

St Andrew's Church

ISSUE 53, October 2022

GORLESTON Community Magazine



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Hello Gorleston



This month I write in great sadness and having shed many tears. We all could see the Queen was getting frailer, but she'd been ever present throughout most of our lives and her death still came as a shock. I grieve as though a member of my own family has died and our deepest condolences go to the Royal Family. We give thanks to God for the Queen's life and service, and pray that God will bless the reign of our new monarch, King Charles III. Before I leave you with a beautiful poem from Val Raven, I want to echo the words of a very wise bear called Paddington, spoken whilst having tea with the Queen, during her Platinum Jubilee celebrations, "...and, thank you, for everything."

**We've lost the Mother of our Nation
Queen Elizabeth has died
So many of her subjects mourn
And many of us cried**

**It seems she's always been there
Our Sovereign so strong
The fact she's sadly left us
Seems incredible and wrong!**

**Now Charles must do his duty
Time for him to wear the crown
And as he is his Mother's son
He shouldn't let us down**

**No more will we sing "Save the Queen"
With that familiar ring
We must get used to singing
GOD SAVE THE KING!**

by Val Raven

CONTENTS

4	A Personal Tribute to The Queen from Bruno Peek	23	Opening <u>THE</u> Book
5	In The Interregnum	23	News from The Mag
6	Coffee Time 1	25	Ormiston Cliff Park Primary Academy
7	Panto News?	27	Gorleston FC
8	The Garden Tea Rooms	28	More Coffee Time!
9	Ramblings of a Displaced Cockney	29	Tia's Treasures
11	Gorleston Grapevine	30	Gorleston Library
12	Coffee Time 2	31	The Paget Page
13	The Bookshelf	33	ENSFC
15	Gorleston Links Bowls Club	34	Gorleston Flower Club
16	Pavilion Theatre	34	Coffee Time Answers
17	Ormiston Venture Academy	35	Life Afloat
19	GoSH	36	Gorleston Theatre Company
20/21	Kids' Corner	37	Richard Routledge
22	Gorleston Then & Now	38	Hair We Are

Deadline for the November Issue is
Monday 10th October

Thanks to **Alamy**
for this month's front page pictures

A Personal Tribute to the Queen from Bruno Peek



For decades Gorleston's Bruno Peek, the Queen's official Pageantmaster, has conceived and organised events on international, national and local stages, including for Her Majesty's Platinum, Diamond and Golden Jubilees. He paid this personal tribute to the Queen:

"All I can say is that we have lost the mother of the nation and the mother of the Commonwealth.

"A very gracious and generous woman who dedicated her life from a young girl to the very sad moment she passed away.

"She will be sorely missed by millions, and I mean millions, around the globe for the way she has always led from the front with her heart and generosity.

"We all knew it was going to happen. I just thank God that she was able to celebrate her Platinum Jubilee - the first monarch in history to do so.

"I know there will be prayers going up to heaven from people in all walks of life.

"We owe so much to her generosity of spirit and dedication.

"She was so gracious to me and I have never felt so proud as I did when I stood next to her when she lit the principal beacon at Windsor Castle.

"It was such a personal moment.

"I will never forget the smile she used to give me.

"I always knew in my heart when I had done well as she always gave me a special smile.

"She has been a big part of my life for 30 years. For a young boy from Great Yarmouth, a nobody, just a young lad to have undertaken projects with the monarch - I still pinch myself.

"I will never forget that picture of her sat in Westminster Abbey on her own after Prince Philip passed away. The world would have forgiven her if she wanted her family around her but the rules were there and she followed them to the end.

"I am so gutted. I have shed more than a few tears."



The lighting of the principal Platinum Jubilee Beacon at Windsor Castle



Lighting of the first of over 200 beacons to commemorate the 70th anniversary of VE Day at Windsor Castle



Lighting the Trafalgar Weekend Beacon during the Queen's visit to Nelson's flagship HMS Victory in Portsmouth



Lighting of the first of 900 beacons in Windsor in celebration of the Queen's 90th birthday

Photos Credit: Alamy

In The Interregnum

Whilst St Andrew's Church is in interregnum, this page will see a variety of authors from St Andrew's Church and the Diocese.

This month we hear from the Rev Suzie Ellis, member of the ministry team at St Andrew's



REMEMBERING OUR QUEEN - AND LOOKING FORWARDS

In September the nation was suddenly brought to a standstill by the news that Elizabeth, our Queen, had died after 70 years on the throne. Aged 96, we knew that this day must come - and probably sooner, rather than later. Yet the news still left many feeling stunned and disorientated. It marked for us the sudden ending of a complete era in our history ... a dramatic moment of

change. For most people in our nation, and throughout the whole world, the reign of Queen Elizabeth has been the only one we've ever really known; while her presence amongst us, in all the rapid changes and threatening circumstances of recent years, had always provided a vital sense of stability ... and even hope. She has been a steady vision for us of what it means to be British ... of what it means to live well in a world of diverse cultures and peoples. So the sense of loss we've experienced was, and is, immense and very real.

In that famous radio broadcast she made at the age of 21, she pledged her whole life "*whether it be short or whether it be long*" to faithfully serve her country, its people, and all the lands where she would be head of state. It was this commitment that guided the whole of her life: a promise that she fulfilled, whatever the cost, right up to the day of her death. Her sense of duty was wholehearted. She embodied all that was demanded of her, graciously entertaining heads of state and foreign dignitaries, travelling around the globe on high profile visits abroad; yet equally at home talking to ordinary people as she tirelessly visited charities, schools, hospitals and work places, here and all across the world. But in her eyes there were no 'ordinary' people: for she embraced us all with her warmth and radiant smile, taking a genuine interest in everyone she met ... each individual honoured as unique and special. Amongst both the celebrations and tragedies of our world she was always an unwavering beacon of light amongst us. Here was someone on whom we felt we could rely.

But, as she so often said, it was God on whom she herself relied. She made no secret of her strong Christian faith, and as the years passed she's spoken ever more powerfully of God as the anchor and bedrock of her life. 10 years ago in her Christmas broadcast to the nation she reminded us that "*God sent his Son to serve not to be served and ... so restored love and service to the centre of our lives in the person of Jesus Christ*"; and two years later she described Jesus as "*a role model of reconciliation and forgiveness, He stretched out his hands in love, acceptance and healing*". And she didn't just say these things, she lived them! It was this faith and trust

in God and in Jesus Christ that enabled, inspired and guided her always; so that both her lifelong commitment to God and her solemn vow to serve her nation were the two sides of a single vision for the whole of her life. And so in the midst of all the changes and challenges she faced in her life (and there were many) she drew strength from that deep relationship with God ... and he never failed her, just as he will never fail any of us who also lean upon him.

But as we still grapple to make sense of her passing, we see that her faith means more than that. Because God was at the very heart of her life, the things that we so admired in her we now see are reflections of his nature as they were lived out in her. That sense of stability and hope that she inspired in us were born out of God's unfailing love, care and commitment towards each one of us. The strength of her commitment to serve others was born out of her gratitude for Jesus Christ's faithful presence in her life and his unbreakable commitment to seek and bless all people. And the beacon of light she was to the nation, was first and foremost the unchanging light of God that always overcomes the darkness!

So, even as we struggle with all those different issues in our lives, even as we mourn this death and all the other losses we've suffered, this can also be a time for each one of us to realise that the strength, the security, the inspiration and the hope that we need and long for, is only truly found in the God who loves us no matter who or what we are. It is he who walked faithfully alongside the young Elizabeth, guiding her into all she became as our much-loved Queen. So perhaps the greatest thing we can do in her memory is to allow this same loving God to guide us into being more than we perhaps imagine we are capable of being!

Our Queen has left us a shining example of what, through God's help, we too are called to be: people who know God's strength and love in our lives and who will work together with others to bring kindness, caring and hope into our own little corners of this world.

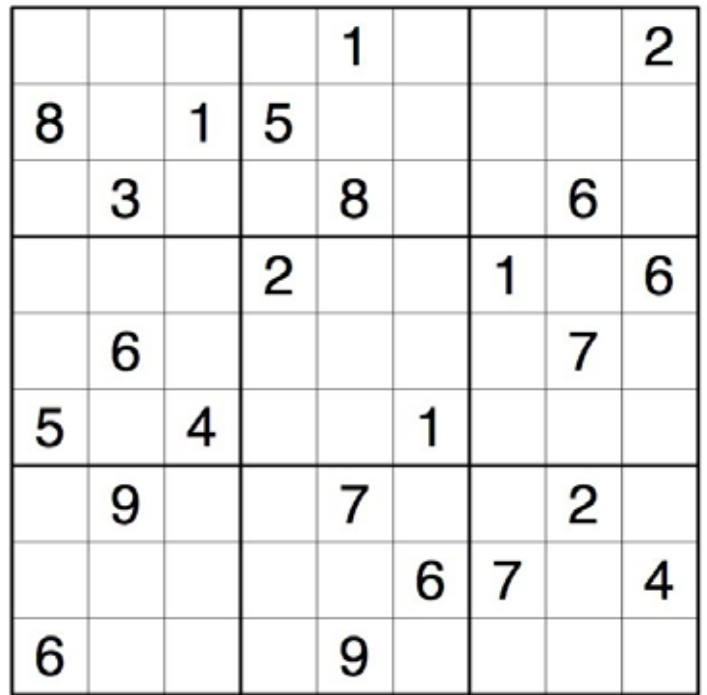
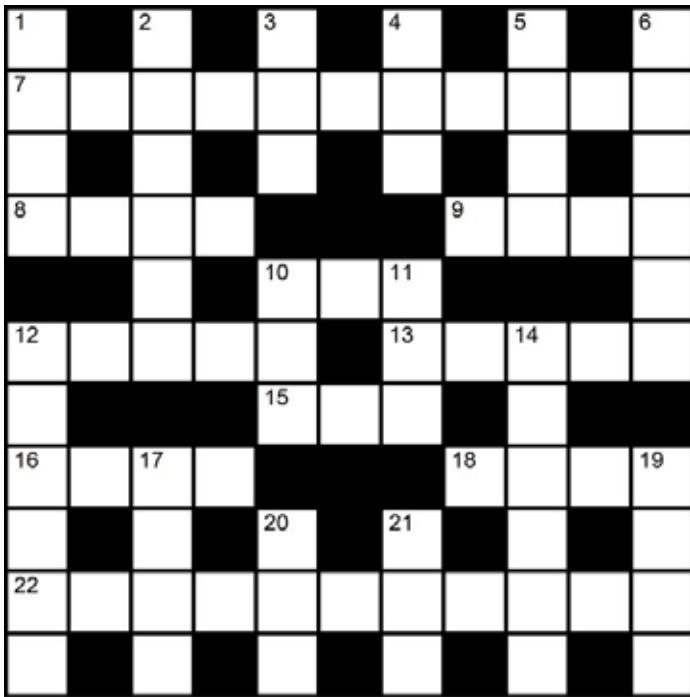
Prayer Corner

Prayer is simply having a conversation with God. It can be out loud or in your head and heart, it can be about whatever you want it to be and you can pray whenever and wherever you want to, God is always listening.

If you are not sure what to pray, why not start by joining us in praying this month's prayer, from the Church of England:

Gracious God, we give thanks for the life of your servant Queen Elizabeth, for her faith and her dedication to duty. Bless our nation as we mourn her death and may her example continue to inspire us; through Jesus Christ our Lord. Amen.

