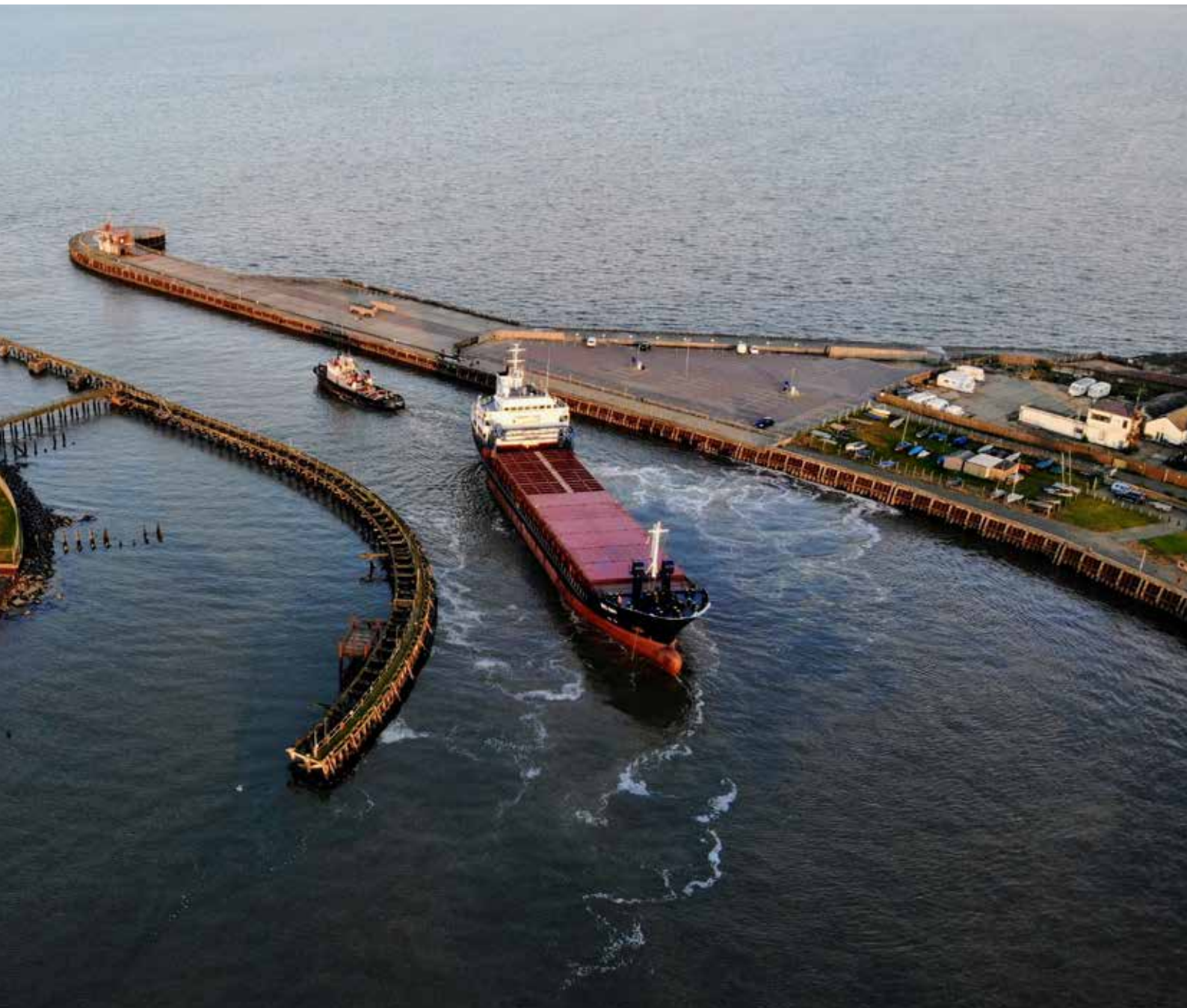


St Andrew's Church

ISSUE 50, July 2022

GORLESTON Community Magazine



Inside this issue: News from The Mag, ENSFC,
School News, Sports, Puzzles... And much more!

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MONTHLY



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Model shown is a Puma ST-Line X 1.0L Ford EcoBoost Mild Hybrid (mHEV) 125PS Manual Petrol with Optional 19" Alloy Wheels and Fixed LED Headlamps. Fuel Economy mpg (l/100km) (Combined): 49.6 (5.7) CO₂ Emissions: 130g/km.

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Hello Gorleston!



Welcome to Issue 50 of **YOUR** award-winning, free community magazine. What better way to celebrate our 50th issue than with a poem from one of our regular contributors:

50 issues of this Gorleston Mag
It truly is a great free rag
Inside are stories, puzzles and news
Local info and peoples' views

Helping to bind the community
Gorleston neighbours in unity
It's very glossy and looks quite posh
But it doesn't cost us any dosh!

It's lovely to be kept in touch
Pages to enjoy so much
My personal fav is "Then and Now"
And poems have a certain wow!

I love it dropping through my door
And look forward to getting many more!

by Val Raven



Have a great month and we'll meet again in August!



Ed.....

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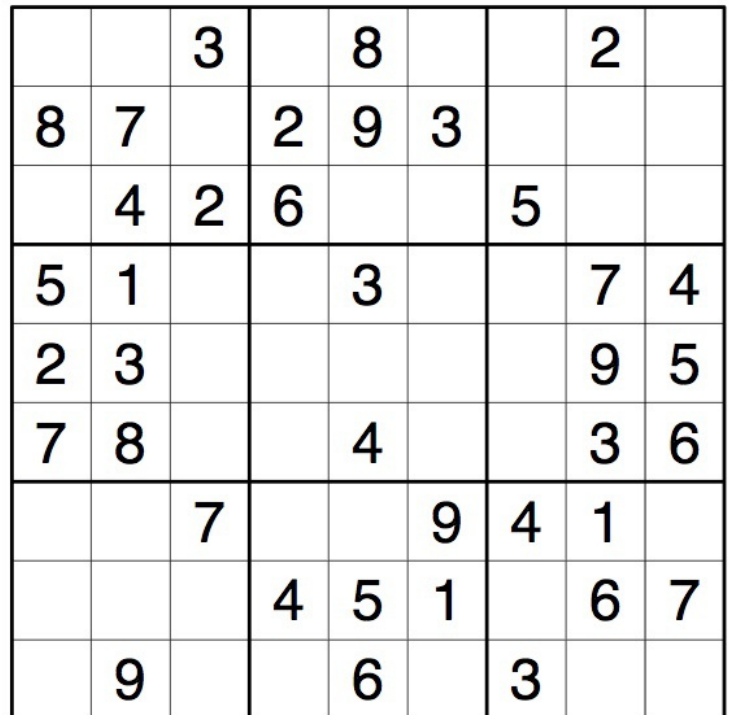
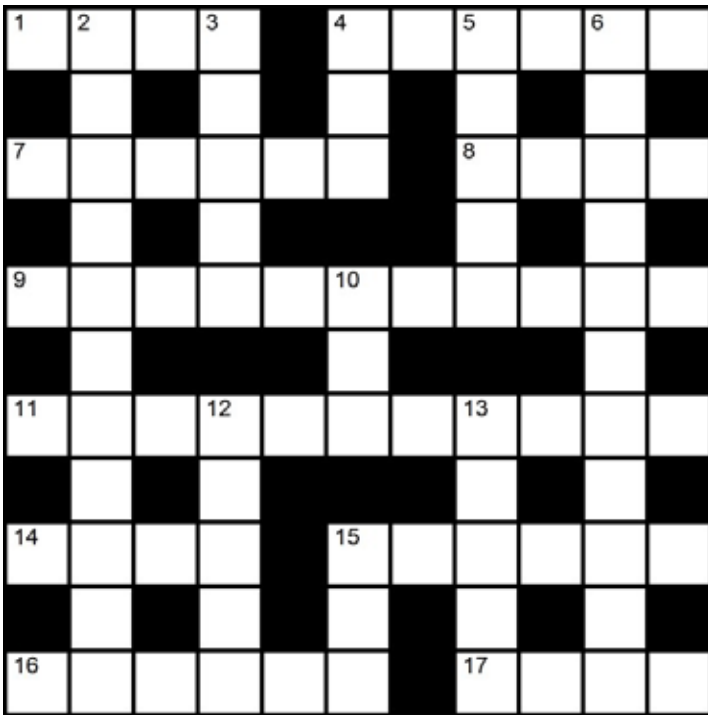
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Deadline for the August Issue is
Tuesday 12th July

Thanks to **Kristofer Knox** for this
month's front page picture

Gorleston Community Magazine is published by St Andrew's Church, Gorleston, and printed by Blackwell Print, Great Yarmouth. The views expressed in this magazine are not necessarily those of the publisher or the editors, and the acceptance of adverts does not indicate endorsement. All contributions are included and edited at the discretion of the editors. Please ensure you have the rights to all photos and have the subject's permission.

Coffee Time 1



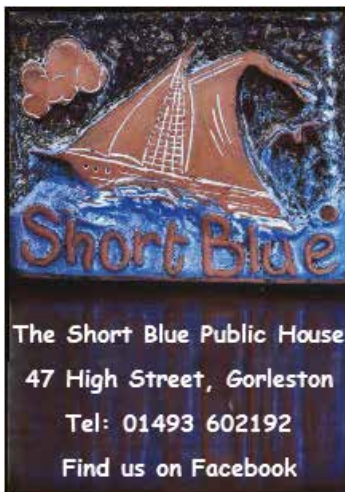
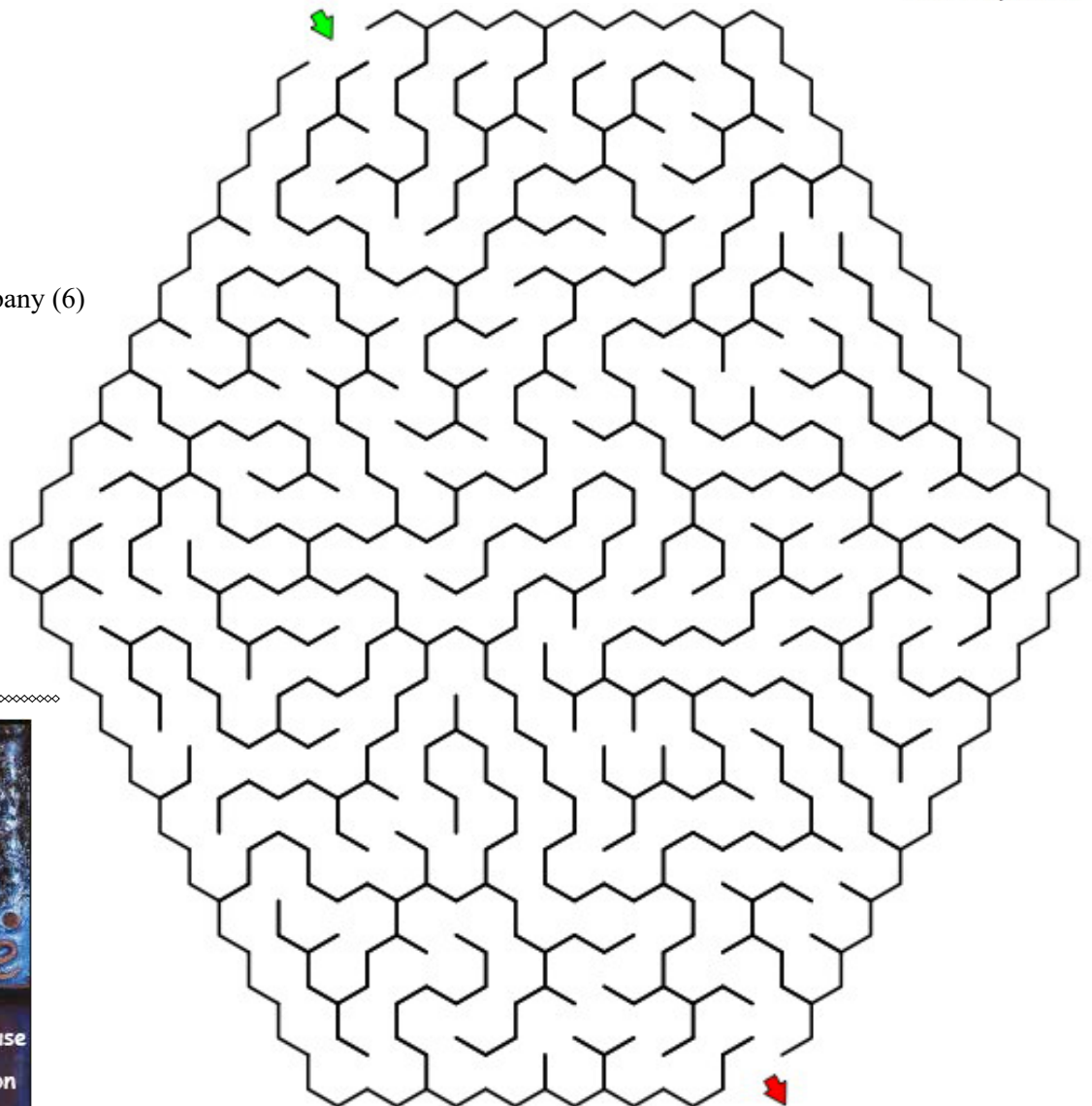
© 2008 KrazyDad.com

