

St Andrew's Church

ISSUE 60, May 2023

GORLESTON Community Magazine

Inside this issue: Sports News, Summer Dance, RNLI,
Ramblings, YOPEY Befrienders, Life Afloat... And much more!

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MONTHLY
4100 copies printed





Pertwee & Back



ARE YOU COMING ?

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SUNDAY 11TH JUNE 2023

10:00AM TILL 2:00PM

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Hello Gorleston!



Welcome to Issue 60 of **YOUR** award-winning, **FREE** community magazine.

Firstly, whether or not you are interested in royalty and the coronation itself, the 6th May will be a momentous occasion in the history of this country. Our thoughts and prayers will be with King Charles III for his coronation and his reign, he has a hard act to follow and we pray he will walk with and be guided by God. However you choose to spend May 6th and the extended bank holiday weekend, we pray that you too will be blessed at this time.

Secondly, this issue marks 5 years of issues of the Gorleston Community Magazine. Time really has flown by since the idea for the magazine was first conceived, and it really seems to have taken on a life of its own - a church magazine which reaches out to and connects with the wider community of Gorleston, helps to connect the community itself, and spreads the good news and love of Jesus in a gentle way.

As always, the magazine would not be what it is without the support of all the advertisers and contributors. And all together it shows what a great place Gorleston is, with fantastic people, and opportunities and good works going on throughout the town in education, churches, charities, sports and an amazing range of associations, clubs and activities.



2021 Best Editor
2022 Best Design

Here's to the next 5 years!! Have a great month and we'll meet again in June.



Ed.....!

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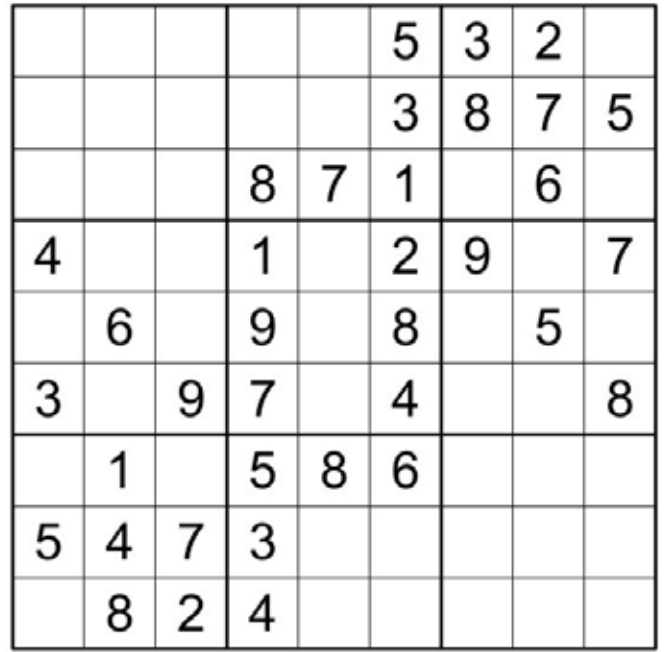
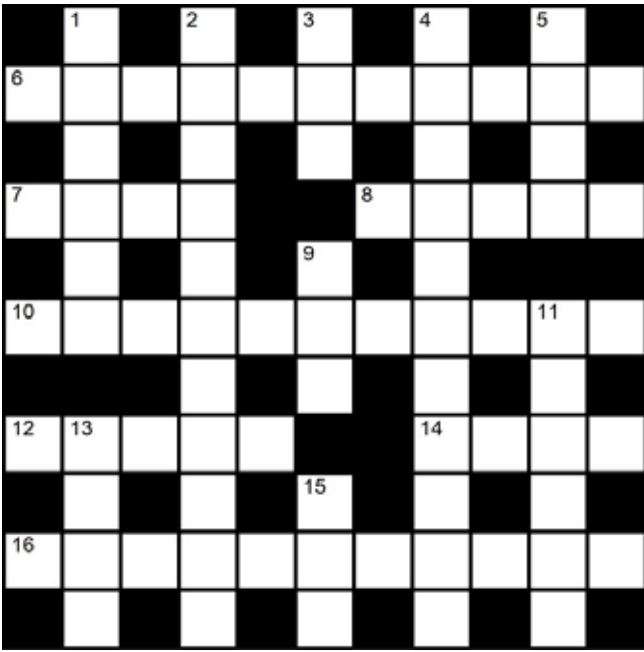
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Deadline for the June Issue is **Wednesday 10th May**

Coffee Time 1



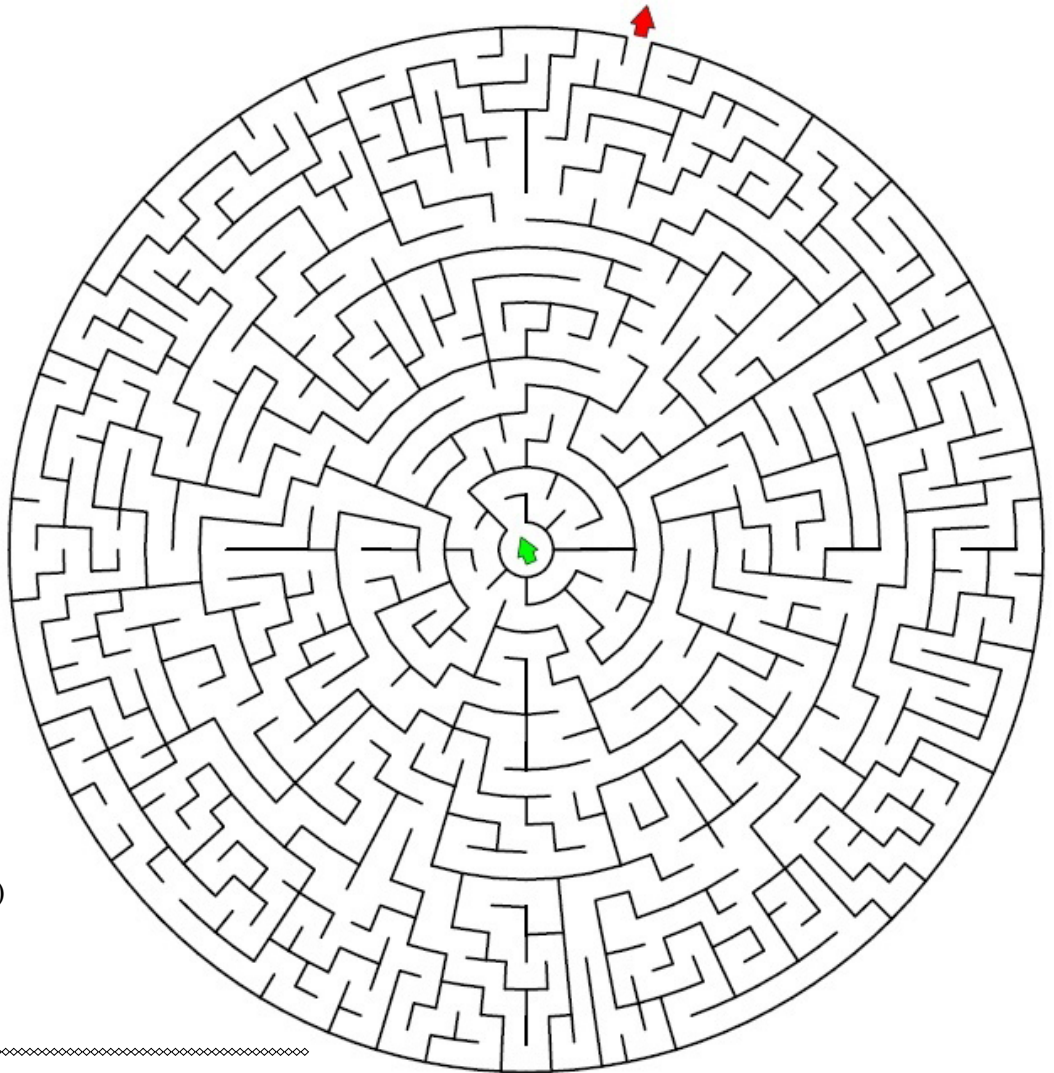
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In The Interregnum

Whilst St Andrew's Church is in interregnum, this page will see a variety of authors from St Andrew's Church and the Diocese.

This month we hear from the Rev John Kinchin-Smith, member of the ministry team at St Andrew's



One of my many pleasures is browsing in second-hand bookshops. You never know what treasures you might find! Many years ago I came across a copy of "The Coronation of Her Majesty Queen Elizabeth II – Approved Souvenir Programme." Its price in 1953 was half-a-crown (12.5p in today's money). I paid £1.75. It is a splendid 40-page large booklet containing much background

information, photographs and the complete text of the Coronation Service.

I'm writing this at the end of March and the text of the Coronation Service for King Charles has not yet been published. But reflecting on the Coronation of Queen Elizabeth II, I am reminded of her words in her 21st birthday broadcast across the Empire and Commonwealth:

"I declare before you all that my whole life whether it be long or short shall be devoted to your service and the service of our great ... family to which we all belong ... God help me to make good my vow, and God bless all of you who are willing to share in it."

On her first Christmas broadcast as Queen in 1952 she re-emphasised her dedication:

"At my Coronation next June, I shall dedicate myself anew to your service. I shall do so in the presence of a great congregation...Pray that God may give me wisdom and strength to carry out the solemn promises I shall be making, and that I may faithfully serve him and you, all the days of my life."

The Coronation Service on 2nd June 1953 required the Queen to take Oaths to govern according to Law and Justice and in Mercy; and to maintain the truth, doctrine, worship and discipline of God's true religion. The Queen then received rich symbols including a sword, a robe, an orb, a ring, a sceptre and a rod. These represented respectively: justice and righteousness, God's protection, being subject to Christ's authority, dedication to service, kingly power and justice, and justice with mercy. The Crown itself symbolized royal majesty and Godly grace and virtue. The spiritual climax of the service, hidden from public view, was the anointing with holy oil symbolizing the anointing by God for wisdom, counsel and strength, knowledge and true godliness.

Whatever rites and words come to be used at the Coronation of King Charles, the virtues represented are those required by all who wish to see our nation flourish in life-giving

ways for all.

And we will be reminded on Saturday 6th May that it is God's will and within God's love and power to give those virtues to all who are willing to ask for them and to receive them.

The three-day Coronation weekend will be an opportunity for all, those who value the monarchy and those who do not or who are indifferent, to have a wonderful celebration, to enjoy the pageantry and street parties. In one sense it is a new beginning for our nation. Do say a prayer for sunshine!

Prayer Corner

Prayer is simply having a conversation with God. It can be out loud or in your head and heart, it can be about whatever you want it to be and you can pray whenever and wherever you want to, God is always listening.

If you are not sure what to pray, why not start by joining us in praying this month's prayer:

Crown us, O God, but with humility, and robe us with compassion, that, as you call us into the kingdom of your Son, we may strive to overcome evil by the power of good and so walk gently on the earth with you, our God, for ever. Amen.



"That's two t's in Matthew", said Osric

Gorleston Library

Library Service Events

Mondays Bounce and Rhyme 1-1.30pm
(Under 5's songs & rhymes-drop in).
Spanish chat – first Mon every month
5.45-6.45pm (restarting 6th Feb)

Tuesdays Mini Movers - 10.30-11.30am
(pre-school music and play - drop in)
Writing Group – Last Tuesday of the
month – 5.30-7.

Wednesdays Just a Cuppa – 10am – 12
all welcome.