Coffee Time 1



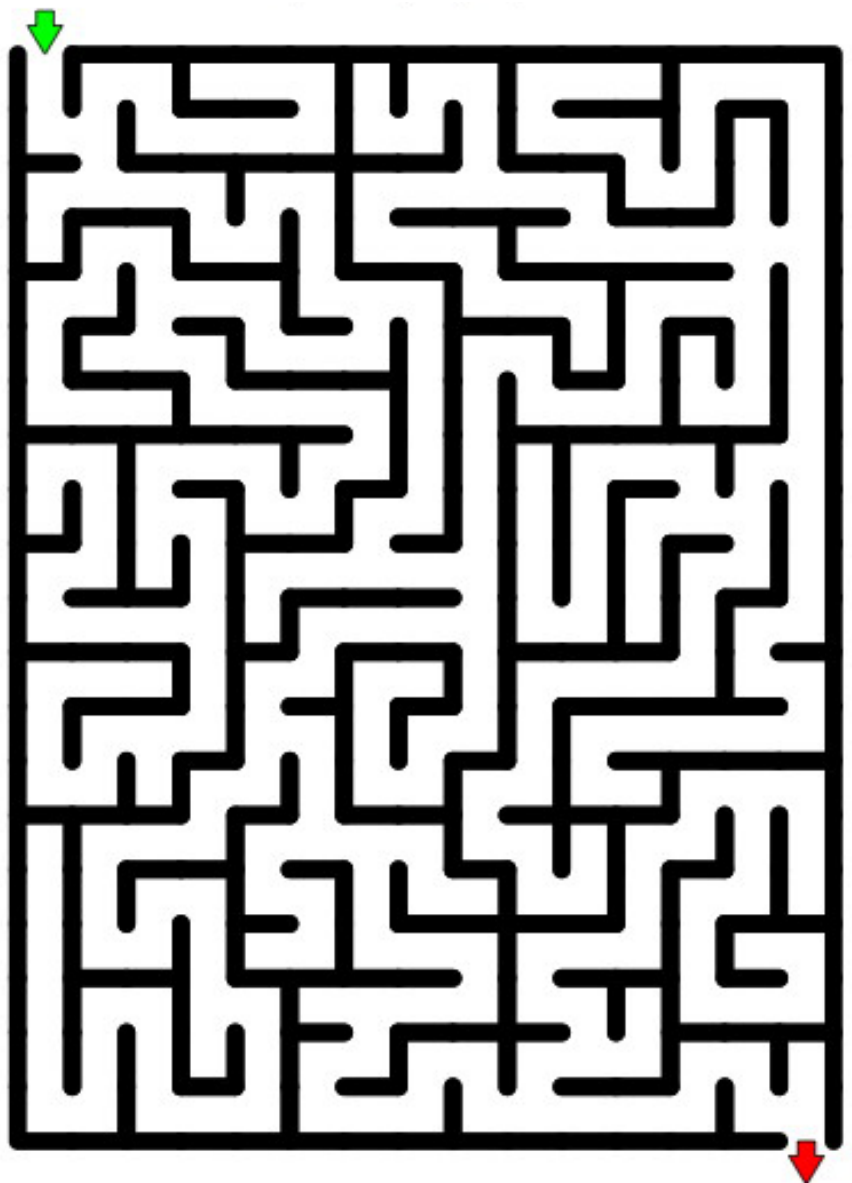
© 2008 KrazyDad.com

Across

- 7 Giving someone the needle? (11)
- 8 Something owed (4)
- 9 Cheesy sandwich (4)
- 10 Central part of a wheel (3)
- 12 Book back (5)
- 13 Catkin-bearing tree (5)
- 15 Affirmative grunt (3)
- 16 So be it (4)
- 18 They're in favour (4)
- 22 Journeyman? (6,5)

Down

- 1 Brain-busting (4)
- 2 "Slumdog Millionaire" setting (6)
- 3 "Little Brown ---" (3)
- 4 Statute (3)
- 5 Electrical system safety feature (4)
- 6 Rot (6)
- 10 Interjection to attract attention (3)
- 11 Exclamation of contempt (3)
- 12 Barely adequate (6)
- 14 Spare room item (6)
- 17 Academic challenge (4)
- 19 Jedi foe (4)
- 20 Nevertheless (3)
- 21 Speak (3)



Panto News? "Oh Yes It Is!"

IT'S SO GOOD TO BE GOOD



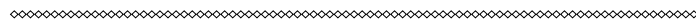
Sarah Pryde has always wanted to play the Fairy in Pantomime. This year her wish will come true when she plays the Good Witch, in the Pantomime The Wonderful Wizard of Oz, in a sumptuous pink dress.

Sarah has been acting for the last 10 years and offers never stop flooding in. Her father was a member of several bands so music was always around and from the age of 4 her grandmother took her to the panto at the Theatre Royal, Norwich, her home town.

Her career was already forming. She joined the school choir and loved showing off to all the parents. As she got older the Norwich and Norfolk Operatic Society noticed her talent and offered her the part of Rosalia in West Side Story. This was followed by a further 10 lead roles with the Society.

She was offered the part of Cunegonda in Candide in Madeira. In 2022 she became Co-Director of Performance International Producers. They have been touring The Show Must Go On, their final performance in November

will be at The Other Palace Studio in London. Despite a heavy work schedule she still finds time to attend to her 4 horses. She is excited to return to Pantoland. This year she's off to see the Wizard, the wonderful Wizard of Oz. Join her.



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The Garden Tea Rooms at Gorleston Crematorium

The new Garden Tea Rooms at Great Yarmouth and Gorleston Crematorium opened on Thursday, 1 September. As well as offering families and friends a space to meet before or after a funeral service, the Tea Rooms will also open to the public for refreshments and a place for those visiting loved ones to sit and pause.

Visitors can join The Garden Tea Rooms Loyalty Card scheme by collecting a loyalty card with their first drink and collecting 10 stamps. Once their loyalty card is full, they can exchange it for a free regular coffee or pot of tea for one.

The Tea Rooms opening times will be 9am to 3pm Monday to Friday. They will also offer a WhatsApp ordering service, where people can order via text and collect at an agreed time.

Cllr Carl Smith, leader of the borough council, said: "The new Garden Tea Rooms is a warm and welcoming space for families and friends to meet and pay their respects to loved ones, as well as being a community space for residents to use.

"The team has plenty of exciting ideas on how to use the space to better meet the needs of those who visit or use the crematorium and its grounds which we look forward to exploring."



Credit: Great Yarmouth Borough Council.

Great Yarmouth and Gorleston Crematorium is located within the Magdalen Lawn Cemetery. The new tea rooms and function area can cater for up to 55 people and have been created following feedback from the crematorium workers and customers.

Contact press@great-yarmouth.gov.uk for more information or interview requests.

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Ramblings of a Displaced Cockney

"Well known in Gorleston as the former Principal of the East Norfolk Sixth Form College, our Displaced Cockney is Laurie Poulson whose travels in life have taken him from birth in the East End of London, all around England, until he came to Gorleston in 1999, where he has been ever since."

"More Bury than Bolton!"

Years ago, my wife and I lived in Haslingden in Rossendale, a Lancashire village half way between Bury and Accrington. When I worked in Huddersfield, over the top of the Pennine, in West Yorkshire, I got ribbed for describing those two places as "our nearest big towns". Apparently, their concept of what makes a town "big" is that it is Leeds, Bradford or Sheffield.

I suppose that we all have ideas, prejudices even, about places and about the people who live in them.

Before I worked in Huddersfield, I had four happy years teaching at the Abraham Moss Centre in Crumpsall in North Manchester. "The Moss" was then a very exciting experiment in creating a whole new educational campus to replace two worn-out local comprehensive schools, plus everything else that they could incorporate in a huge empty space which had previously been a rubbish tip. So this included a large Further Education College, Adult Education, Youth Centre, District Library, Sports and Leisure Centre and even a small row of shops. It had a wonderful open ethos of sharing ideas and resources across the whole campus. This included having a staff area where personnel from all parts of the Centre would mix.

One day I was sitting having a cup of tea when two ladies from the cleaning staff joined me at the table and kept their conversation going. They were both Manchester girls and their conversation gave me an unexpected insight into local ways of thinking and how others are judged.

They were talking about one of their daughters who had a new boyfriend. The girl's mother gave this appraisal of the new lad: "He's a nice boy . . . but, . . . he's more Bury than Bolton!"

It was clear from this dismissal that she considered Bury very down-market and depressed, unlike Bolton, with its civic pride, its huge town hall, its big houses, its University aspirations. Obviously, people from Bolton were altogether a better type of person, much more appropriate for her daughter to be going out with!

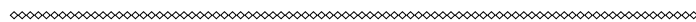
The incident brought back memories from my own dating history and my two dearest girlfriends. I was from an East London docker family background and I had been brought up in South Ilford, the last terraced road before it became Barking. My girlfriends were from altogether "posher" backgrounds in leafy parts of suburban North London, Finchley and Barnet.

Both of their mothers were somewhat dismayed when their daughters were getting very friendly with a lad from a poor background and each of them tried to warn the girls off from the relationships. The phrase they both used apparently was "He's a nice boy . . . but, . . . he was brought up in the gutter!"

I am pleased to say that both girls just ignored their mothers and this is just as well as the second of the girls was my lovely late wife Jenny with whom I spent 44 years of happy marriage.

As someone who has taught all round the country, it still upsets me that people can be looked down on because they come from a less affluent or more deprived place in this Country and there are still far too many of those towns.

I have had many opportunities in my life which were denied to lots of the people from my home town or indeed from all of the places where we later lived. However, I would have been proud to have been described as "More Bury than Bolton!"





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Gorleston Grapevine

with Carol Todd



I had previously written my October editorial, then the devastating news of the passing of Her Majesty, Queen Elizabeth II was announced. Like many, I really thought she was invincible. The only monarch most of us have ever known and what a Queen! We'll all have our individual greatest memories of her. From her Christmas Queen's speech, Royal visits, Jubilees, Norfolk Shows, London 2012 Olympics - that James Bond sketch, and most recently her fabulous appearance with Paddington Bear at her Platinum Jubilee. Charles, our new King, knows he's got a tough act to follow. Since I've lived in Gorleston, I can only recollect The Princess Royal visiting, however, a quick Google, and I found out the Queen and Prince Philip visited in August 1985. My boss, Philip, remembers, going to join the crowds during their visit. I wonder if any of our readers went to see them or even met them? There's some lovely photos online of their visit if you'd like to look. My mother, as a young girl, danced for the Queen and Queen Mother in the 60's during a Ballet performance at The Caird Hall in Dundee. Did you know that The Queen once said that she would've loved to have been an actress had she not been Queen? I do believe that the majority of her job would've been just that, acting, performing, putting on a show even if she felt awful. Her constant, steadfast, dutiful, strong character lead the United Kingdom and The Commonwealth for seventy years. We will mourn your passing, the longest reigning Monarch in history, one of the greatest women of all time. We'll remember your dedication, your love, your humour. Now it's time for the reign of King Charles III, long live The King!



Let's hope the new ruling powers can help with the worrying times ahead for many of us. The ever increasing energy bills, food prices, and general cost of living is a strain on our lives. I hope that the caring generosity of our community rallies round those who need help and support through the tough times ahead. I know that Councils and Charities are organising "Warm Rooms" so people can go, meet with others, enjoy refreshments, a heated relaxing area to enjoy if they're struggling. Even though our business bills here at Perfects, Greens and Folkes are ever increasing, we've supported all our staff with pay increases and we'll be stepping forward to help those in our communities who need the most support and assistance.

