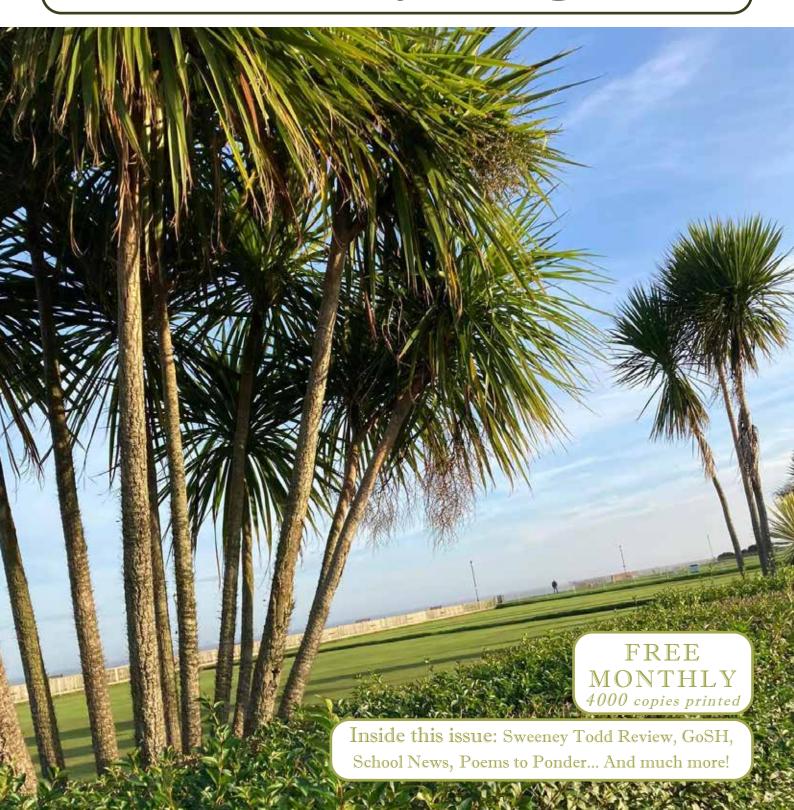
St Andrew's Church (ISSUE 55, December 2022

# GORLESTON Community Magazine





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## Hello Gorleston!



Welcome to Issue 55 of YOUR award-winning, free community magazine.

This month we have drawn upon The Grinch by Dr Seuss, and The Bible, Luke 2:11, for our message in Kids' Corner. Both quotes are favourites of mine, particularly at this time of year, and I would also like to share them with you here.

"It came without ribbons, it came without tags.

It came without packages, boxes, or bags...

Maybe Christmas he thought doesn't come from a store.

Maybe Christmas perhaps means a little bit more."

The Grinch (Dr. Seuss)

and

"Today in the town of David a Saviour has been born to you; he is the Messiah, the Lord." Luke 2:11

Whatever Christmas means to you, God bless you all and keep you safe over the festive season, and we'll meet again in January.



2021 \_\_\_\_\_ 2nd place and Best Editor Award

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## Deadline for the January Issue is Wednesday 7th December

## Thanks to **Gill Drewry** for this month's front page picture

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## Coffee Time 1

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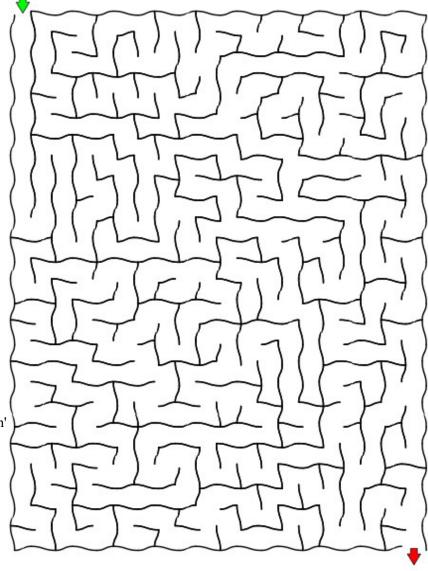
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#### Across

- 7 Abrupt excited utterance (11)
- 8 Knock off (4)
- 9 Playwright --- Racine (4)
- 10 Member of a vertically challenged septet (3)
- 12 Big mobile phone name (5)
- 13 Tea-growing Indian state (5)
- 14 Sailor (3)
- 15 Switched on (4)
- 16 Skirt worn by ballerinas (4)
- 19 Assume command (4,7)

#### Down

- 1 Factor in "chemistry" (11)
- 2 "Pathetique" symphony composer (11)
- 3 Enthusiast (3)
- 4 A woodwind instrument (3)
- 5 Manhattan attraction (5,6)
- 6 Without ID (11)
- 10 Kern and Hammerstein's "Can't Help Lovin' --- Man" (3)
- 11 Road runner? (3)
- 17 Post-op destination? (1-1,1)
- 18 Author --- Radcliffe (3)



## In The Interregnum

Whilst St Andrew's Church is in interregnum, this page will see a variety of authors from St Andrew's Church and the Diocese.

This month we hear from the Rev Sue Upton, Assistant Minister at St Nicholas' Church Bradwell and member of the ministry team at St Andrew's during the interregnum



Christmas is coming,
The geese are getting fat,
Please put a penny in
the old man's hat.
If you haven't got a penny
a ha'penny will do,
If you haven't got
a ha'penny,
God bless you.

Well, some of that old rhyme is certainly true.

Christmas is indeed coming, and the shops have been

enticing us to buy early for the event since about September.

The geese may or may not be getting fat, depending on the progress of bird flu – certainly the free-range turkey farms seem to have been hit pretty hard already this year.

And as for the old man – well many of them, and old women and the young men and women too, are in desperate need of more than a penny. The food banks in the area are busier than they have ever been. The long-term psychological effect of not knowing how you are going to feed your family tomorrow, how you are going to keep them warm tomorrow, how you are going to clothe them tomorrow, has yet to be seen in full, though there are already some indications of the depth of trauma for all ages. And given that level of need, the extra pressure of expectations around Christmas are heightened beyond belief.

What is definitely, definitely true is that God will bless us, each one of us and that is what Christmas is really about. The greatest blessing of all, was God sending His Son, Jesus, as a vulnerable baby, God in human form. That well known story of Jesus being born away from home not in a hygienically clean hospital, or even in a nice warm home, but in amongst the animals and in an occupied country, having no comfortable crib or cot, but being put in an animal feeding trough, visited by rather rough shepherds who themselves lived on the edges of society, all go to show that God knows what it is to be poor, to be dealing with difficult circumstances, to have hopes and dreams of a comfortable life shattered.

If you feel this Christmas that life is too difficult, that you cannot fulfil the hopes and dreams of those around you, or that you have none left for yourself, then let this Christmas be the one where you go back to basics and discover afresh what the tiny, vulnerable baby Jesus has to offer you – God's gift to you not only at Christmas but every day of your life. He wants to shower you with blessings if you will just give Him some time. And if you already know those blessings then maybe you can spend some time this Christmas working out how you can be a blessing to those whose geese (or turkeys) have been slaughtered because of bird flu, or who don't know where the next penny is coming from.

Whatever your situation, may you know God's blessings this Christmas.

#### **Prayer Corner**

Prayer is simply having a conversation with God. It can be out loud or in your head and heart, it can be about whatever you want it to be and you can pray whenever and wherever you want to, God is always listening.

If you are not sure what to pray, why not start by joining us in praying this month's prayer:

Lord Jesus,

When we think of You as a baby in Bethlehem may we kneel and worship You like the shepherds.

When we think of You as a man may we follow with the disciples and model our lives on Yours.

When we think of You as Crucified and Risen Saviour may we put our trust in You to see us through whatever this world might throw at us.

And, Lord, may we know Your blessings this day and every day.

Amen.







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## Ormiston Cliff Park Primary Academy

#### **Christmas Shoebox Appeal Success**

We were delighted to have such a fantastic response to this year's Christmas shoebox appeal for Link to Hope charity!

Each class worked together, led by their School Councillor, to create boxes either for families or elderly people who are in need in parts of Eastern Europe. The children collected lots of useful items to support people who are living in parts of the world where accessing everyday essentials is very challenging. We were thrilled to be able to send a total of 39 filled shoeboxes this year! Over 80% of boxes created this year are being sent to Ukraine.



We would like to thank all our families who helped our appeal by kindly donating items for the shoeboxes. The filled boxes were collected last week and are now on their way to Eastern Europe, where we hope that they spread a little joy to those who receive them this Christmas.

#### Club News

Children at Ormiston Cliff Park Academy are continuing to enjoy a wide range of extra-curricular clubs. These children are really enjoying being part of our Lego Club – you can see how proud they are of their creations!





#### **Sporting Success!**

Our U11 boys' football team continued their 100% start to the season with a 5-0 victory over Herman and an 8-0 win against Northgate. Before the Christmas break, we will play our second-round cup match against St George's as we look to defend our league and cup trophies from last season.

The U11 girls' team played their first match of the year, also

against Northgate, running out 12-0 winners after a brilliant performance. Like the boys, they will compete in the Great Yarmouth League and Cup between now and the end of May.



**Celebration of Ornam** 

Last month, we were lucky enough to share in a celebration of the festival of Ornam during one of our assemblies. A group of children worked together to create and perform a spectacular dance, which not only looked fantastic but also served to teach the rest of the children in Key Stage Two about the festival of Ornam. We really enjoyed learning about the links between this festival and the Christian festival of Harvest as well as seeing the beautiful costumes.