Across

- 1 Former Russian ruler (4)
- 4 Disappear (6)
- 7 Doddering (6)
- 8 I beg your pardon? (4)
- 9 Conveyor belt (11)
- 11 Journey's end (11)
- 14 Indolently (4)
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- 3 Prevail (5)
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- 15 --- Alamos (3)



In The Interregnum

Whilst St Andrew's Church is in interregnum, this page will see a variety of authors from St Andrew's Church and the Diocese.

This month we hear from the Rev Suzie Ellis, member of the ministry team at St Andrew's



St Andrew's interregnum (being 'in-between' vicars) is now underway: and it's been quite a challenging prospect. As a small child I was once taken to the Farnborough Air Show. I don't remember much of what would have been a very full day; but I do vividly recall seeing one massive-looking aircraft starting up and heading down the runway. It didn't look as if anything that big could possibly lift off;

but, amid a lot of noisy roaring, it suddenly began to rise like a sort of monstrous bird .. and even circled round in the sky high over our heads.

Starting this interregnum had something of the same feel. It's a big event in the life of a church, often bringing a real sense of uncertainty about how we'll manage it: will it work? or are we going to crash? However at the time of writing, some ten days into the process, we do definitely seem to have got off the ground. By the time this edition is published and distributed we should have managed a fair few circles and even a proper flight or two.

But of course big challenging events are likely to crop up in most, if not in all, of our lives; and when they do we probably all face similar anxieties ... wondering whether we'll cope, crash or simply grind to a standstill! Having a supportive family or friends alongside can make a great difference. But so too does faith. Jesus Christ came to reveal God's unending love for us, and calls us all to follow him on the way that leads to complete fullness of

life. No matter how much we've messed up previously, no matter how big any challenge appears to be, Jesus' amazing promise to those who will trust and walk with him is that he will readily help us in all our difficulties and be always there with us in every circumstance, and in every need.

We all make mistakes, have bad days and get things wrong. But God isn't seeking perfection, rather he looks for our continual honest effort to keep living our lives with faith, love and kindness. When we truly set out to do that ... then our clumsy efforts, by God's grace, will take off and go even further than we could ever imagine!

Prayer Corner

Prayer is simply having a conversation with God. It can be out loud or in your head and heart, it can be about whatever you want it to be and you can pray whenever and wherever you want to, God is always listening.

If you are not sure what to pray, why not start by joining us in praying this month's prayer:

Lord, we offer ourselves to you today:
for the work you want us to do,
for the people you want us to meet,
for the words you want to be spoken...
and the silence you want us to keep;
for the places you want us to enter...
and each new way you want us to walk.

So be with us Lord in each challenge we face
and guide every step that we take.

And when we can do no more, carry us, Lord!

(!nspired by a prayer of Morris Maddocks)

Gorleston Flower Club

Gorleston Flower Club recently celebrated the Platinum Jubilee, also the 55th anniversary of the Club with a Flower Pot Drive. The committee then served Afternoon Tea to members and guests.



Gorleston Flower Club's next meeting is on Monday July 25th at the Magdalen Way Methodist Church at 2 p.m. Our demonstrator is Jenni Baker, her theme "The Colours of India", so why not come along and enjoy an afternoon of watching Jenni create colourful arrangements. You also have the chance of winning one of these to take home with you as well as a hamper full of goodies "Christmas in July". We welcome members and guests and there is a charge of just £5 for guests. If you would like more information please contact Margaret Colman (01493) 663590.



Gorleston Library

The Summer reading challenge for ages 4 - 11 is coming!

*The theme this year is Gadgeteers and it runs from **23rd July-10th September** *

Children can join the **Gadgeteers** and discover the amazing science and innovation behind the world around them, including some of their favourite things!

Free Library activities will include: Spaghetti tower, Teddy zip wire and Lego marble run

Check Facebook and library for dates and times. The summer reading challenge is for children aged 4-11 to enjoy the benefits of reading for pleasure during the holidays.

Vegetable show

Saturday 2nd July 12-4pm

Sunday 3rd July 10-4pm

Flower, fruit & veg displays.

Plant tombola, teas, coffees and cake.

Sponsored by *Bradwell Butchers*.

Gorleston Library Friends presents:

2pm **Tuesday 26th July** – Jary's funeral service history talk- with refreshments afterwards. £2

11-2pm **Saturday 2nd July** – Children's Teddy Bear picnic, bring lunch and teddy!

Regular Activities and Events:

Mondays Library Bounce and Rhyme 1-1.30pm (drop in)

Spanish Chat 5.45 - 6.45pm (Intermediate chat group)

Tuesdays Library Mini Movers 10.30 - 11am (pre-school music and play) (drop in)

CHANCES – Help to get into work 5th July & 12th July 2-4pm (drop in)

Library Writing Group 4-5.30pm quiet writing time/5.30-7pm meeting (last Tues every month)

Wednesdays Library Just a Cuppa 10am - 12 all welcome

Futures Project – Employment Support – weekly 11am-1pm (drop in)

Bounce and Rhyme 10.30-11 & 1-1.30pm

Library Craft Group 2-4pm Carnegie Room (bring your own crafts - all welcome)

Library Lego Club 3-4pm term time/10:30-11:30 during half-term

Fridays DIAL - Employment Support – weekly 9am - 1pm (drop in)

Library Homework Club 3.30-5pm drop in. Year 7 upwards

Library Learn My Way Digital online learning for beginners: 4-6pm (drop in)

Saturdays Library Children's Crafts 10.30-12pm (all ages) - (book in advance)

Learn My Way Digital online learning for beginners: 11am -1 (drop in)

Family Learning Sessions for 0-5's - pop in for details.

SEND Storytime (once a month) - See library/Facebook for info

Sundays Library Adults drawing and art group 12-1pm (first Sunday of every month)



Norfolk County Council

borrow discover connect

Don't forget to check out our 'What's On In Norfolk Libraries' pages at www.norfolk.gov.uk/libraries and follow us on: Twitter: @NorfolkLibs Facebook: @NorfolkLibrariesUK Instagram: @Norfolklibraries



Gorleston Links Bowls Club

We are a hardy bunch at bowls, not your average wilting wallflowers, we can't be, not with the range of weather conditions we put up with throughout the season!

How else do you account for the fact that after two weeks of bone dry, wall to wall, glorious sunshine we visit a club to play a match, get halfway through it when the heavens open and we are in the middle of a downpour. Coats and hats on, grip gel on the hands, raindrops dripping off noses, chins and soggy sleeve cuffs... A halt to the game is called... into the clubhouse we go... the rain stops... out we go again... more rain... in again... "Lets reschedule"... followed by another glorious week of sunshine!



Then we have a match day on the cliffs and it gets a bit windy, everyone says "it's sunny and mild in my back garden"! You have to laugh...

It all adds up to experience for relative newbies, as well as the seasoned professionals with that look of 'we have seen it all before'. Just watch the expressions on bowlers faces, deep concentration, disgust at a shot they knew they should have got... ooohhh, that was close!... and gaping disbelief when someone sneaks in a bowl with a 'wick', which is when a bowl comes in after hitting off another bowl. It's fascinating to watch, hilarious and mesmerising.

We now have seven rinks to play on, an additional one to previous seasons. Some days we play north to south, other days we play east to west, it gives the greens time to recover and means there isn't the same lines being played which would create furrows.

So, our views are out to sea and to the parade front houses beyond the hedged plant borders, or the pavilion and to the mini golf area and down the cliff top greens. It's a great position to be in, quite unique to many other clubs, so the

weather is just a little 'added extra' I think we can put up with.

Competitions are in full swing, we are doing well in most of them, there is always that one match where the opposition just walk away with it, usually the best players seem to hardly make an effort, long standing players who give off this air of calm authority.

Many clubs have their own terminology for shots or directions. One lovely lady from Kings Lynn would say 'wiff waff, wiff waff', which means the jack going left or right when positioning it. Then there is a 'sheepdog' which literally means what it says, a bowl that herds round the other bowls. 'London underground' is another which is

like a train announcer says 'mind the gap' as the bowl somehow rolls through a gap amongst many other bowls. It's all experience, watching how other people play, no two are the same.

We have some great coaches at Gorleston Links, when playing, you get their advice in your head and you play better it seems. Thank you to our coaches, showing the newer members techniques and giving them ideas, as well as brushing up the skills of the longer term members, it is very much appreciated.

We recently held our fish and chip lunch at Gorleston Conservative Club (picture below), after we had played our annual Mens v Ladies match that morning, this year the honours went to the men. Congratulations, it is a lovely match to play.



There was a special surprise for one of our members on her 90th birthday, where she was presented with flowers and a cake as we all sang happy birthday to her. She was then presented with a framed honorary lifetime membership certificate. We play an internal competition that we have named after her.

It was a lovely day from beginning to end.



**Wroughton Infant Academy
is excited to announce the opening of our new
nursery in September 2022 for
3-4 year olds.**

**For more information please contact
Amy Lane via the school office on 01493 806780 or
email nursery@wroughtonacademies.org.uk**



*'Through the highest expectations, we ensure that
children have the knowledge, understanding
and skills to be confident and successful.'*



Paediatric Diabetes Team Open Day

On Monday 30 May, our Paediatric Diabetes team staged a fun day for young patients with diabetes and it proved to be a huge success, with lots of stands and fun entertainment, including dinosaurs!

