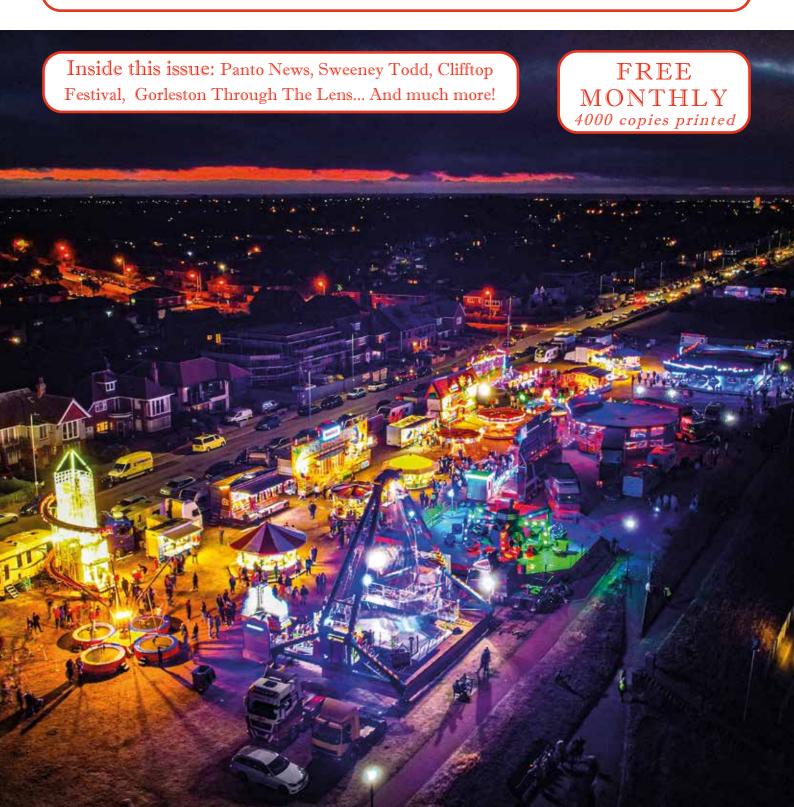
St Andrew's Church

ISSUE 52, September 2022

GORLESTON Community Magazine





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Hello Gorleston! 🎳



Welcome to Issue 52 of YOUR award-winning, free community magazine.

As a scorching summer is replaced by the journey into autumn, I am reminded that not everyone likes the heat that summers bring, particularly the intense heat that we have experienced this year. So, this poem by Emily Brontë is for all those out there who appreciate the changing face of nature at this time of year.

Fall, Leaves, Fall

Fall, leaves, fall; die, flowers, away; Lengthen night and shorten day; Every leaf speaks bliss to me Fluttering from the autumn tree.

I shall smile when wreaths of snow Blossom where the rose should grow; I shall sing when night's decay Ushers in a drearier day.

by Emily Brontë

2nd place Have a great month and we'll meet again in October!
and Best Editor Award



CONTENTS

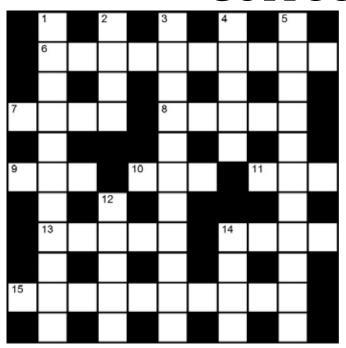
4	Coffee Time 1	23	Opening THE Book
5	In The Interregnum	23	News from The Mag
6	Poems to Ponder	25	Ramblings of a Displaced Cockney
7	Gorleston Theatre Company	26	More Coffee Time!
9	ENSFC	27	Pavilion Theatre
10	Gorleston Through The Lens	28	Christian Unity
11	Hair We Are	29	Ormiston Venture Academy
13	Gorleston FC	31	Gorleston Grapevine
14	Coffee Time 2	32	Gorleston Flower Club
15	Richard Routledge	32	Coffee Time Answers
17	Gorleston Links Bowls Club	33	Panto News?
18/19	The Paget Page	35	Life Afloat
20/21	Kids' Corner	36/37	Gorleston Clifftop Festival
22	Gorleston Then & Now	38	GoSH

Deadline for the October Issue is Friday 9th September

Thanks to **Oliv3r Drone Photography** for this month's front page picture

Gorleston Community Magazine is published by St Andrew's Church, Gorleston, and printed by Blackwell Print, Great Yarmouth. The views expressed in this magazine are not necessarily those of the publisher or the editors, and the acceptance of adverts does not indicate endorsement. All contributions are included and edited at the discretion of the editors. Please ensure you have the rights to all photos and have the subject's permission.

Coffee Time 1



2		3	6		8			
	4			2		8		3
8		1		4		6		
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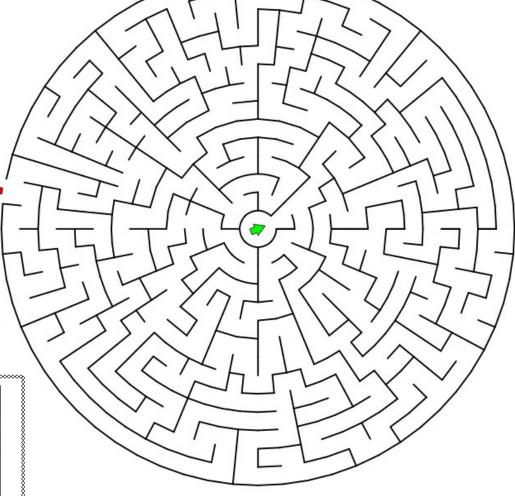
Across

- 6 Tacit (10)
- 7 European mountains (4)
- 8 Male duck (5)
- 9 Type of watch face or computer screen (1,1,1)
- 10 Star performer (3)
- 11 Exploit (3)
- 13 Socially inept single-minded experts (5)
- 14 Short nail (4)
- 15 Ancient (10)

Down

- 1 Danger to society (6,5)
- 2 Dangerous in March (4)
- 3 The one before (11)
- 4 Meat (5)
- 5 Fragrant hedgerow shrub (11)
- 12 First sign of the zodiac (5)
- 14 Follow (4)





Home and Garden Services

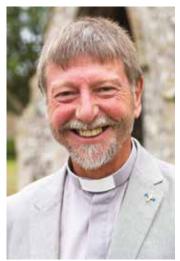
Painting & Decorating - Tiling - Brickwork
Block Pave Driveways - Fencing - Patios

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In The Interregnum

Whilst St Andrew's Church is in interregnum, this page will see a variety of authors from St Andrew's Church and the Diocese.

This month we hear from the Rev John Kinchin-Smith, member of the ministry team at St Andrew's



"Lord, teach us to pray." Such was the request the disciples made to Jesus on one occasion, after they had watched him at prayer. Prayer remains perhaps the greatest mystery in which the human being can participate. It is to enter not only into the deepest mystery of God himself; but also to find at times, in the very act of such entering, both absence and emptiness. Prayer is hard

because it demands commitment and perseverance in the face of such discouragement. Yet it has been said truly that "the mightiest force in the universe is the Son of God who rules in heaven by continually making intercession for us"; and that "heaven is a place of prayer, so praying is the best practice for being there."

On one level, prayer is the most natural activity in which human beings can participate. As St. Augustine said, "O God, you have made us for yourself, and our hearts are restless till they find their rest in you." Yet those who have tried to pray also know that prayer can be very difficult, and that one is often left feeling that there are depths of prayer that one glimpses but which always remain beyond reach. This should not be surprising, for at its heart, prayer is the most intimate expression of our relationship with God. As with any relationship, there are times when intimacy comes easily and naturally, but other times when it requires hard work, discipline and commitment.

Again, in human relationships, there are levels of intimacy, from the formal (as at the beginning of any relationship), to the deepest intimacy of lovers. Relationships grow, develop and deepen over time, and that applies also to our relationship with God. In my own adult prayer journey, the most profound insight at the beginning was that prayer was possible because God was real and because he really cared about me. No concern or request was too trivial to bring before him. As time went on, my knowledge of God grew and so did my relationship with him. There were moments of liberation, such as realising that God knew me intimately, that I couldn't pretend or hide anything from him, but that God never ceased to care for me. This again reflects those deep human relationships where we know that we are unconditionally loved for ourselves, and not for our gifts, possessions or achievements. But this also has its cost because prayer will always lead us

to a more true and honest awareness of our weaknesses and failings!

Sometimes, as in any relationship, words become unnecessary and it is enough just 'to be' with the other and to rest in their love.

Prayer Corner

Prayer is simply having a conversation with God. It can be out loud or in your head and heart, it can be about whatever you want it to be and you can pray whenever and wherever you want to, God is always listening.