Bounce and Rhyme 10.30-11 & 1-1.30pm.
Gorleston Library Craft Group 2-4pm
Carnegie Room (bring your own crafts-all
welcome).

Thursday Lego Time– 3-5pm (Young
children must be supervised
at all times).

Learn My Way – Digital online learning for
beginners

Friday 4-6pm & **Saturday** 11-1 drop in
(Friday 20th Jan.

Saturday Children's Crafts 10.30am - 12
(all ages) – please book your place in
advance.

Sunday First of the month-Adult drawing
and art group 12-2pm – drop in.

Gorleston Library Friends Events

Somerleyton
Ukulele Strummers
Musical performance,
come and join in!
Wednesday 24th May at 2pm in the
Pavilion Room (Lecture hall)
Gorleston Library
£2 entry and refreshments
afterwards.

Employment help (drop-in services)

Monday - Dial – Benefit help - 10-5PM

Tuesday - Chances – 2-4pm (18+)

Friday - Dial - Employment services -
9-1PM

Money + Debt advice 2-5PM

Just a Cuppa

Monday 11-1pm

Come to
Gorleston Library
for a cup of tea
and conversation,
we will be getting
games and
remembrance
packs.

Wednesdays

Gorleston
Library craft
group

2-4pm

bring your own
crafts and join in
all welcome!



Don't forget to check out our 'What's On In Norfolk Libraries' pages at www.norfolk.gov.uk/libraries and follow us on: Twitter: @NorfolkLibs Facebook: @NorfolkLibrariesUK Instagram: @Norfolklibraries

Gorleston Golf 72-hole challenge to raise funds for our hospital

Six golfing friends and members of Gorleston Golf Club, pictured below, led by Gorleston Ladies Captain Jules Harbord, are fundraising for the James Paget by playing 72 holes of golf in one day to raise money for paediatric diabetes.



Jules's nephew Jake spent some time in the paediatric department at the James Paget University Hospital so it is for very personal reasons that she has chosen to support the hospital in her Captaincy year of 2023/24 under the heading of 'Jaycees Sugarbetes'. Jules is planning events throughout the year and she is hoping to raise £5,000 to show her gratitude for the wonderful work carried out by all the staff involved.

The 72 holes of golf will start at 4.30am on Monday 19 June 2023 at Gorleston Golf Club with an expected time of completion for the four rounds at approximately 8.30pm.

Playing alongside Jules are Tonia Connor, Ladies Vice Captain; Marieta Holmes; Kinza Ellis; Amanda Hood and

James Paget University Hospitals NHS Foundation Trust

Marie Norman. Assisting all, in a buggy, with refreshments will be Maggie Hart.

The ladies will be playing four Stableford games in two teams of three and it is hoped that a total of £600 will be raised at this event.

If you would like to support their fundraising please visit <https://www.justgiving.com/fundraising/julie-harbord>

The JPUH Choir Do It Again...

On Saturday 25th March they staged a wonderfully uplifting concert - "Spring Serenade" at the fabulous natural auditorium venue of the Trinity Methodist Church in Lowestoft.

The audience were treated to a well planned, light hearted programme including a vast variety of songs, interspersed with readings, a saxophonist, guitarist and of course the all important "Singalong". They are a hugely enthusiastic, unique group of folk without a prima donna amongst them, and their smiles and joyful singing enveloped everyone present and a good time was had by all.

The evening in aid of "Angels & Rainbows Baby Loss Support" and "Blood Cancer Sufferers" raised the phenomenal amount of £900.

We would like to thank all those who donated to these incredibly worthy causes, your support is very much appreciated.

Dusty Miller and Julie Shiret

Cliff Park Netball Club

As the Winter Netball Season ends, Cliff Park Netball Club can once again look back at its successes.

The club had 5 teams in the Lowestoft Netball Winter League - three in division 1 and two in division 2. Cliff Park won both divisions with Ravens (pictured right), the Division 2 winning side being unbeaten in 15 games. Two of our players, Montana Boast and Ellie Kelf also won fair player awards for the winter season, as voted by the rest of the opposing teams in their respective divisions.

We also had one team entering the Norwich Winter Indoor League, division 5/6 for the first time and it finished a respectable 3rd out of 12 teams.

Junior teams from the club also participated in the Norwich and District Junior League and the under 16 team, Swallows, were unbeaten.

New members, both senior and junior, are always welcome to join us and come along to our training sessions at Lynn Grove Academy Sports Hall on a Wednesday Evening for any of the following sessions:-

School years 4-7 5.30-6.30



School years 8-11. 6.30-7.30

School years 12, 13 and adults. 7.30-8.30

Summer training starts again on Wednesday 19th April

We would like to thank the following companies that have sponsored three of our teams - Kirklands, The Finance Shop and Pharmacy Exprezz.

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Creatures' Corner

“Gorleston born and bred, our writer has had a menagerie of pets over the years, including dogs, ducks, chickens, reptiles, rodents and spiders. In between looking after their own animals, they also support various animal charities and rescue centres.”

As a child I watched the TV series White Horses and Black Beauty, I was instantly in love with all things equine. By chance mum was chatting with the owner of our local shop one day on how I was horse mad and it turned out that the shopkeeper's two daughters ran a riding school quite locally (luck was on my side). It wasn't long before I was eagerly standing next to a beautiful brown pony called Sherry, I had no idea how I was going to get on her at the time as she seemed massive to me (I was 7). Every week I cycled to the stables with Dad for my lesson, it seemed that my progress was good and I was even allowed to ride another horse called Prince, he was black and larger with a bit more spirit – it was a bit scary as he flicked his head around as I recall, I quite expected to get hit in the face at some point but never did thankfully.

There came a point when I was capable (or so we thought) of taking Sherry off into the field on my own with my tutor on another horse. All was going well until we reached the bushes at the far end and began our return, something was in the bushes, it startled the horses and Sherry took off. Now at the age of 7/8 I didn't have a whole lot of strength and in the suddenness of it all I lost my stirrups and was hanging on for dear life (probably screaming I don't quite remember). What I do remember is the way Sherry came to a complete dead stop once we reached the stables and I also remember hitting the ground and seeing colours in the snow.

It was not over just yet though as my tutor made me get straight back on and do the ride again, unfortunately once we reached the end of the field the horses got spooked again – it was like replaying a video, yep, I ended up on the deck once again. From that day, I refused to ride again, still loved being around horses but nobody could get me back on one..... until.....

Holidaying in beautiful Cornwall we came upon a riding stable that did trekking, oh how I wished I was brave enough. A few days on and some persuasion from my parents I gathered up some courage and arranged to join up with a group ready to set off for a few hours into the countryside on horseback. Kindly they found me a gentle Gypsy Horse, you know the pretty ones with hair feathering down from knees to hooves although I don't remember his name. I was quite nervous sitting up there as we began our adventure but the slow plodding of the line of horse and rider steadily moving along the little lanes began to relax me. We crossed fields, a shallow stream, went through a small wood and rode by many quaint cottages with thatched roofs. I guess we were gone for two or three hours when the guide said that we were heading back and that as we were late leaving there was a chance that the stream (although she referred to it as a river)

would be at high tide..... mmmmm, I was unsure of what that would mean but at that point I was too content to care. Our ride back was becoming somewhat faster, a steady trot was required – yeah I could manage that without panicking so no worries. As we came upon the last of the fields the guide called out that anyone who fancied a bit of a canter could go ahead and wait at the river. Many of the riders took her up on this and some galloped by me, from the gentle trot I was coping with my lovely boy suddenly decided to join his companions – I was immediately right back to my 7-year-old terrified self – this time however I was not 7, I was 14 and my feet remained firmly in the stirrups, my hands were strong enough and I was able to slow him back down to a trot – yaaaay no falling off for me this time!

THE RIVER (not stream) was indeed a river by the time we arrived back to it, there was much discussion about waiting until it was low tide again but nope that didn't happen. We were all instructed on how to hold our feet up behind us out of the stirrups just under the saddle, kind of comfy I suppose. One by one our horses followed the lead horse down into the edge of the water and began walking through, deeper and deeper until the water was almost touching my knees. Now I thought the horses were walking on the bottom until I turned in the saddle to look at my fellow riders and I actually felt my boy roll slightly to the left – HE WAS SWIMMING – Oh wow I now felt like a cowboy in an old western! What an experience that was, coming out the other side the horses were stumbling to get their grip on the pebbles but we all made it back ok. I think that was probably one of the most exciting things I have ever done and I still remember it all so clearly.

I don't ride anymore, I prefer to watch these majestic creatures and make a bit of a fuss of those that I meet. Redwings is a place that has given me much enjoyment over the years, the adoption of Albert who was rescued as a foal and lived out his life at Redwings in Norwich was my absolute favourite. Now I visit the Caldecott facility and am in love with Fox (right) who will always come over for a bit of a fuss, he appears to adore his fans. It's definitely worth a visit, free to get in, lovely to walk around (with your dog if it's well behaved) and the homemade sausage rolls are to die for!



That's it for now, see you next month.

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Gorleston FC



April proved to be a good month for Gorleston as, not only did they ensure their safety in the Isthmian League, they have also earned a trip to Carrow Road for the Norfolk Senior Cup Final.

In the league, a goalless draw at Basildon was followed by a 1-0 win over East Thurrock Utd where an early George Keys goal earned the three points.



Connor Ingram goes close to a last minute winner at Basildon

Promotion chasing Felixstowe & Walton Utd were then next to arrive at Crown Meadow and left with a point following another goalless draw.

This made it eight games without defeat for Gorleston and three clean sheets in a row.

Next up was a visit from second placed AFC Sudbury. Sudbury scored first but Connor Deeks equalised just before half time. Gorleston seemed like they were set for a point but, in second half injury time, Sudbury snatched an undeserved winner.

A tougher game followed when league leaders, Hashtag Utd, were the visitors and the visitors went away with a 3-0 win to leave them one point away from the title.

The Greens then travelled to Wroxham on a wet and windy Tuesday night knowing that if they won, and Tilbury didn't in their game the same night, safety would be ensured.



Nathan Stewart, left, scored his first ever goal for the club in the 27th minute and then Connor Ingram's 95th league goal in the last minute gave

Gorleston the win they needed and sent Greens fans home happy.



Connor Ingram turns in the second goal v Wroxham

Having been in the bottom four for twenty four weeks of the season, Gorleston go into the final three games safe in 15th.

In the Norfolk Senior Cup Gorleston faced Mulbarton Wanderers in the semi final at the FDC Bowthorpe in a repeat of the 2021 final.

The game proved more comfortable for Gorleston than that final as the Greens went 2-0 up inside the first ten minutes thanks to goals from Connor and Kyle Ingram. The one from Kyle a fantastic strike from over 25 yards out.

A second goal from Kyle before half time virtually made the game safe and, despite an injury time goal from Mulbarton, it was Gorleston who made it through to their 31st Norfolk Senior Cup Final which will be played at Carrow Road on 18th May, kick off 7:45 against Dereham Town.

Gorleston Reserves have seen their hopes of the title take a dive after they lost 0-2 to Easton, a result that left Easton eight points clear of Gorleston.

Before that the Reserves had beaten Thorpe St Andrew 5-0 with goals from Sam Wooldridge (2), Lee George, Mitch McKay and Harry Hall.

All will be revealed whether the Greens win the league or gain promotion next month with Sprowston also still in with a chance. They sit third, two points behind Gorleston but with two games in hand.