The open day, held in the Burrage Centre on the James Paget site, saw children and young people and their families invited along to meet reps from various pump companies to find out more about the latest equipment and technology to help manage the condition, and to hear from experts, including Mr Keshta, pictured below and bottom, an Instagram bodybuilding star, coach and nutritionist who lives with Type 1 diabetes.



Alongside this there were lots of fun activities to try including face painting, Tropic pampering, colouring a banner for the Diabetes Games later in the year, and the chance to pick up a range of freebies.

One of the highlights were the dinosaurs from the Dino 2 Hire Roadshow, who were a big hit with our Paediatric Diabetes team as well as the dozens of young visitors who popped in throughout the day, from 10am to 5pm.

We'd like to say a huge thank you to all of those who came along and gave their time to the event, and congratulate Gill, Sarah and their colleagues for organising.



James Paget University Hospitals NHS Foundation Trust

James Paget becomes the first hospital in the UK to start life-changing peanut allergy treatment

Building on an international network of pioneering research into life-threatening peanut allergies, the James Paget has become the first hospital in the country to provide a Peanut Allergy Desensitisation clinic using the newly NICE approved drug PALFORZIA.

Approval of the drug by the National Institute for Clinical Excellence (NICE) is the latest step in five years of extensive research into peanut allergies, one of the most common food allergies that affects more than 6 million people in Europe and America.

The James Paget has been part of the global ARTEMIS research trial, which involved 175 children aged 4-17 years across seven European countries, to develop an oral immunotherapy to tackle peanut allergies. ARTEMIS saw young patients receive steadily increased doses of the drug over a period of up to 40 weeks, under strictly controlled conditions, while others received a placebo.

The first PALFORZIA clinics took place at the James Paget, on 9 June 2022.

GP streaming unit

A new facility which will help reduce numbers of patients waiting unnecessarily in a busy Emergency Department has opened its doors at the James Paget (JPUH).

The new 'GP streaming' unit will provide care for patients who attend A&E and are assessed as not needing hospital treatment but need care instead from a general practitioner.

A streaming service has been in operation at the JPUH since last autumn, and has seen more than 6700 patients since then.

On average, some 40 patients per day have been directed to the service, so that they can receive appropriate treatment without having to wait to be seen by busy Emergency Department staff.

The success of the service has resulted in the Trust creating a standalone GP streaming unit, which is located at the front of the hospital near the Louise Hamilton Centre.

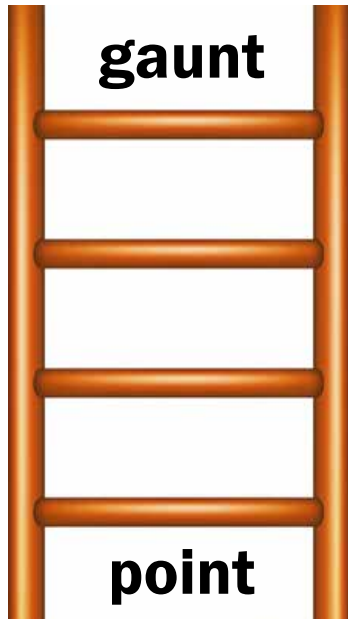
The Trust has worked with North Norfolk Primary Care (NNPC) - a GP provider organisation delivering a range of clinical services across the county - to provide the GP streaming service.

The Trust has invested more than £900,000 into the unit, which was created within the space of just 13 weeks, with the foundations excavated on 16 February. The building units, constructed by Elliotts Modular Build, were put in place at the end of March with final works completed on 20 May.

People should only attend the hospital's Emergency Department if it is a genuine emergency; if you are unsure what to do, you can call NHS 111 and they can direct you to the most appropriate place and even book you a time slot with another health service or the Emergency Department if necessary.

Word Ladder

Can you climb the ladder changing 1 letter at a time, to get from the bottom word to the top word?



Seeing Double

Each pair of words share two middle letters. The first has been filled in as an example. Complete the remaining words to find the mystery keyword reading down.

1	IN	JU	RY
2	AD		ST
3	AL		NO
4	LI		DO
5	EC		IR
6	SA		MI
7	AC		VE
8	FE		SH
9	BI		IC
10	PR		TO

© Lovatts Puzzles

Coffee Time 2

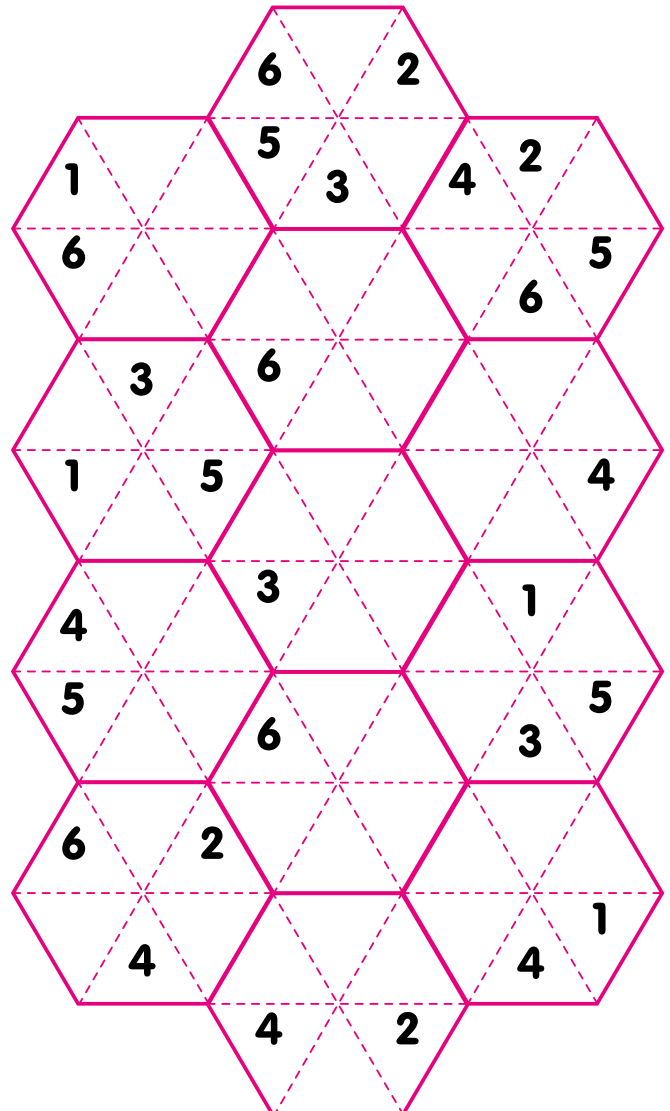
Caught in the middle

What are the words that can be written down the middle to create two more words or phrases either side?

fire	plane
school	park
power	iron
hot	button
bees	candle

Hexoku

Fit the numbers 1 to 6 into each hexagon so that where the hexagons touch, the numbers are the same. No number is repeated in any hexagon.



Tia's Treasures

As 21st May 2022 marked 11 years since Tia's Treasures began we thought it would be a good time to announce our fundraising plans for Tia's Treasures 11th Birthday.

Over the past 11 years the Tia's Treasures Team have fundraised for a number of charities, deserving causes and individuals in a number of ways such as family fun day events, raffles, sponsored hair dyes and hair shaves, fancy dress sponsored walks etc.

The event that has raised the largest amount to date was the Tia's Treasures 2nd Birthday Fundraiser which was held at The Cliff Hotel, Gorleston in May 2013 and raised £1,500.

Each year we would fundraise to celebrate Tia's Treasures Birthday with the plan to go bigger than ever for Tia's Treasures 10th Birthday May 2021. Due to the Covid 19 Pandemic we were limited on what event we could organise, therefore, although we did manage to fundraise for the East Of England Ambulance Service, we hadn't achieved our goal of going bigger and better than previous years.

As the Tia's Treasures 11th Birthday drew closer, time to organise anything on a large scale was running out fast. Tia has been busy studying hard for her upcoming college exams, Richard has been busy working full time and Lisa has been busy participating in



various Training Courses, as well as Volunteering for Home-Start Norfolk between the School Runs and various medical appointments for Toby, the youngest member of the Tia's Treasures Team.

When Lisa received her Home-Start Norfolk Volunteer Newsletter she spotted the Fundraising Skydive taking place in August at Beccles Airfield. Richard bravely or madly (or both bravely and madly), suggested signing himself up to participate in the Skydive to celebrate 11 years of Tia's Treasures and raise funds for Home-Start Norfolk, which will make a positive difference for countless families across Norfolk.

This will definitely be the biggest (and bravest) fundraising event to date considering Richard has never stepped foot on a plane before, let alone dived down to earth from 13,000 feet at speeds of 120 mph.

Please dig deep to celebrate 11 years of Tia's Treasures and raise much needed and much appreciated funds for Home-Start Norfolk.

Donating through JustGiving is simple, fast and totally secure. Your details are safe with JustGiving - they'll never sell them on or send unwanted emails. Once you donate, they'll send your money directly to the charity. So it's the most efficient way to donate - saving time and cutting costs for the charity.

To donate please visit www.justgiving.com/page/tiastreasuresforhomestartnorfolk

To find out more about Tia's Treasures please visit www.TiasTreasures.net

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Hair We Are



*with Kevin Huggins
Owner of Fusion Hair
Consultants and
Chairman of the
Gorleston Traders Association*

Whilst we enjoy our summer, recent events in the UK and around the world continue to depress us all, Ukraine, politics, energy crisis,

airport problems, train disruption and petrol prices to name but a few of the things that continue to make headline news. But when it is needed by God this country comes together and unifies, of course I am talking of the recent Jubilee celebrations. When it was first discussed that we were to have a 4 day bank holiday weekend, I did think that is too much, but I have to say the way it panned out was just amazing. We watched the concert on the Saturday night and when the night drew in with darkness, the images and display on Buckingham Palace just blew me away. Not sure how it is done but I understand it involved 400 drones, all programmed to end up with what we saw above the Palace.

I think most people were totally enthralled by activities over the weekend, whether it be street parties or just getting together with friends, you actually felt left out if you didn't join in something. Tanya and I attended the Beacon Lighting at Gorleston Golf Club, which was a very enjoyable evening and I have to say made me feel part of the celebrations.

I think with the Beacon Lighting, Trooping the Colour, St Paul's Cathedral, the concert on Saturday night, street parties and the display down The Mall on the Sunday, showed exactly what this country is all about, and for a vast amount of the country The Queen unifies us all. I know she has been part of my life ever since I was born and that goes for most of us, and I guess there are very few who actually remember life before the Queen. Thanks ma'am, because for that weekend you certainly made us forget all about the other problems that we now face daily.

Remember, we are all in this together and we are all suffering the same problems, so never feel alone, because we will pull together and get through these problems the way our country has done before.

It was also great to see last month the England cricket team getting together and beating the Kiwis in the first test match at the home of cricket, Lords. A great start for England's new cricket captain Ben Stokes. I can't help but feel excited that the team is being captained by such a great character as Ben, but memories always keep flooding back to me of what I consider the last flamboyant captain of England cricket when I was growing up "Ian Botham". Botham was an amazing all-round cricketer and every time he was on the pitch anything could happen, but, and a big but for me, he wasn't a captain and the weight of the captaincy for Botham did him no favours, I really hope the same thing doesn't happen to Ben Stokes.

As we now move into the second part of the year we have some great weather hopefully to look forward to through July and August and then into September which can be a really lovely time of the year. Tanya and I very rarely have holidays in the British summer time as it never appeals to me to leave home with all those lovely light evenings and mornings. If we decide to go away it is autumn, or we have been known to have a

winter break and get away from the dark miserable evenings for a week or two.