I do love Autumn going into Winter after such a long hot Summer. My mother made Halloween time so much fun when I was growing up in Scotland. We always had dress up parties, dookin' or bobbin' for apples, trying to eat

the dribbly syrup coated hanging donuts, then pushing your face in the flour to find the sweets. Really a dentist's nightmare! Appreciate that Halloween Trick or Treat callers are not to everyone's liking, however, as a parent, if you clearly mark on your door that you don't want callers, then they'll respect your choice. I've loved creating outfits out of whatever's in the house with my son. Some of our homemade Halloween creations pictured below.



So just heard on the Grapevine, that "old Blockbusters" will be a Chinese Restaurant & Takeaway. More new jobs for our area and another new business opening, so this is great news to be celebrated. Could we create a Gorleston Culinary Trail now please? Perhaps we can support local businesses more by buying their gift vouchers for Christmas rather than online ones? Just a thought.

Karma hit a suspected burglar recently who was trying to steal an E-Scooter from a Gorleston garden, however, the eager E Scooter thief jumped off a wall only to land and break both his legs. He had to call the Police to come and get him. He won't be running off anywhere soon now his legs are in plaster.

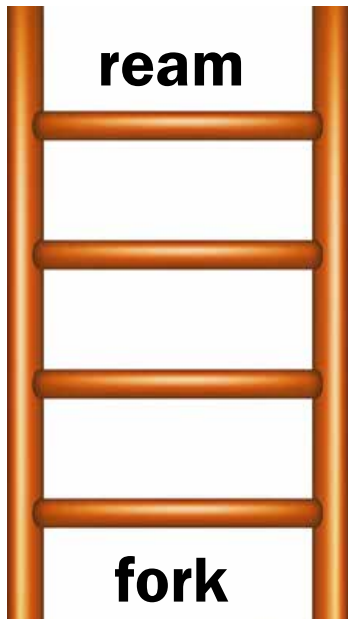
OK, I know, here we go... we ate more lovely food! The team at Perfects decided to have a chippy lunch with their tips from our wonderful customers. So off I went to My Plaice Fish & Chips with a large order for fifteen chippy lunches. Well, it is one of our favourite things to do, get staff together, buy lunch from a locally owned business, eat, chat, catch up and enjoy. We will be getting gym memberships soon!



If I can help with anything, then please do contact me ctodd@eegreen.co.uk. Keep up to date with us on Facebook follow E.E. Green, L.G. Perfect MOT, Service & Repair Centre, and Folkes Plant & Aggregates. May October bring Autumn happiness to you all.

Word Ladder

Can you climb the ladder changing 1 letter at a time, to get from the bottom word to the top word?



Seeing Double

Each pair of words share two middle letters. The first has been filled in as an example. Complete the remaining words to find the mystery keyword reading down.

1	CA	JO	LE
2	RE		IN
3	LA		EL
4	SO		CE
5	DO		TE
6	TE		NT
7	BE		EF
8	RE		SH
9	CO		IC
10	DI		AY

© Lovatts Puzzles

Coffee Time 2

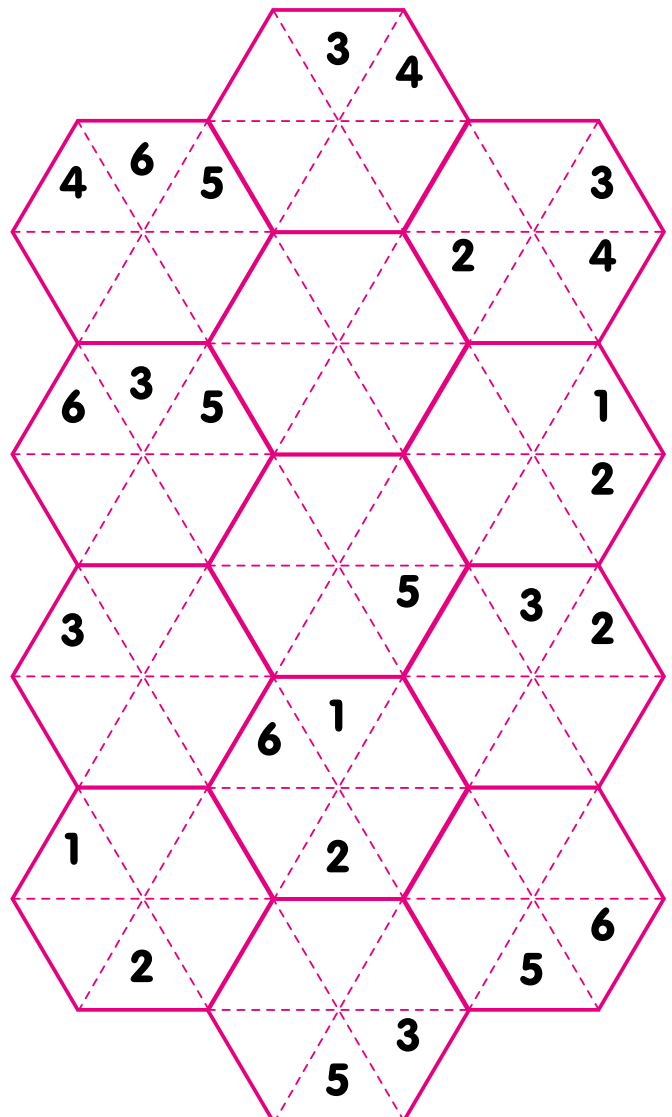
Caught in the middle

What are the words that can be written down the middle to create two more words or phrases either side?

post	hours
good	cookie
maiden	tag
olive	change
scrambled	plant

Hexoku

Fit the numbers 1 to 6 into each hexagon so that where the hexagons touch, the numbers are the same. No number is repeated in any hexagon.



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The Bookshelf

reviews by Gorleston Library

The Scarlet Nightingale

by Alan Titchmarsh

As war rages across Europe, one young woman faces an impossible choice. Will she save her country - or the man she loves? It is the late 1930s. In London, socialite Rosamund Hanbury is determined to give up the parties and social sets of which she is a prominent member to join the war effort, along with scores of other young women. After a stint at Bletchley Park and as one of the Air Transport Auxiliary's 'Atagirls', Rosamund is recruited by the Special Operations Executive under the code name 'The Scarlet Nightingale', and eventually moved in secret to France. There she falls under the charm of Count Thierry Foustier, a gallant Frenchman with a taste for danger and women. But in the high-stakes role of secret agent Rosamund can't trust anyone, for if her true identity is revealed, she will be killed.



Mrs England

by Stacey Halls

West Yorkshire, 1904. When newly graduated Ruby May takes a position looking after the children of Charles and Lillian England, a wealthy couple from a powerful dynasty of mill owners, she hopes it will be the fresh start she needs. It soon becomes clear to Ruby that things are not quite right about the mysterious Mrs England.

Simmering with slow-burning menace, "Mrs England" is a portrait of an Edwardian marriage. After all, there is no such thing as a perfect family – and Ruby should know.



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Gorleston Links Bowls Club

We send a very big call of congratulations to all of our competition winners over the five day series of finals matches we played recently. Some of which are pictured below.

It was so nice to sit out with chairs and umbrellas to shade us from the hot sunny days. Coffees, donuts and sausage rolls gave it a picnic like feel, as we watched the matches unfold.

One competition pitted husband against wife in the Novice Cup, Donna and Mick played in good spirit, congratulations to Mick who came through to win.

Gorgeous sunny days held out for most of the matches, with the exception of the President's day match, which was a bit breezy and overcast at times, The men put up our marquee on the grass by the rinks, and we welcomed everyone with a cuppa and biscuits. The members and visitors in their Norfolk county colours of red and white really brightened the day no end.

Lunch and presentations were held at the Conservative club afterwards, which was delicious as usual. We also held a raffle with funds going to President Pat's nominated charity. Thank you to all who took part. It was a friendly, fun day.

It only seems like five minutes ago we were getting ready to start the season, and now it's not long till the conclusion at the end of September.

We have had a great season, meeting new clubs that have visited, and a day heading off to Oundle in Northamptonshire, for a match there.

They have a great venue, with an indoor area big enough for a three lane short mat playing area, a great asset to play all year round. As well as having a bar and kitchen,

changing areas, toilets, and a long verandah to sit out and watch games.

This year we lost to them on their home patch, after they had won when visiting us last season. They return to us next year in what will now be an annual match.

We came close in the Jermy cup too, reaching the semi-finals, but lost to Caister. The team was thanked for playing in good spirit, reaching the semi finals is a great achievement in itself.



And very big congratulations to Kelsey (pictured right) for earning her England national badge in the finals at Leamington Spa. A fabulous achievement for her.

Thank you to all of the people who, when passing our greens, have stopped and watched, chatted and called encouragement, and the patient dogs that sometimes accompany them. Some of them seem to enjoy watching too. It is very much appreciated.

And a big thank you to all of our club committee and members for arranging, organising, forging links with new clubs, the work put in by them is incredible. Formulating the leagues, match booklets, with all contacts for every player involved across the county, acquiring and sorting out club kit, trophies, refereeing, marking matches and lots of other roles.

