

St Andrew's Church

ISSUE 63, August 2023

GORLESTON Community Magazine



Inside this issue: Lions in the Library, Puzzles, GoSH,
School News, Gorleston Grapevine... And much more!

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Figures Based on Mustang Mach-E RWD Extended Range

Range: 379 miles[†]
Usable Battery Capacity: 88 kWh
Performance 0-62 MPH: 6.2 secs[†]
Maximum Power: 216 kW / 294 PS
Torque: 430 Nm
Efficiency Rating: A+
TARGET WLTP DATA
Combined Energy Consumption: 16.5 kWh/100km
CO2 Emissions Driving: 0 g/km

[†] Ford test data based on testing methodology using 1-ft rollout i.e. from a rolling start.

[‡] Based on full charge. Figure shown is the target range achieved using the Worldwide Harmonised Light Vehicle Test Procedure (WLTP). Actual range varies with conditions such as external elements, driving behaviours, vehicle maintenance, and lithium-ion battery age.

Hello Gorleston!



Welcome to Issue 63 of **YOUR** award-winning, **FREE** community magazine.

Exciting times here at magazine headquarters! After 5 years and 63 issues, age and health have finally caught up with us, and Derek and I will be stepping down from the magazine after this issue. The magazine will continue with a new editor and team, led by Rev Matthew Price, to take the magazine forward and we look forward to reading the magazine from a different perspective, as readers not editors. It will also be nice to have some months without deadlines to meet!

It has been a great pleasure and privilege to work on this magazine and with all those who have contributed to the magazine in some way, whether they have written articles or poems, advertised or sent in pictures, or worked behind the scenes - many, many thanks, we will be forever grateful to you all, without you the magazine would not be what it is today. Special shout out goes to Melanie Ruse, Gorleston Gal, whose articles many of you will remember, and who still looks after the magazine Facebook page, and our proof readers who have been with us from the start, Bunty, Diane and Jack, and more recently Roy.

So, our prayers are with the magazine's new editor and team, and with you our readers, that you will stay safe and continue to enjoy and celebrate this wonderful town of ours. Derek and I won't be meeting you again in the September issue, but you all have our very best wishes for the future.

Please keep sending in contributions, adverts, poems and pictures, but please note the new email address for correspondence is editor.gorl.comm.mag@gmail.com

Have a great month and
God Bless You All!



2021 Best Editor
2022 Best Design



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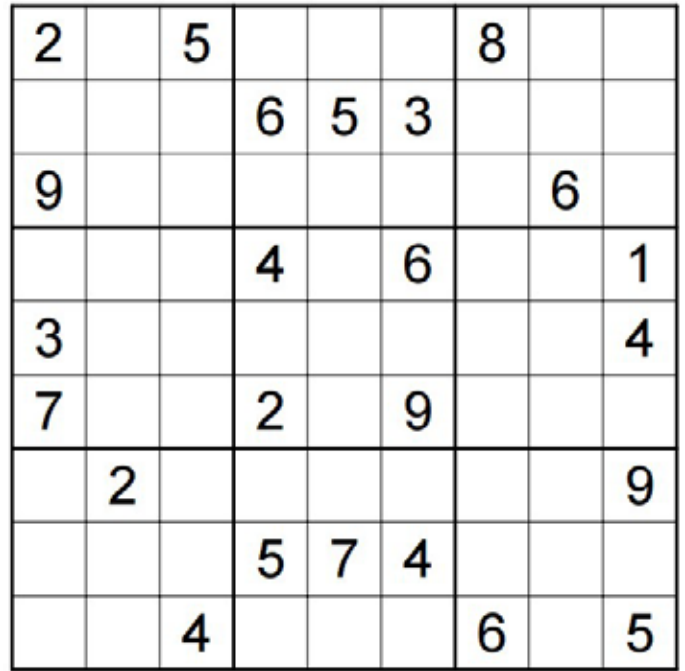
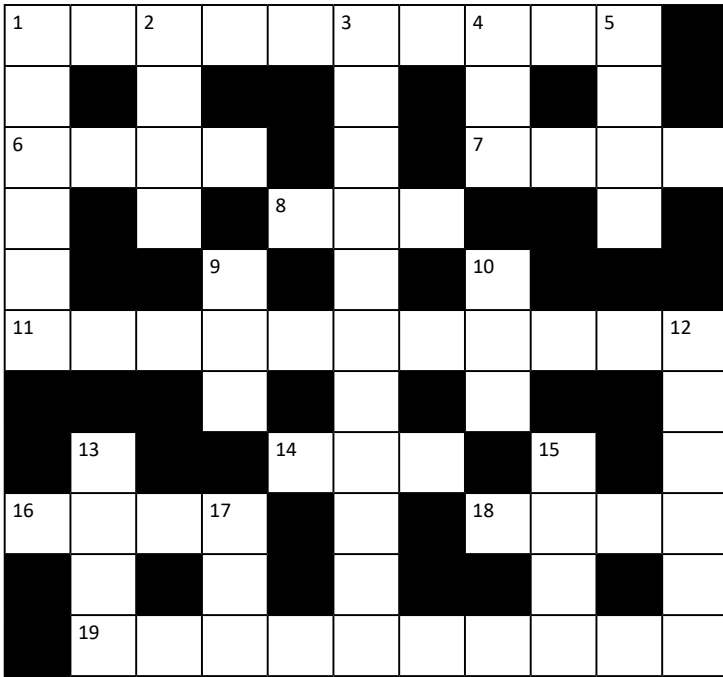
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Deadline for the September Issue
is **Monday 7th August**

Thanks to **Philip Harlow** for this
month's front page picture

Coffee Time 1

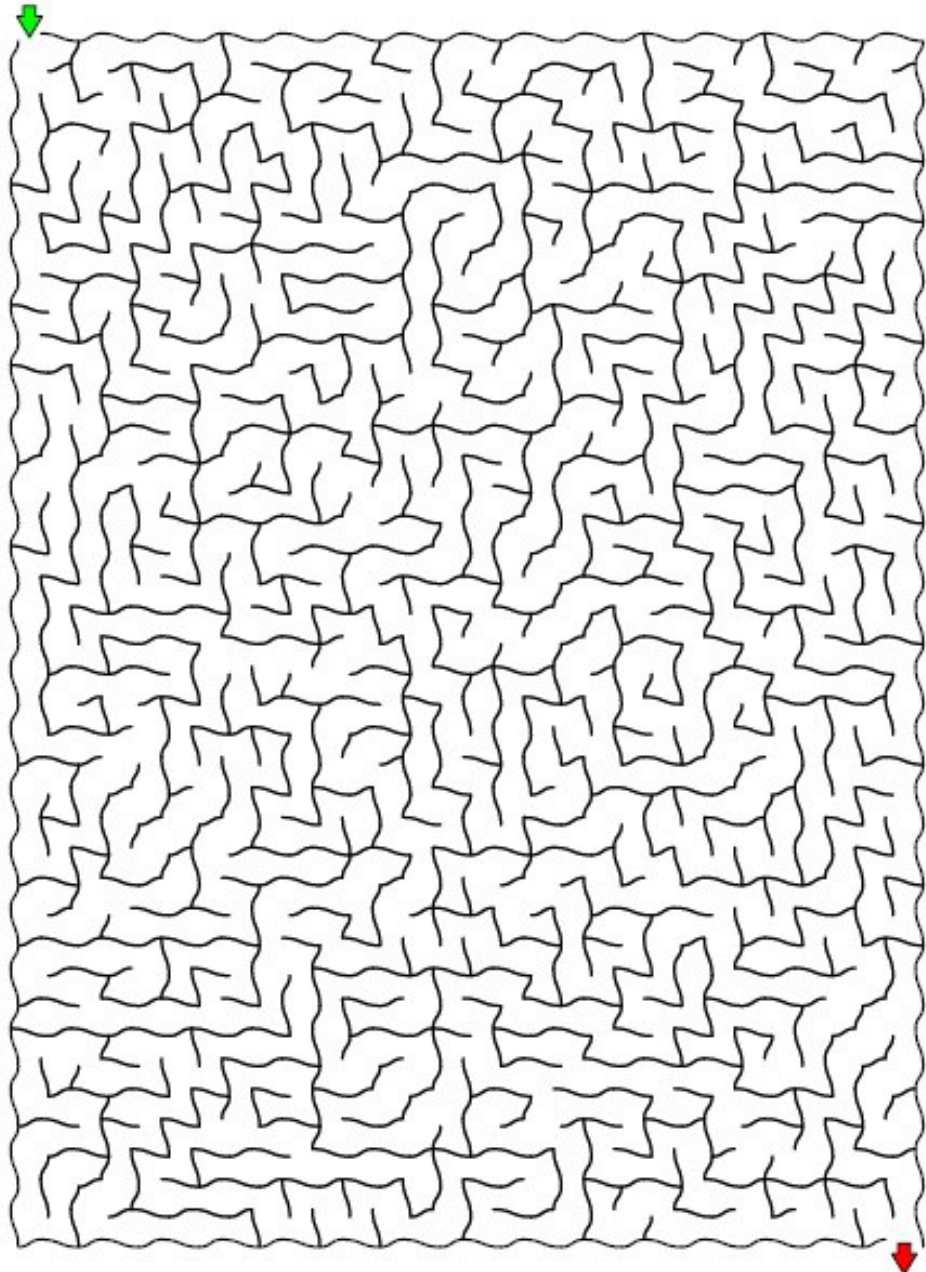


Across

- 1 Listens in on (10)
- 6 Nought (4)
- 7 Void (4)
- 8 Turkish hat (3)
- 11 Namelessly (11)
- 14 Wildebeest (3)
- 16 Walked (4)
- 18 Cumberbund (4)
- 19 Offenders (10)

Down

- 1 Dermatitis (6)
- 2 Differ (4)
- 3 Deciding (11)
- 4 Possess (3)
- 5 Single-handed (4)
- 9 Goal (3)
- 10 Stomach (5)
- 12 Vessels (6)
- 13 Boast (4)
- 15 Deceased (4)
- 17 Twosome (3)



In The Interregnum

Whilst St Andrew's Church is in interregnum, this page will see a variety of authors from St Andrew's Church and the Diocese.

This month we hear from the Rev John Kinchin-Smith, member of the ministry team at St Andrew's



Why go to Church?

When I committed my life to Jesus Christ at the age of 25, 'the Church' and 'prayer' were two of the most wonderful discoveries I made. While that may say something about where I was personally coming from, it was also the discovery that God was intensely real, that prayer was the deepest and most personal expression of a relationship with him and that he had given me a loving

family of those who belong to Jesus Christ in every country of the world, the strength and love of whose ties were those of God himself.

St. Peter wrote to the churches of Asia Minor: "You are a chosen people, a royal priesthood, a holy nation, God's own people, that you may declare the wonderful deeds of him who called you out of darkness into his marvellous light". Christians attend church on Sunday primarily to worship God. As the 17th century Westminster Confession puts it: "The chief end of man is to glorify God and to enjoy him for ever." But to be a Christian in the Bible means not only to be in a loving and life-giving relationship with Jesus Christ, but also to be part of a new community, to be in a personal commitment both to Christ and to other believers. Indeed, the Bible does not know of the solitary Christian.

