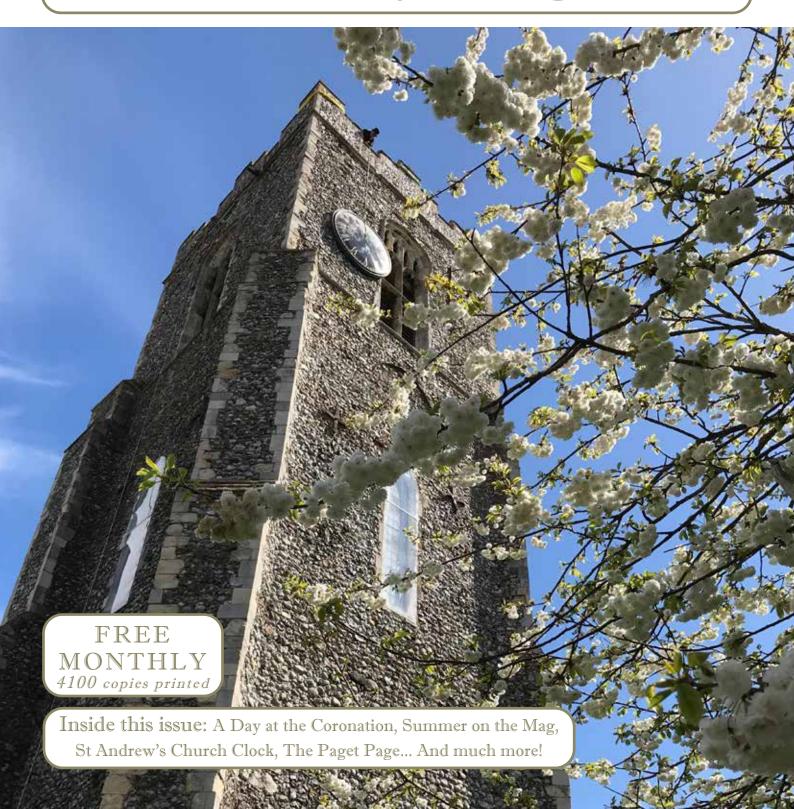
St Androw's Church

**ISSUE 61, June 2023** 

# GORLESTON Comunity Magazine





# Pertwee & Back



# SUNDAY 25TH JUNE FORD MEET

ARE YOU COMING? 10:00AM TILL 2:00PM

LOCATION: PERTWEE AND BACK GAPTON HALL ROAD GREAT YARMOUTH NR310NJ

#### Hello Gorleston!



#### Welcome to Issue 61 of YOUR award-winning, FREE community magazine.

As I write this on a lovely sunny, spring day, I am taken back to childhood and a daft poem my folks used to say to me, and which some of you may know, but which I would like to share here:

The spring is sprung,
the grass is riz,
I wonder where the birdies is?
The birdies' on the wing.
But that's absurd,
I always thought the wing was on the bird!

The poem is attributed to New Yorker Ogden Nash, but was made famous in the UK by Spike Milligan. There are various versions of the poem circulating online, but one which amused me included this:



I saw a birdie flying high, it dropped a message from the sky, and as I wiped it from my eye, I thanked the Lord that cows don't fly!

Enjoy the sun and all our wonderful town has to offer, have a great month, and we'll meet again in July.



#### **CONTENTS**

4	Coffee Time 1	24	Gorleston Library
5	In The Interregnum	25	Summer on the Mag
7	GoSH	27	Ramblings of a Displaced Cockney
8	Pavilion Theatre	28	Wordsearch
9	Gorleston Grapevine	28	Gorleston Flower Club
11	Hair We Are	28	The Bookshelf
12	Coffee Time 2	29	Gorleston Links Bowls Club
13	Ormiston Venture Academy	31	Creatures' Corner
15	Gorleston FC	32	St Andrew's Church Clock
16	Richard Routledge	32	Coffee Time Answers
17	Ormiston Cliff Park Primary Academy	33	Stitches in the Water
19	A Day at the Coronation	35	Life Afloat
20/21	Kids' Corner	37	Ormiston Herman Academy
22	Gorleston Then & Now	38	The Paget Page
23	Opening THE Book / Poems to Ponder		

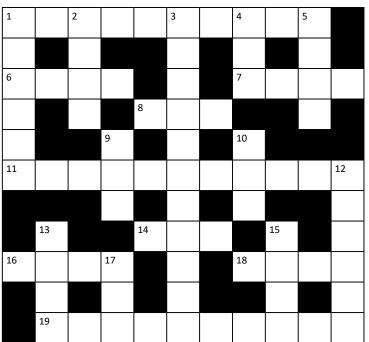
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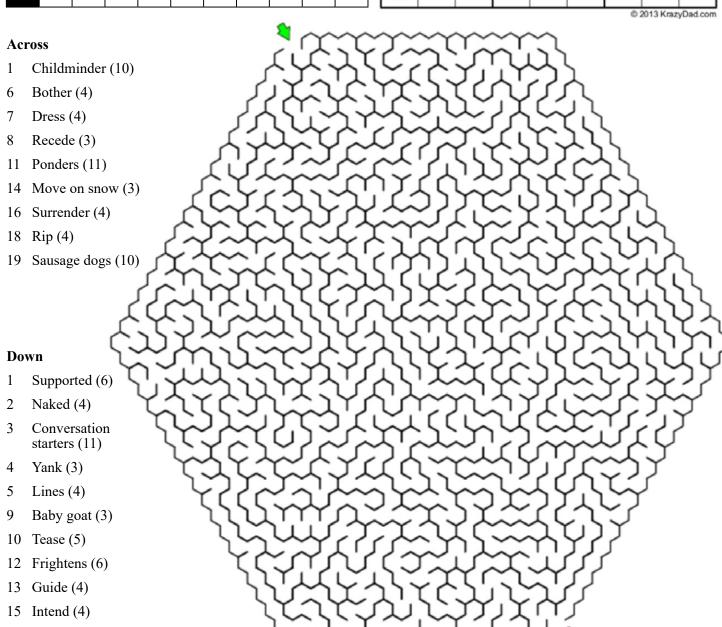
Deadline for the July Issue is **Friday 9th June** 

Thanks to **Linda Vickers** for this month's front page picture

#### **Coffee Time 1**



							7	2
					9	5		3
6	7			3	2	9		
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4	1	6				7	9	5
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		3	1	8			4	6
2		7	4					
8	4							



17 Enclosed (in a letter) (3)

#### In The Interregnum

Whilst St Andrew's Church is in interregnum, this page will see a variety of authors from St Andrew's Church and the Diocese.

This month we hear from the Rev Sue Upton, Assistant Minister at St Nicholas' Church Bradwell and member of the ministry team at St Andrew's during the interregnum



#### **Celebrations**

Do you have capacity for any more celebrations after the excitement of The Coronation weekend last month? There were so many ways just to enjoy coming together and relaxing in each other's company whether as family members, church communities or the wider community, as games were played, crafts undertaken

and lots of eating and drinking enjoyed!

But June in our family has always been a month of celebration. I was born on my grandmother's birthday; my father's birthday was the following day and my aunt's was the following week! An expensive time for those buying presents for everybody, but there was always lots of birthday cake to enjoy.

Celebrations come in all shapes and sizes don't they? Thinking back to all those birthday parties of past years – some of them really stand out in my memory because of the way that I celebrated them. My childhood birthday parties were always in the garden in bright sunshine – well that's what my memory says – but in reality I know from the photographs that we were sometimes inside, presumably because the weather was anything but bright and sunny. Then there was the birthday as a student when Martin and I saved up hard and went out for a meal – quite unheard of in the '70's, at least for us students anyway.

We celebrate the special things – the births and marriages in the family, the birthdays and annual festivals such as Christmas and Easter. But how about planning in smaller celebrations into our everyday lives. Since we have been married we have had a small celebration if the 3 football teams that we have supported all win on the same day. We started by putting aside 50p each week and if they all won we spent it. It became a Chinese take-away if all 3 sides won - it's amazing how infrequently we need to trouble the Chinese takeaway – well for that reason anyway!

Of course we need to celebrate the big things – though hopefully we won't be celebrating another coronation too soon – but we also need to find ways to celebrate the little things in our lives. What sort of treat is there for completing that difficult task, or the one that you've been putting off for ages, even if it's something as simple as weeding the drive, or clearing out that drawer that is so full that it doesn't quite close anymore? How long is it since you invited someone round for coffee/tea just because you are glad that they are your friend?

At church we celebrate Jesus being our friend week in week out and that is a really important thing to celebrate with our friends. Sometimes at St Andrew's we do that in very familiar words, particularly at the service at 8.00am on a Sunday, sometimes we are more free in our worship such as at most 10.00am services. The style doesn't really matter. What matters is that we are taking time to celebrate this important relationship in our lives.

What are you going to celebrate this week and how are you going to do it?

#### **Prayer Corner**

Prayer is simply having a conversation with God. It can be out loud or in your head and heart, it can be about whatever you want it to be and you can pray whenever and wherever you want to, God is always listening.

If you are not sure what to pray, why not start by joining us in praying this month's prayer:

Lord Jesus,

Help us always to be on the look out for ways to celebrate the small as well as the significant happenings in our lives with our friends. May we find ways to celebrate Your presence with us alongside our friends too.

Amen.



Among their demands were bourbon biscuits, double fees for weddings, and Sundays off



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#### GoSH Gorleston-on-Sea Heritage Group

When did Gorleston become known as Gorleston-on-Sea?

It is believed the phrase "Gorleston-on-Sea" was first coined, in print, in an article in the Lowestoft Journal of Saturday 17th June 1882 when it reported that the purchasers of Messrs Tacon's estate, that was situated south of the harbour mouth, was being divided into building plots "to create a new suburb under the title of Gorleston-on-Sea. To protect the cliff frontage, contracts have been entered into for the placing of a series of groynes and sheet piling at the foot of the cliffs, but it is doubtful whether these precautionary steps will suffice to check the inroads made by the set of the sea at this spot. The plans comprised the construction of a series of handsome terraces and squares, all of which will command magnificent sea views extending northwards as far as Caister, and to Lowestoft in the south."