We did visit the Suffolk Show last month, which was a new venture for us as we have only ever done the Norfolk Show. I have to say that we were very impressed with the day and the way it is laid out. Don't get me wrong, the similarities between the two shows are very similar but it did just make a nice change to visit the Suffolk show.

We are now into the summer break from the football that we have on the telly virtually every night. I can remember the highlight of my year when I was young was the FA Cup Final, it was for us then, virtually the only game to be shown live on the TV and I don't know if it is because I am getting older or not, but the FA Cup Final just does not seem the same anymore. I can remember getting up on the FA cup final Saturday morning and parking myself in front of the TV in the morning and that was it for the day, watching all events that led up to the eventual kick off at 3:00pm and then once the final was over it was down to the local park for a kick about with mates trying to re-create what we had all witnessed on the TV during the day. Magnificent days and very fond memories. Norwich City I believe are in a real position of change and the summer transfer window will be very interesting to watch, with at least 12 players reportedly leaving the club, I guess we will soon find out the true managing capabilities of Dean Smith, who I have to say up to now has had to manage the team with one hand tied behind his back, obviously inheriting the team and players from Daniel Farke. Talking of which I would like to pass on best wishes to Daniel Farke in his new role as Manager of Borussia Mönchengladbach in the Bundesliga.

The last Tuesday of every month at the Imperial Hotel on Yarmouth sea front sees the meeting of a group named "Boycie' Brigade" formed by Mick Boyce who refereed the local leagues through the 70's and 80's. Normally around 30 older footballers from local football meet up with each other, sharing memories and pictures of football in the Borough, going back as far as the 50's. People like Sammy Morgan, Alf Skippen, George Gardner Alan and Barry Westgate to name but a few get together. Last month we had the honour of an after dinner talk by Colin Watts from Norwich City. Guest speakers in the past have been people like Bill Punton and Alf Grey. The next meeting of Boycie's Brigade is 26th July, so if you played local football in the past come along with some real great memories to listen to and talk about.

I would like to send my best wishes to Paul Thompson (Pongo) who recently fell ill and is in recuperation at the moment. Pongo was given his Gorleston Debut by me on December 26th 1993 against Gt Yarmouth on the Wellesley and went on in that game to score the winner in a 1-0 win for Gorleston. Get well soon Pongo.

I also can't let this month's blog go by without congratulating Ian Thornton, CEO to the Community Sports Foundation at Norwich for his OBE. Well deserved Ian for all the work you do in the Community. My claim to fame with Ian is introducing him to the Gorleston FC team when I was manager there and him making his debut back in 1994 as an 18 year old youngster. Congratulations Ian and well done, thoroughly deserved.

Have a great July and see you all in August.

Gorleston Library

Summer Reading Challenge 2022



Presented by The Reading Agency.
Delivered in partnership with libraries.

The Summer Reading Challenge 2022 will be launching in Norfolk Libraries on Saturday 23rd July. It's free, it's fun, it builds confidence and supports children reading for pleasure. Children's reading can 'dip' during the long summer break making it harder for them on returning to school. In addition, reading for pleasure has so many proven benefits including developing empathy by identifying with characters and improving mental wellbeing.

This year the theme is Gadgeteers. It has been produced by the Reading Agency in partnership with the Science Museum Group and is a celebration of science and innovation. It will be delivered by Norfolk Library and

Information Service and there will be lots of exciting activities in your local libraries.

Over 700,000 children sign up to the challenge every year. You can sign your children up at your local library from the 23rd July. To join the challenge children will need to be a library member. This is free of charge and children will receive their own library card for which there are no overdue fees.

Children will be given their Gadgeteers pack, have the opportunity to be involved in lots of fun, free activities and get to set their own reading challenge (we recommend six books over the six-week period). Children choose their own books which can include e-books from our virtual library. The children will collect stickers along the way and on completion of the challenge they will receive a medal and certificate of achievement. There is a digital platform too, so the fun can carry on at home! Children can take part in the Challenge at summerreadingchallenge.org.uk



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 **Norfolk**
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Richard Routledge

"The life and times of"



After doing a season working for friend Frank on his bike hire at Cherry Tree Holiday Park in Burgh Castle, he offered me the chance to take over his ice cream shack and adventure golf on Lowestoft sea front.

After a few weeks of wondering what to do, I decided to give it a go. The shack was in a great position on the sea front, but when we got the keys and had a proper look all was not well.

The wooden shack was not looking so good in the cold of January. The golf course was looking past its best too, so family meeting was the order of the day. Luckily my son Joe was in the building trade when not working offshore and he felt it would not be too hard to get the place into shape by the beginning of the season.

The shack needed new parts for the framework and a new industrial black and white floor. So, while Joe cracked on with that, I got in some friends who had a garden company and were a great help in getting the golf into a lovely garden with waterfalls, palm trees and loads of lovely plants, with a pond in the middle.

As the weeks went by you could see it taking shape. We turned a boring shack into a lovely 50s kitchen on the inside and in the golf course the garden looked brilliant. We even had Panorama from the BBC come along and film us for two days. While the guys were busy getting the shack right, I was researching the ice cream world, like where to buy our products and what to buy. I was learning from scratch. So I ended at the start with eight flavours in scoop ice creams, and vanilla with the whipped ice cream (Frank had left me his old machine). I bought a candy floss maker, we also had popcorn, lollies and a few sweets and cold drinks. Frank gave me a day teaching me how to do the machine cornets in all sizes and how to take it apart and clean it.

After weeks of work both in the shack and the adventure golf, we were ready to open in the March, but there was one big blip. Right in front of my lovely new adventure, the new work on the seafront wall was no way finished.

So with that horrible looking work site only yards away the opening day arrived. We had my friends from the Rock and Roll club doing the dancing and DJing, and we had loads of friends turn up to try my ice cream and play the adventure golf. I must admit I was in heaven. Next time how it all went...

Find Richard and What Is Hip on Facebook at:
<https://www.facebook.com/WhatIsHipGLSTN/>

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Ormiston Cliff Park Primary Academy

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Platinum Jubilee Celebrations

In honour of the Platinum Jubilee, we enjoyed a week-long celebration, filled with learning opportunities and community events.



As a tribute to Queen Elizabeth II, the children performed a Jubilee presentation, including a special Jubilee march, choreographed for the occasion. The children also performed one of the Queen's favourite pieces of music and learnt how to sing the National Anthem.

Despite the stormy weather, the children really enjoyed preparing for and joining

together as a whole academy community to celebrate with a street party.

The children also learnt about the Queen's life and role, both in the UK and across the Commonwealth. Each year group worked together to create a large-scale piece of art, focusing upon a different influential artist from each of the decades of the Queen's reign. We are extremely proud of the results!



Woodland Walk



As part of the 'Queen's Jubilee Canopy' project, which encouraged people across the nation to plant trees to commemorate the Platinum Jubilee, our School and Eco Councillors worked together to raise money for and design a Woodland Walk. Each child had the opportunity to plant their own tree and together, these create a wonderful Woodland Walk around the entire perimeter of our school field. This will provide a space for the children to enjoy and a place which directly supports their well-being as well as supporting and encouraging wildlife.

We were delighted to welcome Mr Hudson, our CEO, who visited the Academy on June 9th to officially open the Woodland Walk. We look forward to developing this area further by fundraising to add seating and a variety of native flowers and to watching

our trees grow alongside our children over the coming years. We are grateful to Mr. Blaxell for creating a beautiful wooden sign for the entrance of our Woodland Walk.



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Gorleston FC



Following their success at winning the Thurlow Nunn Eastern Counties League, the FA have confirmed in which league Gorleston will play their Step 4 football next season.

This will be the highest level the Greens have ever played at. As well as the new league, Gorleston will compete in the FA Trophy instead of the Vase.

Surprisingly, Gorleston have played in the FA Trophy previously, between 1974 and 1978.

For those unfamiliar with the English football league system, known as the football pyramid, it is a series of leagues with promotion and relegation between them with the idea being that, in theory, a team like Gorleston could, potentially, work their way up to the Premier League, which is the top level.

Below the Premier League is the Championship, where Norwich City will be playing, then League One featuring Ipswich Town followed by League Two.

Next comes the National League System (NLS), which is known as non-league football.

Step 1 of the NLS is the National League which is the only league in the System which is not regionalised. Older readers may remember this as being called the Conference. Winners of this are promoted into League Two and teams at the bottom relegated to Step 2.

Step 2 consists of two divisions: National League North and National League South.

Then, Step 3, is four leagues: the Northern Premier League Premier Division, Southern League Central Division, Southern League South Division and the Isthmian League Premier Division.

Gorleston will be playing in one of the eight Step 4 leagues and have been placed in the Isthmian League Division One North.

There are a number of teams in Division One North that Gorleston have played in the last decade or so. AFC Sudbury, Bury Town, Coggeshall Town, Felixstowe and Walton Utd, Lowestoft Town and Stowmarket Town were all recently in the Eastern Counties League whilst Basildon Utd and Hullbridge Sports have been recent foes in the FA Cup. Others in the division are Brentwood Town, East Thurrock Utd, Grays Athletic, Gt Wakering Rovers, Hashtag Utd, Heybridge Swifts, Maldon & Tiptree, New Salamis, Tilbury and Witham Town.

And, rivalries will be renewed with Wroxham.

Whilst Gorleston know what league they will be in, they don't yet know where they will be playing their home fixtures.

Unfortunately, the landlords of Emerald Park have opted not to renew the lease for another year. With

the new ground at the College not able to be used yet, the Greens are effectively homeless so it appears a groundshare with somebody will be happening.

Little did we know that the celebrations to mark the winning of the league were also the Emerald Park farewell party. But, what a way to finish.

The end of one era but the beginning of another.

Some friendlies have been lined up for July, all obviously away from home!

To be in with a chance of winning some cash, and show your support for Gorleston at the same time, join the monthly GoLD draw. The draw paid out £75 prize money in May. Full details of the draw and how to enter are on the website, contact me (Dave Hardy), or email gorlestonfootballclub@hotmail.co.uk

For all the latest news, results and fixtures visit www.gorlestonfc.com, follow @gorlestonfc on Twitter and Instagram, and Like us on Facebook.

