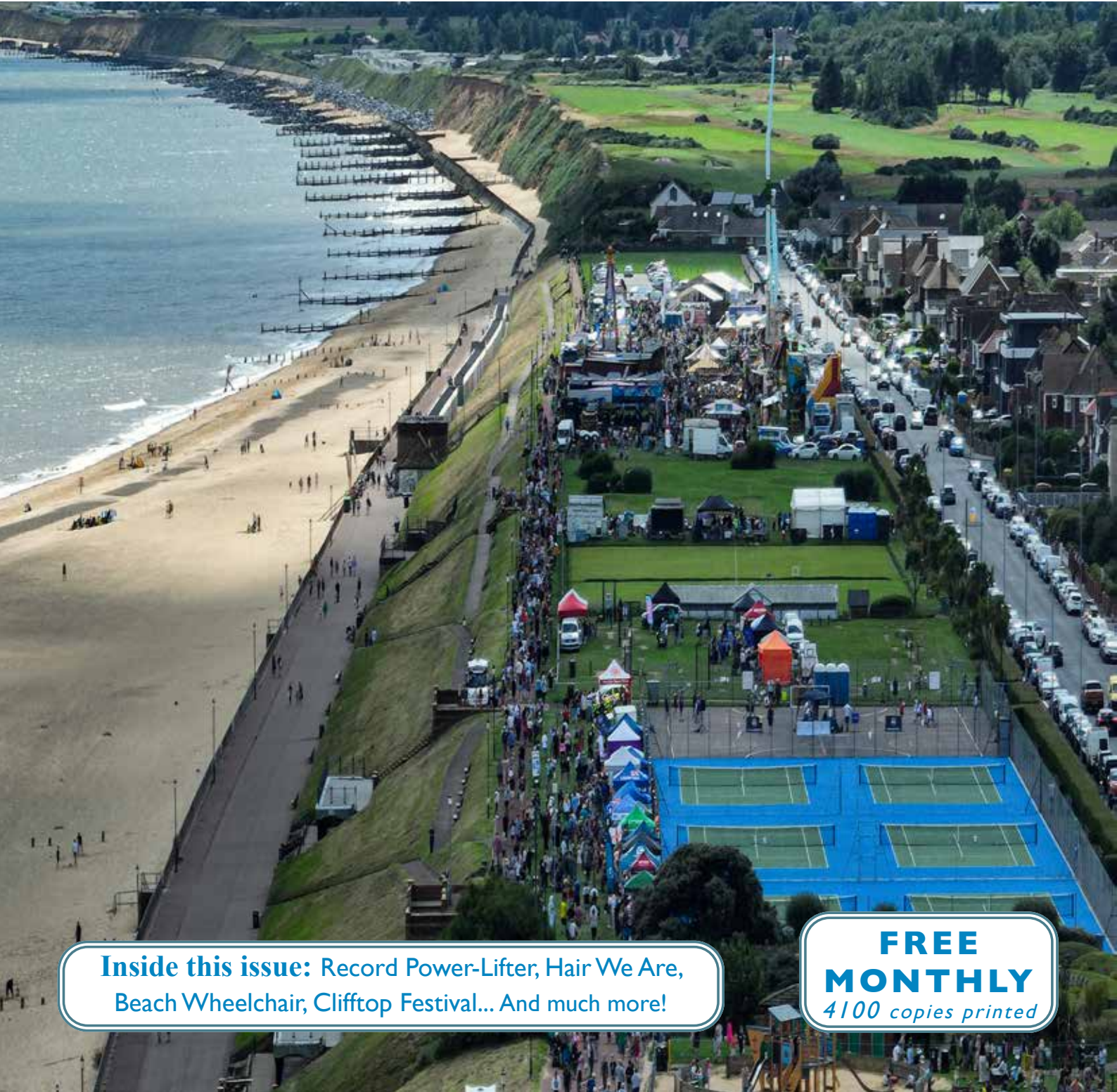


ISSUE 64, September 2023

GORLESTON Community Magazine



Inside this issue: Record Power-Lifter, Hair We Are,
Beach Wheelchair, Clifftop Festival... And much more!

**FREE
MONTHLY**
4100 copies printed



Motability

THE KEY TO EVERYDAY FREEDOM



Fiesta From Nil Deposit

Ford | BRING ON
TOMORROW

Pertwee & Back Ltd

Gapton Hall Road

Great Yarmouth

NR310NJ

01493 664151

www.pertwee-and-back.co.uk

Model shown is a Fiesta Active X Edition 5 Door 1.0 Ford EcoBoost Hybrid (mHEV) 125PS Manual Petrol with optional Panorama Roof and full LED headlights. Fuel economy mpg (l/100km) (Combined): 52.3 (5.4) CO2 emissions 122g/km.

Figures shown are for comparability purposes. Only compare fuel consumption, CO2 and electric range figures with other cars tested to the same technical procedures. These figures may not reflect real life driving results, which will depend upon a number of factors including, accessories fitted, variations in weather, driving styles and vehicle load. Finance Subject to status

Hello Gorleston!



Welcome to Issue 64 of **YOUR** award-winning, **FREE** community magazine.

September has rolled around again and schools, colleges and universities will be restarting in this month. It's also all change here at magazine headquarters as a new editing team has taken on the baton of producing each edition. Derek and Karen Bryant from St Andrew's Church have done an amazing job in initiating and sustaining this magazine for over five years, but they are now enjoying a well-earned retirement. We are grateful to them for all they have achieved and the fantastic magazine they are passing on!

So, in this new era, the magazine will be produced by a partnership of the churches in Gorleston. It will still have the same brilliant community focus (and we are grateful for all the regular contributors for all they give each month), but we hope that by increasing the number of people involved in its production we will further strengthen and enhance the magazine. If you've got ideas for features, then we would love to hear from you! Do let us know how the magazine can serve, entertain and inform you even more than it already does.

You will see the contact details for the new team dotted around the magazine, so please do be in touch and we look forward to getting to know our readers better over the coming months.



2021 Best Editor
2022 Best Design

Have a great month and
God Bless You All!



CONTENTS

4	Coffee Time 1	22	Gorleston Then and Now
5	From the Churches / Prayer Corner	23	Opening <u>THE</u> Book / News from The Mag
6	Phoenix Karate School	25	Creatures' Corner
7	Gorleston Theatre Company	27	Richard Routledge
8	Gorleston Library	28	Wordsearch
9	Hair We Are	29	Gorleston Links Bowls Club
11	Gorleston Grapevine	30	Coffee Time Answers
12	Coffee Time 2	31	Life Afloat
13	Beach Wheelchair/Gorleston Flower Club	32	The Bookshelf / Poems to Ponder
15	Gorleston FC	33	Ormiston Venture Academy
16	Record Weight-lifter	34/35	Cliff Top Festival
17	Pavilion	37	GoSH
19	The Paget Page		
20/21	Kids' Corner		

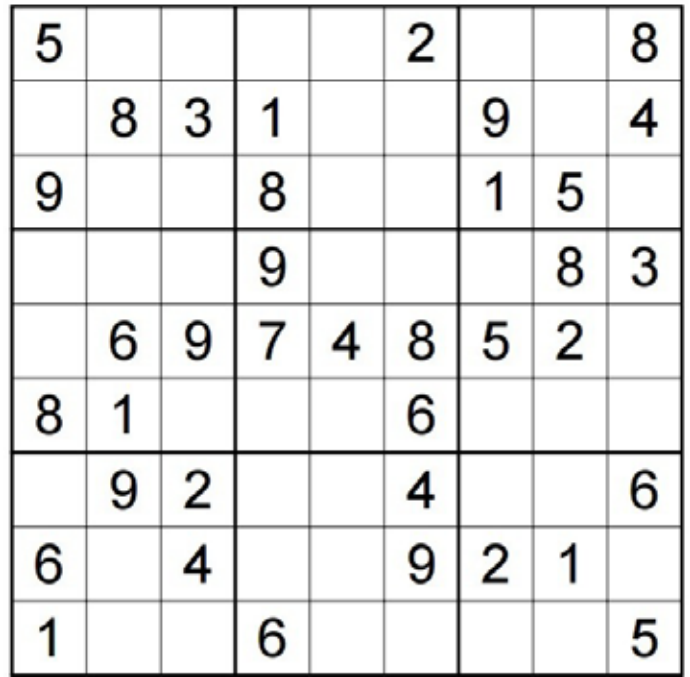
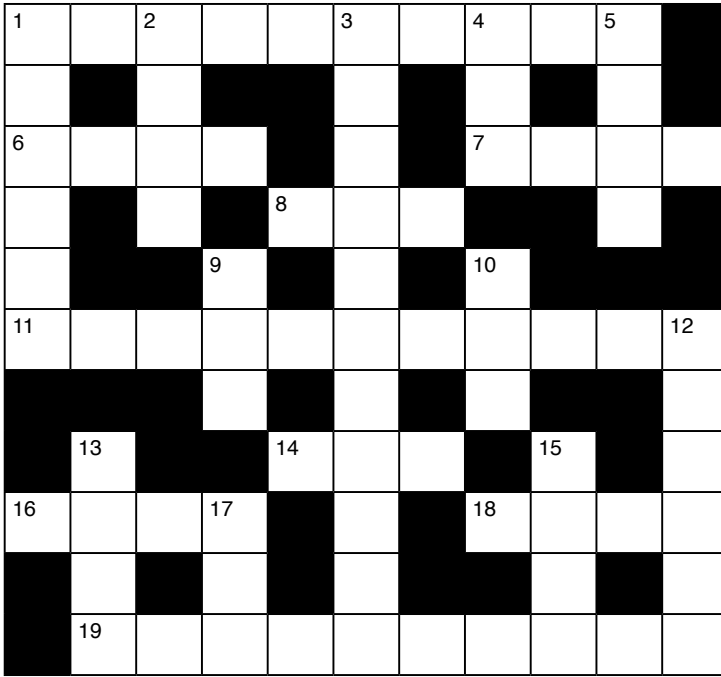
Gorleston Community Magazine is published by a partnership of churches in Gorleston, and printed by Micropress Printers Ltd. The views expressed in this magazine are not necessarily those of the publisher or the editors, and the acceptance of adverts does not indicate endorsement. All contributions are included and edited at the discretion of the editors. Please ensure you have the rights to all photos and have the subject's permission.



Deadline for the October Issue is
10th September

Thanks to **Luke Martin** for this
month's front page picture

Coffee Time 1

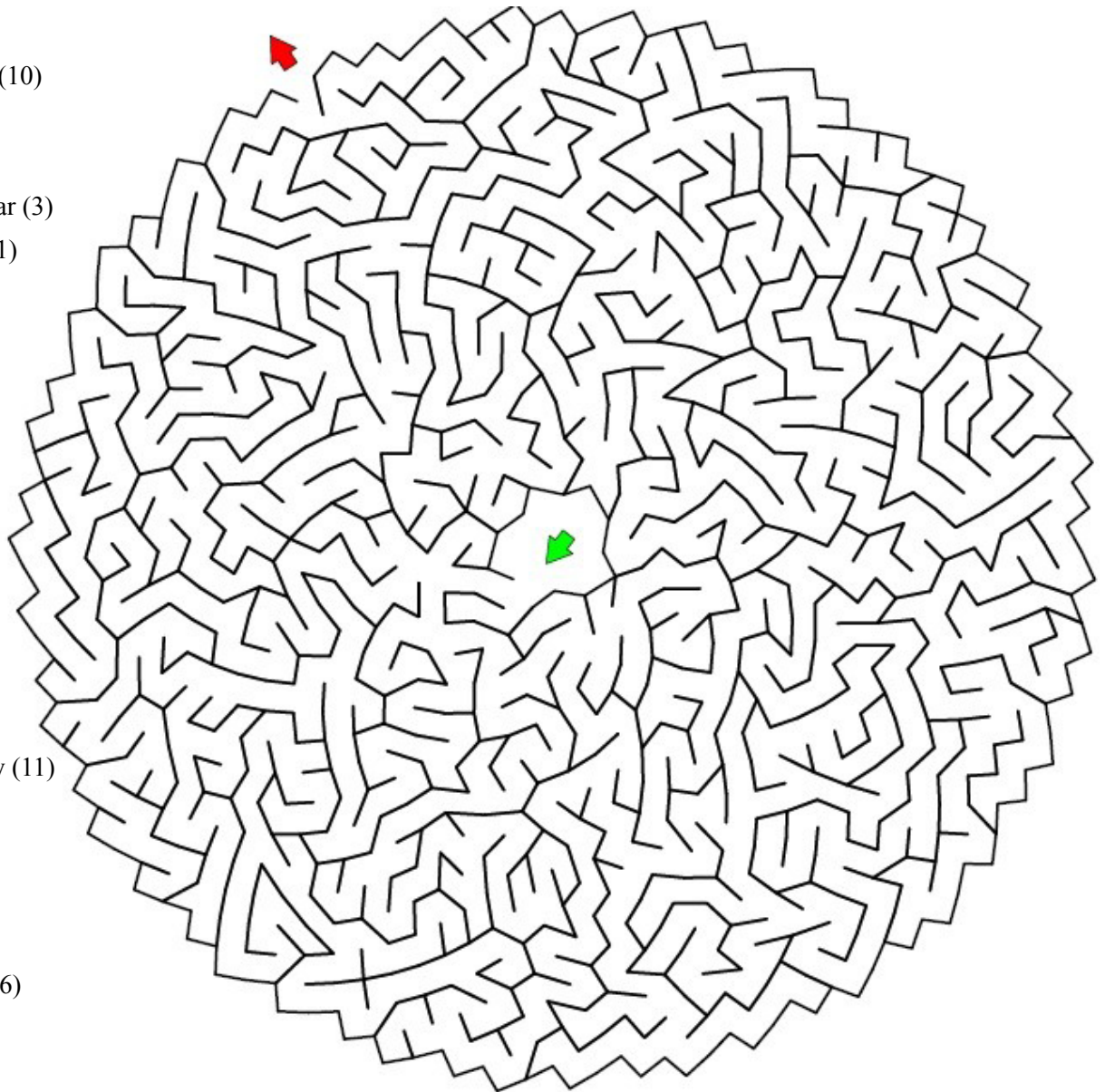


Across

- 1 For bikes only (10)
- 6 Joke (4)
- 7 Snare (4)
- 8 Towards the rear (3)
- 11 Outstanding (11)
- 14 Tiny (3)
- 16 Left (4)
- 18 Fruit (4)
- 19 Running machines (10)

