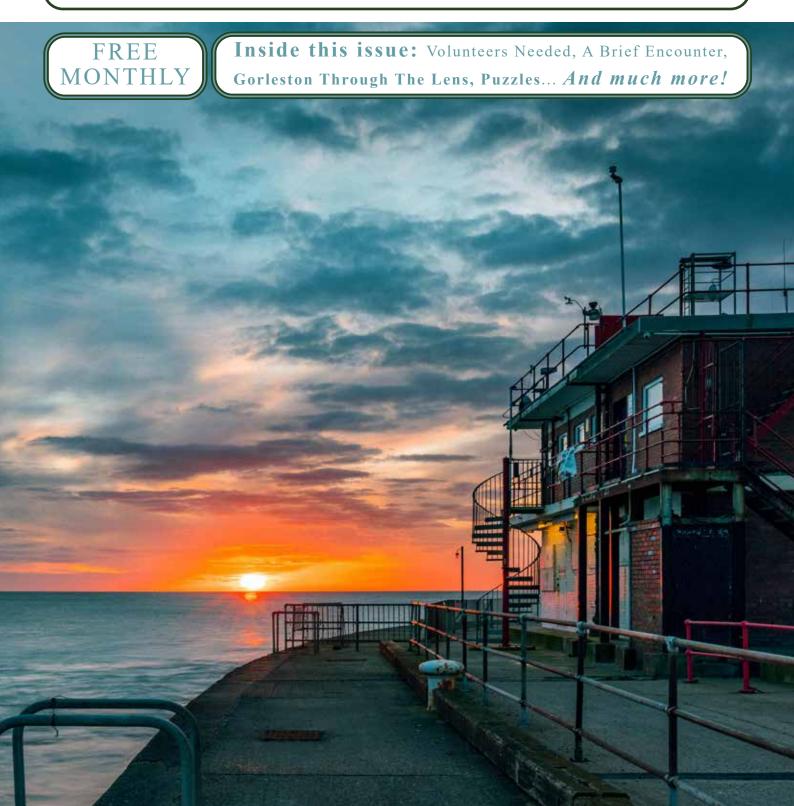
St Andrew's Church

ISSUE 37, June 2021

# GORLESTON Commity Magazine



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# Hello Gorleston!



Welcome to Issue 37 of YOUR free community magazine.

Yes, that's right, issue 37 - year 4 of the Gorleston Community Magazine! Where does the time go? As always, we welcome contributions from all areas of our wonderful town, whether they be articles, poems, letters, stories, sports or club reports, photos, or maybe you have an interesting job or hobby that you would like to tell us about. We have lots of regular features, but one-offs are just as welcome. Or maybe there is a feature you would like to see in the magazine - just let us know and we will see what we can do. Or perhaps Covid and lockdown have inspired you to make changes to your life as lockdown eases. Why not tell us what plans you are making and how life will be different for you as compared to before Covid.

Remember we are just a phone call or email away: 07874 713 815 or gorleston. community.magazine@gmail.com. We look forward to hearing from you!

For more information on contributing, advertising or downloading previous issues, please check out our new pages at www.gorlestoncommunitymagazine.co.uk.

God bless you and keep you safe, and we'll meet again in July!



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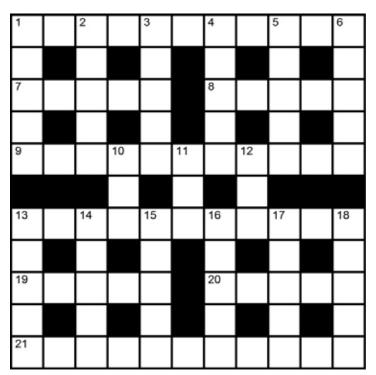
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Deadline for the July Issue is Friday 11th June

Thanks to **Glen Gardiner** for this month's front page picture

Gorleston Community Magazine is published by St Andrew's Church, Gorleston, and printed by Blackwell Print, Great Yarmouth. The views expressed in this magazine are not necessarily those of the publisher or the editors, and the acceptance of adverts does not indicate endorsement. All contributions are included and edited at the discretion of the editors. Please ensure you have the rights to all photos and have the subject's permission.

# **Coffee Time 1**



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#### Across

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- 8 Pending (5)
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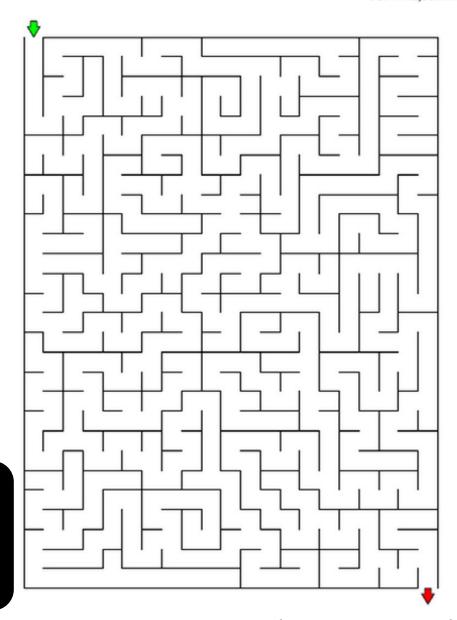
- 1 One up on a major (2,3)
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- 10 Morse code component (3)
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- 14 Type of stew (5)
- 15 Gaiety (5)
- 16 Narrow-minded sort (5)
- 17 Chapter member (5)
- 18 Remove hair (5)

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The Rockin' Rev

**Line of Duty** 

An eccentric, maverick, or flawed protagonist! Unconventional investigating techniques! High speed car chases! Grisly murders! Plot twists! When it comes to police dramas on TV my personal taste gravitates more towards, Life on Mars, Ashes to Ashes, and Death in Paradise. Others have different tastes when it comes to policing on TV.

For many years, Line of Duty fans have been gripped by the investigations of AC-12, an anti-corruption unit under the supervision of Superintendent Ted Hastings, tasked with hunting 'bent coppers' all the way to the top echelons of the Police Service. It's been a hugely popular TV series, but I must confess that I wasn't one of the thirteen million viewers who tuned in for the Season Six finale.

Up until the finale, the identity of AC-12's nemesis "H" or the "Fourth Man" was a closely guarded secret. But as the credits rolled, many fans of the show were left disappointed and underwhelmed by the finale. Thinking that Hastings and his team were chasing some criminal mastermind or supervillain, a howl of disbelief was heard across the nation at 9.43pm on Sunday 2nd May 2021 when "H" was revealed as the rather poorly dressed, dim-witted, even gormless, Detective Superintendent Ian Buckells.

As I said, I'm not a devotee of the show but it seems to me that Line of Duty writer, Jed Mercurio, has masterfully created a window into culture, society, and humanity.

Far from the escapism many of us seek in our Sunday night viewing, he made viewers feel uncomfortable. Evil supervillains may be the stuff of Disney, but humanity's brokenness might lead any one of us to a decision where we feel we have no choice. And perhaps that is closer to

> Rev Brian Hall Vicar of St Andrew's Church







the reality we all live in?

When quizzed on the finale, Mercurio himself noted that he wanted to make a point about how someone can do a lot of harm without necessarily being an evil mastermind.

Reminiscent of the usually mislabelled quote: "The only thing necessary for the triumph of evil is for good men to do nothing", Line of Duty suggests that evil acts aren't necessarily done by 'evil people' but led by the systems and circumstances in which they find themselves.

Line of duty presented characters who are flawed in ways that many of us might relate to. A guy, for example, with little integrity or care, who was fed by simple greed and turned a blind eye to what was going on around him.

Is it not a neglect of our "line of duty" as good citizens, if we stand by and do nothing when we witness wrongdoing?



After months of lockdown, the Sunday procession probably needed some practise.

# Volunteers needed in the Gorleston area Can you help?



#### **Telephone befriending**

"It's lovely when somebody says thank you for ringing me. I enjoy chatting to people; they have some great stories to tell." Telephone befriender.

We need more telephone befrienders. Do you know someone who likes to chat? Age UK Norfolk's telephone befrienders make a friendly weekly call to an older person in Norfolk who may be lonely or isolated. For some older people this will be the only person they speak to all week. Even if you have only half an hour a week you could support an older person by enjoying a joke, sharing an experience or completing the quiz we provide together. One older person said about their befriender "We get on so well even though I'm 91 and she is in her 20s. I make her laugh and she makes me laugh too. We talk about all sorts of things; houses, TV, gardens. I think she's lovely and I do look forward to our chats."