The Willesden Chronicle of Friday 3rd August 1883 published a report with the headline "A TRIP TO GORLESTON-ON-SEA", and went on at great length to say that: - "Seldom is it that "work and play" are so successfully combined, as they were, by a large party of gentlemen who, at the invitation of Messrs. Baker and Sons and Mr. F. C. Kettle, left Liverpool Street by special train at 90'clock on the 26th July for Yarmouth. Primarily they were on a business bent, for they were bound for the sale of the first portion of the "Cliffe Park Estate," at Gorleston; but their thoughts were not of business alone, but of the pleasures of congenial companionship, and refreshing whiffs of ozone, and of the luncheon to which they were to be welcomed.

A pleasant spin of three hours and a quarter brought the party to Yarmouth. A rush was then made for the Gorleston trams, which run along the Lowestoft road, to within about seven minutes walk to the estate, at the point where the line ceases, other vehicles were waiting for such as did not care to do the last stage of the journey on foot. When arrived on the grounds, an hour or so was agreeably

spent inspecting the two bungalows which have been built by the vendors, rambling along the cliff, inhaling the invigorating but mellow breeze, which seemed to have sprung up for the purpose of giving the visitors a favourable impression of the locality. Mr Kettle's artistic sketch of Gorleston-on-sea as it is to be, has not yet been realised, although considerable progress has been made with the works, but on reaching the estate one could see at a glance its suitability for conversion into a delightful and popular watering-place. Situated on the summit of a lofty plateau, with a gently sloping beach, admirably adapted to bathing, it commands an expansive sea and coast view, extending southwards to Lowestoft and northwards to Yarmouth. Mr. Kettle's sketch shows a road along the beach, protected with piling and groins, and also a Marine Parade 50ft. wide along the sea-front, which will be nearly a mile long. Fronting the sea, and lying between the Marine Parade and the edge of the cliff, will be ornamental gardens, and lawn-tennis and recreation grounds, these latter to be 200 feet in width. The land is to be let or sold for the erection of villas of various sizes, with large gardens attached, while in the centre of the estate a large area will be left for lawn-tennis, cricket, and general recreation purposes, for the special benefit of the residents of the estate. The plans also make provision for a church.

After full justice had been done to the luncheon, the health of Messrs. Kelsey and Wills, in the double capacity of hosts and vendors, was drunk. Success to the Cliffe Park Estate was also drunk. Mr. Baker displayed his accustomed promptitude, and the company addressed themselves to the business of the day to such good purpose that, although there were 52 lots, for almost every one of which there was eager competition, the sale was over in less than an hour. The total amount realised by the sale was £3,623."

From these two articles it would appear that the

speculative new owners of the land, now described as the Cliffe Park Estate, were Mr Kelsey and Mr Wills. Mr Kettle was Frederick Kettle, a London based Auctioneer and Surveyor of Tower Chambers, Moorgate Street, London. E.C. Baker & Sons were land agents and surveyors of 12, Queen Victoria Street, London. The title Gorleston-on-Sea appears to have originated in the minds of Messrs Wills, Kelsey, Kettle and Baker and was very quickly adopted into the vocabulary of the local population.

#### Pavilion Theatre

We are now well into our Summer Season of events including our popular 'Summer Showtime' production and whilst it's still very strange to be running the theatre without Kevin, who we sadly lost in January this year, we're still very excited about putting on the best entertainment we can for you all.

Our Summer Bandstand concerts have kicked off in style and are proving to be just as popular as ever, whilst over in the theatre our shows are as packed as ever!

#### THEATRE BIRTHDAY AND STUART AND KEVIN: A CELEBRATION

On Saturday 8th July we are holding a full day of celebrations, as not only will we be marking the Pavilion's 122nd birthday, we will also be holding a special fundraising gala in honour of the life and legacy of both Stuart and Kevin, the two people who quite literally rescued the Pavilion nearly 30 years ago.

Starting off in the bandstand gardens we are planning to have a big birthday breakfast, followed by live music and entertainment throughout the day and a BBQ, if the weather holds!

Then in the evening we'll have a bit of a break to get dressed up all fancy for our special gala fundraiser, where the theme is very much 'dress to impress'. There are only a handful of tickets left for this event, so we hope to see you there.

#### **BRAND NEW PANTOMIME: DICK WHITTINGTON**

I know that we're only just talking about Summer but we can't help but get excited about our brand new Pantomime for this year, Dick Whittington!

We've got a brand new creative team behind the show and it promises to be bigger, better, more colourful and fun than ever before! So whether you've come to us for Pantomime before or not, make the Pavilion your home for Christmas this year.

We look forward to seeing you at the theatre or bandstand again soon!

Alex Youngs Chair of Trustees

#### WHAT'S ON AT THE BANDSTAND IN JUNE

- 4th June: Kavolini String Quartet
- 10th June: Gorleston Seafront Festival Entertainment
- 11th June: Silver Morgan Trio
- 18th June: Wrentham Brass Band
- 25th June: City of Norwich Brass Band

#### WHAT'S ON AT THE THEATRE IN JUNE

- The Show Must Go On The Magic of the Silver Screen
- Swinging with the Big Band Jonathan Wyatt
- Steemy Dan
- Sing It West End
- Singing in the Reign!
- Music of the Movies
- The Counterfeit Sixties
- And Then There Were None Play

Full details of the theatre's schedule of plays, musicals, pantomimes can be found at **pavtheatre.com** or by calling the box office on **(01493) 662832.** 







#### Gorleston Grapevine

with Carol Todd

Nearly half way there into 2023 my friends. Roll on warmer days,

strolls along our lovely award-winning beach and sitting in the garden until late with friends enjoying a glass of fizz. We hope you had a right Royal party during the Coronation Celebrations for King Charles III! There were so many fantastic, locally organised events, and at least the rain held off until the Coronation evening, so people could enjoy the festivities at the Pavilion bandstand and around Gorleston. Not everyone was lucky enough to have three days off work, like us. Some were working the entire Bank Holiday. Like the amazing staff at James Paget's Ward 12, who organised such a wonderful Coronation Party for all their patients. Look at



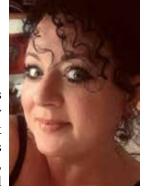


the special buffet and awesome cakes baked, prepared and supplied by the very hardworking and caring Ward 12 staff, including my beautiful friend, Laura Campbell.



Our E.E Green Team has been finishing off preparing Emerald Park for new home developers to start building over 80 much needed homes. Work has already started on the area's Operations & Maintenance campus on South Denes. You'll see where work is starting from The Pier Hotel looking across the River to Great Yarmouth to the old Halliburton building. Super news for Gorleston High Street, with two new store openings to announce; we welcome the RSPCA and Norfolk & Suffolk Animal Trust. I love charity shops, been shopping in them for years, best recycling you can do is have a great clearout! We should never throw clothes or any items (other than rubbish) in our landfills. Donating your unused and unwanted items is a fantastic way of giving back to your community, so let's support in any way we can.

We eventually had our fabulous cheque presentation to the lovely lifeboat folk in our areas. Thank you to all our L.G Perfect customers and suppliers who donated cash, prizes and took part in our annual



charity Tombola and Raffle. £887 was the fantastic total raised in just two weeks! This was divided and given to Great Yarmouth and Gorleston RNLI, Caister Lifeboats and Hemsby Lifeboats. Nearly double what our team raised in 2021, so a massive thanks to you all again for supporting, donating and helping. I must say a special thank you to Paul and Della from Perfects for organising this each year, you are superstars! (Don't let this go to your head now Paul!!) Many of you may have seen the drone shots of our





demolition of Fish Wharf recently. This is to make way for further quay improvements much required for the offshore energy sector. As I've said before in previous issues, it is sad seeing the end of an old historic building, however, what many do not understand is that all other avenues of development have been explored and demolition is sadly the last, and sometimes only option. All of the building will be recycled and used locally, so we're putting history back into new buildings and developments around our borough.

If I can help with anything, please do get in touch, ctodd@eegreen.co.uk. Keep up to date with us on Facebook follow E.E. Green, L.G. Perfect MOT, Service & Repair Centre, Folkes Plant & Aggregates and Major Demolition. Hope you have a joyous June my friends.