Down

- 1 coax (6)
- 2 price (4)
- 3 Gained unfairly (11)
- 4 Rubbish (3)
- 5 Argument (4)
- 9 View (3)
- 10 Dove call (5)
- 12 Imposes a tax (6)
- 13 Hoot (4)
- 15 Herb (4)
- 17 Digit (3)



From the Churches

Reflecting the new partnership between Churches in Gorleston, this column will now feature leaders from different churches in our town.

This month we hear from the Rev Sue Upton, Assistant Minister at St Andrew's and member of the ministry team, during the period when St Andrew's is without a vicar.



I am making everything new

Happy New Year! That's the academic year in case you were wondering.

As far back as I can remember I have loved September, as a child all those new exercise books – with not a spelling mistake in sight – that's only because I hadn't yet written anything in them of course.

And then later, as a teacher, getting to know this new batch of youngsters who had so much potential, as yet untapped, in a classroom that was so clean and tidy and organised. Yes September has always been something of a blank page, waiting with eager anticipation to be written on.

But that is just one type of New Year. We enjoy another new start on January 1st when we all have to get used to writing a new year number on everything, and we make resolutions that will enable us to lead healthier, happier, more fulfilled lives – which we keep for varying lengths of time, depending on our determination to change.

Each birthday can be something of a new beginning too, especially if it's a birthday when that 1st digit changes. I vividly remember not liking no longer being twenty anything. Now I'm surprised that I can remember that far back!

The Church celebrates its New Year on Advent Sunday – this year on 3rd December. We begin again to work our way through the life of Jesus, preparing ourselves to celebrate afresh His coming as a baby, but also looking forward to the time when He will come to this earth again at the end of the age. What a new beginning that will be!

So many opportunities for new beginnings every year.

Sometimes new beginnings are thrust upon us at odd times of the year by retirement, bereavement, or the breakdown of a significant relationship, or conversely by a birth in the family, the start of a new important relationship, or by the start of a new job.

And so it is with faith. We can have a new start with Jesus any day and every day. The Psalmist tells us that God's faithfulness and mercy are new every morning. And every morning, or indeed at any point in any day, we have the opportunity to parcel up all our mistakes, all our unwanted baggage and then to leave that parcel with Jesus at the foot of His cross. Then we can walk away into that fresh beginning, that new page that, as yet, has no mistakes on it.

Jesus can give us a new beginning in a way in which the

world does not and cannot. How will you use the gift of this new day today, the day that is clean and bright and ready to be written on, the day that God will guide us through if we ask Him to, the day that is full of opportunity and promise even if it doesn't look like that when we wake up, but with God's help, forgiveness and mercy can be that new start just when we need it.

Prayer Corner

Prayer is simply having a conversation with God. It can be out loud or in your head and heart, it can be about whatever you want it to be and you can pray whenever and wherever you want to, God is always listening. If you are not sure what to pray, why not start by joining us in praying this month's prayer:

Almighty God,

Thank You for the potential of a new beginning whenever we need one. Help us not to despair, but to come to You, to ask for Your help and to listen to Your guidance as we walk out into each new day.

Amen.



"Er... vicar – does the church have a position on the donation of GM vegetables for the Harvest Festival?"

Phoenix Karate School

Gorleston students were amongst the 4 World Champions, 8 Silver and 5 Bronze medallists for Phoenix Karate Schools at the WUKF World Karate Championships in Dundee, Scotland.

The squad has been building up to this world event for months and finally Phoenix Karate, as part of the Kenshin Karate Organisation, got to prove themselves against world class Karate opponents, from 62 different Karate Federations, across 31 countries and five continents.

With Karate not being part of the Olympics, this is the highest accolade any karateka can achieve, so when Phoenix had 12 students selected to take part at the World Championships in a four-day event that would provide an experience that none of the squad will ever forget, everyone was extremely proud. It all started with a fantastic opening ceremony, that introduced all 1826 competitors to each other and was officially opened by special guest Shona Robison, Deputy First Minister of Scotland.

The day before the event saw hundreds of students, including those from Phoenix Karate Schools, take part in a Karate Masterclass with 7 times World Champion, Christoph Pinna.



years. he gallantly took a Gold for Kata and a Silver in Combat. Gavin helps teach at Phoenix and his success was received with great pride by all at the club.

The youngest student from Gorleston, Kayah Michorczyk (below) amazed her coaches with her outstanding performances in Kata, where she reached the final six and missed out on Gold by 0.2 points. In Kumite (fighting) she was beaten in the semifinal and had to settle for a bronze medal.



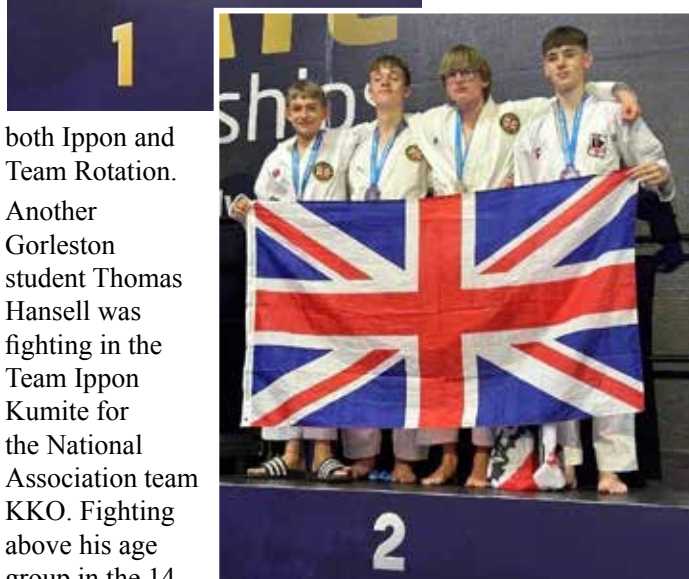
After four long days it was all over. Four World Champions and a total of 17 medals. A fantastic haul for the 12 students from Phoenix Karate Schools. Adding to the celebrations was the news that Instructor Vivianne Trorey 5th Dan had been presented with her Chief Referee Qualifications after fifteen years of officiating at events, all over the world.



Phoenix Karate Schools are located at Cliff Park Junior School, Gorleston on a Thursday evening for students aged 4 years upwards. There are also classes at North Denes Primary School (Great Yarmouth), The East Anglian Martial Arts Centre (Oulton Broad), Village Hall (Martham), Village Hall (Hopton) and Denes Ormiston Academy (Lowestoft). The Family run schools are always welcoming new members and anybody that is interested, can find details on their website www.phoenixkarateschools.com or phone Vivianne on 07895 550168.



Four days of competition started with eleven-year-old Kasia Wadhams (left) becoming World Champion in her Kobudo age group, while brother Ollie (below) missed out on a Bronze medal, when he lost the tie-break in his group. However, Ollie secured Silver and Bronze medals with his KKO teams in



both Ippon and Team Rotation.

Another Gorleston student Thomas Hansell was fighting in the Team Ippon Kumite for the National Association team KKO. Fighting above his age group in the 14-15 years old team he reached the final and just lost out on the Gold.

In his individual 13 year old Kumite he bowed out in the semi final, to gain a bronze.

Competing in the Inclusive Kata and Combat categories was 74-year-old Gavin Irvine. In his first Championship for many

Gorleston Theatre Company

Award-winning local theatre company, Gorleston Theatre Company (GTC) are presenting *Drac and the Beanstalk*, - A Family Fun Panto - in October at the Pavilion Theatre, Gorleston.

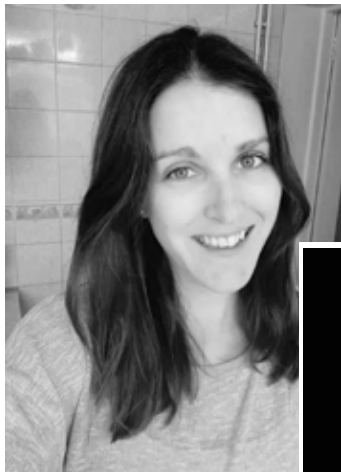
Director, Maureen Rogers (pictured, right), long standing member of GTC and Director of the Company's very successful *Pantostein* two years ago, is joined by Richard Ward as Musical Director, recently MD for the Company's highly acclaimed *Our House* and Kirsty Wheeler making her debut as GTC Choreographer in a production which promises to be a fun-filled family show.



Rehearsals are underway with a sterling cast of named characters, ensemble and a group of young dancers from Isabella's Dance and Musical Theatre Company bringing to life this spooky pantomime by Paul Barron; where, in the little village of Hammer an alternative pantomime, evoking 'Jack and the Beanstalk', comes to life as the ghoulish residents engage in much panto music and fun. All the elements of traditional family entertainment are here: songs, laughter and things that go bump in the night!

To enter fully into the spirit of the panto, audiences are encouraged to come in costume and have the chance to win a prize.

Tickets are on sale and this lively show is sure to be popular so it's advisable to book early in order to avoid disappointment.



Left: Kirsty Wheeler who will make her debut as GTC choreographer for *Drac and the Beanstalk*

Below: Richard Ward, Musical Director



Tickets

Thursday 26th & Friday 27th October 7:30pm
Saturday 28th October 2pm & 7:30pm
£12 Adult, £6 Child
Family ticket (2 Adults and 2 Children) £30
Group rate available
(contact the box office, Mon – Thurs 11 - 3)

BY ARRANGEMENT WITH LAZY BEE SCRIPTS



DRAC AND THE BEANSTALK

A FAMILY HALLOWEEN PANTOMIME BY PAUL BARRON

THURSDAY 26 OCTOBER – 7.30
FRIDAY 27 OCTOBER – 7.30
SATURDAY 28 OCTOBER – 2.00 + 7.30

BOX OFFICE 01493 662832 / PAVTHEATRE.COM

ADULTS £12 | CHILDREN £6
FAMILY TICKET - 2 ADULTS + 2 CHILDREN - £30
GROUP DISCOUNT = 10 TICKETS FOR THE PRICE OF 9

For tickets, or for further information contact:

The Pavilion Box Office
01493 662832
Online: www.pavtheatre.com

Gorleston Library

Monday	11 – 1pm 1-1:30pm	Just A Cuppa - Free cup of tea and a chat - all welcome Bounce and Rhyme - (Under 5's songs & rhymes-drop in) Digital Support – (help with the use of phones, computers & tablets)
Tuesday	10:30-11:30am	Mini Movers - Pre-school music and play (drop in)
Wednesday	10-12pm 10.30–11 & 1-1.30 2 – 4pm	Just A Cuppa – Free cup of tea and a chat - all welcome Bounce and Rhyme - (Under 5's songs & rhymes-drop in) Gorleston Library Craft Group Carnegie Room (bring your own crafts - all welcome)
Thursday	3-5pm	Lego Time - (Young children must be supervised at all times).
Friday	4-6pm	Digital Support/Learn My Way – Digital online learning for beginners – Supported drop in
Saturday	11-1pm 10:30-12pm	Digital Support/Learn My Way – Digital online learning for beginners – Supported drop in Children's Crafts - Different every week (all ages welcome)
Sunday	12-2pm	Adult drawing & art club – First Sunday of the month
SUMMER READING CHALLENGE		
Thank you to everyone who joined the challenge and came along to our activities! Look out for other activities on our Facebook page!		