A Church Council meeting spent some time reflecting on why many people, who might call themselves 'Christians', seldom come to church. Different churches provide a variety of styles of worship every week, hoping to provide something that will appeal to all tastes. Regular worshipping congregations are delighted that many come on special occasions such as for baptisms, weddings and funerals, and for festivals such as Easter, Remembrance and Christmas. But it seems that most people see regular Sunday worship as either irrelevant to their lives, or as something unnecessary to live a morally good life.

God, however, seeks to draw us into fellowship and community with himself and also with his people. This is not just for the sake of those who belong. But, as St Peter writes, the Church exists to bring the healing love of God to his broken and suffering world. Christians may be no better than others, but they are certainly better than they would otherwise be without the grace and strength that God gives in Christ. And they find that grace and strength through their personal relationship and commitment to Jesus Christ and to other believers.

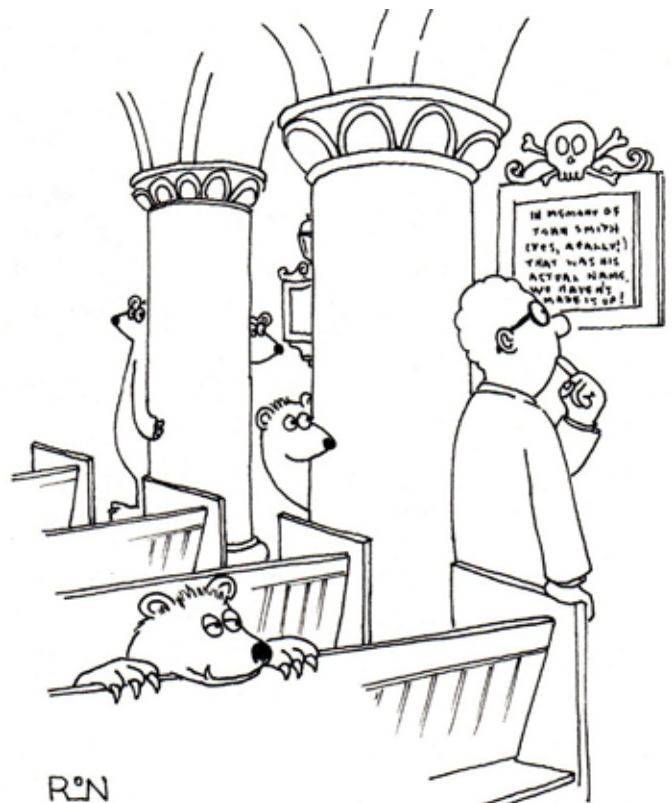
People come to church for all kinds of reasons. But every church would always hope that visitors and occasional worshippers will find a warm, loving welcome; and that they too will come to know the joy of belonging to Christ and also of belonging to that wonderful Christian family through whom God continues to bring healing and wholeness to individuals and to the world.

Prayer Corner

Prayer is simply having a conversation with God. It can be out loud or in your head and heart, it can be about whatever you want it to be and you can pray whenever and wherever you want to, God is always listening.

If you are not sure what to pray, why not start by joining us in praying this month's prayer:

Father God, we thank you for the Church,
your family where:
the sorrowing find comfort and the tempted
strength,
the lonely find fellowship and the sinner
forgiveness,
the faithful find grace and all offer you a holy
worship;
in the name of Jesus Christ our Lord. Amen.



Dennis spent a long time in church looking for his forebears

Chris Youngs

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Shrublands Community Food Club

Shrublands Youth and Adult Centre Charitable Trust worked in partnership with Great Yarmouth Borough Council, Norfolk Community Foundation and Norfolk County Council to bring Gorleston, Shrublands Community Food Club, which is situated in the car park behind the Macey Room.

The Community Food Club is for all Gorleston Residents to join, with proof of address and £4.00 annual membership. Since its opening the not-for-profit Food Club has over 400 members. It is not a Food Bank, it operates similar to a corner shop but instead of being priced in £'s items are marked up in points, i.e. 10 points = £1. Members can buy a range of food, fresh, frozen, packets, tins along with household products, toiletries and personal care items, cheaper than you would be able to buy from the supermarket, but a smaller range.



The Community Fridge is also located here, all free of charge, this is primarily aimed at reducing waste, but is often used by local residents to help with their food shopping. We have donations from local supermarkets that are past their best before dates; fresh food items including bread, with nothing wrong with this food other than it has passed its arbitrary date.

The Community Food Club with its force of 17 helpers is making a real difference to the local community. Lots of the regular customers choose to use a top-up card to manage their budgets better and the Food Club has become the first port of call for local people, as it links in to the Shrublands Youth & Adult Centre where service providers such as the Community Hub and DIAL have contacts.

Our opening times are: Mon 10 am – 12 pm, Tue 10 am – 1 pm, Wed – Closed, Thu 5.30 pm – 7.30 pm, Fri 10 am – 12 pm, Sat 10 am – 12 pm. Pop along with your details during opening hours and our staff will be happy to enrol you, or contact Julie Woods 07544551670 email foodclub@shrublandstrust.org.uk for more information.



CLASSES FOR ALL FROM 4 YEARS OLD:

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Ormiston Cliff Park Primary Academy

We have had an enjoyable end to the Summer Term at Ormiston Cliff Park Primary Academy. The children have taken part in a wide range of learning activities, both within the academy and beyond!

Norwich Puppet Theatre Performance – Year 1

Our Year 1 pupils were delighted when Norwich Puppet Theatre brought their spectacular production of 'Thumbelina' into the academy. Having enjoyed the show and found out more about the puppets used, our Year 1 children then took part in a workshop to create their very own puppet. Perhaps they will create some puppet shows of their own!

Celebration of Enrichment Clubs Summer Showcase 2023

We are very proud of the range of extra-curricular activities that we offer. Children are able to make new friends and learn new skills as well as discovering new talents!

To celebrate the work of our dance and music clubs throughout the year, we recently held our second 'Summer Showcase' concert, to celebrate the children's hard work throughout the year. It was packed with a variety of music and dance and included keyboards, recorders and choirs! In addition, all of the children from our dance clubs (ranging from Y1-Y6) performed exceptional dance routines, including Hip Hop, Jive and Samba! We are so proud of the way that the children performed with such confidence and enjoyment! Special thanks to our fabulous Year 6 comperes and to all those staff who made it possible by giving their time throughout the year.



Ormiston Academies Trust Chess Competition 2023

We were delighted to enter two teams from our popular Chess Club into this year's Ormiston Academies Trust Chess Competition. Two teams of four players represented our Chess Club, the Cliff Park Knights and the Cliff Park Bishops and we were thrilled to come away with a silver medal for the Bishops and in gold medal position for the Cliff Park Knights.



Y2 Carlton Marshes Visit

Last month, Year 2 visited Carlton Marshes Nature Reserve to support their learning about 'Animals and their Habitats'. The children participated in an action-packed day of dyke dipping and mini-beast hunting and particularly enjoyed the pond dipping, where they were delighted to find a wide range of creatures, such as damselfly larvae, water-boatmen, water snails and backswimmers.

One group even found a great diving beetle larvae which, being a voracious predator, began to eat a few of the other creatures in their tray!

The children used nets to sweep and collect mini-beasts from the meadow, carefully putting them in magnified pots to get a closer look at the individual creatures. They were very excited to learn about the vast array of wildlife that could be found on the marshes and were excellent ambassadors for our academy!

Golden Mile Challenge

Over the past 4 weeks all of the children and staff at the academy have taken part in the annual Golden Mile Challenge. During this time, we have enjoyed walking the route through our woodland walk and together, we have walked a spectacular 9,357 miles!

Sports Day

We were delighted to be joined by so many parents and carers to celebrate our annual Sports Day. The children demonstrated a wide range of skills throughout the morning and worked effectively in their teams to support each other to win points for their houses. There was a lovely atmosphere which was made even more special by the warm support from the crowd. Special thanks to Mrs Dawson and Mrs Blaxell for their hard work in organising this lovely event and to all those who came along to cheer the children on.



Year 3 Egyptian Day

During our Egyptian day Year 3 explored Ancient Egyptians beliefs and rituals, using a range of primary source artefacts, including amulets, jewellery and canopic jars. The children particularly enjoyed looking at a death mask!

They enjoyed a virtual talk from an archaeologist, who taught the children about the mummification process and acted out the steps an embalmer would take to send the person on their journey to the afterlife.

The children learnt about hieroglyphics and produced some beautiful artwork. They also took part in a debate about whether it is right that historical artefacts should be removed from tombs to help us to learn more about the past.

It was a very exciting day, which really helped to embed the children's recent learning about life in Ancient Egypt. We would like to thank Mr Tempest for leading workshops and for bringing history to life for the children.

Gorleston Library

Monday	11 – 1pm 1-1:30pm	Just A Cuppa - Free cup of tea and a chat - all welcome Bounce and Rhyme - (Under 5's songs & rhymes-drop in)
Tuesday	10:30-11:30am	Mini Movers - Pre-school music and play (drop in)
Wednesday	10-12pm 10.30-11 & 1-1.30 2 – 4pm	Just A Cuppa – Free cup of tea and a chat - all welcome Bounce and Rhyme - (Under 5's songs & rhymes-drop in) Gorleston Library Craft Group Carnegie Room (bring your own crafts - all welcome)
Thursday	3-5pm	Lego Time - (Young children must be supervised at all times).
Friday	4-6pm	Learn My Way – Digital online learning for beginners – Drop in
Saturday	11-1pm 10:30-12pm	Learn My Way – Digital online learning for beginners – Drop in Children's Crafts - Different every week (all ages welcome)
Sunday	12-2pm	Adult drawing and art club – First Sunday of the month
SUMMER READING CHALLENGE! POP IN TO JOIN & SEE WHAT SUMMER READING CHALLENGE ACTIVITIES ARE ON THROUGHOUT JULY & AUGUST! (See in library posters or Facebook)		

Summer Reading Challenge Highlights!

Crack the Minecraft Code

1st August

330-430pm, ages 7+

Book online via our What's On Page!

Summer Reading Challenge 2023

**Ready,
Set,
Read!**

Presented by The Reading Agency.
Delivered in partnership with libraries.

Just A Cuppa

Monday 11-1pm

Pop in for a cuppa and some conversation

Employment help (Drop-in services)

Monday - Dial - Benefit help -
10-5PM

Tuesday - Chances - 2-4pm (18+)

Friday - Dial - Employment
services - 9-1PM

Money + Debt advice 2-5PM

Wednesdays Gorleston Library Craft Group

2-4pm

bring your own crafts and join in
all welcome!



Norfolk County Council

borrow discover connect

Don't forget to check out our 'What's On In Norfolk Libraries' pages at www.norfolk.gov.uk/libraries and follow us on: Twitter: @NorfolkLibs Facebook: @NorfolkLibrariesUK Instagram: @NorfolkLibraries

Hair We Are



with Kevin Huggins
Owner of Fusion Hair Consultants and
Chairman of the
Gorleston Traders Association

Here we are in July and you can always tell when Summer has arrived with the onset of Wimbledon and the cricket test matches in full swing. I have to say the test matches between us and the Ozzies have so far lived right up to their reputation, good challenging cricket, full of controversy and exciting right to the end. I am actually writing this before the end of the series, so forgive me if it all goes horribly wrong in the remaining matches!

After a lot of controversy over the flowers in Gorleston and their absence, we managed to get some delivered and put on the railings outside the library and also outside Wilko's on the High Street. A big thank you has to be said to Richard Routledge at "What is Hip" and also Julie Bernadas and her team, especially Margaret Evans, at the library, for watering them and keeping them looking so lovely.