Special thanks to Mr Jose for his exceptional choreography for this event and to the children who performed the dance.

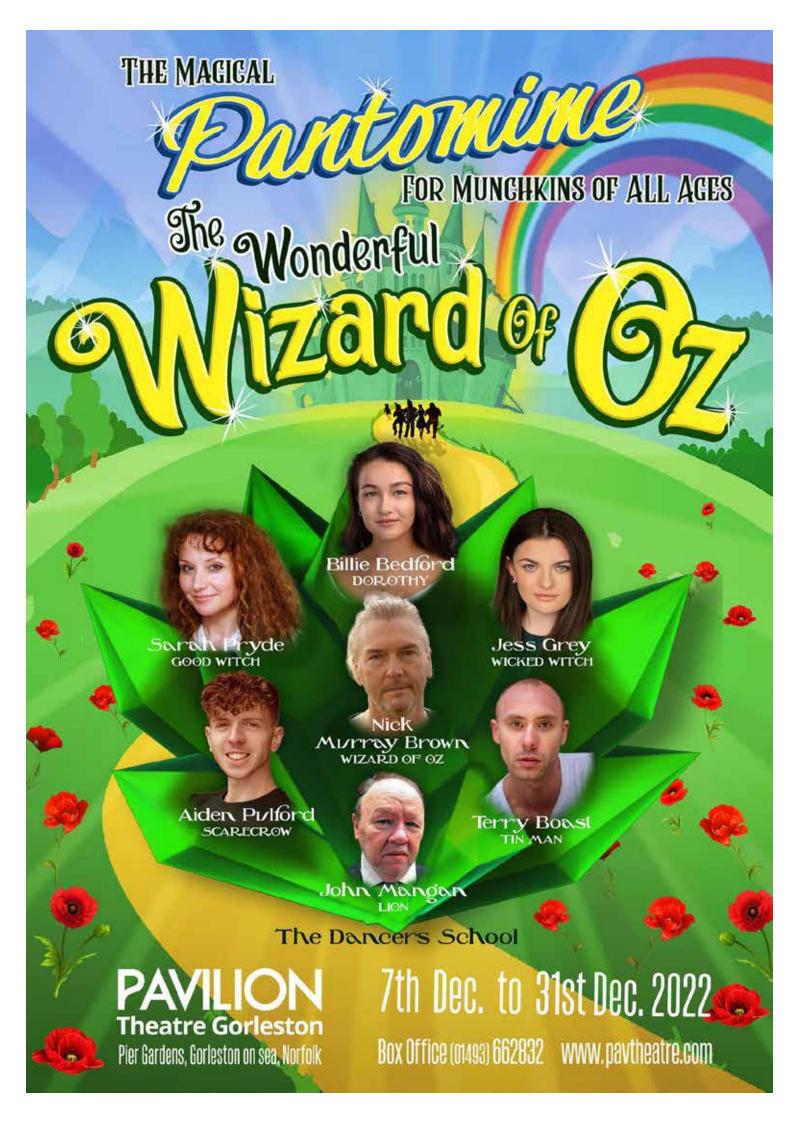
#### Year 3 Science Day with Dr DNA!

On Friday 4th November, Year 3 held their annual Science Day. We had been looking forward to starting the new topic on rocks and the eagerly anticipated visit from Dr DNA! During the day, we explored the different types of rock and used our classification skills to identify them. It was great to get 'hands on' with the rocks and show our knowledge of the rock cycle through our exciting experiment! We really enjoyed the workshop from Dr DNA and loved the different practical activities involving the properties of rocks and the chemical reactions that take place when a volcano erupts! Dr DNA was extremely knowledgeable, and we loved her enthusiasm for science!

#### Year 2 Fire Brigade Visit

Year 2 had a visit from the Great Yarmouth fire brigade and learnt about the range of work they do; how they help within the community; how the equipment has changed since 1666 (The Great Fire of London) and what are the best and most challenging parts of their jobs. The children were able to try on the uniforms and even fired the very powerful hose.





## Panto News? "Oh Yes It Is!"

#### NORFOLK-THE BREEDING GROUND FOR TALENT

Myleene Klass, Rag'n'Bone Man and the ex Prime Minister Liz Truss: all talented Norfolkians.

This year The Wonderful Wizard of Oz, the pantomime at the Pavilion Theatre depends on local talent who can hold their own against any imported talent. One day any of them could be added to the list of the famous from Norfolk.

The part of Dorothy in this year's panto is played by Billie Bedford, picture 1 below. Billie trained at the Performers College where she played a great part in the Wedding Singer. For one so young she appeared in the closing ceremony at the Euros in Wembley. Last year she was the juvenile female lead in Mother Goose at the Pavilion.

Another Pavilion regular is Aiden Pulford (Scarecrow), picture 2 below, who trained at the Liverpool Institute of Performing Arts. Shortly after leaving college he was seen in the Summer Show at the Pavilion. After Christmas he will appear as one of the Angels in Kinky Boots.

Last Christmas we were lucky enough to have Jess Grey (Wicked Witch), picture 3 below, as a dancer in our production of Mother Goose. Due to Covid the actress playing the Spirit of Vanity had to leave the show and Jess had to step in at a few hours' notice and was lauded with critical acclaim.

Another actor returning to panto at the Pavilion is Terry Boast (Tin Man), picture 4 below. He was in Cinderella five years ago. Since then he has travelled all over the world performing in various guises. He played the Host in the Pirates Adventure in Mallorca. At the Theatre Royal Norwich he has played Daryl Van Horne in The Witches of Eastwick and Bernardo in West Side Story.

What a privilege to have so much talent in this year's panto at the Pavilion in Gorleston. Book your tickets now on 01493 662832. Merry Christmas.











## Gorleston Rotary Club

Can we please have your old spectacles!



Gorleston Rotary Club is collecting undamaged, no longer needed spectacles. Once collected they will be cleaned, measured and bagged by a Club in York.

Once this is done they will be sent to countries that have organisations that have the expertise to ensure the spectacles they are given end up on the right noses and fit.

So please have a good look at home for spectacles that you no longer need and pop them in the boxes which you will find at following locations, no cases please;

The Beaches Medical Centre, Shrublands Health Centre, Hopton Surgery, Shrublands Community Centre, Magdalen Way Methodist Church, ENSFC, Lynn Grove High School and Gorleston Golf Club.

Very many thanks for your support, Gorleston Rotary Club.

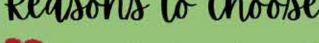




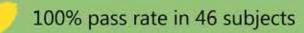
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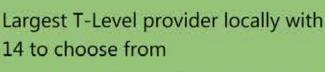


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#### ENSFC

#### Lewis Ashdown

EN student Lewis Ashdown is certainly demonstrating that drive and determination and a willingness to grasp the opportunities that come your way can reap rewards.

Since joining the college in 2021, Lewis's proactive and can-do approach has seen him involved with various projects both in college and the wider local community.

Responding to a request for volunteers to help support publicity for the Great Yarmouth Arts Festival and Civic Society, Lewis not only offered his services, but has gone from strength to strength and has played a major role in redeveloping their marketing and promotion.

Back in May, Lewis designed a new website for the Arts Festival and helped with their social media pages. He then designed the Annual Report for the Civio Society and is now a joint

for the Civic Society and is now a joint Director of Publicity for the Great Yarmouth Arts Festival.

Lewis said: "Since starting out with the Great Yarmouth Arts Festival & the Civic Society, it has allowed me to develop my skills in Web Development and Digital Design. A field which I am enthusiastic about and a career aspiration



of mine. In addition, working with them has helped me to improve my teamworking skills and how to act in a professional way."

As a result of this valuable experience, Lewis has not only started working on his own freelance web design projects but has also established a Robotics Club at the college which is proving popular with fellow students. EN Principal Dr Catherine Richards said: "Lewis is amazing and a real role model to his fellow students. By taking up the volunteering opportunity that opened with the Great Yarmouth Arts Festival and Civic Society has led Lewis to some really valuable experiences. He certainly has the drive and entrepreneurial skills to be very successful and its always great when students are so proactive both in college and in the wider community."

Hugh Sturzaker MBE and Chair of Great Yarmouth Arts Festival and Civic Society of Great Yarmouth said; "Lewis is a chap who comes up with ideas - usually very good ones - and works hard to put his ideas into practice. He is a person who uses his initiative and sets about a task with gusto. He has a great future."

#### Letter to the Editor

Please let me share something wonderful with everybody who reads our Gorleston Community Magazine.

The #joandcharlieshow a one day only exclusive at 'Mag Way', but a life time union of Charlotte and Katherine before God and all people, was amazing! Our 'Methodist Church on the Mag' was packed with joyful, hopeful, loving, caring, expectant and above all supportive people of all ages, abilities, economic power, ethnicity, genders, gender identity, learning disability, mental health, neurodiversity, and sexualities, for this special day.

Now as Rev Katy Adams our Officiant said 'you might think the word 'Broom' in the Service Sheet is a misprint but it's not.' As the smallest member of the beautiful Wedding Party explained on an audio clip that was so touching, it's a word she had personally made up for this special Union taking place on this biggest of 'big days' (even with a fashionably late Bride). Her voice echoing through the speaker system, she explained. Naturally she had heard (through stories, TV programmes and likely many a fairy tale) for every Bride there is a Groom waiting at the altar. Yet as she has two mummies now, Jo Kate was the 'Broom' and she was delighted that her whole family were there celebrating and enjoying their Wedding in this special place.

