England Primary School to help us create the vision we had, and boy did they not disappoint! We wanted to create something vibrant and colourful for summer, to uplift people and hopefully bring a smile to one's face.

We asked the students to colour for us lots of butterflies and flowers for us to create a vibrant summer meadow. An abundance of entries were received from pupils from the nursery, right up until Year 6. The real hard part was choosing the Winners and Runners-up from each year as there were so many fantastic entries, which I think you will agree with from the photos. Prizes of chocolates and candy cups were awarded to the winning entries, 'cause who doesn't love a bit of chocolate!

The window has garnered a lot of attention from passers by, we even confused a little bee who landed on one of the flowers!

If you are passing us on Church Lane, stop by and have a look as it really does look fantastic!

We hope you all have a lovely Summer and that the sun continues to shine here in Gorleston.



Gorleston Library

Gorleston Library is open - we look forward to welcoming you back!

You can:

- Attend a **Small group session for Under 5's** – please see our Facebook page/pop in for dates/times
- Collect **Lateral Flow Device** test kits
- **Browse** the shelves and **Return items** through the drop box or self-service kiosks
- Pre-order a selection of up to 10 books for adults for free through **Select and Collect** by using the online form at norfolk.spydus.co.uk or call 01603 774777
- **Collect reservations** & Borrow our **Grab and Go** selection book bags
- **Weigh your baby**
- Book a **private PC room** in order to use video conferencing for essential appointments or book one 60-minute or 90-minute **computer sessions** on a computer. To book a session or if you need any help using our computers call 01603 774777
- Collect Tricky Period and Toiletries To Go products
- **Download the FREE Spydus** app to check out books on your smartphone and download eBooks, audio books, newspapers and magazines by visiting www.norfolk.gov.uk/libraries

- **Book a Norfolk Reading Pathway coaching session** (available to anyone who would like support to learn to read)

Other changes...

- There is no 'Open Library' access
- **Please bring your library card with you** or join in the library or online (you will need ID for this)
- You can leave your details for **Test and Trace** at the door or you can use the QR code at the door
- **We would appreciate you wearing a face covering** in the library
- Hand sanitiser is available & surfaces and computers will be regularly wiped down
- Sorry, there are no newspapers, magazines or seats in the library

We've made some changes to our opening hours:

- Monday to Friday: 10am - 7pm
- Saturday: 10am - 4pm
- Sunday: Closed

Gorleston Writing Group would welcome new members - we meet once a month (currently via Zoom) but planning to meet at Gorleston Library again in the future - anyone interested in writing can join, please email Julie for more details - jools785@hotmail.co.uk.

For all information about our Just a Cuppa sessions, author events, Books Clubs, Reading Friends and new developments please see our 'What's On In Norfolk Libraries' pages at www.norfolk.gov.uk/libraries.

For the latest information please follow us on:

Twitter: @NorfolkLibs

Facebook: @NorfolkLibrariesUK

Instagram: Norfolklibraries

BREYDON FLOORING LTD

Carpet & Flooring Specialists

◆ Carpets ◆ Vinyls ◆ Luxury Vinyl Tiles



Call: 01493 652591
or 07810 208771



Over 30 Years Experience
www.breydonflooring.co.uk



Richard Routledge



In the last issue I told you how I got offered my job at the post office to be a postman.

Monday morning loomed up and when I say morning I mean I had to start at 4am! I walked into the yard and into a very big sorting office. I felt like the first day at

school, who would I know, how would they react to me being there as I knew a few of the lads either shopped with me at my old shop or came to my parties.

There was no time for hellos as I was shown straight to my walk sorting frame, already piled up with mail. I just looked at all the numbers and road names and felt numb inside.

I started very slowly putting letters into their right slots and taking ages to look over the frame to make sure I put every thing right.

After about an hour some of the other guys were starting to filter through. I wasn't ready for the abuse I was about to have thrown at me, in those days they called it banter - it was like stepping into a hot fire. More and more posties were coming off the main sorting frames and coming round to take the mick. I could feel myself getting smaller by the minute and thinking was this such a great idea after all.

Some of the Bradwell section could see I was struggling a bit so they popped over to help me (the reason being they could get me out with them in the van and not hold them up).

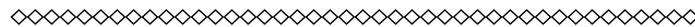
At last I was all bagged up and ready, off we went in the van and the relief to get out on my walk and in the fresh air. As my walk was bigger than the others I did not go back for the second delivery so as soon as I was finished I could go home and tomorrow we start all over again.

As the days went on the banter was still there, but not as bad. I was getting used to my frame and started to speed up, I would never get as fast as some of the old hands they were just like athletes on the frames.

I also got to find out how many people I knew there and life as a postie was starting to agree with me.

After a few weeks I got my uniform which made me feel like I was part of the company and not a spare part!

Find Richard and What Is Hip on Facebook at:
<https://www.facebook.com/WhatisHipGLSTN/>



LANDLORDS

We will **NOT** be beaten on:

**Service,
Marketing
or Value
for Money!**



We have waiting tenants!
CALL US NOW!

01493 844489

www.charlesbycroft.co.uk

Bycroft
LETTINGS

FOLKES PLANT & AGGREGATES



Welcome Pit, Butt Lane, Burgh Castle

**From 1 To 20 Tonne
Loads Delivered.**

- Sand
- Stone
- Ballast
- Graded Topsoil
- Hoggin
- Crushed Concrete / Rubble



Collection Service available on all materials

Split loads available on small trucks

FREE TIP FOR CLEAN CONCRETE, BRICK RUBBLE & TARMAC

TEL: 01493 780274 or 781118

www.folkesplant.co.uk



CARS • VANS • BUSES • TRUCKS

01493 657131

paul@lgperfects.co.uk

**Proud to be
Serving Our Local Community**

**MOT's
FROM £35**

20% OFF
MOT's, REPAIRS & SERVICING
FOR ALL NHS KEYWORKERS
& FRONTLINE WORKERS
Quote HERO2021



- MOT's, Servicing & Repairs on Cars, Vans, 4x4's, Motorhomes, Horseboxes, Buses & HGV's
- BOSCH Replacement Parts, Castrol Oils & Forte Emission specialist products
- Air-Con Service, Repair, Re-gas
- Diagnostics, Brake Testing, Tacograph Calibration, Tail Lift, Welding, Truck Wash



HARFREYS ROAD, HARFREYS IND EST,
GT YARMOUTH, NORFOLK, NR31 0JL



OPEN FROM MONDAY TO FRIDAY

Visit us at **www.motsgreatyarmouth.co.uk**

**BULK
BAGS - SAND,
STONE &
TOP SOIL**

E. E. GREEN & SON LTD.

BOOK YOUR SKIP ONLINE!!
www.eegreen.co.uk

(Prices dependent on size, location & waste type - for a quote please call)

Call us now on 01493 662069

**Mini - Midi
Maxi - Large
Skips from
only £35.00**

Gorleston FC



Gorleston FC have begun their season and got off to a flyer in the league, winning both their opening games without conceding a goal.

First up was a visit to Swaffham Town. The first line up of the season saw six differences to the side which began the Senior Cup final back in May. Angus Mackie and Connor Ingram were on the bench; Luke Goreham was serving his one game ban for being sent off in the final; Peter Lambert and Mitch McKay were unavailable and Chris Henderson has departed.

Alex Kounnas returned from injury and there were debuts for Sam Knock at centre half, Harrison Bacon on the left and James Bemrose up front. Ross Gilfedder who, having spent a career terrorising defenders, has converted from poacher to gamekeeper and he made his second Greens debut at centre half. A further debutant, Andre Martins, replaced Joel Watts from the bench.



It took until just past the hour mark for the Greens to make a breakthrough when Christy Finch's deflected shot opened the scoring. Fifteen minutes later the game was made safe when Finch (left) scored his second.