Without all of this help we would not be in any league, so we send all of our fabulous members a very big thank you!



~~~~~

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# Pavilion Theatre

## THE TIDES OF CHANGE

As we look forward to the new month of October, it's difficult to believe quite how much has changed for us all in the last month or so.

At the time of writing this piece, we as a nation are preparing to say goodbye to Her Majesty Queen Elizabeth II, only a mere 2 weeks after she welcomed our new Prime Minister and all the while trying to get used to the fact that we have a new King, His Majesty King Charles III.

With a lot of families across the country also returning kids back to school after a long hot Summer and the days getting slightly cooler and shorter, the tides of change really are all around us.

One of the constants that certainly gets us through periods like this however is being able to throw open our doors to all of you and seeing such lovely warm and happy smiles as we all gather again at the theatre. This winter will be no different as we prepare to put on plenty of cosy nights at the Pavilion for you all to enjoy.

We look forward to seeing you there soon.

From Alex (on behalf of Stuart, Kevin and Luke and everyone at the Pavilion).

## WINTER BANDSTAND CONCERTS

Following a hugely successful series of FREE Summer Bandstand Concerts, we are now organising a brand new set of FREE Winter Bandstand Concerts! Admittedly the weather will be a little chillier, but we'll be encouraging everyone to wrap up warm, grab a mulled wine and join in the festive fun as we approach Christmas. Details of when these concerts will take place will be announced in due course.

## SUMMER SHOWTIME 2022

We are now in our FINAL FEW WEEKS of our hugely popular 2022 Summer Showtime production. We perform every Tuesday up to 18th October, so please book your tickets soon before we finish for another year!

## WHAT'S ON IN OCTOBER

- The Greatest Show ... Returns!
- The Upbeat Beatles
- Jonathan Wyatt Big Band
- Hey Rock n Roll 3
- Dusty Miller & Friends
- Omnis
- Sweeney Todd - The Demon Barber of Fleet Street

Full details of the theatre's schedule of plays, musicals, pantomimes can be found at [pavtheatre.com](http://pavtheatre.com) or by calling the box office on (01493) 662832.



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# Ormiston Venture Academy

## Ormiston Venture Academy celebrates with exceptional students and community

Even the rain could not take the shine off the quite exceptional achievement of our students.

Our students, staff and community have once again improved on record outcomes to achieve exceptional outcomes. It is a true testament to the grit, determination and dedication of so many that our students have not only overcome the disruption of the last three years but have excelled. With such fantastic outcomes, we look forward to the mark this group of young people will make on the world in the future.

Particularly impressive was the number of students achieving multiple top grades.

12 students achieved an average of a grade 8 or higher across 8 subjects, with particular mentions of note going to:

- Eli Palmer with a clean sweep of 10 grade 8 and 9s
- Aizza Choyi picked up 6 grade 9s, 1 grade 8 and 2 grade 7s
- Harlee Wicks who achieved 5 grade 9s, 2 grade 8s and 2 grade 7s alongside being selected to represent Great Britain in the World Skate Artistic World Cup Finals in Germany.

It is incredibly difficult to pick out such a small number when we could extend this list to so many notable achievements throughout the year group. We hope this allows the overwhelming majority of our students to access the next step on the pathway to realising their dreams and cannot wait to hear of their future successes.

Whilst many will go on to study at East Coast College and East Norfolk Sixth Form, our students always strive to look for

different opportunities to help them achieve their goals with several achieving scholarships to different institutions.

- Daisy Abbots-Freeman secured a scholarship to Evolution Foundation College in Colchester to study a Level 4 qualification in musical theatre.
- Mollie Speed is the first-ever recipient of the Nelson Scholarship, an award for fully-funded entry into Sixth Form at Langley School. Identified as a future leader, she succeeded after an arduous application and selection process modelled on a Graduate Training day.
- Every year one student at Venture is awarded the Gresham's Scholarship, a fully funded boarding scholarship to Gresham's School in Holt. After several stages of rigorous interviews, visits and tests Sama Abdulkawy secured this year's scholarship.

Simon Gilbert-Barnham, Principal at Ormiston Venture Academy, said:

*"This group of young people are truly quite amazing. The exceptional outcomes are inspiring and have set a new benchmark for our community; going beyond our already outstanding achievements of previous years. It really is with pride that we wish them all the very best in their futures."*

*"I would like to thank our students for a fantastic five years, our staff for their commitment to champion every child, our parents for the support they continue to give and our community for the many partnerships that make it all possible."*





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LETTINGS



# GoSH

## Gorleston-on-Sea Heritage Group

### The SS Hopelyn Rescue of 1922

This October will mark the centenary of the famous lifeboat rescue of the crew of the SS Hopelyn in 1922. The story began on Wednesday 18th October 1922 when the Hopelyn left Newcastle with a cargo of over three thousand tons of coal bound for London. While off the coast of Norfolk the following day, Thursday the 19th, in gale force winds, the steering gear of the vessel broke. The crew managed to carry out a temporary repair hoping to find shelter in Yarmouth Roads. The anchors were dropped but they could not hold the ship and Hopelyn drifted helplessly onto Scroby Sands. The ship's wireless officer sent an SOS message, that was received by a nearby naval vessel HMS Kennett. Conditions were too rough for the Kennett to attempt a rescue, but they did manage to pass on the wireless message to the shore about Hopelyn's predicament.

The Gorleston rowed and sailing lifeboat Kentwell, under its coxswain William "Pingo" Fleming, left Yarmouth harbour in the late evening of the 19th, under tow from the screw tug the George Jewson. The Hopelyn had already started to break-up. The ship's wireless mast had toppled, and water had got into the ship's dynamo. All the ship's lights were extinguished leaving Hopelyn in an invisible state. The crew of twenty-four men and the ship's cat took shelter in the highest point on the vessel, the tiny twelve feet square Marconi room, and therefore could not be seen from the lifeboat. Several courageous attempts were made by Fleming and his crew to get near to the wreck but all failed due to the relentless forty-foot waves and the Kentwell returned to Gorleston.

On the Saturday morning, 21st October, the services of the Lowestoft motor lifeboat Agnes Cross were requisitioned by the Gorleston Inspector of Lifeboats and a crew of seven Gorleston men including William Fleming, accompanied the Lowestoft crew and their coxswain Jack Swan out to the wreck of the Hopelyn. A successful rescue was carried out. All twenty-four sailors and their cat were landed at Gorleston and taken to the Sailors Home in Great Yarmouth.

The Master of SS Hopelyn, Captain Gibson, praised his lifeboatmen rescuers, many of whom were subsequently awarded RNLI medals. Both coxswains, William Fleming of Gorleston and Jack Swan of Lowestoft received the Institution's gold medals for their part in the Hopelyn rescue.

William George Fleming was born in Gorleston on 26th July 1865 and, as a boy, he lived with his parents and siblings on Lower Cliff Road. His father was a fisherman, and, in his youth, he worked as an ordinary seaman and as a fisherman on small sailing craft up and

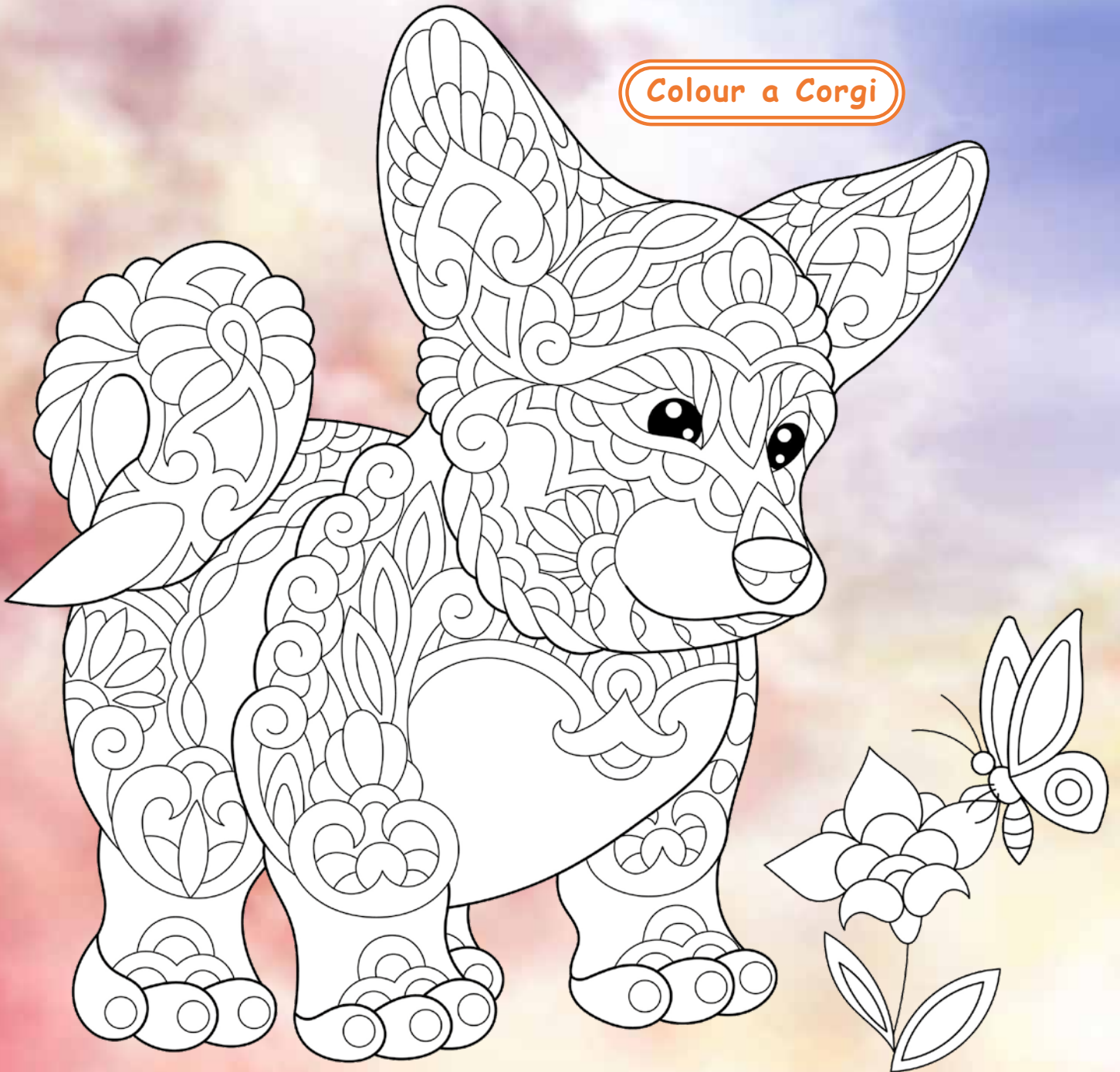


down the East Coast. He first volunteered to become a member of the Gorleston lifeboat crew in the mid-1880s when he was about 20 years old. He moved to 11 Boundary Road (now Pavilion Road), Gorleston, at around the time of his marriage in 1906 and he remained there all the rest of his life. He was appointed coxswain of the Gorleston Lifeboat in 1922, when he was about 57 years old, and held that position until 1934. Over his 50 years of service in RNLI lifeboats and with the volunteer companies boats he assisted in the rescue of at least 1,188 people. Following the Hopelyn rescue he was awarded the Empire Gallantry Medal for which both he and Henry Blogg, Cromer Lifeboat Coxswain, were gazetted on 30th June 1924. The EGM was subsequently converted to the George Cross in about 1941. William Fleming died at the Northgate Hospital on 30th September 1954 aged 89 and is buried in the old Gorleston Cemetery. A plaque to his memory was erected in the Gorleston Lifeboat Shed after his death. In October 2017 the Gorleston-on-Sea Heritage Group placed a blue plaque on number 11 Pavilion Road, Gorleston in honour of William "Pingo" Fleming who had lived there for many years. The plaque was unveiled by Paddy Lee the then current coxswain of the Great Yarmouth and Gorleston Lifeboat.

*GoSH continues to meet on the second Tuesday of each month, except August and January, from 10.00 am until 12.00 noon in the Brackley Room of the Shrublands Youth and Adult Centre, Magdalen Way, Gorleston, NR31 7BP, please do check our website <https://gorleston-on-seaheritage-group.webnode.com> in case of any last-minute changes.*

# Kids' Corner

Colour a Corgi



## God Our Father

Jesus prayed to His Father, and he also told his friends:

"When you pray, say:

'Father, may your name be rightfully honoured above every name.

May your rule and your kingdom come.

Give us each day, the things that we need.

As we forgive others, so to forgive us of our faults and failures,  
our wrong doings and our bad actions.

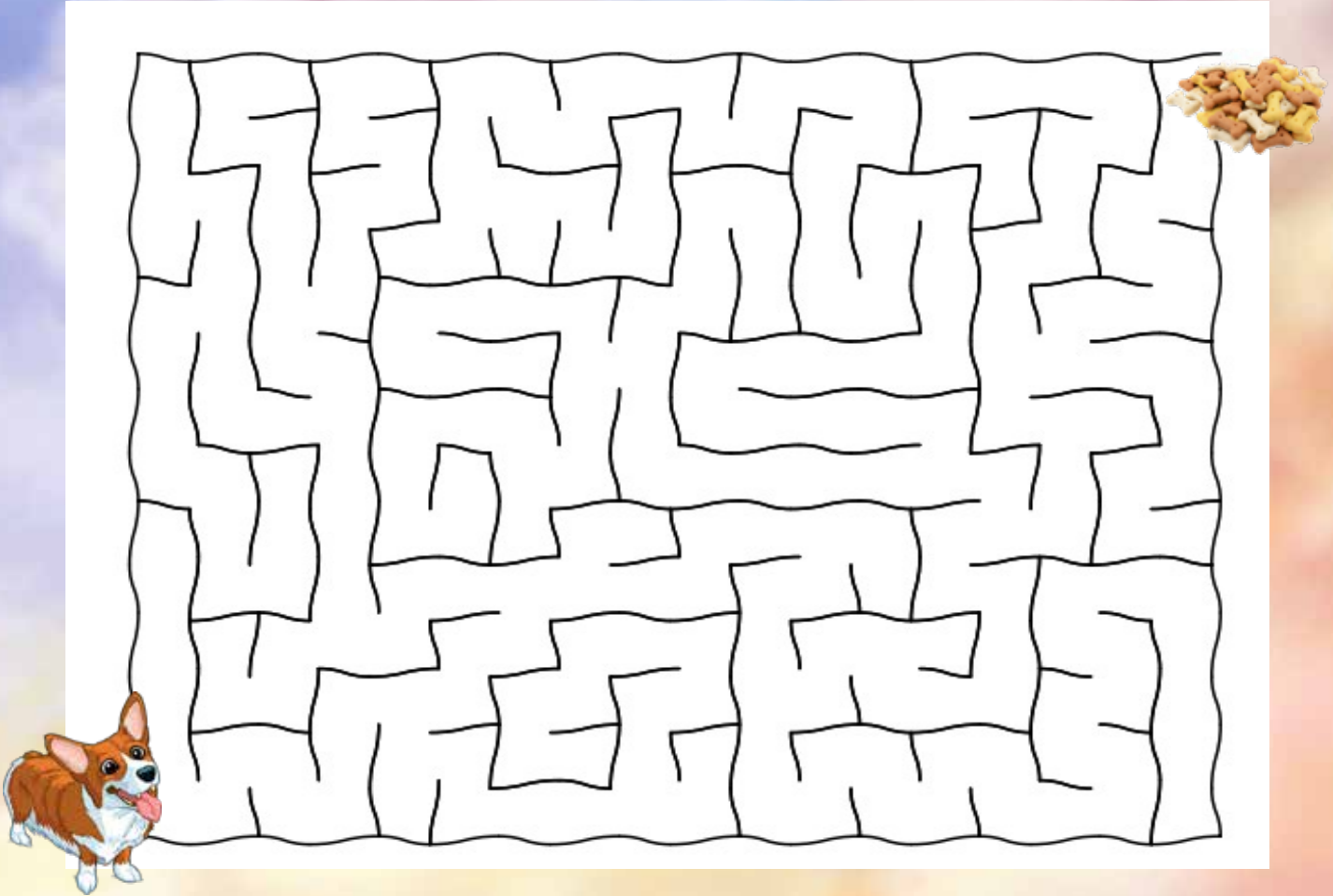
Rescue us from adversity, affliction and trouble."

(Luke: Chapter 11)

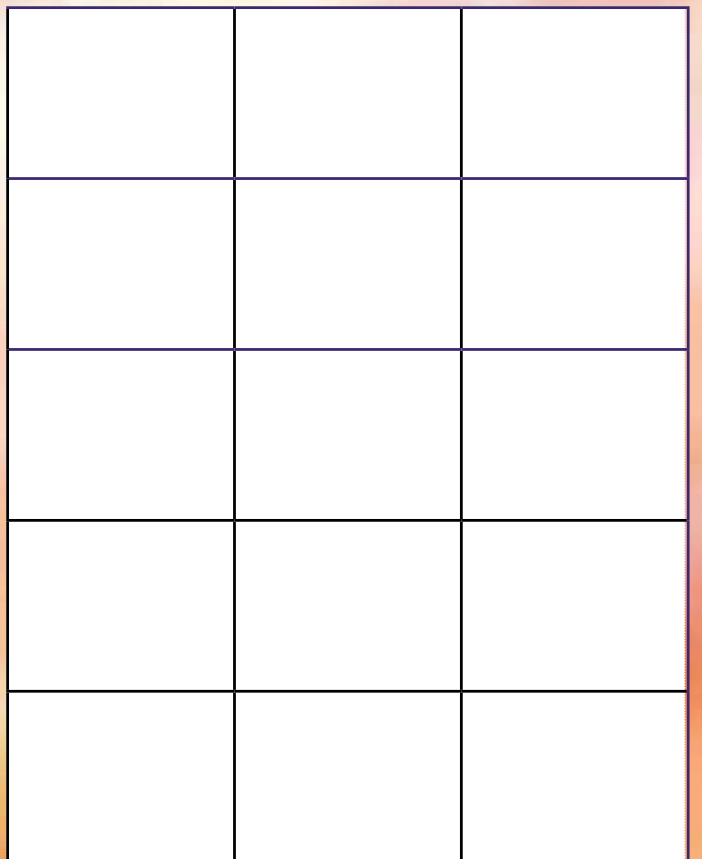
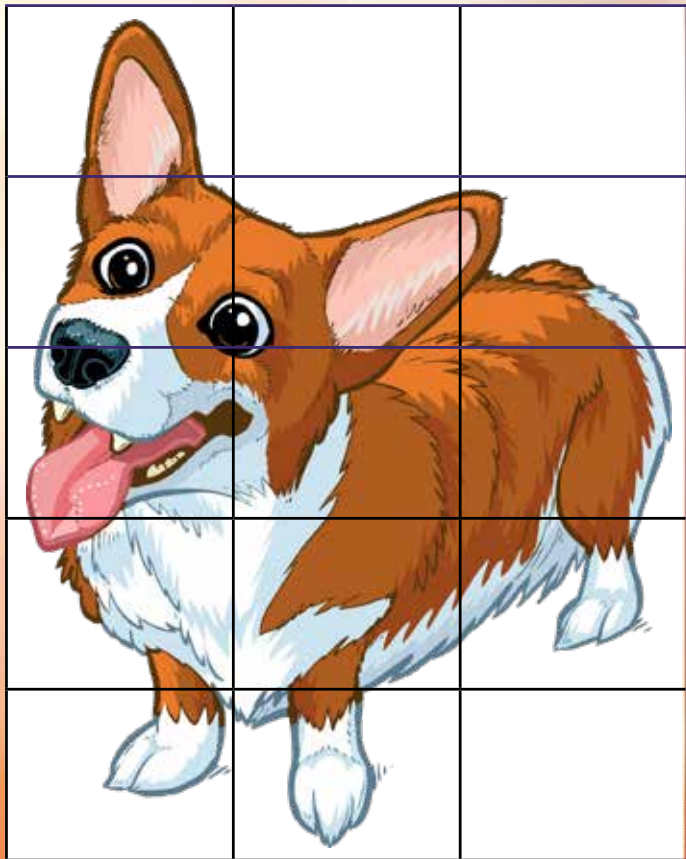
We too can pray to God like this, and as a loving Father, He will  