Friendly Fixtures			
Date	Kick off time	Opponents	Venue
09/07/22	3pm TBC	Wisbech St Mary	Away
09/07/22	3pm	Gt Yarmouth Town	Wellesley
12/07/22	7.45pm	Bungay Town	Away
15/07/22	7.45pm TBC	Sheringham	Away
19/07/22	7.45pm TBC	Harleston	Away
23/07/22	3pm	Norwich Utd	FDC Bowthorpe
26/07/22	7.45pm	Thetford	FDC Bowthorpe
30/07/22	TBC	Dereham Town	Away
13/08/22	15:00:00	First League Match	TBC

Kids' Corner

Jesus grows up (Luke chapter 2)

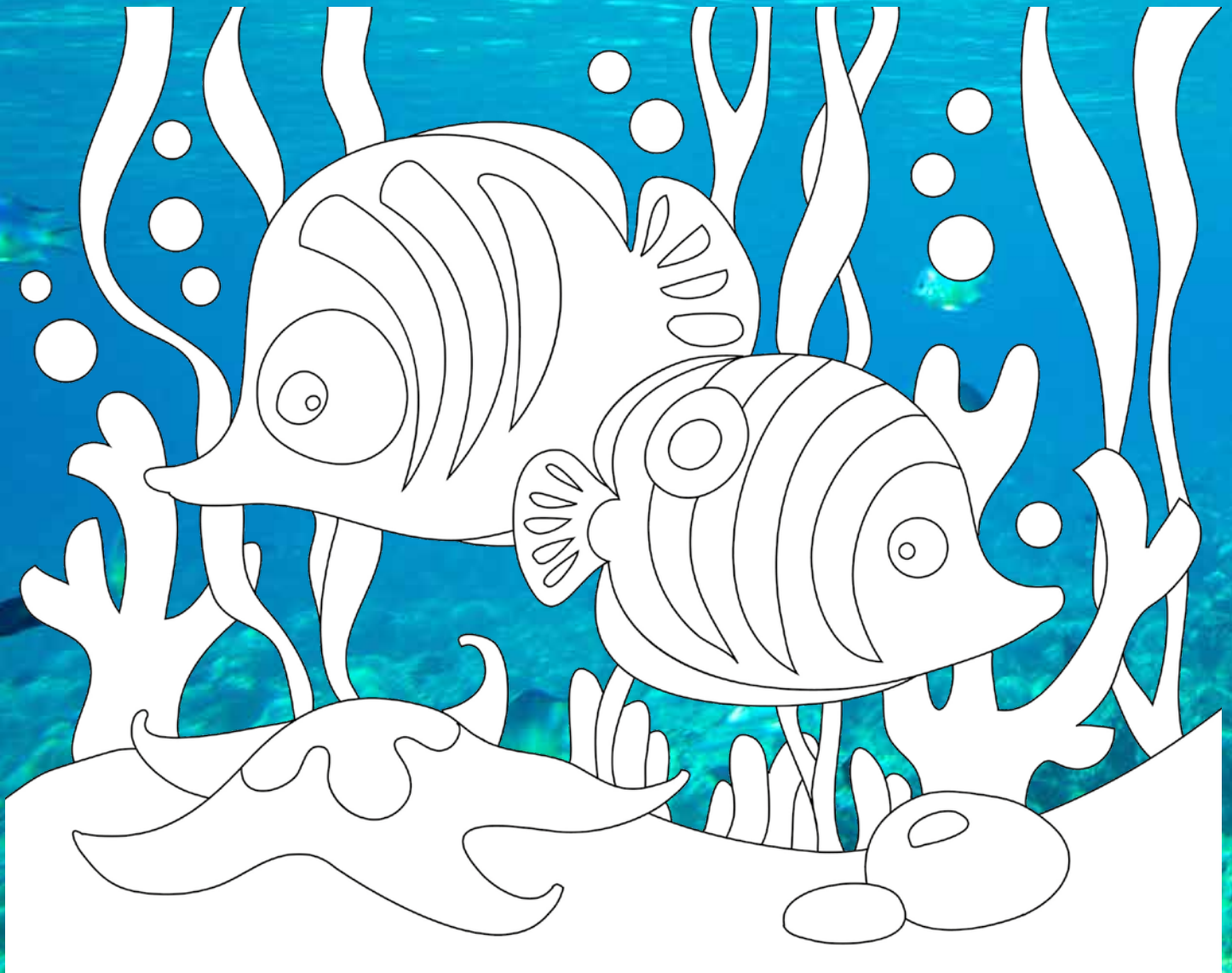
Because of the Christmas and Easter stories, we often think of Jesus as a tiny baby and then Jesus as an adult but not Jesus as a child growing up. The bible tells us of an incident when Jesus was a child and he worried his parents, just like you have probably made your parents worry about you at times.

Mary and Joseph had brought Jesus to a festival in Jerusalem. He wasn't that old and they realised that they couldn't find him. After anxiously searching for him, they found him in the temple talking with the adults that worked there. When they tried to explain their concern to Jesus, he told them that they should have realised he would be in his father's house. He didn't mean Joseph of course but God. This was the relationship between Jesus and God. God was his father and Jesus was God's son.

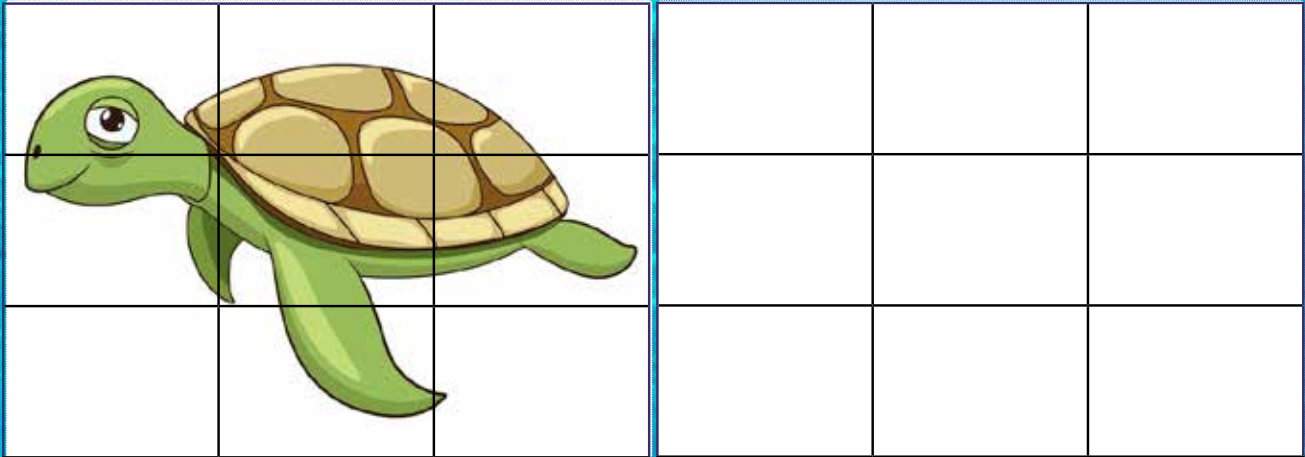
Understanding the relationship between God and Jesus can be tricky the more you look into it but one thing the bible states clearly is that they are father and son, that God is very pleased with him and that we should pay attention to all that Jesus said. (Matthew 17:5). We can find out what Jesus said in the bible.

By the way, try not to worry your grown-ups too much!!

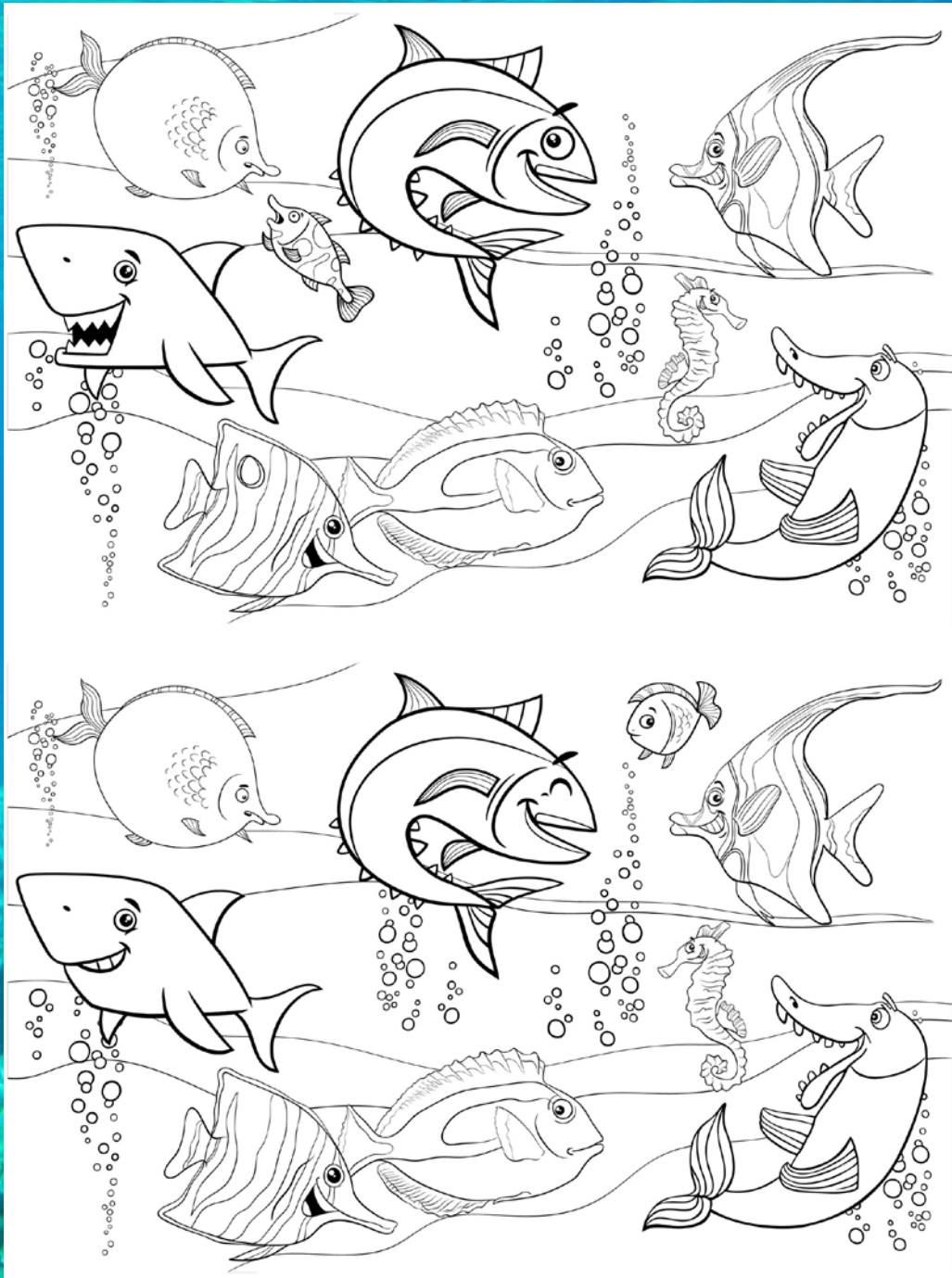
Fishy Colouring Fun



Copy and Colour



Can you find the 7 differences?



Gorleston Then & Now

by John McBride



This is not the sort of problem you would expect to encounter on Bells Road today. A herd of cows heading for milking! The cows are just turning into the opening alongside the house on the right of the picture, 9 Bells Road. This opening is now called Matthes Courtyard. In the 1908 Kelly's Directory at number 9 was Mrs. Harriet Bullock, a widow, who was running a dairy at this address and also a shop at 64 Bells Road. Prior to the death of her husband they ran a dairy at Kennel Farm in Warren Road, Hopton. Although technically in the Parish of Hopton-on-Sea, for most purposes it is today regarded as being in Gorleston. The local and county boundaries have been moved many times over the years.





Opening THE Book

with
Reverend
John Kinchin-Smith

The Bible offers a gold mine of beautiful poetry, extraordinary history and wonderful teaching. Indeed it is said, the Bible contains everything necessary for abundant and eternal life. Among the nuggets of gold buried away in the Old Testament is the “Book of Proverbs”. This book begins: “The proverbs of Solomon, son of David and king of Israel. Here are proverbs that will help you to recognise wisdom and good advice, and understand sayings with deep meanings. They can teach you how to live intelligently and how to be honest, just, and fair.”