Telephone befriending enables us to support older people across the whole of Norfolk. We have found telephone befriending an effective way of building a relationship with an older person and so relieving loneliness and isolation. For the befriender it is flexible, can be carried out from home and at a time that suits befriender and older person. The cost of the call can be reclaimed. You will need email and access to

a computer/tablet as the induction and a follow up a month later is carried out by Teams (similar to Zoom), this is free, straightforward and full instructions are provided.

Most of our telephone befrienders are women and we need more of them. We would like to have more men too.

#### Money matters

After the death of a partner, many older people have had to deal with their finances for the first time. A little support to organise their bill payments, fill in forms and put together a budget could make a big difference to that older person and could ensure they remain independent.

The money matters role usually involves home visiting, however, during the Covid 19 pandemic, where possible, we are supporting older people remotely from home with contact by phone, video call, email and where necessary letter. We will still be able to home visit for urgent cases but this is optional for volunteers and a full risk assessment and PPE would be provided. We are particularly in need of volunteers in the Gorleston area.

For more information: telelphone: 01603 785210

email: volunteering@ageuknorfolk.org.uk

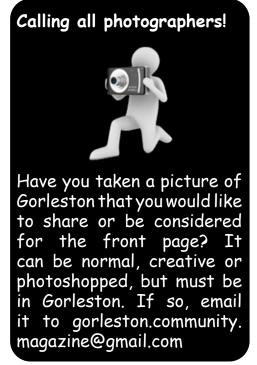
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# Richard Routledge



After moving into our rented house, life was sort of getting back to normal, the kids were going to their normal schools and I, in a strange way, was getting to like being a house husband, and life on the dole was not too bad. I was seeing more of the kids and

I seemed to have a bit more money in my pocket (YOU NEVER PAY YOURSELF ENOUGH WORKING FOR YOURSELF). I was not worried about doing any parties although I did miss that bit of my life.

After about 6 months not working a friend of mine was opening a shop in Great Yarmouth, and asked would I be interested? Oh yes, I thought, and Sax Clothing was opened a few months later. Funny enough it was only round the corner from my old shop.

It was so good to be back selling fashion again and I was working for an old friend, Rob. The shop was small, but we had some brilliant clothes for the young trendy people and clubbers. I was feeling good about myself because I was paying my way and not relying on the state.

I knew it was only time before the promoters head would come back on my shoulders.

This time though, we had learnt lessons and I decided to start very small. A small bar in Great Yarmouth had contacted me to see if I would be interested in DJing for them, but I asked if I could put my own nights on there instead. They were happy to say yes.

My first night was with an old friend from Cambridge, the legendry Max Reece. On this one we got the bar to pay us if we did the posters etc, they said yes and the night worked fairly well. I did a few of these over the next few months and they worked well.

Things were looking up again, slowly mind you, but it was on the up. Rob's shop was doing well, and a lot of the time he left me to it, as he worked away a lot offshore, so it felt a bit like working for yourself without the pressure.

About this time you had the new kid on the block, with his own rave nights, called Dance Paradise. I was so glad I had finished with the big events, his were big,very big and I could never have competed with him. He was young and had his finger on the button with the young market. I knew if I was going to do do anything it would be with my own age group.

Being in the shop was good for me because I could connect with my old crowd again and the old feelings were coming back.

Find Richard and What Is Hip on Facebook at: https://www.facebook.com/WhatisHipGLSTN/











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# **Gorleston Grapevine**

E.E. Green & Son is delighted to be working with Involve Active, a not for profit organisation. They provide activities and engagement programmes for

young people and adults with additional needs, or who may face barriers to accessing services. A new educational and leisure project is currently being developed near Mutford. We delivered tonnes of our finest crushed concrete for their static caravan bases. The service users will really benefit gaining new skills, confidence and taking part in lots of new activities, what an amazing place. If you'd like to find out more you can visit their website at www. involve-active.co.uk.



We`ve been celebrating the start new chapters in life here E.E. Green & Son Group over the last few weeks. Firstly, we celebrate (or commiserate!!) the retirement of one of our top HGV Technicians, Stannard. Paul, or "STAN", as he's



best known, joined L.G. Perfect on 2nd March 1998. Stan, we cannot thank you enough for all your hard work, talent and knowledge you've shared with our team over 23 years. Stan is known for being "very helpful", "a cheerful character", "always smiling"; you will be greatly missed by all the Perfects Team Stan! Wishing you and your partner all the very best for a happy, healthy and fun retirement near beautiful Beccles.

Staying with Perfect's good news, a beautiful new baby boy arrived for one of our top car Techs, Ant, and his fiancé, Dale. They welcomed a new baby boy named Noel into the world 7th May at 1159, weighing



13oz. Hopefully Baby Noel will grow up wanting to be an HGV Technician...would really help me out on finding future Technicians (HA!) We are still recruiting for a fully experienced HGV Technician to fill "Stan's" big boots, however, there's a major national shortage. If you know anyone who would be the ideal candidate, then we have the right salary waiting for the right person, then please do get in touch with ctodd@eegreen.co.uk or give us a call on 657131 during Workshop office

hours.



Many of you may know our most handsome technician, Phil Hodds. who has worked for us since May 1998. Best known for his thorough steam cleans, and excellent ATF lane management skills, here at Perfects, Phil celebrated his 50th Birthday on

28th May. Happy Birthday again from all of us Phil and we look forward to celebrating #teamperfects when we can all get together.

With remaining businesses allowed to open this month, our team here would like to wish them all a very successful reopening. Let's make sure we all shop local, helping those to recover. We'd like to thank all of our customers and clients from Greens, Folkes & Perfects and wish you all a happy and healthy Summer. Not forgetting our absolutely amazing staff, we thank you so much for working so hard throughout. Showing so much determination and a great attitude to your work, new Covid systems and supporting your colleagues.

If there's anything our Group can help you with please get in touch with ctodd@eegreen.co.uk. Let's all have a great start to the Summer!



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# GoSH

## Gorleston-on-Sea Heritage Group

Ottey's Farmhouse

The possible demolition of a Grade 2 listed building in Gorleston was the hot topic of an article in the Eastern Daily Press of Tuesday the 29th February 1972. The property under threat was believed to have been built in the late 17th century and was known as Ottey's Farmhouse. Located on the north side of Beccles Road, opposite the junction of Shrublands Way, it had once stood alone, amid fields, with a meadow and a pond, but by 1972 the fields had been built over, probably after World War 2, leaving only the house and its garden.

An application to demolish the property had been submitted to Great Yarmouth County Borough Council under the Town and Country Planning (Listed Buildings) Regulations of 1968 by the executors of the estate of Mr FE Driver through a local estate agent.

Mrs Beatrice Morgan of Cliff Hill mounted a small campaign in support of saving the property from demolition. It had previously been her family home as a child from 1925 until 1933. Mrs Morgan was one of the children of Mr and Mrs Fred Long who for many years had been dairy farmers and later had diversified into the bottled milk distribution business. Fred Long (1874-1954) had rented Ottey's Farm as a means of expanding the existing dairy farming business started by his father, John Long (1846-1933) in 1872 at Humberstone Farm on Breydon marshes.

Further objections to the proposed demolition in 1972 of Ottey's Farmhouse had come from the Great Yarmouth and District Society, along with the Great Yarmouth Archaeological Society and Frederick Henry Emms of Lowestoft Road, a retired auctioneer/estate agent and a distinguished local historian. Mr Emms had pointed out that Nikolaus Pevsner had mentioned Ottey's Farmhouse in his "Buildings of England" series of publications because of its architectural merit. The house was built with Dutch style gables and originally had a thatched roof. In later years the property was extended with a wing attached to the rear of the building along with bay windows added onto the ground floor front, south facing rooms.

Mrs Morgan's family left Ottey's Farm around 1933 because her father Fred Long had the foresight to invest in the technology and the machinery to pasteurise and bottle milk in returnable bottles. Instead of having his own dairy herd, he purchased milk from local farmers, processed and bottled it before delivering it to homes around Gorleston by horse and cart. Fred and family moved to 59-61 Beccles Road where the bottling plant was located.