If you are not sure what to pray, why not start by joining us in praying this month's prayer:

Father God, help me to pray and to concentrate my thoughts on you; I cannot do this alone. In me there is darkness, but with you there is light; I am lonely, but you do not leave me; I am feeble in heart, but with you there is help; I am restless, but with you there is peace; in me there is bitterness, but with you there is patience; I do not understand your ways, but you know the way for me. Amen.



"It comes to something when the state of the pound is such that we *hope* to find lots of foreign coins!"

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Poems to Ponder

OUR NEW PM

Who will our new prime minister be?
Will it be Liz or perhaps Rishi?
The system dictates that we have to wait
To find out just what will be our fate

Come September it will be revealed The result will then be signed and sealed Let's hope this important post is won By someone we'll trust and depend upon

You could place a bet on your favourite contender
But that may not be top of your agenda
Better just to wait patiently
And watch the outcome on TV.

by Val Raven

THE COST OF LIVING

Our bills are rising every day
For everyone in every way
We try our best at cutting back
To keep finances in the black

Basic items from the store Luxuries are off for sure Petrol prices up so high It really makes you want to cry

It's not too bad in summer time The light and heating bills decline But when the winter days are here Tough times for many I do fear!

by Val Raven

KITESURFER

Swooshing, sweeping,
White noise,
A broad grey belt,
Where golden sand,
Meets endless sky.

A lone kitesurfer, Clings on tightly, His rainbow canopy, Pulled taught aloft, On gushing winds.

by Christopher Smith

SANDCASTLES

Sandcastles are made, With bucket and spade, And a little imagination.

by Christopher Smith

Gorleston Theatre Company

present
Sweeney Todd

Double award-winning local theatre company GTC are presenting Sweeney Todd, the Demon Barber of Fleet Street – A Musical Thriller, at the Pavilion Theatre, Gorleston. Director, Jeannie Kinkaid (below top), long

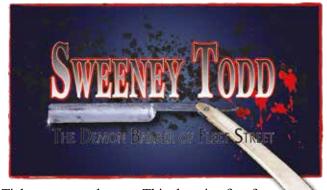
standing member of GTC, is joined by John Stephens (below right) as Musical Director and Natasha Bird (below left) as Choreographer, making a team that are all well known in local theatre productions. Rehearsals are underway and with a sterling cast, twenty piece orchestra and a set from Scenic Projects Ltd, this promises to be a show not to be missed.





Sweeney Todd: The Demon Barber of Fleet Street (often referred to simply as Sweeney Todd) is a musical with music and lyrics by Stephen Sondheim, and a book by Hugh Wheeler. It is based on the 1973 play of the same name by Christopher Bond.

One of the darkest musicals ever written, *Sweeney Todd:* A Musical Thriller is the unsettling tale of a Victorian-era barber who returns home to London after fifteen years of exile to take revenge on the corrupt judge who ruined his life. When revenge eludes him, Sweeney swears vengeance on the entire human race, murdering as many people as he can, while his business associate Mrs. Lovett bakes the bodies into meat pies and sells them to the unsuspecting public. Perhaps composer/lyricist Stephen Sondheim's most perfect score, *Sweeney Todd* is lush, operatic, and full of soaring beauty, pitch-black comedy and stunning terror. It's one of the signal achievements of the American musical theatre of the last fifty years, and it's the high water mark of Sondheim's six remarkable collaborations with director Harold Prince.



Tickets are on sale now. This show is a first for GTC and the Pavilion Theatre and it is advisable to book early in order to avoid disappointment.

Tickets:

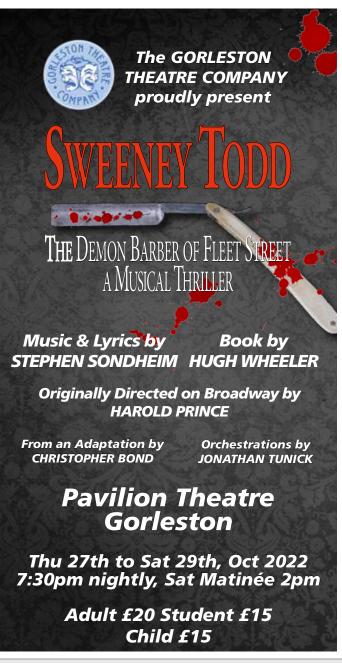
Thursday 27th & Friday 28th October - 7:30pm Saturday 29th October - 2pm & 7:30pm £20 Adult, £15 Child/Student

Group rate available – please telephone Box Office

Box Office: 01493 662832

Monday - Thursday, 11 - 3

Online: www.pavtheatre.com





year 11. Open Events

Save the dates!

Bookings will open soon

Open Saturday 24th September 2022

9am - 1pm

Open Evening 6th October 2022

4pm - 7pm

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www.eastnorfolk.ac.uk



ENSFC

EN celebrates £3.5m+ funding boost for T Level provision

Students embarking on T Levels at East Norfolk Sixth Form College will have access to state-of-the-art resources and facilities thanks to a funding boost of over £3.5million.

EN has been awarded the targeted investment from the Government's T Level Capital Grant Fund. Last year the College was awarded over £1 million to support delivery of the new qualifications, so this latest award is fantastic news.

EN was the first provider east of Norwich to offer T Levels last September, and this additional funding will be invested in new

spaces and facilities to expand the current T Level provision. It will support the very latest technology and put the college at the forefront for delivery of T levels in the area.

EN Principal, Dr Catherine Richards, said "This is fantastic news for the College and all those students who will be studying for their T Level qualifications with us. To have been awarded over £3.5m to invest in our T Level



provision will ensure that we can offer the best equipment and facilities to support those students in their studies."

The Rt. Hon Brandon Lewis CBE MP said: "East Norfolk is a fantastic college and offers excellent educational opportunities to young people here in Great Yarmouth. I am delighted that the Government shares my confidence in the Sixth Form college and is investing £3.5million in new facilities to allow for enhanced provision of T-levels.





Gorleston Through The Lens

With thanks to:

Oliv3r Drone Photography - 1 Paul Scales - 4 & 6 Colin Wooden - 2 & 3 Luke Martin - 5 & 7















Hair We Are



with Kevin Huggins Owner of Fusion Hair Consultants and Chairman of the Gorleston Traders Association

Here we are heading into September and what a lovely summer we have had. Every type of weather the seasons bring, somewhere,

somehow, it upsets someone - it is either too wet, too hot or too cold. For me, as long as we have a decent summer I can live with the rest. So, this year has been really enjoyable.

Last month I told you about my dogs and my love for animals. Well, this month I am going to expand a little bit more on what is increasingly becoming our menagerie here at home.

We have a small area at the top of our garden which is fenced off, and when my dear old mother was alive it was used as a vegetable patch. My Mum used to spend hours in this part of the garden, and most days you could find her tending to all sorts of vegetables she used to grow. Potatoes, carrots, cabbages, strawberries, just to name a few. When Mum sadly passed away back in March 2016, I thought this is one area I need to keep going, out of respect for her. Well, hats off to anyone who owns and works a vegetable patch, because I never had any idea how hard it was to do. After spending a day digging in horse manure to help fertilise the ground and then leaving it a month to help work into the soil, I prepared what we were going to put into the ground - we decided on potatoes, courgettes, carrots, tomatoes, corn on the cob, strawberries, and lettuces. After spending another few days setting all these into the ground, it was time to stand back and let everything grow. Wrong, there was much to do and my god I never realised how much. Going back to my earlier note about the weather, the dry spell meant most evenings watering the garden. I can tell you, very soon everything started to grow and when I say everything, I mean everything. How do I tell the difference between a young carrot coming through and a weed? Within a couple of weeks, the garden started to look a bit of a mess. Now I know why my Mum spent so much time in the garden because the weeds started to overtake what I was growing, or that is how it seemed at the time. I tried to keep the weeds down as best I could, with my Mum's memory sticking in my mind and me apologising under my breath for letting the garden go. I never intended that at all but in the growing season, it was impossible to be able to spend the time needed to achieve that. At the end of that first season, I started to dig up what I had grown after thinking well I will just let it all grow and then dig it over and keep the vegetables as I dig them up. I thought if I do that bit by bit, I will gradually clear the garden. Again, how wrong could I be. Tomatoes, I had so many tomatoes as they were grown in pots, I started having to give them away.