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#### Hair We Are



with Kevin Huggins
Owner of Fusion Hair Consultants and
Chairman of the
Gorleston Traders Association

June is bursting out all over and the warmer

weather is really welcome. What a month May was, with Bank Holidays and events. I have to say the King's Coronation event was amazing. As you know we do the Gorleston High Street Xmas Lights Switch On event and I know how much work and preplanning has to go into that, just for one day, but whoever was involved in organising the King's Coronation needs a medal. The whole weekend went off amazingly. From the security involved to the running order of the day, it was just a joy to watch and without doubt anyone who says the monarchy is dead just needed to witness the crowds and the joy that the weekend brought everyone, from the pomp and ceremony of the Saturday to that incredible concert held at Windsor castle on the Sunday night. Congratulations to everyone involved in organising it all. Does make me sad though to see the demonstrators showing their voices, or let me rephrase that, trying to demonstrate and spoil the day, and all football matches singing the National Anthem with vigour was spine tingling, although to hear the boos when they sung the National Anthem before the Liverpool home game was a disgrace. And that from a city that was about to represent the UK at the Eurovision Song Contest, and which has also been the UK's City of Culture, along with being granted UNESCO World Heritage Site Status. Some of the greatest song writers and bands have come from Liverpool, may I suggest there is nowhere in the UK more British than Liverpool. Come on you scousers get on board and join in with the passion and love we all have for the monarchy of your country! We also saw the end of the football season, and as you know being a

Norwich City supporter it all petered out to a very disappointing end and mid-table mediocracy. There appears to be changes in the wind during the summer, with players leaving the club as well as players joining the club. I would like to wish Teemu Pukki all the very best for the future. wherever that might be, he has been a fantastic player for the club over the past five years and has given all the supporters a great deal of pleasure. I must also give my congratulations to Ipswich Town on them getting promotion from League Division One back into the Championship, this obviously brings back into play the East Anglian Derby, which will be the first time for four years, although I am nervous about it as I feel at the moment Ipswich as a club are on the way up, whilst I am worried that Norwich are struggling with finances and structure. Also, congratulations to my nephew Darren Cockrill in what can only be a successful first year in senior management for him, in making sure Gorleston FC established themselves in their first year in the Isthmian League North Division, well done Darren. I just hope now that Gorleston FC can get themselves a permanent ground to play on and have a place they can call home. It seems a pity now that Gorleston FC ever left the good old Gorleston Rec. You could not beat games on the old Recca and my memories of that place could not have been happier. I joined Gorleston in Summer 1971 when I started to attend Great Yarmouth College with a good old friend of mine, Gary Sparkes. We started playing with Gorleston Minors and a great team managed by Brian Kirk, before going on to the A team in a side managed by dear old Bob Banham, sadly both no longer with us. The Recreation ground in Gorleston was an absolute prime place to be, for atmosphere and location for supporters to get to. The club house in the corner of the Rec



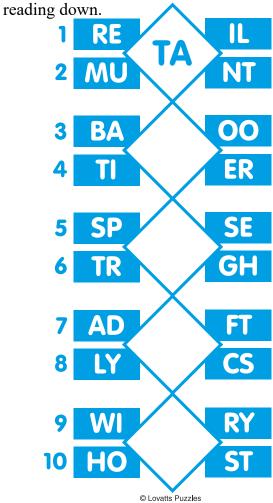
was run by Sammy Morgan's dad and many a party was held there by locals. As well as running the lottery which in the end helped fund the move to Emerald Park.

I was disappointed to find out at the last moment that there would be no Gorleston in Bloom this year because there would be no money available to fund it. Having the baskets makes the High Street a much more pleasant place to be through the summer, and the displays we have had over the years were amazing. We will be able to put some baskets down on the barriers at the lights near the Library. Sue Hacon is the person who has been responsible over the years for organising, and I know she is as disappointed as I am, that this year it is not going to happen. The organisation that goes into that task also takes a lot of work and planning, more than I ever realised until I got involved with the project. First of all is actually getting the baskets and the contents, secondly is going round and checking all the brackets on the lamp posts and making sure that they are still secure, then putting up the baskets and securing them so they don't get pinched, then arranging all the watering which was completed daily in the height of the summer. The big problem, as usual in the times we live in, is the public liability needed to insure the basket against any accidents, as you know from my previous blogs, where there is a blame there is a claim. I hope that as we move forward, and things get better we will be able to resume the baskets in future years. Another event that could be an issue this year is the Xmas Lights Switch On, normally held in November. Again funds have been cut and we are currently looking at how we can hold the event. It will probably mean not having, as last year, the three day event in Priory Gardens, but just going back to the one day event and the date marked for that this year is Sunday 19th November. Have a great month and see you at the end of June.

# Can you climb the ladder changing 1 letter at a time, to get from the bottom word to the top word? flock stuck

#### **Seeing Double**

Each pair of words share two middle letters. The first has been filled in as an example. Complete the remaining words to find the mystery keyword



#### **Coffee Time 2**

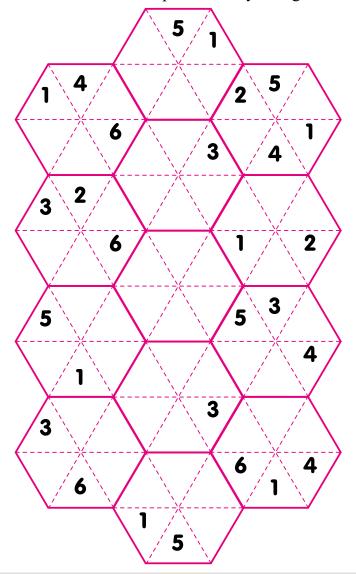
#### Caught in the middle

What are the words that can be written down the middle to create two more words or phrases either side?

open	 seed
frosted	 ceiling
hand	 pad
coronation	 jewels
church	 engineer

#### **Hexoku**

Fit the numbers 1 to 6 into each hexagon so that where the hexagons touch, the numbers are the same. No number is repeated in any hexagon.



#### **Ormiston Venture Academy**

Ormiston Venture Academy celebrates a year of social action

Students and staff at Ormiston Venture Academy, which is sponsored by Ormiston Academies Trust (OAT), put on a celebratory awards evening to reflect on the incredible social action projects that have taken place over the past year.

Students from Ormiston Herman Academy and Peterhouse Church of England Primary Academy have been involved in the #WeWillExplore youth social action project which is based around orienteering, geo-caching and being in the outdoor environment. The students have put a considerable amount of time into volunteering both within academies and also in the wider community, doing events such as a beach clean at Gorleston Beach and fundraising.

The evening started off with students being presented with the Silver and Gold Murray Awards from Jo Robson, OAT Regional Enrichment and Social Action Coordinator in the East of England. Whilst the awards were being handed out the students were treated to a pizza dinner courtesy of Dominos Pizzas. After that it was off to the sports hall for a disco, games and some activities that the leaders want to put on for one last time. Owen and Max from the Union of Venture Students Radio Team wowed the crowd with their DJing skills.

Cherelle Gogar, #WeWillExplore lead at Ormiston Venture Academy said: "It was a fantastic event for the students and staff that were involved, to come together and celebrate, and a nice way to finish up the #WeWill Explore Project for 2023".















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#### **Gorleston FC**

Gorleston finished the league season with four wins in a row.

After winning 2-0 at Wroxham where Natty Stewart and Connor Ingram scored, the Greens played their last game of the season at Crown Meadow where they beat Maldon & Tiptree 1-0 thanks to a late Ross Gilfedder goal.



Ross Gilfedder turns in the winner v Maldon

Henry Pollock crosses for the winner v Maldon

The season ended with two away games. First was an entertaining 3-2 win at Hullbridge



Sports. Connor Ingram gave his side the lead, but Hullbridge equalised eight minutes later. Just after half time, Craig Parker put Gorleston back in front but again the home side equalised, this time through a penalty. Connor Ingram scored the winner with just over twenty minutes remaining.



Connor Ingram waits to tap in Nathan Stewarts cross v Tilbury

The final away trip was to Tilbury who needed a point to avoid automatic relegation. Unfortunately for them, Gorleston recorded their fourth win in a row thanks to a goal from Connor Ingram nine minutes from time.

After 19 games Gorleston had 8 points

and were second bottom. After 38 games Gorleston had increased the points tally to 44 and finished 13th in the league,



There was plenty of support for Gorleston at Tilbury

an excellent turnaround.

They have one more game to play, the Norfolk Senior Cup Final against Dereham Town, which you can read all about in next month's issue.



Next month I will also hopefully be able to reveal where Gorleston will be playing their fixtures next season and we should know more about which teams have been promoted/relegated into their league.

Gorleston Reserves finished their league with five wins in a row.

They won 4-1 at Wells Town (Harry Hall (3), Sam Wooldridge) then were given a walkover against Wymondham Town. Brandon Town were beaten 2-1 (Wooldridge (2)) then Thetford Rovers were trounced 8-1 (Wooldridge (2), North (2), Lee George, Maxwell Ibenne, Brodie Adams, Hall).

Their final game saw them beat Norwich Utd U21 7-1 (Wooldridge (2), Hall (2), Ibenne, Vytautas Lasevicius, Luke Goreham). The Reserves finished second which should see them promoted to the Anglian Combination Premier Division.

Gorleston Under 18s ended their season with a 3-1 win over Waveney (Samir Lamarti (2), Bernardo Carneiro) and then lost 2-0 at Wroxham.

It's been a successful season for some of the Junior sides too.

Gorleston Under 15 Spitfires won the NCYFL U15 Premier

League. Gorleston U13 Tornados did the treble by winning their league and both their cup finals. The U12 Tornados also won their League as did the U12 Typhoons who completed a treble by also winning two cup finals. Gorleston U11 Typhoons won the Plate.

The Under 15s Emerald Girls are on the verge of winning their league and also have a cup final to look forward to whilst the U14 Diamonds Girls need to win their final game to secure their league title.

The Boys U13 Hurricanes, who will be U14 next season, are looking for new players. Also, the Under 15 Emerald Girls, U16 next season, are looking for new players, school years 10 or 11 from September. If you are interested in joining one of the teams from Under 7 to Under 16s, get in touch via the email address below or through one of the social media accounts.

To be in with a chance of winning some cash, and show your support for Gorleston at the same time, join the monthly GoLD draw. The draw paid out over £60 in prize money in May. Full details of the draw and how to enter are on the website, contact me (Dave Hardy), or email gorlestonfootballclub@hotmail.co.uk

For all the latest news, results and fixtures visit www. gorlestonfc.com, You can follow @gorlestonfc on Twitter, Instagram and TikTok, plus Like us on Facebook and subscribe to our You Tube channel for match highlights so you will never miss a thing!





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#### Richard Routledge

"The life and times of"



The shop was working nicely, just doing enough to be there and something for me in my semi-retirement. In 2018 I was invited to the tourism awards at the Town Hall in Great Yarmouth, so off I trotted, looking to

meet lots of nice people, have some nice food, and get out of the shop for an afternoon. As expected, lots of posh people doing small talk, and every now and then a speech or someone getting up to receive a deserved award.