Gorleston Under 18s have played four games since last months edition.

They lost 2-3 to Norwich Utd but then beat Kirkley & Pakefield 5-0 where Bernardo Carneiro (2), Harry Gardiner, Fletcher Littlechild and Tyler Malley-Chambers scored the goals. A 1-3 defeat to Yarmouth followed (Freddie Patterson) then a 1-1 draw with Beccles Town (Carneiro).

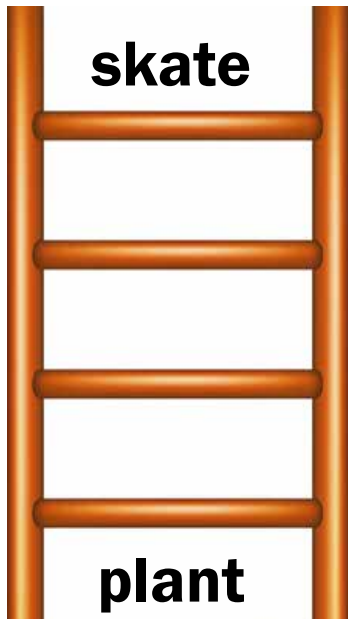
To be in with a chance of winning some cash, and show your support for Gorleston at the same time, join the monthly GoLD draw. The draw paid out over £60 in prize money in April. Full details of the draw and how to enter are on the website, contact me (Dave Hardy), or email gorlestonfootballclub@hotmail.co.uk

For all the latest news, results and fixtures visit www.gorlestonfc.com, You can follow @gorlestonfc on Twitter, Instagram and TikTok, plus Like us on Facebook and subscribe to our You Tube channel for match highlights so you will never miss a thing!

May Fixtures (subject to change)				
Date	Time	Team	Competition	Opponents (Home/Away)
2nd	7:30pm	Reserves	League	Norwich Utd U21 (A)
18th	7:45pm	First Team	Norfolk Senior Cup Final	Dereham Town (Carrow Rd)

Word Ladder

Can you climb the ladder changing 1 letter at a time, to get from the bottom word to the top word?



Seeing Double

Each pair of words share two middle letters. The first has been filled in as an example. Complete the remaining words to find the mystery keyword reading down.

1	SA	IL	OR
2	GU		DS
3	DE		XE
4	VO		ME
5	PA		RY
6	OY		ER
7	ST		IN
8	PH		SE
9	ME		OR
10	PO		NT

© Lovatts Puzzles

Coffee Time 2

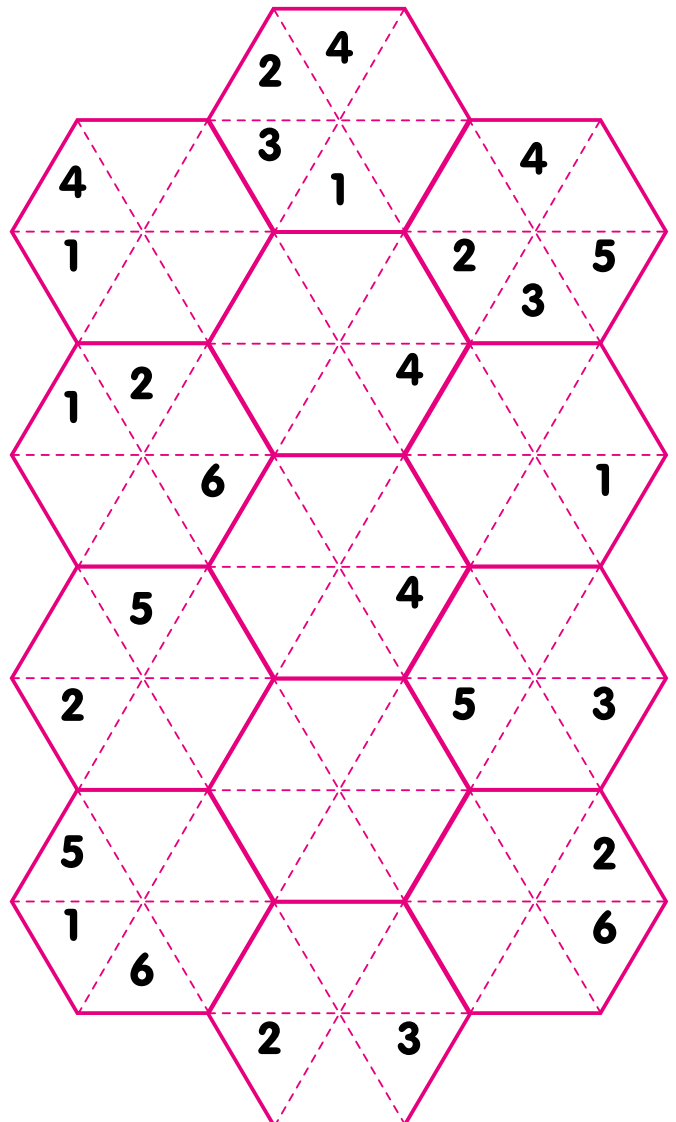
Caught in the middle

What are the words that can be written down the middle to create two more words or phrases either side?

garden	row
bird	tub
new	again
finger	bank
pound	silver

Hexoku

Fit the numbers 1 to 6 into each hexagon so that where the hexagons touch, the numbers are the same. No number is repeated in any hexagon.



Stitches in the Water

by Genevieve Rudd

FROM CORTON TO LOWESTOFT



Genevieve Rudd followed the walking route from Gorleston-on-sea to Lowestoft, known as 'Gorlow one', in January 2023, in the lead up to the 70th anniversary of the Great North Sea Flood. This story was commissioned by Slow Ways, a national walking network. In this final stage of the journey, she is moving through Corton to the last leg of the walk in Lowestoft...

As I entered Corton, the smell of the pollution from the passing cars and vans struck me. It wasn't busy with traffic by any means, but on a cloud-thick day like this one, the toxins hung in the air. Whilst there are permanent homes through the village and signs of everyday life, signalled by dog walkers, the would-be sea view from the road I walked was compacted from caravan parks. Ocean Glade and Azure Seas: are they looking at the same view as I am? Erosion UMBER and Whiteout Fog would be more fitting.

Woodland trees and icy ditches lined the road and, as the smell of wood smoke started to drift in the air, I noticed I was on the Waveney Way. The Waveney river, like my walking path, weaves together the Norfolk and Suffolk boundary when it enters from the North Sea. Ankle-height Alexanders brushed against me, poking through copper bracken and discarded litter. These punchy green plants were brought over by the Romans, which felt fitting, as I kept a steady pace along the straight road towards Lowestoft.

Turning off from the Corton Road, the sea was visible again, a faintly distinguishable line between sky and sea shrouded in fog. The walk into Lowestoft on the concrete sea defences felt so different to the Gorleston stretch. At the early

stage of the journey, the coastal edge was crumbly and elemental, the soundscape was gurgling water and birds wrapped around me. This concrete embankment around the Lowestoft coast is protecting homes, businesses and industry, and on the day I was walking, the palette of grey on grey made me aware of my feet starting to rub. I thought the Gorlow



route would take me past Ness Point, the most easterly point in the UK at Lowestoft, but instead it weaves back inland through the industrial estate before meeting the A47.

As I pass factories, puffing more clouds into the clogged atmosphere and the largest wind turbine smothered in a wispy haze, I notice a sign commemorating the 1953 Great Flood, and another one further along the street, weathered and cracked, noting the 1953 flood level. I'm reminded of



my starting point as I head towards the end. When I've been researching stories of the Great Flood it was the lack of communications that is cited as the cause of so much damage. The

responses were led by communities, much like the mutual aid networks during covid lockdowns more recently.

Looking back from today's vantage point, as I'm guided with GPS using the Ordnance Survey map on my phone to follow this Slow Ways route, it's hard to imagine being without this constant access to communication. And yet, we have more means of communication as a planet than we've ever had, and the message of coastal danger – the eroding cliffs, the rising seas – still feel like they're being unheard. I was aware of my solo physical occupation of the space, as the only human in sight for most of my journey by the sea, but always being reminded of humanness along the route: as witness to human-made coastal change, weakened and weathered sea defences, holidaying along the edge and roads cutting through the landscape.

Within three hours of starting the walk from Gorleston-on-Sea, I had reached Lowestoft. The Slow Ways Gorlow path ends the route just outside the station. I took a moment to celebrate, to myself, for completing the walk. As I made my way back into town and on the bus, I passed right by the walking routes I'd just covered.

My hands and face felt tingly on the bus from the cold wind. I slumped into my seat and wrote notes, as I wooshed past the most easterly point, the detour field, the caravan parks, the undefended sea and back towards the start. As I went across my journey at speed, running parallel to the cliff edge, I wondered about the future of this edgeland. Edges and boundaries feel so final, so defined.

The walk reminded me of what disturbs me most about the earth crisis is that the baseline of our existence – clean air and waters, habitable lands – is crumbling away.

To find out more about Genevieve's work, visit: www.genevieverudd.com, or follow her on Twitter: @gruddphoto, Instagram: @genevieverudd or Facebook: Genevieve Rudd artist

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Alternatively a pack of our new 75 litre garden waste bags could be just the job for a smaller garden, call **01493 742200** to purchase a pack of bags.



RNLI Pop-Up Shop

The shop relocated to the basement of Margo's Lounge mid December, after our shop at the Lifeboat Station was closed suddenly due to a building problem. Karolyn Hubbard kindly offered us a home for however long we wanted it.

We have now settled in well and the shop opens Tuesday to Friday 10am-2pm and on Saturday 10am-3pm. We stock souvenirs, gifts and a variety of everyday essentials such as mugs and tea towels. All of which help us keep our boat in the water.

So from the amazing lifeboat crew (below in yellow), to the Fundraising Guild, to the shop volunteers – people from all walks of life and all ages, volunteer, all with the same thing in common – to help save lives at sea.

Pop in and meet us, If you fancy volunteering, pick up an application form. We'll also be out and about at local events so look out for us.

We look forward to meeting you soon.

Jane Webster - RNLI pop up shop manager



Gorleston Links Bowls Club



Hello reader...

Our short mat season is getting exciting as it reaches its conclusion. With three catch up games to be played, season three is still in the balance as the game

between the High Rollers and Burgh 6 could decide things! Overall, no one can now catch the High Rollers, so the cup is theirs, congratulations to them for winning it two years in a row!

March 30th kicked off our triples competition which continued through April, with the finals being played on the 28th. We will let you know of the outcome in the next issue.

Coming up, some of our members will be at the Pavilion Theatre for a night out at 'Hey Rock and Roll 4', which is in aid of Great Ormond Street. A chance to enjoy some classic songs and music, have a dance, and all in a good cause.

We now have dates that give us a chance for a pre-season warm-up back on the cliffs, before the serious stuff begins. After playing short mat indoors over winter, it will be great to readjust to outdoor conditions and the longer, wider lengths, always a good laugh getting your eye in and letting the bowls curve and roll on the grass. We also have our

Wednesday get togethers to look forward to which will be really nice.

The friendly rivalries of our annual men v ladies day match takes place in May, both sides claiming it is their year to win! The men won last year, so the ladies have added impetus to defeat them this year - all in good humour!

One member, Pat Smith, who was the president of the Ladies Norfolk Bowls Association last year, is continuing in the post this year and has also agreed to be treasurer, with Anne Tickner as benevolent secretary supporting County Bowls - she was also the previous N.B.A. president, so our club is well noted within the sport.