I know this is wrong, but I started to think with the lack of time available to me, and although the vegetables may not quite taste the same, if I wanted any of the named vegetables, it was just too easy to go to the shop and buy what we needed for a couple of quid. So, very sadly and asking my Mum, under my breath, to forgive me, I decided growing vegetables was just not for me. The plot still looked a mess and weeds were up to my waist. I felt so bad, what could I do with it? I was discussing this with





a good friend of mine, and he suggested, what about keeping chickens? He told me that I wouldn't have all the work with the growing of vegetables. They would clear all the weeds for me, clean the garden and a produce at the end would be fresh eggs. So, I looked into it and off I went to Myhills at Fritton and looked at some chickens. I never realised there were so many breeds of chickens, but in the end I decided on a breed called Ameraucanas. My word, what great advice I had, I bought 6 chickens, one cock and 5 hens, and within 3 weeks my waste high weeds were gone, and I was getting fresh eggs every day. Ameraucanas lay eggs with coloured shells, we have blue shells, green shells as well as plain white. Most importantly the vegetable plot is completely clear of weeds and is now very easy to look after as all it needs me to do is feed them some corn every day as well as any food waste we have normally. So now nothing goes in the bin at all and the chickens get fed everyday our leftovers as well as corn. The type of corn given is an important part of the chickens' diet to help with the eggs forming. Like everything you do new there is a lot to learn and keeping chickens is definitely one of those.

But reading those books and googling information is still a lot easier than looking after vegetables. Since that day just over 3 years ago we now have 13 chickens. Every now and then when some eggs are laid, with a permanent marker I date the eggs and leave them there. The hens then roost and before you know where you are you have young chicks running about.

Of course keeping livestock such as chickens comes with its concerns, and living out in the country, immediately foxes comes to mind. So I had to make sure that the chicken run was secure enough to keep the foxes out, which I have, with a concrete base all the way round and then chicken wire that stands 8 feet tall. Once we started to have the young chicks, we realised that they were so small they could actually get through the holes in the chicken wire to the outside world, so we had to net the lower half of the chicken wire to prevent the young chicks getting out.

I have also tried a couple of old wives' tales to prevent foxes. One of them was to hang human hair around the fence, we happen to be in the right industry for that, apparently the foxes get the smell of human DNA and deters them away from the chicken run. The other wives' tale involves me every now and then going to the end of the garden near the chicken run and having a wee. Apparently, the smell of human DNA from my wee does the same thing. I was listening to a radio programme a couple of months ago where this was discussed and some people said it worked and others said it was a load of rubbish. Well they cleared the point up with a wild life expert by saying male foxes are deterred by human DNA where female foxes are not, so when the foxes have their young and the males are out for a kill, leaving the vixen in the den with the young, the DNA trick will work, when the vixens are out they will take no notice of human DNA and could threaten the run.

All in all, an interesting subject and one I am so glad to have taken up and the result with fresh eggs is lovely. See you next month when I will tell you of another hobby taken up by using the vegetable plot. Enjoy your September.



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Gorleston FC

Gorleston began life at Crown Meadow with victory in the FA Cup Extra Preliminary Round, beating Biggleswade Utd 4-0.

Robbie Sweeney scored the Greens first ever goal at their temporary home, which has now been named the



Match sponsor On Top Roofing chose Robbie Sweeney as man of the match

Fosters Solicitors Community Stadium when he pounced on a poor pass from the opposition goalkeeper.

Sweeney also scored the third with a sliced cross that floated over the keeper. Christy Finch and Connor Ingram completed the scoring.

Action from the match against Biggleswade









New club captain Connor Deeks was penalised for this, but it lead to Gorleston's opening goal

Manager Scott Butler has appointed Connor Deeks as the new club captain after previous skipper, Kyle Ingram,

decided to step back from the role. Jake Jessup is vice captain.

On the management side, a new first team assistant manager has been appointed. Darren Cockrill will take on the role. Andrew Lawn takes charge of the Under 18s.

There has been one out, two in on the playing side. Panashe Mundawarara has moved on. Meanwhile, attacker Liam Jackson (below) has been signed



from Norwich Utd for an undisclosed fee and George Keys has joined. Keys is a 22-year-old defender with lots of experience having already played for Colchester United, Brightlingsea

Regent, IFK Mora (Sweden), Leiston and AFC Sudbury. He joins having already played 150 times at non-league, his greatest highlight so far playing live on TV in the FA Cup first round.

September will see the season get into full swing with games coming thick and fast for the first team, including their first outing this season in the FA Trophy when Coggeshall Town will visit Crown Meadow. Plus the Reserves and Under 18s will begin their competitive fixtures.

Gorleston are providing free transport to all home games. To take advantage of this offer, supporters need to order match tickets online. An Adult Ticket and Travel pass is £10, for Seniors it's £7 and Under 16s £5. Every Adult/ Senior Ticket and Travel Pass purchased will receive the option to purchase one U16 Pass at the reduced rate of £2. Any additional U16 Passes required beyond this will be subject to the standard U16 £5 charge.

To place your order visit www.gorlestonfc.com/clubinfo/ticket-and-travel.

To be in with a chance of winning some cash, and show your support for Gorleston at the same time, join the monthly GoLD draw. The draw paid out over £60 in prize money in July. Full details of the draw and how to enter are on the website, contact me (Dave Hardy), or email gorlestonfootballclub@hotmail.co.uk

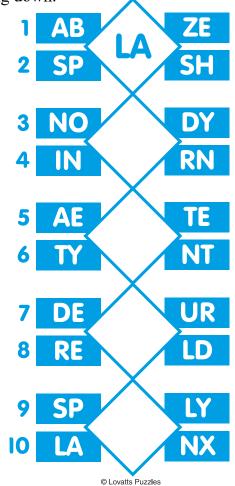
For all the latest news, results and fixtures visit www. gorlestonfc.com, follow @gorlestonfc on Twitter and Instagram, and Like us on Facebook.

	September Fixtures									
Date	Time Competition		Team	Opponents (Home/Away)						
3rd	14:00	Mummery Cup	Reserves	Norwich CEYMS (A)						
8th	19:45	League	Under 18s	Norwich Utd (A)						
10th	15:00	FA Trophy	First Team	Coggeshall Town (H)						
13th	19:45	League	Under 18s	Kirkley & Pakefield (H)						
17th	15:00	League	First Team	Heybridge Swifts (A)						
20th	19:45	League	First Team	Stowmarket Town (H)						
20th	19:45	League	Under 18s	Bungay Town (A)						
27th	19:45	League	Under 18s	Diss Town (H)						

Can you climb the ladder changing 1 letter at a time, to get from the bottom word to the top word? money toner

Seeing Double

Each pair of words share two middle letters. The first has been filled in as an example. Complete the remaining words to find the mystery keyword reading down.



Coffee Time 2

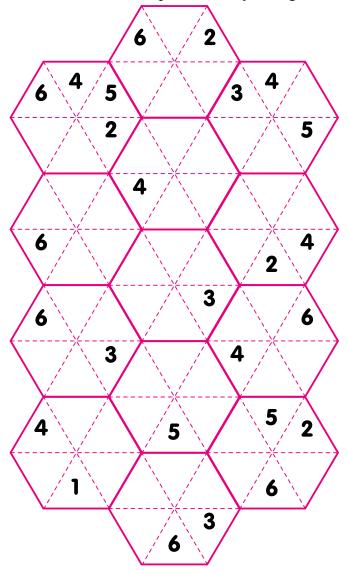
Caught in the middle

What are the words that can be written down the middle to create two more words or phrases either side?

dinner	 piece
fun	 amok
guest	 guest
gravy	 of thought
come	 cousin

Hexoku

Fit the numbers 1 to 6 into each hexagon so that where the hexagons touch, the numbers are the same. No number is repeated in any hexagon.







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Richard Routledge

"The life and times of"



After my first year in Little Joe's Icecream Shack we had the winter off before we started the next March. It was nice to have a few months off before a long season, so in that time we could go in and tidy up the mini golf course, and my son Joe added a half a boat

with a waterfall coming out of it into a pond.

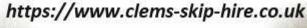
Inside the shack we had a good spring clean and got everything spick and span for the new season. It should be a better season because the sea defence work had finished and we were left with a nice rock formation to stop the sea coming in. I remember one day in the Febuary before we opened I was looking out from the shack and I saw what I thought was a large log bashing about the bottom rocks. I thought it's moving too much for a log and I asked this man to have a look and see what he thought.

"It's a shark" he said, "coming into feed". (I found out he worked on fishing boats before he retired.) It was about six feet long and had a small fin, big enough to scare you. The front hatch was a great place to look out of in the morning. You could watch the inshore rescue boats practise their moves, and some mornings the helicopter would swoop down and haul one of the chaps up.

It was a lovely place to work and you would get the same people coming past every day with a cheery hello. The only thorn in all this was the weather, if it was raining or a bit cold and windy, your trade could be affected badly. If the rain was heavy then every now and then the mini golf would flood.

More about this next month...