This morning, as the sun shines on in a bright October sky, I give thanks to God for the blessed Union of this wonderful couple. In that moment I saw a whole community coming together in love and support. I learned how when the caterers let the Bridal Couple down at the last moment, a mass of ordinary people turned up to prepare food and decorate this beautiful old building.

More than anything this showed me that before the loving God we worship, all are welcome. We were all acknowledging our imperfections, our negative sides, even that we were not without blemish or sin, but here was God meeting with us in this special moment that will become a life time.

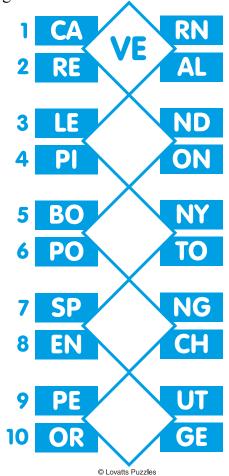
So as the British Legion Flag now flies from our flag staff (replacing our LBGTQI+ ensign of Welcome), on All Hallows' Eve (Halloween) we remember those who have died and gone on before us in their faith in God. I welcome everybody to attend our Church. We are part of a World Wide Christian community. Oh and as it says next to praying hands at the end of the Service Sheet I still have: 'Our biggest thanks to all. Thanks be to God, without him none of this would be possible.'

Anthony Linford

# Can you climb the ladder changing 1 letter at a time, to get from the bottom word to the top word? Clock blink

#### **Seeing Double**

Each pair of words share two middle letters. The first has been filled in as an example. Complete the remaining words to find the mystery keyword reading down.



## Coffee Time 2

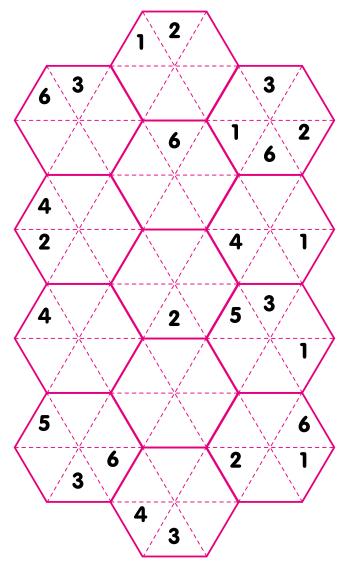
#### Caught in the middle

What are the words that can be written down the middle to create two more words or phrases either side?

league	 tennis
rock	 place
seeing	 glazing
high	 above
spirit	 headed

#### **Hexoku**

Fit the numbers 1 to 6 into each hexagon so that where the hexagons touch, the numbers are the same. No number is repeated in any hexagon.



#### **Pavilion Theatre**

HAPPY CHRISTMAS FROM US ALL AT THE PAVILION



at the moment and looking forward to welcoming you all into our cosy theatre this December for our fabulous pantomime The Wonderful Wizard of Oz.

This year the team will take you on a magical journey along the yellow brick road and like previous years, the show comes from the big heart of panto royalty (and did we mention Olivier Award winning actor?) Desmond Barrit.

It's also that time of year when we welcome back to the stage the fabulous **Joe Ringer Band** who are presenting their annual

Christmas show on the 15th December.



2023 is a hugely special year for us here at the Pavilion because it celebrates the 30th year of **Stuart and Kevin** 



Stuart Malkovich & Kevin Lynch (pictured here in 2019 with their lifetime achievement award) will be celebrating 30 years at the helm of the theatre in 2023



at the helm and therefore also the 30th year of our hugely popular **Summer Showtime** production.

We're going to be spending the entire year celebrating the two guys who have created something so special for the Gorleston community and beyond and will be putting on a special gala night show on **Saturday 8th July** to honour them and to raise funds for the theatre.

We look forward to seeing you at the theatre again soon.

From Alex (on behalf of Stuart, Kevin and Luke and everyone at the Pavilion)

#### WHAT'S ON IN DECEMBER

- Carols & Coffee: 4th Dec
- The Wonderful Wizard of Oz: throughout December
- Sindaz (the adult panto): 9th 23rd
- Joe Ringer Band Christmas Show: 15th Dec

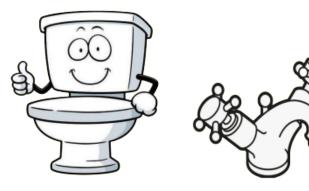
Full details of the theatre's schedule of plays, musicals, pantomimes can be found at **pavtheatre.com** or by calling the box office on **(01493) 662832**.











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## **Ormiston Venture Academy**

Careers afternoon at Ormiston Venture Academy

Ormiston Venture Academy in Gorleston dedicated a whole afternoon (and evening) to careers-based education on Thursday 20th October in order for students to consider their futures in more depth.

Mr McInally – Assistant Principal and careers lead, organised a strategic approach to careers education across the whole academy for the afternoon, where all students in years 7-10 took part in a range of activities focused on their pathways and futures.

Students discovered new and varied jobs, learnt about Further Education, apprenticeships, and Higher Education pathways.

Students in year 9 discovered the value of volunteering whilst the year 10s explored the concepts social justice and global citizenship.

Students in year 11 visited East Norfolk Sixth Form College for the afternoon and had a session led by staff at the 6th Form.

Students and their parents / carers had the opportunity to meet with their child's Personalised Learning tutor later in the evening as part of their Academic Review Day process - where their career choices could be explored further on an individual basis. Students and parents were also able to research options by wandering through the Careers Fair in the corridors and the Learning Resource Centre at the Academy during the evening. Exhibitors from local Further Education and Higher Education providers were present alongside local employers and apprenticeship teams.

The Academy was recognised for its commitment to careers education, information, advice and guidance last year, achieving the Careers Mark Award, and works closely with Beacon East who provide a level 6 qualified careers advisor.



Assistant Principal Mr McInally commented that:

"The fair represented opportunity to hear from expert professionals and discuss career pathways in real detail after initially identifying educational choices, pathways and potential careers earlier in the day. Events such as these demonstrate the impartiality of our careers programme, and links directly to the Gatsby Benchmarks - I would like to thank all the exhibitors who gave up their time to be part of this crucial event for our students."

Here are some useful careers links:

- UEA outreach programme works with every year group (different programmes for each year group): <a href="https://www.uea.ac.uk/stories/welcome-2022-from-uea-outreach">https://www.uea.ac.uk/stories/welcome-2022-from-uea-outreach</a>
- <a href="https://www.uea.ac.uk/study/information-for/teachers/services-for-schools/year-6-11">https://www.uea.ac.uk/study/information-for/teachers/services-for-schools/year-6-11</a>
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- Young Enterprise: <a href="https://www.young-enterprise.org.uk/what-we-do/">https://www.young-enterprise.org.uk/what-we-do/</a>
- Work Experience (year 10): <a href="https://www.norfolk.gov.uk/jobs-training-and-volunteering/help-with-employment/training/work-experience">https://www.norfolk.gov.uk/jobs-training-and-volunteering/help-with-employment/training/work-experience</a>
- Help You Choose (Year 11 primarily but anyone can access for information): <a href="https://www.helpyouchoose.org/">https://www.helpyouchoose.org/</a>



# GORLESTON LINKS

## Gorleston Links Bowls Club

You would think that as the outdoor season of bowls has finished, that we

would be taking it easy... Not a bit of it.

We are as busy as ever!

Whilst our committee meetings sort out the nitty gritty with all of the ever changing legal requirements, and details of points being raised, we are playing our indoor short mat season on Tuesday and Thursday evenings. Some clever bowling is needed in this format of the game. A narrower green to play on and a barrier block half way down the mat to curve the bowl around with just enough 'oomph' to get it across the line into the scoring area, without clunking into the wooden back bar. You can imagine the looks on players' faces when a bowl rolls down and wanders off the edge of the mat like it seems to do every now and then, followed usually by another player on the other mat, doing exactly the same. Only for the following players to guide their bowls in to stop right by the jack. We do have some very skilful players who seem to just let the bowl leave their hand, and watch it end up exactly where they want it to be.



As you can see by the picture, sometimes we need to measure distance, it can be a millimetre difference, but every point counts.

On top of this, we are holding our Christmas dinner and presentation night. A great night with a three course meal. Our competitive winners are presented with their cups and trophies, we have dancing and a raffle to round off the evening.

Nominations are in for discussion at our annual AGM which is held this month.

And the ladies section will be holding their Christmas afternoon tea, with party games, wines and soft drinks. Each lady will have their own individual afternoon tea box, full of tasty treats, similar to the ones in the picture at a recent awards event. With tea and coffee, then there is a sshhh!... Secret Santa. It is always a lovely afternoon.



We would like to thank all of our members who have taken part in this year's bowls, we wish them, and you, dear reader, a very happy Christmas, and a happy New Year.











## Richard Routledge

"The life and times of"



Our second year at our icecream shack, Little Joe's, had been brilliant, so I was looking forward to a few months off before the next year. Just before the end of the season the council rang up to say a lady would be coming to measure the land we were

using, but not to worry as they just wanted it for their records. A couple of weeks later this lady turned up and spent the morning making notes and measuring everything not tied down.