At the beginning of the 10th century BC, Solomon’s power, wealth and fame eclipsed those of almost every other king in the world. His story can be found in the early chapters of the “First Book of Kings”. One night the LORD appeared to Solomon in a dream and said, “Ask for whatever you want me to give you.” Rather than ask for wealth or a long life, Solomon asked God to give him a discerning heart to govern God’s people and to distinguish between right and wrong.

God was pleased that Solomon had asked for this and said to him, “Since you have asked for this and not for long life or wealth for yourself, nor have asked for the death of your enemies but for discernment in administering justice, I will do what you have asked. I will give you a wise and discerning heart, so that there will never have been anyone like you, nor will there ever be. Moreover, I will give you what you have not asked for – both riches and honour – so that in your lifetime you will have no equal among kings. And if you walk in my ways and obey my statutes and commands as David your father did, I will give you a long life.” It is recorded that kings all over the world heard of Solomon’s wisdom and sent people to listen to him. The most well-known of these was the Queen of Sheba.

We all know and use proverbs such as “a stitch in time saves nine” or “don’t cross your bridges before you come to them”. But the proverbs of King Solomon contain wisdom of a different order. Many will be familiar to you. We will read some of them next month.



News from The Mag

with
Reverend Matthew Price



Thousands of people enjoyed the sunshine and celebrated the Platinum Jubilee by joining in with a fun day in Gorleston on Thursday 2nd June.

Summer on the Mag for the Platinum Jubilee, hosted by St Mary Magdalene Church, in partnership with local arts’ organisation, Freshly Greated, and Magdalen Way Methodist Church, saw an estimated four thousand people converge on Magdalen Square, at the heart of the Magdalen estate in Gorleston.



The fun day was opened, on behalf of the Lord Lieutenant, by Deputy Lieutenant, Lady Clare Agnew DL. Reading a message from Lady Dannatt, HM Lord Lieutenant, she said, “For 70 remarkable years Her Majesty The Queen has exemplified duty, service and loyalty to her country and her people. Her Platinum Jubilee gives us the opportunity to acknowledge that extraordinary duty and service, and to say thank you. The Platinum Jubilee gives us too, the most wonderful opportunity to come together after the pandemic. By so doing we celebrate the values The Queen herself upholds above all others: family, friends, community, kindness and inclusion.”

The Rt Rev’d Alan Winton, the Bishop of Thetford, then led a prayer of thanksgiving for Her Majesty the Queen, using a prayer which had been written for the Jubilee by the Bishop of Norwich. To conclude the opening ceremony, the choir of Ormiston Herman Academy performed Rise Up and Serve, a new anthem written for the Jubilee.



The crowds were treated to a host of activities, including local creative Matthew Harrison’s installation, the Actual Reality Arcade. The opportunity to walk an alpaca, or stroke a lamb brought by local community training organisation the Bread Kitchen, also proved popular. A total of 50 contributors participated including punch and judy performances, face painting, rides, inflatables and community business and charity stalls. Disabled access was made possible by specialist matted pathways across the grass and curb ramps, and signs included images for those with low-literacy.

The Rev’d Matthew Price, Vicar of St
Continued on page 24

News from The Mag (continued)



Mary Magdalene Church, said, “it was wonderful to see the community come together, especially in light of the challenges many are facing at the moment. At the heart of our vision as a church is to be a transforming presence in our community and we were delighted to take the lead in such a high quality, collaborative community celebration of the Jubilee.”

Local band, Emily and Zak, opened the programme on the stage outside St Mary Magdalene Church. They were followed by The High Points and Jade Murray, whilst the Broadway Bellas dance group and Tristar Twirlers also performed. Dumisani African Drummers got the whole crowd involved as they performed. The Guardsmen, street artists dressed as traditional guardsmen on stilts and The Land Girls, who performed songs

from the 1940s, also roamed amongst the crowds bringing giggles and slapstick comedy as they went.

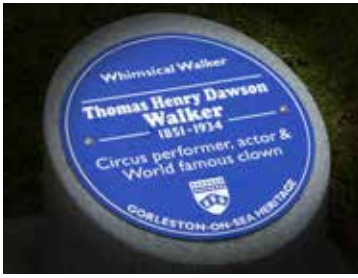
Rev Price continued, “Special thanks go to Freshly Greated and their producers at Magdalen Way Methodist Church, to the National Lottery Community Fund, the County and Borough Councils for the road closure and use of Magdalen Square, and to all the contributors on the day, some of whom were there from the early hours until well into the evening setting up and clearing away. It was our privilege to seek to follow the example of Her Majesty and serve our God and community in this way. We also hope people enjoyed receiving their free copies of the books for adults and children about the Queen and her faith.

'Summer on The Mag' photos - credit: Peter Morgan

GoSH

Gorleston-on-Sea Heritage Group

Whimsical Walker Blue Plaque



On Tuesday 10th May 2022 a small group of members and guests of the Gorleston-on-Sea Heritage Group assembled in the Old Gorleston Cemetery to witness the unveiling of a Blue Plaque on the

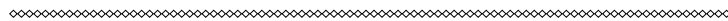
unmarked grave of Thomas Henry Dawson Walker aka "Whimsical Walker," the world-famous clown and silent film actor who came to live in Gorleston around 1910. The GoSH members were joined at the cemetery by the celebrant Dusty Miller who read a short eulogy about the life of Whimsical and this was followed by the unveiling of the Blue Plaque by the Mayor of Great Yarmouth Adrian Thompson.



Other guests at the ceremony were Philip Breen aka Whimmie the clown, who is Whimsical Walker's great grandson. Philip was wearing his clown makeup and costume at the event, and he was accompanied by Martin Burton the founder of Zippo's Circus. Central England Co-operative Society Funeralcare were represented by Graeme Franks and Emily Braisher. The Society had generously sponsored the event and had provided the finance for the polished granite plinth.

Following the unveiling, a one-day exhibition about the life of Whimsical Walker was held at the Shrublands Youth and Adult Centre.

Gorleston-on-Sea Heritage Group meets at the Shrublands Youth & Adult Centre, Magdalen Way, Gorleston, Great Yarmouth. NR31 7BP. 10.00am to 12 noon on the second Tuesday of each month except January and August. Have a look at our website <https://gorleston-on-sea-heritage-group.webnode.com>



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Codeword

Every white square is numbered from 1 to 26, with the numbers corresponding to letters of the alphabet. Use your knowledge of words, names and places to work out where letters go, completing both the grid and code boxes, and using every letter of the alphabet.

4	1	22	10		12	26	23	12	19	1
	17		3		8		16		12	
9	12	23	13	11	15	5	16	22	25	15
	25		15		3		13		3	
19	25	19		12	24	21	22	2	7	11
	1		1			8			20	
20	5	22	10	14	22	1		20	22	25
	12		7		2		22		23	
10	11	1	12	24	26	12	10	11	23	18
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12	24	6	1	2	11		5	22	11	10

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**A B C D E F G H I J K L M
N O P Q R S T U V W X Y Z**

Wordsearch

Can you find the words listed below?
Words occur in the grid forwards, backwards and diagonally.

G	P	M	R	E	T	C	O	E	D	B
R	S	U	L	N	M	O	C	K	S	U
A	W	V	P	O	L	E	V	E	L	R
N	O	D	B	I	R	C	L	A	S	S
T	T	R	H	T	L	M	A	X	E	A
N	A	E	D	I	L	D	L	M	Y	R
F	A	M	S	U	A	L	I	N	E	S
D	U	M	Z	T	H	N	G	G	W	C
N	I	A	T	P	A	C	F	B	S	O
F	O	R	M	R	S	H	A	M	M	U
P	G	C	E	E	S	E	M	A	G	T

Education

BA	Exam	MSc
Bursar	Form	O-level
Captain	Games	PGCE
Class	GCSE	Pupil
Co-ed	Grant	Scout
Crammer	Hall	Seminar
Crib	Head	Swot
Dean	Lines	Term
Digs	MA	Test
Don	Mocks	Tuition

Ormiston Herman Academy

Jubilee Celebrations

During the week before half term, the children spent a themed week learning about Her Majesty in a different decade of her reign. Every child wrote a formal letter to the Queen discussing their admiration for her many achievements. Everyone at Ormiston Herman wishes Her Majesty a long and prosperous reign!



On the last Friday before half term, Ormiston Herman Academy celebrated the Queen's Jubilee! The Academy was magnificently decorated, and the children wore a mixture of



red, white and blue outfits. Throughout the day, each teacher ran a Jubilee themed activity for each Year group to complete. One of the Jubilee activities included a dance, which was performed to the parents in a Jubilee celebration, that afternoon!



During our Jubilee celebrations, we held an Ormiston Herman 'Bake Off' competition. The children were asked to create either a cupcake, cookie/small cake or large cake for the competition. We had over 70 incredible entries and these cakes were shared with the children and parents at the end of the day! A big congratulations to:

Early Years and Key Stage 1 winners:

1. Small cakes/buns and cookies – Angel in Investigators
2. Large cakes – Olivia in Adventurers

Key Stage 2 winners:

1. Small cakes/buns and cookies -Leigh-anna Crusaders
2. Large cakes – Fynn in Venturers

Ormiston Herman Academy Choir Performances

During the half term, Ormiston Herman Academy's choir was very busy performing at celebrations for the Queen's Platinum Jubilee. They were invited to open the "Summer on the Mag" event on Thursday 2nd June– hosted by St. Mary Magdalene Church. The choir sang a song written especially for the Queen to commemorate her special Jubilee, the song was called "Rise up and Serve". Accompanied by the Church's own choir too, the OHA choir sang beautifully to a very large crowd! Then on Sunday 5th June, a special service of Thanksgiving to the Queen was held at St. Mary Magdalene Church where the



choir closed the service singing Rise up and Serve once more. The choir have once again made Ormiston Herman Academy incredibly proud.

Year 5 Framlingham Castle Trip



Before half term, Year 5 visited Framlingham Castle in Suffolk to coincide with their learning about the Tudors. Mary Tudor (who became Queen Mary I) resided at Framlingham Castle before her reign. The children had a wonderful day being able to walk around the (rather high) castle wall and enjoyed a picnic on the mere outside of the castle. Year 5 behaved impeccably, representing Ormiston Herman Academy brilliantly, and were able to recall lots of facts about the Tudors and the castle when they returned to school.



Pavilion Theatre

EAST NORFOLK SIXTH FORM END OF YEAR SHOW

We're very excited to be welcoming the East Norfolk Sixth Form College to the Pavilion on 7th July who will be performing their annual end of year show here for the first time.

If you'd like to come and support our local young people, then head to our website and get your tickets for this one night special that promises to be a great evening of entertainment!

SUMMER BANDSTAND CONCERTS

Our free season of Summer Bandstand Concerts is well underway and we're pleased to be continuing in July every Sunday afternoon with a fantastic line up:

- 3rd July Act TBC - see our website for details!
- 9th July The Stowmarket Concert Band
- 10th July The Shanty Buoys
- 17th July Great Yarmouth Brass Band
- 24th July Wrentham Brass Band

SUMMER SHOWTIME 2022

Our 2022 Summer Showtime production continues every Tuesday. Come along to enjoy a full night of live traditional but modern and fast paced LIVE seaside entertainment.