Meanwhile at Ottey's Farm following the departure of Fred and family, the new tenants, Charles and Ada Long moved in and continued to run it as a dairy farm. It is believed that Charles Long was not directly related to Fred Long but may have been a distant cousin. The 1939 Register records the occupants of Ottey's Farm as Charles John Long born 1881, a "Dairy Farmer" living with his wife Ada born 1888 and his mother Mary born 1851. Charles

died at the farmhouse in 1947 and Ada continued living there but diversified into running it as a Bed and Breakfast establishment. The Peterborough Standard of the 20th May 1949 carried a small advert for a "delightfully situated Farmhouse. Board Residence. Bed-Breakfast. Modern sanitation. Own dairy, billiards, near sea, golf links. buses. Mrs. Long. Otteys Farm, Beccles Road. Phone 34." In 1950 the live and dead farming stock belonging to Mrs Ada Long came under the auctioneer's hammer of George Durrant & Sons of Beccles. After this Ada Long continued living at Ottey's Farmhouse until her death there in January 1969.

Mrs Morgan had tried to research the history of Ottey's Farm but nothing conclusive had been found. Having Dutch gables it was suggested that the house was connected with the Dutch engineer who was involved in the construction of the harbour. Other lines of research found Robert Ottey a dissenting minister in 1652 and a John Ottey listed as a church warden in 1760. With the vast amount of Internet based records that are available today it is possible other lines of research could emerge to add to these theories about the origins of Ottey's farmhouse.

In her letter of objection to the proposed demolition, Mrs Morgan suggested that the council should purchase the property for welfare purposes or to benefit the local community. The Yarmouth Mercury's Peggotty columnist suggested that the property could be suitably restored with an investment of £25,000. The senior partner of the local estate agents who were proposing the demolition did not agree. He said he would not want a property of special merits in a reasonable condition to be demolished but saw the property in question rather differently. "There is not much of architectural value or interest in the building," he said. This seems to have been the last word on the subject as permission to demolish the property was given by the council and the bulldozers moved in.

Gorleston-on-Sea Heritage Group is not currently meeting because of COVID19 restrictions. Please visit our website for further updates. https://gorleston-on-sea-heritage-group. webnode.com/



Facebook: www.facebook.com/gorlestoncommunitymagazine

## **Vets and Pets**



#### Looking after your new pet!

Thinking of adding a new pet to your family this Spring? We've put together a check-list of things to do! Once you have your new arrival, please arrange to let us check it over and ensure it is fit and well.

Vaccinations: In the early weeks of life, puppies and kittens gain immunity against disease from their mother's milk. This fades over time and they will need a course of vaccines to ensure they are protected against infectious diseases (see box right).

Worming: It is very important to treat puppies and kittens



for roundworms (see photo left) since they can acquire these from their mothers early in life. As they grow up, they are susceptible to infection with both roundworms

and tapeworms and will require regular worming treatment. Additionally, lungworm is a problem for many dogs.

Fleas: Puppies and kittens often arrive complete with a small army of fleas, so it is a good idea for them to be given a check over on arrival! We can recommend the most appropriate treatment for your pet, whilst household sprays are great for treating your home.

Pet insurance is also highly recommended, giving you

peace of mind should unplanned for veterinary treatment be required.

We can also advise you on other topics such diets and feeding, dental care (see box below) and much more! We are here to help, so please ask a member of our team for further information on any aspect of caring for your new arrival!

Annual Vaccinations

We recommend you vaccinate regularly your pets against the following, potentially fatal, infectious diseases: routinely Dogs are vaccinated against: parvovirus, leptospirosis, hepatitis and distemper. Cats usually are vaccinated against cat flu, panleukopenia, and feline leukaemia virus.

Early Dental Care

Pets have two sets of teeth, and their "milk" teeth progressively fall out from about 12 weeks of age to make way for their adult teeth. If this doesn't happen the corresponding adult tooth may erupt in the wrong direction. This is usually only a problem in dogs and is treated by extracting the retained teeth.

Disclaimer: As far as possible we have taken all due care to ensure that the information and advice given here is correct. It must, however, be realised that advice can differ in different circumstances. We can therefore accept no responsibility for errors and suggest seeking direct professional advice whenever there is any doubt.

Haven Veterinary Surgeons is part of CVS (UK) Limited, a company which owns over 460 veterinary practices within the UK. Company Registration Number 03777473 – Registered Office: CVS House, Owen Road, Diss, Norfolk IP22 4ER.



# Monthly Recipe

from Fleetwoods Butchers

#### Barbecued fillet of beef with mustard & soured cream sauce

Serves 6, Preparation time - 10 mins, Cooking time - 10/15 mins depending on how you like your beef



#### **Ingredients**

- 1.5kg Fillet beef (ask butcher to trim all fat)
- 2 tbsp olive oil
- 2 garlic cloves, bashed
- Black peppercorns, crushed
- Small bunch of thyme
- 300ml soured cream
- 3 tbsp wholegrain mustard

#### Method

- 1. If your barbecue hasn't already been heated, light and heat until the ashes turn grey, or heat a griddle pan. Rub the beef with 1 tbsp olive oil and the garlic, season well with salt, then coat each side with the crushed peppercorns. Put on the barbecue or in an almost smoking griddle pan. Brush the top with the rest of the oil using the thyme, then place the thyme on top. Once the underside is charred with a nice crust (about 5 mins), remove the thyme and set aside, turn the fillet over and cook for about 5 mins more.
- 2. Test the temperature of your fillet using a meat thermometer to make sure you don't overcook it. For medium rare, you want it between 52-55C. Once at the

- desired temperature, remove the meat to a board, place the thyme and garlic on top and cover in foil. Leave to rest for about 5 mins.
- 3. Meanwhile, make the sauce by combining the soured cream and mustard in a bowl. Season and set aside. Transfer the beef to a clean board, slice into 2-3cm thick pieces and serve with the sauce





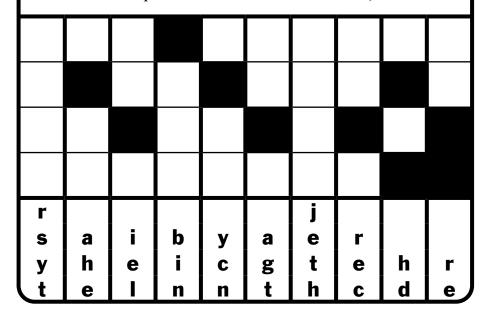
# **Coffee Time 2**

#### **Fallen Phrase**

Letters have fallen out of their boxes. Can you put them back in the right place to reveal the name of a book and its author?

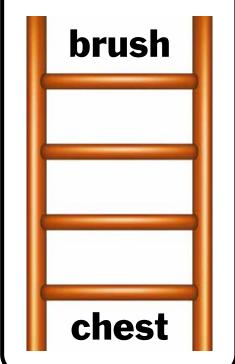
(Words may continue on the next line.

Keep the letters in the same column.)



#### **Word Ladder**

Can you climb the ladder changing 1 letter at a time, to get from the bottom word to the top word?



#### Caught in the middle

What are the words that can be written down the middle to create two more words or phrases either side?

maiden ..... tag

paper ..... ache

brown ..... daddy

clock ..... active

peanut ..... fly

# Crunch 'em What is "?" + <t

# **Ormiston Herman Academy**

Learning is in full flow at Herman and the children are enjoying being back in the routine that school provides.

As the days are getting lighter and warmer, we are really pleased to be able to offer after school clubs once again and we have a great range of clubs up and running. Children are able to attend gardening, nature, and art clubs as well as lots of sports clubs. Uptake has been extremely high and with each week that passes, we feel that we are slowly moving back to a more normal routine for all our pupils and staff.

Year 1 have been learning about important people in history and in order to bring the learning to life, they had a very exciting day dressing up as nurses and soldiers from the Crimean War.





The children learnt to clean the wards, care for the sick and bandage the wounded. As a result of the excellent care they received, the recuperated soldiers



were able to take part in marching activities and parades and it was a day that all the children and staff really enjoyed.