Then the person next to me said "that's you on the big screen". I nearly choked on my bit of cake, there I was. Then my name was called and there we were being taken up to the stage to receive a long time business achievment award. I was flabbergasted and shocked, and for the first time speechless. That was wonderful and it now has pride of place in the shop.

My "Richard's Parties" were back and doing well, we had found a new home at the Jube in Great Yarmouth town centre, owned by Bradley Fish who had turned the old conservative club into a snooker hall with a very nice club inside. I also could have a two room night which I loved.

Promoting is a funny game and not for the faint-hearted, and my wife wonders why I do it. The fun bit is getting the DJs on the event and then having posters and flyers made (still important, even in this day and age). You see then the hard bit turns up, can the tickets sell? Have I got the right DJs? Is the date ok or have I clashed with any other events? The other factor is the customers, the age group I go for has life that gets in the way, such as ageing parents who need looking after, grandchildren, or even next door's dog.

So with all these factors you still plod on. Then the night itself can give you nightmares; will the DJs turn up, will the DJ setup breakdown, please no drunken idiots, and it goes on.

Bradley eases stress for me at the Jube because he now understands what I'm going through on the night, and he and his staff are brilliant at looking after me. The nights, as usual, end up without a hitch, I've stopped stressing, and by three in the morning I'm wide awake at home buzzing. But I don't learn and a few weeks later I'm planning the next event.

Next time I'll tell you about the dreaded covid and what we did to survive.

Find Richard and What Is Hip on Facebook at: <a href="https://www.facebook.com/WhatisHipGLSTN/">https://www.facebook.com/WhatisHipGLSTN/</a>

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#### **Ormiston Cliff Park Primary Academy**

The past few weeks at Ormiston Cliff Park Primary Academy have been very busy and enjoyable, with pupils participating in a wide range of learning opportunities. Here are just some of our recent highlights!

#### **Coronation Celebrations!**

We have been getting into the Royal spirit in preparation for the Coronation of King Charles Ill! At Cliff Park, we believe that it is important for our pupils to understand the historical significance of the Coronation and this week's history learning has centred around King Charles Ill and Kings and Queens gone by and the importance of and traditions associated with the Coronation ceremony. To celebrate the occasion, the children

put on a special Coronation performance, where they worked together to perform a traditional folk dance and sang songs in tribute to our new King. Our pupils also enjoyed decorating our school environment in a sea of red, white and blue, including the planting of our special Coronation Boat, installed by the academy entrance.





In addition, our pupils attended a special Coronation Lunch, where they enjoyed traditional British food and raised a lemonade toast to our Monarch.

#### **OAT Annual Awards**

The OAT Annual Awards ceremony recently took place at the Grand Hotel in Birmingham. The event celebrated the achievements of pupils and staff from OAT academies across

the country. Congratulations to Buddy, right, for winning the Sporting Champion



Award, to Jacob, left, for winning the Creativity Award and to Miss. Temple for winning the Enrichment Champion Award for the tremendous



impact that she has had upon developing enrichment and environmental awareness

and action across the academy.

Nick Hudson, CEO said: "This year's winners are shining examples of our values and we are proud to see how they continue to exemplify our ethos. We are delighted to be celebrating their achievements this evening. We received an impressive number of entries and would like to applaud everyone who was nominated this year for continuing to inspire us all through their success."

#### **World Politeness week**

The week beginning Monday 24th April was 'World Politeness Week'. Our year 6 'Kindness Club' had been working with

a local Children's Coach, Jo Bivens, on a project to spread politeness throughout the academy. Together, they created daily challenges, ideas for activities and produced a special story called Politeness Pups, to share with our younger pupils. They also read stories to the year 2 children, which was very enjoyable for all of the children.

#### Visit to Gressenhall Farm and Workhouse

Our Year 5 pupils have been learning about life in Victorian England and to support their learning, they were lucky enough to visit Gressenhall Farm and Workhouse. It was a very interesting day, where the children were able to experience how it would feel to attend a Victorian School, learned the

art of stone picking and had the opportunity to see a wide variety of historical artefacts from the Victorian Workhouse Museum. It was a fantastic day and the children really enjoyed finding out more about the lives of Victorian children.



#### **School Council Visit to the Houses of Parliament**

Last week, members of our School Council, past and present, were given the opportunity to visit the Houses of Parliament in London.

Whilst there, the children sat in on a debate in the House of Commons where former Prime Minister, Theresa May, was speaking. A number of other notable MPs were present in the Central Lobby during our tour, including Penny Mordaunt, Liam Fox, Stephen Crabb and Iain Duncan-Smith. We were also able to see Westminster Hall, where the lying in state of Queen Elizabeth II took place last year.

Afterwards, the children took part in an interactive workshop, where they discussed laws and debating. Finally, our local MP, Brandon Lewis, came to visit the children and spoke about his role in Westminster and Great Yarmouth as well as answering the children's questions. It was fascinating for the children to see the parallels between their roles in our School Council and those of the MPs, working together to debate ideas and to represent the views of others. Throughout the visit, our pupils were excellent ambassadors for the academy!





Keep up to date via our socials @EastNorfolk







# East Norfolk School of Performing Arts End of Year Showcase

Monday 10th July - 7pm Gorleston Pavilion

Book tickets now!





Discover your future with over 90 courses to choose from!

Tuesday 27th June 4pm - 7pm Book tickets now!





Year 11 students are welcome to book on



Our camps for 4-16 year olds will be returning this summer with bookings opening soon!

Football Multi Sports Dance Basketball Art Science Quidditch And more!

#### A Day at the Coronation

with Reverend Matthew Price

When the invitation arrived, I was completely blown away. But little did I know that it was the beginning of what would be an extraordinary few weeks in my life.

I had received an email a few weeks before to indicate that I was going to be receiving an invitation to the Coronation as one of the recent recipients of the British Empire Medal. But when it arrived, the beauty of the invitation was breathtaking. It was on thick, heavy card which was gold edged and the illustrations and script were beautiful. Even the post-lady was excited as she delivered it: "I think it's from the King!!", she said.



So, when the day arrived, there had already been a good deal of excitement. The day itself started early. Even though I stayed in London the night before I was up at 5.30am, in central London before 7am and queuing to go through security by 7.15am.

When I got off my train at Vauxhall station to walk to the security I bumped into two other men in morning dress. We quickly established we were going to the same place and ended up spending the rest of the morning together. It turned out one of my companions was Lord Michael Dobbs, right, a member of the House of Lords and the author of the book House of Cards which has been turned into both British and US television series.



Once inside Westminster Abbey (at about 7.40am), there was a buzz of excitement. I found it hard to believe we



entered via the Great West Door where a few hours later the King and Queen would enter. Celebrities were mixed in with "normal" people and there was no seating plan – I ended up five seats along from Lionel Ritchie and just across from Ant and Dec!

The music was extraordinary, especially with the wonderful acoustics in the Abbey. We were treated to almost two hours of performances as we waited for the arrival of the King and Queen and as the time got closer to 11am, dignitaries began to arrive and walk through the Abbey – foreign and commonwealth heads of state and government, members of foreign royal families and then our own royal family.

Then just before 11am we could see that a gold-roofed coach had arrived at the door of the Abbey. A hush of expectation descended which was broken by a trumpet fanfare and then it all began. I felt a shiver go down my spine as first the jewels were carried past in procession, followed by first the Queen (accompanied by our own Bishop of Norwich) and then the King in all their finery! I couldn't really believe how close I was (just three rows back from the aisle).

During the service, what struck me most was the humanity of the King – at times he almost seemed vulnerable, especially as he prepared to be anointed, in the face of the extraordinary role and task he was being called to. There might have been pageantry and priceless jewels, but at the heart of the ceremony was a man pledging to serve us for the rest of his life, just as his mother had done before him.

It was an extraordinary day which I will remember for a very long time – and that's before we even talk about the media frenzy that whipped up around my invitation. When I posted a picture of my invitation on twitter it was

viewed almost 400,000 times and ultimately led to me being interviewed live on CNN at their outside broadcast. All very surreal.

But, just as I had received the BEM on behalf of the whole

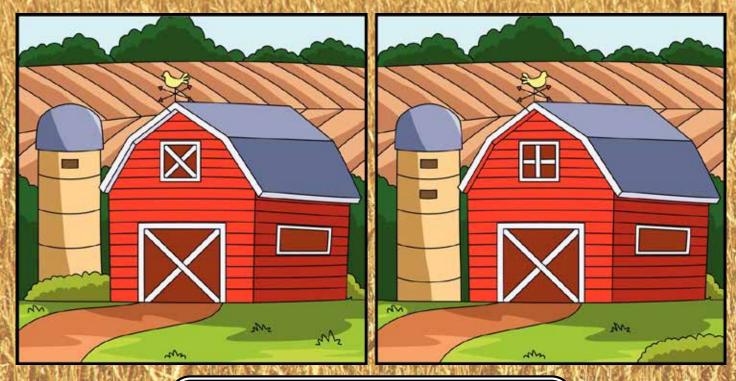


Matthew with CNN anchor Anderson Cooper

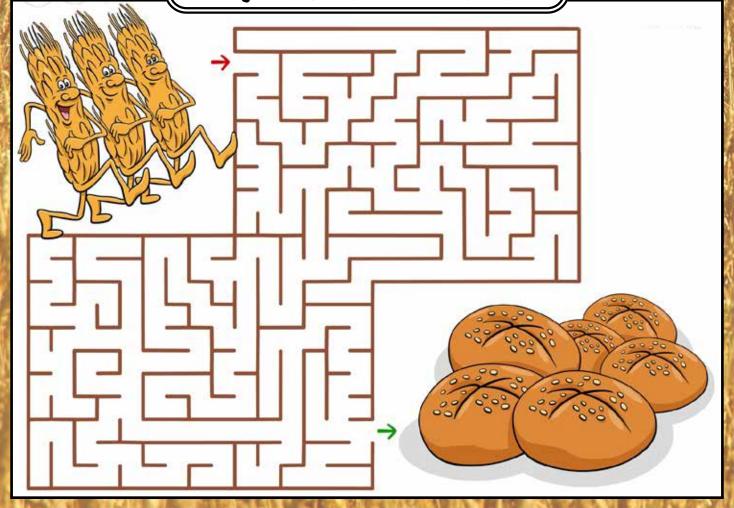
incredible team that volunteered out of our church during our pandemic, so I saw the invitation to the Coronation, in the same way. I was representing our whole community at the Abbey and it was a privilege to do so.