The next match saw a return to Emerald Park when Norfolk rivals, Fakenham Town, were the visitors. Finch opened the scoring after just seven minutes with a fine, 25 yard strike. On the stroke



of half time Connor Deeks (above) made it two. Fakenham had a player sent off before giving away a penalty which Connor Ingram converted to make the final score 3-0.

Things didn't go so well in the FA Cup Extra Preliminary Round when Gorleston went down 4-3 at Brantham Athletic.



Brantham scored inside two minutes. Watts struck an equaliser (bottom left) but two goals in six minutes gave Brantham a 3-1 half time lead. They made it four, two minutes into the second half. Gorleston immediately pulled a goal back through Finch and kept pushing forward. Their third goal didn't come though until two minutes into stoppage time.

There are three home games to look forward to in September including a visit from their rivals from just over the border, Kirkley & Pakefield, on the 14th.

At the time of writing, the Reserves had played just the one league game, away at Kirkley & Pakefield and came away with a creditable 2-2 draw, Joe Corby and Jamie Daws the scorers.

The Under 18s have also played just the one game in the league, away at Wroxham where the youngsters lost 4-0.

Gorleston recently held a Testimonial match for long serving player, Elliott Hannant, who has decided to move on.

Elliott made his first team debut in 2015 but has been with the Greens for over a decade, spending several seasons as Reserve Team captain. Amongst other things, he's won the Norfolk Senior Cup, four Anglian Combination titles, a Thurlow Nunn Reserve League title, two CS Morley Cups and a Chell Trophy. We send our thanks for all he's done and wish him well in his next chapter.

To be in with a chance of winning some cash, and show your support for Gorleston at the same time, join the monthly GoLD draw. Full details are on the website or contact me (Dave Hardy), or email gorlestonfootballclub@hotmail.co.uk

For all the latest news, results and fixtures visit www.gorlestonfc.com, follow @gorlestonfc on Twitter and Instagram, and Like us on Facebook.

Date	Time	Competition	Team	Opponents (Home/Away)
04/09/21	14:00	Mummery Cup	Reserves	Heacham (A)
04/09/21	14:00	League	A Team	Yarmouth Utd (Mill Lane)
04/09/21	15:00	League	First Team	Hadleigh Utd (H)
09/09/21	19:45	League	Under 18s	Diss Town (H)
11/09/21	15:00	League	First Team	Lakenheath (A)
14/09/21	19:45	League	First Team	Kirkley & Pakefield (H)
18/09/21	15:00	League	First Team	Brantham Athletic (A)
21/09/21	19:45	League	First Team	Woodbridge Town (A)
25/09/21	15:00	League	First Team	Long Melford (H)
28/09/21	19:45	League	Under 18s	Gt Yarmouth Town (A)

Panto News? "Oh Yes It Is!"

Nobody loves a fairy when she's forty



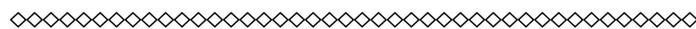
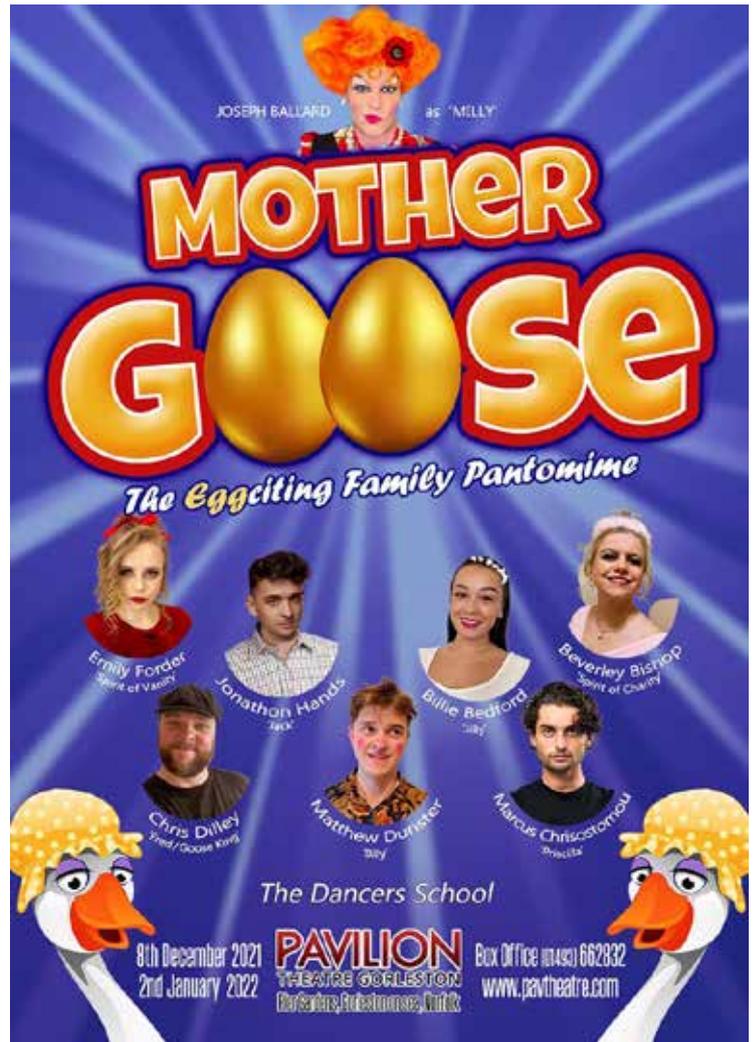
We guarantee you will love Beverley Bishop when she plays the Spirit of Charity in Mother Goose at the Pavilion Theatre, Gorleston this Christmas.

Beverley started her training in 1987 at The Royal Scottish Academy of Music and Drama. She then spent a few years in Galway, Ireland where she formed the Punchbag Theatre Company,

her first production being Eclipsed. She then returned to her home town Hull where she formed The Moonshine Theatre Company, her administrative qualities coming to the fore. This company performed new writings dealing with local issues. She remained in Hull till 1998 before applying for a job at the Sheringham Little Theatre. She was offered the job and became Artistic Director, clever girl. By this time Beverley had two sons, Sam and Jess. All was fine in Norfolk until October 2018 when Jess took his own life. Being a positive person Beverley tried to turn her great loss around and made a short film entitled Five Days to say Goodbye. This was used to help various bereavement groups and in August this year she is spending 12 days driving to Edinburgh speaking to bereavement groups each day en route.

Pantomime is however on the horizon and as Beverley says "I remember the first moment that I wanted to be a

fairy in pantomime. I was a juvenile dancer at the Hull New Theatre. I was standing in the wings, looking at the fairy on stage and thinking when I grow up I want to be a fairy just like you." Beverley is now 51 and her dream will become true at Christmas. As Beverley says "Life goes on".