A FILM TOUR OF GREAT YARMOUTH

BY MARTIN WEBBER

Tuesday 19th September at 2pm

Martin Webber continues his amazing film tour of Great Yarmouth with music. Those who saw part one will want to see part two, which Martin says is even better! Plus, a short film by Carl Boulton.

£2 entry - Refreshments Available

Employment help (Drop-in services)

Monday - Dial – Benefit help – 10-5PM

Tuesday - Chances – 2-4pm (18+)

Friday - Dial - Employment services - 9-1PM

Money + Debt advice 2-5PM

Wednesdays Gorleston Library Craft Group

2-4pm

**bring your own crafts and join in
all welcome!**

Just A Cuppa

Mon 11-1pm & Wed 10-12

Pop in for a cuppa and some conversation



Norfolk County Council



Don't forget to check out our 'What's On In Norfolk Libraries' pages at www.norfolk.gov.uk/libraries and follow us on: Twitter: @NorfolkLibs Facebook: @NorfolkLibrariesUK Instagram: @Norfolklibraries

Hair We Are



*with Kevin Huggins
Owner of Fusion Hair
Consultants and
Chairman of the
Gorleston Traders Association*



As we move out of August and the end of the summer Bank Holidays, we move into September. And, as I am writing this blog, I have to say what a disappointing Summer we have had so far. Hopefully September and October will be better and we can have an Indian Summer, although of course without the light nights which for me is one of the best things about the summer, the lovely light nights.

What a summer of sports we have been treated to. I have to say for a number of years now I had fallen out of love with Test Match cricket, with all the new cricket formats being played now, test match cricket had become mundane and boring. As a young boy, when it was on terrestrial TV, I used to watch it all the time. I guess because it was sport, it was live and on normal TV. But over the years, as the 1 day matches started then the 20 over game, it seemed to push test match cricket into the background. Then it got taken off normal TV, which is very sad, and I personally lost interest in the test match. I did have a bit of a revival in the Ian Botham days but once he had retired the only test matches, I was interested in was the Ashes. Even then I wasn't glued to it like I used to be,

But then came along Bazball and I have to say "WOW"! What a test match series we have just watched! Well played England in every one of those matches against the world Test match Champions, Australia. The first two tests were very close even though we lost them, only to go on to win the next. And I swear we would have one the fourth test if it wasn't for the weather. With all the sponsorship and television rights I do not understand why there is not a spare day allocated to these games to consider the weather. But, you're always going to take a chance when holding the match in Manchester and in this case it was proven and the game was called off with really only 3.5 days play completed.

Ironically, in those younger days when I used to watch Geoffrey Boycott etc plod about, test matches were never played on a Sunday, It was always started on a Thursday and finished the following Tuesday, so even then 6 days were allocated to each game, although they never played on the Sunday. Must be so disappointing for the supporters as well not to see a result played out. I don't know many other sporting events that if rained off do not complete, although it would not happen now because of the roof, even Wimbledon has been known to be played on the 3rd Monday just to get all the matches in.

Then we moved on to the Ladies World Cup, as I am

writing this, I do not know how it has finished and who won, but the group matches I have watched over the last 2 weeks have been very good. The crowds watching the game has amazed me with each country having a great following in the stadiums. I was a bit worried how England were performing but then it all came together in the final qualifying game against China, go on the Lionesses, bring it home!

Special mention to our local swimming start Jessica Jane Applegate who once again has gone and performed brilliantly to win the 200m freestyle race in the World Para Championships, ten years after originally winning it, what a decade it has been for this amazing young woman, who despite various injuries, just seems to go on and on.

It has also been a busy time in the Garden at home, unlike other years where my lawn looked like a bowl of Weetabix, with the weather this year the lawn is very green. It is the month of August and time to pick the apples off the tree, again I am going to attempt to make cider, I tried it last year and although had a successful outcome with the cider itself I made the mistake of not filtering the sediment off and once you opened a bottle when sediment mixed with the cider the drink wasn't very nice. So last year was my first year and I learnt a lot, so this year Apples picked and I will learn from that mistake and hopefully have a better drink for this year.

Also this will be the first year of collecting honey from the bees, last year when I got the bees it was a little late in the year to get a harvest, so I was advised to leave them and make this August my first crop of honey, so fingers crossed all will go well, but like everything else I am bound to make some mistakes, as long as I learn from them

I am sad to say that I have to report that this will be my last blog as I have decided to sit back and let someone else have a go. I have now completed 63 blogs which obviously is over 5 years of writing for the community magazine. The Community Magazine has been a tremendous publication over the years, I have worked with Karen and Derek, who have edited the magazine brilliantly over all that time. They are also retiring and like them I will look forward to reading the magazine in the future without my Blogging head on.

So, to Derek and Karen, thank you so much for all your support over the past 5 years and I truly wish you well in your well-deserved retirement.

Finally, a big thank you to all of you who have read the blogs, giving me some great feedback over the years.

Lathams

Of Potter Heigham

60
YEARS
1963 - 2023

Come in 60s
fancy dress and
get £5 OFF your
shopping!

JOIN US FOR A WEEKEND OF

CELEBRATIONS!

The Famous Discount Superstore
on The Broads is 60 years old.

SAT 23 - SUN 24 SEPTEMBER

FREE open top bus tours | 1960s roll back deals
Local craft & food tasting stalls | Prizes & giveaways
FREE children's entertainment | 60s music & much more!

All subject to availability



Flour & Bean
Craft Bakery & Café



Value Pet Shop



Garden Centre



Run by Anglers
for Anglers!

Everything from food to fashion, gifts, toys, DIY, homeware and
much more! **A GREAT DAY OUT FOR ALL THE FAMILY!**

FIND US



*** FREE CAR PARKING**

*Applied for the first 3 hours only

Off the A149 at Potter Heigham

OPEN 7 DAYS A WEEK

Bridge Street, NR29 5JE | Call 01692 670080
www.lathams-potter-heigham.co.uk



Enjoy Day Boats, Picnic Boats, and Canoes at a Discount!
Use voucher code 'Lathams10' to seize this fantastic offer.

Visit www.HerbertWoods.co.uk to book!

© Herbert Woods Ltd. 2023



Gorleston Grapevine

with Carol Todd



As one door closes...another opens. It's very disappointing that we are losing Boots the Chemist from our High Street. I believe the date for final closure is Saturday 4th November. I for one would like to thank all the fantastic Boots staff for their fabulous customer service over the years. I love that I pop in to collect my prescription and they know me by my



first name! Wishing all the Boots staff the very best and hope your jobs are secured at other branches, or indeed, you find new opportunities. If you don't want your prescription requests to go to Boots at Great Yarmouth's Marketgates, then you'll need to move to another local chemist.

So a new door has opened on our High Street as we welcome Rebellion Ink Tattoo Parlour & Piercing. Owned and operated by Gaz Charles and his lovely talented team of artists and therapists. They've recently relocated from Harfrey's Industrial Estate, where they've created a large list of clientele. With a variety of services available, as well as tattoo art, they do tattoo removal, Hollywood Carbon facial peels and fat dissolving injections. It's great to welcome another thriving business making a permanent new home on our High Street.



At the time of writing this, Wilko is looking for a new owner. I do hope Wilko remains, however, it's out of all our hands now, no matter how much we shop there, it's a huge national problem. The business has been struggling over recent years with fierce competition from Home Bargains and B&M. Fingers crossed local jobs are protected or the staff find other opportunities nearby.

Our superbly talented and all round gorgeous person,

Jessica-Jane Applegate has done it again! She's returned home from the World Para Swimming Championships in Manchester with another 2 Golds and 1 Silver medal. What a superstar



you are Jessica-Jane. A complete inspiration to us all, young and old, and the irony is we don't even have a decent swimming pool nearby!! Surely, it's time for a mural of Jess in Gorleston somewhere?? There's one of Lioness Lauren Hemp in North Walsham, so C'mon, I'm calling on all local artists; Greather Than, Stane and Repezent Project, you can sort this out!

Must apologise to Margaret from The Pier Hotel. I called her Maureen in last month's GG edition. I initially did type Margaret, then doubt set in my mind, and changed it to "Maureen". Brain fog from Menopause is awful, but I will apologise if I get things wrong.

I love September as it's time for the Out There Festival. This will be the last one we have this month though folks

as in 2024, Out There will move to a weekend in June. You heard it here first. If you'd like to get involved with this year's Out There, visit our website www.outherearts.org.uk and see how much fun you can have over the weekend of 16th and 17th. There's so many amazing performances to see and the best thing is that is all free.



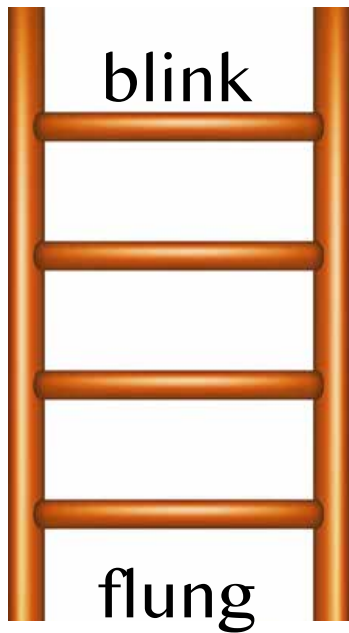
September is even more special for us as my miracle child, Alexander, turns 15 on the 16th. I know, I can't believe it, where does time go. Suffering from severe endometriosis since 15 meant that Doctors said it would be very probable that I would never be able to have a child, and low and behold, at the ripe old age of 37, we fell pregnant. He's now going into Year 10 and starting his GSCE courses at Gorleston's Ormiston Venture Academy.

I heard some rumours that there might be a seafood stall pop up somewhere in Gorleston, as well as a nearly new designer clotheswear shop. Once I find out some more information, you know I'll share it with you. Gorleston Cliffs Parkrun is looking for volunteers at the weekends. So if you think you could help with the runs, please do get in touch with gorleston@parkrun.com

It's going to be a sensational September folks, I can feel it in my wise old bones! If I can help with anything, please do get in touch, ctodd@eegreen.co.uk. Keep up to date with us on Facebook follow E.E. Green, L.G. Perfect MOT, Service & Repair Centre, Folkes Plant & Aggregates and Major Demolition.

Word Ladder

Can you climb the ladder changing 1 letter at a time, to get from the bottom word to the top word?



Seeing Double

Each pair of words share two middle letters. The first has been filled in as an example. Complete the remaining words to find the mystery keyword reading down.

1	QU	IC	HE
2	ST		KY
3	TR		LE
4	FE		LY
5	UN		ST
6	TH		AD
7	BE		ER
8	BR		ES
9	CH		UB
10	SW		VE

© Lovatts Puzzles

Coffee Time 2

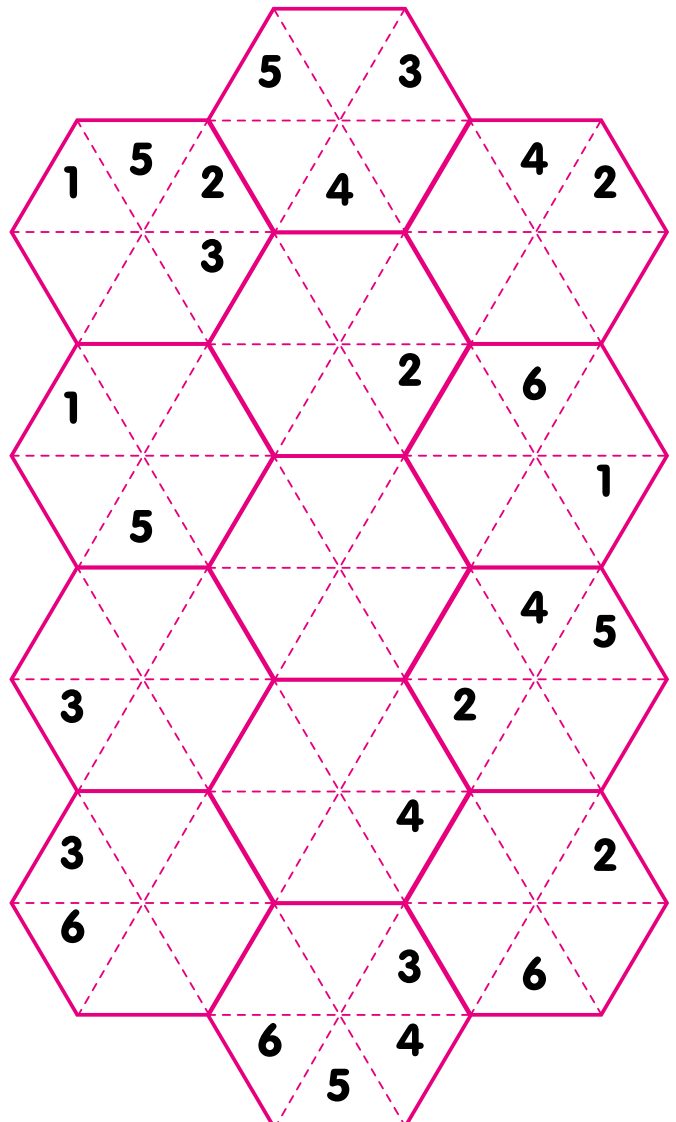
Caught in the middle

What are the words that can be written down the middle to create two more words or phrases either side?

word	light
cs	carroll
home	book
inspector	code
morning	case

Hexoku

Fit the numbers 1 to 6 into each hexagon so that where the hexagons touch, the numbers are the same. No number is repeated in any hexagon.