I had a real first this month when we decided to take a trip to the Hampton Court Flower Show, somewhere I have always wanted to go. We went about 20 years ago, but only did the magnificent house there, and the flower show was not on at the time of year we went. So, we said this year we would go to the flower show and do the gardens. We booked tickets and decided to go by Eastons Coaches, which really helped to make the day not such a tiring event. We could have stayed overnight, but went with a few friends and I have to say the journey there and back on a coach is really the best way to do a trip like that. We caught the coach at Thickthorn Services at 07:00am and started on the long journey to Hampton Court, 120 miles away. 4 hours later at 11:00am we were there, giving us nearly 6 hours to enjoy the gardens. We took a pack up and plenty of drink, consumed on the way, so we didn't have to mess about in the grounds looking for refreshments. The gardens themselves were phenomenal, rated as one of the best flower shows in the world. It is easy to see why, but it always astounds me how I have my garden on the go all the year round, taking pride in what I do, and yet at these shows they transport the gardens in, including trees, set them up and they look as if they have been there forever. All in all a fantastic show and day out, well worth the visit and taking the coach and not driving. Going by coach was a great way of doing the journey, far less stressful and tiring.

The Wheels Festival took place at the beginning of July and once again proved a very successful event, pulling in the crowds, an attraction for every motoring fan around, the big trucks, motorcycles and also not forgetting the old classic cars, well done again to all the organisers.

Another show I thoroughly recommend is the Circus,

every year they pull it out of the hat as one of the best entertaining shows in Great Yarmouth. It has survived the test of time and is every bit as good now as it was when I first went over 50 years ago. Time to reminisce about Great Yarmouth seafront in the 60s/70s, what a great place it was and without doubt would always be packed evenings and weekends. The days of the old shows and such great entertainers appearing on the seafront, the place just seemed alive and full of excitement on those long summer evenings, with people having fantastic times all the way down the seafront. All the, and I mean *all*, the entertainment stayed open till late. That seems to have all gone now, shows on the seafront only seem to last for about 6 weeks in the middle of summer, guest houses are fewer and it seems most people who come to Great Yarmouth on holiday now go to the camps, where they seem to put on their own entertainment and food, keeping the holidaymakers in their boundaries, leaving the only people on the seafront to be the day trippers, unfortunately who leave the town by 5 or 6 o'clock, thus meaning not much trade for the shopkeepers along the golden mile in the evenings. Maybe I am biased, but oh how I loved Great Yarmouth in those decades.

Great to see Gorleston playing at Great Yarmouth Town's pitch, The Wellesley, this year. Although not a perfect situation it is a much preferable place to play than going all the way to Lowestoft for home games. Not that there is anything wrong with Crown Meadow at Lowestoft at all, and I am sure they made the team feel at home, but Great Yarmouth is a lot easier to get to for all those loyal fans who go week in week out. Perhaps one day Great Yarmouth and Gorleston might join up and play as one team, monetary wise it makes sense, but I think there is probably too much rivalry involved that has built up over the years, and I mean competitive rivalry. Who could ever forget the Great Yarmouth v Gorleston derbies played at Christmas on Boxing Day and then again at Easter. I will never forget Boxing Day 1994, I was managing Gorleston at the time and the old rivalry fixture was being played on the Wellesley. I took a chance that day and put a young 18 year old boy up front, at centre forward, young Pongo Thompson, in what turned out to be a normal gruelling fixture. Guess who popped up and scored the winner that day? Yep, young Pongo Thompson, and we won the day 1-0. Happy memories from nearly 30 years ago!

Finally for this month, a pet hate of mine. I recently went to a local takeaway restaurant and ordered my food, only to be told, sorry, cash only. This is wrong, why cash only? These people end up not declaring what they are taking and it is people like you and me that end up having our tax and NI increased, because the government are not receiving all their income. Needless to say I won't be having a Chinese again for a while!!

Have a great month and see you in September.

EST.  1903

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ENDS
SEPT
17TH

Gorleston Grapevine

with Carol Todd



You know I'm usually so happy and upbeat about life, even in the darkest of times, however, I really have found this year so tough with the sudden passing of my best friend, Mary. She died suddenly while travelling around South America earlier this year. My son and I have just returned from Mary's celebration of life back in Edinburgh. Her children organised the most wonderful event at The Royal Botanic Gardens, with music, photo slide shows, tables full of scattered fabulous photographs, while her oldest son performed a song he'd written about his Mum. Well, as you can imagine, everyone was in pieces, tears everywhere. What a beautiful send off for such a loving caring special friend in the most wonderful setting of the Botanics on a super sunny Sunday. Irony is, a year to day of her celebration of life, we were sailing on the Broads and enjoying Gorleston Beach. How quickly life can change in such a short time. I'll be making more time for family and friends making memories together, as you cannot predict what life will throw at you my friends.

to make something special happen makes you feel wonderful. A huge thank you to Jeremy for taking the time to go and visit Len at Ritson Lodge. I hear you were a massive hit with all of the clients and staff Jeremy, thanks again.



McColl's on Lowestoft Road has now officially become Morrisons Daily, so we'll soon have Tesco Express and Morrisons within yards of one another.

A 66 bedroom care home has been approved by GYBC Planning. This will be built near Captain Manby's providing 60-70 new jobs for our area, as well as improved social care.

If any of you would like to join in any beach cleans, then I highly recommend following Norfolk Beach Cleans on Facebook. There's a list online of the next dates around our area. The next Gorleston ones are on Sunday 6th August and Sunday 3rd September at 10am. You will be given all appropriate cleaning equipment. Great opportunity to meet new people too while exercising!

In previous editions, I've told you about Gorleston Beach being voted one of the best beaches on Trip Advisor. Well, that led to a recent live broadcast by ITV's This Morning show hosted by Bristolian, Josie Gibson. Josie, bless her, did, as others do, struggle with the pronunciation of Gorleston! Nice interviews from locals, including the lovely Kelly Evans from The Ocean Room and Ian and Maureen from The Pier Hotel.

The public toilets near the King William Pub are to be demolished finally. I'm guessing they'll not be replaced as we have the public toilets at the Ocean Room.

Work has started on the new retail unit building on the new estate at Bluebell Meadows. A Sainsburys Central, Subway and yet another retailer to be announced are opening here in 2024.

The newly refurbished tennis courts on the seafront are ready for action or play should I say. Thanks to the LTA for the investment. Hoping Gorleston can produce some future tennis stars. Let's hope the basketball courts will benefit from a refurb next. Bookings for the tennis court to be made via www.lta.org.uk/book.

Have an absolutely awesome August my friends! If I can help with anything, please do get in touch, ctodd@eegreen.co.uk. Keep up to date with us on Facebook, follow E.E. Green, L.G. Perfect MOT, Service & Repair Centre, Folkes Plant & Aggregates and Major Demolition.



So back to Gorleston and what's been happening locally... Our gorgeous, super talented and all round lovely person, World

and European Paralympic Swimming Champ, Jessica Jane Applegate, pictured above, opened the new RSPCA Norfolk and Suffolk Store on Gorleston High Street recently. Fantastic to see another empty unit now full of customers, while raising money for a great cause, and doing my favourite thing of recycling! Jess is so passionate about her rescue dogs and was delighted to open the store and chat to customers afterwards. She does whatever she can in her limited spare time to volunteer and foster rescue dogs.

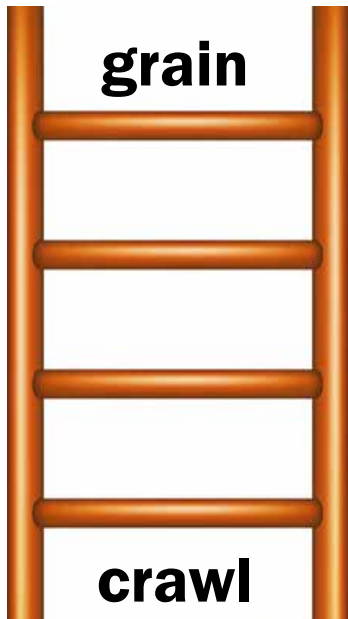
Another local fabulous famous person, Jeremy Goss, top Norwich City FC footballer, spent time visiting a client called Len at Ritson Lodge Care Home in Hopton recently. Len, a dementia patient and long time Norwich City



FC supporter was celebrating a recent birthday and Activities Manager, Emma Haire, appealed on social media to see if Norwich City FC footballers could make some birthday wish videos and send them to Len. Well, I think it's safe to say, Emma was blown away by the response! Videos were sent in by Darren Eadie and some others, I have no idea who they were lol. It's amazing how helping and supporting people

Word Ladder

Can you climb the ladder changing 1 letter at a time, to get from the bottom word to the top word?



Seeing Double

Each pair of words share two middle letters. The first has been filled in as an example. Complete the remaining words to find the mystery keyword reading down.

1	RI	TU	AL
2	SA		RN
3	PO		ER
4	CU		SY
5	AS		EP
6	PH		GM
7	FI		RY
8	RE		GE
9	BU		ET
10	PI		LE

© Lovatts Puzzles

Coffee Time 2

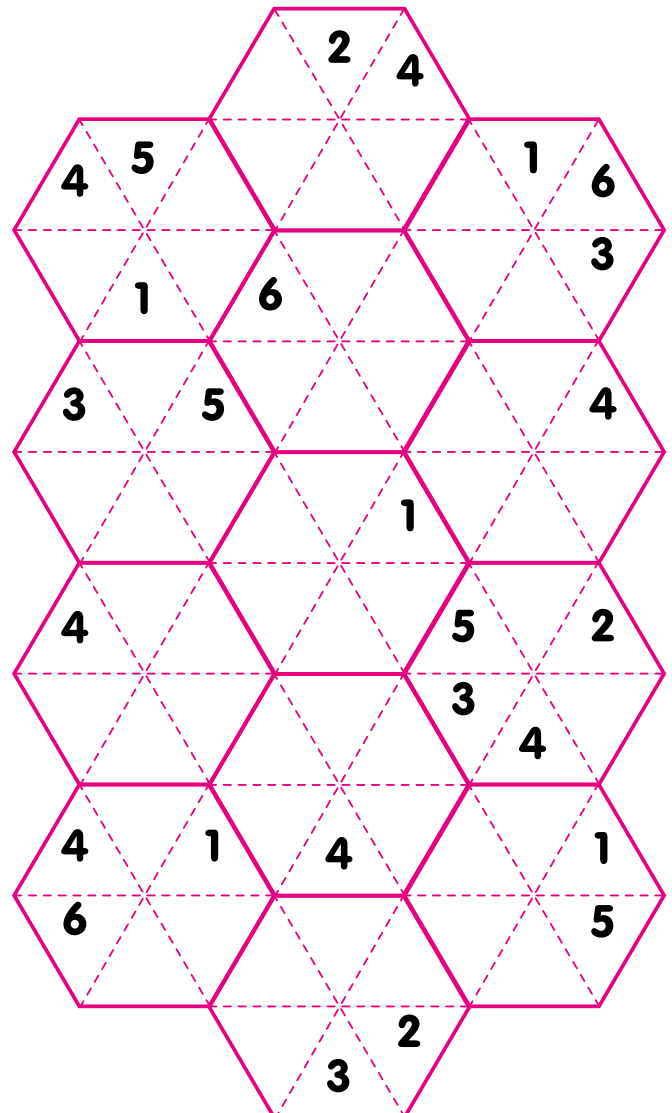
Caught in the middle

What are the words that can be written down the middle to create two more words or phrases either side?

salad	room
under	down
power	wrench
some	abouts
running	fountain

Hexoku

Fit the numbers 1 to 6 into each hexagon so that where the hexagons touch, the numbers are the same. No number is repeated in any hexagon.



