

St. Andrew's Gorleston
HOLY COMMUNION
10 am - Sunday 16th March 2025
2nd Sunday of Lent



Welcome

The Lord is my light and my salvation—whom shall I fear? **The Lord is the stronghold of my life - of whom shall I be afraid?** One thing I ask from the Lord, this only do I seek: **that I may dwell in the house of the Lord all the days of my life, to gaze on the beauty of the Lord and to seek him in his temple.** For in the day of trouble he will keep me safe in his dwelling; **he will hide me in the shelter of his sacred tent and set me high upon a rock.** Wait for the Lord; **be strong and take heart and wait for the Lord.** *Psalm 27*

Lord, direct our thoughts, and teach us to pray. Lift up our hearts to worship you in spirit and in truth, through Jesus Christ our Lord. Amen.

Hymn Jesu, lover of my soul,

let me to thy bosom fly,
while the nearer waters roll,
while the tempest still is high:
hide me, O my Saviour, hide,
till the storm of life is past;
safe into the haven guide,
O receive my soul at last.

Other refuge have I none,
hangs my helpless soul on thee;
leave, ah, leave me not alone,
still support and comfort me.
All my trust on thee is stayed,
all my help from thee I bring;
cover my defenceless head
with the shadow of thy wing.

Thou, O Christ, art all I want;
more than all in thee I find;
raise the fallen, cheer the faint,
heal the sick, and lead the blind.
Just and holy is thy name,
I am all unrighteousness;
false and full of sin I am,
thou art full of truth and grace.

Plenteous grace with thee is found,
grace to cover all my sin;
let the healing streams abound,
make and keep me pure within.
Thou of life the fountain art:
freely let me take of thee,
spring thou up within my heart,
rise to all eternity.

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Confession

God of mercy, we acknowledge that we are all sinners. We turn from the wrong that we have thought and said and done, and are mindful of all that we have failed to do. For the sake of Jesus, who died for us, forgive us all that is past, and help us to live each day in the light of Christ our Lord. Amen.

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen.**

The collect for the 2nd Sunday of Lent

Almighty God, by the prayer and discipline of Lent may we enter into the mystery of Christ's sufferings, and by following in his Way come to share in his glory; through Jesus Christ our Lord. **Amen.**

First Reading

Philippians 3:17- 4:1 - Following Paul's Example

Join together in following my example, brothers and sisters, and just as you have us as a model, keep your eyes on those who live as we do. For, as I have often told you before and now tell you again even with tears, many live as enemies of the cross of Christ. Their destiny is destruction, their god is their stomach, and their glory is in their shame. Their mind is set on earthly things. But our citizenship is in heaven. And we eagerly await a Saviour from there, the Lord Jesus Christ, who, by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body. Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord in this way, dear friends!

For the word of the Lord. **Thanks be to God.**

Song Lord, I come to you - let my heart be changed, renewed,

flowing from the grace that I found in you.

And Lord, I've come to know the weaknesses I see in me
will be stripped away by the power of your love

Hold me close, let your love surround me.

Bring me near, draw me to your side.

And as I wait I'll rise up like the eagle

and I will soar with you,

your Spirit leads me on

in the power of your love.

Lord unveil my eyes, let me see you face to face,

the knowledge of your love as You live in me.

Lord renew my mind as your will unfolds in my life,

in living ev'ry day by the power of your love.

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Gospel Reading

Luke 13: 31- 35 - Jesus' Sorrow for Jerusalem

Hear the Gospel of our Lord Jesus Christ according to Luke. **Glory to you O Lord.**

At that time some Pharisees came to Jesus and said to him, "Leave this place and go somewhere else. Herod wants to kill you." He replied, "Go tell that fox, 'I will keep on driving out demons and healing people today and tomorrow, and on the third day I

will reach my goal.' In any case, I must press on today and tomorrow and the next day - for surely no prophet can die outside Jerusalem! "Jerusalem, Jerusalem, you who kill the prophets and stone those sent to you, how often I have longed to gather your children together, as a hen gathers her chicks under her wings, and you were not willing. ³⁵ Look, your house is left to you desolate. I tell you, you will not see me again until you say, 'Blessed is he who comes in the name of the Lord.'"

This is the Gospel of the Lord. **Praise to you, O Christ.**

Talk - Bishop Ian
Creed

We believe in one God, the Father, the Almighty, **maker of heaven and earth, of all that is, seen and unseen.** We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, **God from God, Light from Light, true God from true God,** begotten, not made, of one Being with the Father. **Through him all things were made.** For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary, and was made man. **For our sake he was crucified under Pontius Pilate; he suffered death and was buried.** On the third day he rose again in accordance with the Scripture; **he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.** We believe in the Holy Spirit, **the Lord, the giver of life,** who proceeds from the Father and the Son. **With the Father and the Son he is worshipped and glorified.** He has spoken through the prophets. **We believe in one holy, catholic and apostolic Church.** We acknowledge one baptism for the forgiveness of sins. **We look for the resurrection of the dead, and the life of the world to come. Amen.**

Prayers of Intercession

Merciful Father, **accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen**

The Peace

Christ is our peace. He has reconciled us to God in one body by the cross. We meet in his name and share his peace. The peace of the Lord be always with you **and also with you** Let us offer one another a sign of peace.