New Gorleston Beach Wheel Chair

Great Yarmouth Borough Council has announced the opening of a wheelchair kiosk and all-access concrete table tennis tables at Gorleston Beach.

Thanks to funding from the EXPERIENCE project at Interreg Europe - an inter-regional co-operation programme co-funded by the European Union - the existing shelter in Gorleston has been re-purposed and re-designed to include a self-service kiosk and secure housing for the beach wheelchair.

Users can book the wheelchair for the day, completely free of charge, online and will then receive a code via email for the kiosk's Digi Lock. Bookings can be made on the ClubSpark website.

The wheelchairs have large pneumatic wheels which allow them to slide over the sand, giving people with limited mobility easy access to the beach without fear of damaging wheels or getting stuck in the sand.

Two outdoor concrete table tennis tables have also been installed at the beach. The tables are weatherproof, highly durable and require minimal maintenance. Both tables are free to use and are available on a first-come, first-served basis. People will need to bring their own bats and balls.

Councillor Carl Smith, leader of Great Yarmouth Borough Council, said: "We have had a beach wheelchair available for hire in Great Yarmouth for many years, which has been hugely popular each summer, so we are excited to extend this free service

to Gorleston.

"These beach-friendly wheelchairs allow those with mobility issues to do so along with the rest of their family and friends."

Please note that users must be able to transfer themselves from their usual wheelchair on to a beach wheelchair, because unfortunately there is not a hoist available. People to push the wheelchair are also required because it is difficult for chair users to handle the wheels in the usual way. The chairs are supplied with a chest strap but do not have a head support. The maximum weight of users of the chair is 18 stone (252 lbs/114kg). Children should be at least three-feet tall (92cm) to fit in the chair.



Gorleston Flower Club

Our next meeting is at the Magdalen Way Methodist Church on Monday September 18th, doors open at 1.30 for 2 p.m. start.

The demonstrator is Crystal Dyball, her theme "Junk and Jumble". You have a chance of winning one of Crystal's

colourful arrangements and also a "Pamper Hamper" filled with beautiful items.

There is a charge of £5 for guests and we look forward to welcoming everyone. If you would like more information please phone Margaret Colman (01493) 663590.



Above left - a picture from the last Gorleston Flower Club Demonstration
Above right - arrangement from the Bradwell Flower Festival



SUPPLYING THE AREA'S
FINEST AGGREGATES
DELIVERED LOCALLY
LOOSE OR TONNE BAGS
GRAB HIRE AND MUCKAWAY
DEMOLITION CONTRACTORS

Skip Hire from £30*
BASED ON RUBBLE ON WYARD DELIVERED IN AREA I ON OUR MAP INCLUDING VAT



01493 662069

Email info@eegreen.co.uk
Book online 24/7 www.eegreen.co.uk

**MOT, SERVICE & REPAIR CENTRE FOR
CARS, VANS, TRUCKS, BUSES, MOTORHOMES,
HORSEBOXES & TRAILERS
AIR CONDITIONING SERVICE
FLEET MAINTENANCE CONTRACTS
SPECIALIST CAR & HGV MECHANICS
TACHOGRAPH CALIBRATION
STEAM CLEAN RAMP**

**CAR MOTS FROM ONLY
£39.99**



**CALL: 01493 657131 MONDAY-FRIDAY
EMAIL: RECEPTION@LGPERFECTS.CO.UK
WWW.MOTSGREATYARMOUTH.CO.UK**



SOFT/SHARP/EXTRA SHARP SAND, CRUSHED CONCRETE, RUBBLE,
HOGGIN, BALLAST, NATURAL & RECYCLED STONE,
TARMAC PLAININGS, GRADED/RECYCLED TOP SOIL

**SPLIT LOADS
DELIVERED**



**FREE TIP FOR
CLEAN RUBBLE**



01493 www.folkesplant.co.uk **780274**
WELCOME PIT, BUTT LANE, BURGH CASTLE, NORFOLK, NR31 9PY

Gorleston FC



Gorleston's season got off to a good start on the 5th August with a match in the FA Cup Extra Preliminary Round when Heacham were the visitors to the Wellesley.

On a typical August day, with the rain lashing down throughout and the floodlights needed during the second half, Gorleston earned themselves a 4-1 victory over a side that has just achieved eight promotions in a row.

Jacek Zielonka opened the scoring in the 33rd minute curling a right footer into the far corner of the goal. Four minutes later, Henry Pollock scored his first goal for the club when his low cross squirmed under the goalkeeper and over the line.

Twelve minutes into the second half, Heacham were back in the game with a header from a corner. However, six minutes later, Gorleston restored their



two goal lead when Ryan Curtis volleyed into the corner of the net from the edge of the box for a debut goal. The scoring was completed in the final minute when Sam Wooldridge slid in at the near post to turn the ball into the net for his first goal for the First Team.

began life in the Anglian Combination Premier Division on 12th August but have had to change the venue for their home games.

At the time of writing, the Reserves September fixtures are not known so keep an eye on the club website for their up to date fixture list and venue.



The Under 18s will be playing their home games on the Wellesley and begin there in the FA Youth Cup on 15th August, again the result of that will be here next month.

To be in with a chance of winning some cash, and show your support for Gorleston at the same time, join the monthly GoLD draw. The draw paid out £120 in prize money in June. Full details of the draw and how to enter are on the website, contact me (Dave Hardy), or email gorlestonfootballclub@hotmail.co.uk

For all the latest news, results and fixtures visit www.gorlestonfc.com, You can follow @gorlestonfc on Twitter, Instagram and TikTok, plus Like us on Facebook and subscribe to our You Tube channel for match highlights so you will never miss a thing!



As a result of that, Gorleston travelled to Woodbridge for the Preliminary Round, result of that next month.

The Greens have just three games scheduled for September at the moment including the opening round of the FA Trophy which will be on a Friday night in Essex.

Player sponsorship packages are still available and the club are also looking for people to help out at The Wellesley on a match day. If you're interested please get in touch.

Gorleston Reserves



September Fixtures (subject to change)				
Date	Time	Team	Competition	Opponents (Home/Away)
2.9.23	2pm	Reserves	Mummery Cup	Easton (Home)
8.9.23	7.45pm	First Team	FA Trophy 1Q	Bowers & Pitsea (Away)
14.9.23	7.45pm	Under 18s	League	Diss Town (Away)
16.9.23	3pm	First Team	League	Heybridge Swifts (Away)
19.9.23	7.45pm	Under 18s	League	Waveney (Home)
23.9.23	3pm	First Team	FA Trophy 2Q	Aylesbury Utd/Banbury Town (Wellesley)
26.9.23	7.45pm	Under 18s	League	Gt Yarmouth Town (Away)
30.9.23	3pm	First Team	League	East Thurrock Utd (Wellesley)

Gorleston man lifts record weights

In May of this year, Tony Bloice, 21, from Gorleston-On-Sea became a record setting "Power Lifter".

Tony, who suffered brain damage at birth has always wanted to be strong. To fulfill his ambition, a year ago, he joined the Iron Warehouse, a local gym on Suffolk Road

When he joined Tony was shy, lacked confidence and would not make eye contact with other gym members.

John Lock (the gym's owner) and Ray Porter became Tony's power lifting coaches and over time they and the other gym members have in Tony's words,

"become his extended family". Under their care and guidance Tony has transformed and is now filled with confidence and full of life.

On 14th May 2023 at the A/BPU Bench Press and Dead-Lift British Championships, at the Manchester Central Convention Complex, Tony came first in the Junior Under 67.5 Kg Disability Class, setting two brand new "Power Lifting Records" on the way.

Tony is the first person to hold

records in the Single Bench Press and Single Dead-Lift categories and, on the day, lifted 57.5 Kg, in the Disability Class Single Bench Press and 160 Kg in the Disability Class Single Dead-Lift.

These records are recognised by both the Amateur British Powerlifting Union (ABPU) and the British Powerlifting Union (BPU).

Tony wants to share his story, inspire others and let people know that problems can be overcome.

In November Tony has been invited back to Manchester to defend his records and is currently training hard and raising funds to enable him to attend and defend his title.



Funeral Services and Wakes

Simple, dignified and affordable funerals with our complete personal arrangement service.

For more information please call 01493 441974 or email us at: funerals@great-yarmouth.gov.uk

Wake Function Room available onsite at The Garden Tea Rooms. See website for full details: www.greatyarmouthfuneralservices.co.uk
Call us on 07721 048495 or email GardenTeaRooms@great-yarmouth.gov.uk

Find us at Magdalen Lawn Cemetery, Oriel Avenue, Gorleston, NR31 7JJ. www.greatyarmouthfuneralservices.co.uk

Prices starting from **£1,295**



GREAT YARMOUTH
CREMATORIUM
& Bereavement Service



The Garden
Tea Rooms
a place to pause.



Pavilion Theatre



It's difficult to believe that Summer is almost at an end! Whilst many of you will already have that back-to-school feeling, our popular Summer Showtime season continues to perform every Tuesday until 10th October, with a special fundraising end-of-season-special performance on Wednesday 11th October. Our hugely successful Summer Bandstand Concerts will finish with a special performance on Sunday 17th September from the Great Yarmouth Brass Band.

We hope that you can make the time to visit us before the curtain falls on the 2023 Summer season. Thanks to everyone who has made it over to see us so far, we really value and appreciate your support.

With the Autumn winds now blowing it's a great time for us to look forward to the fantastic entertainment and community events we have coming up over the next few months, not least our brand new Pantomime 'Dick Whittington', produced by an all-new creative team.

This year Christmas is lining up to be bigger and better than ever before, so if you haven't visited us for pantomime before (or even if you have!) come and give our brand new team at the helm some support. Performances start on Thursday 7th December and run through until early January.

This month though we're holding a very special 'Pride at the Pavilion' all day festival, which will feature live music and technical and dance workshops throughout the day as part of the Heritage Open Days festival - and it's completely free to attend! Register at pavtheatre.com/pride.

There's plenty to get excited about this coming Autumn and Winter so please follow us on our social pages and our website to see what's coming up and how you can get involved.

See you at the theatre again soon!

Alex Youngs

Chair of Trustees, Gorleston Pavilion Trust

WHAT'S ON AT THE THEATRE IN SEPTEMBER:

- 1st September:**
Yourhythmics
- 2nd September:**
The Everly Brothers Buddy Holly Tribute
- 8th September:**
The Rod Stewart Experience
- 9th September:**
Jimmy Jones
- 10th September:**
Pride at the Pavilion - FREE all day festival
- 15th September:**
Country & Comedy
- 16th September:**
Counterfeit Quo
- 17th September:**
Dusty Miller: Thank you for the Memories
- 22nd-23rd September:**
Blue Murder at the Blue Parrot (Murder Mystery)
- 29th September:**
Money for Nothing
- 30th September:**
Spirit of the Sixties


WHAT'S ON AT THE BANDSTAND IN SEPTEMBER:

- 3rd September:**
Hellesdon & Sprowston Brass Band
- 10th September:**
Pride at the Pavilion - FREE all day festival
- 17th September:**
Great Yarmouth Brass Band

Full details of the Pavilion's schedule of plays, musicals, pantomimes and concerts can be found at pavtheatre.com or by calling the box office on (01493) 662832.







**New contacts for
Gorleston
Community Magazine:**
editor.gorl.comm.mag@gmail.com
Tel: 01493 655523



PRIORY
HANDMADE KITCHENS & INTERIORS

Visit our Showroom: 207 High Street Gorleston | Norfolk | NR31 6RR


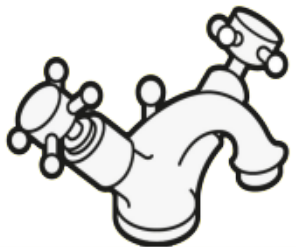





We specialise in beautiful handmade kitchen and interior furniture, designed for customers' individual needs and requirements.