Every year, pupils in Year 6 get the opportunity to visit

'Crucial Crew', where they learn life skills that will support them in the future. Lots of our services attend the event in order to help the children learn how to keep themselves safe. For example, the fire service shows them how to prevent fires in the home and what to do in case of an emergency, the Matthew Project educates children on the dangers of substance abuse, the police talk to pupils about staying safe online and the Coast Guard make them aware of the dangers of the sea and how to take care of themselves.

This is always a highlight of Year 6 and this year was no different even though it had to be delivered online. The pupils enjoyed the morning and learnt lots of new skills.

As a whole school, we celebrated World Maths Day, with lots of fun activities and our KS2 children had a very competitive Times Tables Rockstars competition.

At Herman, we take mental health as seriously as physical health and even our youngest children can talk about how to make themselves feel happy and positive. May 10th was the beginning of Mental Health Week with a nature theme and all our children have enjoyed walks in the grounds, cloud gazing and creating posters to promote good mental health. Visitors to our Academy comment on the calm and purposeful atmosphere throughout the school, so we strongly feel that the work we do has a positive impact on children and staff wellbeing.





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Alternatively a pack of our new 75 litre garden waste bags could be just the job for a smaller garden, call 01493 742200 to purchase a pack of bags.



# A Brief Encounter with the Duke of Edinburgh

by Patricia West

Several years ago, I worked for the newly set up Duke of Edinburgh award scheme in Norwich. I was a complete novice as were the other four members of staff. In charge was an older Chief Officer who was being sponsored by a large Norwich firm; we were to learn that Prince Philip's name brought forth many benefits.

My four colleagues were young, enthusiastic and fizzing with ideas. After being put through a thorough training programme we were ready for business.

Almost immediately the office was inundated with applications from young people aged 14-25 keen to tackle the challenges of the Bronze, Silver and Gold awards.

From the C.O. down we were determined to provide the guidance and help necessary to enable our young candidates achieve one or all of the three awards.

It was satisfying watching their confidence grow as each milestone was successfully passed.

Last month's article by a "Displaced Cockney" illustrated very well the mechanics of the scheme. I would only add; the concept is both simple and sympathetic. The candidate only has to reach a higher point than when they started, in some cases effectively helping to set their own boundaries.

Training for Gold was more involved with a stronger regime. That level also required a deeper input from us which we were always glad to give.

We ran our own D of E Youth club on Tuesday evenings in a large hall in Plumstead. Our C.O had a great rapport with the youngsters. His wife usually came too bringing large batches of her home made flapjacks. These were gone in seconds at refreshment break. Both of them were extremely popular with us all.

As staff we were also there to advise, inform and update but mainly the evening provided valuable social interaction for everyone. I never knew a Tuesday evening that wasn't convivial

Prince Edward paid us a visit, he was friendly and complimentary, mentioning he had undertaken all three awards and enjoyed the experience. To this day Prince Edward remains heavily involved and will no doubt, step entirely into his father's duties with the same verve and dedication.

Certificates and badges for Bronze and Silver are awarded locally. However, the Gold was always presented by the Duke himself, usually at St James Palace and every recipient is allowed two guests. On one occasion I had put in a large amount of time helping Liam achieve his Gold and to my delight Liam invited me to accompany him to collect his award in London.

The day itself went by in a bit of a blur. I do remember around sixty of us waiting in a large and rather grand room.

Usually, the Duke invites two celebrities as his personal guests. On this occasion our celebs were the actresses, Diana Rigg and Joanna Lumley. Joanna was especially friendly, chatting and smiling with everyone.

Finally the door opened and the Duke came breezing in. He was beautifully dressed and managed to smile at just about everyone as he passed. You could feel the charisma.

The ceremony itself was joyful. The Duke had a few individual words with the Gold winners each of whom glowed as they bore away their trophies.

Afterwards the Duke and his two glamorous lady guests mingled amongst us, mainly talking with the youngsters yet still managing a word here and there with proud friends and relations.

A very happy Liam fell asleep on the journey home. He had so enjoyed the day. After all he was in proud possession of a Gold Award... and the Duke had exchanged words with him

I too felt proud and so very privileged to have been part of it all. The D of E scheme is wonderful for helping young people gain confidence, be introduced to new activities and meet other people just like them, some of whom become friends for life.

# Gorleston Library

Hi everyone! From 24th May we are changing our opening times to Mon - Fri 10am-7pm, Sat 10-4. We are really looking forward to seeing you in person and all necessary safety measures remain in place in order to keep everyone safe whilst visiting. You can still pick up reservations, Grab and Go bags, Tricky Period/Toiletries to Go supplies and collect your pre-ordered Select and Collect bags which you can order by calling 01603 774777. You can book a PC to use for one or two hours by calling 01603 774777. Don't forget that we still have many online services too so why not check out our Libby App or join Pressreader today both can be used with your library membership number and PIN. If you feel like joining an upcoming Author Q&A then check out our main page - Norfolk.gov.uk/libraries and look for 'What's On'- you'll find upcoming dates and author information as well as details of our Reading Friends initiative, our online Book Group and more.

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Rids?
Father's Day
Colouring Fun



#### Bible Wisdom:

Words, words - we speak them all the time. Do we always think before we speak and do we consider how our words affect others? Here's what Bible wisdom has to say about good, kind and well thought out words:

Proverbs 12: The words from good people can save others. Be wise, and your words can heal.

Proverbs 15: Kind words are like a life-giving tree.

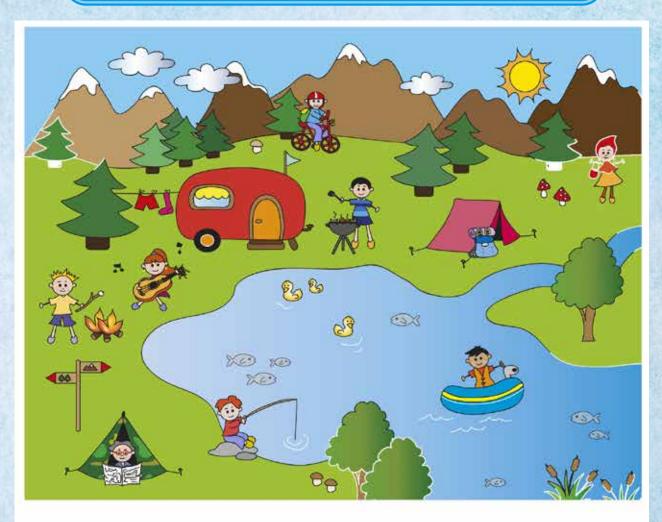
Proverbs 16: Kind words are like honey; they are easy to accept and good for your health.

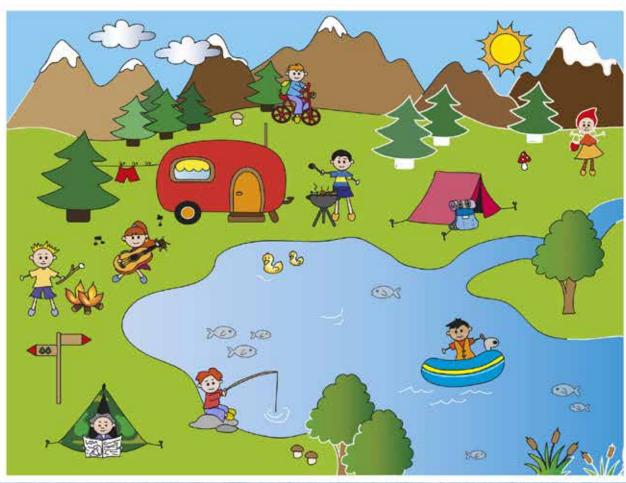
Proverbs 17: Intelligent people choose their words carefully.

Proverbs 18: The tongue can speak words that bring life.

In a nutshell, your words can help others, heal and bring them life. And words chosen carefully show that you are intelligent! Be intelligent and let your words bring life!

# Can you find 13 differences?





# Gorleston Then & Now

by John McBride



Gorleston Links halt, on Links Road, was opened in 1914 for the convenience of visitors to the local golf course. The line and therefore the station were closed in 1970 and the bridge and embankment were very soon removed. The orange and black May Gurney sign board by the bridge may indicate that they were the contractor employed to dismantle the structures. The corner of the Walls Ice Cream sign partially visible bottom left of the picture was outside the 'Bungalow Shop'. Much of the old railway route immediately north from here is utilised as a footpath and cycle route, whilst farther along the Gorleston Relief Road uses the land. Housing now occupies most of the rest of this area.