Ormiston Venture Academy

A prom night to remember at Ormiston Venture Academy

Over 100 graduating Year 11 students from Ormiston Venture attended their highly anticipated prom night at the exquisite Park Hill Hotel.

The event was a grand celebration of friendship, achievements, and the end of an incredible journey at the academy, a member of Ormiston Academies Trust (OAT).

The night kicked off with an incredible atmosphere, with staff from the academy ornately decorating the venue to ensure that every detail was perfect. The hotel's elegance and sophistication set the stage for an extraordinary evening of celebration.

With the sound of music from the DJ filling the air, students were invited to hit the dance floor and showcase their best moves. The energy and enthusiasm on the dance floor were contagious, as students let loose and created memories that will be cherished for years to come.

The evening was filled with excitement and glamour as students arrived dressed to impress in their finest attire. Awards for Prom King and Queen and Best Dressed added an extra layer of anticipation for students to be recognised for their outstanding contributions to the academy's community.

One highlight of the night was the sweetie bar, offering a delightful assortment treats from gummy



bears to chocolate-covered strawberries. The delicious doughnut wall was another crowd favourite, tempting attendees with an array of mouthwatering flavours and toppings.

To capture the magic of the night, a charming vintage VW photo booth offered a fun and interactive way for students to capture candid and joyous moments with friends, creating a montage of laughter and smiles.

As the evening drew to a close, it was clear that the prom was the perfect opportunity for students to create lasting memories, forge deeper connections, and bid farewell to their high school years in style.

Dave Richards, Vice Principal at Ormiston Venture Academy said,

"Ormiston Venture Academy's prom at Park Hill Hotel will undoubtedly remain a cherished memory for students and staff, serving as a testament to the incredible achievements and bright futures of our students."

"A heartfelt thank you goes to our whole community for creating such an amazing night and to all the dedicated parents who have supported and encouraged their children throughout their academic journey to make this event possible."





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Gorleston FC



August sees the start of Gorleston's second season in the Isthmian League with Chairman, Jamie Humphries, targetting the promotion play offs.

The management team of Darren Cockrill, Olly Willis and Gavin Coe have been working hard to strengthen the squad.

A few of last season's squad have departed. Robbie Sweeney and Jamie North have both joined Dereham Town whilst Angus Mackie has gone to Wroxham and Liam Jackson to Harleston.

After scoring 124 goals in 164 games in two spells at the club since his debut in 2011, Christy Finch has also left the Greens. George Keys has also moved on.

But, there have been several new signings made.

Ryan Curtis has joined from Wroxham. He scored 12 goals for the Yachtsmen last season. Another forward, Alby Matthews, who scored over 20 goals for Norwich Utd last season has signed for the Greens, ready to test himself at the higher level.

After 165 games at Dereham Town, defender Dion Fray has joined the Greens. Another experienced defender, Joe Jefford, has also signed after making the play offs last season with Stowmarket Town.

Nathan Stewart has also signed permanently after ending last season on loan with the Greens.

Gorleston's season will start on the 5th August with a match in the FA Cup Extra Preliminary Round when Heacham will visit the Wellesley.

Yes, you read that correctly. After last season's groundshare with Lowestoft, Gorleston are returning to the Borough and will be playing their home fixtures this season at the Wellesley.

The league season begins on 12th August but, at the time of

writing, the Isthmian League have not released the fixtures.

Gorleston have been drawn away at Bowers & Pitsea in the FA Trophy first qualifying round.

Gorleston Reserves begin life in the Anglian Combination Premier Division at home to Norwich CEYMS. The Reserves will continue to play home games at the FDC Flegg.

The Under 18s will be playing their home games on the Wellesley as well.

Gorleston have played two friendlies at the time of writing. In the first one they lost 1-2 to Yarmouth Town in the Lifeboat Cup. Next they beat Thetford Town 4-0. The Reserves also lost to Yarmouth Reserves 1-2 but then beat Norwich CBS 2-1.

To be in with a chance of winning some cash, and show your support for Gorleston at the same time, join the monthly GoLD draw. The draw paid out £120 in prize money in June. Full details of the draw and how to enter are on the website, contact me (Dave Hardy), or email gorlestonfootballclub@hotmail.co.uk

For all the latest news, results and fixtures visit www.gorlestonfc.com, You can follow @gorlestonfc on Twitter, Instagram and TikTok, plus Like us on Facebook and subscribe to our You Tube channel for match highlights so you will never miss a thing!

Pre-Season Friendly Fixtures (subject to change)				
Date	Time	Team	Competition	Opponents (Home/Away)
5th	3pm	First Team	FA Cup extra prelim	Heacham (Wellesley)
12th	2.30pm	Reserves	League	Norwich CEYMS (FDC Flegg)
12th	3pm	First Team	League	To Be Announced
19th	2.30pm	Reserves	League	Acle Utd (FDC Flegg)
19th	3pm	First Team	League or FA Cup	To Be Announced
24th	7.45pm	Under 18s	League	Norwich Utd (A)
26th	2.30pm	Reserves	League	East Harling (FDC Flegg)
29th	7.45pm	Under 18s	League	Kirkley & Pakefield (Wellesley)

Did You Know?

International Bat Night: 26th-27th August



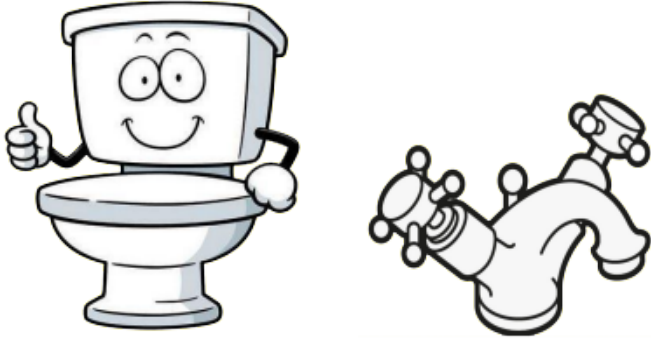
Did you know that there are 18 species of bat in the UK?

And did you know that these bats make up almost a quarter of ALL our mammal species?

So, our UK bats are well worth celebrating. And International Bat Night brings together bat groups and the Bat Conservation Trust, to provide many opportunities for bat walks and talks at dusk in local neighbourhoods across the UK.

As the bat groups explain: "We aim to encourage thousands of people across the country to see bats in their natural environment by taking part in a range of events organised by local bat groups, wildlife trusts, countryside rangers and other organisations across the country."

More information at: <https://www.bats.org.uk/support-bats/international-bat-night>



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Pavilion Theatre



As I write this we have just finished celebrating both the Pavilion's 122nd anniversary as well as the lifetime of devotion that Stuart and Kevin have given to the theatre and the community of Gorleston.

Both of them rescued the Pavilion nearly 30 years ago and were responsible for landmark actions such as getting the building Grade II listed. They have been a constant in the life of everyone at the Pavilion for decades and Kevin's loss in January was devastating.

Thank you to everyone who joined us at the theatre for this very special occasion. The love in the room was palpable and I was heartened to see how much Stuart appreciated and enjoyed the night.



The winds of change are certainly blowing here at the Pavilion. Following on from our celebration of Stuart and Kevin, we now focus on and look forward to the future. It was their wish that the theatre be passed into the hands of the family that helped to shape it when they no longer could be at the helm, so it is my honour to confirm that the charity that I chair, the Gorleston Pavilion Trust, will very soon become the new custodians of the Pavilion.

Having been involved with the theatre for the last 26 years myself it is an absolute honour to be leading the organisation that will look to secure funding and investment to ensure the Pavilion's survival for

the next 122 years and beyond. We have a superb team here at the theatre and I'd like to thank each and every one of the staff for their dedication to the place we all love so much.

I must also convey a huge thank you to Luke Thompson, our general manager, who has been pivotal in the theatre's success over the years. I'm delighted that Luke will continue to be part of the leadership team and we cannot wait to get started.

Finally, my love and thanks go to you, our audiences and loyal supporters, for helping us to keep the doors of our beautiful theatre open. Without you, we would be nothing. Please continue to support us and to help keep our unique, warm and hugely special theatre alive.

We'll see you at the theatre again soon.

Alex Youngs

Chair of Trustees, Gorleston Pavilion Trust

WHAT'S ON AT THE BANDSTAND IN AUGUST

- 6th August: The Joe Ringer Band
- 13th August: The Vibettes
- 20th August: Sarah Mai
- 27th August: Felix Simpson
- PLUS special FREE performances from Dan Hanton's Punch and Judy every week in August!

WHAT'S ON AT THE THEATRE IN AUGUST

- Summer Showtime Variety Show - Every Tuesday at 7:45pm
- Cliff & The Knight Shadows Tribute
- Swing: In aid of the Gorleston Rotary
- The Ultimate Tom Jones Tribute
- Lincoln Skins & Friends
- BRITCOM
- Pure Queen
- ABBA The Revival
- A Night at the Musicals

Full details of the Pavilion's schedule of plays, musicals, pantomimes and concerts can be found at pavtheatre.com or by calling the box office on (01493) 662832.

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Sandra Chapman Centre receives donation after kayak challenge

A £4,000 donation has been handed over to our Sandra Chapman Centre and Ward 17 after a 40-mile Kayak challenge undertaken by members of the Suffolk Freemasons Orient Lodge, based in Lowestoft.

Bro Ian Moir, Chaplain of Orient Lodge 4085, supported by members of the Lowestoft Volunteer Lifeguard Corps and the Orient Lodge support team, undertook a 40-mile kayak paddle around Lowestoft, Gorleston and Burgh Castle in August 2022 to raise money.

Starting at the Lifeguards Lowestoft beach headquarters they headed up the coast to the mouth of the River Yare between Gorleston and Great Yarmouth before following the river inland to Burgh Castle and then taking the River Waveney via St Olaves back through Oulton Broad to Lowestoft, completing the kayak paddle over the course of two days.



The route was designed to circle the James Paget via the waterways. Through sponsorship and fundraising the team managed to raise a total of £4,000 and on Thursday, 29 June, members of the lodge visited to formally hand over the donation to staff at the Sandra Chapman Centre and Maxine Taylor, our hospital charity manager.



John Holland, one of the lodge members who came along, said the fundraising had been a real team effort to raise money in memory of his wife Josie who had received treatment in the Centre and Ward 17.

Maxine said; "We'd like to thank everyone involved in the kayak challenge and everyone who supported the fundraising. This generous donation will purchase two more of the specialist chairs which provide additional comfort for

patients receiving treatment for cancer. This will directly benefit those using the Centre and the Ward and we're grateful for your support."

James Paget University Hospitals NHS Foundation Trust

Funds raised for Neonatal Unit through Cornish Rat Race

More than £250 has been raised for our Neonatal Unit after an epic fundraising run around the Cornish coast.

Tom Garrod – partner of Amy Garrod, Data Manager in our Cancer Research team – completed the 2023 Rat Race: Man vs Coast at the beginning of July.