A few weeks before the end of the season I got a letter from the council asking me to pop in to see them. So off I went some days later. The bombshell I got in the meeting was that I was not paying enough rent for the size of land I had. What they wanted for the next five years was crazy money and we worked it out that we could no longer afford to be there.

I was gutted. Just when I thought we had found my forever dream job, it was taken away by what I thought was a crazy rent increase. We were never going to make it pay, so decided to come out after a soul searching.

Now what? I was too young to retire, but too old to get a job with a bad hip. I decided to take a few months off and see what happens. In the meantime I did a bit of promoting on the 40s/50s scene, which I was really getting into with my friend Mark. One of my first events was at the drill hall in Great Yarmouth, it was so different to my soul events.

The drill hall was a big venue, so the idea I had was unusual. I could actually get vintage cars and jeeps into the venue and put them into a circle, to have a dance floor in the middle. As you came into the venue I put vintage stalls on either side, so in the end we were filling up the venue to make it smaller. On the day we had DJs and it sort of worked. The event wasn't packed, but for my first one it kind of worked. It was a case of getting used to how another scene worked. On the soul scene you needed numbers of people to make a go of it, but with the vintage scene it was more about quality. I soon worked this out and after a few more small events, got the hang of how it worked. My friends and I started doing tea dances in village halls on Sunday afternoons. These were a joy tea, cakes, dancing and great music, what more could you want?

Next time, a change in direction in my career and the start of my venture into vintage weekends.

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#### GoSH

#### Gorleston-on-Sea Heritage Group

**Christmas at Gorleston in 1937** 

There had been a brisk period of shopping on Christmas Eve 1937. Gorleston's shop assistants had been kept busy until a late hour on that day. A good number of visitors had arrived in the parish during the day and others arrived by train in the early hours of Christmas morning. Those arriving at Vauxhall Station had the long trek to Southtown Station to catch their connection to Gorleston.

On Christmas Eve, at the Coliseum Cinema, Mr DM Attree, in the disguise of Father Christmas, welcomed some 1,500 children at the Christmas entertainment he had given for many years at the cinema, this year's treat being provided by Attree and Barr Ltd. The building was packed when Father Christmas appeared on the stage and introduced the Mayor, Mrs Carr. Mr Attree said it was the seventh Christmas entertainment given by the management since he had been in Gorleston. The show and the gifts distributed came entirely from their own pockets, and no one had been asked for a penny towards the expense. Nothing gave him more pleasure than to provide something towards the children's happiness at this season. The Mayor addressed the children with the one meaning of Christmas, and, in response to her call, cheers were lustily given for the management and Father Christmas. The Mayor led the singing of carols with organ accompaniment, and this was followed by a three-hour programme of screen thrills, including colour comedies Popeye, and "The Big Show". On leaving the theatre each child received a coloured satchel containing oranges, crackers, nuts, and sweets.

Christmas morning had been ushered in by the bellringers at Gorleston Parish Church, but few, if any, carol singers had been seen on the streets. Services were held at St Andrew's Church and there had been a united service at Lowestoft Road Methodist Church for the free churches and these had been well attended. Some football fans went to see the game between Lowestoft and Yarmouth. Motor

traffic had been heavy in the absence of the Corporation's bus services. Some hardy bathers had a dip in the sea, and a few anglers were also seen.

At the then new Gorleston Hospital on Lowestoft Road, Christmas trees, coloured lights, holly, and streamers had given the building a festive appearance. On Christmas morning the Governors visited the Hospital just before dinner, including their chairman Mr Bussey. After drinking a toast to the new Hospital, the Governors visited the wards and assisted in the distribution of dinners to the patients. The turkeys were carved by Dr Anderson, and the patients were waited on by Drs Buncombe and Perry, assisted by the staff. Mrs Eva Carr, the Mayor, visited the

Hospital and was welcomed by Miss M Hyde, the Matron and Mr WD Joslin, the Secretary. She toured all the wards and spoke cheerily to the patients who were enjoying the newly installed wireless, for which thanks were due to the Ladies' Committee and the members of the public who generously gave earphones in response to an appeal.

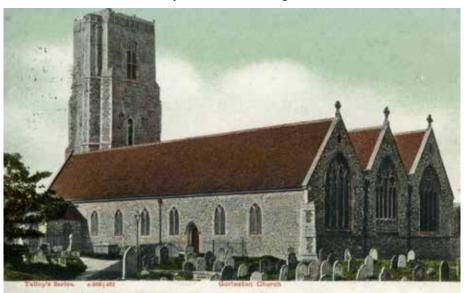
Thanks were due to all who gave donations and presents towards the Christmas festivities including Colonel Dashwood, of Caldecott, for the Christmas trees, Colonel Jones and Mr E D Beckett for the turkeys, Mr E A Oakes for the oranges, Mr L J Bussey for the ham, Mrs Page for the grapes, Mrs Castle and the Misses Riches for the crackers and Messrs Matthes and Westbrook for the cakes.

The Children's Homes were also beautifully decorated for Christmas by the older children. On Christmas Day the Mayor also visited the Homes and addressed the children, she wished the older boys, who were home for Christmas from the training ship, every success in the coming year. She was presented with a bouquet of chrysanthemums by one of the children. The Matron thanked all friends who had sent gifts or helped in other ways to make Christmas a happy time for the children of the Homes.

Happy days at Gorleston during the Christmas of 1937 but only two years later the country would be in the grips of a World War.

The committee and members of GoSH wish all readers of the Gorleston Community Magazine a Happy and Healthy Christmas and New Year.

The first GoSH meeting of the New Year will be held on Tuesday 14th February 2023 in the Brackley Room at the Shrublands Youth and Adult Centre, Magdalen Way, Gorleston, NR31 7BP, but please do check our website https://gorleston-on-sea-heritage-group.webnode.com in case of any last-minute changes.



St Andrew's from a postcard published by Gorleston photographer Alfred Yallop.



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# Ramblings of a Displaced Cockney

"Well known in Gorleston as the former Principal of the East Norfolk Sixth Form College, our Displaced Cockney is Laurie Poulson whose travels in life have taken him from birth in the East End of London, all around England, until he came to Gorleston in 1999, where he has been ever since."

#### **The Art of Wrapping Presents**

There are various times when

the art of wrapping presents is called into use. There are all those birthdays, especially if you have a growing family, with lots of grandchildren, nieces and nephews. Then there's that present extravaganza when it comes to Christmas.

So where to start? Choosing the paper is the best place. What message does it give to the recipient? Is it appropriate for the age, if it's for a child? What have I got available anyway? Ah well, this one will do!

Now size up the paper and start the actual wrapping. It's "hospital corners" of course, but most important now is the question of Sellotape or string to hold it all together. It will be Sellotape if it's for a child, as they will rip all the wrapping apart anyway, irrespective of how neatly it might be wrapped! However, if it's a special present for someone close or special, what then?

This is where the scientist in me comes to the fore. I came across an interesting programme on Radio 4 about the science and psychology of giving and receiving wrapped presents. So, I followed it up and found the original scientific report.

It seems that one day three American behavioural-science academics at the university of Reno in Nevada were talking about wrapping presents when they wondered "whether all that time and effort is actually worth it. Does a beautiful presentation actually lead to a better-liked gift? Or is it the other way around?"

So, they designed a series of experiments which they tried out on several large groups of students in Miami.

In one experiment the students were given a wrapped present upon arrival as a thank you for taking part in whatever the experiment was going to be, without realising that this was the actual experiment. The gift was a coffee mug with the logo of either the local basketball team or that of their main rivals. All the students had been preselected as fans of that local team. Half the presents were neatly wrapped and the other half were rather sloppy.

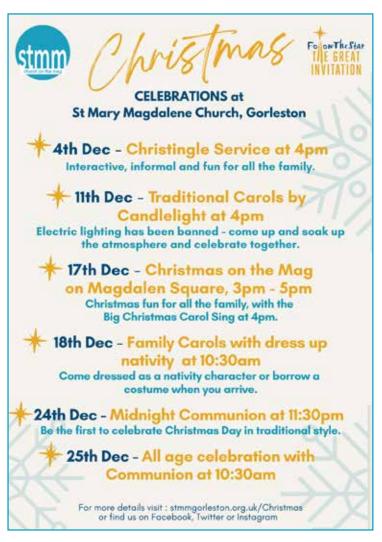
After unwrapping their presents, they were asked to evaluate how much they liked the gifts. Perhaps surprisingly, those with the sloppy wrapping liked their present more than those with the neat packages, irrespective of whether they got their own team's mug or the unwanted one from their rivals!

Another group of students were given a set of earbud earphones, either neatly or sloppily wrapped. The evaluation showed that those with the sloppy wrapping were more pleased with their gifts than the others.

It appears that this is all to do with expectations. If the presentation is rather slapdash, we don't think that the present will be very nice and are pleased when it turns out to be OK. On the other hand, a neat present raises expectations and the receiver can be disappointed when the present turns out to be a bit ordinary.

Does this help me with the great present wrapping dilemma? Should I give small presents in messy wrapping, or more expensive presents, neatly wrapped and risk the chance of disappointment?

On balance, I think that I will just carry on with my own rationale. If I think that the wrapping paper will just get ripped apart, I'll continue to take slightly less time on the process (there will still be hospital corners though!). On the other hand, if I anticipate that the receiver will regard the actual process of opening the present as a key part of things, then perhaps I'll run the risk of any subsequent disappointment!