# Opening <u>THE</u> Book

with
Reverend
John Kinchin-Smith

According to Guinness World Records, the Bible is the best-selling book of all time with an estimated 5 billion copies sold and distributed. According to a survey carried out by Christian Research in 2010, the average household in the UK has a Bible in the home, with 69% of over 65s having more than one copy.

Despite these statistics and the fact that the majority of homes in the UK have a Bible somewhere, the fact remains that it is probably the least-read book in most homes. For some, the reason is pure scepticism. Someone recently wrote this to me: "I think it's incredible that the large majority of people on this planet still believe in what has no more evidence to support it than do ghosts, fairies, goblins, Superman, Bugs Bunny etc etc."!

For others, the Bible just seems to be completely irrelevant to their lives. And for some, the Bible remains some strange unintelligible book which they do not understand or know how it should be read. All this seems strange perhaps in a country where, in the 2011 Government Census, 72% of the population described themselves as "Christian"; and in a 2015 YouGov poll, two-thirds of people said they believed in God or a "greater spiritual power".

One purpose of these "Opening the Book" articles has been to do literally that: to help people to know what sort of book the Bible is, how best to read it and understand it, to discover that the Bible is the only book that truly has the power to answer the most important and fundamental questions of life and to completely transform one's life from the inside-out.

St Paul wrote to a close friend called Timothy: "All Scripture (that is, the Bible) is God-breathed ("inspired") and is useful for teaching, rebuking, correcting and training in righteousness, so that everyone who belongs to God may be thoroughly equipped for every good work." Rather than repeat everything I have written so far, if anyone would like to have a copy of all the previous articles, let the editors know and I will e-mail you a copy. (Apologies that printed copies cannot be supplied). Next month I will suggest how one might best begin to read this most important of all books.



# News from The Mag

with
Reverend Matthew Price

COVID-19 has had a massive impact on almost every area of life. But it seems to me that our children have been particularly affected. A report I recently came across, which analysed the effect of the pandemic on children and young people, found it had resulted in increased levels of loneliness amongst young people.

Social distancing and school closures meant that young people felt disconnected from their friendships and social interaction, impacting their feelings of loneliness and subsequently their overall well-being. As a governor at both a primary school and high school in Gorleston, I have also heard concerns about young people's well-being and mental health expressed by teachers and school leaders as the children have returned to school.

More positively, it has been so heartening to hear of all that teachers are doing to support the well-being of their pupils and help them to re-integrate into school life. All those who work in schools have repeatedly gone above and beyond in the last 15 months. However, I passionately believe that the whole community needs to be working together as we come out of the pandemic. As the African proverb goes, "it takes a whole village to raise a child".

We are delighted that, at St Mary Magdalene, we are able to contribute to this return of normality by relaunching our drop-in youth club, "Mags". For all young people in school year 6 and above, we will be relaunching at the usual time, 6pm-7.30pm on 11th June. And, very excitingly, we will be joined on 11th June by local street artist S.T.A.N.E., who will be leading a workshop at our first meeting. Come along and have a go at some street art – every participant will be able to take their art home!

Because of COVID restrictions, young people will need to book a place in order to come along. If you would like your young person to come along, please drop an email to youth@stmmgorleston.org.uk or find further details on our website www.stmmgorleston.org.uk/youth. Alternatively, you can call the Vicarage on 01493 494248.





# Ramblings of a Displaced Cockney

The Joy of Caravan Holidays

I am writing this in midwinter. A time when, in normal years, one might dream of next year's summer holiday. Maybe, in these Covid-19 times, a dream is all that will actually come

about. Mulling over that thought, my mind started to wander to memories of summer holidays long since passed.

When we were little we used to spend that all too brief window of Dad's annual two-week holiday with members of Mum's family in some exotic seaside location like Jaywick Sands on the Essex coast. Mum was one of nine Stoke Newington siblings who survived to adulthood (another six didn't make it that far), and so there were always plenty of aunts, uncles and cousins to share holidays with. My early memories of Jaywick (around 1950) are of wooden shacks lining earth roads which seemed to flood from time to time with somewhat unsavoury fluids. As ever it was the presence of family which was more important than the surroundings.

As the years went on, we progressed along the South Coast to Hampshire, Dorset and Devon, always with memories of numerous cousins, always with memories of beaches. By then we must have been in caravans but somehow the beaches still conjure up memories which the caravans just can't match.

Eventually we got as far as Wembury Bay near Plymouth in Devon and Lansallos near Polperro in Cornwall. My memories of the accommodation seem to bring up images of "sheds" in someone's garden. In those days we travelled as a family of parents and two children on Dad's motorbike and sidecar combination. It was always an early start on holiday Saturday: "I want to get to Salisbury for breakfast!" was his maxim, even though it was over 100 miles away. But then it was always the traffic holdups of Yeovil, Crewkerne, Chard, Honiton, Exeter.... no doubt older readers will remember them well.

Jenny's memories of holidays when she was young revolved around camping carriages in sidings at obscure British Rail stations.

When we had our own children we had a mixture of caravans in Wales, camping in France and youth hostels in the Peak District. When we had the two long-term foster boys to add to our own four lads, holidaying in caravans became our annual treat and Haven Holiday Camps became our regular destinations with Devon and Cornwall still our preferred counties. It was a no-brainer really. I was a teacher, so affordability was a key criterion. The boys spanned 11 years, so a wide range of activities was

essential. Most important, of course, was that they had eight berth caravans near the beach!

It has been a joy in recent times to be able to join a son and daughter-in-law and their three young children in a caravan near the beach and relive a little of those happy, past years. It still works for me and I recommend it without reservation! For me it's never about where or how you go on holiday, it's always been about who you go on holiday with!

Would you like to advertise in, or send an article, poem or picture to, Gorleston Community Magazine?

If so, email:

gorleston.community.magazine@gmail.com or call Derek: 07874 713 815





# **Ormiston Venture Academy**

#### **Quality in Careers, Careers Mark Award**



Ormiston Venture Academy has been awarded the "Quality in Careers – Careers Mark" award after a successful assessment.

Over 60 pieces of evidence collated from across the academy were sent in advance

of a rigorous interview process which included 40 students from different year groups. Students had to speak to the assessor remotely, talking of their ambitions, and how the academy had helped them in their careers education. Students spoke with passion for their future plans and praised the input of Glynis Sinclair, the careers advisor the academy employs from Beacon East.

The academy has strong partnerships with local businesses and the University of East Anglia in particular which helps to broaden horizons and raise aspirations, while educating students on university life and what is possible. Assistant Principal Mr McInally and careers coordinator Miss Roper spoke with the Careers Mark assessor extensively and led her through the 5 year careers plan the academy has for its students. The percentage of students sustaining their education or training post-Venture has risen and remained above the national average over the last few years, demonstrating students' readiness for the world in which they are entering.

The academy has built strong relationships with the many Further Education (including Greshams school) and apprenticeship providers in the area, offering students a host of pathways they can aim for in their futures.

Simon Gilbert-Barnham, Principal at Ormiston Venture Academy said:

"Seeing how careers education and guidance permeate through every subject and aspect of academy life has really shone through during this process. Having a nationally recognised award is pleasing and provides that justification of the work our staff do on a daily basis at the academy."



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# Gorleston FC

It has been a successful return to action for Gorleston albeit in unusual circumstances.

The Greens have been taking part in the Norfolk Senior Cup and began against Thetford Town, behind closed doors at Emerald Park. An early goal from Joel Watts was enough to send Gorleston through to the last 16.

That match was played a week later, away at Thorpe St Andrew. Because it was played on a public field, fans were allowed and they witnessed Connor Ingram score two goals in the first 16 minutes which were enough to send Gorleston into the Quarter Final.

Spectators were also allowed to watch the Quarter Final at Caister. An estimated 350 fans watched an exciting derby.

Caister went two nil up with goals from Nick Bailey and Tom Clarke. Gorleston pulled one back just before half time through Chris Henderson. Connor Ingram equalised early in the second half before Kyle Ingram was sent off. That didn't deter the Greens though and Connor Deeks headed in the winner with five minutes to go.