# Rids<sup>9</sup> Corner

Can you find the 6 differences?



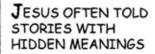
Can you guide the ears of wheat through the maze to find the bread?



#### Read and Colour

The tale of the RICH FOOL







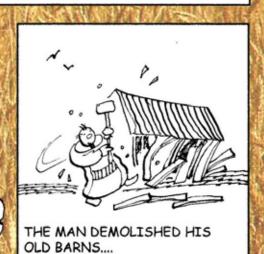


ONE STORY WAS ABOUT A MAN WHO HAD LOTS OF LAND WHICH GREW WONDERFUL WHEAT.





BIGGER ONES







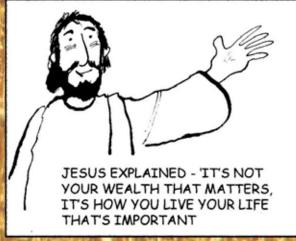


BUT THAT VERY NIGHT, THE MAN DIED!



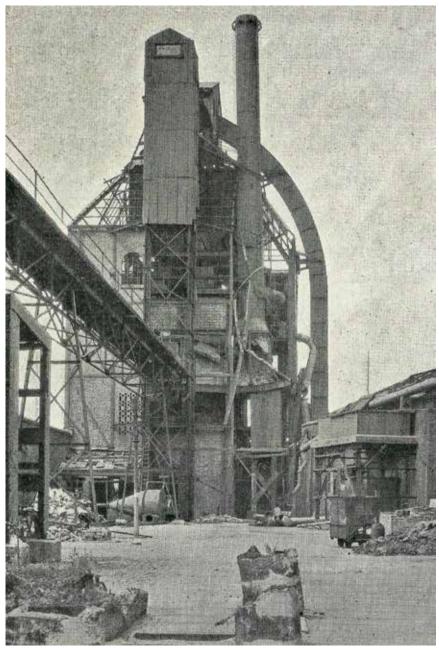


WHAT GOOD WERE HIS



#### Gorleston Then & Now

by John McBride



Prior to the introduction of Town Gas, lighting was by candle or oil lamps and heating was generally by coal. Gorleston & Southtown Gas Works was built in 1853, bringing the ability to power light and heat with gas. Town Gas also known as Coal Gas was created by heating coal in the absence of air. Gas works were mostly built by rivers so coal could be brought in easily by ship as overland transportation was very limited.

A coal fired power station was built in Great Yarmouth in 1894 and Gorleston was able to have electricity in the early 1900s supplied by underwater cables from Great Yarmouth.

By 1910 gas street lights in the borough had been converted to electricity. In 1915 - 1916 Zeppelin air raids damaged Gorleston Gasworks.

The picture to the left was taken on 9th July 1941 showing the site after being damaged by bombing in World War Two and it was then out of action for four months.

On 29th June 1965 the gas works stopped production. Gas was then being supplied by pipe from Norwich until North Sea Gas, also known as Natural Gas, came in the late 1960s.

Demolition of the gas works was started on 1st February 1967 and the last remnants went with the current building of the new river crossing. It was situated alongside Southtown Road at the junction with Malthouse Lane. In the 2023 view below nothing is left of the Gas Works. The raised spans of the new Herring Bridge can be seen in the skyline to the right of the picture.





#### Opening <u>THE</u> Book

with Reverend John Kinchin-Smith

One cannot read the Bible without coming across references to the Holy Spirit (also called the Spirit of God, The Spirit of the Lord or the Spirit of Christ). Even a cursory reading of the Bible makes it clear that the way God acts in the world is through his Spirit, for example: the Spirit of God was hovering over the waters of chaos at the beginning of creation (Genesis chapter 1) and it was the Holy Spirit who came and rested on Jesus at his baptism equipping and empowering him for his mission (e.g. Matthew chapter 3). Over the next three issues of this magazine we will discover something of what the Bible teaches about the Holy Spirit.

A possible confusion arises from the original words used of the Holy Spirit in the Old and New Testaments, Hebrew and Greek respectively. The Hebrew word for the Spirit of God also means "wind" or "breath". For example, God breathed into Adam and he became a living being (Genesis chapter 2). In the Book of the prophet Ezekiel, the prophet was told by God to command the wind to come and revive the people of Israel (described as "dry bones in a valley", chapter 37). We also read in the Old Testament that when David was anointed by Samuel as king of Israel, "the Spirit of the Lord came powerfully upon David" (1 Samuel chapter 16).

While this might make us think that the Holy Spirit is the power of God to equip and empower (something like "the Force" in Star Wars), we may be surprised to learn from the New Testament that Jesus refers to the Holy Spirit as "a person". In John's Gospel chapters 14 and 16, Jesus says that after he has left his disciples and returned to heaven, "the Father will give you another advocate (comforter or counsellor) to help you and to be with you forever, the Spirit of truth...he will guide you into all the truth...and will teach you all things and will remind you of everything I have said to you." More next month.



#### **Poems to Ponder**

#### The Alphabet Poem

There are twenty six letters in the alphabet, Seven are pronounced with an 'E', 'Y' begins with a 'W', And 'W' begins with a 'D'.

Three others have something in common,
They all begin with an 'A',
Whilst 'C' is pronounced with the letter 'S',
And 'G' begins with a 'J'.

'Q' is a bit of a problem, It has to have 'U' standing by, But then can 'U' be trusted, as that begins with a'Y'?

When 'P' and 'H' are together, That's an 'F' which begins with an 'E', When 'K' and 'N' stand side by side, The 'K' just mustn't be.

So when they say stick to the letter, I think it's a bit of a con, Either they haven't a clue, Or the alphabet is wrong!

By Bob Crook

#### **Fine Fettle**

The crackle the rattle of falling seed, tit, finch & all the avian breeds, thru dew drenched privet the feathery ones pass, flitting like tiddly winks upon carbuncles of broken glass.

The rays of Sol the hedge doth warm, crisp morning leaves steam, punk detritus & earthworms adorn.

Drying puffballs preparing to fill the air, Chlorophyl vanes anticipating the afternoon's glare.

A robin, a ruckus for the magpies now invade, although territorial poor redbreast has been ousted from the glade.

The chatter of an alarm call as postie now arrives,

Defence tactic cacophany,

Staccato sirens & warning off dives.

A squawking morass will always take time to settle, what with feathers, ticks & quills wafting to the ground, but at least we know they're in fine fettle.

By Philip Baxter

Would you like to send us an article, poem, picture, book review or recipe? Or do you have a story to tell? Or would you like to advertise in **Gorleston Community Magazine?** If so, please email us at gorleston.community. magazine@gmail.com or via the website contact form.

#### **Gorleston Library**

Monday	1-1:30pm 5:45-6:45pm 10-12am	Bounce and Rhyme - (Under 5's songs & rhymes-drop in) Spanish chat - First Monday every month Just a Cuppa - Free cup of tea and a chat - all welcome
Tuesday	10:30-11:30am	Mini Movers - Pre-school music and play (Drop in)
Wednesday	10-12pm	Just a Cuppa – Free cup of tea and a chat – all welcome Bounce and Rhyme 10.30–11 & 1–1.30pm. Gorleston Library Craft Group 2–4pm Carnegie Room (bring your own crafts–all welcome).
Thursday	3-5pm	Lego Time - (Young children must be supervised at all times).
Friday	4-6pm	Learn My Way – Digital online learning for beginners – Drop in
Saturday	11-1pm 10:30-12pm	Learn My Way – Digital online learning for beginners – Drop in Children's Crafts – Fun crafts, different every week (all ages welcome)
Sunday	12-2pm	Adult drawing and art club – First Sunday of the month

#### Gorleston Library Friends Events

Matthew Price, Vicar of Saint Mary Magdalene Church Gorleston. Talk about the church's wide-ranging work in the community.

Tuesday 27th June at 2pm in the
Pavilion Room, (Lecture Hall)
Gorleston Library
£2 entry and refreshments afterwards.

Employment help (Drop-in services)

Monday - Dial - Benefit help - 10-5PM

Tuesday - Chances - 2-4pm (18+)

Friday - Dial - Employment services - 9-1PM

Money + Debt advice 2-5PM

#### Just a Cuppa

Monday 11-1pm

Come to Gorleston Library for a cup of tea and conversation, we will be getting games and remembrance packs.

Wednesdays Gorleston
Library craft group

2-4pm

bring your own crafts and join in all welcome!

#### Norfolk County Council



Don't forget to check out our 'What's On In Norfolk Libraries' pages at <a href="www.norfolk.gov.uk/libraries">www.norfolk.gov.uk/libraries</a> and follow us on: Twitter: @NorfolkLibs Facebook: @NorfolkLibrariesUK Instagram: @Norfolklibraries

#### Summer on the Mag...

#### ...in celebration of the Coronation brings together thousands

Thousands of people attended Summer on the Mag in celebration of the Coronation on 8th May. The community festival, which was hosted by St Mary Magdalene Church in partnership with arts organisation, Freshly Greated, and Magdalen Way Methodist Church.

All the fun began at 1pm with an opening ceremony during which Lady Agnew, one of the County's Deputy Lieutenants, read a message from their Majesties The King and Queen. His Worship the Mayor spoke of the importance of community, and The Bishop of Lynn led a prayer for their Majesties. The opening ceremony also featured a brilliant performance of "Coronation Day", a new song composed specially for the Coronation, by the children of Ormiston Herman Academy.