## Kids' Corner

"It came without ribbons, it came without tags.

It came without packages, boxes, or bags...

Maybe Christmas he thought doesn't come from a store.

Maybe Christmas perhaps means a little bit more."

The Grinch (Dr. Seuss)

#### Nativity Colouring Fun



Today in the town of David a Saviour has been born to you; he is the Messiah, the Lord.

Luke 2:11



## Gorleston Then & Now

by John McBride



Photo courtesy of Norfolk Historic Environment Record © NCC

Key to the letters on the photo:

A = Woodfarm Lane,

B = Lowestoft Road,

C = Former railway line, now a footpath and cycleway,

D = Bridge Road,

E = Russell Avenue and Stanley Avenue



Imagery @2022 Google, Imagery @2022 CNES / Airbus, Getmapping plc, Infoterra Ltd & Bluesky, Maxar Technologies, The GeoInformation Group, Map data @2022

This is the site of the James Paget Hospital from aerial photographs taken by the RAF in 1945. Much of the area was fields in those days, some features are recognisable such as: Woodfarm Lane: Lowestoft Road; the former railway line from Yarmouth South Town to Lowestoft; Bridge Road. There used to be a World War Two anti-aircraft battery to the east of the hospital and there was a searchlight battery to the west. These can be seen in the 1945 photograph.

In the present day photograph the hospital can be seen in the lower central part with the other developments in the area including: Cliff Park Schools; the courts of Gorleston tennis club as well as extensive housing developments. Building work started on the hospital in January 1977. On 3rd July 1981 the building was handed over to the Area Health Authority and in January 1982 the hospital opened, then called the District Hospital, later to be known as the James Paget.

Sir James Paget (1814-1899), the son of a local brewer, became an eminent surgeon and was appointed Surgeon to Queen Victoria in 1858. His funeral was held at Westminster Abbey.



## Opening <u>THE</u> Book

with Reverend John Kinchin-Smith

"Why and how should I read the Old Testament?" We began to consider the first part of this question last month, learning that we cannot truly understand who Jesus is, his teaching and the meaning of his life, death and resurrection, without the Old Testament background. The New Testament teaches us that Jesus is the "Christ". "Christ" is the Greek word for the Hebrew word "Messiah". Why is it important that Jesus is the Messiah? The Old Testament tells us that the coming of the Messiah is absolutely central to God's purposes in the history of the world. It is, of course, the birth of the Messiah that we celebrate at Christmas.

The Old Testament contains much that is beautiful and helpful such as the hymns known as the "Psalms". For Jesus and the first Christians, what we call the "Old Testament" were their Holy Scriptures from which they drew their teaching and guidance for life. The Christian Church has also taught that one cannot have a complete understanding of the meaning and purpose of history and of life without the whole Bible from the first book "Genesis" to the last book "Revelation". Why are we here? Where is history going? Is there a plan and purpose to it all including the evil and suffering in the world? To begin to answer these questions, the whole Bible is essential. Here we find "the whole counsels of God".

So how should one begin to read the Old Testament? I suggest you begin at the beginning with the book of "Genesis". At the same time it would be good to begin reading through the "Psalms". I then suggest the first twenty chapters of "Exodus" and then the two books of "Samuel". Then, perhaps the books of "Proverbs" and the prophet "Isaiah".

These are just my own suggestions and many prefer to use Daily Bible Reading Notes which give a daily passage from the Bible with notes to help you understand and apply what you have read. Again, you may wish to ask another minister for advice and help, or to join a Bible Study Group where the members help and learn from each other. And ask God to help you to understand what you are reading.



## News from The Mag

with Reverend Matthew Price





What's an orange, a candle and some sweets on sticks got to do with Christmas?

It might sound like a somewhat convoluted setup for a joke, but actually the answer is a Christingle! A Christingle serves as a reminder. 250 years ago, a man called Johannes, who was a Church Minister in

Germany, invented the Christingle. Johannes wanted to find the very simplest way to explain the meaning of Christmas. He came up with a Christingle.

In fact, it's such a good reminder that we are still using it today. And it's also a lot of fun.

At St Mary Magdalene this Christmas there will be an opportunity to make a Christingle with your family on 4th December at 4pm at our special service. The service will be suitable for all ages and really fun — we'll sing some Christmas carols together and make our Christingles. By the end of the service we will really be able to get in the Christmas spirit as we sing Away in a Manger by light of the candles in our Christingles.

I hope the Christingle service will serve to get us into the Christmas spirit, so why don't you come along and join us – the whole service will last about 45 minutes and there will be mince pies and refreshments afterwards to enjoy. I look forward to seeing you there!













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## The Paget Page



#### New Paediatric Emergency Department launched

A new Paediatric Emergency Department at the James Paget University Hospital is ready to open its doors to its first patients.

The new department is approximately double the size of the old facility, providing modern accommodation including a dedicated waiting room and more assessment cubicles, offering greater privacy for patients receiving treatment.

The completion of the new unit is the latest in a series of improvements to our Emergency Department (ED), designed to give our patients a better environment when they visit our hospital.

Patients visiting the facility will use the main Emergency Department entrance but will then be shown to a brightly-painted waiting room, separate to the main ED waiting area. From there, they will be called through to the new unit which has five assessment cubicles, each with sliding doors. Also in the unit is a reception area, triage area, well-being room, two resuscitation rooms, storage space, and a clean utility area which will house an automated medication dispensing system.

Head of Neonatal, Children and Young Person's Service Justine Goodwin said:

"We are so excited about the opening of the new department, which is such an improvement on the facilities we have been using.

"Visiting a hospital can be a daunting prospect for our younger patients. The new department has been built with this in mind and provides more space, a quieter environment and greater privacy for patients and their families which is separate from the adult area".

Pleasurewood Hills mascot Woody Bear officially opened the new department on Tuesday 1 November, supported by staff dressed up as popular children's characters from film and television.



Completion of the new unit has helped the hospital's

## James Paget University Hospitals

**NHS Foundation Trust** 

paediatric team work towards one of their Flourish Pledges; the initiative, set up by Norfolk County Council, asks local organisations to commit to projects which help children and young people in the county to flourish.

The completion of the new unit is the latest in a series of improvements to the ED, which started in October 2020 with the expansion of the main department. This phase saw part of the hospital's front façade extended towards the main car park and re-built, providing more assessment and treatment cubicles, a larger waiting room and more space for patient triage.

The next phase will involve further refurbishment work to create a better environment in which to treat 'minors' patients who have attended the Emergency Department but are unlikely to need admission to a ward.

The creation of the new unit took 20 weeks, with construction carried out by Morgan Sindall, working closely with the hospital's Estates Department. The work included the replacement of the ventilation system, including a new Air Handling Unit on a specially constructed gantry, and a new electrical system.



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'Through the highest expectations, we ensure that children have the knowledge, understanding and skills to be confident and successful.'

#### Life Afloat

by Patricia West, who continues her reminiscences...



Following five marvellous days in Paris we left the city behind and set out determined to cover a few more kilometres than of late. Pausing briefly in the small town of Lagny we provisioned the boat, grabbed some lunch and mapped out our route to include the Marne valley.

Years later the Walt Disney franchise created a huge theme park "Disney World" in the Marne valley, something that surprised us; our recollections of the area were mainly of damp mists and constant showers. Yes, the Marne valley is lush and green, largely due to the fall of lush green rain!

After deciding the route, Richard began to devise the method for dealing with the upcoming ascending locks, a system which at that time was unknown to us. Long gone were the days when middle aged ladies stubbornly insisted helping us in every single lock.

After Lagny came Meaux, where we headed to a huge Super Marche selling just about everything at the cheapest of prices. Darting about we purchased industrial amounts of tinned and dried food whose total cost was so reasonable we were able to buy a few of the more expensive items, including a packet of gilt edged muesli priced at three times the current cost in England.

Staggering back to Pillage, Richard cast off while I packed away the shopping. Mission completed meant every last cupboard was full to overflowing.

In the damp and cold - thirty kilometres and five locks later - at six o'clock in the middle of nowhere we called it a day. After Pillage was safely secured and the usual checks undertaken we barely made it into the cabin before the skies opened. I remember thinking "it's gonna be like this in the whole of the Marne valley".

The dawn brought clear blue skies and the sweet fresh after-smell that such downpours often bring. What had been hidden by yesterday's weather now presented itself - a veritable vista - as far as the eyes could see were fields of sunflowers eight to ten feet tall. With their bright yellow heads swaying, they looked for all the world like rows of young ladies having a gossip over the garden fence, their frilly caps gently nodding in the breeze. Just along the bank was an abundance of ripened greengages. I scrambled ashore and filled my basket.

Despite the sunshine, the air was cool and we set off early after a breakfast of croissants, coffee and the budget-breaking muesli... I have to say it *was* delicious. We made good speed and around three o'clock drifted onto a bank and tethered the boat. Beguiled by the beauty of the landscape it was time to stop and stare. Spreading a blanket on the grass we ate an English afternoon tea in French alfresco style.

After completing 28 kilometres and negotiating three locks we settled down for the night.