Find Richard and What Is Hip on Facebook at: https://www.facebook.com/WhatisHipGLSTN/





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Gorleston Links Bowls Club

Well, glorious sunshine and breezy days up on the cliffs, as we were playing some

cup matches during the busy Gorleston Clifftop Festival. We had the Platten plate on Saturday, with the Jermy cup

being played on the Sunday. Jill Adams played Sue Moretta in the Platten plate. Congratulations to Sue (right) for winning that. The Jermy cup was a quarter finals match against R.G. Carters, which we won. We now go on to play



Caister in the semi finals.

Great concentration from all who played with the busy comings and goings of the festival goers.



Recent competitions in the Juniors saw Kelsey (left) from our club reach the semi finals at Wymondham, which means she now goes on to the county finals at Leamington Spa, a achievement great for her, especially as

she fitted her games around her exams. We wish her good luck in that. And to Abi who came so close in her game, great upcoming talent.

Our in house matches are getting very interesting. We have the Novices cup for players that have been with us for less than three years, or have not won a competition with us.

We also have the Doreen Ellis trophy, which we have named after one of our members.

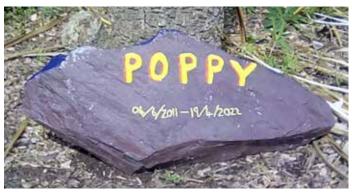
Then there is the Malta cup, The Fermoy cup, The sunshine leagues, EBF and EBA games, and the Lothingland league. Each brings its own brand of playing, close games with some surprising results. Our trophy presentation and dinner dance will be very interesting this year.

We play both EBA and EBF rules in different matches. One is Association, one is Federation, they both have their own rules on things like measuring. If you come to watch us play, you will see white paddle markers with numbers like 23 and 19.5 which are minimum length marker posts, where the jack or cot has to reach when the game starts. Width markers say when a bowl is in play. There are red marker posts and red, blue or white lollipop markers to show where a bowl is in the ditch, but is considered 'live'

in some matches, so it can be included in scoring if needed. White spray chalk dots the bowls that have touched the jack, and are live, even if in the ditch. You might also see players using a long white stick, which is a metre length measure for placing the mat at a correct distance at the begining of a match. As well as the rink markers of one to seven, to show which rink you are playing on.

We are glad we have plenty of members who know all the different rules for the versions of the games being played, it is very much appreciated as it can be a lot to get your head round when new to it, it keeps the game flowing, and we enjoy it in the process.

We have a lovely addition to the flower and shrub borders. Kelsey, one of our members, has painted and decorated a lovely stone for Poppy, who was called 'The club's dog'. We sadly lost her earlier this year, and her owners asked for someone to do the stone as a permanant reminder of her, so she is always with us at our home games, just like she was on our Sunday roll-ups, before heading off on her walks along the cliffs and down the beach, bless her.



No two clubs' greens play the same. The size of some grounds with their facilities are amazing. Some have a clubhouse with a kitchen, seating, changing areas, toilets, and a verandah to sit out and watch the match on benches. Some have high hedges round them for privacy from adjoining housing or recreation areas, so, less distractions.

And some feel quite small and intimate, with a clubhouse fashioned from an old shed it seems. Others more rural with farmland around them on the edge of a village, each with its own unique feeling.

The groundstaff whether private or council, can do a fabulous job of keeping the greens and surroundings in good playable condition, weed free, grass clipped to the perfect height for playing on, and able to cope with heavy rain or blazing sunshine. Many clubs' greenkeepers are purely voluntary, their efforts are greatly appreciated.

We have a busy green and pavilion, as we share this with two other clubs, quite different to what most clubs enjoy.

But hey, we are all different, playing on all of these grounds is half the fun.

The Paget Page



Ride Across Britain

An Honorary Consultant at the James Paget is undertaking a cycle ride across Great Britain in September to raise money for Alzheimer's Society.

Professor Carl Philpott, Honorary Consultant Rhinologist and ENT Surgeon at our hospital and Professor of Rhinology & Olfactology, Head of Rhinology & ENT Research Group Professionalism Lead at the University of East Anglia, will undertake the 'Ride Across Britain' – a nine-day 970 mile ride from Land's End to John O'Groats - from 10 September.

The epic organised ride will see Carl bike cliff tops, moorlands and mountains in a cycle that will take in 23 counties across England, Wales and Scotland. Each day involves more than 100 miles of cycling.

Carl says; "I'm cycling the length of the country for Alzheimer's Society because smell loss is linked to this devastating condition. As a champion for those affected by smell disorders, it's important to highlight that odour memory and odour identification are profoundly affected in individuals with Alzheimer's disease."

Carl is aiming to raise at least £2,200 for Alzheimer's Society through his ride and, if you would like to support his efforts, you can sponsor him via his Just Giving page https://www.justgiving.com/CMPRAB

East of England Fellowships

Three James Paget staff have been awarded East of England fellowships to develop their careers in clinical research.

The Health Education England (HEE) East of England internship programme allows staff to develop careers that combine research with continued clinical practice and professional development. The programme gives nurses, midwives and allied health professionals (NMAHPs) the opportunity to apply for bridging internships to build on their previous academic training and to develop proposals for a pre or post-doctoral award.

The James Paget prides itself on providing research opportunities for patients and staff. The NMAHP Research and Evaluation service supports development of research ideas co-developed between staff and patients, and encourages staff to explore opportunities to broaden their involvement in research for patient benefit.

Part of this vision is about encouraging staff to apply for available funding and as a result, two nurses and one physiotherapist were successful. Remya Philips, Rachel Dance, and Mehar Shiju will commence their fellowships in November 2022 and will be exploring topics that will benefit both patients and health care staff.

Remya is a ward sister in respiratory medicine, who is supported by Tracey Palmer and Bincy Kuriakose, and will focus on how colleagues are coping as the pandemic continues.

"I will be assessing the levels of anxiety and burnout among healthcare professions working in COVID-19 and other respiratory guidance through

James Paget wards. I am really grateful for the University Hospitals **NHS Foundation Trust**

the process and for the support throughout. I am so excited

to have received this award, it means a lot to me."

Rachel, a stroke physiotherapist based in the integrated therapies department, is supported by Beverly Chilson and Rene Gray.

She says; "I will be exploring the impact of co-designed stroke healthcare assistant education and its impact on patient care, specifically improving patient activity levels. I feel so pleased to have been given this brilliant opportunity to learn more about research and how to apply it to my clinical work. Being able to receive some dedicated teaching, mentorship and protected time via the internship to develop my skills will be so valuable to my development, and I truly believe patient care will improve as a result."

Mehar is a Research and Evaluation Associate in Corporate Nursing, supported by Claire Whitehouse.

"I truly feel blessed and honoured to receive the HEE pre-



masters bridging award, the stepping stone to my clinical-academic journey. My project will be investigating pastoral support for overseas and UK nurses."

Claire Whitehouse, Senior Nurse for Nursing, Midwifery and Allied Health Professions (NMAHP) Research, said "We are delighted to support our staff on this prestigious programme for the benefit of their own growth and the impact their work will have on patient care and outcomes."

This is the third consecutive year that James Paget NMAHP staff have featured on this East of England pathway, following the footsteps of Rene Gray, Professional Lead for Physiotherapy, and Daryl Guledew, Clinical Research Nurse, who both completed their internships in 2021, and Claire Whitehouse, who is now undertaking her PhD studies.

For more information about the schemes available, you can access the clinical academic careers website here; https://www.claceast.net/.../2022-pre-masters-internship



Brave the Shave

At the end of July, one of our nurses, Sister Sharon Duddell Braved the Shave for Macmillan Cancer Support! Local hairdresser Colby from Colbys Hair and Beauty lounge Gorleston, came

to the hospital to help Sharon shave her hair.

Sharon is a cancer survivor herself and sadly cancer has also affected many members of her family so she is aiming to raise as much as possible for the charity by having her head shaved.

Sharon has raised over £1000 so far and is still accepting donations, you can donate here: https://bravetheshave.macmillan.org.uk/.../sharon-duddell...