Pat has a nominated charity as mentioned in previous issues. She has so far raised £570 for The Thin Blue Paw which helps sick and injured Police and service dogs. She is also taking part in the coffee morning which will be held at County Arts in Norwich, as well as organising the President's Day match and lunch here, where past presidents are invited to take part in a match day with lunch, with players from many clubs from across Norfolk.

So, a busy season is on the way... Good luck to all bowlers, here's to a very successful, fun and happy new season!

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Chairman of the
Gorleston Traders Association

Happy Spring everybody, which happens

to be my most favourite time of the year. May is just absolutely beautiful, with its warm spring sunshine and most of all the lovely light nights, everything seems to come to life.

Up until now everything has been getting ready, but now May is here boom here we go in the garden. Time to put up the hanging baskets, to cut the grass more regularly, to sort the borders out in the garden, however I am looking forward this year to my first full year of bees. My kids bought me the hive and bees last year for father's day, which of course is June, and I was advised not to look at getting any honey out of the hive last year as I had missed a major part of the pollination season. So, therefore this year should see the first production of The Granary Honey.

Business at the moment is really tough for everyone with the rising costs, especially the utility bills, and I was saddened to see the shop Sentiments close down. Sentiments was run by the lovely Tracy, who was always an asset to Gorleston High Street. Tracy and Sentiments will be sadly missed. We also lost Belly Boos which was run by Suzanne and Wayne Redmond and situated in the old HSBC building in the High Street.

With increased rates and utility bills, I fear the local High Streets will become hit with more and more closures, therefore I can't stress enough how important it is to support the local shops. In other words there has never been a more important time for the saying "use them or lose them".

Also, this May sees the onset of bank holidays, there are 3 bank holidays this May - May 1st, Mayday; May 8th, Coronation; and finally

May 29th, late bank holiday. Then unbelievably the next is at the end of August. I would love to see a mid-summer bank holiday just to break it all up.

We are already starting to organise this year's Gorleston High Street Xmas switch on which is being planned for Sunday 19th November, so put it in your diaries folks.

On the last Tuesday of every month at the Imperial Hotel on Yarmouth seafront at 12 noon, there is a meeting of local footballers from the 60s, 70s, 80s and 90s, which is organised by Sammy Morgan and Micky Boyce. Anyone is welcome and usually we have around 30+ people attend, which is lovely to see so many old faces that played a decent standard of football in their days. Members used to play for Gorleston and Yarmouth as well as local Borough teams. Last month was a fitting dinner in honour of the lovely Arthur Fiske who passed away a short time ago. Thanks to everyone who turned up for it, Arthur will be very sadly missed.

While I am on the subject of football, my club Norwich City seem to be heading towards a nondescript end of season. I go regularly to the games and we really are struggling in this league, which really means even if we got into the play offs at the end of the season we are by no means good enough to go up and compete at premiership level. The money that would be needed is way beyond what our current owners could provide and I have to say the money that is being paid for players and their contracts is just ridiculous. Wages of 200 and 300 thousand pounds a week is just phenomenal. Imagine earning over £1million per month come rain or shine, injured or not, and these players are signing four and five-year contracts, this amounts to around £60 million pound per contract. Sorry, but the world has gone mad. We used

to say that a footballer's career was short lived and they deserved higher wages to see them through their retirement, but this sort of money not only sees them through but to go on and live the life of luxury for the rest of their lives. As for the managers that is even more ridiculous, how many jobs do you get that when you do poorly and get the sack, because of the contract you have signed, you get a massive pay off. As I said earlier, smaller clubs like Norwich City will never be able to compete at that level unless they sell their souls to some rich backer, and I am not sure I would like that.

In all my years of supporting The Canaries and watching them, since 1960, although I did only go periodically in the 70s and 80s because of my own commitments to playing, I have always had a hero in the team, going back to Billy Punton, Terry Allcock, Duncan Forbes, Kevin Keelan, Dave Stringer, the list goes on and on, but in the present set up I really can't name one player who is exciting to watch. Not sure how we have gone downhill so quickly but we have, and as I have already said with the money that is required, I think it could be a while before we ever get back to the Premier League. Let's hope the new American shareholder Mark Attanasio is able to invest some money into the club, but having said that, I would rather the club use the academy that they have invested heavily in, and bring some more players through because where we don't have the money to buy the necessary standard of players lets replace them with enthusiasm and youth, like we did 5 years ago, when we first got promotion under Daniel Farke.

Anyway that's enough from me, may the days be long and sunny, and enjoy the best months of the calendar year. And for all you old time footballers from the area, see you on the last Tuesday of May at the Imperial at 12 noon.

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and instagram by going to 'splitleapsgc'



Ormiston Herman Academy

Providing a rich and stimulating curriculum is an extremely high priority at Ormiston Herman Academy. As well as delivering an excellent academic program, we provide a varied range of activities including sports, music, drama and the arts. In this edition we would like to celebrate some of the amazing extra-curricular activities that happen around our academy.

Comic Relief: Red Nose Day

Once again, the children of Ormiston Herman have shown how fantastic they are at 'Social Action'. All children across the academy were asked to bring in a small donation for wearing their non-school uniform and creating 'bad hair'. There was plenty of bad hair on show and as a total, we raised over £600! Well done to everyone who got involved!

Easter Fayre Fun!

On Wednesday 29th March, we were able to hold another community fayre. Stalls ranged from 'pin the tail on the bunny' to 'face painting' to an 'Easter memory matching game'! The traditional raffle is held at the end of the fayre with Mr Thorpe and Mrs Redhead calling out the names and numbers. We are so pleased to announce we have raised over £1100 and want to thank everyone who took part and a special mention to Miss Manifold for organising it.

Residential Stay Success

On Monday 13th, Year 4 set off on a residential stay to The Horstead Centre. Their trip was a two-night stay with a



range of activities that included: a zipline, rock climbing, crate-stacking, vertical challenge, archery, camp cookery, bushcraft, a bonfire and much more! All the children were praised for exemplary behaviour and fantastic teamwork throughout the whole trip. A big thank you needs to go to all the staff involved with organising and running the trip!

School Council

Ormiston Herman Academy places a high importance on the opportunity of a student voice. Our School Council regularly meet and make some very important decisions.

The students, who are voted onto the council by their peers, are the voice for all students and take their ideas to their

meetings each week to be heard.

This year, they have been asking our Senior Leadership Team to help them act upon suggestions made at meetings. They have been to visit the local food bank, taking donations from the academy. They got to learn about the need for this service and met with representatives from the local Lions and Leo's club when they donated a wonderful set of books to the children and they have learnt more about social action and charity work.

The council have regular meetings with the area manager from Edward and Blake, the school lunch providers, and have shaped the menu ideas and special lunch days - in fact they are looking forward to meeting with her again soon. They are in talks to get the special birthday lunches back at the academy as this was a particular favourite!

They have set the school challenges, one of which, was to reach out to others in the community. They took greeting cards to a local old people's home which were greatly appreciated.

Mrs Speed, who oversees the school council meetings said "It is vital that we listen to the children and gather their ideas and views on what is important to them. If we give them this chance to feel valued now as children, they will then grow into adults who can make positive changes. To understand that they can have an impact will help them to build self-esteem and self-worth. Who better to tell us about what children need than the children themselves."

The school council are currently running a project to assign school ambassadors, part of the academy's careers week learning, and they will be holding interviews soon to appoint 16 ambassadors for diversity, environment, enrichment, reading, gender, sports, wellness and finally, meet and greet.

Careers Week

As part of Careers Week, children have been invited to experience the interview and selection process for themselves. School council created Ambassador roles throughout the academy including Diversity Ambassador, Gender Ambassador and Environment Ambassador.

Job descriptions were presented by School council in an assembly and the children wrote applications to apply for roles they were interested in. The school council will assess the applications and interviews will take place shortly.

We welcomed a range of visitors in to deliver careers talks, ranging from journalists to a technical planner from the offshore wind industry. The children found these very informative and inspiring.

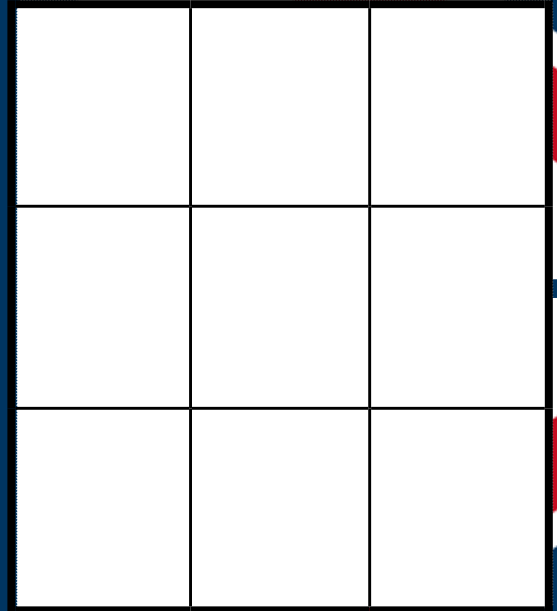
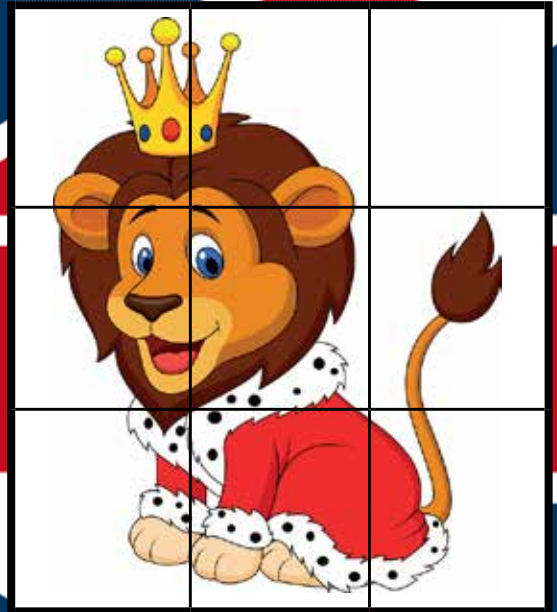
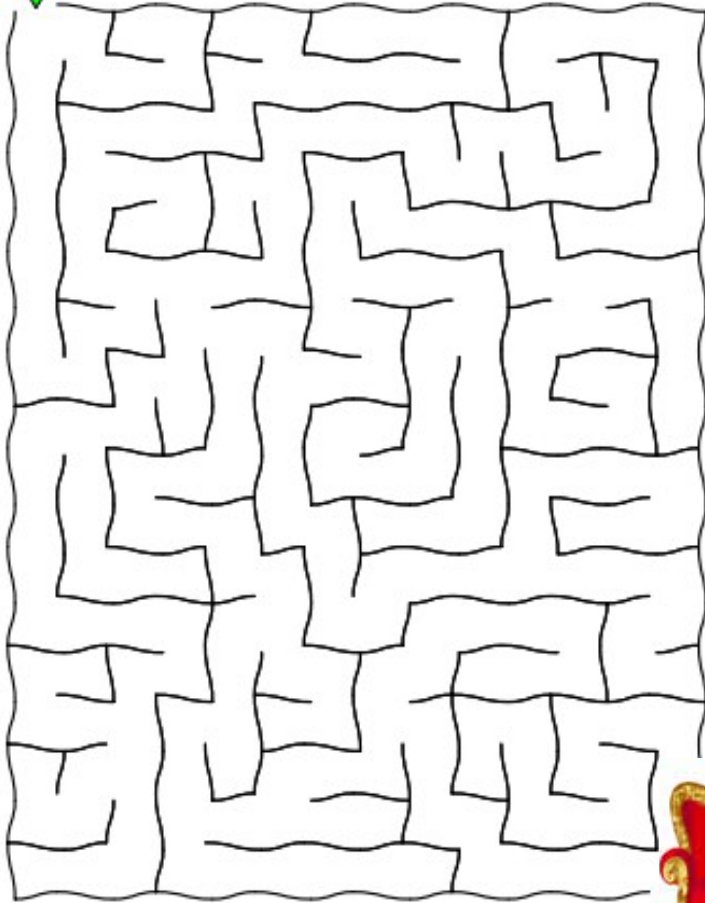


Kids' Corner

Copy and Colour



Can you guide the king through the maze to find his throne?