- » Creating and designing furniture for over 30 years
- » Excellent reputation and free estimates
- » Bespoke craftsmanship and design
- » Dependable installation included

www.priorykitchensandinteriors.com

Call us on 01493 662 956

**DAN DAN
THE LAVATORY
MAN...**

Toilets & Taps Specialist
Plumbing Services

Reliable, Local and Experienced

Telephone: 01493 719145
Mobile: 07988 675 727

No more trips to the tip!

Let us collect your garden waste

For an easy kerbside collection of all your leaves, twigs, grass cuttings, hedge trimmings and weeds, just join the local garden waste recycling scheme.

A large garden needs a brown bin, call **01493 742200** for current charges and to order. Alternatively, order online at www.great-yarmouth.gov.uk

Alternatively a pack of our new 75 litre garden waste bags could be just the job for a smaller garden, call **01493 742200** to purchase a pack of bags.




Not in here! Not in here!

Here - the only place for your garden waste!



The Paget Page

Wellbeing Day - Thursday 27th July

Great Yarmouth Mayor Penny Carpenter was among visitors to a Health and Wellbeing day held at the Louise Hamilton Centre on Thursday, 27 July (see picture below).

Community support services, charities and local organisations all had stands at the event, which was well attended throughout the 10am to 2pm event.

There was also an ice-cream van and other refreshments, along with the opportunity to enjoy some relaxing therapies.

The day, organised by our Cancer Care Navigator team, proved really popular and we'd like to thank everyone who came along.

Thank you also to Great Yarmouth Asda for providing tea and coffee, Caister Tesco for the stall holders refreshments, and the local businesses for donating to our Raffle.



MACMILLAN. CANCER SUPPORT

COFFEE, CAKE + NATTER

With the **Cancer Care Navigators** in the Louise Hamilton Centre (on the site of JPUH) 10-12noon

Every 2nd Thursday of the month

May 11th • June 8th • July 13th
August 10th • Sept 14th • Oct 12th

For more info please call 01493 452783 or email cancersupport@jpaget.nhs.uk

JPUH Cancer Care Navigators @jpuhccn

FREE REFRESHMENTS • ALL WELCOME

New surgical theatres underway



Work is set to start on a new surgical theatres building at the James Paget University Hospital which will help reduce surgical waiting lists for patients.

The new Orthopaedic Elective Hub will operate seven days a week and will provide 1400 extra theatre sessions per year - enough capacity for not only the hospital's annual planned orthopaedic operations but also additional cases from across the Norfolk and Waveney healthcare system.

Its development will in turn free-up theatre sessions in the hospital's main hospital theatres complex, resulting in thousands of additional procedures for other surgical specialties including urology, gynaecology, general surgery and ear, nose and throat

Tracey Bleakley, Chief Executive of NHS Norfolk and Waveney, said: "I am so pleased that this investment will be used to help our patients receive the surgery they need more quickly.

"The development of the Orthopaedic Elective Hub at the James Paget is a prime example of the strong partnership working within our healthcare system, including the acute hospital collaborative, which is delivering the latest care and treatment facilities for the people of Norfolk and Waveney."

Cancer Coffee, Cake & Natter

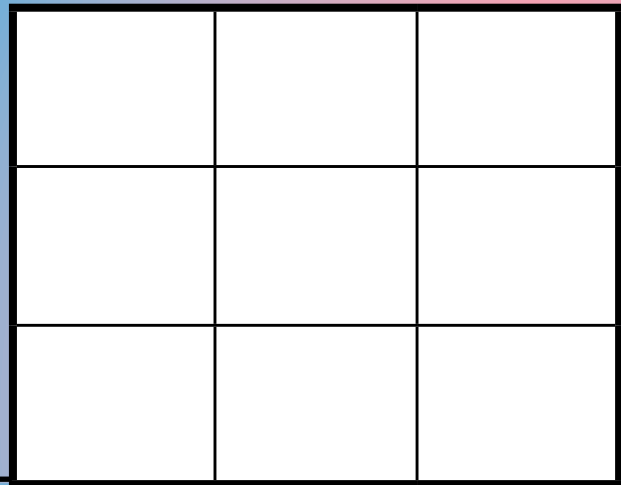
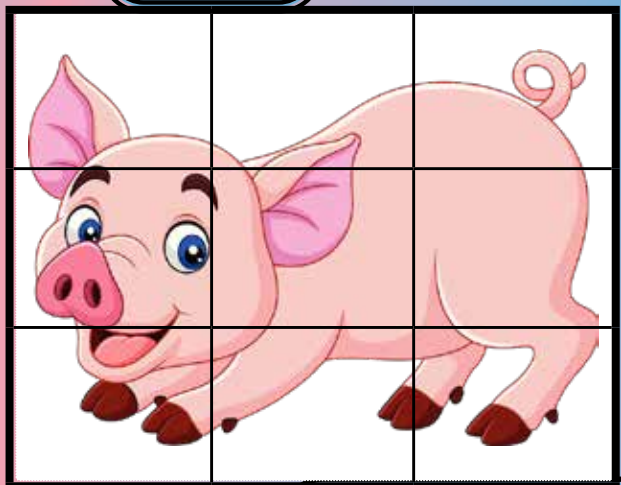
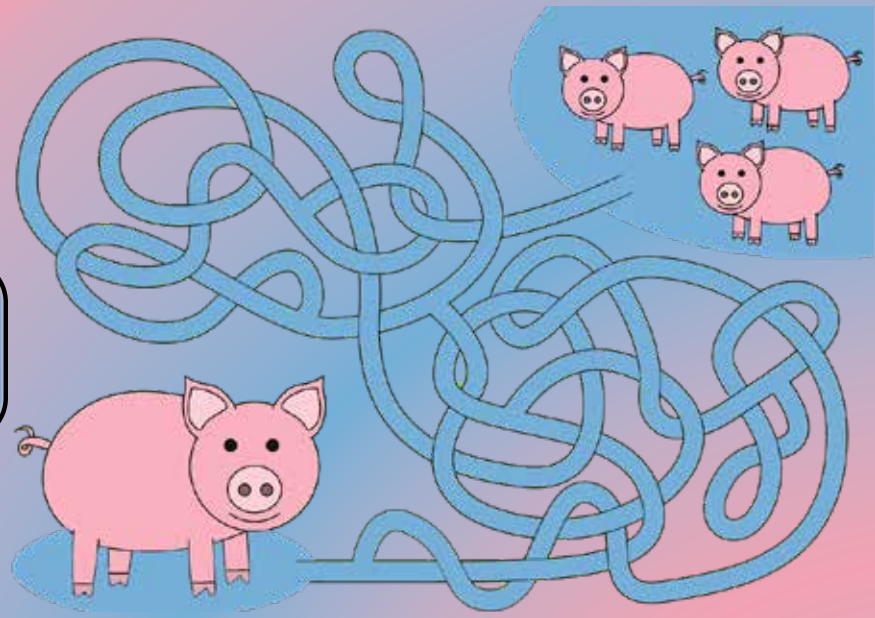
The next Coffee, Cake & Natter with the Cancer Care Navigators takes place on September 14th at the Louise Hamilton Centre (to the right of the main hospital building as you look at the main entrance).

If you or a loved one has a cancer diagnosis you are invited to attend the event, which will give you the opportunity to have a chat with others and talk to our Navigator team, to get advice and support. All the details in the flyer to the left.

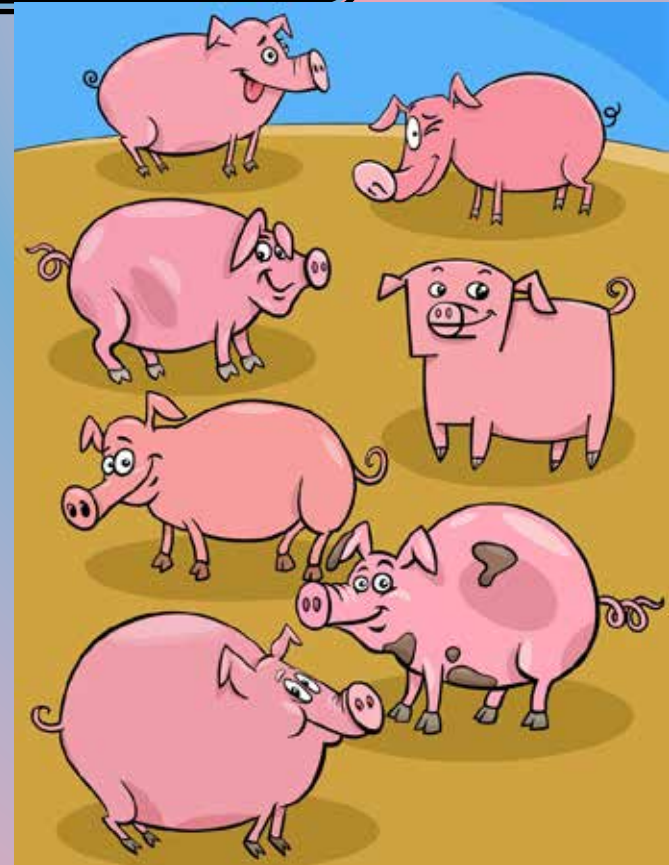
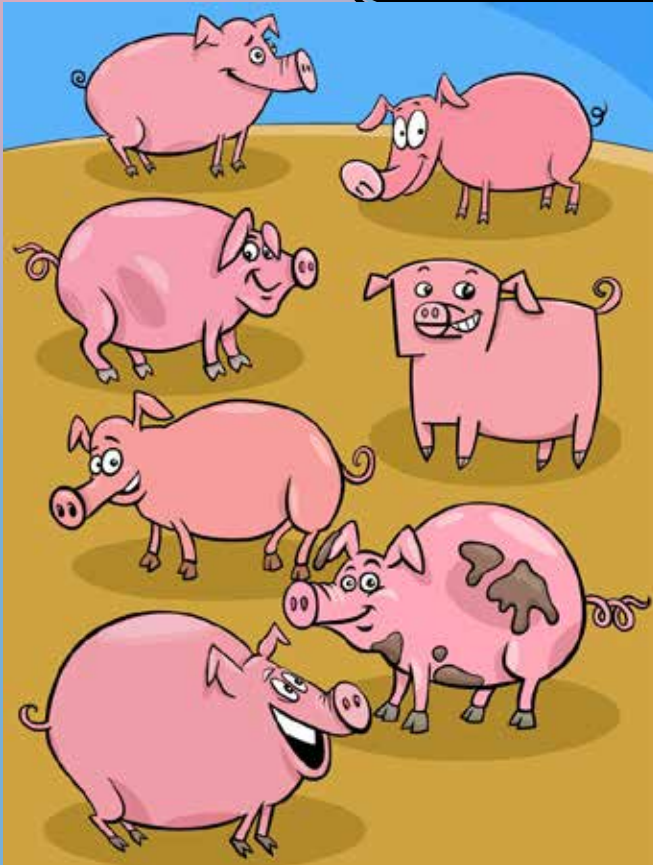
Kids' Corner

Can you guide the pig through the maze to find her piglets?

Copy and Colour



Can you find the 6 differences?



Read and Colour

The tale of the Prodigal Son



JESUS OFTEN TOLD STORIES WITH HIDDEN MEANINGS



ONE STORY WAS ABOUT A MAN WHO HAD TWO SONS.

ONE WAS HARD WORKING AND CARED FOR HIS FATHER



BUT THE OTHER SON JUST DEMANDED MONEY FROM HIS DAD



THEN HE LEFT HOME TO WASTE HIS WEALTH.

HE HAD MANY FRIENDS...



...UNTIL HIS MONEY RAN OUT



SOON, THE ONLY WAY HE COULD SURVIVE WAS BY FEEDING PIGS.



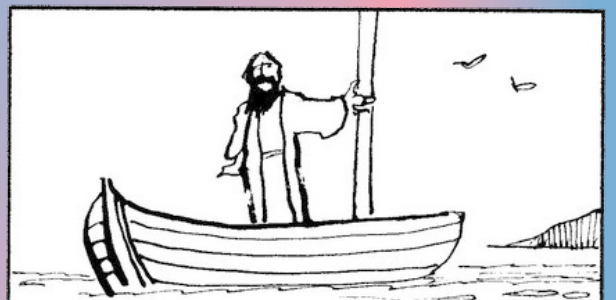
I KNOW, I'LL GO BACK TO MY DAD AND SAY SORRY - BUT HE'LL BE SO CROSS.



BUT HIS FATHER WAS FAR FROM ANGRY - HE WAS THRILLED TO SEE HIS SON RETURN HOME!



MY SON IS ALIVE!!