listen to and respond to our prayer.



Can you help the corgi find his doggy biscuits?



Copy and Colour



# Gorleston Then & Now

by John McBride



The event in the top picture is the coronation of George V in 1911. This photo was taken from the garden of 155 High Street, a private residence, which was demolished to build the post office in 1937. The building near the centre of these pictures with the Dutch Gable is 102 High Street. This is currently Little or Large Pet Shop. Previously it was Ted's Pet Shop as shown in the middle photo taken in the 1950's. In 1936 it was Ernest Fuller, undertaker. From at least 1908 to 1922 it was Edwin Watts, hairdresser. Other nearby occupants in 1936 were No. 101 Jacques the opticians; 103 Stone, tobacconists; and 104 Weldon's Fruiterer.







# Opening THE Book

with  
Reverend  
John Kinchin-Smith

What does the Bible teach about our care of creation? The Bible teaches that the earth is not ours, but we have been entrusted with caring for it, protecting what God has made so that it can be enjoyed for generations to come. "In the beginning God created the heavens and the earth... God saw all that he had made, and it was very good." (Genesis 1:1, 31) "The Lord God took the man and put him in the Garden of Eden to work it and take care of it." (Genesis 2:15)

"The heavens declare the glory of God; the skies proclaim the work of his hands." (Psalm 19:1) "Ask the animals, and they will teach you, or the birds of the air, and they will tell you; or speak to the earth, and it will teach you, or let the fish of the sea inform you. Which of these does not know that the hand of the Lord has done this? In his hand is the life of every creature and the breath of all mankind." (Job 12:7-10)

"If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land." (2 Chronicles 7:13-14) "How long will the land lie parched and the grass in every field be withered? Because those who live in it are wicked, the animals and birds have perished." (Jeremiah 12:4)

The Bible teaches that Creation is for God's glory, and humans have been given the special responsibility to care for God's creation. The destruction of creation not only imperils life, including human life on this planet; the Bible teaches it is also a sin against God.

Climate change and other environmental threats devastate and wreak havoc on the world God has made. Daily we experience brokenness within the created order. Nature erupts with hurricanes, floods, fires and droughts in protest of climate change we've helped cause. We cannot drink safely from streams and rivers. The air around us has been fouled by fumes from industry and the invisible wastes of our own cars. Creatures of the deep choke on plastic we've thrown away without care. What might we do to restore God's creation to its true beauty?



# News from The Mag

with  
Reverend Matthew Price



The nights are drawing in and the temperatures are dropping – autumn has definitely arrived! One of the autumn events that seems to have become bigger and bigger in recent years is Halloween. Indeed, on the Magdalen, the evening usually sees hundreds of people out and about, knocking on one another's doors with that famous greeting, "Trick or Treat".

But I wonder have you ever stopped and thought about the origins of Halloween? Where did this tradition come from? Halloween is actually a contraction of the name Christian festival of All Hallows' Eve which has been marked as the night before All Saint's Day for centuries. All Hallows' Eve – or Halloween- was a futile final fling for the powers of darkness before the night gave way to the dawn and the light of All Saint's Day.

So, far from celebrating darkness – or evil – Halloween was all about mocking it, because Christians believe – as we celebrate on All Saint's Day – that darkness and evil has already been defeated by Jesus' death and resurrection. Jesus himself said, "I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life."

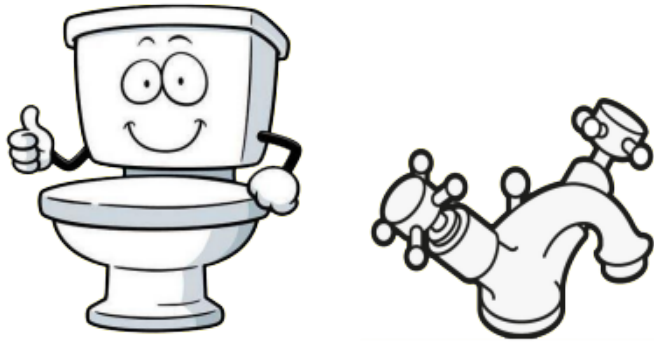
That's why on 31st October this year, St Mary Magdalene will be joining in with the Halloween celebrations.

If you're out and about on the Magdalen, why not pass through our twilight maze to the light zone and be reminded that darkness does not have the victory, light does! There will be crafts and activities to join in, and refreshments for both children and adults. Feel free to drop in for as long as you like, between 5pm and 6.30pm.

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# Ormiston Cliff Park Primary Academy

We were delighted to welcome back our children and their families to the start of another exciting year at Ormiston Cliff Park Primary Academy. We are particularly pleased to welcome those families who are new to the academy, and we look forward to working in partnership with you.

## Dressed for Success!

It is lovely to see the children returning to the academy looking so smartly presented in their uniforms. The children understand that wearing our uniform is an important symbol of being part of our academy as it shows our collective pride in Ormiston Cliff Park Primary Academy and all that it stands for. We would like to thank all of our families for supporting us with this.

## Academy Refurbishment Programme

The children were delighted to see that many areas of the academy have undergone extensive refurbishment over the summer holiday. We strive to provide our pupils with the best possible learning environment and have been teaching the children the importance of looking after our shared spaces and belongings and about the collective responsibility that we all have, to care for our academy environment. We are enormously grateful to our Site Team, who have worked so hard over the summer to make these improvements for the children to enjoy.



## News from Reception

We are very proud of our new reception classes. The children have settled in really quickly and have made an excellent start to their learning journeys.

## Outdoor Learning Area

We are particularly pleased with the investment in our Early Years Outdoor area. There are lots of new and exciting resources for the children to use to support their learning. We are also looking forward to the delivery of our brand new Mud Kitchen and a fabulous Reading Shed very soon!

## Learning about LORIC!

At the start of the new term, the children have been learning about some of the life-long learning skills that they will need to develop to help them to be successful in school and beyond. LORIC stands for leadership, organisation,



resilience, initiative and communication and the children have been exploring what each of these words mean and how they can develop these skills. We have been thinking about learning skills in terms of the ingredients in a cake recipe and the children have been considering what they would want to include in their recipe for successful learning.



## Lifting Limits Project

We are proud to be working in collaboration with the Ormiston Trust on a new initiative called 'Lifting Limits'. The aim of this programme is to promote equal opportunities for all pupils and to challenge some commonly held stereotypes with regards to gender. This has really got the children thinking and we hope that it will inspire them to believe that any dream is possible if they have high expectation of and aspiration for themselves.





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# Gorleston FC



Gorleston haven't got off to the best of starts in the Isthmian League North having played three, lost three.

Their first ever Step 4 league game was at home against New Salamis. The visitors took the lead midway through the first half but Connor Deeks equalised before half time. Two more goals for New Salamis gave them a commanding lead. Robbie Sweeney pulled a goal back in the 90th minute but the Greens couldn't find an equaliser.



*Connor Deeks heads home Gorleston's first league goal in step 4 football v New Salamis*

Next came a trip to Felixstowe and Walton Utd where Gorleston lost by the same 3-2 scoreline. Goals came from new signing Liam Jackson and Ross Gilfedder. Gorleston struck the post with the last kick of the match, denying them a deserved point.

After a disappointing loss in the FA Cup, going down 3-0 at Ipswich Wanderers, the Greens were on the road again in their next league match, this time to AFC Sudbury where they were missing almost ten senior players.



*George Keys goes close with a header in the FA Cup at Ipswich Wanderers*

A lucky bounce of the ball gave Sudbury the lead after half an hour and they scored again soon after. Two minutes into the second half the game was effectively over when Sudbury made it three. However, the Greens didn't let their heads drop and Joe Corby pulled a goal back. Sudbury soon scored a fourth before Mitch McKay found the net again for Gorleston to make it 4-2. An injury time Sudbury fifth put a slightly unfair tilt to the scoreline.



*Sam Ellis v AFC Sudbury*

As an indicator of how tough a start it has been to the season, Sudbury moved top of the table after that win, Felixstowe are second and New Salamis are in fourth.



*Jamie North v AFC Sudbury*

October will see the 'derby' match when Gorleston take on Lowestoft at the Fosters Solicitors Community Stadium on Tuesday 4th October.

Gorleston Reserves have played two league games. They began by beating Norwich Utd U23s 5-3 with goals from Jack Cottingham (3), Lee George and Sam Wooldridge. Next was a draw at Thetford Rovers. The Reserves bowed out of the Mummy Cup, losing to Norwich CEYMS.

Gorleston Under 18s have made progress in the FA Youth Cup. In the Extra Preliminary round they beat Hadleigh 4-2 then, in the Preliminary Round, came from 5-2 down at Walsham le Willows to make it 5-5 then win 3-2 on penalties. The Under 18s only league game so far was a 2-2 draw at Norwich Utd.

To be in with a chance of winning some cash, and show your support for Gorleston at the same time, join the monthly GoLD draw. The draw paid out over £70 in prize money in August. Full details of the draw and how to enter are on the website, contact me (Dave Hardy), or email [gorlestonfootballclub@hotmail.co.uk](mailto:gorlestonfootballclub@hotmail.co.uk).