The event is a demanding 25-mile race along the coast of Cornwall from Marazion beach, east of Penzance, across the county and then down the west coast to Lands End.

The almost-marathon-length event takes in challenging and steep terrain including significant ascents, descents, rugged ground, rock scrambling and short swims and Tom managed to complete the entire course in a little over six hours.

Amy said; "He completed the course in six hours and seven minutes, coming 238th out of 636 competitors. In the process he raised £260 for the James Paget Neonatal Unit, who cared for our daughter Lily when she was born in November 2020. We are both so grateful to the Neonatal department for everything they did for us and our daughter and it is nice to be able to give something back."

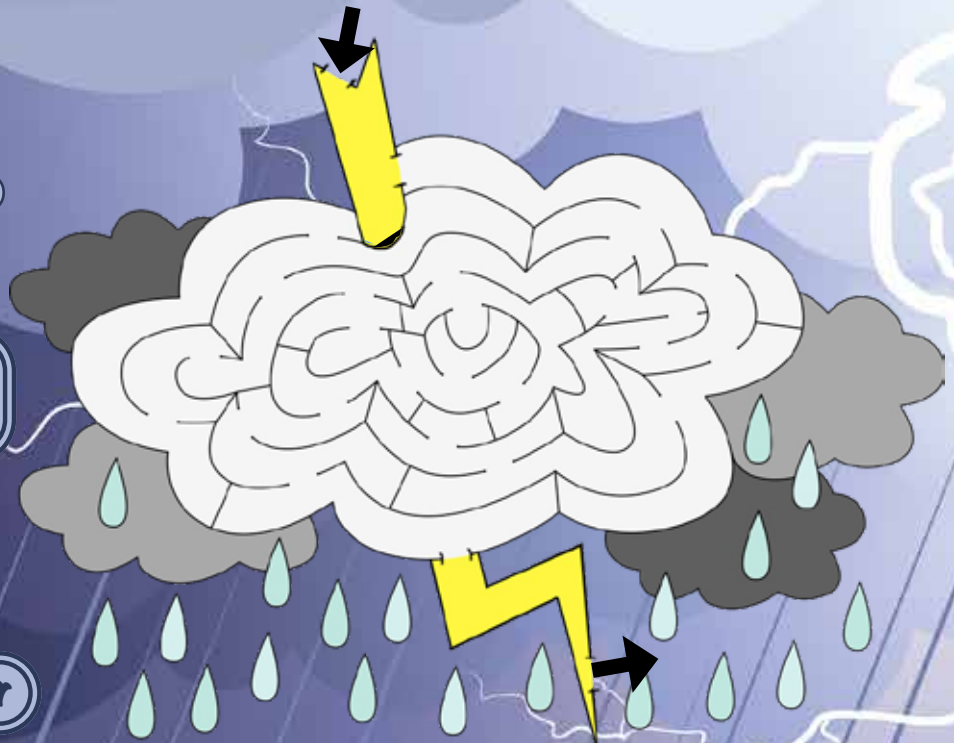
Tom, wearing blue, is pictured with his friend Billy, who also took part in the challenge.

Maxine Taylor, our hospital Charity Manager, said; "This was a fantastic achievement – thank you Tom, and Amy, for supporting our Neonatal Unit."

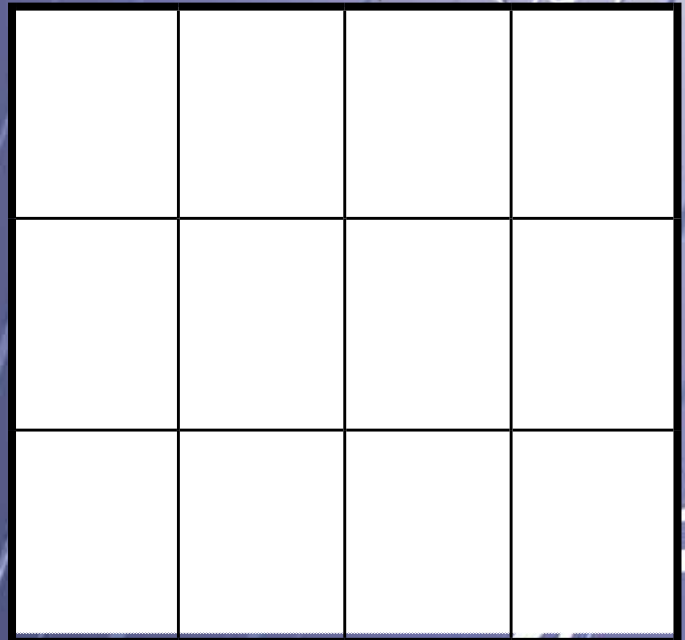
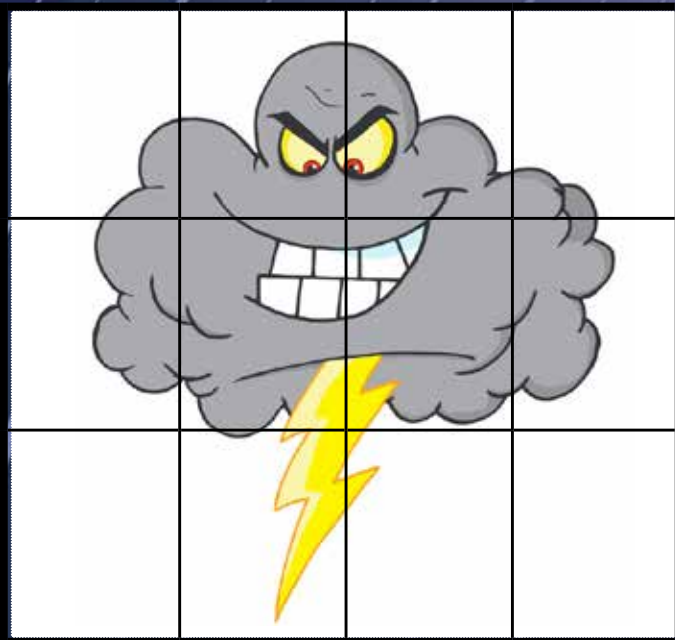


Kids' Corner

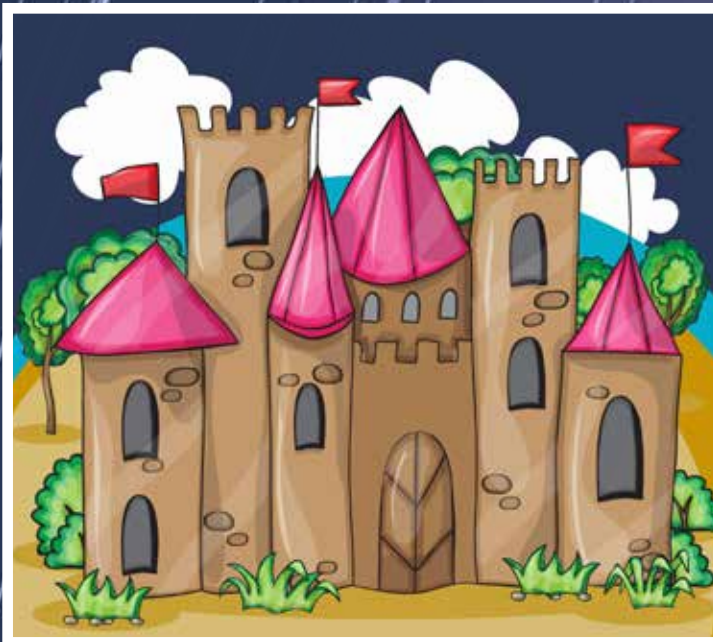
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SO HE BEGAN TO BUILD.



THE OTHER BUILDER DIDN'T CARE WHERE HE BUILT HIS HOUSE

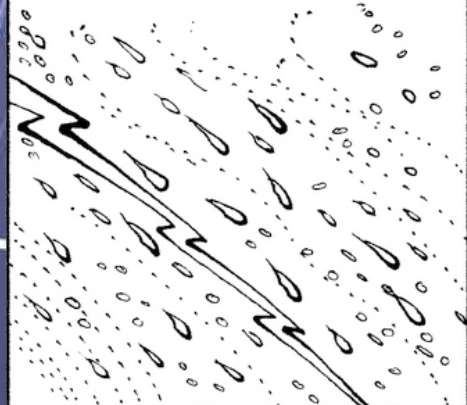
HE THOUGHT SOME NICE FLAT SAND WOULD BE AN EASY PLACE TO BUILD.



BUT ONE DAY THE STORM CAME...



...AND THE WIND BLEW...AND THE RAIN FELL....



...AND THE HOUSE ON THE SAND COLLAPSED!

BUT THE HOUSE ON THE ROCK STOOD FIRM.



JESUS EXPLAINED - IT'S IMPORTANT OUR LIVES HAVE A FIRM FOUNDATION!

Gorleston Then & Now

by John McBride



In 1930 the area shown above was open land. It is located at the junction of Middleton and Lowestoft Roads where the Green Ace Garage stood from at least 1936, the address was then 115 Middleton Road.

By 1938 the address had changed to 141 Middleton Road due to a renumbering scheme on the road. The roundabout was built in 1953. The Green Ace was a Blue Bus destination as seen on the front of the bus shown to the right.

By 1959 the garage had changed name to Blue Star and by 1965 it was called Apex Service Station which is seen in the photograph above. Judging by the petrol prices this picture was taken in the mid to late 1980s.

The service station closed in 1991 when the site was compulsorily purchased for the construction of the Gorleston Bypass when Lowestoft Road changed dramatically, some areas from single to dual carriageway, others cut off altogether. The roundabout has had a recent history of mugs accumulating there.



This former Great Yarmouth Corporation Bus
in now owned by The East Anglia Transport Museum
© Tim Major





Opening THE Book

with
Reverend
John Kinchin-Smith

In the previous two articles, we have been learning what the Bible teaches us about the Holy Spirit: that the Spirit's task is to bring us into a personal relationship with God the Father and with Jesus Christ, to empower and equip the Christian for mission and service in the world, and to enable the Christian to become more like Jesus himself.

Soon after Jesus was baptized in the river Jordan, he returned to Nazareth where he had grown up in order to teach in the synagogue on the Sabbath day. He took the scroll of the prophet Isaiah and read from it: "The Spirit of the Lord is on me, because he has anointed me to preach good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, to proclaim the year of the Lord's favour". Then he rolled up the scroll...and said to them, "Today this scripture is fulfilled in your hearing." (Luke chapter 4).

Before Jesus returned to heaven, he told his disciples, "Do not leave Jerusalem, but wait for the gift my Father promised, which you have heard me speak about. For John baptised with water, but in a few days you will be baptised with the Holy Spirit." (Acts chapter 1). The Book of Acts tells the story of the first disciples of Jesus after his return to heaven but might appropriately be called 'The Acts of the Holy Spirit' because it is clear throughout that it is through the Holy Spirit that the good news of Jesus Christ is preached, people are miraculously healed, the Christian Church grows throughout the world and Christians are enabled to face persecution and martyrdom.

Finally, Jesus promised (Luke chapter 11): "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened...If you then...know how to give good gifts to your children, how much more will your Father in heaven give the Holy Spirit to those who ask him!"



News from The Mag

with
Reverend Matthew Price



Sunday 2nd July was a day of great rejoicing in the life of St Mary Magdalene.