Gorleston went into the semi final as underdogs with an away game at Dereham Town, who play a level higher. The match was back behind closed doors as it was at a stadium.

Chris Henderson gave Gorleston a deserved lead in first half stoppage time but Dereham equalised early



in the second half through a penalty. A superb 25 yarder by Peter Lambert put Gorleston back in front just after the hour mark



only for Dereham to find another equaliser with eight minutes remaining. The match looked to be heading to penalties but, in

injury time, Henderson was played through, rounded former

Gorleston keeper Elliot Pride, and tucked the ball into the net to send the Greens into the final where they will play Mulbarton Wanderers who beat Wroxham 4-0 in the other semi final.



Normally, the Senior Cup Final is played at Carrow Road but, this year, it was at the FDC in Bowthorpe on 21st May so make sure you get the July Magazine to find out how we got on! This is Gorleston's 31st appearance in a Senior Cup final.

The A Team also made it to a cup final. Having already beaten Yarmouth Development in the Wiltshire Cup, the A Team beat Cobholm 9-2 in the semi final to set up a final against Caister Development.

That final was played at Emerald Park on May 22nd so, again, look out for the July issue for the result!

Excellent progress is being made on the new ground



with the pitch now down. However, it is still unclear whether we will be in for the start of the new season which, the Thurlow Nunn League announced earlier, will commence on 31st July.

To be in with a chance of winning some cash, join the monthly GoLD draw. Full details on the website or contact me (Dave Hardy), or email gorlestonfootballclub@hotmail.co.uk

For all the latest news, results and fixtures visit www. gorlestonfc.com, follow @gorlestonfc on Twitter and Instagram, and Like us on Facebook.

#### **Emerald Park in the 21st century**

Gorleston began the century in fine form, finishing runners up in the Premier Division and winning the Norfolk Senior Cup, beating Yarmouth 4-0 in the Carrow Rd final, Gary Ingram and Phil Wooldridge scoring a brace each. However, fortunes soon dipped and Gorleston were relegated to the First Division in 2005.

In 2009, following the death of Bert 'Sailor' Brown, the club named one of its stands 'The Sailor Brown Stand'.

They appointed Richard Daniels as manager in 2009 and fortunes began to rise again. In 2011, the Greens did the double. They clinched the First Division title so were promoted back to the Premier Division and also won the First Division Knockout Cup beating Thetford 3-1 in the final with goals from Ali McKenna, Chris Sandford and Bradley Hough.

A year later the Greens again played Thetford in a final, this time the Senior Cup, which Gorleston won 2-0 with Ali McKenna and Gary Williams scoring the goals. This came shortly after long term Chairman Jimmy Jones had passed away.

Former Norwich City Vice-Chairman, Jimmy had two spells as Chairman at Emerald Park, overseeing the continued rebuilding of the club, on and off the field. Jimmy's services were recognised in the Queens 2009 Birthday Honours list when she awarded him an MBE.

Ann Santon and Reg Cadmore had spells as Chairman before Alan Gordon took on the role in 2012.

The club went on to win the Senior Cup for the 16th time in 2014 when they beat Wroxham 1-0 in the final, Chris Sandford the scorer. Most of the squad, and the then manager, Stuart Larter, left the club to join Wroxham, who were playing at a higher level at the time, prompting a season long return for Daniels to rebuild the playing side.

In 2015, Ricci Butler became manager for two years. Larter then returned for a year before Ricci came back to take over with brother, Scott, in August 2019. Scott had been manager of the Reserves since May 2015 where he took them from Anglian Combination Division 5 to Division One, culminating with them winning the Norfolk Junior Cup in May 2019.

Up to the Dereham match, the pair have been in charge for 50 games, winning 19 of them.

# Gorleston Through The Lens





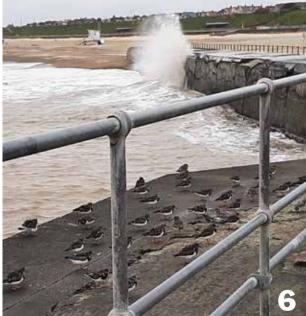
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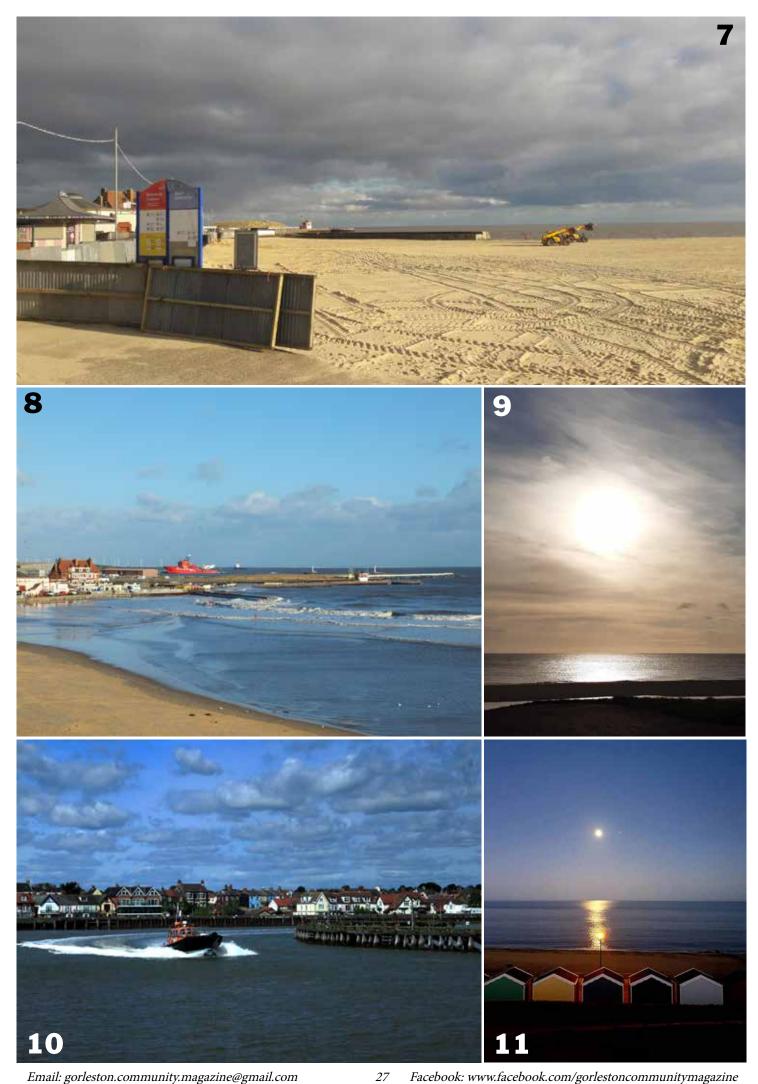
- 1 David Tyrrell
- 2 John McBride
- 3 Michael Nichols
- 4 Melvyn Nudd
- 5 John Burman
- 6 Eileen Taylor
- 7 Peter Kirkpatrick
- 8 Colin Wooden
- 9 Kathy Drazdauskas
- 10 Michael Wadsworth
- 11 Laura Stewart











 ${\it Email: gorleston.community.magazine@gmail.com}$ 

# **More Coffee Time!**

#### **Wordsearch**

Can you find the words listed below? Words occur in the grid forwards, backwards and diagonally.

#### **Food**

Ν	ı	Т	Р	В	Α	С	0	Ν	S	D
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F	О	Ε	W	G	С	L	Α	Ε	Α	Е
U	L	U	В	О	Α	Α	Α	С	F	М
S	В	L	G	Ο	Ν	Т	K	Р	Ε	-1
Ε	G		-1	Α	Χ	S	Α	Ε	Н	Ν
R	О	U	Ν	D	Т	0	Р	Ε	С	С
Υ	R	Α	M	Υ	D	0	0	L	В	Е
Ν	G	Υ	0	S	1	Е	٧	Е	G	G

Bacon	Dill	Mild	Snow
Beat	Egg	Mince	Soy
Bin	Grog	Mop	Tea
Bloody Mary	Gyros	Mug	Thyme
Bowl	Ham	Nougat	Tin
Bun	Ice box	Peel	Toss
Cake	Infuser	Plug	Towel
Can	Jug	Pot	Urn
Chef	Lime	Round	Wiper
Cup	Mace	Sieve	

#### **Codeword**

Every white square is numbered from 1 to 26, with the numbers corresponding to letters of the alphabet. Use your knowledge of words to work out where letters go, completing both the grid and code boxes, and using every letter of the alphabet.