Rev Matthew Price, Vicar of St Mary Magdalene Church, said, "At the heart of the Coronation ceremony was the theme of service. The first words we heard were from Jesus, that he came not to be served, but to serve; King Charles repeatedly promised to serve his people; and the Archbishop highlighted in his sermon, the members of the congregation who were there because of their service to their communities. And that was a theme which we carried forward into Summer on the Mag, where we celebrated all that was good about our community and the many organisations that quietly work to make it a better place."



Summer on the Mag brought together over 50 stalls and contributors, with local charities, organisations and businesses offering activities and

sharing about their work. Gorleston on Sea Heritage group (GOSH) also held an exhibition in the church showing some of the history of our town, alongside a display by Great Yarmouth Model Railway Club.

During the afternoon there was a programme of live performances on a stage outside St Mary Magdalene Church, including local artists, Kuiper, Zak and Emily, Broadway Bellas and a number of young people just starting out as performers. Street artists, including Granny Turismo



also performed during the afternoon and Daniel Hanton's Punch and Judy did three performances.

A new addition for this year at Summer on the Mag was a special dog show, hosted by Pawzitive Partners with categories including, most





obedient, best dressed and the dog the judge would most like to take home. The best dressed dog category was won by Buddy who came dressed

as a King in robe and crown.

Rev Matthew Price continued, "At St Mary Magdalene we love the community we are part of, and we wanted to host an afternoon that enabled everyone from within our community to celebrate the significant events in the life of our country which took place this weekend. We were delighted to be working in partnership with both Freshly Greated and Magdalen Way Methodist Church. I am personally very

grateful to the many people from within our church and the wider community who worked so hard to make Summer on the Mag such a success."



AN EVENING OF

## MURDER MYSTERY

AT THE CLIFF HOTEL FRIDAY THE 9TH OF JUNE

JOIN US FOR A KILLER EVENT HOSTED BY
BESPOKE MURDER MYSTERY COMPANY
'THE FOUL PLAYERS'

TICKETS ARE £35 PER PERSON
THIS INCLUDES A DRINK ON ARRIVAL AND A
3-COURSE MEAL

ARRIVE FROM 7PM
FOOD TO BE SERVED FROM 7.30PM

FOR MORE INFORMATION AND TO BOOK PLEASE EMAIL EVENTS@THECLIFFHOTEL.CO.UK or visit eventbrite.co.uk

The Cliff Hotel, Gorleston, Great Yarmouth







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#### Ramblings of a Displaced Cockney



"Well known in Gorleston as the former Principal of the East Norfolk Sixth Form College, our Displaced Cockney is Laurie Poulson whose travels in life have taken him from birth in the East End of London, all around England, until he came to Gorleston in 1999, where he has been ever since."

#### A Lifetime of Wearing Glasses

I have worn glasses for almost as long as I can remember. I have an inherited condition which makes me very shortsighted. Of course, when I was small, I didn't know that other

people could see clearly things at a distance, the concept was unknown to me, I thought that was how everyone saw things! Of course, being very short-sighted didn't prevent me from learning to read, quite the reverse really, as you can get much closer to the book so everything looked that bit bigger.

That reminds me about the old story from Timex the watch makers. They got a Consultant in to make proposals on how to improve productivity. One of the recommendations was that as watch assembly involved small parts, all line workers should have their eye-sight checked and they got rid of all the short-sighted people. The result was that productivity fell rather than increased because the short-sighted people can get so much closer to the work-piece and see it as so much bigger!

My mum taught me to read fluently before I started school, so it came as a great surprise in the classroom that other children could tell what the teacher had put on the blackboard and I couldn't. The result of this was that mum was told to take me to an optician. I was sat down in his chair and asked to read the standard letter chart at the other end of the room. I had no chance. "What letter board?" The optician's reply was something along the lines of "This child is stupid! He can't even read the largest letter!" Mum asked me to demonstrate that I could actually read the smallest print he had, as long as it was put right under my nose. Anyway, the outcome was glasses for the rest of my life, initially those little round NHS ones with a brown frame, long before John Lennon made them cool.

The biggest problem with glasses in my school career was playing football. I had to wear my glasses to see the ball clearly but when I headed the ball with anything but a direct forehead, the frame broke! Mind you that was better than breaking the glass of the lenses (plastic was never an option for me). This happened on a couple of occasions. Once, at school, it involved a kit-bag thrown randomly down the games changing room. The bag itself was no problem, but the large padlock on it was a different matter! It was a hospital job of course to remove all the fragments from my eye. Something similar happened years later whilst playing cricket for my Yorkshire College one evening. It was my own fault this time though. A miss-timed stroke at a fast ball and a top-edge went straight through my glasses (we didn't wear helmets in those days). A hospital job again! I resolved the football problem by the time I got to university

as my summer job in the factory on Barking Creek paid for contact lenses. They made such a difference on the field and I never suffered the problem of losing them in play.

The other plus was that I could hone my image, as now I could wear them all the time instead of my totally un-cool very thick glasses! There's nothing wrong with wearing glasses but mine looked like the proverbial "bottle-bottom glasses" their weight made them slip down my nose, not a good look in some of my old photos! These days things have been revolutionised by super-high-density glass which makes my spectacles look very much like everyone else's. It comes at a price of course but at least I have had free eye tests and a "voucher" all my adult life.

Yes, I did eventually stop wearing contact lenses (except for football). It happened when I was working in Woolwich. I crossed the Thames every day by walking through the foot tunnel and caught a bus to my college on the other side. The air was always full of gritty particles and it is agony when they get under the contact lenses, so I just got out of the habit of using them. Perhaps it was the "threat" offered me by my optician: "If your eyes get much worse you may need to wear contact lenses and glasses!". Thankfully it never actually came to that!

These days my only problem is getting frames to fit my lenses. I moved from my first optician in Gorleston because they could supply my lenses but could not find a single frame which would fit them! More recently, a major chain of high-street opticians has been able to provide a choice of just one frame, but more recently that single frame was in bright luminous green! It's just not me.

Now I have found one local supplier who can still provide a choice of one frame, but at least I like this one! It's got a sort of bendable nose bridge. "It's indestructible" he said. "Let me demonstrate by bending them". Ping!! "Whoops. That's not meant to happen!" They snapped right through the bendy bit!

It's only happened twice since then. Falling off my bike and banging my head on the road was definitely my fault but the other time was as an optician cleaned them! Still, I will continue to take my chance with these bendy frames because, basically, what's the alternative? Walking round holding a lens in each hand just doesn't work, does it?

#### For all your diy/gardening tasks J's Maintenance Services

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No job too small - Please call 07746 375 349

#### Wordsearch

Can you find the words listed below which have been taken from the text? Words occur in the grid forwards, backwards and diagonally.

#### Petertide

Each June, the Church of England holds its Petertide ordinations, to coincide with the feast day of the great apostle Peter, who led the Church at Pentecost. Simon had been a fisherman from Bethsaida, near the Sea of Galilee, when his brother Andrew introduced him to Jesus. When Simon made his famous confession of faith, that Jesus was the Christ, Jesus gave him a new name – Cephas, or Peter, which means rock. The 'gates of hell' would never prevail against Jesus' Church, and He gave Peter the power of 'binding and loosing', and also the 'the keys of the kingdom of heaven'. Peter witnessed the Transfiguration, the raising of the daughter of Jairus, and Jesus praying in Gethsemane. Peter betrayed Jesus but after the Resurrection, Jesus entrusted him to feed both the lambs and the sheep of Christ's flock. Peter was the first apostle to work a miracle.

R	S	S	N	0	N	Н	D	Т	0	М	D	R	S	D
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Ε	Α	Ν	М	Α	Υ	Т	N	Ε	Ε	Ι	Ε	C	Α	Н
Ν	0	Ι	Т	Α	R	U	G	Ι	F	S	Ν	Α	R	Т
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В	Ε	Т	R	Κ	Ε	Κ	L	D	Α	Μ	S	D	Υ	Ν
Κ	Ρ	В	Ε	Т	Η	S	Α	Ι	D	Α	Н	Ε	L	L
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Ν	М	0	D	G	N		K	Α	S	R		F	М	D

SIMON	RAISING	LAMBS
PETER	DAUGHTER	SHEEP
FISHERMAN	GARDEN	KEYS
BETHSAIDA	GETHSEMANE	KINGDOM
GALILEE	BETRAYED	GATES
ANDREW	СОСК	HELL
JESUS	CROWED	BINDING
ROCK	FEED	LOOSING
TRANSFIGURATION	MY	

#### Gorleston Flower Club

Our next meeting takes place on Monday June 19th at the Magdalen Way Methodist Church, doors open at 1.30 for a 2pm start.

The demonstrator is Brenda Tubb and her theme is "Blooming Wonder". You have the chance to win one



of Brenda's colourful arrangements and also a hamper full of items for your garden. Members and visitors are always welcome. There is a £5 charge for visitors. If you need any more details please phone Margaret Colman, on 663590.

#### The Bookshelf

The unlikely pilgrimage of Harold Fry by Rachel Joyce

Thanks to Margaret for this review

letter, with his wife hoovering upstairs, he has no idea that he is about to walk from one end of the country to the other.

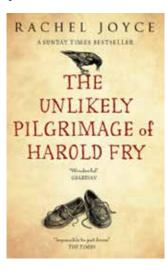
He has no hiking boots or map, let alone a compass, waterproof or mobile phone.

All he knows is that he must keep walking. To save someone else's life.

When Harold Fry leaves his

home one morning to post a

A brilliant novel: full of comic panache yet acute and poignant.



#### **Gorleston Links Bowls Club**



Hello reader...