What's On Stage in July

This month we have the following performances on stage:

- Showcase: Stage Door Youth Theatre
- East Norfolk Sixth Form College: End of Year Summer Show
- The ELO Encounter
- Cliff Richard and the Shadows Tribute
- What's On the Box? Musical Review

- Spirit of the 60s
- Elton! The Music
- Tom-Tastic - Tom Jones tribute

Full details of the theatre's schedule of plays, musicals, pantomimes can be found at pavtheatre.com or by calling the box office on **(01493) 662832**.



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GORLESTON CLIFFTOP FESTIVAL IS BACK ON TRACK!



Remember the Summer of 2019? Covid was far from our minds and families from near and far enjoyed a wonderful weekend at the Clifftop Festival in Gorleston.

Have you missed this wonderful family event these past few years? Well, the organising committee of the Gorleston Clifftop Festival has been working hard to bring such halcyon days back. A vibrant, fun-packed weekend will hit Gorleston's clifftop on 30 & 31 July 2022.

This will be the 23rd festival so come along with your friends and families. Enjoy the fun packed children's arena programme, plus the funfair with rides for all ages, a fun dog show with ten classes to take part in and there is a dog agility display too.

Thirty hours of dance, live music and entertainment from familiar and new local acts will perform on two stages throughout the weekend. The sports display ring will also be alive with demonstrations from local sports groups throughout Sunday afternoon.

Other entertainment includes WAW Wrestlers and the Jormungandr Austr Saxon & Viking Re-enactment Society.

There will also be a wide variety of handcraft stalls heaving with handmade gifts, charity stalls and corporate stands.

For the first time ever, we are hosting a health and wellbeing arena in recognition of the impact of the past two years. This one stop shop will focus on all things health and wellbeing with stalls, talks and helpful demonstrations.

For anyone thinking of taking part with their own stall, there is plenty of space for charity stalls, corporate stands, and some availability for handmade craft stalls. There is

also room for more health and wellbeing stalls. However, please note that we are now full up on bakery/cake stalls. All relevant details regarding stalls, including application forms, can be found on the Gorleston Clifftop Festival website at <https://clifftopfestival.info/>

The success of the festival, as always, depends on the generous support of the local businesses sponsoring the event. This year costs are expected to be circa £28,000. Local businesses who have already appreciated the benefit of supporting the community in this way include Bar One, Barn One Caldecott, Arthur Jary & Sons, the Ocean Rooms, and Ocean Bay Amusements.

There are a range of sponsorship packages to suit including £300 for partner, £1,000 for event and £5,000 for the main headline sponsor. Anyone interested in supporting the event in any way should make contact using the website contact form found at <https://clifftopfestival.info/>

The Committee promises a fun-filled, action-packed weekend complete with a fabulous clifftop firework display at 10 pm on Sunday 31 July 2022, sponsored by the Greater Yarmouth Tourism & Business Improvement Area | Visit Great Yarmouth. The Gorleston Clifftop Festival is a MUST for families and a real highlight of the local summer events calendar.

To keep up with our latest news please follow, like, comment, and share our Facebook posts on the Gorleston Clifftop Festival page as well as our posts on Twitter under @clifftop_fest. You can also check in on the website at <https://clifftopfestival.info>

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Ormiston Venture Academy

Venture Awarded SMSC Gold Standard

Ormiston Venture Academy has been awarded the Gold Standard for provision of Spiritual, Moral, Social and Cultural education.

Through the extensive evidence on our provision for Spiritual, Moral, Social and Cultural education, the virtual verification and our student voice were key part of reaching the Gold standard. Venture was also asked to make a video of everything we were proud of - a tough challenge to fit into just 30 minutes.

The verification process consisted of interviews with students, parents, Governors, Assistant Principals and Mr Gilbert-Barnham, Principal. The assessor from Young Citizens was truly amazed by what she learned about Venture and commented that opportunities afforded to pupils was outstanding in the academy.

When asked to describe their school in one word, students said, "Encouraging, incredible, fun, inspiring, supportive, unique, outstanding, rewarding, creative, achieving, respectful, communal and world class." One student went on to say, 'It's a school filled with opportunities and the facilities are excellent!'

Having spoken with governors and teachers, the assessor commented, 'Students have grown in confidence in themselves and their abilities and, most of all, in



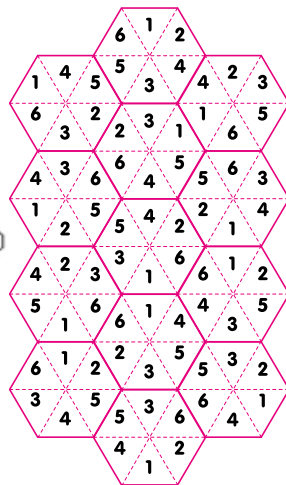
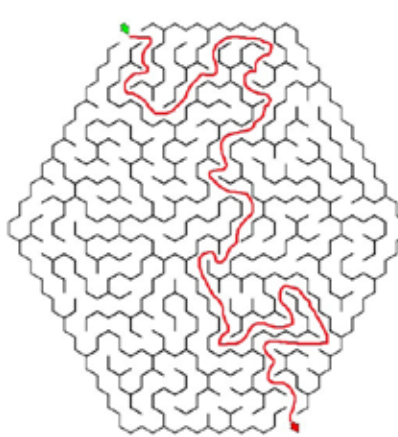
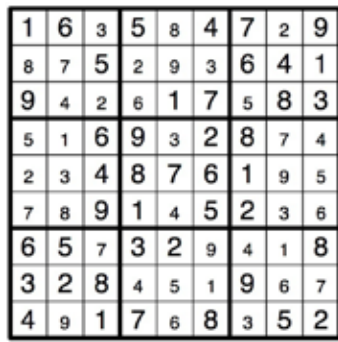
understanding their potential.' She later said, 'parents were heartwarmingly honest and positive about Venture Academy and used words such as 'fantastic' and 'helpful' when describing the school. One mum said, "*The Venture Way is the happy way - it's part of their nature now!*"

A number of areas of strength were highlighted in particular, including Student Voice, our rewards, the Venture Way itself and all communication with parents. The assessor concluded that, 'Ormiston Venture Academy is a school where students are noticed and encouraged to do well and succeed. It's a community school where they promote what they have to offer and take a true interest in students.'

Mr Doggett, who is Director of Learning Cultures and lead for SMSC commented, "*It was amazing to have the opportunity to showcase what we truly believe to be strengths of the academy to someone entirely neutral, only for them to recognize the same strengths as we do. We are delighted to receive this prestigious Gold award in recognition of the opportunities that are provided for our students to help them to prepare to be resilient, skillful and well-informed 21st Century Global citizens.*"



Coffee Time Answers



Word Ladder:
gaunt, taunt, taint, paint, point

Caught in the middle:
fighter, holiday, grid, chocolate, wax

Seeing Double:
injury, adjust, albino, libido, eclair, salami, active, fetish, bionic, pronto

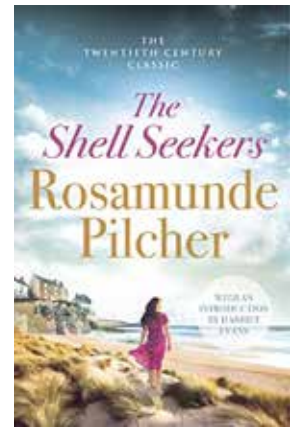
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The Bookshelf

The Shell Seekers
by Rosamunde Pilcher
reviewed by
Gorleston Library



The Shell Seekers, published in 1987, is a beautifully written family saga spanning two time frames and set against the backdrop of Cornwall's rugged landscape, bustling London and the solitude of the Cotswolds. The novel follows Penelope Keeling from childhood to the present day.

To me, The Shell Seekers is the perfect escape; it transports you to days gone by and is the ideal companion to a lazy weekend with cups of tea a-plenty.



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Life Afloat

by Patricia West, who continues her reminiscences...



So, my first big mishap - it was around 3pm when we decided to stop on the outskirts of a large town to re-provision the boat. Pillage was equipped to accommodate its original tall owner therefore there were discrepancies as to what would suit my own small frame. An adjustment had been made to the guard rail... a safety measure composed of thigh height double strips of wire coated in plastic, which run around the edge of the boat. This was the day I was to have sole responsibility for practising jumping ashore holding the ropes.

Of course I knew I needed to step over the guard rail, one leg after the other, and wait on the narrow ledge of deck, then when we were close in, hop neatly onto dry land, but... as Richard and Adrian smoothly leapt ashore and Pillage came in beside the bank on a sudden little rush, what I actually did was - panic - leading to a muddled hoisting of one leg over the guard rail but unable to raise my second leg high enough leaving me straddled, the right foot ready to jump, but the left leg remaining behind the wire. I stared as my petrified limbs refused to obey leaving me suspended, clutching the ropes with legs akimbo.

Everything now appeared to happen in slow motion as predictably Pillage began to slide away from the bank. "Throw the ropes" yelled Richard, racing alongside the hull - well, actually his words were not quite as polite as that. Galvanised by his shouts, heart pounding, somehow I managed to get both legs back behind the rail and hurled the ropes towards the shore. Hurling them yes - but not far enough and my efforts fell miserably into the canal, several feet from the tow path. A big splash and Richard was in the water which fortunately wasn't too deep, Adrian leaned down, swiftly grabbed the ropes from the dripping skipper and pulled the boat safely alongside the bank.

Over a calming cup of tea, we laughed at my expense, agreeing I had just been guilty of everyone's idea of a classical boating comedy turn. Both men made half-hearted remarks about me not doing too badly, however I feared there was still some way to go, for instance the skipper had me marked as fourth mate and as there were only three of us on board...?

The following day we reached Bethune, a pretty historic town and well worth the four-kilometre walk. Richard and I had visited Bethune a few years earlier whilst driving through France during a summer holiday and I remembered it well, especially the large bustling cobbled square full of noise and atmosphere. Dominating everything was the clock tower whose melodic bells chimed ding-dong every quarter, and on the hour there was a loud tinkling of the

song "A Scottish Soldier", although I expect he is probably called something else in a foreign country.

The narrow streets around the square were quaint and we window shopped, looking at stylish fashion and European furnishings which were quite different to what we had back home. After we had purchased the essentials, we spent a happy half hour buying a couple of frivolous items plus a few postcards for friends and family back home. The weather was glorious, and we drifted back to the square to enjoy our first dining experience since Calais. It was also a treat to relax on proper chairs, soaking up the scene as the crowds milled to and fro. We were also introduced to Pastis a favourite national drink; it contained a fair amount of aniseed but tasted very pleasant. Time flew away while we lingered to catch "The Scottish Soldier" at three pm and again at four, before staggering back to Pillage laden with food, wine, bottled water and our stash of goodies.

Adrian and Richard elected to make a light supper and I settled down, comfortably propped against the warm wall of the cabin and began to write down a few notes.

At that time I had no plans to make it a regular thing but my scribbles proved a godsend during the many hours when we were grounded because of rain or some kind of mishap, and the notes slowly became a fat diary which now allows me to recall with accuracy adventures, trials and tribulations, providing instant recall of the people we met, and amazing things we saw and did as we floated through the beautiful country of France.

And so on to the Canal du Nord passing Douai, Perone and Nesle before entering the narrow darkness of the long Chauny Tunnel. The Chauny was dimly lit and our shadows were thrown onto the damp walls - shadows that eerily moved along with us in the gloom. Our torches helped a little, but even so I couldn't quite shake off a faint sense of unease. It was such a relief when suddenly, far off, a pin prick of light appeared. I strained to watch as the tiny dot grew larger until finally we emerged into the brightness of late afternoon and could gulp in deep breaths of fresh air.