For all the latest news, results and fixtures visit [www.gorlestonfc.com](http://www.gorlestonfc.com), follow @gorlestonfc on Twitter and Instagram, and Like us on Facebook.

## October Fixtures

| Date | Time   | Competition | Team       | Opponents (Home/Away)              |
|------|--------|-------------|------------|------------------------------------|
| 1st  | 3pm    | League      | First Team | Bury Town (H)                      |
| 2nd  | 2pm    | League      | Women      | Shrublands 1988 (Southtown Common) |
| 4th  | 7:45pm | League      | First Team | Lowestoft Town (H)                 |
| 8th  | 3pm    | League      | First Team | Grays Athletic (A)                 |
| 9th  | 2pm    | League      | Women      | Aylsham (Mill Lane)                |
| 11th | 7:45pm | League      | First Team | Heybridge Swifts (A)               |
| 15th | 3pm    | League      | First Team | Basildon Utd (H)                   |
| 16th | 2:30pm | County Cup  | Women      | FC Viking Valkyries (A)            |
| 22nd | 3pm    | League      | First Team | East Thurrock Utd (A)              |
| 29th | 3pm    | League      | First Team | Coggeshall Town (H)                |
| 30th | 2pm    | League      | Women      | Bulldogs (Mill Lane)               |

Reserves and Under 18s fixtures not known at time of writing

# More Coffee Time!

## Codeword

Every white square is numbered from 1 to 26, with the numbers corresponding to letters of the alphabet. Use your knowledge of words, names and places to work out where letters go, completing both the grid and code boxes, and using every letter of the alphabet.

|    |    |    |    |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|----|----|----|----|
| 25 | 21 | 23 | 3  |    | 22 | 23 | 8  | 1  | 20 | 4  |
|    | 9  |    | 21 |    | 21 |    | 15 |    | 6  |    |
| 9  | 19 | 4  | 1  | 26 | 11 |    | 26 | 21 | 6  | 4  |
|    | 23 |    | 1  |    |    |    | 26 |    | 1  |    |
| 15 | 16 | 18 | 4  | 5  | 13 | 4  | 23 | 8  | 11 | 1  |
|    | 8  |    |    |    | 21 |    |    |    | 4  |    |
| 21 | 10 | 10 | 5  | 20 | 2  | 23 | 24 | 21 | 1  | 4  |
|    | 5  |    | 21 |    |    |    | 23 |    | 5  |    |
| 17 | 23 | 20 | 16 |    | 16 | 21 | 9  | 18 | 21 | 7  |
|    | 26 |    | 1  |    | 20 |    | 9  |    | 26 |    |
| 18 | 4  | 14 | 20 | 15 | 5  |    | 12 | 20 | 19 | 20 |

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| 22 | 23 | 24 | 25 | 26 |
|----|----|----|----|----|

**A B C D E F G H I J K L M  
N O P Q R S T U V W X Y Z**

## Wordsearch

Can you find the words listed below?  
Words occur in the grid forwards, backwards and diagonally.

|   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|
| V | R | N | B | E | G | N | N | C | J | H |
| Y | U | E | L | F | S | R | I | M | A | J |
| T | W | A | A | D | T | N | A | Y | R | Y |
| S | B | E | Z | P | E | A | R | V | C | O |
| U | L | T | E | C | W | R | O | I | Y | G |
| G | H | O | S | T | S | J | M | V | K | O |
| D | G | D | O | E | P | Y | A | I | Q | F |
| E | D | O | C | C | R | S | S | D | S | V |
| E | A | O | L | I | R | O | I | O | E | T |
| S | R | W | P | K | A | O | F | R | C | W |
| N | K | E | P | I | C | K | P | V | C | B |

### AUTUMN

- |        |       |        |
|--------|-------|--------|
| Aromas | Ghost | Pick   |
| Bale   | Gravy | Rain   |
| Blaze  | Gusty | Reap   |
| Cool   | Hay   | Red    |
| Corn   | Icy   | Ripe   |
| Cosy   | Jam   | Scenic |
| Crisp  | Leaf  | Seed   |
| Crop   | Log   | Stews  |
| Dark   | Mist  | Vivid  |
| Dew    | Nut   | Web    |
| Fog    | Oak   | Wood   |
| Forest | Pear  |        |



# Tia's Treasures

On Sunday 14th August, Richard who had never stepped foot on a plane before, let alone dived down to earth from 13,000 feet with speeds of up to 120 mph, participated in a Skydive to celebrate Tia's Treasures 11th Birthday and to fundraise for Home-Start Norfolk where Lisa is a Family Support Volunteer.

This was our biggest and bravest (and more than likely most craziest) fundraiser to date.

You can view the official video footage from UK Parachuting on the Tia's Treasures Facebook Group or YouTube Channel.

Over £2,000 has now been raised via the JustGiving page and donations are still coming in:

[www.justgiving.com/page/tiastreasuresforhomestartnorfolk](http://www.justgiving.com/page/tiastreasuresforhomestartnorfolk)

Your donation no matter how small means a lot, not just to Tia's Treasures but to Home-Start Norfolk and the families supported by Home-Start Norfolk too.

- £20 could fund a Volunteer to visit a struggling family
- £50 could fund a family's Needs Assessment by a Family Services Co-Ordinator
- £120 could fund a Child's School Readiness Course
- £300 could fund Mental Health First Aid Training for Volunteers

Home-Start Norfolk offers a flexible and responsive approach to the needs of families, they recognise that every family has individual needs and can be affected by similar issues in different ways.

Support is tailored to meet each family's specific needs in the most appropriate way to create a positive impact.

Home-Start Norfolk believes that "Childhood can't wait".

To find out more about Tia's Treasures and Home-Start Norfolk please visit:

<https://tiastreasures.net>

<https://homestartnorfolk.org>



\*\*\*\*\*



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Scan the QR Code to access the magazine website, where you can download previous issues, find out about placing articles and adverts, and contact us at the magazine.

Would you like to send us an article, poem, picture, book review or recipe? Or do you have a story to tell? Or would you like to advertise in **Gorleston Community Magazine**? If so, please email us at [gorleston.community.magazine@gmail.com](mailto:gorleston.community.magazine@gmail.com) or via the website contact form.

# Gorleston Library

## Library Services Events

**Mondays** Bounce and Rhyme – 1-1.30pm (drop in)

Spanish Chat – 5.45 – 6.45pm (Intermediate chat group)

**Tuesdays** Mini Movers – 10.30 – 11.30am

(pre-school music and play – drop in)

Writing Group – Last Tuesday of the month – 4-530 quiet writing time/530-7 group mtg

**Wednesday** Just a Cuppa – 10am – 12 all welcome,

Bounce and Rhyme 10.30-11 & 1-1.30pm

Gorleston Library Craft Group 2-4pm Carnegie Room (bring your own crafts-all welcome)

**Thursday** Lego Time– 3-5pm (young children must be supervised at all times)

Learn My Way – Digital online learning for beginners 4-6pm & **Saturday** 11am -1 drop in

**Saturday** Children's Crafts 10.30am - 12 (all ages) – please book your place in advance

Family Learning Sessions for 0-5's – ask in library for details

**Sunday** First of the month-Adult drawing and art group 12-2pm

Free  
period  
products

Weigh  
your  
baby

Free library  
apps  
available

Free  
computer  
use

Over **9,000** children signed up for  
the Summer Reading Challenge, in  
Norfolk.

## Gorleston Library Friends presents:

**3<sup>rd</sup> October** - GLF Children's Storytime and creative activities, 11-12pm in the children's area.

**18<sup>th</sup> October** – Martin Webber, 100 years of Marine Parade. Great Yarmouth alongside a short film of Gorleston. 2pm in the pavilion room, £2 entry and refreshments afterwards.

## Non-Library run events/activities

### Employment help (drop in services)

**Tuesday** Chances – 2-4pm (18+)

**Wednesday** Future Projects 11-1pm (25+)

**Friday** Dial - Money + Debt advice 2-5PM

Dial employment services 9-1PM

For information on eligibility and resources available please pick up a leaflet at Gorleston Library.

### **Pencil Art group**

(hosted by EN6th form college)

Wed-weekly-**415-5.15pm**-Free

Book online via Norfolk

Libraries What's On page

**Ages 7-10**

**Ask library staff for details.**



Don't forget to check out our 'What's On In Norfolk Libraries' pages at [www.norfolk.gov.uk/libraries](http://www.norfolk.gov.uk/libraries) and follow us on: Twitter: @NorfolkLibs Facebook: @NorfolkLibrariesUK Instagram: @Norfolklibraries



## JPH Charity

Our charity now have a new date for their 'Flat Caps and Flappers' night, which will be held at the Ocean Room in Gorleston on Friday 11 November.

The event will feature entertainment from The Testostatonos and a three course dinner with coffee and if you're looking for a night out to brighten up your November, and to support fundraising for our hospital, you may like to join us.

Tickets are priced £42.50, which includes the meal and entertainment. To book please email [Charity@jpaget.nhs.uk](mailto:Charity@jpaget.nhs.uk) or call Helen or Maxine on 01493 453348.

## James Paget University Hospitals NHS Foundation Trust

to work at the James Paget University Hospital with a group of amazing, dedicated physiotherapists who make a difference every day to our patients. As this year's focus is on the management of people affected by osteoarthritis it is timely that we are in the process of re-launching our elective orthopaedic education group. This is an integral part of the journey for patients having a hip or knee replacement due to severe osteoarthritis of their joint. This education session helps to prepare people for their upcoming elective surgery with education, empowerment and exercise as key aspects to help ensure a speedy recovery post-surgery and to enable a faster return home.

On this point, although this is a celebration of physiotherapists, it is important to highlight that the JPUH physiotherapists work as part of an integrated therapy department. Physiotherapists would not be able to perform their role effectively without the hard work, team work and expertise of our therapy assistant practitioner and occupational therapy colleagues. Our sum is greater than the individual components and so this is a celebration of the whole integrated therapy team!"

The poster for 'Flat Caps and Flappers Night' features a blue background with a photograph of a band performing on stage. The text is in large, bold, yellow and white fonts. It includes the event name, date, location, time, and ticket price.

**James Paget Hospital Charity**  
Registered Charity No. 118486

# FLAT CAPS AND FLAPPERS NIGHT

**WITH THE TESTOSTATONES**

**FRIDAY 11 NOVEMBER 2022**  
**OCEAN ROOM, GORLESTON**

6.30PM FOR PHOTOS, 7.30PM SIT DOWN  
THREE COURSE DINNER WITH COFFEE,  
CARRIAGES 1AM