From the Bible: Luke 18

15 Some people brought their small children to Jesus so that he could lay his hands on them to bless them. But when His followers saw this, they told the people not to do this. 16 But Jesus called the little children to him and said to His followers, "Let the little children come to me. Don't stop them, because God's kingdom belongs to people who are like these little children. 17 The truth is, you must accept God's kingdom like a little child accepts things, or you will never enter it."

If you are a child reading this passage from the Bible, there are some things that you can know:

- Jesus welcomes you to come to him. How can you do this? Just talk to Him. (Adults call this prayer).
- God's Kingdom belongs to you as much as it does to adults. In fact, adults need to be like you and learn from you how to accept the things of God.

If you are an adult reading this passage, there's something for you to know:

- You need to accept the things of God like a little child. What does this mean? Jesus is encouraging a 'child-like' humble, honest faith in God, and He used the innocence of a child as an example. Emulating the faith of children, we should simply take God at His Word. As children trust their earthly fathers, we should trust our Father in heaven.

Can you find the 6 differences?

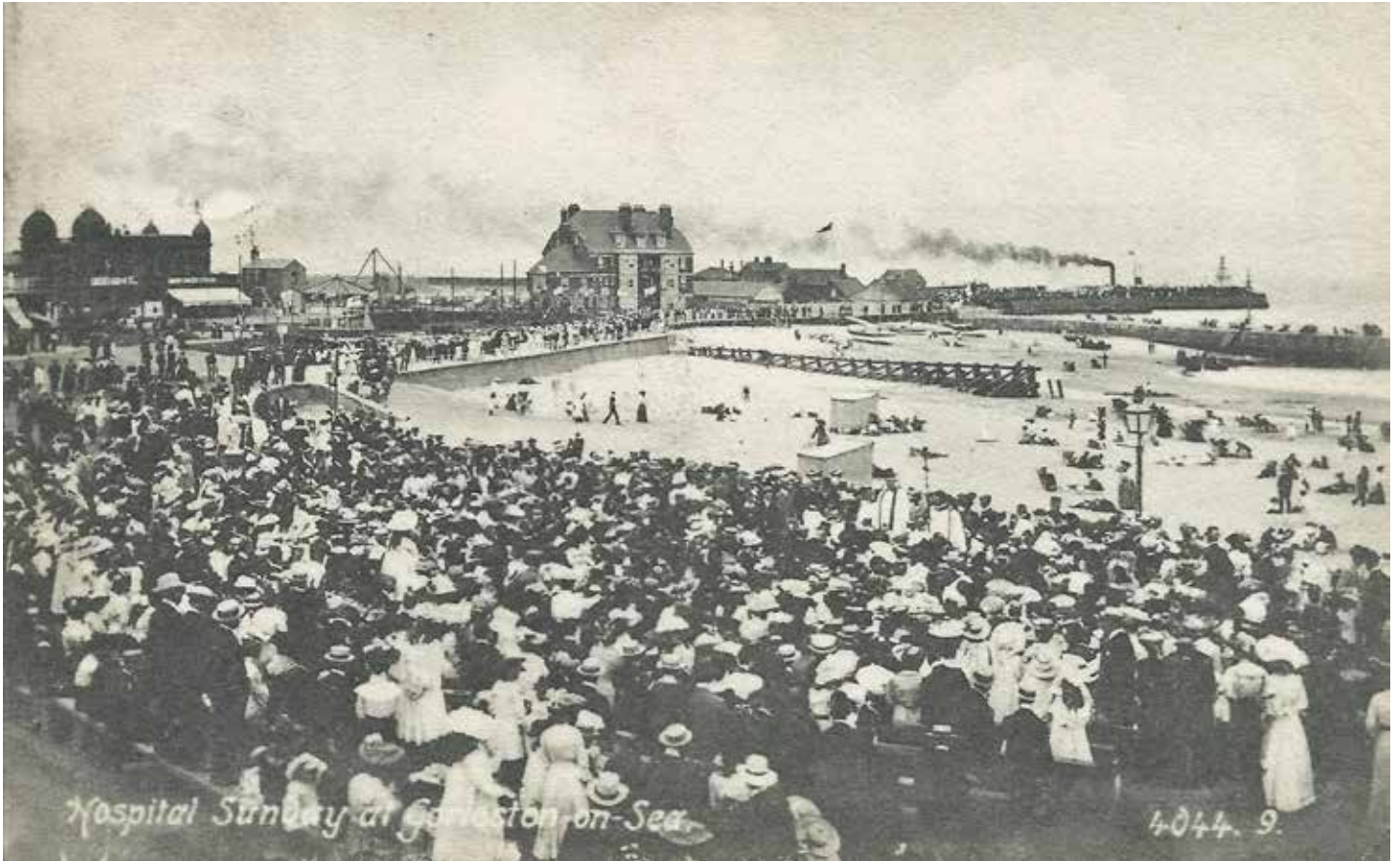


King and Castle Colouring Fun



Gorleston Then & Now

by John McBride



Prior to the formation of the NHS in 1948, hospitals were largely voluntary charitable organisations. The above photo shows the people gathered on Gorleston Promenade for Hospital Sunday. There was one Sunday set apart each year by all religious denominations for the collection of money to benefit hospitals. The clergy can be seen right centre of the postcard which was posted in 1925. The proceeds were used to purchase equipment for the local hospitals and to pay for treatment for those unable to pay for their care. It started in the mid 1800s in larger cities and spread throughout the country. By the 1930s it had, in many places, become an elaborate festival, marked by parades, brass bands and civic worship. The crowds are not here today but funding for hospitals and staff is still an issue.





Opening THE Book

with
Reverend
John Kinchin-Smith

As we celebrate the coronation of King Charles this month, the Bible also refers to Jesus as ‘King’ – the long-awaited ‘Messiah King, Son of David.’ At his trial before the Roman Governor Pontius Pilate, Jesus says, “My kingdom is not of this world...my kingdom is from another place”. Pilate retorts, “You are a king, then!” Pilate then has Jesus crucified as “the king of the Jews”. While the Bible teaches that Jesus is indeed the long-awaited King of Israel, it teaches that Jesus’ kingdom is an eternal Kingdom of heaven.

Does the Bible therefore teach that Jesus himself is divine? We have learned that the Bible teaches that Jesus is the Messiah, the Son of David, the Son of Man – but does the Bible teach that Jesus was also God?

The title most often give to Jesus throughout the New Testament is ‘Son of God’. For Jews and Muslims, this title is shocking, even blasphemous, for it appears to contradict the teaching that there is only one God and that God is One. However Jesus himself, in his prayers, addressed God as his Father and spoke of himself as his Son. At his baptism, the heavenly voice addressed him: “You are my Son, whom I love.” After his resurrection, his friends and followers came to see that Jesus had a unique relationship with God. Thomas acclaimed him, a week after Easter Day, “My Lord and my God!” (John chapter 20).

St Paul says of Jesus, in his letter to the Colossians, “For God was pleased to have all his fullness dwell in him”. Jesus is clearly not the Son of God in a literal sense, but the Bible clearly teaches that somehow Jesus is both fully human and fully God, that God in Jesus became a human being. (Christians call this the ‘Incarnation’). This is the meaning of the title ‘Son of God’. If this is true, the implications are huge. Among them it means that Jesus’ death was part of God’s plan from the beginning; that the Son of God must have existed before he was born into the world as Jesus; that in Jesus alone do we see the most perfect revelation of God; and that only by faith in him do we find life in its fullness and life forever.



News from The Mag

with
Reverend Matthew Price



We love community celebrations at St Mary Mags!

And this year we have another reason to celebrate. In just a week or so, we will witness an event which the country has not seen since 1953; the coronation of a new monarch.

So that seems like a great reason to celebrate as a community and Summer on the Mag is back to mark the occasion. This year it will take place on Monday 8th May (the extra coronation bank holiday), from 1pm-5pm on Magdalen Square and as usual there will be stalls, activities and performers.

You might remember the celebration we hosted for the Queen’s Platinum Jubilee last year and we’re hoping to build on that as we celebrate again. So, whether or not you’re a monarchist, let’s come together as a community with loads of free and low-cost fun for all the family.

Once again, we’re delighted to be working with Freshly Greated and Magdalen Way Methodist Church to bring you Summer on the Mag and we look forward to seeing you there!

To keep update with all the details check out the St Mary Mags or Freshly Greated social media – Facebook, Instagram and Twitter.





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Richard Routledge

"The life and times of"



At last What Is Hip was up and running! Some people thought we had gone and opened on the wrong end of the High Street, but I felt like it was meant to be.

It was great to have customers coming in to the shop and we started to take some good money. It was "nice" trade rather than "wow" trade, so the idea was to build it up so I could stay there and put the rest back into stock.

Over the next few months that's what happened. Really it was enough trade to keep me there in my semi-retirement and it was working. I was starting to have enough money to go to London and buy stock. To be honest this was the bit I loved, and then when I got back to see my purchasers and sell it. It was a buzz to see people come into the shop who were on the rockin' scene, or mods and skinheads buying off me.

At the back of the shop, John's vintage side was also doing well, but I thought this could be a lot better. So, the idea was to reach out to some new retro firms. As soon as the trade shows were available, off to London I went. I found some great companies and I had enough money to splash out a bit. It was scary because the gamble was leaving me very little in the bank, as I had no overdraft. Time to have a steady nerve, and I was lucky, trade was picking up.

I loved the buying bit of it, hoping that what you had picked out would work. The trick was to take advice from people who knew about the scenes they were in and then add your own spin on it. The other thing to learn was don't be afraid of some bad days. Trade was right in the middle - good days and bad - but we were up and running!

Find Richard and What Is Hip on Facebook at:
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Ramblings of a Displaced Cockney



"Well known in Gorleston as the former Principal of the East Norfolk Sixth Form College, our Displaced Cockney is Laurie Poulson whose travels in life have taken him from birth in the East End of London, all around England, until he came to Gorleston in 1999, where he has been ever since."

Jane's Wild Garden

My friend Jane has lived in Woodbridge in Suffolk for around six years. Her bungalow is in a steep valley running uphill away from the town centre. That means that the whole plot rises considerably, from the road at the front, to a line of trees on the brow of the hill at the back. She undertook quite a make-over of the back garden soon after she moved in and also extended the bungalow at the rear. This created a patio and a series of separate garden areas, linked by a path with steps as you climb up through the garden until you are looking out, well over the top of the bungalow, at the windmill high on the other side of the valley.