<https://www.clems-skip-hire.co.uk>



01493 653600
CLEMS
SKIP HIRE



Kids' Corner

Back To School Colouring Fun



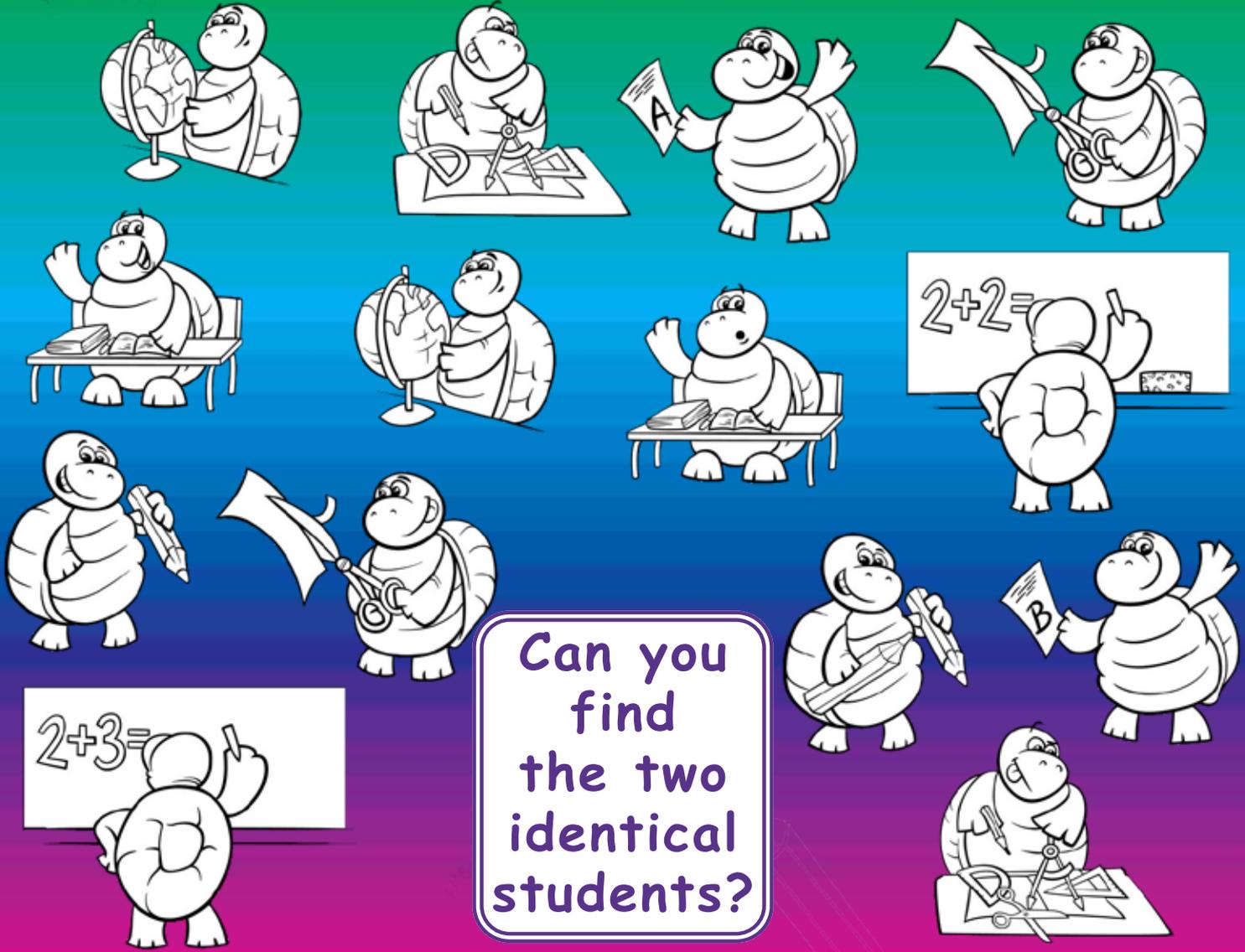
Over the Rainbow

The rainbow has become a chosen symbol to represent different causes and ideals, most recently to honour our NHS during the Covid pandemic. In the first book of the Bible - Genesis, in chapters 6 -9, we read about a man called Noah and a 'rainbow promise': God's world had become spoiled. In fact, the day came when there was only one man left that God considered good and right in His eyes. The world (it's people) had become so bad that God decided to cleanse the bad (the sin) from the earth through a flood. God spoke to Noah - He was going to save him and his family from the flood. He told Noah to build a boat, big enough for Noah and his family and for some of every species of animal.

After the flood had cleansed the earth, the world was able to start afresh. God said the rainbow that appeared was a symbol, reminder, agreement and promise that he would never use this method again to deal with all the bad in the world and of His commitment to mankind. Later, God sent his Son Jesus to the world, and His death and being raised back to life dealt with mankind's sin once and for all.

When you see a rainbow in the sky, remember God's commitment to you!

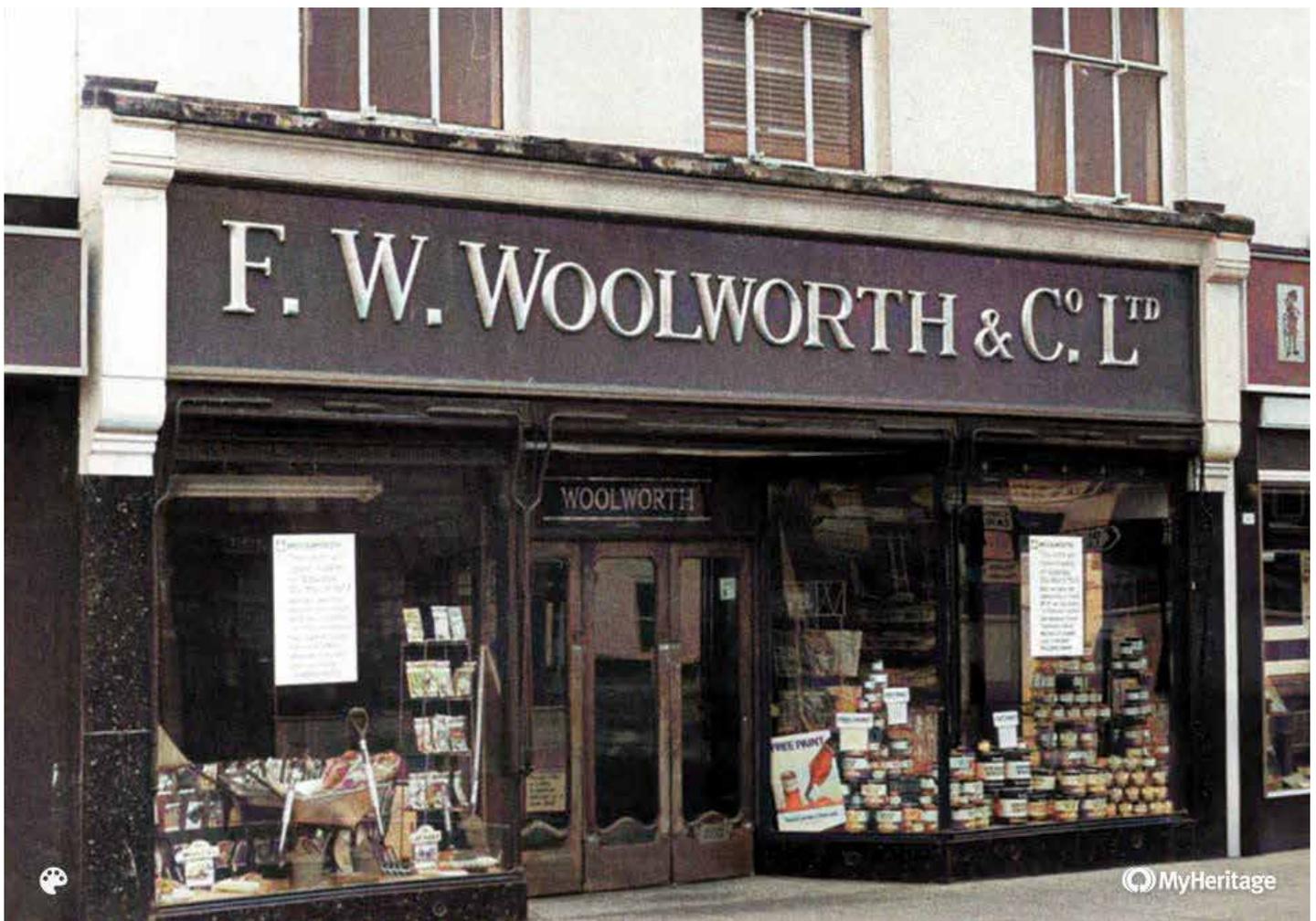
Copy and Colour



Can you find the two identical students?