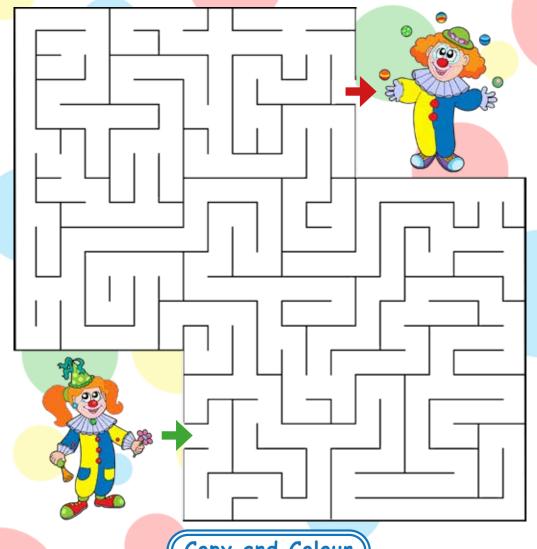




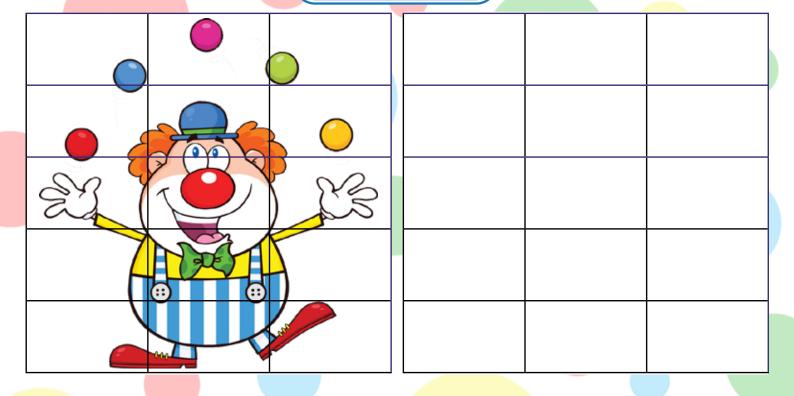


Would you like to send us an article, poem, picture, book review or recipe? Or do you have a story to tell? Or would you like to advertise in **Gorleston Community Magazine?** If so, please email us at gorleston.community.magazine@gmail.com or via the website contact form.





Copy and Colour





The Kingdom of God (Maithew 13)

At around 30 years old, Jesus began to teach the people about the Kingdom of God.

He told them that they needed to turn away from their ungodly ways if they wanted to be part of God's Kingdom.

The people did not understand what 'God's Kingdom' meant, so, to help them understand, he told them this: 'Think of a tiny seed. It grows into a big tree. All the birds can nest in its branches. The Kingdom of God is a bit like that.'

You could think of it like this – just as a tree is a safe place for all the birds to live, the Kingdom of God is a safe place for all people to live in. Jesus said it was necessary to turn away from ungodly ways and to live God's way. Without that, the tree or 'the Kingdom' would not be that place of safety and security. That is why those who are ungodly cannot be part of God's Kingdom.

What kind of place do you want to be in? If the safety and security of God's Kingdom sounds better than a different alternative – and it is, find out about how you can live God's way, because the Kingdom of God is near.

Gorleston Then & Now

by John McBride



Here we have the junction of High Street, Baker Street, Lowestoft Road and Church Lane. On the left is the old library and tramway building. This was demolished in 1972 and the new library opened in 1974. On the next corner is Boots the Chemist, which moved to new premises in the High Street in the former Coliseum Precinct around 1974. Currently this building is a betting shop. The next corner is Norton's the tobacconist, this was commonly known as Norton's Corner after this long established business. Norton's were trading from this address since at least 1922 according to Kelly's Directories. The premises were demolished in July 1971 to make way for the East Anglian Trustees Savings Bank branch which opened on 12th June 1972. This is currently a branch of Lloyds Bank. The toilet block has been rebuilt set further back from the junction and the only buildings that are recognisable in both photographs are the ones on the Lowestoft Road - Church Lane corner.





Opening <u>THE</u> Book

with Reverend John Kinchin-Smith

During the summer months I guess that many of us will have attended a wedding. But marriage and family life are under so much threat today. The statistics are frightening for the future health and stability of our society. Half of marriages now end in divorce (the highest percentage in Europe), and more than fifteen percent of children live in homes with a single parent. What does the Bible teach about marriage?

The Bible teaches that marriage is not defined or ordained by mankind (Matthew 19:5-6). The government does not define marriage, although its validation of the marriage may be necessary for civil purposes. Culture does not define marriage. Neither does sentiment. By the same token, mankind does not define the dissolution of marriage and the Bible teaches that it is the rejection of God's standards that creates divorce.

The Bible teaches that God instituted marriage when He created Eve for Adam, determining in the Garden of Eden that it was not good that "man should be alone" and that God would "make a helper comparable to him" (Genesis 2:18). God even went further to say that in marriage, the man and woman should leave their fathers and mothers and join together as one flesh (Genesis 2:24).

The Book of Ephesians also gives special instructions for husbands and wives to follow in relation to love and respect for one another, for example: "Husbands, love your wives, as Christ loved the church and gave himself up for her." (Ephesians 5:25) The Book of Proverbs celebrates the treasures of a "virtuous wife": "An excellent wife who can find? She is far more precious than jewels" (Proverbs 31:10), while 1 Corinthians 13 focuses on what love should resemble, not only between a husband and wife but also between all of us.

Marriage, in God's eyes, is something sacred and appointed by Him. It is not something to be thrown away when the "feelings" have subsided, but to be fought for daily and to mature one another as both grow in love. Marriage is not just for needs being met, but is to show God's love to others through the couple's mutual love to each other and to God. Marriage takes real work, love and patience to establish



lasting love, but it is also worth pursuing and knowing that God brought them together for a purpose that is greater than they'll ever know.

News from The Mag

with Reverend Matthew Price



One of the highlights for me each year – and it was especially good for it to be back in 2022 after the pandemic – is the Out There Festival which takes place each September in Great Yarmouth.

The Out There website describes the festival as a "Breathtaking spectacle and quirky comedy combine in a festival woven through with quality performance, family-friendly atmosphere and more than a fair dose of seaside silliness!" And that has certainly been my experience. In fact, it is difficult to even describe!

So, imagine my excitement when I learnt that, this year, as well as the weekend in Great Yarmouth, Out There in partnership with our friends at Freshly Greated (who we worked with on Summer on the Mag) were also going to be hosting smaller, but equally fun – and crazy – events on the Mag and in Cobholm this year.

Mark Wednesday 14th September, between 5pm and 8pm, in your diary when Out There on the Mag will take place on Magdalen Square. Sam Jinks, Programme Manager for Freshly Greated says, "The intention is to produce an evening packed with a varied mix of high-quality art suitable for a family audience – there will be a roam about dog-themed musical act, circus performances and a big finale with French drumming group Les Commando Percue".

And alongside all of that there will also be drop in art activities to join in with, refreshments and food concessions, and performances from local bands.

I can't wait – I hope you're excited too. See you on the 14th!



Department of Gruff - D.O.G., the dog themed, roam about musical act







Wroughton Infant Academy is excited to announce the opening of our new nursery for 3-4 year olds, led by a qualified teacher.

For more information please contact
Amy Lane via the school office on 01493 806780 or
email nursery@wroughtonacademies.org.uk



'Through the highest expectations, we ensure that children have the knowledge, understanding and skills to be confident and successful.'





Ramblings of a Displaced Cockney

"Well known in Gorleston as the former Principal of the East Norfolk Sixth Form College, our Displaced Cockney is Laurie Poulson whose travels in life have taken him from birth in the East End of London, all around England, until he came to Gorleston in 1999, where he has been ever since."

The Isle of Wight Festival 1969 via Yarmouth!

There are some events during one's lifetime when one can genuinely say "I was really glad that I was there". The Isle of Wight music festival of August 1969 was definitely one of those occasions.

The first Festival had been the summer before and had attracted an estimated 10,000 people to the Island. The 1969 Festival was always destined to be a much bigger and more significant event. The famous one-off festival at Woodstock near New York had taken place only a couple of weeks before and had attracted around 400,000 people, but the IoW Festival at Woodside Bay near Wootton had something that Woodstock didn't. It had Bob Dylan! After three years of semi-retirement after a motorbike crash, this was going to be his big comeback, topping the bill and long anticipated.

I had just finished my teacher training year in London and was heavily involved as a leader in the Boys' Brigade Company and the Youth Club. The older boys and girls decided that the Festival would be too good to miss. We had my old Bedford minibus for transport and we had all our DofE Award Scheme tents and camping gear. What could go wrong?

We set off from London aiming for Portsmouth and the ferry to Ryde with a sailing time of early evening. Everything went well until we were somewhere in the countryside on the A3 past Guilford. Suddenly, we lost power and I was able to pull off onto a wide grassy verge. Crawling underneath the engine revealed the sad truth: the petrol pump, which was right on the bottom, had fallen apart and shed various bits back along the road somewhere. This was long before mobile phones and the internet of course, but somehow, we found out that there was garage a few miles back up the road who might have a replacement. They were due to open at 7am the next morning so there was nothing for it but to spend the night in and around the minibus, but at least it was a dry summer's night. Next morning, my mate Pete and I hitched a lift to the garage, who miraculously had a new petrol pump in stock, hitched back and I relaced the battered remains of the old one. In those days you always carried a full tool kit, because being completely confident that you would actually get to your destination without a mishap, was only for those who could afford new cars!