However, the very top part of the garden, partly hidden behind a row of cordoned apple and pear trees, was left as she had found it, abandoned and derelict. There were the remains of a tumbled down shed, swamped by ivy, two so-called compost bins (in truth "rubbish bins" would be more accurate), masses of rubble and piles of old wood, metal, plastic, bricks and even some asbestos (now safely disposed of by the Council). The whole lot was heavily over-shadowed by a series of rampant trees. What a mess!

Jane sort of just pretended that the whole area wasn't there and claimed that it was some sort of "wild garden", even a "haven for wildlife", but there was no real evidence of any form of life other than self-sown horse chestnuts and the most rugged of weeds.

What about a project for Covid lockdowns? How about a real bit of wild garden with real compost bins, a pond, bird boxes and feeders, a "hedgehog house", a log pile, an "insect hotel", even a summer house with a view over the pond and the wild flowers?

At the time we didn't realise the scale of the remains of the farm building that I subsequently discovered had stood in the middle of that area since the 1930s, unmarked on relevant maps. I had rather naively thought that it would just be a matter of demolishing the shed and clearing away the ivy. How wrong I was!

It needed endless trips to the Council dump to clear the site and eventually a skip to take away a small mountain of rubble. The only redeeming feature was that I could use a great deal of the better stone blocks from the old building to make the base for the summer house, the patio in front, the steps up to it and foundations for two retaining walls, otherwise a second skip would have been essential.

The whole thing at times looked as if it was going to be just a distant vision as it progressed at a painfully slow rate as more and more rubble and old breeze blocks appeared almost magically from the ground.

Finally, everything seems to have come together. Helped by a joint effort with the neighbour at the rear, the trees were professionally tidied up to let light in to the area. Now the wild flower seeds have worked their wonders to give a blaze of colours, the pond has resident frogs, the birds have discovered the feeders and there are bees galore. We now just need a hedgehog or two and we are hopeful that the butterflies will find the new buddleia bush.

Now it is just a case of sitting up at the summerhouse with an evening G&T, enjoying the light from the setting sun. It was really hard work at times but the vision is now almost a wild-life friendly reality! Would we do it again, absolutely! If you have a possible candidate area, give it a go!

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Wordsearch

Can you find the words listed below which have been taken from the text?

Words occur in the grid forwards, backwards and diagonally.

Facts about King Charles

- He was born at 9.14pm on 14th November 1948 at Buckingham Palace.
- He has been heir-apparent to the throne since he was three years old.
- He is the first monarch in British history to have earned a university degree.
- He can speak Welsh.
- He is a qualified pilot and diver.
- He is a keen watercolour painter, a published author and played the cello at Cambridge.
- As Prince of Wales, he founded about 20 charities which raise about £140million each year for good causes.
- Aged 73, King Charles III is the oldest monarch ever to be crowned in British history.
- He became King on 8th September 2022, after the death of his mother, the Queen, in Balmoral. As King, he is also now head of the Commonwealth.

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Poem to Ponder

The Coronation

As we approach the 6th May
 We can look forward to a wonderful day
 King Charles 3rd's Coronation
 Time for a massive celebration

Horses and carriages in their splendour
 And marching bands are on the agenda
 I'm sure our late Queen would be happy to know
 That the country will put on a dazzling show

King Charles the 3rd will be crowned
 With all his subjects stood around
 He'll pledge to do his very best
 And put his strengths up to the test

Let's hope our new monarch will have a good reign
 And we'll celebrate with a glass of champagne!

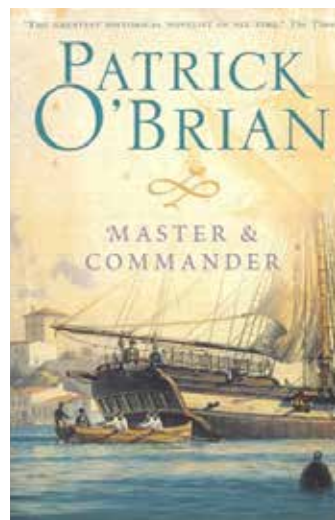
by Val Raven

The Bookshelf

Master & Commander

by Patrick O'Brian

Thanks to Margaret for this review



This is the first of the now famous Aubrey-Maturin novels and describes life aboard a Nelsonic man-of-war, of weapons, food, conversation and ambience. Of the landscape and of the sea.

The sense of period throughout is acute and Patrick O'Brian's portrayal of each of these is faultless and the sense of period throughout is masterly.

A wonderful novel and you will want to read all 20 books in the series.

YOPEY Befrienders

EVERYONE OVERWHELMED WITH EMOTION AS YOUNG VISIT OLD IN GORLESTON

Young people from the East Norfolk Sixth Form College have been visiting elderly people living in a care setting in Gorleston since last autumn and firm friendships are emerging.

The 16 to 19-year-olds, all girls, met residents at St Augustine's Place housing with care in Addison Road at the same time as they were trained by this charity, YOPEY, to take part in one of its YOPEY Dementia Befriender partnerships.

The manager of St Augustine's, Danielle Bullent, said: "Everyone was overwhelmed with emotion, seeing the YOPEY Befrienders interact with our tenants. The smiles and joy they created was a pleasure to witness."

The sixth-formers' teacher, Ellie Symonds, said: "For a lot of the students, this was their first experience in a care home, and speaking with people who have dementia.

"Lots of stories and fun moments were shared between the students and the residents. Photos were shown of pets and stories were told of hobbies."

Lucy Vincent, an employer engagement coordinator at East Norfolk, said: "The opportunity for students to volunteer at St Augustine's will be very valuable to their subjects and future applications to university and apprenticeships."

The young people were trained to be 'YOPEY Befrienders' by Tony Gearing MBE, the founder of the Suffolk charity YOPEY, which is based near Newmarket and runs befriending partnerships between sixth forms and care homes throughout the East of England.

Tony said: "I believe our Befrienders are unique and give more benefit to elderly people living in care homes because they are young. Most other befriending schemes use the middle-aged to visit the old-aged. While you would think the two older generations would have more in common, the elderly love to hear about the young's lives and give advice to people embarking on their adult lives."

Tony added: "There is also the issue of dementia. A lot of residents in care homes have Alzheimer's or other dementia diseases. We train YOPEY Befrienders not to be judgemental and to 'live in the moment'. We have evidence from care professionals that our young volunteers relax residents and reduce their anxiety.

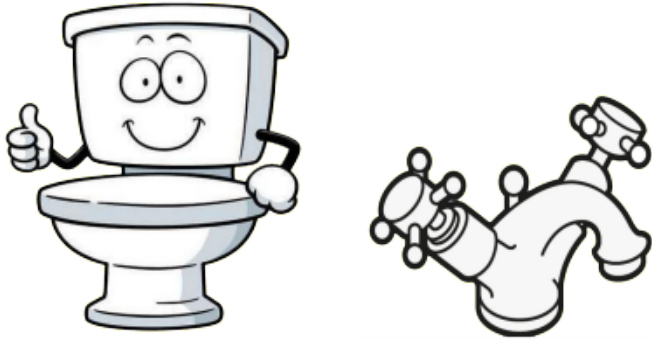
"YOPEY Befriender schemes have contributed to care homes being upgraded by the Care Quality Commission."

Since last October's training and initial meeting with residents, East Norfolk YOPEY Befrienders have returned to St Augustine's in groups to put on events such as a Christmas quiz and Valentine's karaoke and in ones and twos to meet their new friends.

For young people, who cannot take part in a visiting YOPEY Befriender scheme, YOPEY offers the opportunity to 'virtually' support the lonely elderly by writing letters, making activities and shooting videos that are shared by the charity with hundreds of care homes UK-wide.

For more information visit www.yopey.org.





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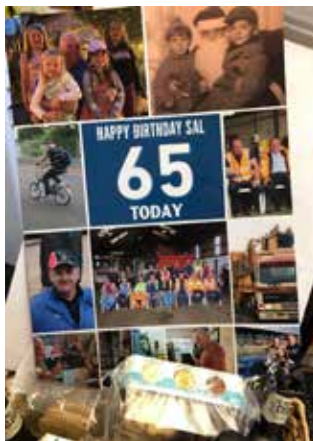
Gorleston Grapevine

with Carol Todd



Welcome to the month of May and extra holidays for most of us, YIPPEE! We have the early Bank Holiday on Monday 1st to look forward to, then the big one, King Charles III Coronation on 6th May, so we get Monday 8th May as an extra bank holiday this month, finishing off the end of the month with the Spring Bank Holiday on Monday 29th May. We'll be looking forward to spending time with family and friends, and hopefully some sun and beach time. Our businesses will be closed on the bank holidays, but our staff will be working extra hard in between, won't you team?

the great people of Gorleston, are getting out and supporting these businesses. If you haven't popped in to welcome them, please do, and enjoy your refreshments.



Just as important as the King's Coronation (in our eyes lol) was our EE Green Chief's 65th Birthday! Congratulations to Steve (or SAL as he's known to us). Can you believe he's worked with Greens for 41 years! Definitely required lovely birthday presents - I made this fantastic card. A fabulous holiday hamper and a luxury five star Spa break for Steve and his partner, Tracy, to enjoy. Thanks to Keith's Butchers for gorgeous stuffed carvery baguettes, just the best, and finished off the afternoon with tea and birthday cake.



Talking of beer, I'm busy helping the Out There Arts Team prepare for their Beer and Circus Festival over the Spring Bank Holiday weekend. This was so successful last year, with thousands attending, fabulous performers, live music and, yes, plenty of beer, ales and ciders. You can book your tickets online at www.outtherearts.org.uk only £3. We had an awesome time last

year, but leaving our rucksack with house keys in it in a taxi on the way home wasn't the greatest!! If you're interested in sponsoring a Keg during the Festival this year, then do get in touch.



I've heard lots of great feedback about the new Italian wine shop, Via Vigna, on Baker Street. Lots of variety of great wines from Southern Italy. Many of my friends have been in and very happy with their purchases. Someone suggested a nice Italian Deli to go with it might be good. Watch this space, as I hear they're planning Cheese and Wine evenings, now that's definitely up my street.



We should also say "Cheers" on the successful opening of The Thirsty Crow, Gorleston's first Micro Pub/Tap Room on Lowestoft Road. Previously, Deja-Brew, the Thirsty Crow will showcase lagers, ales, beers, ciders from local and national breweries. Don't panic if you're like me and not so keen on beer. There's wine, cocktails and spirits on offer too. As always, you,



I'm absolutely loving the new Beach cleaning stations which arrived recently. Thanks to our ward councillors, Emma Flaxman-Taylor and Paul Wells for the generous donation of their local causes grants. There's two stations - on the Lower Promenade down from the loos and the other opposite Marina Bay Café. Please return the pickers and the

bags once you empty the litter into the bins and encourage others to use. I've had to remind a few adults to take away their rubbish while leaving our glorious Gorleston Beach.

Great news to end this month's GG is that we're back to a full team of awesome HGV Mechanics, as Steve joins our team. He's bringing a wealth of experience with him and will be working with the guys responsible for maintaining our Greens and Folkes fleet of HGVs.

If I can help with anything, please do get in touch, ctodd@eegreen.co.uk. Keep up to date with us on Facebook follow E.E. Green, L.G. Perfect MOT, Service & Repair Centre, Folkes Plant & Aggregates and Major Demolition. May you have the most magnificent May my friends.

Summer Dance on behalf of Heart2Heart

On a dreary day in January two friends, Angela Buttifant and Glenys Bright, were sat having a cup of tea wishing they had something to look forward to...