Gorleston Then & Now

by John McBride



F. W. Woolworth's store in Gorleston was situated at 4 Lowestoft Road, opposite the present library. It opened in 1932 and closed on 1st May 1974. To the right, in 1955, was Boots the Chemist and to the left was Kwik Cleaners. From what is visible of the Woolworth's building, it would appear to be the same building as today with a new shop front. Specsavers now occupy the Woolworth's site, flanked by a café and betting shop.





Opening **THE** **Book**

with
**Reverend
John Kinchin-Smith**

We have heard a lot recently about “freedom”. July and August saw the end of most of the restrictions that we have been living under for the past eighteen months because of the coronavirus pandemic.

But what is real and true “freedom”? The Bible has much to say about freedom and its opposite: “slavery”. The closing stories in the Book of Genesis about Joseph and his brothers tell us how the descendants of Abraham came to live in Egypt. In Genesis chapter 12 we learn of the call of Abraham by God to be the father of a great nation through whom all peoples would be blessed. The Book of Exodus recounts how Abraham’s descendants (including those of Joseph and his brothers) came to be enslaved in Egypt for 430 years and how God rescued “his people” (now known as “Israel”) and brought them to freedom in the promised land. The rest of the Old Testament is an account of God’s continued dealings with his people, their failure to fulfil their calling and of God’s plans for the future.

Onto the scene at the beginning of the 1st century AD bursts Jesus of Nazareth, declaring that he is the Son of God, that he has come that people may have life and have it to the full, and that if he makes someone free, they will be truly and actually free. (See, for example, The Gospel of John chapters 8 and 10).

The writer of the Letter to the Hebrews and St Paul in his letters pick up this theme of freedom, often referring to the Old Testament stories of the people of Israel, their slavery, deliverance and arrival in the Promised Land. They see these stories as a picture of the universal human condition. In truth, they say, all human beings are in slavery to sin (their selfish actions and desires). Only God can set us truly free. And he has made this possible through the life, death and resurrection of his Son. But this true freedom, God’s free and undeserved gift, can only be received through faith in Jesus Christ.

Ask yourself: “Are you truly free? Do you live life to the full? Do your thoughts, actions and desires fall short of what you know to be the best?”



News from The Mag

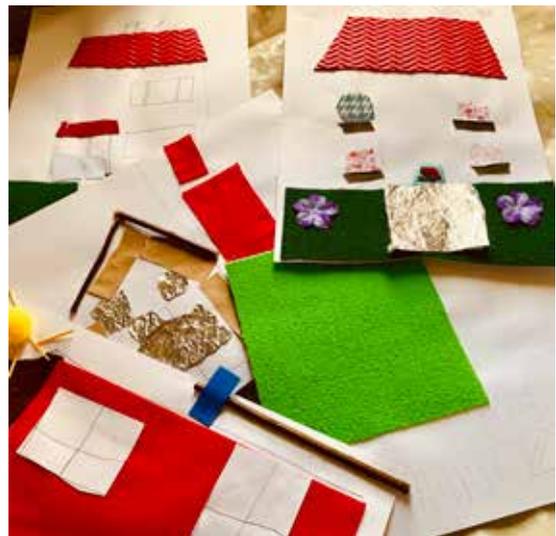
with
Reverend Matthew Price



Art has been put front and central in our community these last few weeks, with the extraordinary news that world renown street artist, Banksy, has been in town on a “spraycation”. His pieces of art, including those on Gorleston sea front, have certainly been talking points and meant that our town has made national news.

Whether or not you’re a fan of Banksy’s particular expression of art, it is a reminder that there is within us all a desire – we might even say need – to be creative. As a Christian, I believe that aspect of our characters comes from the fact that we are made in the image of a God who is himself creative. So, to express our creative side is part of what it means to be human, made in the likeness of our creator.

At St Mary Magdalene church this summer, we have provided an opportunity for families to do just that together. For three Wednesday afternoons, our FAM programme, in partnership with the arts organisation Freshly Greated, has enabled a number of families to gather for an hour of activities followed by enjoying a meal together. The focus of the activities was to create a community mural which reflected something of the story of the Peterhouse Hoard, when 118 items from the late bronze age were unearthed as Peterhouse Junior school was built in the 1950s. The activities were wonderfully facilitated by Polly Ward from the Time and Tide Museum in Great Yarmouth.



In all the creative arts, whether in drama, dance, music, art or photography we can express something of our story, indeed our history, and our personalities, just as our creator has done in making us and the world we live in.

If you would like to find out more about what happens at St Mary Magdalene Church, please drop me a line at matthew.price@stmmgorleston.org.uk or call me on 01493 494248.



Inside Story



**James Paget
University Hospitals
NHS Foundation Trust**

News from the JPUH Governors

Governor Reflections

This will be the final edition produced by the current Council of Governors as our term in office ends on 31st August.

Due to the pandemic our activities over the last 18 months have been very restricted with virtual meetings and no opportunities to meet face to face. Despite these restrictions we have continued to meet our statutory responsibilities. This included the appointment of two Non Executive Directors and the external auditors KPMG. The lead governor participated in the appraisals of the Chair and the Council contributed, as stakeholders, to the JPUH Quality Report and development of the patient engagement strategy.

This past year has been a completely different experience for those governors who had served a previous term in office. Unfortunately, we were unable to go out to meet members of the community so could not visit libraries, supermarkets and various events as we did previously, as part of our "Meet the Governor" initiative. This is something that we really missed doing and hope that the new Council will be afforded the opportunity to do this with the easing of restrictions.



JPUH is "Veteran Aware"

The James Paget University Hospital has recently been accredited as "Veteran Aware", acknowledging their commitment to supporting the Armed Forces community.

This will help to drive improvements in NHS care for people who serve or have served in the UK armed forces and their families. Pictured is Paul Morris, Director of Nursing & Patient Safety with the logo.



Council of Governors' elections

The process is underway for a new Council from 1 September.

Nine Trust members put themselves forward for 10 Public Constituency vacancies, so all are automatically elected without the need for election packs to be sent to members. More information will be available on the new Council in Your Trust News coming out to you in October.



New treatment for colonoscopy patients

The James Paget is among hospitals around the country who are trialling new capsule cameras which patients will be able to swallow, rather than have a traditional colonoscopy.

With traditional colonoscopy patients need to attend hospital where a tube containing a camera is inserted into their body. The miniature camera capsules, which are no bigger than a pill, will allow patients with urgent colonic symptoms to be checked for cancer in a non-invasive way, allowing them to go back home, away from the hospital, while the test is in progress. While initially only a relatively small number of people will be suitable for the trial, it is hoped that this may lead to camera capsules being used more widely across the NHS as, for some symptoms, it is an alternative to conventional colonoscopy. At the James Paget, implementation of this service is a collaboration between Colorectal surgery and the Endoscopy Unit supported by the Research department. Pictured are patients Patricia Nichols and Lisa Hobbs who took part in the trial.



Colorectal Straight To Test service

A new service that aims to see those with Bowel Cancer symptoms more quickly has been set up at the James Paget and has already halved the time in which some patients are being diagnosed.

The new Colorectal Straight To Test service aims to ensure patients with symptoms are diagnosed much more quickly, with some of the first on the new pathway going from referral to diagnosis in



just 22 days. A quicker diagnosis can mean faster progress to treatment, or surgery at our hospital, and lead to better patient outcomes. Pictured are some of the JPUH Colorectal team.

Thank you from Governors Jane and Lyn

On a personal note, we would like to take this opportunity to say how much we have enjoyed our time as Governors.

During our terms in office, Jane, (lead governor) 10 years and Lyn, (deputy lead governor) seven years, it has been our privilege to be your voice at the Paget and to be part of the hospital's journey in achieving a good rating from CQC.