Our short mat season matches reached their conclusions recently which saw some great finals being played. The April Triples Tournament saw two

semi-finals that were both very close at the half way stages. The final took centre stage with the mat being moved to the middle of the hall. Scores were level after seven ends, then Donna, Jill and Susan, below, won seven of the next eight



ends to have an unassailable lead and they were declared winners, with Jimmy, Pauline and Carol, below, as runners up. Both teams of finalists were awarded Easter eggs.



The short mat season three winners were John, Susan, Pauline, Sharon and Chris for the Burgh 5 team. They played fourteen matches and won eleven, giving them twenty-two points. They were presented with a trophy.

The overall winners of the short mat seasons were The High Rollers who played forty two matches, won thirty-one and finished with sixty-two points. The winning team were John, Jimmy, Carol, David with Maria and Leo who are not in the photo.



Congratulations to you all from all of us, and thank you to all who took part.

The outdoor season for the Ladies also began in winning ways as two of our teams headed to County Arts in Norwich for the open day first day friendly, to open the outdoor season. Teams played three matches that thankfully missed the heaviest downpour of rain during coffee breaks between games. It was all played in good humour with our teams coming first and second! Our winning team did not have a point scored against them in the first two matches. Runners -up were presented with helpful hints and amusing stories bowls books, and the winners were presented with heart shaped chopping boards engraved with "made with love" on them - a lovely prize - congratulations to Anne, Carol Pat and Susan, below. Teas, coffees, cake and a raffle made for a really lovely day.



So, outdoors we go, with our 'roll ups' on the cliffs greens. Time to adjust from short mat formats to the greens, and get in some practice for the friendlies, matches, and competitions ahead. Nice to see a couple of our former players coming to say hello and support us.

Diaries are already filling up, with some of our members looking forward to a club tour in Essex later in the year. Good luck to them.

.....

We wish all our players a very successful season ahead.





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Tel: 07551 904 649

Via social media: on facebook by going to 'split leaps gymnastics club' and instagram by going to 'splitleapsgc'



# Creatures' Corner

"Gorleston born and bred, our writer has had a menagerie of pets over the years, including dogs, ducks, chickens, reptiles, rodents and spiders. In between looking after their own animals, they also support various animal charities and rescue centres."

Four years ago whilst doing some re-organising in my shed I accidently disturbed a small nest of tiny mice, no

fur and eyes tight shut. It made me jump they were just wriggling around and absolutely helpless. After several attempts at recreating the nest and a desperate conversation with my husband it was agreed that as they



had now been handled by me and the whole nest area was nothing like mother mouse had probably left it these poor things would now be abandoned.

After the panic subsided it became quite clear that there was only one choice, I had to rear them myself! What followed was a hastily prepared nest in a clear plastic terrarium which previously housed hoppers/locusts which fed my reptiles and spiders with a hot water bottle in towel underneath and a run out to the local pet shop for kitten milk powder and a dropper. I felt prepared but I was not!

The next thing was to look up information on the internet and contact local rescues for guidance, this I did and the work began.

Trying to hold something half the size of your little finger without squeezing it as it's wriggling about is much more difficult than it first appears. The actual process of getting them to take milk from the dropper was quite impossible, their mouths were hardly visible even with my glasses on, I would more likely drown them. A bit more research gave



the fantastic idea of trimming a small makeup brush down, dipping it in the milk and gently touching the mouth. Thankfully I had the very much needed assistance of my husband who although having sausage fingers in

comparison to mine seemed to manage rather more easily to actually get one of the mice to latch onto the brush and drink. Repeat this four times, yep there were four of them – you could visibly see their little bellies fill up with the milk as their skin was so fragile. After the actual feed it was necessary to gently massage the abdomen and bottom with a

warm damp piece of cotton wool to stimulate them so they could pass urine and solid waste.

Now this whole procedure had to be repeated every hour or so at first, fine during the day but not so nice at night. Luckily my husband shared the duty with me, we took a night each of sleeping downstairs with our phone alarms set to cover the feeds

Unfortunately, as the days passed we could see that one of the mice wasn't taking so much and was deteriorating and moving less, the other three were noticeably snuggling together further away from this one. It was time to seek help, I contacted the wonderful Wild Touch in North Walsham and spoke with David Carr, he was very helpful and encouraging as always and was willing to see the little ones should I feel it necessary. At some point during the evening approximately one week in from the find we lost the lone baby. I could not risk further loss so I made the journey to North Walsham to meet with David. He suggested I needed to have something to encourage the gut movement and prevent bacteria but it appeared everything else we were doing was just what he would do, so we continued.

Another week on (that's 2 weeks now) and one little mouse began to investigate away from the other two - I'd seen this before and didn't like it. Another day or so and we had lost the other two, it was devastating! That's the only way to describe it.

Now our little one left was coming on strong and it wasn't long before he began to grow fur and open his eyes, boy was there a change. He was fast now and began to have his own little personality, he would happily jump onto my hand so I could lift him out of the terrarium and give him his milk. As his eyes were open we could also introduce some small grain bits from the hamster food we already had in the house. The little fella went from strength to strength and quickly became a much-loved member of the family (bonus was – no more night feeds!). Had they all survived it was my intention to release them back into the garden but with this little one on his own I really didn't think it wise.

Buried in the depths of our garage was a pretty large glass tank, it was about 4ft high and perfect for a tiny mouse setup. Woodchip, branches, tubing, platforms and hanging coconut shells and (drum roll please) we had the perfect home for Case (yes we named him – although he was affectionately known as Pork Ball).

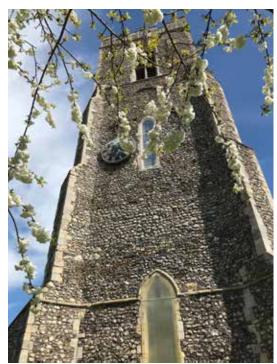
Case lived (hopefully) a happy and fulfilling life, he willingly jumped into my hand for his daily time out of the tank, he was super-fast as he ran up my arm and just as keen to pop back into his home to



investigate anything new that was added – we did change the setup quite regularly to prevent boredom. We eventually lost him 18.10.21. He was with us 2 years, 4 months and 21 days, and to be perfectly honest there is not a day that goes by that I don't look at the space that tank filled and think about him. It's amazing how much joy a little wood mouse can give.

That's it for now, see you next month.

#### St Andrew's Church Clock



Hello, St Andrew's clock faces here again (see January issue).

I thought I should update you on progress regarding my two faces. It has been a very traumatic time for me and my faces, I have prepared myself on several occasions having been told "it's tomorrow" my heart skipped a tick, and I thought okay, be brave it will all be over soon, as Shakespeare said "come what come may, time and the hour run through the roughest day". Then OH NO! it's too frosty, too windy, or too cold, must be six times now, but then I wouldn't like the job of abseiling down the tower at any time, that's why I am so frightened, and I must prepare for doing it twice, one for each face, hopefully I will be in safe hands. The last date they cancelled was 21st April, and then I was told it would be 2nd May. The day has come OOOH! It's happening, close my eyes and wait. I can't believe it! My faces are down and on their way to Norwich. So by the time you read this I might even be back on my beloved tower and watching over Gorleston again.

The church is very grateful to those of you who have sent donations towards our costs, it is very kind of you, and makes me feel loved, it can be quite lonely as I sit up here watching over my lovely town. Thank you again.

Pictures from Linda Vickers



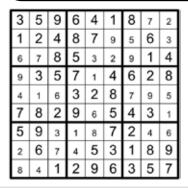


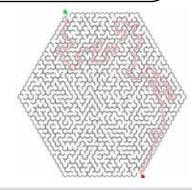


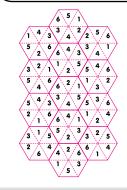
#### **Coffee Time Answers**

Word Ladder: stuck, stick, slick, flick, flock
Caught in the middle: sesame, glass, brake, crown, service
Seeing Double: retail, mutant, bamboo, timber, spouse,
trough, adrift, lyrics, winery, honest
Mystery keyword: tambourine

Across: 1 babysitter, 6 care, 7 gown, 8 ebb, 11 deliberates, 14 ski, 16 cede, 17 tear, 18 dachshunds, **Down:** 1 backed, 2 bare, 3 icebreakers, 4 tug, 5 rows, 9 kid, 10 rag, 12 scares, 13 lead, 15 mean, 17 enc







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#### Stitches in the water

by Genevieve Rudd

#### ARTWORK CREATED

Genevieve Rudd followed the walking route from Gorleston-on-sea to Lowestoft, known as 'Gorlow one', in January 2023, in the lead up to

the 70th anniversary of the Great North Sea Flood. Her story which we read in previous issues, was commissioned by Slow Ways, a national walking network. Genevieve created a series of photographic paintings, using collected cliff pigments, inspired by the journey.

Using a small amount of orange pigmented sand collected from Gorleston and some North Sea water, I've been creating photographic paintings inspired by the walk along the eroding coastal edge. I'm working on an ongoing series,

Earth Light Paintings, using gathered natural materials and photographic chemicals. This has so far included beach-combed chalk, industrial riverbank mud, rain water and soil. In this series, I'm processing edges, boundaries and tipping points, and what it means to be alive to witness climate breakdown.

As Stacey McKenna-Seed recently said, "walking makes us switch from the sympathetic to the parasympathetic nervous system, which triggers the creative side of the brain". I feel moved by the sight of the cliffs, sea and birds, walking along the coastal edgelands on the Norfolk/Suffolk border, and the triptych captures my observations and sensations. The future of this coastline is rapidly changing, before our very eyes, and it feels important to be physically, emotionally and creatively present with this change.







Earth Light Paintings - Slow Ways Gorlow one - January 2023. Three painterly photographic drawings made using Cyanotype photographic chemical Indian ink, graphite stick, collected sand and North Sea water.





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#### Life Afloat

by Patricia West, who continues her reminiscences...