Two kilometres later we tied up safely and it was time to raise our posh glasses filled to the brim from the newly bought bottles of cold water.... or as some would say with the deep pleasure of "Adam's Ale".

Next month - we meet Emillion.





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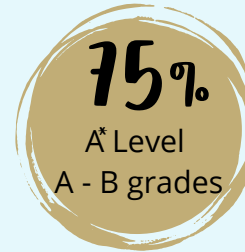
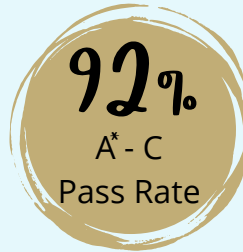
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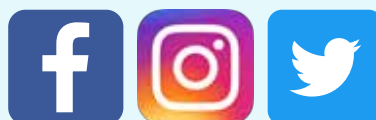
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ENSFC

Farm visit helps students get over niche fears of livestock

A project aimed at increasing the confidence and resilience of young women at East Norfolk Sixth Form College (EN) is proving to be a great success.

BroadEN stands for Brave, Resilient, Organised, Aspirational Determined and offers a range of character building activities outside of the classroom environment.

Through the project, the college has arranged visits, workshops and experiences to encourage those students to communicate better and work together through a variety of new experiences.

The first visit was to Clinks Care Farm where the students had the opportunity to work together to feed livestock, helping to tidy their pens and handling lambs. They spent time providing bedding for sows and their piglets, meeting the resident donkeys, geese and goats.

The visit helped to develop an understanding of the importance of farming and agriculture to the local area and economy and what young people can do to support local farms and farming. This provides valuable insight and experience of a sector they may not have been considering for future employment but will do now.

The students responded brilliantly to the challenge



and found the experience extremely worthwhile. One commented ‘It was very insightful and fun to see all the animals, as well as great for getting over niche fears like pigs. It was a great experience and overall, I loved it.’

EN Principal, Dr Catherine Richards accompanied the students on the trip and said; “At EN, our curriculum goes beyond the classroom to give students experiences that help them to understand the world around them. It is amazing, given that we live in a rural area, that none of the students had ever visited a farm. The visit gave them an insight into life on a farm and the local farming community and the opportunities that exist within the industry. This type of experience is an essential part of our community engagement and is clearly valued by the students that take part.”

For further information about East Norfolk Sixth Form College, please visit www.eastnorfolk.ac.uk

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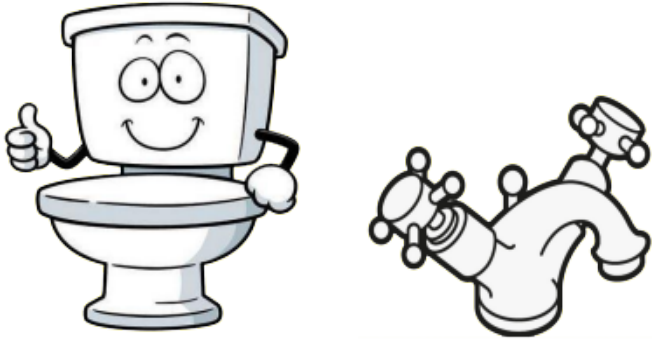
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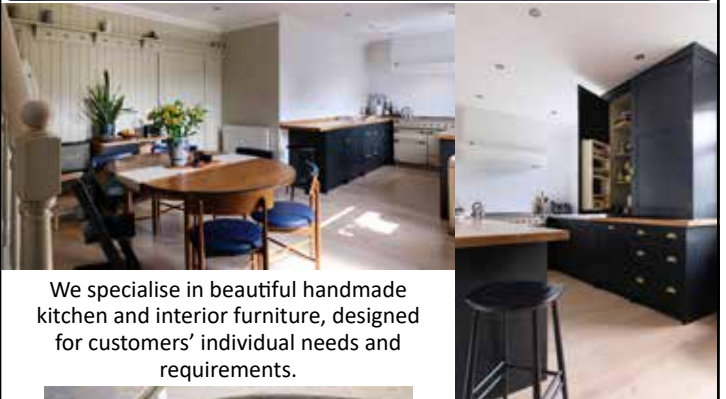
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Gorleston Grapevine

with Carol Todd



Here we are again and definitely a much cheerier month has been enjoyed by all of us here. Catching up with special friends, the Queen's Platinum Jubilee, a lovely long Bank Holiday weekend, Beer & Circus Festival and some sunnier days spent on our glorious beach. We closed all our businesses to enjoy a lovely Jubby Jubilee weekend. Our staff totally deserved the extra rest.



Our E.E Green Chief, Steve, and his partner, Tracy (pictured above left) were out enjoying the festivities. We popped to The Pier to see our beautiful friend, Karla Beare (pictured above right) singing and she had a very special visitor!!

It's all happening on Lower Cliff and Bells Road. I so love living here. With the opening of Gro, owned by Grace and Rowan. The new houseplant, homewares and workshop



boutique store held a VIP launch on Thursday 2nd June. The day was so successful, they nearly sold out of plants, just incredible and definitely worth a visit if you haven't been in yet. You can follow their business on Facebook Gro or www.goplants.co.uk. Stunning sign design again from the very talented Jules Tyler. Also I'm very excited about The Bee Hive Salon opening soon next door, can't wait to book lots of treatments with Beena Chauhan. I hear business is barking mad (ha ha!) at Doggy Dayzz Day Care which opened in May in the old Lamp Locker store. Well Done Karley, the interior transformation is just amazing and if I had a pooch it'd definitely be hanging out here all day. Hoping to find out for you for the next edition of GG what the old Heart 2 Heart charity shop will be and I hear on the grapevine that someone is looking at the purple property on Bells Road too.



One of my gorgeous friends, Rebecca, is aiming to raise £1000 for Yarmouth Greyhound Homefinder Charity. She'll be hosting a fabulous hand

bag sale at The Oddfellows Arms, on Cliff Hill on Thursday 7th July from 4pm. There will be over 100 new and barely used handbags that have been kindly donated, featuring



ones from Cath Kidston, Destello & Kipling. It's cash only on the day, so let's help Rebecca raise as much money as possible for this fantastic local

charity. Oh and please use the Drudge Road entrance. If you need any information before the event, then you can email biddysbagsale@gmail.com.



Talking of our glorious beach earlier, have you heard that planning permission has been approved to add three new kiosk style retail units beside RNLI? Two new units will be added, and the current Police Box will be refurbished. Council has stipulated that they are not to sell food or drink, so I wonder what they will be? A good business opportunity for a local entrepreneur, I hope. A recreational child's play area featuring "Flowrider" water-based attractions will also be a new addition and located west of our Yacht Pond. I do hope they look at an extra loo too on Lower Esplanade.

Congratulations goes to our Perfects Car Mechanic, Jamie Bardwell for passing his MOT qualification course



and is now another fully qualified MOT mechanic to add to our team. Perfects has so much work on we are now looking to recruit another two mechanics, so if you know anyone that is a fully experienced car mechanic, then please do email me. We also employed another 2 HGV Class II Drivers for E.E. Green as we have lots of commercial contracts delivering our locally produced, natural and recycled aggregate materials. More congratulations, celebrations were enjoyed recently at our quarry in Burgh Castle. Folkes was approved by Norfolk County Council planning committee to extend our digging area and continue for at least another ten years securing thirteen local jobs for our area. Many houses and the Gorleston Bypass have been built with the sand and other materials from our site. We are so proud to serve you, our local community.

Have a bright, bright, sun shiny July my friends!



Ramblings of a Displaced Cockney

"Well known in Gorleston as the former Principal of the East Norfolk Sixth Form College, our Displaced Cockney is Laurie Poulson whose travels in life have taken him from birth in the East End of London, all around England, until he came to Gorleston in 1999, where he has been ever since."

What makes a Cockney?

We probably all know that the traditional definition of a Cockney's birth qualification is to have been born within the sounds of the bells of St. Mary-le-Bow church which stands just to the East of St. Paul's Cathedral.

This could be seen as being complicated by the fact that the bells were destroyed by enemy bombing in 1941, having already been silent since June 1940, although it is very unlikely that bombers needed the bells to guide them to Central London! They didn't ring again until they were replaced in 1961. Does this mean that there were no true Cockneys born during those twenty years of the silence of the bells? Nonsense of course, "within the sound of the bells" clearly carries the sense of "if they are ringing" with no compunction on potential Cockneys of being born exactly on the hour, to fit in with the bells!

In practice, the prevailing wind comes from the West in London (one of the reasons why the smelly industrial stuff was concentrated in East London and the poshest neighbourhoods were upwind in the West!). This means that on most days, the bells can be heard further from the church as you go East, so Cockneys are more associated with the East End than the West End.

My personal claim to being a true born Cockney actually lies just a mile to the North-West of the bells, certainly within earshot! I was born in the old Royal Free Hospital, which was then in Gray's Inn Road, well within the four and a half miles North-West to Highgate, where the story says that Dick Whittington heard the Bow Bells calling him back to the City, with the promise that he would someday be the Lord Mayor of London. Whether this story is true or not, Richard Whittington (1354-1427) did indeed become Lord Mayor.

The roots of Cockneydom lie even further back. At the start of the 14th Century, "The Land of Cockaigne" was widely thought of in Europe as a land of unrestrained luxury, especially in terms of food and drink, a peasant's Utopia. The term Cockney even appears in Geoffrey Chaucer's Canterbury Tales around 1386. It tended to have the meaning of a "child tenderly brought up" but was adopted over time as an expression of "London-ness". Over the years, it has gathered its own traditions, such as the pearly kings and queens, together with its own dialect, accent and slang. The accent is said to have owed a lot to old Essex and in recent years has spread back along the Thames to become "Estuarine English". It has spread as far as Thetford after the expansion of the town after the war, when the London County Council supported the town to provide homes for "bombed-out" Londoners.. It also picked up lots of words from the various immigrant populations who settled in the East End. Examples are kushti (good) and wonga (money) from Romani and kosher (legitimate) and stumm (staying silent) from Yiddish. Then there is the well-known matter of Cockney rhyming

slang. This probably started as a sort of private language amongst East End costermongers, sellers of various goods but especially fruit and veg sold from handcarts in the street or market. This allowed them to hold conversations which their customers couldn't understand. This is rather like the private language "Polari" which uses things like "back-slang" (pronouncing a word as if it were written backwards). This was popular amongst entertainers and circus people but was later adopted by London's gay community and popularised in "Round the Horne" on the Radio in the 1960s by the characters Julian and Sandy (voiced by Kenneth Williams and Hugh Paddick playing Polari speaking actors).

When I was studying in 1968-69 for a PGCE (teaching qualification) at the Institute of Education, which was then under the Senate House in Mallet Street, our local café was next to the original Dillon's bookshop (now Waterstones) and was called "The Pride of Cockaigne". No doubt we listened to Edward Elgar's "Cockaigne Overture" on the record payer (remember them?).

At one time, my son Ed lived in Coronation Gardens in Leyton, just a hundred yards from Leyton Orient's football ground. I needed some cash so went to an ATM in Leyton High Road. Inserting my card, the machine asked me which language I would like to use: English, Polish or Cockney! Home indeed!

Volunteering Opportunity

Have you got time to spare?



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