Again we were in open countryside with hills rolling away on all sides. In the distance, quietly nestling in a fold of green, lay a small hamlet with red roofs and a tiny church, complete with the customary witches' hat. The air was so still you could hear the click, clicking of the crickets in the trees. During the evening I took a dip in the canal flinching at the unexpected sharpness of the water. I swam for a long time finally climbing back on board just as Richard was placing bowls of tinned pasta on the table. I guess his culinary skills matched my inability to skipper a boat reader, he did improve.(And so did I.)

Next day we headed North towards Epernay, where we planned to level up before heading South. In the meantime we had become cocooned in green... olive green boat, water like jade and leaves on the trees the colour of emeralds. We were now entering Champagne country where thousands of vines clung to the sloping sides of the valley. The greengages (yet more green) were still with us, keeping good company alongside fields of sweetcorn, apples, pears, plums, all ripe and ready for the plucking. Around the taller trees grew budding garlands of mistletoe looking so festive that at any moment I expected Christmas tree lights to wink off and on. Taking my basket, I again went ashore; with mother nature silently offering her rich bounty, I picked away, it never occurred to me for a moment that I was probably stealing.

It was Bank Holiday and big crowds thronged everywhere. The excited shrieks of children floated across the water as grown-ups bustled around unfurling rugs and gaily striped umbrellas, in preparation for the family picnics, while anglers hoping for a good catch threw a wink or two and dipped their rods at us in friendly fashion. Waving back a hundred times we eventually disappeared around a bend and thankfully lowered our aching limbs.

By seven o'clock the sky had darkened, it was definitely a night to hunker down for supper, before taking our reading books down from the shelf. Later we curled up to listen to the tapes of "The Eagles" and "Rod Stewart", rounding off

a delightful day sipping a night cap from our posh glasses.

The past few days had given us beauty, calm, time to think, and right then the Grumpy Italian bargee and my recent doubts seemed a million miles away.

Next month -

Fear intrudes.



#### **More Coffee Time!**

#### **Codeword**

Every white square is numbered from 1 to 26, with the numbers corresponding to letters of the alphabet. Use your knowledge of words, names and places to work out where letters go, completing both the grid and code boxes, and using every letter of the alphabet.

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ABO	ABCDEFGHIJK <del>L</del> M						

#### ABCDEFGHIJKŁM NOPQRSTUVWXYZ

#### Wordsearch

Can you find the words listed below? Words occur in the grid forwards, backwards and diagonally.

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R	Ρ	L	Α	G	Е	Ν	Н	Α	Е	S
М	Υ	Α	L	Α	M	S	1	D	L	Κ
U	S	Κ	С	0	S	Т	Е	W	S	1
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Bird feeder	Flu	Mist
Bored	Fog	Rink
Cap	Frost	Severe
Coal	Gales	Skid
Cold	Grey	Sled
Cool	Hat	Socks
Cosy	Hazy	Stews
Crust	Heat	Thaw
Dismal	Ice	Warm up
Fir	Icy	Wet
Flake	Luge	Zero
Fleecy	Melt	

#### Sweeney Todd a cut above the rest



Former BBC Radio Norfolk presenter and theatre reviewer Tony Mallion was so impressed by the recent production from Gorleston Theatre Company that he offered his thoughts Gorleston Community Magazine:

Staging Stephen Sondheim's masterly musical Sweeney Todd complete with the largest pit orchestra ever assembled at the Pavilion was a brave move by Gorleston

Theatre Company. It paid off magnificently. The show was a triumph.

Regarded by many as Sondheim at his best the composer helped to blaze the trail for this type of sung-through musical opera ahead of Les Miserables or Phantom. The story of Sweeney Todd, the demon barber of Fleet Street who slit the throats of his customers before sending the remains to Mrs Lovett to add to her meat pies is a grizzly one. Not so much song and dance as blood and guts, a gritty and tragic tale of a man seeking revenge for the loss of his wife and daughter.

This was a compelling evening and a challenge for director Jeannie Kinkaid whose ambition it had been to stage it. All credit to her for succeeding, not least in bringing together such a fine cast. She had the courage to give the role of Sweeney to total newcomer James Spink who was making his debut on the amateur stage. He may have lacked experience and training yet he brought this dark and brooding character to life in a remarkable way.

He was surrounded by an exceptional line up of other principals. As Mrs Lovett Mel Bedford lit up the stage with her voice and comic timing; Frankie Browne was spot on as Johanna; youngster Blake Carter played his part with great confidence while Jamie Coleman was a real star with such an impressive



voice. The rest of the cast provided good support and while this isn't a show with big chorus numbers choreographer Natasha Bird helped to ensure the performers and evening flowed well.

So much rests on the musical director and GTC were in good hands. For the first time in the Pavilion's history there was an 18 piece orchestra ably conducted by John Stephens. He brought together so effectively the cream of local musicians and the cast in this lengthy score which includes the beautiful and heart rending songs 'Johanna' and 'Not While I'm Around' along with Mrs Lovett's witty comic number 'A little bit of Priest'.

The whole stage area was used to full and great effect. The set, designed by Stephen Wilson of Scenic Projects originally for the Lowestoft Players, perfectly captured the atmosphere of Victorian London incorporating Sweeney's shop and his sinister barber's chair which neatly despatched his unfortunate victims down a chute to Mrs.Lovett's bakery on the floor below. Tom Darnell's lighting did so much to enhance it all.

Gorleston Pavilion has happily become a home to local musicals and this was an outstanding example. As the orchestra finished the play out music I sat fixed in my seat, not wanting to move, such was the impact of this show. An evening to remember. Had I been a Strictly judge I would have been waving ten points and hailing it as FAB-U-LOUS!

Tony Mallion

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#### Gorleston FC

Last time I wrote, Gorleston FC had dropped to the bottom of the table, but things have picked up a little since then.

The Greens are now third from bottom having won two of their seven games since the last edition.

A Tuesday night trip to Heybridge Swifts saw Gorleston return defeated by one goal to nil. But it was the next game against Basildon Utd which brought about the Greens first points of the season and their first win at this level of football.



Dominic Docherty returned against Basildon after more than six months out injured

A 7th minute Connor Deeks penalty set Gorleston on their way. Although Basildon equalised, Jamie North restored the advantage a minute later with George Keys rounding off the scoring seven minutes into the second half.

Unfortunately, Gorleston followed that up by not scoring in their next three games.

Firstly, Stowmarket won 2-0 at Crown Meadow. Then came two away games. The first saw the Greens concede two goals in the first 18 minutes as they went down 0-2 at East Thurrock Utd. Then came a 0-3 loss at Grays Athletic although Grays didn't score until the second minute of the second half. The Greens



New signing Okpolokpo was man of the match v Stowmarket

missed a chance to equalise from the penalty spot and Grays scored twice in the last minute to put a slightly unfair slant on the scoreline.

However, the next game saw another victory. Coggeshall Town visited for the third time this season, and their fourth trip to Crown Meadow, and Gorleston secured a 2-0 win with goals from Deeks (penalty) and an own goal.

Sadly the next game was another away defeat 3-0 at Witham Town.

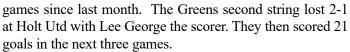
Gorleston only have one official home game in December, on the 17th against Hullbridge Sports.

Technically, the traditional Boxing Day game this year is away but not too far away as it will be at Lowestoft. The match is on the Monday with a 3pm kick off.

A week later is another derby game when Wroxham visit on 2nd January.

Darren Cockrill has added to his backroom staff with former Dereham number two, Olly Willis, joining as his Assistant. On the pitch, former Ipswich Academy and Huddersfield Under 23 player, Joshua Okpolokpo has signed on a dual signing with Leiston for the rest of the season.

Gorleston Reserves have won three of their four



Firstly, Martham were beaten 6-3. Kanu Maxwell Ibenne hit a hat trick, Sam Wooldridge got two and Mitch McKay the other. Then eleven goals were put past Bradenham Wanderers (Harrison Hall (3), Sam Wooldridge (3), Ibenne (2), Sonni Potter, Dino Tabakovic and an own goal). Next Stalham Town were beaten 4-2 (Declan Allan, Ibenne, Wooldridge and Tyler Sayer). The Ressies are now up to third in the Anglian Combination Division 1.

Gorleston Under 18s have only played twice. They were thumped 8-1 by AFC Royals (Samir Lamarti) but then beat Wroxham 3-2. They are fourth in the league, five points behind the leaders but with two games in hand.

Gorleston Women have played twice since the last edition and scored 21 goals in the process.

FC Viking Valkyries were beaten 11-0 (Kelsi Adams (3), Hazel Saddington (3), Rebecca Waters (3), Sienna Saunders and Joana Teixeira), followed by a 10-0 victory over Bulldogs Ladies (Adams (4), Waters (3), Saddington (2) and Megan Bartlett).

To be in with a chance of winning some cash, and show your support for Gorleston at the same time, join the monthly GoLD draw. The draw paid out over £70 in prize money in November. Full details of the draw and how to enter are on the website, contact me (Dave Hardy), or email gorlestonfootballclub@hotmail.co.uk

For all the latest news, results and fixtures visit www. gorlestonfc.com, follow @gorlestonfc on Twitter and Instagram, and Like us on Facebook.