The only problem now was that the new pump was so much better than the old one and it was sucking sludge up from the petrol tank and blocking the carburettor, where the petrol mixes with air before being fired in the cylinders. Fortunately, I knew a trick for this involving a small plug on the side of the carburettor into which you could insert a drinking straw and suck out the sludge. Ugh! So, we stopped in the next town, bought some straws, performed the surgical procedure and started up. The effect was incredible, the whole town High

Street filled with clouds of black smoke and the local Bobby appeared immediately to get us moving and out of his patch!

The engine settled down and we were on our way. A quick rethink: we were aiming for the busy Portsmouth crossing and way behind our scheduled booking. Let's go round to the smaller crossing at Lymington and go over to Yarmouth (the one in the Isle of Wight!). We got there and I explained that we should have crossed at Portsmouth the day before and the ferry staff found it totally hilarious that we were 16 hours late and with the wrong tickets. Hilarity turned out to be a good thing because they just waved us through to the front of the boarding queue and straight on. Wow!

After all that the Festival itself was a bit of a blur. There were just the 150,000 of us and it was well organised and trouble free (unlike Woodstock two weeks before). There were some big names like the Who, the Moody Blues, Free, Joe Cocker and loads more. The biggest name was of course Dylan, backed by our favourite group "The Band". Their album "Music from Big Pink" had been released the year before and was (and still is) terrific. Dylan was scheduled to close the Festival and yes he did play a great set. It seemed to be over all too soon (although he actually played 17 numbers) and we all clamoured for more, but he was gone. The crowd was getting restless as we wanted encores but he wasn't coming back. It worked out well for us as it happens, because The Band just kept playing on and on, including of course, all the tracks from "Big Pink" which we preferred to Dylan!

Years later I heard Levon Helm, the drummer in The Band, talking about the Festival and the Dylan set. He said that they did have a whole list of songs that Dylan had intended to carry on with but he left them to it, as he had a better offer. Three of the Beatles were at the Festival and he flew out in their helicopter to the farmhouse where they were staying, because they had just received the first pressing of their "Abbey Road" album which was to be released in September, and they all wanted to hear it!

There was another Isle of Wight Festival the following year but we didn't get back to that one. Some 600,000 people did (bigger than Woodstock) but then the Conservative Government's Isle of Wight County Council Act of 1971 incorporated a measure to ban overnight, open-air events involving over 5,000 people unless a special licence was granted. The Act "was introduced in part as a consequence of the adverse impact upon residents and the environment of large-scale assemblies in 1968, 1969 and 1970." So, the Festival was doomed, but it did get resurrected in 2002 at a site near Newport where it still happens, but it couldn't be the same, could it?

More Coffee Time!

Codeword

Every white square is numbered from 1 to 26, with the numbers corresponding to letters of the alphabet. Use your knowledge of words, names and places to work out where letters go, completing both the grid and code boxes, and using every letter of the alphabet.

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Wordsearch

Can you find the words listed below? Words occur in the grid forwards, backwards and diagonally.



AIM	LAY	QUR'AN
BIG SHOT	LEE	RARE
BOOK	LEWD	RUDE
BRA	LOGS	SIR
ERGO	LOW	TEASED
GAZA	MOBILES	TRY
GLAD	NATO	UH-OH
GOA	OCD	UNWED
GOLLY	ORB	WALLER
JOE	ORGY	YEOMAN
KID	PEW	ZAIRE
LAST	PING	

P

Pavilion Theatre

LOOKING AHEAD TO OUR AUTUMN/WINTER SEASON

Doesn't time fly when you're having fun!

We're preparing to launch our Autumn/Winter season of events, including our hugely popular pantomime that performs throughout December. Take a look through our website to see What's On and book your tickets before they sell out.

We haven't quite finished with Summer yet though, we're still hosting live music on the bandstand to the end of the month (weather permitting) and our lovely air conditioned theatre has a whole host of shows on for your entertainment.

SUMMER BANDSTAND CONCERTS

Our free bandstand concerts continue every Sunday afternoon:

4th September: Hellesdon & Sprowston Brass

Band

11th September: TBC - see our website for details! 18th September: No performance due to other local

events

25th September: Norfolk Music Hub Takeover

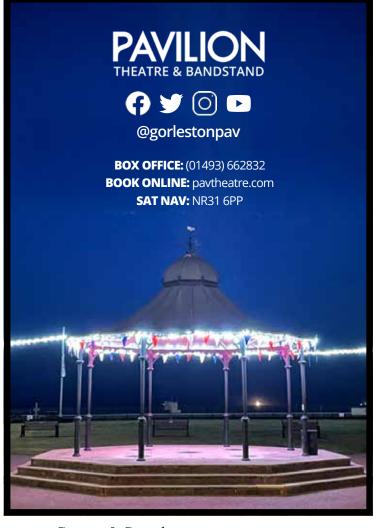
SUMMER SHOWTIME 2022

Our 2022 Summer Showtime production continues every Tuesday. Come along to enjoy a full night of live traditional but modern and fast paced LIVE seaside entertainment.

WHAT'S ON IN SEPTEMBER

This month we have the following performances on stage:

- BRITCOM
- Everly & Friends
- A Head Full of Coldplay
- Jimmy Jones



- Country & Comedy
- Let There Be Rock
- Motown & Soul
- Bye Bye Baby
- Roy Orbison & The Travelling Wilburys

Full details of the theatre's schedule of plays, musicals, pantomimes can be found at **pavtheatre.com** or by calling the box office on (01493) 662832.



72 High Street Gorleston-on-Sea Norfolk NR31 6RQ Tel: 01493 652774 Mob: 07557 303 114

Richard Routledge



CLASSES FOR ALL FROM 4 YEARS OLD:
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Christian Unity in Gorleston and Bradwell, and Beyond

The new church in Bradwell – the Elim Pentecostal, was recently a big hit at the Gorleston Cliff Top Festival, where they gave away hundreds of children's Bible story books and sweets. Many people also came to the stall to ask for small wooden crosses that they wanted to take to family members who were sick. The stall that was organised by the Elim Church was also assisted by a team from four other local churches in the area, bringing together the unity of the Christian community of Gorleston and Bradwell. Jan and Rita who organised the stall were delighted with the turnout of the people and how several churches also came to assist.



Pastor Anne Simpson, who leads the church, said that it was a wonderful opportunity to reach out to the local community, as well as many holiday makers who were visiting the area. The church has a vision to not only reach out with the love of Jesus Christ both spiritually and practically in the area, but to also bring together pastors and leaders of different denominations across the Great Yarmouth Borough, and will soon be hosting an evening fellowship with refreshments at St. George's Pavilion Café on Tuesday 13th September 6-8pm.

As well as operating locally, Pastor Anne and a team are also involved in reaching out to many people around the world. She has been travelling to Africa for the past 12 years, and in the north of Malawi a piece of land was purchased and a



women's refuge has been built which is currently housing 10 women who have come out of abusive relationships or have been widowed with no way of supporting themselves. The ministry has been able to offer these ladies a safe house to stay in, but is also assisting and training them to do small businesses so that they can begin to rebuild their lives. On a recent trip, Anne oversaw the building of a new toilet and shower block. There is also ongoing work with children who are being assisted to go to school, and the planting of new churches in rural villages. In India there is a sponsorship programme for orphan children who are being looked after by a local pastor, and this programme enables them to go to school and provide for their daily needs.

Pastor Anne says that "lives are being transformed around the world and we are now wanting to bring that same transforming power of Jesus to the community of Bradwell and Gorleston, and the surrounding areas".

Anne has lived in the area for a number of years, and has had a connection with the area since a young age, and is delighted to now be reaching out in this area. The church began in March of this year and meets every Sunday at 11am at the Mill Lane Community Centre in Bradwell, and everyone is welcome to come and visit us. The church is part of a wider worldwide recognised organisation and are a lively church who believe in the power of God to change lives and bring hope and healing in this world.

Pastor Anne Simpson



Ormiston Venture Academy

The education that every child deserves

Venture is more than a school.... It is a community that is entirely committed to the children. Children who are supported through an unwavering belief that they deserve the best. That they deserve an education that is world class.

Step into Venture and you can feel the atmosphere of a community working together to ensure everyone achieves. What is it that makes the students and community of Venture so amazing! It is hard to focus on just one area... it is a combination of quality learning, exciting opportunities, a caring community and a belief in every child! Learning at Venture is personalised and focuses on ensuring that every child is challenged and engaged. They are supported through an ambitious curriculum that academically prepares them for their future and also supports them to do their very best. Working together students become true partners in learning, alongside staff truly developing the knowledge and skills that prepares them for future careers. An academic focus with just the right balance of Fun, Variety and Flair.

spirit? And community There is a commitment to ensuring all students have access to the very best opportunities. The extensive range of extra-curricular activities both within and outside of the academy day: exciting trips and visits, links with businesses, access to universities, expert professional workshops and local, regional and national cultural opportunities develops learners ready for an exciting future. A future with more than qualifications, a future that offers a rounded, rich and exciting education that prepares them to achieve their dreams.