JESUS EXPLAINED - WE HAVE A FATHER IN HEAVEN WHO ACHES TO SEE US ALL RETURN TO HIM - JUST LIKE THE PRODIGAL SON RETURNED TO HIS FATHER.



Opening THE Book

with
Reverend
John Kinchin-Smith

Why do churches have Services of Holy Communion (also known as the Lord's Supper, the Eucharist or the Mass)?

Why do Christians share bread and wine?

The Bible tells us that on the night Jesus was betrayed, while at supper with his disciples, 'he took bread, and when he had given thanks, he broke it and gave it to them, saying, "Take and eat, this is my body given for you; do this in remembrance of me." In the same way, at the end of the meal, he took a cup of wine, and when he had given thanks, he gave it to them, saying, "Drink from it, all of you. This cup is the new covenant in my blood which is poured out for many for the forgiveness of sins. Do this, whenever you drink it, in remembrance of me."

This event was considered so important by the first Christians that it is recorded by Matthew, Mark and Luke in their Gospels and by St Paul in his first letter to the Corinthians. From the very beginning of the Christian Church, therefore, the sharing of bread and wine has been at the heart of the Church's life and identity. The Church is following Jesus' command.

But the Bible teaches that Holy Communion is more than just following Jesus' command. Because this event took place on the night Jesus was betrayed, and hours before his crucifixion, he gave this meal to his disciples to help them understand the meaning of his death. Jesus' death was the last thing they expected. It made no sense to them. But this meal was also a Passover meal which celebrated the liberation of the Hebrew nation from slavery in Egypt, freedom in the Promised Land, and a unique covenant relationship with God. The death of Jesus made possible a new covenant relationship between God and his people, a liberation from all that damages and diminishes human life, and freedom into eternal life with God.

Further, the Bible teaches that in some mysterious way, sharing this meal of bread and wine brings a deep spiritual union with Jesus and with other Christians. St Paul wrote, "The cup of blessing which we bless, is it not a participation in the blood of Christ? The bread which we break, is it not a participation in the body of Christ? Because there is one bread, we who are many are one body, for we all share the one bread."



News from The Mag

with
Reverend Matthew Price



We love singing at St Mary Mags!

Recently, I have been reflecting on why singing and indeed music is such an important part of the Christian tradition. And I think it is because there is something about music which lifts the soul and the lyrics of a song can often speak to us on a much deeper level than simply spoken word.

Many of us, I am sure will be able to remember with great fondness the songs we sang as children at church or at school during assemblies. Its no wonder, then, that Jason Manford's record "Assembly Bangers" which was released just before Christmas last year, was so popular. It evoked for so many happy times of singing in school. If you haven't seen it, you can find it by searching on YouTube.

So I wonder what is your favourite hymn or Christian chorus?

Whilst singing forms an important part of our services each Sunday, every few months we have a special event where we are able to sing more songs together than is possible on a Sunday morning. We are also able to accomodate requests for songs or hymns that are particularly important to those in our community.

The next of these Songs of Praise events takes place on Saturday 23rd September at 2.30pm in the church building. Everyone is welcome and there will be refreshments served afterwards. Why not come along and enjoy a good sing-song! And, if you would like to request a hymn or song, you can do so by emailing admin@stmmgorleston.org.uk or calling the church office on 655523.

stmm
ALL WELCOME!
Songs of Praise
for
A September Afternoon
FOLLOWED BY REFRESHMENTS
23rd SEPTEMBER
2:30pm
at ST MARY MAGDALENE CHURCH
Magdalen Square
Gorleston
NR31 7BZ
CONTACT
email: admin@stmmgorleston.org.uk
tel: 01493655523

Shoreline

Bathrooms Ltd.

Assisted living with style- made simple!



Over 40 full room displays



FREE bathroom measuring service



FREE planning & design



FREE delivery



Local Fitter Recommendations



Ask in store about VAT Relief

01493 652073 shorelinebathrooms@btconnect.com

Morton Peto Road, Harfreys Industrial Estate, Great Yarmouth NR31 0LT

Creatures' Corner

"Gorleston born and bred, our writer has had a menagerie of pets over the years, including dogs, ducks, chickens, reptiles, rodents and spiders. In between looking after their own animals, they also support various animal charities and rescue centres."

It's been a busy month what with picking up injured gulls (young ones) and helping out down at the allotment. Its quite amazing that even the smallest of creatures, pests to most especially where vegetable growing is involved can need a little assistance too. I'm probably not the most popular person in that respect when I tend to vegetables or I'm doing a little weeding, I usually end up spending at least some of the time removing "pests" to more suitable areas.



Snails for instance, they can get caught in netting and removing them gently so as not to damage the muscle that attaches them to their shell may require either a little water, a small slide or a gentle touch to the body to encourage them to retract back into the shell. Butterflies too have been finding themselves trapped within the netting of the cabbage patch – much time spent with a butterfly net removing them. Even a small bird was caught inside one day, removing enough of the netting to allow it to fly out took two of us 10 minutes to sort but thankfully the bird flew away ok once released.

The other thing I have found during the hot periods (you remember right at the beginning of the month before all the rain) dried out earthworms, yep, I have found quite a few of them, some very much gone but there have been some that could still move ever so slightly. The best thing for this – if you feel inclined – is to wet your hand pick up said worm and submerge it in water for a few moments to rehydrate, then you can release back into a damp area of grass or earth (pre-watered). Bees this year seem to have been faring much better than last year, I lost count of how many I had to revive during the heatwave of 2022 with a little sugar water, absolutely none this year have needed any such assistance. I have also noticed that we seem to have had many more Ladybirds this year in and around the garden and a few more varieties of butterfly and moths than usual.

Another visitor to my garden this year has been a pair of Magpies who are obviously nesting nearby but there have been occasions when I've heard the most awful screeching, I rush to look usually just in time to see one of them pinning a young Blackbird or Sparrow. After a bit of research, it appears that they become serial killers during nesting season, just nature once again, but hard to watch and sad when you go to put your washing out and there's a baby sparrow lying

dead on the grass. I have gotten used to the clicking sound they make when they are on guard, sounds a bit like the noise 'The Predator' used to make in the film when he was in the jungle stalking the marines, well I think so.

Jumping back to the beginning and the injured gulls... one was found by my lovely cousin and her husband down an alleyway – mum was around but when I arrived on the scene, I was able to get close to the young Lesser Black Back without parent involvement so to speak. The poor thing although quite alert made little attempt to escape me, I was therefore able to pick it up easily – some dried blood on the underbody, the wings seemed ok but to be safe we took it immediately to Haven Vets where a nurse came straight out to check for any major ailment, as none was apparent the next stop was RWR Runham Rescue. I was able to contact Kat who took a look and found some hatched fly eggs caught up with the matted feathers – the fear then was maggots so baby gull had to stay with her for a cleanup and some recovery time.

The second rescue was an after midnight one, a call from my daughter on the walk home after a night out, baby (once again a Lesser) was laying or sitting on the pavement head moving around but wing splayed out. Off I went again with my trusty cat box and a towel. The wing certainly looked a mess and as I do not profess to be any kind of expert when it comes to break injuries could only carefully pick baby up and pop into the cat box to take home. No way of doing anything else like taking it to a rescue centre or vets at that time of night so I left it with a small amount of wet food overnight not knowing whether it would even make it through. Happily, it was calmly looking around the next morning facing the other way in the carrier with some of the food gone so we whisked it off to Kelly at RWR Runham Rescue but this time straight to her in Ormesby. Thankfully the wing was indeed fixable so that's where it will stay now until healing is complete, I expect by that time it will have bonded with others of a similar age and usually they get released somewhere together as a small group.

Lastly, Bearded Dragon news! Yep, I rescued two female dragons in need of their forever home, settling in nicely, although somewhat nervous at the moment, they are around 3-4 years old and are eating very well, more on them another time

That's it for now, see you next month.





EN

EAST NORFOLK
Sixth Form College



2023 Open Events

Saturday 23rd September > 9am - 12pm
Thursday 12th October > 4pm - 7pm

Book tickets via our website



Apply to start with us in September 2024!

With over 90 courses to choose from including
A Levels, BTECs, T Levels and more...

(Applications open from 1st September 2023)

eastnorfolk.ac.uk



Ofsted
Good
Provider

#DestinationGorleston



Stay social - @EastNorfolk

Richard Routledge

"The life and times of"



Wow! I can't believe we are already in the middle of August.

Moving on with how I started doing events on the 40s and 50s scene.

After I had finished doing events at the Star hotel in

Great Yarmouth, we started to have a social evening at Burgh Hall in Burgh Castle doing some casual dance lessons and a social dance with a DJ afterwards.

Once we had got this off the ground we looked to call ourselves a name, as a group, and came up with the Bakerboy Dances (after the hat). After a few months we did some dances at the venue which went very well but we found out we needed a bigger dance floor, so the next step was to find a village hall with a good sized dance floor.

My job was to look around for a decent sized hall and after a couple of weeks I came across a lovely hall in Haddiscoe, which had a large dance floor and a big kitchen which we needed for the tea dances.

It was the Sunday tea dances we really wanted to do and this venue was spot on and the added bonus was a big car park.

A tea dance is what is says on the tin, so for the price of your ticket you get nearly 4 hours of dancing with your tea or coffee and as many cakes as you can eat. So we started doing dances there as a group with guest DJs and it worked vey well, almost selling out every time.

It was lovely to see people dressed up in their vintage attire and having a great time. After a couple of years, one of the other members and I wanted to break away as we felt there were too many people with different ideas how to run the event, so with heavy hearts we broke away and started our own tea dances at Wrentham called the Wrentham 45s.

Once again we had found a nice hall and we also started some good Saturday night dances. My friend Mark was doing it with me and our better halves did all the baking.

Even though I've been promoting on the soul scene for over 40 years, I found the vintage dances lovely to do and less stressful. People did not want to drink they just wanted to dress well and dance - what could be nicer? And it all tied in with the shop!

Next time I'll tell you how the weekend events started.

Find Richard and What Is Hip on Facebook at:

<https://www.facebook.com/WhatisHipGLSTN/>

BONGOS BINGO
LET'S PLAY BINGO
SAT 23 SEP
GET YOUR TICKETS ONLY AT WWW.BONGOSBINGO.CO.UK
Ocean Room
SOUTHERN COMFORT HOCH
BeGambleAware



CLASSES FOR ALL FROM 4 YEARS OLD:

CLIFF PARK ORMISTON ACADEMY, GORLESTON, THURSDAY'S 6.00 TO 7.00p.m.

NO CONTRACTS, REGULAR GRADINGS, QUALITY INSTRUCTION IN A FRIENDLY ENVIRONMENT

PHONE 07895 550168/01502 730171 WWW.PHOENIXKARATESCHOOLS.CO.UK

Chris Youngs

ELECTRICIAN

NO JOB TOO SMALL

- COOKER & HOBS REPLACED
- EXTRA SOCKETS
- TELEPHONE EXTENSIONS
- RING DOORBELLS
- LIGHT FITTINGS



PLEASE GIVE CHRIS A CALL FOR A FREE QUOTE

01493 441007 - 07788627477

Wordsearch

Can you find the words listed below which have been taken from the text?

Words occur in the grid forwards, backwards and diagonally.

The Parable of the Weeds

Ever wonder why there is both good and evil allowed in this world? Jesus told a parable that touched on this subject – it is called the Parable of the Weeds. It runs like this: Consider the world as if it were a field where a Farmer has sown good seed. But then an enemy came and sowed weeds among the wheat. So, when the wheat came up, so did the weeds. What to do? Instead of destroying the weeds, and thereby risking the wheat, the Farmer tells his reapers to wait and let both wheat and weeds grow together until the harvest. At the harvest he will instruct the reapers to gather up the wheat, but to discard the weeds. So do not despair when evil seems to thrive in this world – there is a reckoning still to come, and justice will be done.

H I U S L E E P I N G
 E E R E A P B E H T K
 N I A R G E U W W I B
 O D R V D K N T O U T
 R L E A E I D T R S H
 Y E H N S N L N G D A
 T I T T O G E T H E R
 Y F A S O D S M B E V
 T T G O A O D A Y W E
 E V D N D M R D E E S
 H S E O A N P I L E T

KINGDOM ENEMY LET
 HEAVEN SERVANTS GROW
 GOOD MASTER TOGETHER
 SEED SOW HARVEST
 FIELD GATHER BUNDLES
 SLEEPING REAP BARN
 GRAIN ROOT BURNED
 WEEDS



St. Georges Theatre
Sunday
at 4pm on 3rd September

Love is the Greatest show
 Gorleston based Rafiki Puppeteers

established in 2007 to be a creative way of expressing songs & stories about the Love of Jesus; with Puppetry, illusions & sketches.

Over the years they have performed Jonah on Gorleston Bandstand, Esther puppet musical & numerous shows for local community groups.