Since 2018, we have been responsible for producing "Inside Story" and the briefing that goes out after every Council of Governors meeting. We hope that you have found these informative and enjoyed reading them. We have had the opportunity to meet and talk to many of you, allowing us to take your views back to the Paget. This valuable feedback has been shared and used to review processes and, in some cases, improve services for you as users of the hospital. In the changing face of the NHS there will be new challenges and changes ahead and we wish the James Paget and the new Council of Governors every success in meeting these.



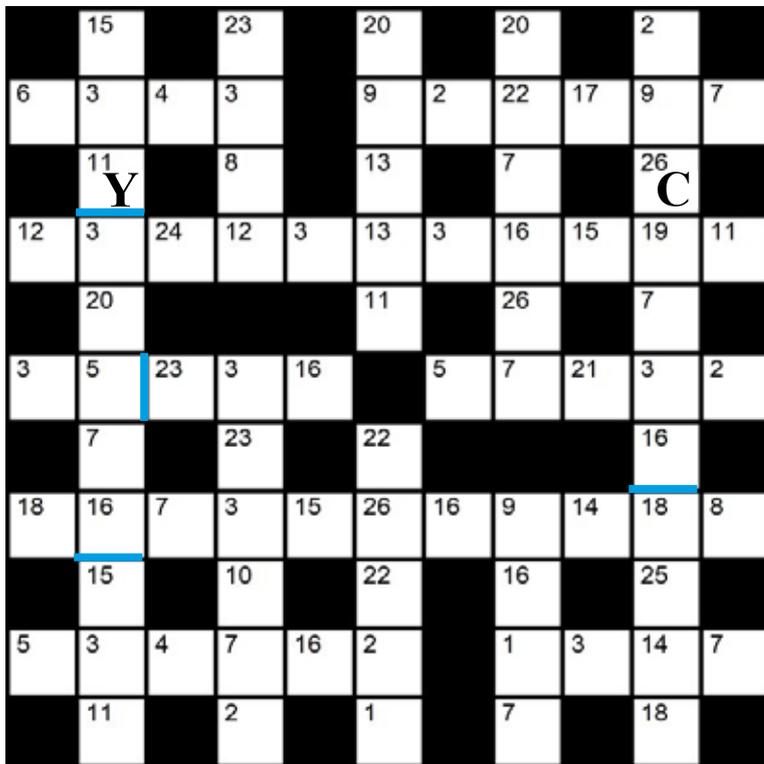
If you'd like any further information about any of these articles, or if you'd like to make any comment, good or not so good about the James Paget University Hospital, please do not hesitate to contact us on our email address, which is governors@jpaget.nhs.uk You can also become a member of the Trust.

For more information visit - www.jpaget.nhs.uk/get-involved We look forward to hearing from you.

More Coffee Time!

Codeword

Every white square is numbered from 1 to 26, with the numbers corresponding to letters of the alphabet. Use your knowledge of words to work out where letters go, completing both the grid and code boxes, and using every letter of the alphabet.



1	2	3	4	5	6
---	---	---	---	---	---

7	8	9	10	11
---	---	---	----	----

12	13	14	15	16
----	----	----	----	----

17	18	19	20	21
----	----	----	----	----

22	23	24	25	26
----	----	----	----	----

ABCDEFGHIJKLMNOPQRSTUVWXYZ
 NOPQRSTUVWXYZ



No more trips to the tip!

Let us collect your garden waste

For an easy kerbside collection of all your leaves, twigs, grass cuttings, hedge trimmings and weeds, just join the local garden waste recycling scheme.

A large garden needs a brown bin, call **01493 742200** for current charges and to order. Alternatively, order online at www.great-yarmouth.gov.uk

Alternatively a pack of our new 75 litre garden waste bags could be just the job for a smaller garden, call **01493 742200** to purchase a pack of bags.



and More Coffee Time!

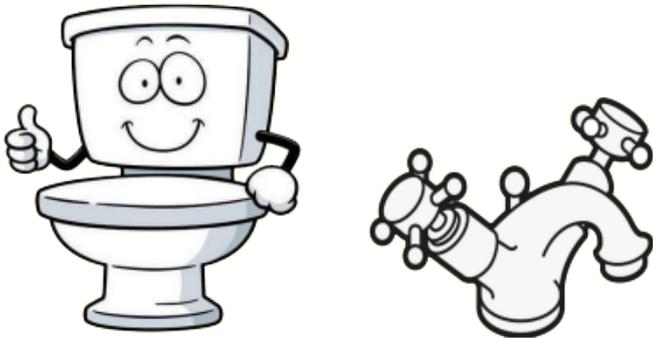
Wordsearch

Can you find the words listed below?
Words occur in the grid forwards, backwards and diagonally.



Capitals

- | | | |
|----------|--------|--------|
| Accra | La Paz | Noumea |
| Amman | Lagos | Oslo |
| Ankara | Lima | Prague |
| Apia | Luanda | Rome |
| Bamako | Macau | Roseau |
| Belgrade | Male | Seoul |
| Cairo | Maputo | Suva |
| Doha | Monaco | Taipei |
| Kabul | Muscat | Yaren |
| Kigali | | |



DAN DAN THE LAVATORY MAN...

Toilets & Taps Specialist

Plumbing Services

**Reliable, Local and
Experienced**

Telephone: 01493 443559

Mobile: 07988 675 727

John Archer
FOOL US

Wonder
CABARET

"Amazing" - Simon Cowell
"The Best night out for all our family"

Magic, Music, Comedy
Friday 17th September
Doors open at 7pm
live at the Ocean Room
Tickets start from £12.50
find them at:
www.WonderCabaret.co.uk

online Chemist - more than an ordinary pharmacy

OnlineChemist is an NHS online pharmacy contracted by the NHS to dispense medicines prescribed by GP. We are regulated by GPhC just like all high street pharmacies.

However, we have many benefits when it comes to managing your repeat medicines.

1. Delivery option

- OnlineChemist deliver all your medicines to your home or your neighbours or workplace with your consent.
- Quicker local delivery - same day or next day.
- 48 to 72 hr national delivery anywhere in England via royal mail.
- Completely free delivery, no extra cost to you or the NHS.

2. Ordering your medicine

- You can order online, POD, or via a mobile app (NHS app, Airmid).
- We can remind you to order when it's time to re-order via text, email or phone call.
- If you struggle to order, we can automatically do it for you.

3. Blister pack / dossette option

- If you are finding it difficult to manage multiple medicines, we offer a FREE weekly dossette box.

4. Working with you and your GP

- In the case of medicine shortage or unavailability, we take care of all the communication.
- We will work with you and your GP to get the best solution for you.

5. Contacting us

- You can speak to our pharmacy team at any time during our opening hours (Mon - Fri: 9am-5pm) without having to go through so many options.
- You can contact us via phone, email, WhatsApp, Messenger or ordinary mobile text.

At OnlineChemist, we are passionate to offer you a comfortable and personalised pharmacy experience.

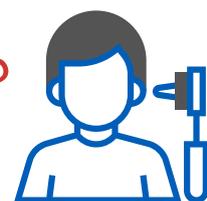
We take the stress away from getting your repeat medicines. So that you can get on with your day without having to worry about your medicine.



Phone - 01493 600 610
www.OnlineChemistUK.net/NHS

**SIGN UP
TODAY!**

We also
offer



Ear syringing
at affordable cost

Pavilion Theatre

PAVILION
THEATRE GORLESTON

NEW WEBCAM, AUTUMN/WINTER SEASON & HERITAGE OPEN DAYS BACKSTAGE TOURS

Now that we are reaching the end of Summer we'd first like to say a huge thank you to everyone who has been supporting us this year and to remind you that our summer production of 'Summer Showtime' continues performing every Tuesday until early October.

We've had a rollercoaster of a year full of ups and downs, with the highs of celebrating our 120th anniversary against the backdrop of the lows of the COVID pandemic and uncertainty around how we could operate safely.