**Ticket price £42.50**

**TO BOOK CONTACT: HELEN OR MAXINE ON 01493 453348**  
**EMAIL: CHARITY@JPAGET.NHS.UK**

## Joint School

On the 8th September we relaunched our Pre-Operative Patient Education Group for patients undergoing joint replacement (also known as Joint School). The initiative was put on hold for 2 years due to Covid-19 restrictions but has now restarted to help inform patients about their joint replacement surgery and what to expect during their time at our hospital as well as providing tips to ensure faster recovery times allowing patients to return home as soon as possible.

8th September was also World Physiotherapy Day and this year the focus is on promoting the role of physiotherapists in the prevention of osteoarthritis and in the management of people affected by osteoarthritis.

Our Professional Lead for Physiotherapy Rene Gray told us "I am proud to call myself a physiotherapist and

The advertisement for First Move Furnishaid features a blue circular logo with a white sofa icon. The text is in various colors and fonts, including a quote and contact information.

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Registered Charity  
No: 1060902

**“Local Charity for Local People”**

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*If you need to find out more please visit our Web Page [www.fmfa.co.uk](http://www.fmfa.co.uk)*

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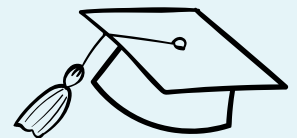
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# ENSFC

## EN students achieve excellent results for 2022

Students at East Norfolk Sixth Form College are celebrating yet another brilliant set of A level results at the top performing Sixth Form for Great Yarmouth & Waveney.

This year the number of students sitting A Level exams has increased again and students have continued to achieve excellent results despite the disruption to their education for the last two years and for many, this has been their first experience of sitting formal examinations.

The College's aim for this year's results was to reset and build upon the 2019 performance, which was the last set of results not affected by the pandemic. This has been achieved with increases across the board which is fantastic.

Our students have also performed exceptionally well in the top grades with many achieving A\* and A grades in their subjects.

East Norfolk Sixth Form College Principal, Dr Catherine Richards (pictured top right), said: "I am delighted by this year's results as our students have been awarded some fantastic grades. These results are recognition for their hard work and determination to succeed and the dedication of our highly skilled staff to support our students and their aspirations."

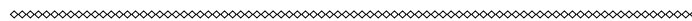
Deputy Principal, Dr Simon Fox, said: "East Norfolk is not just about an academic education. We take pride in the fact

that we continue to offer a wide range of subjects and a host of extra-curricular activities that are not available anywhere else locally. This makes us unique and highlights our commitment to ensuring that no students are disadvantaged or unable to access the widest possible learning. It also re-emphasises the College's importance to the local community."



EN continues to offer a bespoke curriculum where the timetable is built around each individual student, enabling them to access so many different options. With the Combined Cadet Force, Duke of Edinburgh Awards and unique partnerships with the University of East Anglia, the College continues to offer an amazing range of opportunities to ensure that students develop the widest range of skills to support them in their futures.

All of our students are encouraged from the moment they start at EN to see themselves as achieving at the highest level, including going onto the most competitive universities. We stretch and challenge them to achieve the very best results.



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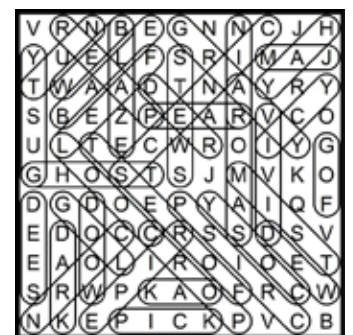
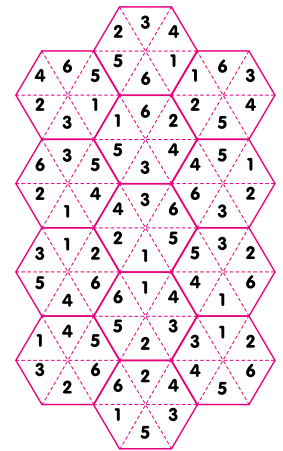
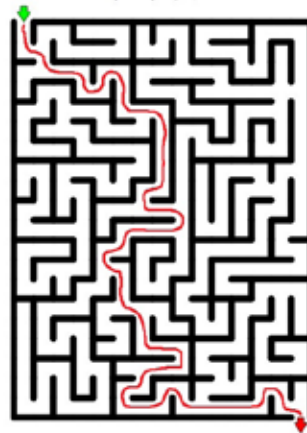
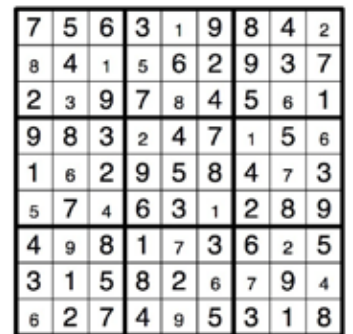
PHONE 07895 550168/01502 730171 WWW.PHOENIXKARATESCHOOLS.CO.UK

# Gorleston Flower Club

Our next meeting is on Monday October 31st at Magdalen Way Methodist Church at 2 pm. Our demonstrator is Pat Barton, her theme is entitled "Where In the World". You have a chance of winning one of Pat's colourful arrangements and also a hamper full of goodies "Everything Orange". We welcome members and guests and there is a charge of just £5 for guests.

If you would like more information, please contact secretary Margaret Colman on (01493) 663590

# Coffee Time Answers



**Word Ladder:** ream, roam, foam, form, fork  
**Caught in the middle:** office, fortune, name, oil, egg  
**Seeing Double:** cajole, rejoin, laurel, source, donate, tenant, belief, relish, cosmic, dismay  
**Mystery keyword:** journalism

# WHAT IS HIP

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# Life Afloat

by Patricia West, who continues her reminiscences...



An encounter with a difficult Bargee!

Last month I described how exciting it was to finally be in the middle of Paris on the river Seine. However a few days before getting that far, there was an unpleasant run in with a cantankerous bargee.

In order to meet Adrian's timeline we were obliged to travel through a long cold day of teeming rain and rolling claps of thunder. We kept warm by consuming quantities of hot tea and Oxo, with breakfast and lunch taken in shifts while I climbed up and down, stirring a stew of beef and vegetables bubbling happily away on the stove, while adding a little more red wine each time. I reasoned we would need a booster at the end of the day.

Thick mist and poor visibility meant all hands on deck as we battled the miserable slapping rain which stung our hands and faces. By seven pm we agreed it was time to stop. At this point we had reached the busy commercial area now loaded with ships, boats and barges all of which were currently occupying every single docking space.

We continued searching for another kilometre but it was hopeless – in the darkening gloom the working barges squatted like big fat spiders waiting to get us, in effect one of them did. Finally in desperation, despite there being no-one around to give permission, the skipper chancing his arm took a moderately used practice by flinging our ropes and hooking on to a large vessel flying the Italian flag. It was a relief to go below decks and exchange wet clothing for warm track suits before sitting down to steaming bowls of the reviving beef stew.

I had taken three mouthfuls when there was a huge bellow of rage. Richard rose to investigate. It was the Italian bargee shouting that our ropes had muddied his hull. The men fetched soapy cloths but Mr Italy refused to be mollified and expletives came at us in Italian, French and English - we were also told if we did not move the boat he would cut our ropes.

For me that was just about it – I'd had enough of men and their boats and at that moment was fed up with all of France as well. I longed for my sons, my father, friends on the telephone, red pillar boxes. I wanted to be in my dad's armchair sipping tea, eating his ginger cake and if I was going to buy cheese could it be Cheddar, Stilton anything but Brie and Camembert. Oh to walk into a shop and understand every word. To hear Richard say 'Let's go to the Theatre, Cinema, the Library' instead of 'Throw the Ropes' or 'Fenders Out'.

Momentarily the dream of The Simple Life was lost to me and I was unafraid of the whole of Italy, let alone one man and his Big Boat!

Glaring at Mr Italy I crossed the deck and called out 'we are sorry but your Whole Boat is covered in mud, I hate the weather too, why won't you give us a helping hand...' Suddenly, in mid-flow, I stopped abruptly. Mrs Italy had appeared bearing down upon us brandishing a large kitchen knife. Our skipper capitulated "Senor we will move the boat". Turning to me and through gritted teeth he said "Patricia don't argue, he is bigger than us, the barge is bigger, they mean it, they will cut our ropes." Even as I thought "Wimp", I knew Richard was making the right decision – to damage our ropes would prove disastrous, not to mention the expense of replacing them.

But I couldn't resist and standing on tip toe, putting myself at eye level with Mr Italy's chin, I thumbed my nose at him and said sternly "you are a mean, disagreeable old man."

By now a small audience had gathered on the quay and sympathetic murmurs drifted in our direction. Words were said about the bargee, old Lorenzo, always being bad tempered - so nothing personal then.

The sound of a dozen offers of help to move Pillage floated towards us as willing hands took the ropes and re-hooked us alongside a large French sailing vessel whose skipper waved friendly signs at us. The whole scenario was almost a re-run of our dear Emillion.

We shook hands and thanked our kind helpers, but were despondent and chastened, and ate our reheated supper in subdued silence.

How often do we face out situations convinced we are right, only to realise once things have cooled that the other person has his own particular slant on the matter and could well be right too.

I pondered over what had just occurred and concluded we were not over-much to blame and yet with hindsight I felt uneasy at the part I had played.

Eventually I said "perhaps Lorenzo's mother has died, or maybe he and his wife were having a row and the knife was meant for him". The mood in the cabin barely lifted. I tried again, "After all we *are* guests in this country". "SO IS HE!" Adrian shot back.

Neither the play on the Home Service nor the Hitch Hiker's Guide tapes served to amuse us as they usually did and we trailed early to bed.

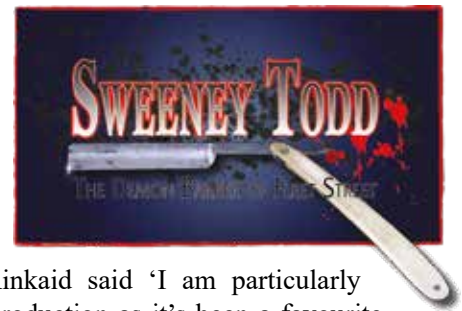
Pillage had covered over sixty kilometres. It was still raining.

Next month - four days plus one.



# Gorleston Theatre Company

present  
**Sweeney Todd**



If you are looking for an evening of drama, suspense and fine music then come and join us for Sweeney Todd at the Pavilion Theatre.

Sweeney Todd: The Demon Barber of Fleet Street (often referred to simply as Sweeney Todd) is a musical with music and lyrics by Stephen Sondheim, and a book by Hugh Wheeler. It is based on the 1973 play of the same name by Christopher Bond.