Karl Ross who has joined us as our curate (a vicar-in-training) was ordained as a Deacon, along with five others, by the Bishop of Norwich in Norwich Cathedral. More than 50 of the regular congregation of St Mary Mags travelled to Norwich for the service, followed by a celebratory barbecue back at the church afterwards.

During the service, the Bishop, explaining the role of a deacon, said these words: "[Deacons] are to serve the community in which they are set, bringing to the Church the needs and hopes of all the people. They are to work with their fellow members in searching out the poor and weak, the sick and lonely, and those who are oppressed and powerless, reaching into the forgotten corners of the world, that the love of God may be made visible".

Karl now joins the staff at St Mary Magdalene Church and will be with us for at least the next three years. He will be involved in leading and preaching at services and he will also pop up at many of our community activities – do keep an eye out for him; he would love to say hello to you!

Karl said, "I'm so thankful to have joined the team at St Mary Mags. I'm so excited to join in with the work that God is already doing on the Magdalene estate through St Mary Mags. Over the next few years that I will be here, I can't wait to see what God has in store for me and everyone here."



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Creatures' Corner

“Gorleston born and bred, our writer has had a menagerie of pets over the years, including dogs, ducks, chickens, reptiles, rodents and spiders. In between looking after their own animals, they also support various animal charities and rescue centres.”

Rescuing, or as I like to refer to it, helping nature along a little is something that I have tried to do throughout my life. I've had many successes but also a lot of heartbreak especially at this time of year. With all the young birds - starlings, blackbirds, sparrows, gulls - to mention just a few around and their poor parents desperate to nurture them to adulthood it's so hard for them.

On many occasions I have had to abandon my car (as safely as possible) on the side of a dual carriageway or some other road to pick up an injured gull or pigeon. I just cannot stand the thought of them lying there injured or dying with traffic raging by them probably frightened out of their wits. These ones have usually ended with me taking them to the vets to be euthanised, but better than hours of agony in my opinion.

Once on New Year's Eve, sometime in the late 80s I believe, I left one pub to head to see the new year in at Divers and huddled against the wall was a starling. So much noise going on, it must have been around 11.30pm, the poor thing must have been terrified. I gently picked it up, I guessed it was injured as it didn't make any attempt to evade me. The only thought on my mind was to get it out of that area, so off I went past all the pubs and headed down Regent Street towards the river, talking to it all the way. Not quite sure what I was going to do when I got there, but hey, sometimes you have just got to go with it, eh? Upon arrival at the quayside I stretched out my arms and opened my hands, the little bird stood there for only a moment and then it took flight and was away! Almost instantaneously the clock on the town hall chimed midnight - typical, now I was celebrating new year not with a pint in my hand but a bit of bird poop but what a great way to start the new year!

As a child and into my early teens I would pick up the odd bird here and there, rush home with it and mum would find me a box to put it in. Sometimes it needed rest and could be released the next day but other times I would pop the box into the basket of my shopper bike and ride out to the Hopton Wildlife Rescue which funny enough wasn't even in Hopton. It was based in a field, second one on the left as you rounded the corner of Sidegate Road, the first one was full of cows as I remember.

I once came home from work to find an injured Lesser Black Back Gull on my drive with blood pouring out of its wing. I grabbed a towel, cornered it and scooped it up - getting a couple of nips for my trouble. Once in my back garden I made it as comfortable as possible, gave it some food and water and left it for the night, it couldn't fly so would be safe. That evening I made calls to the Marine and Wildlife Rescue and spoke to Daniel who was so helpful, he came

out the next day to pick the gull up and take it to David Carr at Wildtouch who assessed the wing. It was broken, so he taped it up and, as I had offered to house the gull, Daniel brought it right back to me. It resided with me for nearly three weeks to let the wing heal. Once again along came Daniel to help me remove the tape, the poor gull was then very frustrated for a couple of days making endless attempts to fly up. On about the third day it managed it, up, up onto my garage roof, had a good flap and flounce of its feathers then off it went into the clear blue sky, a happy moment.

It's not just birds that need help at this time of year, a couple of weeks ago my dog and I stepped out of the front door and there on the drive was a hedgehog! It was 7am, warm and obviously had been light for several hours. As the little hog should not be out in daylight I assumed it must be injured, so quickly I put my dog back indoors, grabbed some gloves and went back out just in time to see it disappear behind my car. As I followed it made its way to an overgrown area, and I sat down and just watched. Next it came back, walked into the next drive, heading first in one direction then the other, to be honest it seemed a bit lost. At this point I was too



worried to leave it although it did not seem injured. Slowly I went over to it and it stayed perfectly still allowing me to gently pick it up, immediately it rolled up into a tight ball. I

popped Penny Prickle into a cat carrier and took her into my back garden, gave her food (wet cat food) and water then placed the carrier in an outbuilding, it wasn't long before she had gone off to sleep. Perfect time to get advice, I contacted Kelly at RWR Runham Rescue who is always happy to help. Two things to be done, assess for any injury and we needed to know if Penny was actually female or male. Late afternoon I set up for a little video session to capture movement and get some close-up footage that I could forward to Kelly. Sexing involved placing Penny on a clear Tupperware lid and as she unfolds you turn up the lid and can see underneath. Penny was indeed female and thankfully showed absolutely no sign of injury, and the advice was now to release her at dusk in the hope she would find her way home to possibly her young. This I did at around 9.30pm, and sure enough she pattered off happily investigating as she went. I haven't seen her since but I leave a small shallow dish of water out just in case.



That's it for now, see you next month.

Ormiston Herman Academy

Lifting Limits Award!

At Ormiston Herman, we have been working hard on a whole academy project – Lifting Limits - ensuring that stereotyping is a thing of the past. Mrs Freel has incorporated different lessons into the PSHE curriculum so that it can be taught across the whole academy. As a result of all the hard work, Herman was awarded 1st place in the Lifting Limits Award 2023.

To celebrate this success, Lifting Limit members invited our academy school council to a Centenary Action event at the Houses of Parliament, to celebrate MPs and the movement towards a 50:50 representation.



The children were lucky enough to receive their certificate for the Lifting Limits Good Practice Award from Helen Pankhurst – a women's rights activist and writer. She is also the great-granddaughter of Emmeline Pankhurst and granddaughter of Sylvia Pankhurst – who were leaders of the British Suffragette movement.

After they had finished, the children had the opportunity to complete a little sight-seeing around Westminster too! All the children represented the academy excellently and enjoyed this unique experience.



The Wizard of OZ

On June 26th and 27th, Ormiston Herman Academy's Performance Club ran a production of the Wizard of Oz. After weeks of after school rehearsals and two Saturday rehearsals, we were finally ready to put on our show. The children confidently performed to the whole school and then two evening shows to parents and carers. What a show! There were costumes, props and a whole school display; as well as dancing, singing and acting. The children transported their audiences from Kansas to Munchkinland and finally to Oz. It was truly spectacular. Some of the children had no experience of performing before and they truly shone on the stage.



School Council to the Library

The school council were able to visit the local library on Gorleston High Street where they met with library manager Julie and staff Sharmaine. Julie told the children all about the services offered at the library.



Did you know that it is FREE to join the library? Just pop along with your adult, they will need some ID with their name and address. It's that simple. As well as being able to borrow books, there are lots of other services including internet access and activity groups for adults and children.

Julie told the children all about the Summer Reading Challenge, it's free to sign up for and is a great way to continue reading throughout the summer break. Just read 6 or more books and collect stickers each time you complete a book. You will then receive a certificate and medal! There are also many activities on offer throughout the summer break - all FREE - including t-shirt making, Lego, crafts and much more. *(cont. on next page)*

To finish our visit, Sharmaine gave the children a fun quiz which involved them exploring the library and asking library staff for information, before enjoying some reading time.

The school council are setting the academy a competition to see which class has the most children sign up for the Summer Reading Scheme!

#Trips, Trips and more Trips

Year 6 to The Norfolk Show

On Wednesday, Year 6 were lucky enough to visit the Royal Norfolk Show. Upon arrival, they were split into small groups to walk around the showground. The children were well behaved and enjoyed visiting the variety of stalls on offer. As they walked around, they learned about different services, charities and businesses whilst collecting as many different stickers as possible. What an amazing day out!



Jump, bowling and the beach

As part of their end-of-year celebrations, Year 6 have visited Jump Warehouse, spent an hour of bowling at Wellington Pier and had a day at Gorleston Beach. Every child represented the academy as a fantastic role-model. It was a wonderful opportunity to see the children engaged in topics outside of the classroom.

Year 3 - Africa Alive

In Year 3, we have been learning about 'animals including humans' in science. We visited Africa Alive for the day and compared different animals and thought about their habitats. This was Year 3's first school trip (due to covid) so they were VERY excited. We had a fantastic day and saw lots of animals and there were good discussions when we came back based around the scientific learning.

Sports Day

Once again, our yearly Sports Day was a big success with every child across the whole academy taking part. Children in EYFS spent an hour in the morning completing mini challenges like the 'dress up' race and the 'egg and spoon' race. On the other side of the track, KS1 were completing a range of activities in their year groups. Every child had an opportunity to complete each race in a non-competitive setting.

During the afternoon, KS2 had a two-hour sports event consisting of 54 races. Each race was split into year groups so that each child ran against someone of the same age. At the end of the event, all the points were accumulated to reveal the winning team. It was fantastic to see the sportsmanship and encouragement given to all the competitors from the children and the adults watching.

Richard Routledge

"The life and times of"



Since covid the shop has been running well, not only through footfall, but the online side has really grown to the point where we sell all over the world. So I'll tell you about a side of my promoting you might know about. You may know that I have been

promoting on the jazz funk soul scene for about 40 years, but I also promote on the 40s and 50s scene too. It all started about 12 years ago when my friend Mark was not too well and his daughter asked me to take him out for a drink.

To cut a long story short we ended up in the Gorleston Social Club, (now the Green Bear). It was the Rock and Roll Club Night, and we sort of fell in love with it. We started to go every week and really enjoyed it. After a while we got accepted into the club and started to make some nice new friends. After about a year my promoting head was getting the better of me and I was gagging to do something on that scene.

So I went along to The Star Hotel near the Town Hall which had a lovely front bar with a very old vintage look. I asked them if I could turn the bar into a wartime pub and, to my surprise, they said yes to once a month.

Over the days before the event, I bought some original wartime papers and magazines and then went in to criss cross the windows to stop bomb damage. I also got some lovely old wartime posters to put up on the walls and in the toilets. The deco of the pub was spot on anyway and it looked 70 years old.

I had some lovely posters and flyers done for the night and got a friend of mine, Terry, who DJed on the 40s scene to come and play some good dance tunes. It was a free night and we had to wait to see what happened and who would turn up.

I was worried if anyone would turn up, but they did and we ended up with a great first night. Next time I'll tell you about more nights and the start of bigger events!

Find Richard and What Is Hip on Facebook at:
<https://www.facebook.com/WhatisHipGLSTN/>

**New email address for
Gorleston
Community Magazine:
editor.gorl.comm.mag@gmail.com**

Wordsearch

Can you find the words listed below which have been taken from the text?

Words occur in the grid forwards, backwards and diagonally.

The Transfiguration

In August the church calendar commemorates the Transfiguration. The story is told in Matthew (17:1-9), Mark (9:1-9) and Luke (9:28-36). Jesus took Peter, James and John, his closest disciples, up a high mountain. It may have been Mount Tabor, or else one of the three spurs of Mount Hermon.