We're proud to say that we've seen a huge amount of support for live theatre and we can't wait for our Autumn and Winter season to get going as a result!

As a lovely summer gift to the residents of Gorleston to say thank you, we've teamed up with Anglia Technology and Visit Great Yarmouth to install a new live streaming webcam on our top balcony, which streams the fantastic view of the gardens, bandstand and beach 24/7, so you never have to miss Gorleston again! See the webcam at pavtheatre.com/webcam.

September is a month full of fantastic shows here at the Pavilion, from Motown to Frankie Vallie, Jimmie Jones to Country Superstars and another of our fabulous and hugely popular Murder Mystery evenings, so there's plenty happening for everyone to enjoy.

As well as all of the fantastic performances we have planned, September is also the month where we throw open our doors and invite everyone to come and get a FREE

Open All Year!

Original Edwardian seaside theatre
open all year with plays, musicals, pantomimes
and our popular Summer Showtime!

ON STAGE THIS MONTH:
Summer Showtime: Every Tuesday

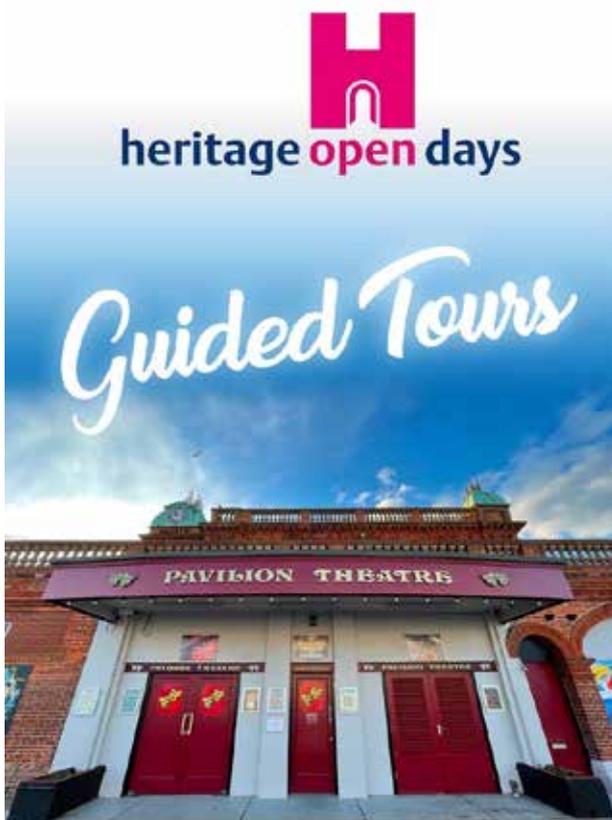
Motown & Soul Show - Fri 3rd
Bye Bye Baby - Sat 4th
Country & Comedy - Fri 10th
Purple Zeppelin - Sat 11th
Country Superstars - Fri 17th
Jimmy Jones - Sat 18th

Heritage Open Days: 11th-18th

PAVILION
THEATRE GORLESTON

BOX OFFICE: (01493) 662832
BOOK ONLINE: pavtheatre.com
SAT NAV: NR31 6PP

@gorlestonpav



backstage tour of the whole building, as part of the national Heritage Open Days celebrations.

We take groups on a guided tour around the entire building, including upstairs to our fantastic studio and outside balconies and talk through the 120 year history (as far as we know it!). If you'd like to come and join us for these special events please book via our website at pavtheatre.com and be sure to book early because limits are in place for all tours.

Finally, September is also the month where we start preparing for our busy winter season which this year includes our famous traditional pantomime Mother Goose (oh yes it is!).

Whilst we can't quite believe it's getting to that time of year already, we're hugely thankful for the normality that the fantastic efforts of the NHS and vaccination teams has afforded us and can't wait to welcome you back to the theatre in the months to come.

Full details of the theatre's schedule of plays, musicals, pantomimes and the popular Summer Showtime production that runs through to October can be found at pavtheatre.com or by calling the box office on (01493) 662832.

Poems to Ponder

Our Unpredictable Weather

Our weather, it can drive us mad
It makes us happy, makes us sad
If it's too hot we gripe and groan
If it's too cold we sigh and moan.

In other countries snow can fall
And makes no change to life at all
Here we get a tiny flurry
And everything's cancelled in a hurry!

Now and then heatwaves arrive
We wonder how we can survive
In hotter climes they make no fuss
They've planned for this, unlike us!

We watch the forecast every day
Hoping clouds will keep away
So we might plan an outside treat
Without the chance of snow or sleet!

There is one final thing to say
We talk about it every day
The fickle weather of our nation
Makes for endless conversation!

by Val Raven

Trawler men

Sea so cruel waves like mountains high
crash down with mighty force upon the deck,
wind blows sky dark above seagulls sigh
fly inland for shelter wind upon neck.

No man on deck just skipper at the wheel
men pray below for safety of the shore,
skipper drawn tired fights for even keel
decks awash thunder calls aft and fore.

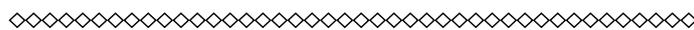
Below the deck a young man crouched in fear
just his second time at sea he thinks of mother,
old Tom goes to comfort him trawlerman of many year
wraps one arm around the lad stare at each other.

Tiny vessel tossed like a toy the sea to play
gale so strong waves so high crash fore and aft
men below crouch and pray to see another day
skipper fights the wheel to save this craft.

Steers for port with all his strength and fight
his men below he thinks to land them safe,
at last a calm in the distance of the night
weary worn tiny vessel steadies won the chase.

Men sign and cry below now for port they bound
again their loved ones will see all safe sound.

by Paul Stone



**Properties
recently sold
in Gorleston**



Aldreds

Estate Agents

Selling properties in Gorleston since 1857

Are you thinking of moving in 2021?

Call us now for your free no obligation valuation on

01493 664600

or email gorleston@aldreds.co.uk - www.aldreds.co.uk

149 High Street, Gorleston, Great Yarmouth, Norfolk NR31 6RB

Monthly Recipe

from Fleetwoods Butchers
Beef Burritos

Preparation time - 20 mins, Cooking time - 30 mins, Makes 8 - Serves 4



Ingredients

- 1 onion, finely chopped
- 2 tbsp sunflower oil
- 4 garlic cloves, very finely chopped
- 1 tbsp ground cumin
- 1 tbsp ground coriander
- small pinch of cayenne pepper (more if you want it spicier)
- 1 tsp dried oregano
- 500g beef mince
- pinch of golden caster sugar
- 1 tbsp wine vinegar or cider vinegar
- 400g can chopped tomatoes
- 400g can black beans or kidney beans, with the can water
- 8 flour or corn tortillas
- 500g cooked rice

Topping

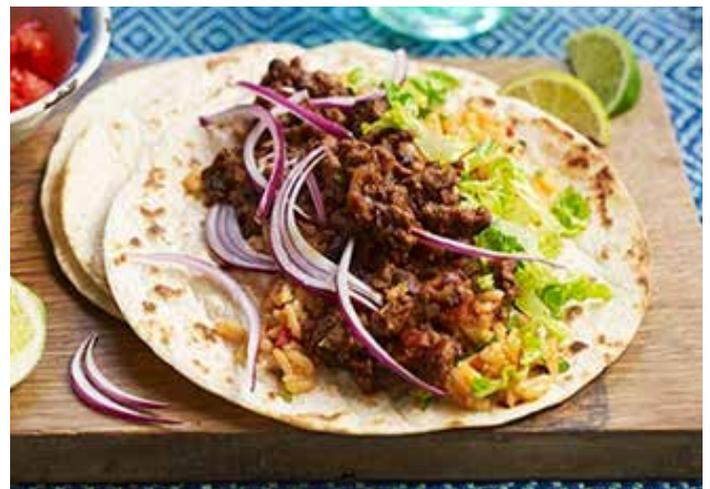
- Guacamole Soured
- Shredded Lettuce
- Grated cheese
- Red Onion
- Or any toppings of your choice

Method

1. Heat the oil in a large pan – a casserole is ideal. Fry the onions for 8 mins, then add the garlic, spices and

oregano and cook for 1 min. Crumble over the mince and sizzle for 5 mins, stirring, until browned. Stir in the sugar and leave for a minute, then splash in the vinegar and pour in the tomatoes.