Director Jeannie Kinkaid said 'I am particularly excited about this production as it's been a favourite of mine for some years and our production is full of very talented singers and actors, some will be familiar to audiences and there are others who are appearing for the first time with GTC. Rehearsals are well underway and it's all sounding and looking great. Have you got your tickets yet?'

**Tickets:**

Thursday 27th & Friday 28th October 7:30pm  
Saturday 29th October 2pm & 7:30pm  
£20 Adult, £15 Child/Student  
Group rate available – please telephone Box Office  
**Box Office:**  
01493 662832: Monday - Thursday 11am - 3pm  
Online: [www.pavtheatre.com](http://www.pavtheatre.com)



*Tobias (Blake Carter) with Pirelli (Jamie Bernthal-Hooker)*



*Adolfo Pirelli entertains ladies of the chorus*



*Anthony (Jamie Coleman), Brian & Graham (Chorus) trying to keep the Beggar Woman (Taryn Taylor) under control*



*Cast Costume Call*

**The GORLESTON THEATRE COMPANY proudly present**

# SWEENEY TODD

THE DEMON BARBER OF FLEET STREET  
A MUSICAL THRILLER

**Music & Lyrics by**      **Book by**  
**STEPHEN SONDHEIM**    **HUGH WHEELER**

**Originally Directed on Broadway by**  
**HAROLD PRINCE**

**From an Adaptation by**      **Orchestrations by**  
**CHRISTOPHER BOND**          **JONATHAN TUNICK**

**Pavilion Theatre  
Gorleston**

**Thu 27th to Sat 29th, Oct 2022  
7:30pm nightly, Sat Matinée 2pm**

**Adult £20 Student £15  
Child £15**



# Richard Routledge

*"The life and times of"*



After a nice winter off, March was coming up and it was time to go back to the icecream shack and the crazy golf course, to start the tidy for the coming season.

Four months of not being there every day and the shack right on the sea front means the inside

can smell and look a bit mouldy; the sea, sand and wind can get through any small cracks or holes in the shack.

After about a week with all the doors and hatches open, and a lick of paint where needed, it springs back into life. Everything inside has to be washed and washed again, all the machines, fridges and freezers all have to be made ready.

The golf course is a different matter, there is such a lot to cut back and weed, and the water pump needed a good overhaul and the ponds needed a good clean. We had to be careful with the ponds because the wildlife in them was protected.

In the end I had to get a gardening company to help with the bushes and shrubs as it was far too much for me to do on my own. Three weeks had gone by and things were looking pretty good, the course was looking fantastic, and the shack was ready to go.

The next thing on my list was stock. As we only did one flavour of whipped icecream that was easy, but this year I wanted to increase my choice of scooped from 6 to 12, and my new freezer could take that without a problem. So, by the end of March, I was itching to open up.

The beginning of the season can be very patchy because of the weather, if it rained it was hardly worth being open as the sea front can be very cold and bitter. On those days it means other small jobs can get done like ordering a few more coloured golf balls, or getting new score cards and pencils, or making sure the golf clubs are ok and you have enough sizes.

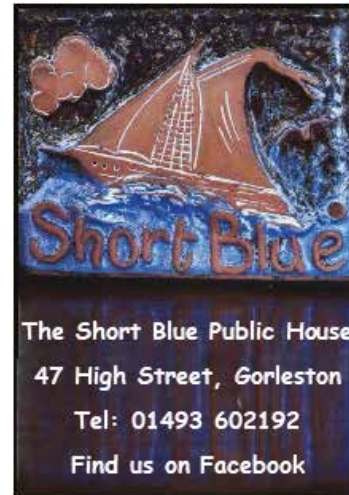
The wildlife on the golf course could be fun too. On our last hole we had a box with 4 holes you putt into, and every now and again the balls would get stuck in there, until one morning when I opened up, there outside the box were 4 balls, and when we looked inside I found a family of rabbits. I rang the RSPCA and they said let them stay there, so we did and we lived side by side. It was fantastic to come in the morning and see the young one playing and they would keep clearing the balls out for me every morning.

As for the ponds, I was not allowed to do much clearing

because we had tadpoles and loads of insects. It was like having a mini wildlife park. The only thing not welcome was mice, which I found to my horror one morning they had got in via the drop hole from the last hole from the course and overnight had started to make a nest. I couldn't kill them so asked the RSPCA to take them away and at night we plugged it up just in case.

In the next issue find out how the season unfolds, and the case of the switched off freezer!

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# Hair We Are



*with Kevin Huggins  
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Another month passes and here we are facing October already. Just doesn't seem possible, with the darker nights and mornings

just around the corner and I guess it won't be long before we start to see the Christmas decorations in the shops. I have to say what fantastic weather we have had this summer, even though the lawns and gardeners might well argue that point a little. I was amazed to see leaves already falling off the trees due to lack of water and them being dehydrated. Who knows what plants we will be growing in the future if this is to be our climate?

I have to mention at this stage the plans for Christmas in Gorleston this year. Once again the event is being sponsored by Greater Yarmouth Tourism board and the plan is to have a 3 day Christmas market in Priory Gardens on the 18th/19th and 20th of November, with a street market and stalls down the High Street on the Sunday, just like the old pre-covid days, hopefully all the traders will look to make it quite an event to celebrate Christmas normality again.

The Boris Johnson era is over, and we move into the future with a new Prime Minister, Liz Truss. Obviously not moving into an easy role and difficult times ahead, but I am so glad she won as I believe Rishi Sunak was far too involved in the previous regime and as far as I am concerned the life saving furlough scheme was as big a con as there was. It may well have paid 80% of my staff's wages whilst we were shut for 32 weeks, but it still left us to have to pay all the employee add-ons, National Insurance, tax, and pensions. If I had made my staff redundant, I reckon it would have saved the business £30k over the period we were closed, so I am afraid I do not trust him and was so glad Liz Truss won and I wish her luck in pulling our country back together again.

Last month's blog, I told you all about my efforts in our vegetable patch, trying to keep up my late mother's morals and gardening skills. I finally gave up and started keeping chickens instead which means out of my vegetable patch I get fresh eggs. I also mentioned that I had utilised the patch for another hobby I wanted to take up. I had happened to mention to Tanya that I would like to use the vegetable patch for another hobby and for my Father's Day present this year my kids bought me a "Bee keeping Course".

Off I went to Applebee farm at Bramerton for my course taken by John Everett, the duration was around 3 hours one sunny July morning. I have to say I was enthralled, it was one of the most interesting things I have done. The longer the course went on, and the more I learnt, made me more determined than ever that I was going to start beekeeping in Mother's vegetable plot, so I may not be growing vegetables but now I have fresh eggs and fresh local honey.

The information I learnt on the course was so interesting, the first thing they teach you is about the bee keeping year. The beekeeper's year starts in early autumn. At that time, you requeen the hive whose queens are not producing adequate amounts of bees and makes sure that each hive has sufficient stores: at least 50 pounds of honey and several frames filled with pollen. The hive needs a sunny exposure and protection from cold winds. Some beekeepers wrap their hives with insulating material in winter. A few beekeepers, I was told, kill their bees in the winter, harvest the honey, store the empty equipment, then restock with a two or three pound package of bees and a young queen the following spring.

If the hive is well prepared in the autumn, they need little attention during the winter, although I was advised to feed the bees with sugar water so at least they would have some food through the winter months, this needs to be topped up regularly as frequently, strong hives exhaust their food supply and starve only a few days before the spring flowers begin to bloom. Only a few pounds of sugar syrup, 50-50 sugar water, is needed but you must keep an eye on it so that it doesn't run out.

I was amazed to learn that as the spring season advances, the hive size increases from the low population of 10,000 to 20,000 bees that survived the winter.

I acquired my hive and a colony of bees, including one queen, in late July, so I will be lucky to see any honey this year as I really missed the pollen season. However, I live in hope and will certainly be looking to see if the bees have produced any honey and bees wax. I was told that the average hive can produce anything from 30 to 60 pounds of honey in a season. Another interesting fact is that local honey can have a great effect on asthma on people locally, due to building up a resistance to local pollen. Of course, the hive and the bees were the bits I needed for the honey, but I also had to acquire a smock, net hat, and a smoker. With this equipment all on me and my fishing waders and gloves, I do look like something out of Chernobyl when approaching the hive, and dressed up in all that equipment in the heat we have had through the summer is not the most comfortable thing to do.

So, I am set Mum, I may not be doing in the vegetable patch what you so successfully did for all those years, but it is not going to waste and is being very productive in eggs and honey.

Finally, like most people I am so sad to hear the news of the death of our beloved Queen, may she rest in peace with her husband Prince Philip. Even though I did not meet her, I did see her a couple of times, I felt I knew her like a grandmother, and she has been there all my life. The Queen put the United in our Kingdom and King Charles now has a major job on his hands to put that United back. I wish King Charles all the best but that is a hell of an act to follow, RIP Your Majesty.

Have a great month and hopefully I can fill in some more information next month on the Christmas market and Light switch on in Gorleston for 2022.



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