#### **Bargees to the Rescue**



Following the swift departure of Tom and Sarah, Joanna and Duncan, we set off toward

Dijon determined to cover a steady amount of kilometres each day. We made good progress until rounding a bend one afternoon we almost tilted onto the deck of "White Lady". Very quickly we moored safely and were soon sitting with our friends, sipping tea and eating Sarah's shortbread; it was nearly ten to three – like Rupert Brooke's poem.... "Stands the church clock at ten to three and is there honey still for tea?" We returned for supper and only departed when Tom fell asleep in his chair.

We were woken early to noisy shouts – the water levels had dropped alarmingly and "White Lady" was marooned on her port side. Richard, ever optimistic said don't worry we can haul you off. With ropes tightly fastened Pillage chugged towards the middle of the river revving her engine at full blast. No luck, our small craft lacked the power and was utterly useless. Slightly upstream was an eight-berth holiday cabin cruiser; on board were half a dozen young Germans. We explained the problem and with the optimism of youth they jumped into action. Despite being a bigger boat, they failed just as miserably.

The six of us circled helplessly. Tom sat full of frustration, Pillage had no answer and the young Germans equally so. So, what next? Suddenly there was a sound of loud voices as two bargees, Denis and Pierre, emerged as if from nowhere telling us not to worry, they could fix it. Thirty minutes later with the weight of many extra tons and a monstrous screech, "White Lady" was righted and towed into deeper waters.

Tom and Sarah brought out beer and coffee while Archie joined in by barking his head off. Toasts were drunk and we raised our glasses to the bargees. However, although Tom laughed and joined in, he looked strained; it was plain he had been unnerved by the whole episode. By way of heartfelt thanks, we were all invited to an evening barbecue. Sarah disappeared to the butchers and food market, Tom checked his wine cupboard, while Richard and I helped with everything else. The merriest of evenings ensued, the best of the trip so far, and it was 1.00 a.m. before we said goodnight.

Next morning a little concerned about our friends we stayed an extra day, although we all knew they really did need to be on the move. It was to be our last time together, hard to take and yes, there were tears.

We dallied one more day – Pillage required attention and I certainly needed to stow away personal stuff, starting with a pile of unworn clothing. Cupboards were turned over including one containing unused cosmetics. My hair, streaked by the sun had grown past my shoulders, and nails usually brittle and weak had become little pink shells. Feet, never my best feature were now smooth and free of lumps and bumps. Seemingly, despite our constant and arduous chores nature had concocted its own beauty parlour and all for free.

Finally we were off. After Dijon came Beaune. Richard said, "this looks nice shall we stay a few days?" I wasn't going to disagree about lowering the anchor in such a peaceful place and within a few minutes we had found a small cutting away from the madding crowd.

Collecting ropes and fenders we moored a short distance from the only other craft, a magnificent fifty-five foot yacht dressed in gleaming maroon. On her trim of gold and turquoise was painted "Arabian Night" The whole boat oozed eastern shores.

Cutting the engine, we paused to drink in the quietness and the gentle lapping of water. Then, drifting across from "Arabian Night" came a deep well-bred voice,

"Darling it is real champagne, don't be

so difficult". Straining forward I caught a glimpse of broad male shoulders encased in a beige linen jacket and the back view of a slim young woman with slender ankles wearing the most beautiful shoes. Raising her voice a little, she replied "please don't get angry, I was just saying - it hurts when you are cross". Transfixed, I bent to retrieve a loose fender but when I straightened up they had disappeared. Gone in twenty seconds. Had I imagined it? No, surely not.

Next day, sitting on the grass shelling peas for supper, I gazed constantly at the yacht. Again, nothing but silence, even the birds were still. I wanted to see those shoes again and the face of someone who was so fastidious over his champagne. Was it a dream? No, Richard had heard them too. Unless they were living in a fable? Pandora maybe and The Flying Dutchman, still travelling the world searching for the magic key, which legend had promised would set them free. Groaning at myself - "don't be so daft" I said. For three days I watched and listened however, our glamorous strangers seemed to have vanished, leaving behind a lingering wisp of mystery.

Time to set the compass to Macon. Good weather and a following breeze enabled us to continue our picnics in the fields without fear of cantankerous weather; unlike England where there can be three separate seasons in a single day! England, a place holding everything dear to me.

Next month; Fine dining.



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#### **Ormiston Herman Academy**

Providing a rich and stimulating curriculum is an extremely high priority at Ormiston Herman Academy. As well as delivering an excellent academic program, we provide a varied range of activities including sports, music, drama and the arts. In this edition we would like to celebrate some of the amazing extra-curricular activities that happen around our academy.

#### **Coronation Celebrations**

On Wednesday 3rd May, Ormiston Herman Academy celebrated the Coronation of King Charles III. The children were invited to wear non uniform in the colours of the Union Jack flag (red, white and blue). The day began with an assembly, led by Mrs Redhead, and then the children took part in carousel activities in their key stages. Some of the activities included: flag making, crown making,





decorating a biscuit and making a commemorative plate. As well as arts and crafts, the children learnt dance routines to perform later in the afternoon. This included the hand jive from the decade King Charles grew up in. That afternoon, parents and carers were invited into the academy to share the decorated biscuits and refreshments with the children on the school field

which felt like a street party. Then the children took to the stage to share their writing which they had produced during

the week. These included letters to the King, facts about King Charles, poems, narratives and a Coronation Oath. To end the performance, the children sang their Coronation day song to the parents and carers. That evening the children were welcomed back to school for the King and Queen's



Coronation disco. It was a truly fantastic day and one we hope the children will remember for years to come. It is also worth mentioning that almost 40 of

our pupils opened "Summer on the Mag" by singing their Coronation Day song - they were truly magnificent!

#### **Ambassadors**

Ormiston Herman Academy places a high importance on the opportunity of a student voice. Our School Council regularly meet and make some very important decisions. As mentioned in our previous article, Ormiston Herman were advertising Ambassador roles that the children could apply for during Careers Week. After whittling down plenty of applications, the School Council held interviews and selected our new Ambassadors. A big congratulations to the children below who now hold the following positions:

<u>Sports</u>	<u>Reading</u>
Sienna	Maisie
Kyran	Scarlett
Meet and Greet	<u>Wellness</u>
Tommy	Oliver
Daisy	Anna
<b>Environment</b>	<u>Gender</u>
Lylah	Logan
Lucy	Dylan
<u>Enrichment</u>	<u>Diversity</u>
Arianna	Reuben
Lucie	Isabelle
SATS Success	<u>s!</u>

It is that time of the year again, where our amazing Year 6 children have completed their SATS tests! All their tests



were completed within four days and every child in the Year group worked extremely hard! We are so proud of the perseverance and resilience every child has shown and we know their results are going to be everything they deserve! Well done Year 6 – we are so proud!

#### The Paget Page



Ted joins our PAT dog team



Meet Ted – the newest addition to our PAT dog team! Ted is a two-and-a-half-year-old Cocker Spaniel and he has been working as a PAT dog for three months.

He made his first visit to the James Paget on Wednesday 10 May,

with his owner Glen Hagger, and is already a big hit with our patients and staff. On his first day he visited a number of areas including Ward 17, as well as posing for our photos.

Ted and Glen join our small team of Pets As Therapy (PAT) dogs and owners who regularly visit to brighten up our wards, delighting staff and patients wherever they go.



To find out more about PAT dogs please visit https://petsastherapy.org/

#### Paget surgeon raises over £2,000 for Robot Appeal



A James Paget surgeon has raised well over £2,000 for our hospital charity's Robot Appeal after completing the London Marathon in under four-and-a-half hours.

Mr Roshan Lal, Consultant General and Colorectal Surgeon and Trust Cancer Lead at the James Paget, ran the marathon on Sunday 23 April to help fundraising for our appeal to raise £1.6million for a new robot that can be used by our surgeons to perform surgeries with more precision.

The surgical robot is expected to provide a host of benefits for patients, allowing specialist surgery to be carried out closer to home, decreasing the length of stay in hospital, reducing post-operative complications and lowering readmission rates. The robot will also allow our experienced team to train future surgeons and to develop research in robotic and minimal invasive surgery.

In a field of more than 49,000 starters, Mr Lal completed his marathon run in four hours 27 minutes and 48 seconds – placing him a creditable 564th in his age category.

Mr Lal said he wanted to thank everyone who had supported his run.

"The marathon was truly an incredible experience, with

# James Paget University Hospitals

**NHS Foundation Trust** 

amazing crowds and an unbelievable atmosphere - no wonder London is billed as one of the best marathons in the world. "I was privileged to run the marathon while raising funds for a surgical robot at our hospital and I am grateful for the support

of my family, friends and well-wishers. Your generosity and encouragement kept me going throughout the race.

"We are still working towards our goal of raising £1.6 million for the purchase of a new surgical robot and I am calling on all my supporters to continue to support our fundraising appeal. Your



contribution will help make surgeries less invasive and more precise for our patients. Thank you for being a part of this journey with me."

If you would like to contribute please visit; https://www.justgiving.com/fundraising/roshan-lal

#### Armed Forces Advocate raises more than £1200



More than £1,200 has been raised for a safe garden project at the James Paget after our Armed Forces Advocate completed the 2023 London Marathon.

Chris Blyth finished the 26-mile course in the time of 4 hours 12 minutes and 6 seconds. Through sponsorship he has raised hundreds of pounds to create a new safe garden at the hospital.

The Safe Garden project aims to create a safe open space for veteran patients and those living with dementia, autism and

learning disabilities, and their families, and Chris more than doubled his initial fundraising target of £500.

Chris said; "It was a truly great experience and I really enjoyed the day – it was a privilege to take part in the event and raise money for something that will help our patients in the future.

"I was supported by my wife and son, who were able to see me at two different points, and I would like to say a massive thank you to everyone who has supported our project. All being well we will be starting work on the Safe Garden on 16th May."





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