	December Fixtures						
Date	Time	Team	Opponents (Home/Away)				
3rd	3pm	First Team	Maldon & Tiptree (A)				
4th	2pm	Women's	Horsford (Mill Lane)				
8th	7.45pm	Under 18s	Diss Town (A)				
10th	3pm	First Team	Hashtag Utd (A)				
11th	2pm	Women's	KLSC FC (Mill Lane)				
15th	7.45pm	Under 18s	Waveney (Crown Meadow)				
17th	3pm	First Team	Hullbridge Sports (H)				
18th	2pm	Women's	Mulbarton Wanderers Res (Mill Lane)				
26th	3pm	First Team	Lowestoft Town (A)				
	Reserve	s fixtures not k	nown at time of writing				

## Gorleston Library

#### **Library Services Events**

Mondays Bounce and Rhyme – 1-1.30pm (Under 5's songs and rhymes-drop in)

Tuesdays Mini Movers – 10.30 – 11.30am (pre-school music and play – drop in)

Writing Group - Last Tuesday of the month - 4-530 quiet writing time/530-7 group discussion

Wednesday Just a Cuppa – 10am – 12 all welcome, Bounce and Rhyme 10.30-11 & 1-1.30pm

Gorleston Library Craft Group 2-4pm Carnegie Room (bring your own crafts-all welcome)

Thursday Lego Time- 3-5pm (Young children must be supervised at all times)

Learn My Way - Digital online learning for beginners 4-6pm & Saturday 11am-1 drop in

Saturday Children's Crafts 10.30am - 12 (all ages) - please book your place in advance

Family Learning Sessions for 0-5's - ask in library for details

Sunday First of the month-Adult drawing and art group 12-2pm



2 visits from Santa in his grotto with his Elves, morning and afternoon.

Teddy tombola, craft stalls, raffles for Xmas cakes + hamper, Christmas flower arrangements from Gorleston Flower club and Gorleston Gardening club.

Christmas goodies to be bought: fudge, pickles, chutneys, cakes, biscuits, stem ginger,

Turkish Delight and much more!!

Fay Bedford Dancers

Come and join us, for lots of Christmas fun!!

## Non-library run events/activities

Pencil Art group
(Hosted by EN6th form college)
14/12/22 - 4:15-5:15PM
Book online via
Norfolk Libraries
What's On page
Ages 7-10



Employment help (drop-in services)

Monday - Dial - Benefit help 10-5PM

Tuesday - Chances - 2-4pm (18+)

Wednesday - Future Projects 11-1PM (25+)

Friday Dial - Money + Debt advice 2-5PM

Dial- Employment services 9-1PM

For information on eligibility and resources available please pick up a leaflet at Gorleston Library.

Don't forget to check out our 'What's On In Norfolk Libraries' pages at <a href="www.norfolk.gov.uk/libraries">www.norfolk.gov.uk/libraries</a> and follow us on: Twitter: @NorfolkLibs Facebook: @NorfolkLibrariesUK Instagram: @Norfolklibraries





## Mayor Officially Opens The Garden Tea Rooms at Gorleston Crematorium

His Worship the Mayor has officially opened the new Garden Tea Rooms following its successful soft launch back in September.

The Garden Tea Rooms, located at Great Yarmouth and Gorleston Crematorium, offers a warm and welcoming space for family and friends to meet before or after a funeral service, as well as providing refreshments for the public and a place for those visiting loved ones to sit and pause.

The café can also be hired out for private wakes, with the function room ideal for wakes and small gatherings up to 30 or the entire Tea Rooms being able to cater for up to 55 people. Visitors can join The Garden Tea Rooms Loyalty Card scheme by collecting a loyalty card with their first drink and collecting 10 stamps. Once their loyalty card is full, they can exchange it for a free regular coffee or pot of tea for one.

The Garden Tea Rooms is open 9am to 3pm Monday to Friday. They also offer a WhatsApp ordering service, where people

can order via 07721 048495 and collect at an agreed time.

Cllr Graham Plant, the Mayor of Great Yarmouth said: "Since opening to the public at the start of September, The Garden Tea Rooms has been hugely popular with residents and visitors to the crematorium.

"Everyone who has played a part in creating the Garden Tea Rooms should be immensely proud of themselves for forming such a warm and welcoming space for people to sit, reflect and remember loved ones who are sadly no longer with us."

Andy Borthwick, catering manager at the Garden Tea Rooms, said: "Following our soft launch back in September, we've been inundated with support and custom from the those using the Crematorium and its grounds.

"We hope we are making their visits to the grounds, for whatever reason, slightly easier by offering them somewhere friendly and comforting to enjoy refreshments with family and friends."



His Worship the Mayor cutting the ribbon on The Garden Tea Rooms. Credit: Great Yarmouth Borough Council





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## **Ormiston Herman Academy**

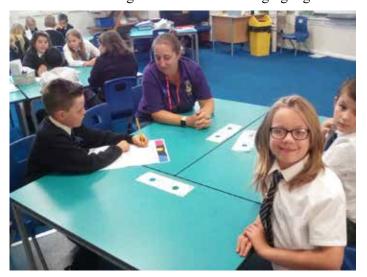
Providing a rich and stimulating curriculum is an extremely high priority at Ormiston Herman Academy. As well as delivering an excellent academic programme, we provide a varied range of activities including sports, music, drama and the arts. In this edition we would like to celebrate some of the amazing extra-curricular activities that happen around our academy.

#### **Enrichment – At Its Best!**

Lions Roar is an education based enrichment programme hosted by Lions International in partnership with 8Billionideas. It aims to inspire children to think big and to create world changing ideas!

We signed up for this year's programme with the sponsorship of Great Yarmouth Lions Club.

The children developed their own plans in small teams; creating the ideas, posters, models, jingles, and a sales pitch to share the advantages of their world changing big ideas!





Our groups developed ideas based on bus travel safety, recycling waste into energy and a satnav style system to help people with disabilities, dementia and social anxieties with navigating busy supermarkets. Each of the groups had visitors linked to their idea enterprise area. These visitors included: the First Buses Operations Director, Tesco Community Champions and GYBC Recycle Rangers. It was commented on by all our visitors how fantastic the

teams' projects were and how they all thought of altruistic ideas - putting others' needs ahead of their own gain. This links perfectly with Lions International ethos.

Over the weeks, the children developed many skills including leadership, communication and teamwork. Their growth in confidence was magnificent! On the final week, we invited the borough Mayor and Lady Mayoress, local vicar, Lion and Leo (Lions youth group) members and Senior Leadership of the academy to judge the entries. During a celebration assembly, certificates were awarded for; the best video/jingle, strongest/most developed individual, the winning team and commended teams.

Our winning team, the Einstein Engineers with their supermarket "Map Pad" satnav invention, will now move on to the District Finals which are to be held via Zoom in early December. Good luck to our budding creators.

#### **Healthy Living Road Show!**

This week, Year 4 began the first of their 10 Healthy Living Roadshow sessions. The children took part in discussions about their role models and how they have inspired them. Over a range of sessions in the coming weeks, the children will develop an understanding about healthy lifestyles, mental fortitude, sleep importance and a discussion with a professional athlete. Activity based sessions will also take place with the Year 4s being able to develop their resilience through physical activities.





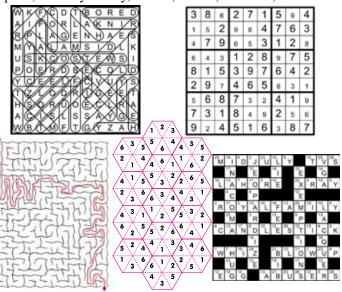




Across: 7 Exclamation, 8 Slay, 9 Jean, 10 Doc, 12 Nokia, 13

Assam, 14 Tar, 15 Live, 16 Tutu, 19 Take control.

Down: 1 Personality, 2 Tchaikovsky, 3 Fan, 4 Sax, 5 Times Square, 6 Anonymously, 10 Dat, 11 Car, 17 I-C U, 18 Ann.



Word Ladder: clock, block, black, blank, blink Caught in the middle: table, bottom, double, rise, level Seeing Double: cavern, reveal, legend, pigeon, botany, potato, spring, enrich, peanut, orange Mystery keyword: vegetarian



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Richard Routledge

#### **Poems to Ponder**

#### **Twisty the Tree**

I called my new tree 'Twisty'
I just could not resist –
The crown on which the angel sat
Had got a little twist!

We gave it lots of water
As we are meant to do
And kept it cool till it was time
To bring dear Twisty through.

Residing in our living room
Despite his twisted end
Bedecked with globes and tinsel
He was our Christmas friend!

We watered Twisty daily
And talked to him a lot
The fact he never answered back —
It mattered not a jot!

Then, soon enough, came Christmas Day
And all around our tree
Were wrapped and ribboned Christmas gifts
With love to you and me.

For twelve days after Christmas
We kept him while we could
With twinkling lights and verdant leaves
Our tree just looked so good!

But Twelfth Night came upon us, And, though it broke my heart, The Christmas season ended – T'was time for us to part.

We took off all his pretty lights
We stripped our Twisty bare
We took him to the garden
And left him lying there.

Until came bin collection day And, though it seemed a sin We cut him into pieces, small And put him in the bin.

The moral of my story, sad it
Is (it seems to me),
So that you don't shed bitter tears as well,
Don't name your Christmas tree!

By Nigel Beeton

#### Christmas isn't far to go

Glistening footprints in the snow Flickering candles in a row Childrens faces all aglow Christmas isn't far to go

Nostalgic thoughts of bygone years Some are happy, some bring tears Those we've lost and those still here Brings some pain but also cheer

Lots of shopping to be done
As around the shops I run
Crowds of people everywhere
Stores are stacked with Christmas fayre

Mustn't forget to ice the cake And put the mince pies into bake Gifts to wrap and cards to write Christmas lights all shining bright

Merry Christmas everyone!