	12		7		16		14		<sup>20</sup> T	
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17	18	19	$^{20}$ T	21	
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## **Pavilion Theatre**

PAVILION THEATRE GORLESTON

The Pavilion Theatre in Gorleston, like all other theatres in the UK and across the world, has been closed since lockdown started last March, but as part of the successful progression to the second step in the government's reopening roadmap is celebrating their long awaited reopening and hoping for a brighter year ahead.

Theatre director Stuart Malkovich said of the reopening: "We've had a hugely difficult 12 months but thanks to the loyalty and understanding of our customers and a boost from the government's Culture Recovery Fund to help keep the doors closed but continue to pay the bills, we've used the time to complete some much needed redecoration that we simply wouldn't have been able to do had we been open. We've tried to take as many positives as we can from what has been such a horrendous year for everyone."

The theatre has a full programme of events scheduled for the rest of the year, starting with an all new Summer Showtime production that runs every week through until October. The new production features local entertainment stalwarts Olly Day and Nigel 'Boy' Syer and promises a show packed with superb local talent.

General Manager Luke Thompson said of the new production: "It's always an exciting time of year when we start to put together our summer production, but this year we've had so many extra challenges because of COVID and so many more time restrictions that it's made everyone up their game slightly. We've all missed our audiences so much and just want to put on the best show that we can. We think everyone's going to love what we've put together!"

The Pavilion summer production is the longest running season in the UK and has been produced annually by theatre Directors Stuart Malkovich and Kevin Lynch. After nearly 30 years of being at the helm they're showing no signs of stopping yet and are looking forward to putting out their famous 'House Full' sign once again.

"It's been so devastating to see the theatre so quiet over the past 12 months" says director Kevin Lynch. "The whole team here are so eager to get back to doing what they do best and we can't wait to welcome back our audiences safely into this wonderful building."

The theatre is also pressing ahead with its plans for full refurbishment and restoration despite the setbacks of the last year. Theatre trustee Alex Youngs explained more about the ambition for the next 5 years: "We're on track to celebrate the building's 125th anniversary in 2026 and by completing a full refurbishment of the whole theatre. This is exciting news for everyone and whilst of course we're a year behind it's only made us more determined to reach that target and to give the building and the Gorleston community a year of celebration that the Pavilion truly deserves."

Fundraising shows take place throughout the year at the Pavilion with the help of numerous local volunteers, with the next scheduled performance a comedy double bill of two plays being performed in one night at the end of May. Finally it wouldn't be a full theatre calendar without pantomime and this year the team is proud to present the



popular family pantomime Mother Goose in December.

All shows will be socially distanced until the final step in the roadmap is approved in June, which means a reduced capacity will be operated in the auditorium and therefore ticket availability will be limited.



Full details of the full schedule of plays, musicals and so much more can be found at pavtheatre.com or by calling the box office on (01493) 662832.





# SPLIT LEAPS GYMNASTICS CLUB

We are a full-time facility located at unit 4 Bessemer way, Harfreys Industrial Estate, Great Yarmouth, NR31 0LX.

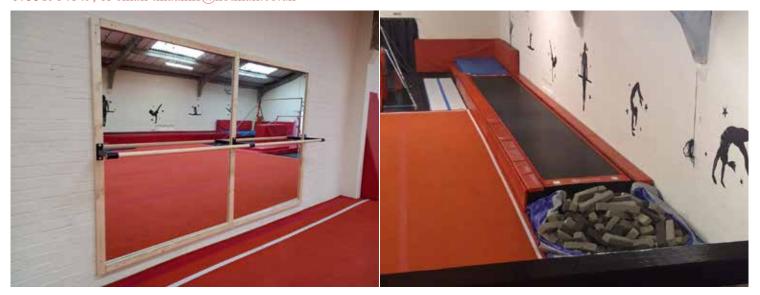
We offer gymnastics to both boys and girls from pre-school age upwards, at all levels from beginner to elite, in a fun and positive environment.

We have a full facility including: sprung floor, tumble track, air foam pit, bars, vault, beams, parallel bars, pommel and rings. Lots of work done on the gym during lockdown, we have added a brand new 12m fast track and new ballet bar and mirrors to our full gymnastics facility, go to our face book and Instagram pages for a virtual tour of the gym

We are also adding classes for our pre-school age gymnasts with new parent and me play sessions starting 17th May 10 – 10.45am and 11.20 – 12.05pm. Sessions are £3.80 per gymnast you can book on by clicking the link via our face book page – Split Leaps Gymnastics Club or on our website www.splitleapsgymnastics.co.uk (click on the parent and me play sessions).

Gymnasts can progress through the British Gymnastics badge system, which we do once per term, and they can then go on to compete at all levels from beginner competitions, through the general gymnastics levels, development pathway (grades and county levels), to national invitationals, and adult competition if they wish to do so.

We offer a free trial session to all new gymnasts. To book your child's session please contact us via our website www. splitleapsgymnasticsclub.co.uk, or through our facebook and instagram pages split leaps gymnastics club, or by phone 07551904649, or email tinaamis@hotmail.co.uk



# Hair We Are







Another month gone and dare I say it, normality is slowly beginning to return to us. Who would have thought at the beginning of March 2020 that we would still be in the throes of Covid-19. It's been a long slog for all of us, especially businesses, but there is light at the

end of the tunnel and "Tomorrow is really looking like a better day".

Fusion is now open as normal and I have to say the first month of being open has been really busy, which was to be expected really after being closed for so long. Once the initial rush is over then we will get a better idea how trade and business is going to go. On behalf of the Gorleston Traders association, I would, in this blog, like to wish all businesses the very best of luck on returning to normal trade. Don't forget people "shop local", the big shops have been open right through the pandemic and virtually traded as normal, please remember the little shops in the town that have had to struggle through all of this and been closed.

I still find some decisions being made on the pandemic confusing and pointless. Travel outside of the country just for a holiday should in my opinion be stopped altogether until at least October. Different if you need to travel to see relatives, I totally understand that as families have been apart long enough, and in those circumstances totally understandable, but to go abroad to lie on a beach somewhere is taking unnecessary risks and, like not wearing a mask, also brings the risk back for others. Staying in this country for this summer would not only boost this country's economy but also help stop some of the risk of Covid coming back to our shores.

I would also like to report on behalf of the GTA that this year's Christmas lights switch on, scheduled for Sunday 28th November has had to be called off. By now everything would have been organised and booked, but because everything is still on hold we really won't have enough time to get things done to enable it to go ahead. Instead we are in negotiations with Yarmouth Council to hold a three day Christmas market in Priory Gardens, the Friday, Saturday and Sunday 26th/27th/28th of that weekend, culminating in the lights in the High Street being switched on at 5pm on the Sunday along with a grand Firework display to follow. We are hoping to have Christmas market stalls and rides in the gardens with also Christmas effects and lighting.

Congratulations can't go amiss to my team Norwich City on them winning the championship title and getting promoted back to the Premier League, here's now looking forward to seeing them stabilise their position and staying back in the Premier League.

I also need in this blog to remember a very dear friend that recently passed away, Leigh Reeder. In March eight years ago my daughter Gemma was taken to Accident and Emergency at the JPH with a very bad Migraine, she went to the hospital, as the pain was that bad it started to close one of her eyes. Fortunately that night the doctor heading up A&E was also trained in Neurology and didn't like what he was seeing. So he took Gemma down for a scan and found a bleed on her brain. He immediately gave her a clotting drug and Gemma was then blue lighted to Addenbrookes, the clotting of the bleed undoubtedly saved Gemma's life, however the clotting also caused her to have two strokes. Gemma spent over a week in Addenbrookes hospital before being released back home, there then started a long term recovery. Gemma sadly lost the use of her right eye as the bleed to the brain had paralysed her optic nerve. This ended her career as a hairdresser with us at Fusion and also caused her pain with headaches as her eye was left drooping downwards and was letting in light, although she could not see any images out of it. Gemma had an operation to stitch inside the eye to the inside of the nose to enable the eye to look straight ahead; this was really for aesthetic reasons.