2. Simmer for 5 mins then tip in the beans and the water from the can. Season, stir and simmer everything for 20 mins until the beef is in a thick gravy. The sauce can be prepared up to 2 days ahead, chilled and reheated with a splash of water or frozen for 6 months.
3. To make the burritos, heat the tortillas following pack instructions. Pile some rice and beef sauce along each tortilla and scatter over your choice of topping. Fold over the ends and roll up to seal. Secure by wrapping with foil if you want. Eat immediately.



FLEETWOODS BUTCHERS

Makers of Superior Sausages

**WE ARE OFFERING
FREE HOME DELIVERY**

within a 10-mile radius on orders for £20 and over.

Order Through our Online Shop or Over the Phone!

01493 662824

75 High St, Gorleston-on-Sea, Great Yarmouth,
Norfolk NR31 6RO

mark@fleetwoodsbutchers.co.uk | www.fleetwoodsbutchers.co.uk |

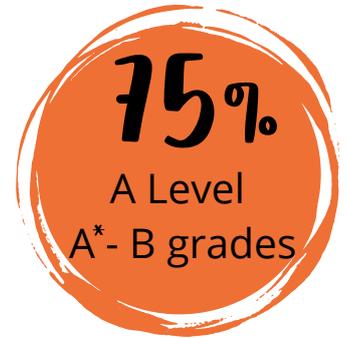
We will deliver up to a maximum of a 25-mile radius (minimum order amount £20), but will incur additional costs for delivery.

**CLICK AND COLLECT
SERVICE NOW AVAILABLE!**



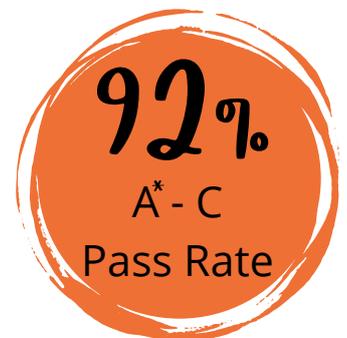


Apply now to secure your place at the **only** independent specialist sixth form locally



Why choose EN?

- ♥ Mix and match **A Levels, BTECS** and **L3 Qualifications**
- ♥ 90 minute lessons - more time in class, higher level of learning, **better results**
- ♥ Amazing range of courses and extra curricular opportunities with **Enhance, Extend, DofE, Combined Cadet Force** and the **NEW Sports Academy**



Visit us! 

Open Morning

Saturday 25th September
9am - 1pm

Open Evening

Thursday 7th October
4pm - 7pm 


Ofsted
Good
Provider

Apply Now! - www.eastnorfolk.ac.uk



Stay social - @EastNorfolk

These are ticketed events, so look out on our socials for when bookings open!

Lockdown Musings

by Patricia West

Childhood Remembered



I come from a hard-working background. The Philpotts on my mother's side were Great Yarmouth born and bred and my grandfather Edgar Philpott was a fisherman.

My father's family originated from Scotland – his father, Grandad Willie Sinclair was also in the fishing industry as a Cooper, making the barrels to contain the catch.

His trade brought him from the Scottish islands chasing the herrings down the north coast (our local Silver Darlings), terminating the season at Christmas in Great Yarmouth.

Folklore says when the seas teemed with fish and hundreds of boats rested on Sundays in the harbour and on the wharf you could walk across the river over the decks from Yarmouth to Gorleston. Grandad Willie lingered long enough to meet and marry Louisa, a local girl and thus my own generation was eventually born.

I grew up knowing that Cleanliness was next to Godliness. Money was tight and oh, how eagerly awaited was my dad's wage packet brought home at Friday teatime.

There were occasional family upsets, swiftly mended, we learned right from wrong, were taught good manners and instilled with the mantra – Be kind, Be honest.

My mother ruled with the proverbial rod of iron and it was she who laid down the rules, thereby consigning herself, always, to second place in the popularity stakes.

My father was a softy and never raised his voice. He gave us free reign so naturally we adored him. It was not until we became parents ourselves that it was apparent what we owed our mother and to what extent she had mapped the path by which we shaped our lives.

No latch-key kids we, my mother was always there when we got in from school with home baked buns in the tin. It was a safe and settled world.

At the hub of our lives was our tiny grandmother - “Nanny Philpott” She had given birth to five daughters and four sons. My mother’s siblings were her best friends and family was everything.

On Sunday mornings my brother and I were packed off to Sunday school. We didn't want to go and dawdled along pushing our faces against the shop windows playing the game... 'When I win the pools the first thing I buy will be.....'

Inevitably we arrived after the lessons had started and a stern-faced girl, who to us seemed very grown-up but who could only have been about fourteen, told us off for being “late again” as she bossily handed out forfeits for our misdemeanors.

Once released from our studies we kicked up our heels, joshing and pushing – anxious to be home because on Sundays there was no better place to be.

Our “dinner” eaten at lunchtime was to die for - the dumplings, the rich gravy! We always ate at Nanny’s house. The adults in the dining room with the door ajar into the kitchen where us children sat at her large pine table.

All morning the women would peel, roast and bake until the men returned from the pub at 2.00pm. (yup, that’s how it was back then!) uncles, fathers and grandad would be greeted by shrieks of childish delight as they bore aloft large jugs of shandy freshly made by the pub landlord.

Any outing usually meant a crowd and every fine summer Sunday we descended en masse to the beach at the end of our road for our day-long picnic.

We camped by the Wellington pier so we could listen to the music from the bandstand above and wonderful things to eat would be taken from grease proof wrappings. We would tuck into delicious home made sausage rolls, pies, thick crusty sandwiches, tiny buns and fruit cake. There would also be bottles of the new fad, Corona lemonade.

We played rounders, competed for the most neatly dug moat and the best built sand castle. During the afternoon the men would visit the nearest beach stall and return with shiny chrome trays of tea in china cups – no polystyrene then! Of course my dad was the handsomest young blade on the beach. Strutting his stuff in jade green trunks he would race us children into the grey/brown sea – he never let us win!

We would pack up in late afternoon and repair to my grandmother's spotless kitchen with its bleached table top and 'pieces' rugs. Here it was home-made lemonade, we ate ginger cake and freshly dipped toffee apples (think of our teeth) while thick tea was poured for the grown ups from a fat brown teapot.

Later still someone would fetch ice cream in a big white basin from Pagano's shop on the corner. Nothing tasted as good as Pagano's ice cream. We had to eat quickly before it melted – no fridges then either!

When we got home we had to shake the sand from our clothes and shoes, then time for hair to be washed and mine now freed from its dark brown pigtails would be brushed dry by my mother.

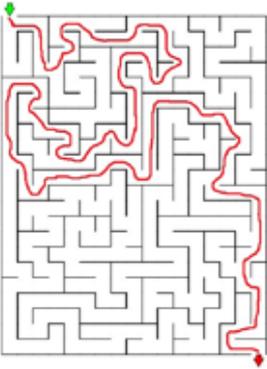
Never let your mum brush your hair when she is cross!

One week, uncle Lou suggested for a change going by bus to Winterton beach, eight miles away.

“Is it abroad?” - one of the children said.

Ah, such innocent days!