Song *Broken for me, broken for you,
the body of Jesus broken for you.*

He offered his body, he poured out his soul,
Jesus was broken that we might be whole:

Come to my table and with me dine,
eat of my bread and drink of my wine:

This is my body given for you,
eat it remembering I died for you:

This is my blood I shed for you,
for your forgiveness, making you new:

*Broken for me, broken for you,
the body of Jesus broken for you.*

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Eucharistic Prayer G

The Lord is here. **His Spirit is with us.** Lift up your hearts. **We lift them to the Lord.** Let us give thanks to the Lord our God. **It is right to give thanks and praise.**

Blessed are you, Lord God, our light and our salvation; to you be glory and praise for ever. From the beginning you have created all things and all your works echo the silent music of your praise. In the fullness of time you made us in your image, the crown of all creation. You give us breath and speech, that with angels and archangels and all the powers of heaven we may find a voice to sing your praise:

**Holy, holy, holy is the Lord;
holy is the Lord God almighty.
Holy, holy, holy is the Lord;
holy is the Lord God almighty,
who was, and is, and is to come.
Holy, holy, holy is the Lord!**

**Worthy, worthy, worthy is the Lord;
worthy is the Lord God almighty.
Worthy, worthy, worthy is the Lord;
worthy is the Lord God almighty,
who was, and is, and is to come!
Worthy, worthy, worthy is the Lord!**

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How wonderful the work of your hands, O Lord. As a mother tenderly gathers her children, you embraced a people as your own. When they turned away and rebelled your love remained steadfast. From them you raised up Jesus our Saviour, born of Mary, to be the living bread, in whom all our hungers are satisfied. He offered his life for sinners, and with a love stronger than death he opened wide his arms on the cross. On the night before he died, he came to supper with his friends and, taking bread, he gave you thanks. He broke it and gave it to them, saying: Take, eat: this is my body which is given for you; do this in remembrance of me. At the end of supper, taking the cup of wine, he gave you thanks, and said: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me. Great is the mystery of faith: **Christ has died: Christ is risen: Christ will come again.**

Father, we plead with confidence his sacrifice made once for all upon the cross; we remember his dying and rising glory, and we rejoice that he intercedes for us at your right hand. Pour out your Holy Spirit as we bring before you these gifts of creation; may they be for us the body and blood of your dear Son. As we eat and drink these holy things in your presence, form us in the likeness of Christ, and build us into a living temple to your glory. Bring us at the last with all the saints to the vision of that eternal splendour for which you have created us; through Jesus Christ, our Lord, by whom and with whom and in whom, with all who stand before you in earth and heaven, we worship you, Father almighty, in songs of everlasting praise:

Blessing and honour and glory and power be yours for ever and ever. Amen.

Let us pray with confidence as our Saviour has taught us

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.

The president breaks the consecrated bread.

We break this bread to share in the body of Christ. **Though we are many, we are one body, because we all share in one bread.** Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving. **Most merciful Lord, your love compels us to come in. Our hands were unclean, our hearts were unprepared; we were not fit even to eat the crumbs from under your table. But you, Lord, are the God of our salvation, and share your bread with sinners. So cleanse and feed us with the precious body and blood of your Son, that he may live in us and we in him; and that we, with the whole company of Christ, may sit and eat in your kingdom. Amen.**

The President and people receive communion

Almighty God, you see that we have no power of ourselves to help ourselves: keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. **Amen. Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.**

Birthdays and Notices

Hymn Be thou my vision, O Lord of my heart,

be all else but naught to me, save that thou art;
be thou my best thought in the day and the night,
both waking and sleeping, thy presence my light.

Be thou my wisdom, be thou my true word,
be thou ever with me, and I with thee, Lord;
be thou my great Father, and I thy true son;
be thou in me dwelling, and I with thee one.

Be thou my breastplate, my sword for the fight;
be thou my whole armour, be thou my true might;
be thou my soul's shelter, be thou my strong tower:
O raise thou me heavenward, great Power of my power.

Riches I heed not, nor man's empty praise:
be thou mine inheritance now and always;
be thou and thou only the first in my heart;
O Sovereign of heaven, my treasure thou art.

High King of heaven, thou heaven's bright Sun,
O grant me its joys after victory is won;
great Heart of my own heart, whatever befall,
still be thou my vision, O Ruler of all.

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Blessing

Go in peace to love and serve the Lord. In the name of Christ. Amen.

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