It was decided that Gemma would benefit from having a prosthetic eye, in stepped my friend Leigh. He came to see me and suggested that he would like to organise a sponsored Bike ride from Yarmouth, Isle of Wight, back to Gt Yarmouth, Norfolk, a total of over three hundred miles. There was no way I could bike that far so I said that I would drive the support vehicle, well I had to do something after this great gesture, from Leigh. Leigh put everything together for the trip, organising the route, ferries, hotels etc and most importantly a group of people that Leigh convinced to do the ride.

The ride was completed and enough money raised to help my Gemma buy a prosthetic eye, Gemma and my whole family will be forever in Leigh's and this group of riders' debt. In fact a couple of years later Leigh helped organise another ride, this time raising over £7000 for another charity. What a person Leigh was, he was also a fanatical Chelsea supporter and part of a group of followers called the Eastern Blues, for this reason I am rooting for Chelsea in the European Cup Final. Early April I had a text from Leigh's brother Karl, Leigh had been rushed to Addenbrookes with exactly the same symptoms that my Gemma had, a bleed to the brain. Leigh had also had a massive heart attack, from which he never ever recovered and on Thursday 8th April he passed away. The irony of this story just devastates me as we are now looking to organise the same journey again on behalf of Leigh and his family, and where Gemma had two strokes when the bleed clotted it looks like Leigh had this massive heart attack......I really still can't believe Leigh has gone. RIP Leigh and love to all your family x

## **Coffee Time Answers**

Across: 1 Liposuction, 7 Capri, 8 Until, 9 Leading role, 13 Switchbacks, 19 Noise, 20 Genoa, 21 Inheritance.

**Down**: 1 Lt Col, 2 Papua, 3 Sci-fi, 4 Clung, 5 Intro, 6 Nolte, 10 Dot, 11 Nth, 12 R Y A, 13 Sinai, 14 Irish, 15 Cheer, 16 Bigot, 17 Canon, 18 Shave.

#### **Fallen Phrase**

The Catcher in the Rye by J D Salinger

#### **Word Ladder**

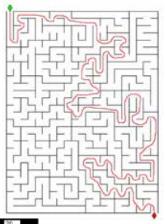
chest, crest, crust, crush, brush

#### Caught in the middle

name, back, sugar, radio, butter

#### Crunch 'em

0



9	6	4	1	5	7	2	3	8
3	7	1	2	8	6	4	5	9
2	8	5	3	9	4	1	7	6
1	5	8	4	6	2	3	9	7
4	9	3	8	7	1	5	6	2
6	2	7	5	3	9	8	1	4
8	3	6	9	2	5	7	4	1
5	1	9	7	4	8	6	2	3
7	4	2	6	1	3	9	8	5









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# Ormiston Cliff Park Infant & Junior Academies

#### **Primary Merger Proposal Outcome**

The consultation into the proposed merger of Cliff Park Infant and Junior schools has now closed. With the majority of stakeholders in favour of the proposed change, the schools will become one single Primary school from 1st September and will be known as Ormiston Cliff Park Primary Academy.

Thank you to everyone who provided responses during the consultation period and/or engaged with us through the stakeholder webinars.



Ormiston Cliff Park in the documents linked on our website homepage

From 1 September 2021, the logo shown here will be used for the new Ormiston Cliff Park Primary Academy.

Answers to common questions, and more information about responses can be found in the documents linked on our website homepage and news posts.

#### **Our Year 1 Business Mogul**

Abigail in our Year 1 class, Ladybird, has become a little



entrepeneur, and has even been featured on a local website!

Her dad posted a mention of Abigail's business making decorative pots on LinkedIn at the end of April and it was picked up by a Norfolk Blog called 'Folk Features'. They interviewed Abigail and on Wednesday 5th May she featured as the story of the day. Great work Abigail!

#### Year 3 'Visit' Ancient Egypt

On Friday 23rd April, Year 3 had a virtual 'school trip' to Norwich Castle Museum to enrich their learning.

They watched 2 videos from the castle; 1 about the process of mummification and 1 about some 3000 year old artefacts. Then they had a live session, including a question and answer section, with museum curator Suzie and a 19th Century Egyptologist named Amelia Edwards.

Children have learned about tombs, archaeology,

mummification, hieroglyphics, pharaohs, and lots more. Many pupils (and staff!) dressed up in Ancient Egypt themed costumes to watch the virtual presentations from the museum.

It was a fantastic day – thank you to Norwich Castle Museum!











#### **NSPCC Rocks!**

The NSPCC held a special Times Tables Rock Stars event on Friday 7th May across all schools in the UK. Our Maths Lead, Mr Walsh, entered our academies into the competition, and the results were just announced. Our highest achieving class were Ibis who came in 48th out of all schools entered! Such a great result.

Our Infant and Junior results:

1st place – Ibis (Year 2 class)

2nd place – Chaffinch (Year 4 class)

3rd place – Sparrow (Year 3 class)

Well done to everyone who took part!



# Poems to Ponder

#### A new volunteer's view - The Hospital

The moment we walk through "Paget's" front door, a whole world of theatre opens before.

No longer with footlights are the boards we now tread, but corridors and stairs en-route to a bed.

In peace of the Chapel we convene and is where - all sit around whilst prayer cards we share.

Each read aloud with feelings of love - asking Our Lord to heal from above.

As a double act sometimes we go on our rounds, where mostly laughter and cheer us surrounds,

But to pray, touch a hand or lightly wipe tears,
can help to dispel the deepest of fears.

Medics we're not but still really try to relieve stresses of staff whose need is to cry.
A shoulder, an arm or simply a smile
can help them offload - if just for a while.

Dusty appears in these daily shows folk stop, hug and chat wherever she goes.

Nearly 40 years at the Paget she has compassion and drive Not bad for an 'old un" at still 85!

Porters, security and maintenance too, all gallantly work like a huge backstage crew. Tending the garden or fixing a light, pushing and trundling throughout the night.

An army of kitchen staff feed all of us, With dietary needs without any fuss. Our cleaners - what if they en-masse flew, No-one 'til then would know how much they do.

Admin and volunteers keep us on track, many unseen, tucked away, "out the back"
Front desk is vital aiding public to find their best way around and give peace of mind.
A&E is manic and can't tell the score the ambulance folk will rush through the door.
Relatives or friends all kept out of sight,
anxiously awaiting good news of their plight.

Physios, radiologists, dieticians, where do I stop, each with a passion to work 'til they drop.

This hospital thrives on those who give all of their unfailing, loving hippocratical call.

Doctors, matrons, sisters, nurses, all on the case, theatre staff, pharmacy join in this race.

A huge team united with the ultimate goals, to care for the living, the dying and souls.

Losing a patient brings grief beyond measure, every person involved has been nursing "a treasure". A chasm existing now, where once there was hope, bereavement and chaplaincy help loved ones cope.

I'm proud to be part of this "special place", where all colours and creeds work together to face -

the challenges of life, for which they have sworn, but to me it's God's miracles performed from each dawn.

Sadly, Covid has put the volunteers on hold, but that won't break a valuable mould. We'll be back when this all comes to an end, to help those who suffer is all we intend.

by Julie Shiret

For my amazing friend, Dusty, who has taught me so much!

#### The Place I Know Quite Well

There is a place I know quite well
It's just beside the sea
There's everything that you could want
And it's just right for me

Theatre, shops, a cinema Parks and golden sands Not far away from countryside And couples holding hands

Seagulls soaring overhead And trying to pinch your food! Fish and chips or ice cream cones Don't they know that's rude?

I know you may be wondering
Where could this idyll be?
It doesn't take much thought to guess
It's Gorleston by the sea!

by Val Raven

#### **Urban Sprawl**

Where has the local skyline gone? Where once were trees and crisp birdsong, now stand the bricks and mortar tall – 'high density' for one and all!

The architects have done their worst, buildings born of Damien Hirst, no more the clouds above to see, just concrete views to 'set us free'.

With local services so stretched and patients getting more perplexed, no planning thought of surgeries, nor schools or more amenities.

Poor provision for those with need, just pandering to builders' greed. We must do more to heed the call and save us from this urban sprawl!

by MJ Hemp



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