Neither of them had a Prom when they were at school and they decided to do something about it. Five minutes later the idea of a Summer Charity Ball, in aid of Heart2Heart, and with a theme of Hollywood and Movies was born.

Both friends were keen to organise a community event that would give people the chance to dress up if they wished to and they soon found that their friends were eager to help.

Rural Radio DJs Mick Goldsmith and Keith Bright offered to provide the disco playing a variety of music to dance to, and a local singer will be opening the evening with some movie themed songs.

The response from local businesses has been awesome and many have offered prizes for the raffle including boxes of

chocolates, hairdressing vouchers, many family passes for days out and even lessons in Burlesque being kindly given.

Mark Smith of Just Designed in Gorleston High Street generously printed the tickets cost free, and Magdalen Way Methodist Church are giving the use of their hall which has a huge dancefloor for free.

The Summer Ball is at Magdalen Way Methodist Church from 7pm on Saturday June 24th. The evening promises to be a night to remember with an alcohol free bar with many cosplayers (costume players) coming along to add to the atmosphere including "Who you gonna call?" Norfolk Ghostbusters!

Tickets are available from What Is Hip on Gorleston High Street and Magdalen Way Methodist Church, priced £5 for adults and £2 for children under 16.

Gorleston Flower Club

Our next meeting is on Monday May 15th at Magdalen Way Methodist Church, doors open at 1.30 for 2 p.m. start.

The demonstrator is Stephanie Laing and her theme is "Colour and Me". You have a chance of winning one of Stephanie's striking arrangements as well as a hamper full of items for your garden.

Members and guests are most welcome to come along and spend an afternoon with us. Entry for guests is £5. If you would like more details please contact Margaret Colman (01493) 663590.



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Ormiston Venture Academy

OVA Student Awarded Gresham's Scholarship

Year 11 student Riley, has been awarded a scholarship for a Sixth Form place at Gresham's School from September 2023.

In attending the prestigious school, she will benefit from a multitude of enrichment activities, opportunities to partake in a wide range of sports and access to the Dyson Building, the new centre for STEAM education, which opened in 2021. The building, which incorporates Science, Technology, Engineering, Arts and Maths education, will be a particular benefit to Riley who aims to study a range of Sciences.

After completing her A levels in Biology, Physics and Chemistry, Riley would like to study Medicine at university and progress to train as a neurosurgeon. Her desire to make a difference in this field started following the passing of her sister 5 years ago, whose legacy she wishes to honour in her future career aspirations.

A focussed and hard-working individual, Riley commented on receiving her place: *"I am so grateful for the opportunity provided to me by Gresham's and Ormiston Venture Academy. I cannot wait to make the most of the school's fantastic facilities to support me in realising my dreams and ambitions."*

Simon Gilbert-Barnham, Principal said: *"All of us at Ormiston Venture Academy are proud of Riley gaining the Gresham's Scholarship, she like so many at Venture has high aspirations that I am sure this next step to Gresham's will continue to drive her to succeed"*.

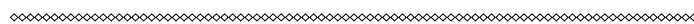
Dave Richards, Vice Principal said: *"We are so proud of how all of our students engaged in the Gresham's Scholarship process, all of the applicants showed an incredible amount of passion and resilience combined with exceptional oracy skills which shone in their interviews. Our partnership with Gresham's allows all of our students to aim for a unique life changing scholarship opportunity, and although ultimately only one student can be the recipient, between the residential opportunities in year 10 and the scholarship process in year 11, a large number of students have benefited from*



Riley with Simon Gilbert-Barnham, OVA Principal, and Douglas Robb, Headmaster of Gresham's

improved confidence and identifying their goals for future life. I have no doubt that the 2023 Gresham's Scholar, Riley, like those who have come before her will grab this incredible opportunity with both hands and be a brilliant ambassador for the academy and the process that will continue to benefit many more in the future".

The academy and its sponsor, Ormiston Academies Trust (OAT), is committed to enriching the lives of its students by broadening their horizons and raising aspirations. The Gresham's scholarship is reflective of the broad range of opportunities Ormiston Venture Academy provides to its students, giving them every opportunity to succeed in life.



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Sat	10 am - 12 pm

The Shrublands Community Food Club provides good quality, affordable food to residents within Gorleston. With a proof of address and an annual fee of £4.00 per household, you are eligible to become a member.

Our members can buy a range of fresh, dried and canned food, alongside toiletries and personal care items.



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Life Afloat

by Patricia West, who continues her reminiscences...

Sarah, Tom and Archie



Sitting having breakfast, gazing at the huge boat which had arrived late yesterday

afternoon we watched as a small pretty woman descended the gang plank carrying a shopping bag and a small dog on a leash. Coming towards us she held out her hand saying "good morning, I am Sarah and this is Archie our little border collie". Within minutes we were being invited aboard "White Lady" for drinks at 7.00 p.m

By 8. p.m We knew we were in the company of two remarkable people.

Sarah's husband Tom was a big sunny natured man however, sadly he had severe sclerosis of the spine and slowly growing paralysis.

They had previously travelled the world selling antiques. There was evidence of their past in the beautiful objects all around us, many of which looked expensive. Tom enquired if we had watched the T.V. series "Lovejoy" starring Ian McShane which had been running back home. Apparently the story lines were very accurate, causing quite a few dealers to wince as little secrets of their trade trickled out.

As Tom's illness gradually took hold it became increasingly difficult to maintain the cut and thrust of wheeling and dealing and while Sarah still enjoyed the thrill of cinching a gem of a transaction and also the camaraderie of fellow dealers, they knew if it was to work then their future together had to be right for each of them.

Their mutual devotion was plain to see and together with "White Lady" plus a boat savvy dog not much else appeared to be needed.

Typical of Tom's sense of humour - when they built their first boat, an eighteen footer, in the back garden many mistakes were made, particularly with the fitting out. Tom displayed his frustration by using some of his colourful language and on completion, suggested their brand new craft be christened.... "Nadina".

At that time the top seller for headaches was "Anadin"... jumble those letters together and you have "Nadina"

Laughter was Tom's daily mantra, his bravery was a given.

Sarah offered a tour around their jaw dropping floating home, her touch was everywhere. Using Laura Ashley in co-ordinated colours the whole of "White Lady" breathed elegance. There were two en suite cabins and as well as making her husband more comfortable, she had arranged the practical items in such an artful fashion nothing was taken from any pleasure to the eye. Their kitchen... was something else.

The saloon in dark blue, grey and gold looked so cosy with flowers everywhere and stacks of books and newspapers.

Above decks slightly hidden, was a bicycle and a wheel chair.

A door had been fitted near the patio with a Bar-B-Q and garden furniture.

It was a bit like a tour of the Queen Mary

Early drinks slid smoothly into an excellent supper during which our new friends confided that expectations were on the horizon for a break- through drug, now in it's final stages. Offers of trials would begin within two years and they were keenly tracking it's progress. Eyes twinkling Tom said... " I intend to hold on, stay well, and I guess, had better lay of the gin huh?"

Their final destination would be in the beautiful Carcassonne area. They had already paid for a long term mooring where they would wait out what the future had in store.

The following days were spent happily together - walks with the wheel chair and little Archie, meals al fresco, lazing in the sun, endless conversations, even some retail therapy.

Richard was able to undertake small repairs and attended to various things in need of attention plus other matters personal to Tom. In the meantime I helped Sarah with everything I could think of; occasionally Richard and I exchanged glances, our eyes saying - ' no tears, Right ? '

Sarah called herself First Mate - join the club I said. First Mate maybe - but she

dealt efficiently with all things physical. To me she was simply awesome.

Too soon Carcassonne was calling; time for them to up anchor, they still had 600 kilometres to cover. Arranging to meet in a couple of weeks, standing on tip toe we waved them out of sight.

By tea time a small "Evolution 22" had taken up a quarter of the space left by "White Lady". The newcomers introduced themselves, Joanna and Duncan; they were Scottish and earned their living teaching in Aberdeen, the youngsters explained they were only staying one night.

Their boat had been hired in Paris and they had enjoyed the trip however, the travelling had been a bit restrictive as they were on their six weeks summer leave and the new term was very close. Duncan had saved two days by mapping out a shorter return route saying "we Might just make it."

"We invited them for supper, an enjoyable evening and it was nearly one a.m. before they said goodnight. As they left Duncan paused and a little shyly said - "actually our dream is to follow what you guys are doing, next year we are taking a sabbatical and by then will have our own boat" Joanna chipped in - "and this time hopefully we will have a fridge and a proper loo".

We woke early but they were gone. Fleeting episodes like these left a sense of friendship. I can still see their earnest little faces.

Next month;

Bargees to the rescue



Splashpad

Youngsters invited to cool off in the splashpad this summer

GYBC Press Release

Residents and visitors are in for a cool treat this summer, as the council announces the opening times for Gorleston's splashpad for the upcoming season.

The fun wet play facility at Gorleston beach boasts fountain sprays, jet streams and buckets of tipping water all set within a nautical-themed play area featuring a sail boat, fish, seaweed, starfish and a crab. There are also colourful LED lights, plus benches for parents.

The splashpad will open for weekends from Saturday, June 10, through to Sunday, July 16, from 10am to 4pm. During peak times - from May 27 to June 4 and July 22 to September 9 - it will open for seven days a week. It is free of charge to use.

Jane Beck, Head of Property and Asset Management, said: "Gorleston is a popular family resort and the seafront has many great things to offer."

"We are pleased that the splashpad is a big hit with residents and visitors during the summer months, providing a free-to-use, wet play attraction for families with young children to enjoy."



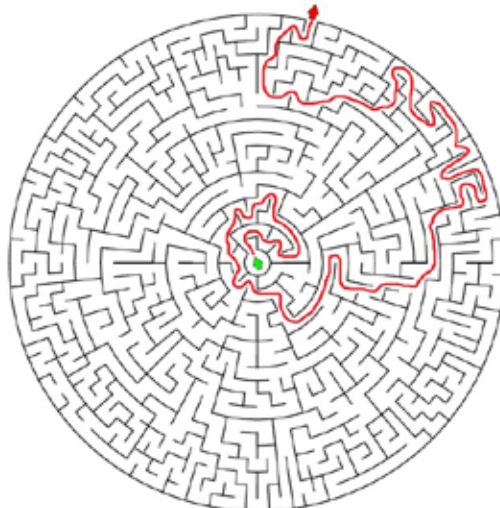
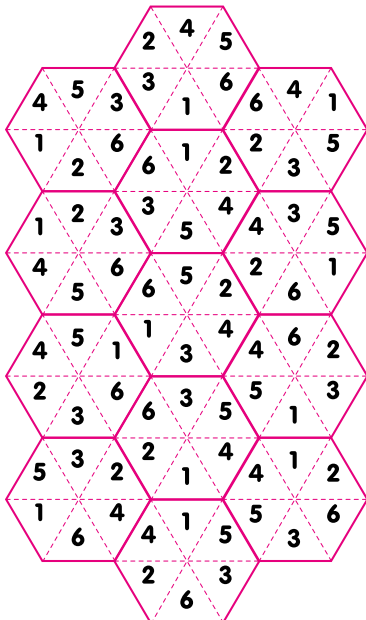
Photo credit: Great Yarmouth Borough Council

Coffee Time Answers

Word Ladder: plant, plane, plate, slate, skate
Caught in the middle: hedge, bath, born, food, plate
Seeing Double: sailor, guilds, deluxe, volume, pastry, oyster, strain, phrase, meteor, potent
Mystery keyword: illustrate

Across: 6 Contraption, 7 Finn, 8 Swell, 10 Cleethorpes, 12 Leave, 14 Seer, 16 Implausible.
Down: 1 Jovial, 2 At intervals, 3 Sac, 4 Stewardship, 5 Soul, 9 Why, 11 Evenly, 13 Elms, 15 Bug.