By Val Raven

#### **Christmas Day Acrostic**

Carols sound throughout the land
Heralding a special birth
Rejoicing as from Heaven's realm
Immanuel comes to bless the earth.
So in the town of Bethlehem
The Saviour Jesus gently lies,
Mary rocks the tiny child
As angels serenade the skies.
Shepherds told the awesome story
Divinity will now reside
As He who ruled in Heaven above
Yet Lord of all comes as a child.

By Megan Carter







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#### Hair We Are



with Kevin Huggins Owner of Fusion Hair Consultants and Chairman of the Gorleston Traders Association

Just doesn't seem possible that here I am writing the December blog, which really signals the end of 2022. Can't get my head around

there being a World Cup in the middle of the football season, but I guess it will be interesting and really hope all goes well and, as per the normal World Cups, we have an exciting month of football. I guess Christmas cards this year will be replaced by panini stickers. What a year it has been. I thought the covid years were bad, but I really don't think any of us really realised what we were heading for - crippling energy costs and increasing mortgage costs, alongside all the other worldwide problems that are happening today. I recently met up with an old friend Gary Roper. Gary used to play in goal for me when I ran AlleyCats FC in the Great Yarmouth Sunday Football League. I have known Gary from him being a very young age, as we also have another connection. From 1972 I worked with Gary's Dad Terry Roper. We worked together for many years, firstly with Post Office Telecommunications and then, of course, on to BT. I have fond memories of teaming up with Terry as a two-man gang, reinstating wires that were damaged during the famous hurricane in 1987. We worked together day and night for nearly three weeks in the Blundeston and Lound area. Unfortunately, Terry is no longer with us, but was a great friend through working together, and personally through our interests in sport, both football and cricket. Terry was one of the key people who helped to run the BT midweek cricket team of which we were a part.

Anyway, getting back to Gary. We had a meeting and a cup of coffee together, and Gary was telling me all about his change in direction of work. He had decided to leave his role at the Norwich Music college and go to work for the charity Norfolk and Waveney Mind. Some of the information that Gary was telling me in this meeting was very interesting and is no more relevant than today, with all the lifetime problems that are happening.

Here is a little bit about the charity Norfolk and Waveney Mind: Norfolk and Waveney Mind are your local mental health charity. Each year the demand for their services increases as more and more people seek support for their mental health. As Norfolk and Waveney's leading mental health charity, they support thousands of local people every year through a wide range of services and support programmes.

They support the people of Norfolk and Waveney with their mental health and wellbeing through their network of community wellbeing hubs, talking therapies, residential programmes, social groups, specialist programmes and mental health training. From prevention support to crisis support, wherever you are on your mental health journey, they are here for you.

With up to 84% of people experiencing a mental health problem at some point in their lifetime, the need for good





quality mental health support, advice and information is greater than ever before.

They are changing how mental health provision looks within our communities. This year, they introduced a new model of support which sees Norfolk and Waveney Mind have a presence on the high street with their new community wellbeing hubs. This new network of mental health support, information and advice has been designed to provide people with accessible mental health support and information close to their communities and homes.

Earlier this year, they opened their first community wellbeing hub in Norwich called REST at Churchman House. REST is a safe, welcoming, non-clinical space in which people experiencing mental distress or crisis can receive the support and information they need, when they need it.

Following the success of REST Norwich, they have now opened similar hubs in Thetford, Aylsham and King's Lynn, with further hubs to follow in Great Yarmouth and North Walsham. In conjunction with the hubs, they are also providing an outreach model of support by working in collaboration with community assets and partners to ensure access for all. If you cannot come to them, they will come to you, with their REST in the Community Service ensuring there is a provision for all across Norfolk and Waveney.

Support from corporate partners, funders and supporters like Fusion enable them to introduce new services like this to meet the need, and make a real difference, to the lives of people living in Norfolk and Waveney. Only by working together will they build healthier, more resilient work places and communities, and deliver on their aim to ensure that no one has to face poor mental health alone.

Whether it's you who are needing support, someone in your family, a friend or a work colleague, Norfolk and Waveney Mind are here for you:

- Call 0300 330 5488
- email enquiries@norfolkandwaveneymind.org.uk
- · Visit www.norfolkandwaveneymind.org.uk

If you attended the Gorleston High Street Switch On this year, you would have noticed that Fusion allowed Norfolk and Waveney Mind to occupy our premises, and make themselves available for people to find out how they can support the Charity, and be a key part of raising awareness of mental health in our local community, and how to get access to the extensive services they provide.

There is nothing worse than going through all these mindful stressful times and thinking that you are on your own. Quite simply you are not on your own, we are all in this together and I take my hat off to Gary who has given up a career at the college to get into this Charity and make a difference. Obviously, Gary is not on his own doing this and it is a big charity and therefore a team of people working together to help people.

This just leaves me to wish you all a very merry Xmas from all the team at Fusion and from Tanya and myself. Have a great time, enjoy with your friends and families, and let's look forward to a better 2023.

## Gorleston Grapevine

with Carol Todd

Hasn't 2022 just flown by my friends? Hope this year has been great for you all. Being honest, it's been pretty tough for us. We've lost many dear relatives and friends at young ages, along with our dear beloved Mrs Green, who we miss terribly. Mrs Green is pictured below with two of her grandchildren, Faye, left



and Sian, right. This month is a time for reflection, as well as parties and spending lots of time with friends and my son. After all, I am fifty (gulp) this December. Honestly, still think I'm about thirty in my head, ha ha. My girls have something planned for 30th December, however, it's a surprise. I'm just warning you Gorleston. Photos may follow in next month's New Year edition, if they're not censored.

So what's been happening around our area since last month? Well, starting off on lovely High Street (I won't nag about the roadworks which are on the High Road, not the High Street!!) Bellyboos is closing and moving to Norwich. Definitely an exciting opportunity for a new or existing business to move in there. Many of you will know already that Barclays Bank is closing (will be closed now), again, watch this space for what develops there. 116, 116A & 117 High Street, so that's the old Barbers, Aldred's and BOKO Clothing block of units, next to SPAR, have submitted plans for demolition and propose a brand new commercial unit with flats above. Moving over to Marine Parade again, number 75 submitted plans for demolition, however, they've been withdrawn. Number 70 has submitted plans for two new build five bedroom properties. Plans for a sixty-six bed care home have been placed with Great Yarmouth Borough Council by LNT Care Developments based in Leeds. This would be built beside Toby's Captain Manby's and awaiting approval. In my opinion, that's more jobs for the area in construction, and then care. We wish all the applicants the best with their submissions. Let's hope GYBC can find more Planning Officers because there are so many applications awaiting decisions.

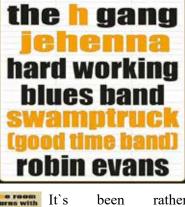
The fantastic RNLI shop is closed and hopefully moving into temporary accommodation somewhere nearby. There's some serious building work required on the lifeboat premises, due to rising high tides this year. Fingers crossed for the local RNLI team and volunteers who do such an awesome job. Here at L.G Perfect's we're currently raising

funds for RNLI in our area with a fabulous Tombola and Raffle.



The Garden Tea Rooms at the Crematorium was officially opened by the Mayor recently. Have you been for a visit yet? Really looks lovely and a great addition to the area. E.E Green were delighted to help local building contractors, ELM Contracts with the development.

Have you made any plans for next year yet? Our friends from The Room have organised an amazing live music night for us all to enjoy this February. Many of you will know Howard Marshall, chief of The Room events, which have been going for the last fifteen years.



appearing on the night



It's been rather difficult encouraging the numbers back out after COVID. Support of local events is so important if they are to continue, so let's all get out and enjoy some fantastic live bands. The Room is like no other event around, with all the acts playing

in the round on their own stages, performing in each of the three sets of music that take the night from an 8.02pm start through till around 11.15pm, with the H-Gang closing the night with a finale of upbeat tracks to get people up and dancing. The Room takes place at the Ocean Room in Gorleston on Saturday 4th February, tickets range from £8 to £13, for information on tickets and the event, visit the website www,the-room.biz. Doors open at 7.02pm show starts at 8.02 prompt.

If I can help with anything, then please do contact me ctodd@eegreen.co.uk. Have a fabulous Festive Season and all the best for a prosperous New Year.



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St Andrew's Church, Church Road, Gorleston Friday 16th December at 5.30pm

To remember those who we love but have lost at this special but often difficult time of year. There will be time to reflect and to light a candle in their memory.

Light refreshments will be provided after the service.

From all at Arthur Jary & Sons Ltd, we wish you all a safe and peaceful Christmas





# Wishing all our customers a...

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—AND —

## A HAPPY NEW YEAR

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CHRISTMAS DAY, BOXING DAY & TUESDAY 27th DECEMBER CLOSED
WEDNESDAY 28th TO FRIDAY 30th DECEMBER 10am-2pm
SATURDAY 31st 9am-1pm

SUNDAY 1st & MONDAY 2nd JANUARY CLOSED
TUESDAY 3rd JANUARY 10am-2pm WEDNESDAY 4th JANUARY 9am-9pm



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