Ormiston Venture Academy is a school that enables and develops children for success beyond the curriculum, it prepares children for their own exciting futures.

And above all it is a happy and caring community. One where children will experience a joy both in and out of lessons and are proud of what they do.





















No more trips to the tip!

Let us collect your garden waste

For an easy kerbside collection of all your leaves, twigs, grass cuttings, hedge trimmings and weeds, just join the local garden waste recycling scheme.

A large garden needs a brown bin, call 01493 742200 for current charges and to order. Alternatively, order online at www.great-yarmouth.gov.uk

Alternatively a pack of our new 75 litre garden waste bags could be just the job for a smaller garden, call 01493 742200 to purchase a pack of bags.





Gorleston Grapevine

with Carol Todd

What a summer full of sunshine my friends, still not bikini ready yet, maybe I will be in time for my 50th Birthday in December ha ha! Don't panic folk your lawn (if you have one) will grow back soon. Luckily we have the most fabulous beach to swim at and cool off in. Did you hear that our beach was voted in Trip Advisor's Top 10 in the World? I know, ssssshhh, we don't want too many tourists, or do we? September is one of my favourite months; schools go back (yes I can hear you cheering parents), daytime traffic is a little lighter meaning I can get to meetings on time, it's Out There Festival in Great Yarmouth and most importantly it's my boy's birthday woohoo!

Just before the schools broke up, we attended Ormiston Venture Academy's Venture Star Awards. We always sponsor three awards, and this year we got back in the room post pandemic. Really did feel special. So inspirational to hear the reasons why students were nominated. Congratulations and well done to you all, you're all winners. If you're a local business owner do get involved with the Awards sponsorship, just get in touch with reception at the Academy.

More new stores opened in our fabulous town last month. We had the launch of Istanbul Turkish Barbers, who've transfromed the old British Heart Foundation on our High Street. I hear they offer superb Turkish Coffee along with their amazing services. Work has finally started in the old Blockbuster store on the High Street, however guesses are still coming with is it or is it not going to be a Pizza restaurant/takeaway. Not forgetting on my favourite Bells Road, the wonderful opening of The Bee

Hive, Beena Chauhan's new salon. The Mayor, Graham Plant (pictured right with Beena) attended the opening along with around fifty residents enjoying prosecco, cakes and splendid Margo's buffet. Creative signage again designed by the very talented local artist, Jules Tyler. With hair styling, waxing, threading, brows, lashes, facials and lots of other treatments on offer





it's safe to say that we'll all be looking gorgeous and feeling great when we visit The Bee Hive. You can follow on Facebook @ The Bee Hive.

Talking of awards earlier, I think maybe we should organise a Gorleston's Local Heroes Awards. When I worked at The Beach Radio station, we used to hold these

annually. Just brilliant, so humbling and inspiring hearing local people's stories. Why am I talking about Local Heroes? Well, I would definitely nominate Mark Smith (pictured below), owner of Just Designed on our High Street. If you





don't follow his Facebook, then I'll tell you over the last few weeks he's been helping a homeless couple with waters and some food. He then found out that it was the lady's birthday and she hadn't had a card for 20 years! So he put a lovely message on his Facebook and lo and behold Gorleston's giving caring community rallied round and donated vouchers, cards, home made cards and gifts. He posted a video which was really emotional to watch, so genuine, and thankful she was for all her things. So you see, yes we all have very difficult things happen to us throughout life, there are some bad, nasty people, however, generally most of us are pretty fabulous acutally, and I'm lucky to live in a town like Gorleston, which is full of gorgeous giving people.

Really enjoyed the Women's Euro's and well done England's Ladies. Let's hope this encourages more young girls to take up football or any sport for that matter and we receive the support financially to invest here locally to help our young people be who they want to be. Our businesses invest thousands each year into Community Sports Foundation which do just that. L.G Perfect's also sponsor Gorleston F.C and E.E Green donated thousands towards building of The Nest in Norwich.





I think it's brilliant that so many of us, seventeen million in fact, tuned in to watch the Euro Final. This really is a game changer for women's football. Now it's the men's turn to do the same hopefully with the forthcoming World Cup in Qatar! May you have a September to remember.

Gorieston Flower C

Our next meeting is on Monday September 26th at Magdalen Way Methodist Church at 2 p.m. Our demonstrator is Vicki Hease, her theme "That's Not What It's For". You have the chance of winning one of Vicki's colourful arrangements and a Pamper Hamper. There will be a Sales Table with

all sorts of containers for you to use with your homemade floral arrangements. We look forward to welcoming members and guests for a very entertaining afternoon. There is just a fee of £5 for guests. If you would like more details please phone Margaret Colman on 663590.

Coffee Tim

Word Ladder:

money, honey, honed, toned, toner

Caught in the middle:

set, run, house, train, first

Seeing Double:

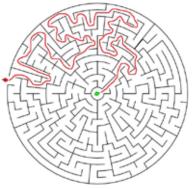
ablaze, splash, nobody, inborn, aerate, tyrant, detour, retold, spryly, larynx

Mystery keyword:

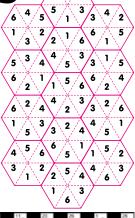
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Panto News? "Oh Yes It Is!"

ROAR OF THE GREASEPAINT



John Mangan has always wanted to be an actor. This year he is returning to a role he played 10 years ago, the Lion in The Wonderful Wizard of Oz. a pantomime version of The Wizard of Oz. A lion is usually referred to as the King of the Jungle but in this story he is referred to as the cowardly lion.

John trained at LAMDA in London, but halfway

through the course he was offered his first professional part, at the Royal Court Theatre in a play called Tuff directed by Diane Cilento. What a start!

His career never slowed down. He played lead roles in over 60 plays. His favourite medium is musical theatre. He played Nicely Nicely Johnson in Guys and Dolls and Max Bialystock in The Producers to mention just a couple.

On TV he loved playing opposite Ronnie Corbett in the sitcom Sorry.

Between all this acting work he lived in Australia and America for several years and achieved a BA Hons Degree in English Literature at University College in London.

You will love him as the Cowardly Lion in The Wonderful Wizard of Oz at the Pavilion Theatre in Gorleston, from 7th to 31st December 2022







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Life Afloat

by Patricia West, who continues her reminiscences...



After the departure of Francis and Marie Laure things seemed a little flat. We had gotten used to their enthusiasm and charm, their laughter and late nights.

Also it was now time to deal with our wrecked budget which proved easy on paper, much harder in practice.

But what the heck – it had been the most marvellous time.

We cheered up a little, especially Adrian, Paris was now less than 50 kilometres away and we were heading for the Seine. We had travelled on three canals... du Calais, du Nord and the Oise, Pillage had been cranked through locks by intrepid elderly ladies, and we'd hung on tightly with boat hooks in the small locks as well as the large... in case you are wondering, I have not climbed any tall ladders! There had been misadventures, upsets, disagreements, laughter, excitement and fun – our little crew had shared it all together.

We had leapt on and off Pillage hundreds of times, walked many kilometres in search of tucked away little churches, beautiful buildings, wildlife, meeting other boaters - French, German, Dutch, American and of course English, exchanging information and many stories over a coffee or two.

There had been exhilarating storms and glorious sunsets. We had grown fit and suntanned, and I for one had become so healthy and athletic, that had we lost the boat I possibly would have been able to swim myself home!

The surrounding beauty and peace had been overwhelming: lazing along one Sunday afternoon a small aeroplane came droning out of a blue sky, flying low over the boat, dipping his wing in the most romantic fashion before humming away, the pilot's outstretched arm waving at us until he disappeared into the fluffy clouds.

Birds were infinite in their variety – an eagle followed the boat one morning for several hundred yards, kingfishers darted across our prow, their turquoise plumage flashing in the sunlight.

In the evenings, coming in to rest, we often nosed our way through flocks of stately swans who would later crowd around the hull to be fed the remains of our supper.

On the occasions when the day finished deep in the countryside and with no prying eyes, we waited for dusk and abandoning the makeshift shower went skinny dipping in the warm water, dripping back on board straight into towelling robes to talk of "shoes and ships, sealing wax, cabbages and kings".

Embraced by the gentle sounds around us and the diamond stars above, I would retreat into a locked off private world and grow fanciful – find comfort in believing the brightest star belonged to my beloved brother who had died three years earlier. As he sparkled away I imagined him saying "there is nothing to fear Patsy I am watching over you all". We were devastated at his loss aged just thirty two leaving the sweetest girl of a wife and two adorable children – the idea that his

sense of fun and laughter was quenched forever brought disbelief and scorching sorrow until we could barely speak his name. Yet now there I was talking to him, my heart calmed in the gentle black softness of the night.