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Pavilion Theatre



SUMMER IS FINALLY HERE!

With every new month comes a different but familiar set of routines for us here at the Pavilion. During April we were busy making costumes, learning routines and getting ready to launch our brand new 2023

season of 'Summer Showtime'.

Now that May has arrived, we're settling in for a weekly routine of Tuesday night Showtime performances as well as our usual bumper summer of weekend entertainment, including the return of our popular 'Summer Bandstand Concerts' on a Sunday afternoon. What a fabulous way to spend the Summer days! Find something that you'll enjoy on our website.

CORONATION CELEBRATION AT THE BANDSTAND

To celebrate the King's Coronation we have partnered with Norfolk Music Hub to host live music all day on Saturday 6th May where we will also be live streaming the coronation itself on big screens in the gardens.

The day is free to attend and there will be something happening all day from around 10am, so please bring a

picnic and join us for a day of coronation celebrations, hopefully in the sunshine (but inside over at the theatre if not)!

COMEDY AT THE PAVILION

Last month we celebrated the arrival of The Comedy Store here at the Pavilion, the internationally renowned comedy club from London known for being a breeding ground of fresh comedy talent. We'll be hosting our first comedy night with them on Saturday 2nd December and will then be welcoming them back 4 times a year from 2024 and beyond. Simply the funniest show you'll see all year!

SUMMER BANDSTAND CONCERTS RETURN FOR 2023



Don't forget that our hugely popular Sunday afternoon Summer Bandstand concerts return from Sunday 14th May with live music every Sunday afternoon right through to the end of September. Concerts are FREE to attend and are generously supported by Visit Great Yarmouth. See our website for the full lineup!

We look forward to seeing you at the theatre or bandstand again soon!

Alex Youngs,
Chair of Trustees.

WHAT'S ON IN MAY

- Summer Showtime - Every Tuesday evening from 2nd May
- Hey Rock N Roll 4
- Coronation Celebration
- The 60s Lets Have a Party Show
- Seriously Collins
- The Carpenters Experience
- Applause
- The Dreamers
- Summer Bandstand Concerts - Every Sunday afternoon from 14th May

Full details of the theatre's schedule of plays, musicals, pantomimes can be found at pavtheatre.com or by calling the box office on (01493) 662832.

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Coronation Celebration Service

in Church at 10am on Sunday 7th May
followed by a

Community Picnic for the King's Coronation

From 11.30 - 2 pm

Bring your own picnic and join the fun

In St. Andrew's Churchyard

If the weather is bad it will move inside the

Chapter House

Free burgers and hotdogs

Come dressed for a Coronation Celebration

Hope to see you there



St Andrew's Community Gardeners' "Love Nature - Love Growing" Plant sale

Saturday 13th May 10am – noon

It's that time of year when our growers are busy sowing, transplanting, propagating in readiness for the annual plant sale. Come along early & choose your plants from the vast selection we have on offer.

This year we are supporting St Andrew's Church, Rafiki Creative Ministry & Harvest Gardens; establishing a garden project in Northern Malawi educating a Christian Community to grow crops using traditional methods.

Plant donations welcome, please contact Karl on
07749 854809



GoSH

Gorleston-on-Sea Heritage Group

James Liffen Photographer

Collectors of early postcard views of Gorleston will undoubtedly have cards in their collections by the photographer J Liffen. James Joseph Vace Liffen was born in the Great Yarmouth Rows in 1864. In the late 1870s he was apprenticed to a Great Yarmouth boot maker, Richard Smith of 81 Middlegate Street and by 1888, at the age of twenty four, he was running his own boot and shoe making business in Row 125. By 1890 he had moved to Gorleston and was trading as a boot maker from premises on Cliff Hill.

It is not known how James Liffen acquired his photographic skills, but in October 1890 he and several others had attended the inaugural meeting of The Great Yarmouth and Eastern Counties Photographic Society at The Tower, in Gorleston High Street, the home of Mr Harvey George the manager of the Short Blue Fleet, who was a well known amateur photographer. It was proposed at the meeting that membership of the society would be "open to amateurs and professionals, and to ladies as well as gentlemen."

Various 1892 trade directories record him as a "boot maker, photographer, oil & paint dealer" and a "dealer in photographic and fretwork appliances," trading from 6 Pier Cliff Terrace (Cliff Hill) Gorleston. Liffen took indoor and outdoor portraits, family groups and topographical views of Gorleston and Great Yarmouth and a display panel of specimens of Liffen's photographs taken in the 1890s hung on the wall of Mr Watts' gentlemen's hairdressing shop in England's Lane for many years.

In February 1892 he read a paper and gave a demonstration of Printing and Enlarging using Bromide Paper to the members of the Cromwell Photographic Club who met monthly at the Cromwell Hotel, Hall Quay, Great Yarmouth. The Cromwell was a temperance establishment and was popular with visiting cyclists and photographers. It even had a photographic darkroom that could be used by hotel guests. James Liffen was given a hearty vote of thanks for the excellent way he had given his demonstrations.

Cook's Great Yarmouth Directory of

1894 records that Liffen had moved from Cliff Hill to 113 High Street, Gorleston (next door to Stead and Simpson's boot shop) and was trading as a "photographer and tobacconist". By 1904 Liffen had moved to 10 Baker Street where he sold tobacco, sweets, toys and fancy goods. In 1908 a bullock that was on its way to Mr Bellamy's butchers shop in Baker Street turned wild and ran into Mr Liffen's shop, wrecking the window, overturning bottles of sweets, and disarranging heaps of gramophone records. Liffen also had another shop at 3 Marine Parade, selling tobacco and fancy goods. The Marine Parade shop was one of the parade of small seasonal shops near Beach Road, that formed the grand entrance to the Cliff Hotel and its roof terrace, from the beach.

Around this time the divided back picture postcard had become extremely popular and was turning into a collecting craze that money could be made from. James Liffen must have realised that his stock of old glass plate negatives could be used to publish a series of view cards of Gorleston subjects and several sets of black and white view cards were printed by Liffen. In addition several specialist printing firms had sprung up to print postcards in their thousands and these could be colour tinted to make them even more attractive to their buyers. German postcard printing businesses were often chosen to print

these cards and some of James Liffen's colour postcard views were printed in Germany. With the outbreak of war in 1914, trading with German businesses would have stopped. However the Norwich based printer of Jarrold & Sons Ltd also produced a "Liffen's Series" of tinted colour postcard views and it would appear from postmark evidence that Jarrolds were printing these cards before World War One.

The Yarmouth Independent of Saturday 25th December 1937 announced the death of James Liffen. "The death occurred on Saturday of Mr. James V Liffen, following a lengthy illness, during which he was a patient at the Norfolk and Norwich Hospital. Mr. Liffen, who was 73 had for over 50 years been a Gorleston newsagent. He began business as a tobacconist, confectioner, newsagent and fancy goods dealer, in the High Street and Cliff Hill before establishing his business at 10, Baker Street, where he resided. For some 40 years he also conducted a branch business on the Sea Front, both summer and winter. He leaves a widow and one son, Mr. A. Liffen, of J. Liffen & Son."

Sadly this obituary does not mention his venture into the world of commercial photography. His surviving photographs provide a unique window into what Gorleston was like in the 1890s and are today probably his greatest achievement and a lasting legacy.



One of James Liffen's colour tinted postcard views of Gorleston.

Ormiston Cliff Park Primary Academy

As we look forward to the Easter break, we have been reflecting upon another action-packed month at Ormiston Cliff Park Primary Academy. Here are just some of the ways that we have been enjoying our learning over the past few weeks!

Lego Workshops

The Academy was lucky enough to have visits from Katy, from the Sixth Form College, who provided workshops for pupils based around making a fairground ride with Lego! The children worked together in small groups to follow step by step instructions to build their Lego structure and then make it move, light up and play music!

With a hub, motor and light they all made the ride move and light up using code. Teamwork was key and everyone worked together to become computer programmers. It was a fun, educational morning for everyone.

Paramedic Visit

On Friday 3rd March we received a visit from two local Paramedics, Simon and Mark. They worked with children in years 1-6 and it was fascinating to learn about their roles. Our younger pupils in Years 1 and 2 were shown a presentation about people who help us and children in Years 4-6 found out about the different skills and qualifications that are needed to become a Paramedic.

The children were fascinated to explore the ambulance car and to learn about the equipment that they used to save lives. They particularly enjoyed the flashing lights and the siren! Our pupils asked lots of interesting questions and many of them expressed a real interest in following this career path when they grow up. Thank you, Simon and Mark – we really enjoyed your visit!

Year 3 visit to Time and Tide Museum

Year 3 had a fantastic time when they visited the Time and Tide Museum and experienced what it was like to live in the Stone Age! They took part in 4 different workshops, including 'How to become a hunter' and 'How to build a shelter' (below). It was really interesting to see the different artefacts, such as flint tools and mammoth's teeth! They really enjoyed learning more about the different kind of animals that were living at that time. They took part in spear throwing in their hunting



session and learnt how to sneak up on their prey. While building their shelter, they worked as a team to weave the willow through the frame, tie it together and cover it with fur to stay warm and dry. It was fascinating to find out more about the physical features of Stone Age humans and how they looked different from people today. Having compared their lives with those of people living during the Stone Age, the children decided that they would prefer to stay living in 2023!

Baby Ducklings

There has been great excitement in our Reception classes recently! To support their topic of 'Changing and Growing', the children in our three Reception classes became parents to six lovely baby ducklings! The children were so excited as they hatched the eggs and took care of their new babies. The

children were fascinated to observe how they changed and even watched them take their first swim!

Year 1 Mini Beast visit

On Tuesday 28th March, Year 1 had an exciting visit from 'The Mini Monster Creepy Crawly Roadshow'. During the visit, they got to experience holding different creatures, like a Giant African Snail named Gerald (right), Mildred the



Millipede and Winston the Bearded Dragon (left)! As well as this, they got to see a Chilean Rose Tarantula and a Corn Snake. The children had the opportunity to ask questions and to learn new and interesting facts about

the different creatures. They were so inspired that they even wrote poems about their favourite creatures!

Sponsored Assault Course

As part of their Physical, Social and Health Education learning, Year 3 have been learning about how exercise and fresh air can support their physical and mental health. They spent time outside, comparing the difference between being outside and indoors in front of a television or games console.

The children created assault courses to complete on the last day of term and then asked family and friends to sponsor them. They managed to raise an amazing £436.30! This will go to the World Wildlife Foundation, the charity voted for by the children.

The Year 3 Team would like to say a huge thank you to everyone who kindly donated sponsor money.



'Nature Lookout Shed'

We were delighted to officially open our Nature Lookout Shed as part of our Woodland Walk. This was created using the proceeds from our Y6 Enterprise Day last summer. It was wonderful to welcome back some of our past pupils, who had helped to raise the money, to have the honour of cutting the ribbon! The idea is that each year, our Year 6 pupils will have the opportunity to fundraise for the next phase of the Woodland Walk's development and, in doing so, leave a lasting legacy of their time with us. We look forward to seeing what this year's Year 6 pupils will be able to achieve!



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