For this event we are partnering with Bradwell Elim Church to

present 'Love is the Greatest'

*a fun filled show with the puppets, songs
 illusions & creative interactions; suitable for all the family.*

Seating in Cabaret style; tea, coffee & soft drinks available
 Tickets by donation minimum of £2.50 per ticket
 available from www.stgeorgestheatre.com





Gorleston Links Bowls Club

Well, we have played through some interesting weather conditions recently. Matches that start out in fair sunshine, become games of rain

hoods up, coats on, coats off, coats on... Only to play the final end in bright sunshine!... Just like a recent visit to play at Caister, where deep dark clouds threatened, the thunder rumbled around, but the lightning was far off in the distance, luckily.

The changeable weather changes conditions throughout a match so that you find your line, only to have to change it as the ground gets wetter, slowing up the bowls, aquaplaning through the clipped grass..really testing your skills, using more energy to bowl them accurately.

This time of year, there isn't much room in the calendar for many to accommodate changes, so, we play on. Having a laugh when those raindrops seep in and you are constantly wiping the bowls dry. It is both frustrating and crazy how changing conditions affect your play.

So... How are we doing in all of our competitions ?

We start with congratulations to Abi and Leo for winning the under 25s open pairs securing their place at Skegness (see photo below).

The men, playing in the NBA league East Division 2, finished in 3rd place which is really good and they are faring not too badly in the Mens' Malta Cup. As it stands, they have played 12, Won 7, Drawn 7 and Lost 4.

Gorleston Links Ladies are in the finals of Top Club after beating a joint team of Plumstead and R.G.Carters 4-0, winning every game in that tie. Congratulations to them.

Success continued in the Ladies Malta cup when we travelled to Martham, and won. So it is on to the next



round in that competition too!

Unfortunately, Susan lost in her singles match at Plumstead (a neutral ground) to Sandra Faircloth, who is a good player.

In the finals of the NBA Ladies Pairs, Sue and Rosemary earned their place in the Nationals by being finalists in the Norfolk Bowling Association County Competition. They will go on to compete at Leamington Spa.



Pat Smith held her President's Day match and lunch, where a lovely afternoon of Bowls, chat and laughter was had by all who came from various clubs around the County.

The marquee was erected, so we could welcome the Ladies, enjoy teas and hold a raffle, before heading off to the Conservative club for a meal.

Some of our players had a larger audience recently, as we were playing matches when the Clifftop Festival was held. A great way to really focus on your game with so many distractions!

A lot of work goes on in the background for every match or event. We would like to say thank you to all who come to help, whether it's setting up equipment, preparing teas and coffees, erecting and dismantling the marquee, keeping everyone in contact about matches, changes or cancellations, meetings and changes to regulations and rules.

It is all very much appreciated, the actual game is the conclusion of all the help and planning.

Ian Linnett Electrical Ltd

All types of electrical work including

- Extra sockets & switches
- Interior & exterior lighting
- Electric underfloor heating
- Fault finding & repairs
- New builds & extensions
- Landlord's maintenance & safety inspections

Part p registered & fully insured

Please call Ian for a free no obligation quote

07779 264630 - ianlinnettelelectrical@outlook.com

CHIROPODIST (PODIATRIST)

Andrew Symeou MCPod

registered with

Health & Care Professions Council.

Patient Home Visits.

Tel :01493 664735

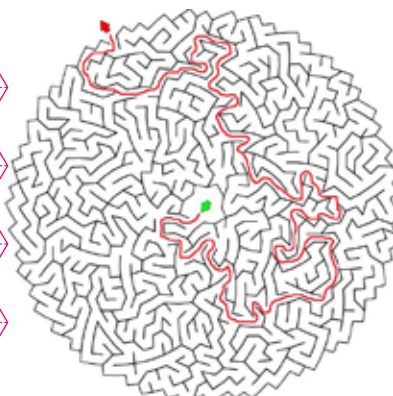
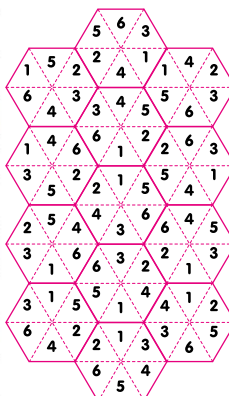
Coffee Time Answers

Word Ladder: flung, fling, sling, slink, blink
Caught in the middle: search, lewis, address, morse, suit
Seeing Double: quiche, sticky, treble, feebly, unrest, thread, beaker, brakes, cherub, swerve
Mystery keyword: icebreaker

Across: 1 cyclepaths, 6 jest, 7 trap, 8 aft, 11 exceptional, 14 wee, 16 port, 18 kiwi, 19 treadmills,
Down: 1 cajole, 2 cost, 3 profited, 4 tat, 5 spat, 9 see, 10 coo, 12 levies, 13 toot, 15 dill, 17 toe



5	7	1	4	9	2	3	6	8
2	8	3	1	6	5	9	7	4
9	4	6	8	7	3	1	5	2
4	2	7	9	5	1	6	8	3
3	6	9	7	4	8	5	2	1
8	1	5	2	3	6	7	4	9
7	9	2	5	1	4	8	3	6
6	5	4	3	8	9	2	1	7
1	3	8	6	2	7	4	9	5



.....



If you would like to sell your car we'd be very interested!
 Excellent Value For Money Since 1985,
 Suffolk Road, Gorleston.
 Tel: 01493 664378
 Email: cargocars@gmail.com

For all your diy/gardening tasks
J's Maintenance Services
 painting in & out - door / fence repairs - garden tidy
 gutter cleaning & repairs - lawn mowing - house moves
No job too small - Please call
07746 375 349

MURDER MYSTERY EVENING
 AT THE CLIFF HOTEL

27TH OF OCTOBER

Join us for a killer event, perfect for the lead up to halloween!

£45 per person
 Ticket includes a drink on arrival and a 3 course meal

After the mystery has been solved, stay for a party... Fancy dress encouraged!

Arrive at 6.30pm for a 7pm start

For more info and to book, email events@thecliffhotel.co.uk

Yarmouth & Magdalen
foodbank

Gorleston Centre:
 St Mary Magdalene Church
 Magdalen Square
 Gorleston NR31 7BZ

Opening Times:
 Monday,
 Wednesday &
 Friday
 9.30am-11.30am

Entry via the black gates at the rear of the church, off Fastolff Avenue





Life Afloat

by Patricia West, who continues her reminiscences...

Beautiful Lyon

At last we were travelling through the outskirts of Lyon. The river ran straight through the centre of the city and it was interesting observing the sights

from the water. After several hours we were able to moor easily right in the heart of its bustle.

An hour later a large wooden boat tied up beside us. It was almost new, a Nor Cat 39. There were two masts and the sails were up – where had that vessel been to have had the pleasure of actually sailing?

The entire boat had recently been varnished and the wheel house painted a bright yellow. The cheerful canary colour was also carried on the trim and around the insets of the port holes. It looked absolutely splendid. Its owner, he never gave his name, was Norwegian and spoke very good English, apparently he was fluent in several languages including Russian. A tall lady with short blond hair then appeared and said “hello I am Karin, we are very tired and need to rest, perhaps we will see you later”. They never did, not every one wanted to be your best mate.

It was time to go walk-about. Lyon is straddled by two rivers, the Saone and the Rhone, and after Paris and Marseille it is the third largest city. It is famous for its excellent textiles and silk weaving, and is also regarded as the capital of gastronomy.

We decided to begin our sightseeing on the modern side of the city with its wide streets, busy shops, fashionable boutiques, expensive restaurants, trendy cafes and very easy to use public transport. It was pleasant enough however, everything looked much the same as any other modern European city.

Crossing one of the many small bridges we eventually arrived in the long awaited very charming Old Lyon. Our guide book told us the city had been founded in 43 B.C. as a Roman colony and given the name Lugdunum. This colony was subsequently annexed by the French in the 14th century and the name changed to Lyon. In 1933 a huge excavation was undertaken revealing the remains of the original Roman landscape including aqueducts, Roman baths and much more.

We spent hours in the Gallo-Roman museum. Then it was off to explore the crammed, small but beautiful Vieux Lyon. We wandered into every corner, climbing up and down endless steps and ancient stairways, passing large studded doors which opened as easily then as they had done on their first day 400 years before. There were tall buildings, towers, turrets, minarets and balconies - until I half expected Romeo and Juliet to approach hand in hand even though I knew their tale belonged in a different country altogether

Selfishly I thought why can't all these tourists disappear and leave me to absorb it all in peace. I dare say the other

sightseers felt the same about us.

Our planned four days ran into six as we soaked up the wonders of the Basilica Notre Dame with its four towers, awesome architecture and an alluring interior, complete with a beautifully crafted gilded statue of the Virgin Mary. In fact there were many statues. We were particularly interested to learn about the brilliant sculptor, Frederic August Barthodi and his masterpiece - “The Statue of Liberty” - which was subsequently gifted to the people of America in 1886 as a token of friendship. It stands to this day on Liberty Island, New York. Apparently the design was inspired by the Roman Goddess of Freedom which linked fittingly with the United States’ ‘Declaration of Independence’ in July 1776.

In the evenings we drifted through the streets eating al fresco, or relaxed with a cognac enjoying the enchantment of “The Light Show” - millions of gold and silver illuminations cascading down the facade of every structure and building.

On the morning of the seventh day, just as we were prising Pillage away from her moorings, a small boat with peeling paint chugged into view and tied up in the space left by the immaculate Norwegians. On board was a young girl with red hair together with a boyish figure wearing a stained tee shirt and sporting several tattoos. As we stared open mouthed, the girl began to hurl plastic bowls towards him, saying “ it IS your turn to wash up ” - “No it isn't” he yelled. “Well don't leave them there then” she said “There isn't any more space” he replied.

It was true – the well of their boat was covered in dishes plates, cans, et al. Another reply from the little red head; “oh throw them in the river I don't care”. And amazingly that is what he did – over the side went mugs, utensils, accompanied by a large frying pan. Suddenly there were peals of laughter and rushing forward she gave him a long and passionate kiss. Without embarrassment the young lad waved to us, “Hi, I am Jess and this is Verity”. Lifting his hand Jess raised his voice and shouted “come on board and have a drink with us,” followed by a cheeky grin and “better bring your own mugs, and would you have a couple to spare?”

Grinning ear to ear Richard picked up the ropes, “we can't leave yet” he said “this is going to be interesting”. And so it proved.

Next month:

More of Verity and Jess



The Bookshelf

A Single Thread
by Tracy Chevalier

Thanks to Margaret for this review

It's 1932 and the losses of the first world war leaves 'surplus women' who are unlikely to marry. Violet Speedwell resolves to strike out on her own. A new life awaits her in Winchester – a life gleaming with independence and opportunity. Violet falls in with the Broderers, a group of women charged with embroidering kneelers for the Cathedral.

As the almost unthinkable threat of a second great war appears on the horizon, Violet collects a few secrets of her own that could change everything.

A Single Thread is timeless story of friendship, love and a woman crafting her own life.



Poems to Ponder

As Summer Turns to Autumn
by Val Craven

As summer turns to autumn
And green leaves turn to gold
The days are getting shorter
And warm winds turn to cold

Look forward to those cosy nights
With log fires all ablazing
Wrapping up in cosy clothes
The thought of it's amazing!

Time to plant the bulbs for Spring
And trim those summer shrubs
Get your garden winter-ready
And plant some hardy tubs

Autumn days are magic
So much to see and do
Lots of new things happening
Good times for me and you!

The Heron

There's a bird that I'm fond of, who stands by the pond
Looking very tall and stately
He was here last week and has a long beak
But I haven't seen him lately.

Where has he gone? I hope he's not long
He stands over there on the rocks
His legs are so thin and just bare skin
So I bought him a pair of socks.



n NIGHTINGALE HOMECARE
Gorleston Bradwell Belton

Would you like support to help you maintain your chosen lifestyle in the comfort of your own home? We can provide you with a bespoke service to suit your needs & help you live independently at home.

We can assist & support with such things as

- Personal Care
- Medication
- Domestic Cleaning
- Night Care
- Support Services
- Social Engagements
- Appointments
- Companionship

Call us on 01502 566879 to have a chat with our friendly team to find out how we could support you.

Alternatively you can visit our website at www.nightingale.care

Richard J. Whitley
CLASSICAL GUITARS

Classical Guitarist
Tuition and Repairs

Telephone: 01493 602561
Mobile: 07913 307661
Email: richard.whitley@ntlworld.com

Ormiston Venture Academy

Ormiston Venture Academy is a learning community to be proud of. Its achievements year on year speak for themselves.

But what makes it so special?

First, and vitally, all students are equally valued and there is a determined optimism that each one can succeed, whatever their previous experiences.