Suddenly, Jesus is transfigured. His face shone, his garments became white and dazzling. Elijah and Moses appeared, and a bright cloud overshadowed the disciples. A voice spoke out of the cloud, saying that Jesus was His beloved son, whom the disciple should 'hear'.

Then, just as suddenly, it is all over. What did it mean? Moses represented the Law, and Elijah the Prophets of the Old Covenant. But now the Law and the Prophets have found their fulfilment in Jesus, the Messiah. The written Word and the spoken Word have handed over to the Living Word.

S T A N M G J E O F T C E F E			
S P A T P H P E T E R G G N J			
A D G B A E R A S E A C I O E	TRANSFIGURATION	LIVING	MANKIND
M U N J O P J A H U N H H M R	JESUS	CLOUD	LAW
N O I T A R U G I F S N A R T	MOUNTAIN	TRANSFORMED	PROPHETS
G L V A R O H E G M F M A E W	TABOR	WHITE	PETER
E C I B R S T E H P O R P H A	HERMON	DAZZLING	JAMES
G J L J Z E K D G U R S I L L	HIGH	ELIJAH	JOHN
L N P J D N I K N A M T E E O	SHINE	MOSES	FEAR
O E I M I J R T I F E A R S W	FACE	DWELLING	GLORY
R T O L F A A E L H D C S A P	WRITTEN		
Y T J A Z I L M L W G O A T U			
N I E P N Z T E E A P J U F H			
L R L R N D A U W S I L L S N			
H W F G A K H D D I D A M S H			

GY & Gorleston Lifeboat Shop

Recently the shop crew had a catch up with our amazing lifeboat crew, it was interesting to hear what they do in the real world, very varied lives but with one aim when it comes to the RNLI, to save lives.

Karen our outside events coordinator has been busy with volunteers attending the Five Rivers event, The Gorleston Food Festival, Norfolk Show and the Cliff Top Gala.

Our Fundraising Guild have been busy with their open garden event and the coffee morning. Our shop is as busy as usual, but now we have the added bonus of looking forward to Christmas and the New Year with our new range of Christmas cards and

2024 calendars flying out of the door and it's only August! If there is anyone out there who fancies getting involved either with our shop, the outside events or both, drop into Margos Lounge Tues-Fri 10-2 or Sat 10-3 and have a chat and pick up an application form. You too could save lives at sea, even from the land!





Gorleston Links Bowls Club

Bowls can be a funny old game...

If a book was ever written about what can, and does happen in a match, no one would believe it!

One such day recently, two matches at two different clubs with some of the same players.

The morning match was played in warm sunny conditions, and nothing seemed to go right for certain players. They just couldn't get shots or angles right, whatever ideas and adjustments were called upon. And lots of distractions around the greens did not help.

The later match had early evening heat in a more open setting, and the same players absolutely walked it! They could hardly put a bowl wrong if they tried! A brilliant match with a great atmosphere from both sides. The sort of game you dream of playing. Weird how it just happens this way.

Following on from this, we hosted a ladies touring team from Hertfordshire. They arrived to a welcome at our marquee with teas, coffees, jam and cream scones, and biscuits. They loved the sea views, there was a bit of a breeze and their team did ok on two rinks, but we flew on two rinks, which left some of their players a little despondent. Obviously not used to such conditions that we face regularly.

One of their team captains ordered a rousing pep talk and the team scored 7 off the next end which got them laughing and cheering again.

Like the old football saying, it really is a game of two ends!

Some of our members have had memorable games, playing opponents who have been involved in the World Bowls Championships.

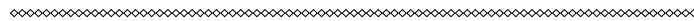
Mike and Jenny played in the National Mixed Pairs competition. They played Katherine Rednall and Richard Summers in very windy conditions on the green, and took a 7-0 lead by end four. After ten ends, they were 12-2 up but Katherine and Richard pulled back to draw 13-13. Then they nudged ahead to take the lead for the first time, going into the last end ahead by one point. Jenny held two of her three woods and Mike drew one onto the jack which stayed after two attempts to fire it off. So, the win led to a match against Wayne and Rebecca Wilgress. Jenny played well, but Wayne plays an aggressive style, which saw them win. So, they now look forward to next year's competition.

In the NBA Men's Pairs game, we had two teams which saw Leo and Ian play Perrett and Summers from Norfolk Bowls club. And what a game it was! NBC were holding one for the draw and an extra end, and then Ian, with his last wood, claimed shot to win 16-14!

So, as you can see, matches can really turn for or against you at any point, it's what keeps your eye in and heightens your awareness of possibilities.

Anyone who thinks bowls is a slow moving, easy going game can really be pleasantly surprised by all of the twists and turns that crop up, another reason to love the game even more.

GLBC, in red, with the Hertfordshire Ladies touring team



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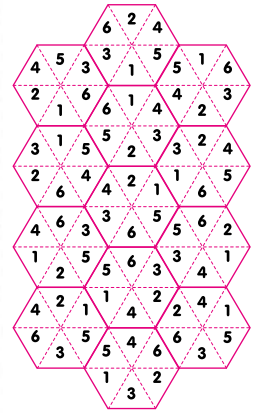
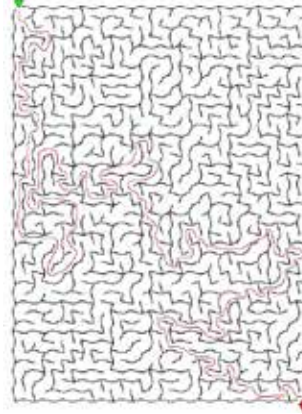
Coffee Time Answers

Word Ladder: crawl, trawl, trail, train, grain
Caught in the middle: dressing, stand, socket, where, water
Seeing Double: ritual, saturn, porter, curtsy, asleep,
 phlegm, finery, renege, bucket, pickle
Mystery keyword: turtleneck

Across: 1 eavesdrops, 6 zero, 7 null, 8 fez, 11
 anonymously, 14 gnu, 16 trod, 17 sash, 18 wrongdoers,
Down: 1 eczema, 2 vary, 3 determining, 4 own, 5 solo,
 9 end, 10 gut, 12 yachts, 13 crow, 15 late, 17 duo



2	6	5	1	9	7	8	4	3
4	8	7	6	5	3	9	1	2
9	1	3	8	4	2	5	6	7
8	5	2	4	3	6	7	9	1
3	9	6	7	1	5	2	8	4
7	4	1	2	8	9	3	5	6
5	2	8	3	6	1	4	7	9
6	3	9	5	7	4	1	2	8
1	7	4	9	2	8	6	3	5




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Life Afloat

by Patricia West, who continues her reminiscences...

This and That



3rd of October; it would have been my mother's 68th birthday. We lost her at just 54.

Ah me - what would she have made of all this?

Despite the strong autumnal tang the warm days seemed endless as the trees began to slowly shed their leaves and little pods of bronze, orange and gold spilled onto the grass below.

Reaching the outskirts of a small village and needing a few provisions, we wandered into what appeared to be the only shop. It looked a little shabby but the young proprietor Maurice, was friendly and the items we needed looked OK, we decided to risk it.

Putting our purchases into a bag Maurice suggested we take coffee with him and his wife who, carrying a small baby, was just emerging from behind a large black curtain. Sitting down together we were introduced to Celine and eight month old Sacha. After passing Sacha around for a hug it was nappy changing time and Celine, cradling her little son retreated behind the curtain. Chatting away we discovered Maurice owned an eighteen foot dingy and the conversation became all things nautical.

Unfortunately the curtain had not been properly closed allowing me to see right into the back room. I stared in disbelief as Celine spread a small rug onto the table and pushing aside the coffee pot, bread and cooking utensils proceeded to clean up the baby. Hastily nudging Richard we said our goodbyes and once out of earshot, I said "Let's hope Celine washes her hands AND the table before serving the next customer," then giggling, "shall we go back and tell them for the past twenty years you have been a fully fledged environmental health officer?"

Heading for the tow path we dwelt on the amount of dogs and other animals allowed in the shops, particularly in food markets and the butchers. Bread was handed over the counter unwrapped and carried away tucked under the customer's arm. It also seemed French families drank wine at every meal - yet the country had the lowest incidence of heart disease in Europe. Was it the rest of us who were out of step?

On the way back we gathered multiple fruits from the richly ripe country bushes. Back on board Pillage it took the skipper ten minutes to prepare for departure and start the engine, while in our little galley I began a compote, layering our recently plucked bounty into a large glass jar together with sugar, brandy and other goodies taken from the cupboard. I was to continue adding to the compote for several weeks in the hope of presenting a special treat on Christmas Day.

The evening was restfully quiet and next morning we made an early start. Our main destination the river Rhone and Lyon, a hundred kilometres ahead.

However, first we had to complete the journey on the Saone, a broad sweep of water still entertaining a few last minute holiday makers cruising in the style of the German lads who had helped "White Lady" several weeks before.

Some of these vessels had been shipped across to southern France from England by a Norfolk company 'Blue Bell Cruisers'. The boats were subsequently revamped, refurbished and renamed 'le Bateau Bleu'.

The cruisers looked smart and very comfortable but they could be a nuisance, tending to travel in convoy causing long delays in the locks. Thankfully there was little sign of the big barges this far down.

Every craft, no matter the size flew the French tricolour while individual countries were able to fly their own national flag. Almost without exception these small pennants fluttered proudly - an acknowledgement to their own home soil perhaps?

With Lyon beckoning we were keen to keep moving, mooring up late each afternoon for an overnight stay. We were touched at the number of hands offering to bring in our ropes and tenders, whether that be on pontoons, alongside a wharf or occasionally, beneath a row of tall trees. Fellow boaters were keen to help, maybe because most holiday makers had departed leaving only the locals with enough time to spare.

Our travels always evoked interest and we were constantly invited to "pop along for supper" a regular occurrence among boaters where hosts advised where to find the best provisions, bottles of vin du pay and most helpful of all, the cheapest diesel.

The French could be pleasant but also taciturn. I recall asking a local the way to the post office. He gave instructions but omitted to tell me it would be closed when I got there due to a bank holiday!

Another thing we discovered was "The Roaming Book Club". Rarely would anyone visit another craft and not suggest an exchange of books. There were times when vessels remained stationary, it could be bad weather, engine problems or merely taking a break. It was then very comforting to have a good book or two sitting on the shelf.

The clock was ticking, time to choose whether to dally with new companions or enjoy extra days in Lyon. Dusk now came at 6.00pm reducing our travelling hours. Pillage would soon need to be wintered and made safe in appropriate surroundings.

Reluctantly, with friendly waves we set our compass for Lyon. Suddenly the Rhone and the city of Lyon were in our sights, the long run in to both had began.

Next month:

Beautiful Lyon

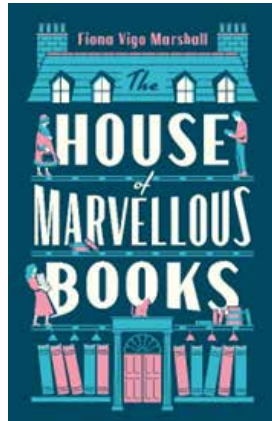


The Bookshelf

House of Marvellous Books
by Fiona Vigo Marshall

Thanks to Margaret for this review

Tucked away in a near derelict library in the centre of London, The House of Marvellous Books is a publishing house on the brink of financial disaster. Assistant Ursula is asleep at her desk whilst head publisher Gerard, is going Health & Safety mad. Chief Editor Drusilla should be steering the ship, but she is far too busy trying to find the famous missing manuscript!