Coffee Time Answers



Mr Plummer the plumber

FOR ALL YOUR
DRAINAGE
and
PLUMBING
REQUIREMENTS

07980 085 206
or
07714 707 340

Fallen Phrase

Adventures of Huckleberry Finn
by Mark Twain

Word Ladder

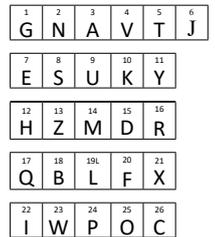
bald, bale, bile, bite, kite

Caught in the middle

table, flag, fire, bird, eagle

Crunch 'em

2



Olive Garden

Restaurant – Delicatessen – Takeaway

68 High Street, Gorleston, NR31 6RQ

TEL: 01493444779

Email: enquiry.olivegarden@gmail.com Website:
olivegardengorleston.co.uk Facebook:
[@olivegardenrestaurantgorleston](https://www.facebook.com/olivegardenrestaurantgorleston)





PRIORY

HANDMADE KITCHENS & INTERIORS

Visit our Showroom: 207 High Street Gorleston | Norfolk | NR31 6RR




We specialise in beautiful handmade kitchen and interior furniture, designed for customers' individual needs and requirements.




- » Creating and designing furniture for over 30 years
- » Excellent reputation and free estimates
- » Bespoke craftsmanship and design
- » Dependable installation included

www.priorykitchensandinteriors.com

Call us on 01493 662 956

GoSH

Gorleston-on-Sea Heritage Group

Ottery's Farm Part 2

This month we return to the topic of Ottery's Farm that was first featured in the June 2021 edition of the Gorleston Community Magazine. Using only Internet resources, some further research has been carried out and the first question must be who was Mr Ottery?

A possible answer lays in the Gorleston (with Southtown) parish records, when a John Charles Ottery 1821-1850 was baptised at St Andrew's Church on the 22nd May 1821 by the vicar, the Reverend Thomas Browne. John Charles Ottery, according to the register, was the son of John Ottery, a "farmer", and his wife Elizabeth. It is possible that this farmer, John Ottery 1779-1827, is our man and that he worked a piece of land at Gorleston that became known as Ottery's Farm. Parish records at Great Yarmouth show that John Ottery 1779-1827 had married Elizabeth Chandler in 1801 at St Nicholas in Great Yarmouth.

Little else, so far, has been discovered about John Ottery except for the announcement of his death in the Suffolk Chronicle; or Ipswich Weekly General Advertiser & County Express of Saturday 15th December 1827, "On Tuesday week, aged 48, Mr. John Ottery, a much-respected farmer of Gorleston in this county." A week later the Norfolk Chronicle of Saturday 22nd December 1827 carried a "Notice to Creditors and Debtors. All persons to whom Mr. JOHN OTTEY, late of Gorleston, in the county of Suffolk, deceased, stood indebted at the time of his decease, are requested to send an account of their respective demand to Mrs. Elizabeth Ottery, the widow of the said John Ottery. at Gorleston aforesaid, or to Mr. Thomas Clowes, Attorney, at his office in Great Yarmouth, the Executrix and Executor; and all persons who were indebted to the said John Ottery, at the time of his decease, are requested to pay the amount of their respective debt to the said Executrix or Executor forthwith. 18th Dec. 1827."

On the 12th February 1832, four years after his father's death, John Charles Ottery at the age of ten years was baptised again, but this time as a Nonconformist at the Independent Meeting House in Gorleston by the resident Minister John Holmes. The register records that John Charles Ottery was born on the 16th May 1821 the son of John and Elizabeth Ottery. This church had opened in 1826 and today is the former United Reform Church building at the top of Garnham Road, on the corner of Back Chapel Lane that was converted, in more recent years, into a

small number of residential units.

Other references to Ottery's Farm have been found in various newspapers. In early years of the 20th century the farm was in the hands of William Ringer. The Norfolk News of Saturday 8th October 1904 reported on a "GORLESTON FARMER'S LOSSES" and the sorry state of William Ringer's financial affairs. At a meeting of creditors, held on the previous Saturday, Ringer claimed his losses mainly were due to the death of horses and cattle. The case was left in the hands of the Official Receiver.

Later that month the auctioneers Maddison, Miles & Maddison were instructed by the Official Receiver to sell by auction a few lots of furniture and the live and dead farming stock of William Ringer of Ottery's Farm. This consisted of two horses, eight cows and some farming implements and machines, including Norfolk Ploughs, Iron and Wood Harrows, Corn and Boot Drills and a Horsepower Chaff Cutter.

By 1907 the farm was in the hands of William Mayes. A nasty incident at the farm was reported in the Yarmouth Independent of Saturday the 9th May 1925 with the headline "TOSSED BY IRATE COW." It appears that on the previous Sunday, a cowman called Robert Ulph of Burgh Road, Bradwell, who was employed by Mr. Mayes, was seriously injured while attending to a cow that had calved that day. The cow appeared to resent Ulph's presence near the calf and tried to eject him from the stable. The cow's horns inflicted a nasty gash on Ulph's face and tossed him some distance. Dr. Deane was summoned and Ulph was conveyed to the Gorleston Cottage Hospital where he was found to have two fractured ribs in addition to the injury to his face.

In the late 1940s John Bracey made a pencil sketch of Ottery's Farm and its associated buildings that he later created a watercolour from, it is reproduced on this page.

Gorleston-on-Sea Heritage Group hope to resume meetings soon. Please visit our website for further updates. <https://gorleston-on-sea-heritage-group.webnode.com/>



Ormiston Venture Academy

Little Princess Trust Bake Sale

Abigail Cooper one of our amazing year 7 students has selflessly volunteered to raise money for the Little Princess Trust by cutting off her hair to make a human hair wig for children who are suffering with cancer and cancer treatments. Abigail has already raised some funds on her own however asked for the Union of Venture Students help. As this is such a great cause and Abigail is an inspirational young woman the UVS were straight on board and happy to help.



On Friday 16th July at break and lunch time Abigail and the UVS hosted a bake sale to raise funds for the charity. The cakes were brilliantly baked, Emilia's brownies were a big favourite. In total, thanks to all the student and staff very kind donations Abigail raised £112.96 for the Little Princess Trust.



Mr Waters who leads the Union of Venture students commented: "What a truly selfless gesture from Abigail, it is a lovely cause and one close to many of our students hearts at Venture. I want to say a big thank you to Abigail and all the Union of Venture Students who helped bake and sell cakes for this wonderful charity"



	<p>If you would like to sell your car we'd be very interested!</p> <p>Excellent Value For Money Since 1985, Suffolk Road, Gorleston. Tel: 01493 664378 Email: cargocars@gmail.com</p>
--	---



Bycroft

ESTATE AGENTS

PROFESSIONAL
PHOTOGRAPHY
OF YOUR HOME

...as standard

Residential Sales & Lettings

01493 844484

charlesbycroft.co.uk



AJS

Arthur Jary & Sons Ltd.

Est. 1899

A 5th generation family run business

Traditional Funerals & Unattended Cremations

Pre Paid Funeral Plans

Memorial Specialists

www.arthurjary.co.uk

Contact us 24 hours a day 01493 844363

Our family taking care of your family

**Great Yarmouth – Gorleston – Bradwell – Lowestoft
Oulton Broad – Caister – Acle**



OUR PRICE LIST

Hair prices from...

Cut and Blow Dry	£20
Blowdry from	£10
Hair up from	£25
Children from	£10

Colour

Full head foils from	£40
Half head foils from	£35
Full head tint from	£21
Semi colour from	£18
Signature colours	POC
Colour change/Correction	POC
Treatments from	£5
Nano Keratin	POC
Bridal Hair + packages	POC
Extensions (Gold Fever)	POC

Beauty

Facials from	£29.00
Massage from	£25.50
Manicures from	£19.50
Pedicures from	£24.50
Tinting from (skin test required)	£6.50
Waxing from	£6.00
Spray tan from	£10.00

Ask at reception to book an appointment

www.fusion-hair.com



Fusion Hair and Beauty Consultants Ltd