This means that all staff embrace high standards and rigour in their teaching, along with regular staff professional development

to ensure the level of expertise that brings success for all. All students need personal support at times, some more than others, and Venture Academy is proud of the warm professional relations that are developed, which in turn support successful learning.

Second, the students themselves are encouraged to take responsibility for their learning, to find joy in their



work as well as laying down a firm foundation for their future studies and lives. This encouragement means that students are fully involved in the life of the academy, through taking on roles of responsibility, supporting the learning of others, making their voices heard or participation in a huge variety of extra-curricular activities and opportunities. Venture Academy makes sure that every student feels that they are an important part of their community inside and outside the classroom.



Of course, students are part of a larger community as well, and Venture is proud to play a full part at the centre of that community in a variety of ways in a two way process. We learn from the expertise and experience it offers as well as providing further experiences and activities.

We want our students to be fully involved in and fully aware of all that is offered by the academy, the local community and the wider community so that they grow up to be happy and fulfilled individuals. This is our task and we work tirelessly to achieve it for all children.

A promotional poster for an Open Evening event. The background features a red and yellow geometric design. Two students in school uniforms are smiling in the foreground. The text on the poster includes the OAT logo, the event title 'Venture Into Our Success', the date and time 'OPEN EVENING 2023 Thursday 28th September 2023 5pm - 7pm', and a call to action 'BOOK YOUR PLACE NOW'. Contact information and a QR code are also provided.

[OAT] AN OAT ACADEMY
ormistonventureacademy.co.uk
ORMISTON venture academy

Venture Into Our Success

OPEN EVENING 2023
Thursday 28th September 2023 5pm - 7pm

BOOK YOUR PLACE NOW

Telephone 01493 662 966
www.ormistonventureacademy.co.uk

Gorleston Clifftop Festival

The annual Gorleston Clifftop Festival has done it again and attracted thousands to the clifftop overlooking what has recently been dubbed the UK's most beautiful beach for the last weekend in July. Fears that rain might be among the weekend's programme were almost unwarranted as we had enjoyed perfect festival weather, with just a little wind at times, until early on the Sunday evening. Around 7pm a light drizzle turned into steady rain and created the soggiest fireworks in the festival's history. Sadly, the wind did cause some stallholders to withdraw earlier than planned. However, the vast majority were still with us until the late afternoon on the Sunday. Some of the stalls reported 100% sell out of their stock, especially those offering sweet treats and cakes.

The 2022 Fun Dog Show had the best turnout in years and 2023 saw an increase to more than 80 dogs taking part in over 10 classes. Once again, the Dog Show Judge, was none other than dog rescuer Kay, supported by members of the organising committee.

For the first time, the festival was supported throughout by primary

sponsor, First Furnishings, who had their own stand at the event. Will Howkins of First Furnishings, along with Store Manager, Kelvyn Foster, welcomed customers old and new to enjoy a glass of fizz and take a rest on their SilentNight bed which was on display. The bed was the giveaway prize for First Furnishings' prize draw which was being run through their Facebook page.

Commenting on the festival, Will Howkins said: "We were delighted to see so many people during the weekend. Some even enjoyed a rest on the bed, whilst taking the opportunity to enjoy a chat and some refreshment. It is wonderful to be part of this year's festival, a much-loved community event

that brings pleasure to so many."

The all-free children's programme kept the younger children entertained in the Children's Arena. Prehistoric encounters, bubble workshops and the traditional Punch & Judy were among the entertainment that kept them engaged. This very popular part of the weekend's events, funded by the Love Norfolk fund, was appreciated by both parents and children alike.

A wide range of live music was played throughout the weekend. Festivalgoers relaxed in the quieter environment of the Acoustic Arena whilst enjoying a quiet drink or snack whilst the Main Stage saw a livelier audience keen to sing and dance the night away.



Over 100 stall holders, old and new, were welcomed to join the event to fill the clifftop from start to finish. Joy, a long-term regular craft stallholder and committed supporter of the festival, was initially unsure if she would be well enough to attend this year due to a long-term illness. However, at the last minute, Joy felt able to participate as usual

and, without question and in true clifftop festival spirit, a space was found for her in the craft stalls area.

Event organiser, Vicky Webber, said: "The organising committee are grateful for the almost dry weather and the ongoing support of our stall holders, many of whom return year after year. We were delighted to welcome Mayor of Great Yarmouth, Penny Carpenter, who visited on the Sunday morning and talked to as many stall holders and volunteers as possible.

We are especially grateful to have had the support of First Furnishings this year, as well as the support of many other local businesses. We thank the volunteers who worked tirelessly to support the committee with setting up, running the weekend and taking it down again. Without the combined support from within our local community the festival would struggle to continue.

We hope to be back bigger and better in 2024 for what will be our 25th festival. Dates will be announced soon."

To keep up with our latest news please follow, like, comment, and share our Facebook and Instagram posts on the Gorleston Clifftop Festival pages as well as our posts on Twitter under @clifftop_fest. You can also check in on the website at <https://clifftopfestival.info>

Photo Credits (left, above and opposite page):
Gorleston Clifftop Photography



Gorleston Clifftop Festival



JOHN H SIMPSON 
ACCOUNTANTS LTD

For All Your
Accountancy Needs

47 England's Lane Gorleston-on-Sea Great
Yarmouth Norfolk NR31 6BE United Kingdom
Tel 01493 604319
www.jhsimpson.co.uk

**New contacts for
Gorleston
Community Magazine:**
editor.gorl.comm.mag@gmail.com
Tel: 01493 655523

 **WARNESAERIALS**
www.warnesaerials.co.uk

No call out charge.
Free signal test or system check

Reliable friendly service and honest advice.
Freeview, Freesat, DAB, FM, SKY

- Are you getting the best from your system?
- Want Sky on all your TVs?
- Need extra TV points?
- Want your TV wall mounted?

Call Matt on **01493 661438**
or **07855 323887**

We will do everything we can to exceed your expectations 


**JLM
AUTO SERVICES**

Leicester Road, Gorleston, NR31 6SL
Tel: 01493 445744
Email: jlmautos88@gmail.com

- MOTs
- TYRES
- BRAKES
- EXHAUSTS
- SERVICING
- STARTER MOTORS
- ALTERNATOR
- BATTERIES
- CLUTCHES
- AND MUCH MORE

CLUTCH & GEARBOX SPECIALIST

WHAT IS HIP
RETRO & VINTAGE

72 High Street
Gorleston-on-Sea
Norfolk
NR31 6RQ
Tel: 01493 652774
Mob: 07557 303 114
Richard Routledge

<https://www.clems-skip-hire.co.uk>

01493 653600

**CLEMS
SKIP HIRE**

 **SKIP HIRE**

 **EAST COAST WASTE
SINGLE ITEMS TO FULL LOADS
WASTE COLLECTIONS**

GoSH

Gorleston-on-Sea Heritage Group

A Book Review

GoSH member Roger Davis has recently self-published a book about the remarkable life of his grandfather Richard (Dick) Saunders. Roger was fortunate in that a group of historians or academics, based at the University of Essex, had interviewed his grandfather in the 1970s and had transcribed his words, anecdotes and stories into a large, printed document that was a major reference source for Roger's book, "Turn-a-penny" The Life & Times of Richard Saunders 1888-1977.

In his introduction Roger explains his special relationship and bond with his grandfather Richard, who from his middle age years ran Gorleston's famous "Shrimp Shop", with the large shrimp sign fixed to the shop front at number 212 High Street. The first chapter deals with Richard's early life and childhood. He was born during 1888, in the Great Yarmouth Rows in the north end of the town, the fourth of seventeen children born to George and Mary Saunders. Most of Richard's siblings died in the first twelve months of their lives and it is believed that only six of the children survived into adulthood. Second-hand clothes, pawn shops, a shortage of money and food, a lack of sanitation, poor schooling, "babbing" for eels on Breydon Water, sitting on old orange and apple boxes instead of chairs and visits by the Relieving Officer are just a few of the fascinating topics covered in Chapter 1.

The second chapter is about Richard's early working life and his adventures while he was at sea from 1903 onwards when he was only fourteen years old. He brought home four pounds from his first trip and by 1905 he was working onboard a Yarmouth registered sailing lugger, fishing for mackerel off the Cornish coastline. In 1907 he managed to get a job as a cook on a Yarmouth drifter and was paid ten shillings a week. By 1913 he was earning good wages and in his words he "went and got spliced" when he married Laura Maryann Dyball on Christmas Day 1913 at St Nicholas Parish Church, Great Yarmouth. With his savings Richard acquired the business of a fish shop on Fullers Hill that also became the couple's home.

Richard who had by then got a "mates ticket" continued with his fishing activities during the early years of the 1914-1918 War, but on his return home in 1917 he had a letter waiting for him requiring him to report for Naval duties on mine sweepers. After many war time adventures at sea he was demobilised in 1919 and he was off fishing again, for a short period. He then returned to his family home in Great Yarmouth and ran a fruit and vegetable stall on the Market. In 1924 he acquired a lorry and expanded his business. However, a property in Gorleston High Street, that would eventually become his Shrimp Shop had caught his eye.

The story about how he unconventionally raised the money to buy 212 High Street is the main topic of the third chapter, along with many interesting family and shrimping anecdotes. There is also a detailed description on the preparation of Cromer crabs before boiling them, in this chapter, along with a story about him receiving a Royal Humane Society award for bravery in 1933 when he rescued a boy who had fallen into the river at 10 o'clock one evening.

The fourth chapter is mainly about Richard's life in his later years and its effect on Roger's life. When Richard was eighty he became a celebrity when he appeared on Anglia Television's nostalgia series, "Bygones" talking about his life. The fifth chapter is all about Richard's superstitions and those of fisherman in general that make fascinating reading. There is also a very useful glossary of the terminology used in the fishing and shrimping businesses included in the back pages.

Roger's excellent text records the severe hardships of those living in the Yarmouth Rows in Victorian times and of one man's fight to succeed in a difficult and dangerous trade and to provide for his family. If Roger Davis had not compiled this informative publication, the life of Richard Saunders could have been forgotten in a generation but in print Dick's life and times are now there for the historians of the future to read and research further.

"Turn-a-Penny" The Life & Times of Richard Saunders 1888-1977 by Roger Davis, ISBN 978-1-3999-5526-3, a sixty seven page A4 size book, that contains several photographic illustrations, is available at the price of £8.95 from: -

What Is Hip, 72 High Street, Gorleston, NR31 6RQ.
Beccles Books, 1 Exchange Square, Beccles, NR34 9HL.
City Bookshop, 10 Davey Place, Norwich, NR2 1PQ,
Lowestoft Maritime Museum, Whapload Road, Lowestoft NR32 1UL and other local outlets.



REPAIRS

Windows, Doors and Conservatories



Misted Sealed Units

**Double Glazing Repairs, Draughty Windows
Handles, Locks & Hinges for UPVC Windows & Doors**

Replace Sealed Units at a Fraction of the Cost of New Windows

**Door Locks, Conservatory Repairs, Leaks
Polycarbonate Replacement**

10 Year Guarantee

The Repair Specialists

01493 282283

VISIT: www.TheRepairSpecialists.net

Home Stylz

SOFT FURNISHING CENTRE

MADE TO MEASURE **BLINDS AND CURTAINS**

- ✓ Vertical
- ✓ Roller
- ✓ Perfect Fit Blinds
- ✓ Venetian
- ✓ Day/Night Blinds
- ✓ Conservatory Blinds



- › Family run business with over 30 years experience
- › Local showroom situated in our Gorleston shop
- › No obligation, free measuring quotation
- › Browse & pick or we will bring the samples to you in the comfort of your own home
- › Competitive prices

Tel: 01493 663913

184 High Street, Gorleston, Norfolk, NR31 6RP

Visit our new Website:

www.homestylz.co.uk

15% OFF
ALL
MADE TO MEASURE
THROUGHOUT
AUGUST

AJS

Arthur Jary & Sons Ltd.

Est. 1899

A 5th generation family run business

Traditional Funerals & Unattended Cremations

Pre Paid Funeral Plans

Memorial Specialists

www.arthurjary.co.uk

Contact us 24 hours a day 01493 844363

Our family taking care of your family

**Great Yarmouth – Gorleston – Bradwell – Lowestoft
Oulton Broad – Caister – Acle**

**Celebrating Continued
Sales & Lettings Success
in the Gorleston Area!**

Bycroft
ESTATE AGENTS

INVITATION
For a free valuation
Call 01493 664000

Receive a free valuation
of your property and
discuss all aspects of
selling or letting your
home with our local
experienced team

Bycroft
ESTATE AGENTS

bycroftestateagents.co.uk

**The Complete
Property Service**
Sales, Lettings & Commercial

01493 664000