......Then suddenly Paris was a few miles downstream – Paree – gay Paree.

I shall never forget our passage up the Seine. In August most of Paris goes on holiday and we could hardly believe that right in the centre of this fabulous city we had the river almost to ourselves.

As we glided under bridges people waved from above, the men doffing their caps and everyone calling "Ca va" or "Bon Vovage"

How beautiful those bridges are – symmetrically elegant, their grey stone turning to silver in the bright morning light.

But there was sadness too because beneath the carved arches were many lean-to shelters and makeshift homes occupied by groups of dropouts and other homeless people – living, eating, drinking, quarrelling, and very probably dying too on their stone water land. But laughter and singing also drifted out, perhaps they were having a better life than we could see. I hope so.

To starboard was the graceful Eiffel Tower looking dainty and essentially French despite it's huge structure. I have always been afraid of heights but immediately knew I was going to try my hardest to climb and wave from the very top.

Port side the famous Louvre gallery slid by ... then the Statue of Liberty, finally the imposing cathedral of Notre Dame. A few hundred yards more and Pillage was locking through into a pretty marina the "Arsenal de Plaisance.

A big board said "Reduced rates in August - six francs per night". We could afford it! Hurrah!.

Our skipper went off to do business with the Marina Master. At last after many weeks we were to enjoy the luxury of proper facilities including a laundry room with washing machines, dryers, hot water, irons, et al. I cheered at the washing machines and bath cubicles, swiftly indulging myself, lingering a whole twenty minutes under my first warm shower since Calais.

Shops, cafes and bars were a few minutes walk away and

from our mooring we could see the magnificent twin towers of Notre Dame.

Ahead of us lay four days of relaxation, sightseeing and seeking out little restaurants offering delicious French food at fractional prices and no washing up!

Could it get any better than that?

Next month -

A grumpy bargee.



Gorleston Clifftop Festival Back with a BANG!

Time away due to Covid has done nothing to dampen the enthusiasm and commitment of both the Gorleston Clifftop Festival organising committee and our lovely Festivalgoers. The annual Festival was most definitely back for its usual slot (last week in July) with record visitor numbers on the Clifftop visiting the various arenas all weekend. Sunday's summer rain was very welcome to cool things a little. It was a great atmosphere across the clifftop all weekend. The Fun Dog Show had the best turnout in years with more than 70 dogs in over 10 classes. Judge, Kay, was the perfect choice as she rescues and rehabilitates dogs.

The all-new Health and Wellbeing Arena received a fantastic response from stall holders as well as members of the public. The gorgeous selfie photo competition attracted a lot of interest with The Fig Bar & Grill £100 gift voucher as a prize. The winning framed Festival selfie below is of Michelle Womack (left) and Tracey Johnson (right) and their granddaughters Lily (front centre) and Molly (back centre).



The Children's Arena had a warm atmosphere, and it was great to see so many families enjoying quality time together. Arena co-ordinators reported that numbers were higher than normal, and it was clear the event had been missed.

The outstanding live entertainment was ongoing throughout the weekend and provided free by a wide range of artistes and musicians. Festivalgoers danced and sang the night away boosting an already lively party atmosphere.



Event organiser, Vicky Webber, said: "The organising team are delighted at the amazing turnout and support which welcomed Gorleston's largest festival back onto local event calendars. It was lovely that the Mayor, Graham Plant, and his family took the time to meet and talk with so many of the stall holders. He and his family took part in some of the fun activities too which was appreciated by all.



We look forward to creating more fantastic festivals for years to come and with the support of our lovely sponsors, volunteers, and the local community it will continue to grow from strength to strength. Many thanks to everyone and see you all next year."



Mayor, Graham said: "It Plant, wonderful was to be invited to Gorleston the Clifftop Festival, to see and meet so many enthusiastic charity and other stall operators. The weather held

up, the festival atmosphere encouraged so many visitors, from local and afar. A fantastic weekend, huge thanks to the organisers and volunteers, they made it such a success, very proud to have been there."

Fundraising to cover Festival operational costs is a continuous process as it runs entirely on donations from within the community. At time of writing, just £660 of the £2,000 Go Fund Me target has been achieved. Costs for the 2022 Festival are expected to be £30,000 and public donations go towards meeting the organising committee's financial commitments. If you can help, please donate at: https://www.gofundme.com/f/nzdq4-gorleston-clifftop-festival.

To keep up with our latest news please follow, like, comment, and share our Facebook posts on the Gorleston Clifftop Festival page as well as our posts on Twitter under @clifftop_fest. You can also check in on the website at https://clifftopfestival.info.



























GoSH

Gorleston-on-Sea Heritage Group

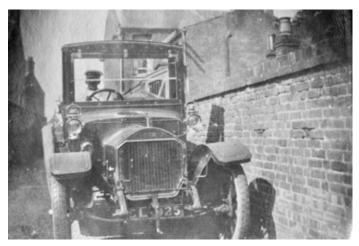
James Henry Gosling Doctor's Coachman and Chauffeur

While attending the recent History Fair, held at the St George's Theatre, a group of GoSH members were delighted to meet Graham Gosling, who brought along two very interesting photographs taken at Gorleston, of his grandfather James Henry Gosling (1878-1952). One photograph, by the Gorleston photographer Alfred Yallop, showed a horse drawn carriage with James Gosling and his employer Dr John Sleeman Reed, seated in it. They appear to be posed in readiness for the Doctor's rounds. The 1901 Census confirms that James Gosling was working as a "Doctor's Coachman" at the age of 23 and that he was living with his widowed mother Charlotte and his sister Margaret, at 26 England's Lane, Gorleston.



James Henry Gosling was born at Hopton, Suffolk in 1878, the youngest of ten children of John and Charlotte Gosling nee Clarke. He married Mary Elizabeth Alderton in 1905 in the parish of St Phillip in Cambridge and by 1911 the couple were living at 12 Back Chapel Lane, that is very near to the old Gorleston Cottage Hospital in Trafalgar Road East and Dr Reed's home with its harness room and stables at Surbiton Lodge, in Gorleston High Street. There were also two children living in the household, Frank James Alderton Gosling who was born in 1907 (Graham's father) and John Edgar Gosling who was born in 1910. James' occupation was recorded on the 1911 Census as that of a "Coachman", it is assumed that James was still working for Dr Reed.

With the outbreak of the Great War in 1914, Dr Reed's horse was requisitioned, along with many others, for war service, by the Government. Perhaps this event caused Dr Reed to rethink his transport arrangements and to exchange his horse for horsepower with the acquisition of a Napier Doctor's Coupe motorcar, that is the subject of Graham's second photograph. The car had a Norwich registration number, CL 925 and was probably built before 1913. The photograph appears to be taken in a narrow pathway beside number 12 Back Chapel Lane. A similar looking 1913 Napier Doctor's Coupe was sold in a Bonham's auction in 2016 and was described as having a Napier four cylinder 15 HP engine, (that had been introduced



at Olympia in 1910) complete with three forward and one reverse gear. The car would have cost £350, when new, in chassis form. A four seater body could be supplied for £80 and the windscreen would have added a further £7 to the cost.

It would appear that James had to quickly diversify into the new world of the internal combustion engine. These challenges must have been faced by nearly all Coachmen, who had spent their working lives looking after horses, when their masters acquired a motor vehicle. Stables would have been converted into garages and the Coachmen would have been expected to learn how to drive a motorcar and undertake its daily maintenance.

James' Short Service attestation form of 1915 records his occupation as a "Motor Chauffeur". He enlisted for service on 10th December of that year at Great Yarmouth and entered the Army Service Corps (Motor Transport) at Grove Park, Lewisham on 19th June 1917 but was discharged as being "physically unfit for war service" on 24th October 1917.

The recently released 1921 Census shows all four members of the Gosling family still living at 12 Back Chapel Lane. James was working as a "Chauffeur" for J S Reed of Surbiton Lodge. Soon after this Dr Reed's medical practice was acquired by Dr Kenneth Hamilton Deane and Dr Reed moved, in semiretirement, to 20 Marine Parade Gorleston where he died in 1938. James Gosling became the licensee of the Three Tuns public house in 1926 and was still there with his wife Mary when the 1939 Register was compiled. He died at Gorleston Hospital in 1952 and was buried in Gorleston Old Cemetery Section Y, Grave number 183.

If any reader can tell Graham any more about his grandfather or Dr Reed and his Napier car, then please do contact GoSH via the contacts page of their website.

GoSH continues to meet on the second Tuesday of each month, except August and January, from 10.00 am until 12.00 noon in the Brackley Room of the Shrublands Youth and Adult Centre, Magdalen Way, Gorleston, NR31 7BP, please do check our website https://gorleston-on-seaheritage-group.webnode.com in case of any last minute changes.

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