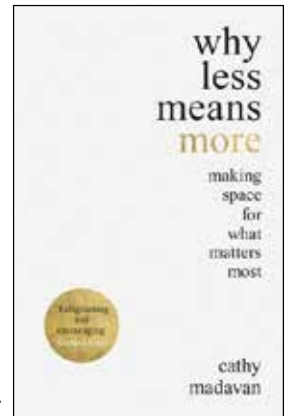


Will mysterious Russian buyers lurking in the wings finally sink them, or will the legendary Daybreak Manuscript be found to save the day?

Why Less Means More
making space for what matters most
by Cathy Madavan
SPCK, £10.99

Do you feel frazzled? Frantic? Fearful you haven't got enough? In a world obsessed with more, where potential is maximised, and busyness is glorified, another reality also exists: we all have limits – and many of us are living at the edge of them.

What would it look like to pursue less success and more significance? To live with less complexity and more clarity? To chase less of the 'extraordinary' and celebrate more of the 'ordinary' moments that make up an extraordinary life? This book shows how saying no to one thing might mean saying yes to something far better.



Poems to Ponder

Modern Times

I wondered lonely as a cloud
Through streets of concrete and bricks
Desperately trying to get a signal
On my brand new iPhone six.

I haven't used it for at least five minutes
I don't know what to do next
Unable to send a selfie
Or even receive a text.

I don't care about what's around me
I don't care about traffic at all
I just can't do without my phone
My friends won't think I'm cool.

My Mum will get me a new one
She'll have to pay for it too
Can I be expected to buy it myself
I'm only thirty two?

by Bob Crook

I Want the answer

The answer to my question
No one seems to know
And as birds tend to travel about
I thought I'd ask a crow

The next day on my travels
I saw one high in the trees
I shouted up very loudly
"Do you know if mice have knees?"

by Bob Crook

A.S.A.P.

Have you ever considered the abbreviation A.S.A.P. (As Soon As Possible)? Generally, it brings even more hurry and stress into our lives. Yet there is another way to think of A.S.A.P, a way which might help us deal with those difficult times in our daily lives.

When there's work to do, and deadlines to meet, and your colleagues are rushing around, here's what you can do to help: A.S.A.P. – Always Say a Prayer. When your worries mount up and you don't know how you are ever going to cope with what is coming at you: A.S.A.P. – Always Say a Prayer.

God knows how stressful our lives can be, and He wants to ease our cares. In the Bible He promises to respond to our calls for help. So – call Him! A.S.A.P.!

.....



Scan the QR Code to access the magazine website, where you can download previous issues, find out about placing articles and adverts, and contact us at the magazine.

Anyone For Tennis?

Hidden at the end of Orde Avenue in Gorleston is the home of Gorleston Lawn Tennis Club (GLTC). We are a friendly five court club set in our own grounds with floodlights and a practice wall. We benefit from a Club pavilion with seating, cooking facilities, toilets and changing rooms.

The Club is one of the oldest in Norfolk being opened in the 1950s so a lot of members have played on its courts over the last seventy plus years. It's a club that caters for all standards of players: from more serious league players, juniors who are just starting out, to beginner adults.

Tennis is a great game to learn and play at any stage of your life. It's social, keeps you fit and is relatively inexpensive. Adult membership at GLTC is £99 for a year, £30 for juniors and £160 for family membership and you get lots for your money.

There's plenty going on at the Club. Three social tennis club sessions are held each week on a Wednesday morning, Thursday evening and Saturday afternoon for new and established members to take part in. Bi-monthly fun tournaments are played with prizes and refreshments. A tennis ladder is up and running for the more competitive members. Plus tennis teams are fielded in three area leagues.

If you want to learn the sport or want to improve your game we

have a wealth of coaching programmes running, led by our two National Tennis Association (NTA) coaches Sam and Ross. Courses and individual lessons are run for juniors and adults of varying standards. Plus we have a junior tennis camp running on three Wednesdays in August. You do not need to be a Club member to access any of the coaching.

We have a regularly updated website at clubspark.lta.org.uk/GorlestonTennisClub where you can find out lots of information about the Club plus more details about any coaching programmes. We also have a Gorleston Tennis Club Facebook page.

If you are interested in finding out about the Club or would like to come along to have a look then either make contact via the contact page on our website or phone Claire on 07535553685.



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Lions at the Library

Great Yarmouth Lions Club has recently held a Period Poverty day at Gorleston Library, supplying it with over 650 packs of sanitary products. These were supplied directly from

donations from the club itself, plus support from Tesco Community Champion, Floating Lotus, Here We Flo, Ormiston Herman Academy and Lil-Lets.

Lions International hold annual Young Ambassador competitions and this year's British Isles' winner, Isobel, was the winner with her period poverty awareness and fundraising - this remarkable young lady inspired our club to look into how we could support this need in our own community.

Gorleston Library runs "Tricky Period" a project which linked wonderfully to our cause.

As well as providing products, several members spent the day at the library to promote awareness and some of the Leos (the youth group of Lions) made up discreet packs (pictured below) that people can pick up without any questions or embarrassment.

Lions International is the largest service organisation in the world, with over 1.4million members globally. Great Yarmouth Lions, with membership drawn from Great Yarmouth, Gorleston and beyond, is celebrating its 70th year of serving our community this year.

Tackling #PeriodPoverty



Leo's Mollie, Emily and Lana

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WASTE COLLECTIONS

GoSH

Gorleston-on-Sea Heritage Group

Claude Mowle Photographer

A GoSH member, who is interested in the history of commercial photography in the Great Yarmouth and Gorleston areas, recently acquired this postcard size photograph from a well-known internet auction site. The seller did not know anything about the photograph other than that it was from his late mother's collection. He also did not know the identity of the people in the photograph or when or where it was taken. According to information printed on the reverse side of the



card, it was taken by C E Mowle of 17 Church Road, Gorleston. Surprisingly Claude Mowle is not listed as a photographer in any street or trade directories found so far, but he was recorded with this occupation on several official documents.

Claude Ernest Mowle was born in the September of 1860 at Monk Soham in Suffolk. His father George Mowle was described as an "Inn Keeper and Carpenter" on the 1871 Census when the family were still living at Monk Soham. Claude was working as a "Barman" when he married a Gorleston woman, Sarah Alice Warnes, at Marylebone, London in December 1891. According to the 1901 Census, Claude, Sarah and their five children were living in Prittlewell, near Southend in Essex. Claude was working as a "Joiner" and in 1899 he had become a member of the Southend branch of the Amalgamated Society of Carpenters and Joiners.

The 1911 Census records Claude's occupation as a "Photographer and Joiner" living with his family at 176 Church Road, Gorleston. Ten years later the 1921 Census reveals that the Mowle family had moved to 223 High Street, Gorleston and Claude's occupation was recorded as a "Photographer" with no mention of being a joiner. He was employing Ernest Edward Felmingham (1873-1950) as a photographer's assistant. Felmingham was also lodging at number 223 High Street on the 19th June 1921, the day the Census was taken.

In the early 1900s Ernest Felmingham was running his own "Ferry Studio" from 18 St Peter's Paved Row West, Great Yarmouth, according to Kelly's Norfolk Directory for 1904 and 1908. In 1916 Felmingham got into a bit of trouble while working for Claude Mowle. He had entered

a military camp at Lowestoft with his camera but did not have written permission to do this. He was detained and his apparatus was seized.

Claude's wife Sarah Mowle died at 223 High Street, Gorleston in 1924. In the October of the same year Claude married Hilda Elise Benns at St Peter's Church in Kirkley, Lowestoft. Claude's occupation was recorded on the marriage record as a "Photographer."

Claude Mowle is probably best known for his collaboration with the Gorleston artist Kenneth William Luck, who was born in 1872. Mowle would take photographs, usually of ships and fishing vessels, that Luck used as a reference to create a painting from. It is believed that Mowle sometimes used a magic lantern to project the images of the ships onto the painting and drew the outlines for Luck to follow. Mowle would usually sell the paintings to the ship's owners or a member of the crew for one pound. Today these paintings are highly collectable and rarely come up for sale. Kenneth Luck died at Gorleston in 1936.

Claude's occupation was still a photographer when the 1939 Register was compiled and he was living at 223 High Street, Gorleston with his second wife Hilda and other family members. Claude Mowle died age 79 at Great Yarmouth General Hospital in 1950 and was buried in Gorleston Old Cemetery on 6th January 1950. His burial record proudly proclaims him to be a "Photographer."

If any reader knows the identity of the couple who were posing for Claude Mowle's camera in their pony and trap, please do contact GoSH via the contact us page of our website:- <https://gorleston-on-sea-heritage-group.webnode.page/contact-us/>

EN Teacher scoops Silver in National Teaching Awards

A teacher at East Norfolk Sixth Form College has been named as a Silver winner for a prestigious national teaching award.

Teacher of Sociology, India Loveland has been selected from thousands of nominations to win the Silver Award for Further Education Lecturer of the Year for her outstanding commitment to changing the lives of the students she works with every day. The award recognises exceptional educators who have demonstrated excellence in their teaching practice and a commitment to their students' success.

In addition, India has now been shortlisted to win one of just 16 Gold Awards, which will be announced and celebrated at a gala ceremony in London on 25 November and televised on the BBC, with winners showcased on The One Show.

The honours have been announced on National Thank a Teacher Day, an annual event celebrating the role of educators across the UK for the valued role they play in communities and shaping young people

India was presented with her award by Wendy Wooster, Curriculum Development Manager for the East of England at Pearson UK and EN Principal, Dr Catherine Richards.

India has been teaching Sociology at EN since 2017 and has made a significant impact on the college community.

On learning about the win, India said: "I am absolutely delighted and shocked. This award means so much and I'm so lucky to have taught so many students over the years who are so eager to learn about the world and really develop their understanding of society. As an ex EN student, it's been a dream of mine to come back and teach here and support my students in the same way that I was supported by my teachers. Given the socio-economic factors of our local area, I think it's really important for students to be able to have high aspirations for their futures and so being able to support them and guide them with this is an honour."

EN Principal, Dr Catherine Richards said, "We are so proud that India has been recognised with this very prestigious award. It is a well-deserved award for her success in and outside of the classroom and the impact that she continues to have on our young people is truly outstanding. To know that a former East Norfolk student has been on this fantastic journey and to win the silver award is amazing.

Faculty Leader, Jenna Longworth said "India is an excellent role model to our learners, she has exceptionally



India Loveland above with her Silver Award

high expectations of each and every student and works with them to help them achieve their best and inspires them to be confident in their own abilities. It was a pleasure to nominate India for this award, and I'm not surprised that the judging panel felt that she was deserving of this award.'

Secretary of State for Education Gillian Keegan said: "People go into teaching to change lives, and so many of us are lucky to have been shaped and influenced by the best of the teaching profession. These awards mark the exceptional contribution that incredible headteachers, teachers and support staff make every single day, nurturing the potential of our young people across the country. Congratulations to each and every winner and thank you for all you do for our children."

India added: "The social sciences department at EN are all amazing and are all so supportive of each other as well as our students, so I really am part of the best department at the college! I just want to also say a massive thank you to the Principal and Faculty Lead for nominating me for the award in the first place and for being so supportive, going above and beyond to help me through this journey."

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